

MEN'S SHED PEMBROKE DOCK

England & Wales · Charity number 1182895

Details

Status Registered

Legal form CIO

Registered 2019-04-09

Register [View on the Charity Commission register](#)

Contact

Address The VC Gallery
Britannia Road
Pembroke Dock
Dyfed
SA72 6PD

Phone 01646686497

Email mensshedpembrokedock@gmail.com

Activities

Objects: THE OBJECTS OF THE CIO ARE: A.TO PROMOTE HEALTH AND WELLBEING BY REDUCING THE LONELINESS AND ISOLATION OF INDIVIDUALS, PARTICULARLY BUT NOT EXCLUSIVELY MEN AGED 50+, LIVING IN PEMBROKE DOCK AND THE SURROUNDING AREAS THROUGH THE PROVISION OF A COMMUNAL BUILDING INCORPORATING COMMUNITY BASED PROJECTS WHERE INDIVIDUALS CAN SHARE, LEARN AND SOCIALISE WITH EACH OTHER IN AN INCLUSIVE ENVIRONMENT. B.TO PROMOTE FOR THE BENEFIT OF THE INHABITANTS OF PEMBROKE DOCK AND THE SURROUNDING AREA THE PROVISION OF FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES OR FOR THE PUBLIC AT LARGE IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS. C.TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY ENCOURAGING PARTICIPATION BY THOSE THAT ARE SOCIALLY EXCLUDED IN PROJECTS THAT PROMOTE INTERDEPENDENCE, INTERGENERATIONAL RELATIONSHIPS AND KINSHIP BETWEEN PEOPLE OF DIFFERING BACKGROUNDS, CULTURES AND ABILITIES. (FOR THE PURPOSE OF THIS CLAUSE, SOCIALLY EXCLUDED MEANS IS DEFINED AS BEING EXCLUDED FROM SOCIETY, OR PART OF SOCIETY, AS A RESULT OF BEING A MEMBER OF A SOCIALLY AND ECONOMICALLY DEPRIVED COMMUNITY). D.TO PROMOTE FOR THE BENEFIT OF THE PUBLIC THE CONSERVATION, PROTECTION AND IMPROVEMENT OF THE PHYSICAL AND NATURAL ENVIRONMENT BY EDUCATION, ENCOURAGING AND ASSISTING THE LOCAL POPULATION IN IMPLEMENTING GOOD ENVIRONMENTAL PRACTICES, WORKING IN PARTNERSHIP WITH SIMILAR GROUPS AND ORGANISATIONS. THIS WILL INCLUDE THE PROMOTION OF PRACTICAL MEASURES FOR THE RECYCLING, REPAIRING AND UP-CYCLING OF ITEMS.

Activities: A Men's Shed is a community project with the aim of promoting men's health and wellbeing through social interaction and practical activity particularly in retirement. This comprises of a communal workshop, based in Pembroke Dock, where the men can come together to work on individual or community projects, all within a safe and friendly environment.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Recreation
- **Who:** Elderly/old People, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Pembrokeshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£6,736	£4,660	-	-
2023-12-31	£4,050	£5,316	-	-
2022-12-31	£5,087	£5,699	-	-
2021-12-31	£4,279	£3,584	-	-
2020-12-31	£3,624	£2,846	-	-

Trustees

Name	Role	Appointed
Andrew Roy Millward		2025-02-12
David George Lambourne		2019-06-09
Howell Phillips		2019-06-09
Keith George Hoskins		2025-02-12
Wayne Charles Thomas		2025-02-12

MEN'S SHED PEMBROKE DOCK

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Accounts

PEMBROKE DOCK MEN'S SHED
Income and Expenditure for Account year ending 31st December 2024

FUNDS AVAILABLE 1st JANUARY 2024

Co-op Bank	£2,345.56
Lloyds Bank	£146.09
Total cash	£2,491.65

INCOME

Membership fees	£2,830.72
Donations	£2,841.67
Food&Beverages	£1,064.00
Total Income	£6,736.39

EXPENDITURE

Rent	£3,900.00
Insurance	£419.12
General expenses	£340.98
Total Expenses	£4,660.10

FUNDS AVAILABLE 31st DECEMBER 2024

Co-op Bank	£2,808.42
Lloyds Bank	£1,762.58
Total cash	£4,571.00

MEN'S SHED PEMBROKE DOCK

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Accounts

PEMBROKE DOCK MEN'S SHED
Income and Expenditure for Account year ending 31ST December 2023

FUNDS AVAILABLE 1ST JANUARY 2023

Co-op Bank	£1,295.92
Lloyds Bank	£2,472.63
Total cash	£3,768.55

INCOME

Membership fees	£2,802.27
Donations	£43.07
Other	£1,205.00
Total Income	£4,050.34

