



## **Arts For Life Project (UK)**

**Report and Financial Statements  
For the Year Ended 31 March 2021**

**Charity number 1182882**

## **Arts For Life Project (UK)**

### **Report of the Management Committee for the year ended 31 March 2021**

The Management Committee presents its directors' report and audited financial statements for the year ended 31 March 2021.

#### **Reference and Administrative Information**

<b>Charity Name:</b>	Arts For Life project (UK)
<b>Charity registration number:</b>	1182882
<b>Registered Office:</b>	8 Rickmansworth Road, Pinner HA5 2ST
<b>Operational Address:</b>	Forge House, Forge Lane, Northwood, Middx HA6 1DP

#### **Board of Trustees:**

Penny Ericson	Chair
Ruth Howe	Treasurer
Dahlia Basrawi	
Emma Matthews	Secretary

#### **Senior Management Team:**

Beth Gevell	Director - Wellbeing & Family Support
Jacqui Dennafor	Director - Clinical & Development

#### **Auditors**

Simon Alexander & Co (Accountancy) Ltd  
7 Murray Crescent, Pinner, Middx HA5 3QF

#### **Bankers**

Barclays Bank Plc, WEMBLEY & PARK ROYAL 2, LEICESTERSHIRE, LE87 2BB

## **Our Aims and Objectives**

### **Purposes and Aims**

Our charity's purposes as set out in the objects contained in the charities constitution are to:

The relief of need of children and young people between the ages of 6 – 25yrs old, including families, carers and their supportive network living in Greater London and the surrounding areas, in particular through the provision of support services through using the integrative arts in therapy and education.

- To provide specialized combined arts and mental health based services.
- To relieve the pressures of day to day life of children with challenges and their families/carers
- To help young people - especially but not exclusively, through Art based activities and therapy by providing a safe environment for them to relax, learn and benefit.
- To ensure affordable access to proactive mental health support for the wider community.
- To encourage proactive mental health development and support through an arts-based approach.
- To develop and create opportunities for open communication for young people and their parents/carers
- To create opportunities for partnership with other agencies and support services, providing information, advice and raising awareness to develop a whole new approach to youth and mental health.
- To be all inclusive accepting children and their families from every walk of life from the Greater London area.

Our aims fully reflect the purposes that the charity was set up to further.

#### Ensuring our work delivers our aims

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

#### The focus of our work

Our main objectives for the year continued to be a reduction in Social Isolation & Community Disengagement, Mental Health Crisis, Anti-Social Behaviour & Co-Morbidity

The strategies we used to meet these objectives included:

- Providing a range of programmes which are reflective of our participants needs and address the potential problems related to special educational needs and mental wellbeing.
- Limiting the potential for isolation which comes with complex needs, not only for the individual but also their family and friends and the wider community of Arts For Life Project.
- Working in partnership with other agencies to secure the widest range of services to best match the needs of its participant population.

## How our activities deliver public benefit

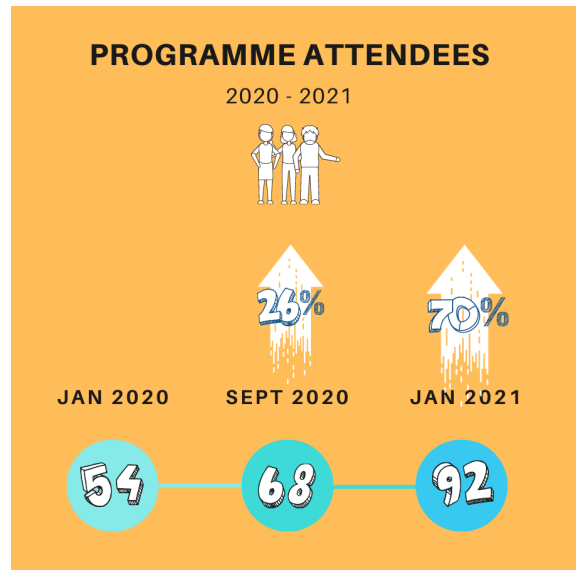
Our main activities and who we try to help are described below.

All our charitable activities focus on the reduction in social isolation & community disengagement, and the risks of mental health crisis in young people aged 6 – 25 years. Our activities are undertaken to further our charitable purposes for the public benefit.

### Who uses and benefited from our services?

Participants are hard to reach 6 – 25 year olds who have social, emotional, behavioural & communication challenges.

