



Arts For Life Project (UK)

Report and Financial Statements

For the Year Ended 31 March 2022

Charity number 1182882

Arts For Life Project (UK)

Report of the Management Committee for the year ended 31 March 2022

The Management Committee presents its directors' report and audited financial statements for the year ended 31 March 2022.

Reference and Administrative Information

Charity Name:	Arts For Life project (UK)
Charity registration number:	1182882
Registered Office:	8 Rickmansworth Road, Pinner HA5 2ST
Operational Address:	Forge House, Forge Lane, Northwood, Middx HA6 1DP

Board of Trustees:

Penny Ericson	Chair
Ruth Howe	Treasurer
Dahlia Basrawi	
Emma Matthews	Secretary

Senior Management Team:

Beth Gevell	Director - Wellbeing & Family Support
Jacqui Dennafor	Director - Clinical & Development

Auditors

Simon Alexander & Co (Accountancy) Ltd
7 Murray Crescent, Pinner, Middx HA5 3QF

Bankers

Barclays Bank Plc, WEMBLEY & PARK ROYAL 2, LEICESTERSHIRE, LE87 2BB

Our Aims and Objectives

Purposes and Aims

Our charity's purposes as set out in the objects contained in the charities constitution are to:

The relief of need of children and young people between the ages of 6 – 25yrs old, including families, carers and their supportive network, living in Greater London and the surrounding areas. We do this in particular through the provision of support services through using the integrative arts in therapy and education.

- To provide specialized combined arts and mental health based services.
- To relieve the pressures of day to day life for children with challenges and their families/carers
- To help young people - especially but not exclusively - through Art based activities and therapy, by providing a safe environment for them to relax, learn and benefit.
- To ensure affordable access to proactive mental health support for the wider community.
- To encourage proactive mental health development and support through an arts-based approach.
- To develop and create opportunities for open communication for young people and their parents/carers
- To create opportunities for partnership with other agencies and support services, providing information, advice and raising awareness to develop a whole new approach to youth and mental health.
- To be all inclusive, accepting children and their families from every walk of life within the Greater London area.

Our aims fully reflect the purposes that the charity was set up to further.

Ensuring our work delivers our aims

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The focus of our work

A great many young people continued to feel the negative effects of Covid, such as social isolation and increased anxiety. Therefore, our objective was to continue to help these vulnerable young people and their families to feel more engaged and less isolated. Arts for life continued to support families experiencing a mental health crisis to prevent community disengagement, anti-social behavior and co-morbid conditions.

The strategies we used to meet these objectives included:

- Providing a range of programmes which are reflective of our participants needs and address the potential problems related to special educational needs and mental wellbeing.
- Limiting the potential for isolation which comes with complex needs, not only for the individual but also their family and friends and the wider community of Arts For Life Project.
- Working in partnership with other agencies to secure the widest range of services to best match the needs of its participant population.

How our activities deliver public benefit

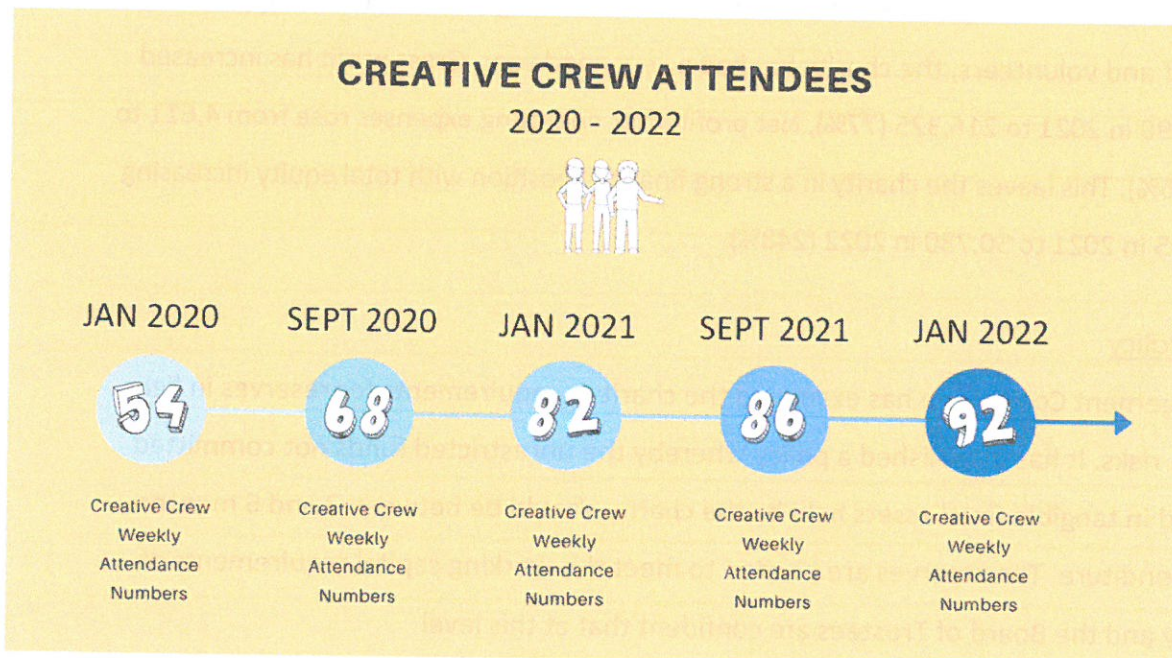
Our main activities and who we try to help are described below.

