



## Trustees' Annual Report for the period

From 1<sup>st</sup> April 2022 To 31<sup>st</sup> March 2023

Charity name: Community Autism Project (CAP)

Charity registration number: 1182903

## Objectives and Activities

Summary of the purposes of the charity as set out in its governing document	We provide support before, during and after diagnosis for families with children/young people on the autism spectrum. We advance education of the public, in particular those who work with and provide services to meet the needs of these families. Provide, and support provision of, facilities in the interests of social welfare in recreation with the objective of improving their conditions of life.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	<p>The objects of the charity are, within the East Riding of Yorkshire and the surrounding area, for the public benefit:</p> <p>1) to relieve the needs of children and young people with Autistic Spectrum Condition (ASC) aged up to 16 years old and their parents, carers and families before, during and after diagnosis by:</p> <p>a) providing support, education and practical advice</p> <p>b) providing and assisting in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation with the object of improving their conditions of life</p> <p>c) such other means as the trustees may determine which are directed towards relieving the needs of children and young people with ASC and their families.</p> <p>2) to advance the education of the public and in particular those who work with and provide services for children with ASC and their parents, carers and families in all areas relating to ASC and the needs of children with ASC and their families.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	We can confirm all Trustees have had guidance issued to them on public benefit issued by the Charity Commission.

## Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	<p>We have now resumed our 'crafty' coffee mornings for the parents that are registered with us on a weekly basis during term time. We have also managed to successfully obtain a grant from our local Tesco's Community Fund that has helped us to reestablish and set these sessions up to ensure sustainability.</p> <p>We are also again holding our monthly support group meetings for local parents at the local Childrens Centre. We are welcoming new members all time and hope to increase our reach and expand our offers now we can resume all our activities. Those currently using our services are regular attendees and express their gratitude for the safe and confidential nature of our groups.</p>
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## Financial Review

Review of the charity's financial position at the end of the period	We were awarded a grant through our local Tesco's Community Fund which we have used to re-establish our coffee morning support groups. We have continued to be very fortunate that the rent for our office space and to hold the groups have been kept on a 'pay as you use' basis. We have occurred general costs such as our insurance costs and other resources costs to run the groups that are detailed below and still had surplus at the end of the year to keep in our bank that will help with the groups we will continue to run into the next year.
Statement explaining the policy for holding reserves stating why they are held	We have worked hard since setting up the local project, and then when it became officially a charity, to keep our bank balance as healthy as possible to withstand the costs we incur during the year such as insurance, rent etc. We are always looking to reinvest some of this reserve back into the charity's community, such as training sessions for volunteers, more family events etc and now we have reestablished the support we can offer we are ready to start doing this as soon as possible.
Amount of reserves held	£ 6,773.02 bank balance as of 31 <sup>st</sup> March 2023
Reasons for holding zero reserves	n/a
Details of fund materially in deficit	n/a
Explanation of any uncertainties about the charity continuing as a going concern	We are not currently concerned about the viability of the charity and look forward to continue supporting our families in the coming year. We also look forward to being able to resume fundraising again and use the funds to help our families where they need it

## Structure, Governance and Management

Description of charity's trusts:	
Type of governing document (trust deed, royal charter)	CIO - FOUNDATION REGISTERED 10 APR 2019
How is the charity constituted? (e.g unincorporated association, CIO)	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	All trustees are voted in by other trustees of the charity – they are chosen by their suitability and the help / expertise they are able to offer.

## Reference and Administrative details

Charity name	Community Autism Project (CAP)
Other name the charity uses	n/a
Registered charity number	1182093
Charity's principal address	2 Station Road Market Weighton YORK YO43 3AX

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Marie Escritt	Chair	Whole year	
2	Rosalind Warren	Treasurer	Whole year	
3	Emma Goddard	Secretary	Whole Year	
4	Richard Goddard	Trustee	Whole Year	
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## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

## Financial Accounts

From 1<sup>st</sup> April 2022 To 31<sup>st</sup> March 2023

Income			£ 1,125.00
Expenditure	Rent	£ 216.00	
	Insurance	£ 153.44	
	Support Group Costs	£ 14.10	
	Stationery / Resources	£ 283.22	
	Catering Costs	£ 33.50	
			£ 700.26
Surplus			£ 424.74