Participant numbers over 2020 – 2021 saw an average 26% increase over core programmes leading to an expansion in staff and service days.



In 2020 -2021 the organization also extended its support to the families and siblings of their participants following the challenging dynamics that materialised during Covid 19 pandemic lockdowns.

## Our services benefit

Our services provides a vital role within the community supporting young people between 6 – 25 years and their families who find themselves on the margins of society through mental health challenges, learning challenges and special educational needs. The charity supports their emotional health & wellbeing through the therapeutic value of the creative arts.

Our services offer both grant funded spaces and paid-for spaces and are means-tested to offer the service to the wider community.

## **Financial Review**

Against the backdrop of continued lockdowns, disrupted educational consistency, family bereavements and Special Educational Needs diagnosis delays, Arts For Life Project saw an increase in the demand for services and an extension of services to the community.

A first half year in permanent residence has seen the charities income grow by 52%.

Following on from the changes in service seen in 2020 the continued restructure of the organisation continued in 2020-2021 to ensure that vital needs arising from the fall-out of Covid-19 pandemic were being seen, researched and met.

The charity continues to grow and source additional funds to oversee a changed organisation with a renewed services plan and developing services. Nevertheless the charity, with the aid of sound financial management and the support of its board, staff and volunteers generated a very positive financial outcome for the period with a net increase in funds of just over £45,000.

## Reserves Policy

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 3 and 6 months of the expenditure. The reserves are needed to meet the working capital requirements of the charity and the Board of Trustees are confident that at this level

they would be able to continue the current activities of the charity in the event of a significant drop in funding.

#### Plans for Future Periods

The charity plans continuing their current activities in the forthcoming years subject to satisfactory funding arrangements. Plans are also being developed to work on a number of schemes with social partners including NHS and Statutory services contracts alongside developing the clinical support of the organisation through in-house and outreach therapeutic support services.

Focus for this development is to continually develop partnerships with supporting services to streamline family support and encourage community working within the professional and the family structures.

#### Structure, Governance and Management Governing Document

The organisation is a charitable incorporated organization, incorporated on 9 April 2019. The charity was established under a constitution which established the objects and powers of the charity.

#### **Recruitment and Appointment of Board of Trustees**

The Board of Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting. All members of the Board of Trustees give their time voluntarily and received no benefits from the charity.

#### Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity through volunteering at activities and fundraising events.

New trustees are invited and encouraged to attend a series of short training sessions (of no more than an hour) to familiarise themselves with the charity and the context within which it operates. These are jointly led by the Directors of the charity and cover:

### Risk Management

The Board of Trustees is to carry out a review of the major risks to which the charity is exposed. A risk register will be established and will be updated at annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

### Organisational Structure

The Arts For Life Project has a Board of Trustees of 4 members who meet quarterly and are responsible for the strategic direction and policy of the charity. At present the board has members from a variety of professional backgrounds relevant to the work of the charity. A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair of Trustees along with the Directors. The Director – Strategy & Clinical is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met along with the responsibility for the day to day operational management of the Centre, individual supervision of the staff team and also ensuring that the team continue to develop their skills and working practices in line with good practice.

Responsibilities of the Management Committee Company law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charity as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board of Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent; and



- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The Board of Trustees is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with charity law, as the charities directors, we certify that:

so far as we are aware, there is no relevant audit information of which the charities auditors are unaware; and as the directors of the charity we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Simon Alexander & Co (Accountancy) Ltd were appointed as the charities auditors during the year and have expressed their willingness to continue in that capacity. This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities. Approved by the Board of Trustees on 3 February 2022 and signed on its behalf by: Mrs R Howe Arts For Life Project Statement of Financial Activities (including Income & Expenditure Account) for the year ended 31 March 2021.

	Charity Name				Charity No (if any)		CC17a
	Annual accounts for the period						
	Period start date				To	Period end date	