EXPENDITURE

Rent	£4,975.00
General expenses	£341.36
Total Expenses	£5,316.36

FUNDS AVAILABLE 31ST DECEMBER 202

Co-op Bank	£2,345.56
Lloyds Bank	£146.09
Total cash	£2,491.65

MEN'S SHED PEMBROKE DOCK

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Accounts

PEMBROKE DOCK MEN'S SHED

Income and Expenditure for Account year ended 31 December 2022

FUNDS AVAILABLE

Co-op Bank	£2,047.39
Lloyds Bank	£2,298.38
Total cash available 31.12.21	£4,345.77

INCOME

Membership fees	£2,694.01
Loose Money	£888.30
Donations	£1,334.40
Other	£170.00
Total Income	£5,086.71

EXPENDITURE

Rent	£4,300.92
General Expenses	£816.39
Maintenance	£581.82
Exceptional expenditure	£0.00
Cost of Money Raising	£0.00
Total Expenditure	£5,699.13

FUNDS AVAILABLE

Co-op Bank	£1,295.92
Lloyds Bank	£2,472.63
Total cash available 31.12.22	£3,768.55

MEN'S SHED PEMBROKE DOCK

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Pembroke Dock Men's Shed
Income and Expenditure for Account year ended 31 December 2021

		General Funds
Opening balance 1st January 2021		£3,651.07
INCOME		
	Membership fees	£2,396.74
	Loose Money	£716.50
	Donations	£920.20
	Tax Refunds	£0.00
	Money Raising	£245.31
	Investments	£0.00
	Other	£0.00
	Total Income	£4,278.75
EXPENDITURE		
	Rent	£1,067.44
	General Expenses	£2,234.07
	Maintenance	£282.54
	Exceptional expenditure	£0.00
	Capital Payments	£0.00
	Cost of Money Raising	£0.00
	Total Expenditure	£3,584.05
Net Movement in Funds		£694.70
Closing balance 31st December 2021		£4,345.77

MEN'S SHED PEMBROKE DOCK

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Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 01	Year 20120		Day 31	Month 12	Year 2020

Section A Reference and administration details

Charity name MEN'S SHED PEMBROKE DOCK

Other names charity is known by PEMBROKE DOCK MEN'S SHED

Registered charity number (if any) 1182895

Charity's principal address

Building 47, Pembroke Port	
Pembroke Dock	
Pembrokeshire	
Postcode	SA72 6SX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	C. Beech	Chairman	9 th April 2019	Deceased June 2020
2	D. Lambourne	Secretary	9 th April 2019	
3	K. Lamplugh		9 th April 2019	
4	H. Phillips		9 th April 2019	
5	C. Richards		9 th April 2019	
6	W. Thomas		9 th April 2019	Resigned January 2020
7	J. Lyons		9 th April 2019	
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution February 2019
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Association
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed at the annual AGM

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The membership is made up of mainly older men but is open to all ages and gender. We have one lady member who assists the treasurer.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Pembroke Dock Men's Shed was established in 2014 for the benefit of members drawn from the surrounding area. The organisation's purpose is to address the social, health and wellbeing for men of all ages and backgrounds living in South Pembrokeshire. The Shed offers a workspace where men can come together to work on practical projects and meet with other people of similar interests. Many older men lose some sense of purpose with the loss of their work role, loss of partner,

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We have a range of activities for the members that can enhance their skills and satisfaction while socialising with other members. The current activities are, amateur radio, woodworking and turning, computer training and gardening. The social side includes communal meals and trips to places of interest.

The trustees planned to encourage more ventures with other community organisations. We have been working with the local town council by manufacturing new mayoral boards. Also meeting other local community organisations.

We have organised trips to other Sheds in Wales and Ireland.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

This year we have continued with the radio section and established classes recognised by the Radio Society of Great Britain. We are authorised by RSGB to train members and issue certificates of competence. We have increased our wood turning and wood working equipment.

This has further aided our repair and up-cycling activities and training of members in these skills. We have started a gardening section as an outdoor activity and continuing with computer skills training.

Section E

Financial review

Brief statement of the charity's policy on reserves

The monies in the bank at 31.12.20 - £3651.07

Details of any funds materially in deficit

Not applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

We are supported mainly by members subscriptions and small donations. In previous years we have received grants from local and national organisations.

Section F

Other optional information

Future activities such as digital photography and 3D printing are planned. We are also looking for larger premises to enable an increase in membership.

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	David George	Lambourne
Position (eg Secretary, Chair, etc)	Secretary	
Date	27 September 2021	

Pembroke Dock Men's Shed
Income and Expenditure for Account year ended 31 December 2020

		Funds
Opening balance 1st January 2020		£2,729.13
INCOME		
	Membership fees	£2,328.42
	Loose Money	£312.12
	Donations	£983.89
	Other	£0.00
	Total Income	£3,624.43
EXPENDITURE		
	Rent	£1,821.26
	General Expenses	£694.47
	Maintenance	£230.79
	Exceptional expenditure	£100.00
	Cost of Money Raising	£0.00
	Total Expenditure	£2,846.52
Net Movement in Funds		£777.91
Closing balance 31st December 2020		£3,507.04
	Co-op Bank	£2,434.12
	Lloyds Bank	£1,216.95
	Total cash available 31.12.20	£3,651.07