All our charitable activities focus on the reduction in social isolation & community disengagement, and the risks of mental health crisis in young people aged 6 – 25 years. Our activities are undertaken to further our charitable purposes for the public benefit.

Who uses and benefited from our services?

Participants are hard- to- reach 6 – 25 year olds who have social, emotional, behavioural & communication challenges.

Participant numbers over 2021 – 2022 saw an average 12% increase over core programmes. This, as well as the increased needs of participants, lead to an expansion in staff and service days.



In 2021 - 2022 the organization continued to support the families and siblings of participants. This was through the “stay and chat” cafe with a parent/carer support worker as well as through talks and parent/family well-being sessions.

Our services benefit

Our services provide a vital role within the community supporting young people between 6 – 25 years and their families who find themselves on the margins of society through mental health challenges, learning challenges and special educational needs. The charity supports their emotional health & wellbeing through the therapeutic value of the creative arts. Our services offer both grant funded spaces and paid-for spaces and are means-tested to offer the service to the wider community.

Financial Review

Arts For Life Project continued to see an increase in the demand for services and an extension of services to the community. The organization has continued to grow and adapt to reflect this.

The charity continues to grow and source additional funds to cover the increase in need and our developing services. With the aid of sound financial management and the support of its board, staff and volunteers, the charity has had a very good year. Gross profit has increased from 122,398 in 2021 to 216,325 (77%), Net profit after operating expenses rose from 4,611 to 36,155 (676%). This leaves the charity in a strong financial position with total equity increasing from 14,575 in 2021 to 50,730 in 2022 (248%).

Reserves Policy

The Management Committee has examined the charity's requirements for reserves in light of its main risks. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 3 and 6 months of the expenditure. The reserves are needed to meet the working capital requirements of the charity and the Board of Trustees are confident that at this level

they would be able to continue the current activities of the charity in the event of a significant drop in funding.

Plans for Future Periods

The charity plans continuing their current activities in the forthcoming years subject to satisfactory funding arrangements. Plans are also being developed to work on a number of schemes with social partners including NHS and Statutory services contracts alongside developing the clinical support of the organisation through in-house and outreach therapeutic support services.

Focus for this development is to continually develop partnerships with supporting services to streamline family support and encourage community working within the professional and the family structures.

Structure, Governance and Management Governing Document

The organisation is a charitable incorporated organisation, incorporated on 9 April 2019. The charity was established under a constitution which established the objects and powers of the charity.

Recruitment and Appointment of Board of Trustees

The Board of Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting. All members of the Board of Trustees give their time voluntarily and receive no benefits from the charity.

Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity through volunteering at activities and fundraising events.

New trustees are invited and encouraged to attend a series of short training sessions (of no more than an hour) to familiarise themselves with the charity and the context within which it operates. These are jointly led by the Directors of the charity and cover:

Risk Management

The Board of Trustees is to carry out a review of the major risks to which the charity is exposed. A risk register will be established and will be updated at annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Organisational Structure

The Arts For Life Project has a Board of Trustees of 4 members who meet quarterly and are responsible for the strategic direction and policy of the charity. At present the board has members from a variety of professional backgrounds relevant to the work of the charity. A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair of Trustees along with the Directors. The Directors are responsible for ensuring that the charity delivers the services specified and that key performance indicators are met, along with the responsibility for the day to day operational management of the Centre, individual supervision of the staff team and also ensuring that the team continue to develop their skills and working practices in line with good practice.