## Section A Statement of financial activities

Recommended categories by activity	Details of own analysis	Note	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
Incoming resources (Note 3)			F01	F02	F03	F04	F05
Incoming resources from generated funds			15,020	-	-	15,020	-
Voluntary income		S01	-	-	-	-	-
Activities for generating funds		S02	-	-	-	-	-
Investment income		S03	-	-	-	-	-
Incoming resources from charitable activities		S04	-	88,874	-	88,874	-
Other incoming resources		S05	-	18,503	-	18,503	-
<b>Total incoming resources</b>			15,020	107,377	-	122,397	-
<b>Resources expended (Notes 4-8)</b>							
Costs of Generating Funds			-	-	-	-	-
Costs of generating voluntary income		S07	-	-	-	-	-
Fundraising trading costs		S08	-	-	-	-	-
Investment management costs		S09	-	-	-	-	-
Charitable activities		S10	-	-	-	-	-
Governance costs		S11	-	-	-	-	-
Other resources expended		S12	-	-	-	-	-
<b>Total resources expended</b>			-	-	-	-	-
<b>Net incoming/(outgoing) resources before transfers</b>			15,020	107,377	-	122,397	-
<b>Gross transfers between funds</b>			-	-	-	-	-
<b>Net incoming/(outgoing) resources before other recognised gains/(losses)</b>			15,020	107,377	-	122,397	-
<b>Other recognised gains/(losses)</b>							
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-	-
Gains and losses on investment assets		S18	-	-	-	-	-
<b>Net movement in funds</b>			15,020	107,377	-	122,397	-
<b>Total funds brought forward</b>			-	-	-	-	-
<b>Total funds carried forward</b>			15,020	107,377	-	122,397	-



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

Report to the trustees/  
members of

ARTS FOR LIFE PROJECT (UK)

On accounts for the year  
ended

31 MARCH 2024

Charity no  
(if any)

1182882

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

S Alexander

Date:

30/1/2022

Name:

Simon ALEXANDER

Relevant professional  
qualification(s) or body

FCA: ICAEW MEMBERSHIP 7866082

(if any):

Address:

7 MURRAY CRESCENT

FLWNER

MIDOX HAS 3QF

## Section B

## Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

NO NE

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# Management Report Mar 21 FINAL

Arts for Life Project (UK)

3 February 2022

Prepared by Ruth Howe

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# Profit & Loss

## Arts for Life Project (UK) For the 12 months ended 31 March 2021

	Mar-21	YTD
<b>Income</b>		
<b>Fundraising &amp; Donations</b>		
Income - Donations Individual & Fundraising	1,693	1,693
Income - Donations Organisations	562	562
<b>Total Fundraising &amp; Donations</b>	<b>2,255</b>	<b>2,255</b>
<b>Grants Received</b>		
Income - Grants	88,874	88,874
<b>Client Projects</b>		
Income - Clients	435	435
Income - Projects	12,330	12,330
<b>Total Client Projects</b>	<b>12,765</b>	<b>12,765</b>
<b>Total Grants Received</b>	<b>101,640</b>	<b>101,640</b>
<b>Other Income</b>		
Income - HMRC JRS Scheme	18,503	18,503
<b>Total Other Income</b>	<b>18,503</b>	<b>18,503</b>
<b>Total Income</b>	<b>122,398</b>	<b>122,398</b>
<b>Gross Profit</b>	<b>122,398</b>	<b>122,398</b>
<b>Less Operating Expenses</b>		
<b>1. Overheads</b>		
<b>2. Printing and Stationary</b>		
Office Supplies, Books & newspapers	740	740
Postage and Carriage	16	16
Printing and reproduction	314	314
<b>Total 2. Printing and Stationary</b>	<b>1,070</b>	<b>1,070</b>
<b>3. Travel and Entertainment</b>		
Refreshments	83	83
Subsistence	80	80
Travelling	354	354
<b>Total 3. Travel and Entertainment</b>	<b>517</b>	<b>517</b>
<b>4. Human Resources</b>		
COVID-19 LOSS	544	544
<b>Total 4. Human Resources</b>	<b>544</b>	<b>544</b>
<b>5. Legal and Professional Fees</b>		
Legal Fees	256	256
Professional Fees	3,008	3,008
<b>Total 5. Legal and Professional Fees</b>	<b>3,264</b>	<b>3,264</b>
<b>5. Training and Development</b>		
Conferences and Meetings	30	30
Staff Training Costs	1,877	1,877

# Profit & Loss

	Mar-21	YTD
<b>Total 5. Training and Development</b>	<b>1,907</b>	<b>1,907</b>
<b>6. Telephone and Computer</b>		
IT Equipment/ Resources	2,708	2,708
Licences & Software	783	783
Subscriptions & membership	232	232
Telephone & Broadband	267	267
Web Hosting & development	184	184
<b>Total 6. Telephone and Computer</b>	<b>4,173</b>	<b>4,173</b>
<b>Other Direct costs</b>		
<b>Material and Art Supplies</b>		
Activity cost	2,183	2,183
Activity Equipment	151	151
Art Materials (Store Stock & Consumables)	1,094	1,094
<b>Total Material and Art Supplies</b>	<b>3,428</b>	<b>3,428</b>
<b>Total Other Direct costs</b>	<b>3,428</b>	<b>3,428</b>
<b>Total 1. Overheads</b>	<b>14,904</b>	<b>14,904</b>
<b>Core Costs</b>		
<b>1. Core Salaries</b>		
Company NI Refund	(4,000)	(4,000)
Directors Salaries	42,028	42,028
Employers NI Contributions	4,023	4,023
Employers Pension Contributions	1,680	1,680
Finance Fee	1,927	1,927
Salaried Staff	8,825	8,825
Salary Administration	8,367	8,367
Staff welfare	30	30
<b>Total 1. Core Salaries</b>	<b>62,881</b>	<b>62,881</b>
<b>2. Project Salaries</b>		
Session Salaries	6,933	6,933
<b>Total 2. Project Salaries</b>	<b>6,933</b>	<b>6,933</b>
<b>3. Rent &amp; Utilities</b>		
Cleaning & Shredding	1,988	1,988
Electricity	906	906
Rates	1,370	1,370
Refurbishment	9,623	9,623
Rent	13,455	13,455
Repairs & Maintenance	3,099	3,099
<b>Total 3. Rent &amp; Utilities</b>	<b>30,442</b>	<b>30,442</b>
<b>Total Core Costs</b>	<b>100,256</b>	<b>100,256</b>
<b>General Expenses</b>		
Insurance	1,032	1,032
Small equipment under £300	1,468	1,468
<b>Total General Expenses</b>	<b>2,500</b>	<b>2,500</b>
<b>Total Operating Expenses</b>	<b>117,661</b>	<b>117,661</b>



# Profit & Loss

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	Mar-21	YTD
<b>Operating Profit</b>	<b>4,737</b>	<b>4,737</b>
<b>Non-operating Expenses</b>		
<b>Bank charges and Interest</b>		
PayPal Fees	76	76
<b>Total Bank charges and Interest</b>	<b>76</b>	<b>76</b>
<b>Total Non-operating Expenses</b>	<b>76</b>	<b>76</b>
<b>Net Profit</b>	<b>4,661</b>	<b>4,661</b>

# Balance Sheet

## Arts for Life Project (UK) As at 31 March 2021

31 Mar 2021

31 Mar 2020

### Assets

<b>Bank</b>		
Barclays #2102	80,064	22,332
Barclays Current a/c #8324	6,187	6,374
GBP PayPal	4,374	1,444
Petty Cash Beth	105	3,457
<b>Total Bank</b>	<b>90,729</b>	<b>33,607</b>
<b>Current Assets</b>		
Accounts Receivable	1,521	1,459
Prepayments	4,350	-
Rent Deposit	2,900	-
<b>Total Current Assets</b>	<b>8,771</b>	<b>1,459</b>
<b>Total Assets</b>	<b>99,501</b>	<b>35,066</b>

### Liabilities

<b>Current Liabilities</b>		
Accounts Payable	3,971	1,645
Accruals	564	309
Directors Loans BG	200	200
Directors Loans JD	138	200
P.A.Y.E	5,688	2,148
Pensions Payable	373	747
Wages Payable New	-	3,404
<b>Total Current Liabilities</b>	<b>10,934</b>	<b>8,652</b>
<b>Non-Current Liabilities</b>		
Grants paid in advance	73,992	16,500
<b>Total Non-Current Liabilities</b>	<b>73,992</b>	<b>16,500</b>
<b>Total Liabilities</b>	<b>84,926</b>	<b>25,152</b>
<b>Net Assets</b>	<b>14,575</b>	<b>9,913</b>

### Equity

Current Year Earnings	4,661	9,913
Retained Earnings	9,913	-
<b>Total Equity</b>	<b>14,575</b>	<b>9,913</b>



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

**Report to the trustees/  
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**On accounts for the year  
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31 MARCH 2024

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**Signed:**

S. Alexander

**Date:**

30/1/2022

**Name:**

SIMON ALEXANDER

**Relevant professional  
qualification(s) or body**

FCA: (ICAEW MEMBERSHIP 7866082

(if any):

--

Address:

7 MURRAY CRESCENT
OWNER
MIDDX HAS 3QF

**Section B**

**Disclosure**

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<p>NO NE</p>
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