Responsibilities of the Management Committee Company law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charity as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board of Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent; and

- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The Board of Trustees is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with charity law, as the charities directors, we certify that:

so far as we are aware, there is no relevant audit information of which the charities auditors are unaware; and as the directors of the charity we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Simon Alexander & Co (Accountancy) Ltd were appointed as the charities auditors during the year and have expressed their willingness to continue in that capacity. This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities. Approved and signed off electronically by the Board of Trustees on 22nd January 2023 and signed on its behalf by: Mrs R Howe Arts For Life Project Statement of Financial Activities (including Income & Expenditure Account) for the year ended 31 March 2022.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Arts For Life Project (UK)

On accounts for the year
ended

31 March 2022

Charity no
(if any)

1182882

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2020.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

S Alexander

Date:

25/1/2023

Name:

Simon Alexander

Relevant professional
qualification(s) or body
(if any):

FCA – ICAEW membership number 7866082

Address:

7 Murray Crescent

Section B Balance sheet

		Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
			F01	F02	F03	F04	F05
Fixed assets							
Tangible assets	(Note 9)	B01	-	-	-	-	-
		B02	-	-	-	-	-
Investments	(Note 10)	B03	-	-	-	-	-
Total fixed assets		B04	-	-	-	-	-
Current assets							
Stock and work in progress		B05	-	-	-	-	-
Debtors	(Note 11)	B06	12,606	-	-	12,606	8,771
(Short term) investments		B07	-	-	-	-	-
Cash at bank and in hand		B08	52,094	85,348	-	137,442	90,729
Total current assets		B09	64,700	85,348	-	150,048	99,500
Creditors: amounts falling due within one year							
	(Note 12)	B10	-	-	-	-	-
Net current assets/(liabilities)		B11	64,700	85,348	-	150,048	99,500
Total assets less current liabilities		B12	64,700	85,348	-	150,048	99,500
Creditors: amounts falling due after one year							
	(Note 12)	B13	13,970	85,348	-	99,318	84,926
Provisions for liabilities and charges		B14	-	-	-	-	-
Net assets		B15	50,730	-	-	50,730	14,574
Funds of the Charity							
Unrestricted funds		B16	50,730			50,730	14,574
		B17	-			-	-
Restricted income funds (Note 13)		B18		-		-	-
Endowment funds (Note 13)		B19			-	-	-
Total funds		B20	50,730	-	-	50,730	14,574
Signed by one or two trustees on behalf of all the trustees			Signature	Print Name	Date of approval		



Arts For Life Project			Charity No (if any)		CC17a
Annual accounts for the period					
Period start date	01/04/2021	To	Period end date	31/03/2022	

Section A Statement of financial activities

Recommended categories by activity	Details of own analysis	Note	Restricted			Total this year £	Total last year £
			Unrestricted funds £	income funds £	Endowment funds £		
			F01	F02	F03	F04	F05
Incoming resources (Note 3)							
Incoming resources from generated funds			54,720	-	-	54,720	15,020
Voluntary income		S01	-	-	-	-	-
Activities for generating funds		S02	-	-	-	-	-
Investment income		S03	1	-	-	1	-
Incoming resources from charitable activities		S04	-	164,708	-	164,708	88,874
Other incoming resources		S05		89	-	89	18,503
Total incoming resources		S06	54,721	164,797	-	219,518	122,397
Resources expended (Notes 4-8)							
Costs of Generating Funds			-	-	-	-	-
Costs of generating voluntary income		S07	-	-	-	-	-
Fundraising trading costs		S08	-	-	-	-	-
Investment management costs		S09	-	-	-	-	-
Charitable activities		S10	18,566	164,797	-	183,363	117,661
Governance costs		S11			-	-	-
Other resources expended		S12	-	-	-	-	76
Total resources expended		S13	18,566	164,797	-	183,363	117,737
Net incoming/(outgoing) resources before transfers		S14	36,155	0	-	36,155	4,660
Gross transfers between funds		S15	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		S16	36,155	0	-	36,155	4,660
Other recognised gains/(losses)							
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-	9,915
Gains and losses on investment assets		S18	-	-	-	-	-
Net movement in funds		S19	36,155	0	-	36,155	14,575
Total funds brought forward		S20	14,575	-	-	14,575	
Total funds carried forward		S21	50,730	0	-	50,730	14,575