

# ARTS FOR LIFE PROJECT (UK)

England & Wales · Charity number 1182882

## Details

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Other names	ARTS FOR LIFE PROJECT - COMMUNITY INTEREST COMPANY
Status	Registered
Legal form	CIO
Registered	2019-04-09
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Forge House Forge Lane Northwood
Phone	01923 841658
Email	<a href="mailto:enquiries@artsforlifeproject.org">enquiries@artsforlifeproject.org</a>
Website	<a href="http://www.artsforlifeproject.org">www.artsforlifeproject.org</a>

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE: THE RELIEF OF NEED OF CHILDREN AND YOUNG PEOPLE BETWEEN THE AGES OF 6 – 25YRS OLD, INCLUDING FAMILIES, CARERS AND THEIR SUPPORTIVE NETWORK LIVING IN GREATER LONDON AND THE SURROUNDING AREAS, IN PARTICULAR THROUGH THE PROVISION OF SUPPORT SERVICES THROUGH USING THE INTEGRATIVE ARTS IN THERAPY AND EDUCATION.

**Activities:** Arts for Life Project is a charity supporting young people and their families' emotional health and wellbeing through the therapeutic value of the creative arts. Our projects focus on individuals with complex hidden needs that push them to the margins of society and the community support structure around them to make impactful change in their everyday lives.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Arts/culture/heritage/science
- **Who:** Children/young People, People With Disabilities

## Geography

- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£275,243	£225,097	-	-
2024-03-31	£283,363	£214,375	-	-
2023-03-31	£280,271	£203,770	-	-
2022-03-31	£219,518	£183,113	-	-
2021-03-31	£122,000	£118,000	-	-

## Trustees

Name	Role	Appointed
<b>PENNY ANN ERICSON</b>	Chair	2018-11-15
EMMA ST QUINTIN MATTHEWS		2018-10-01
Jeffrey Rollason		2023-07-19
John Hooper Cadman		2023-10-08
Jonathan Grosskopf		2024-06-20

**ARTS FOR LIFE PROJECT (UK)**

England & Wales - Charity number 1182882

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# Accounts

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## **Arts For Life Project (UK)**

Report and Financial Statements for the  
Year Ended 31 March 2025

Charity number 1182882

## **Arts For Life Project (UK)**

### **Report of the Management Committee for the year ended 31 March 2025**

The Management Committee presents its directors' report and audited financial statements for the year ended 31 March 2025.

#### **Reference and Administrative Information**

**Charity Name:** Arts for Life Project (UK)

**Charity registration number:** 1182882

**Registered Office:** Forge House, Forge Lane, Northwood, Middx HA6 1DP

**Operational Address:** Forge House, Forge Lane, Northwood, Middx HA6 1DP

#### **Board of Trustees:**

Penny Ericson            Chair

Jonathon Grosskopf    Treasurer

Emma Matthews        Secretary

John Cadman

Jeff Rollason

#### **Senior Management Team:**

Beth Gevell            Director

#### **Bankers**

Barclays Bank Plc, WEMBLEY & PARK ROYAL 2, LEICESTERSHIRE, LE87 2BB

The Cooperative Bank, PO Box 250, Skelmersdale, WN8 6TW

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## **Our Aims and Objectives**

### Purposes and Aims

Our charity's purpose, as set out in the objectives contained in the charity's constitution, is to facilitate relief and support for challenged children and young people between the ages of 8 — 25 years old, including their families, carers and support networks. We do this primarily through using the integrative arts in therapy and education.

We aim to:

- To support challenged young people in transforming their lives using the therapeutic value of the Creative Arts
- To make an impactful change to the everyday lives of challenged young people and their families by connecting, encouraging, empowering, building self-esteem and positivity, raising aspirations, enhancing wellbeing, and reducing isolation by providing a safe environment where they can relax, learn, and thrive
- To improve quality of their lives by minimising the impact of their challenges and maximising their abilities
- Offer specialised services that combine the arts with mental health support.
- Make sure the support we offer is affordable and accessible for everyone in the community.
- Promote proactive mental health development using an arts-based approach.
- Develop and create opportunities for open communication for young people and their parents/carers
- Build partnerships with other agencies and support services to share information, offer advice, and raise awareness, helping create new approaches to youth mental health.
- Be fully inclusive by welcoming children and families from all backgrounds across the Greater London area.

Our aims fully reflect the purposes that the charity was set up for.

### Ensuring our work delivers our aims

We review our aims, objectives and activities each year. This review looks at what we have achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aims, objectives and activities remained focused on our stated purposes. We have referred to

the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

### The focus of our work

Many young people face significant mental health challenges, including social isolation, depression, and anxiety. Our ongoing commitment is to support these vulnerable young people, along with their families, so they feel more connected and less isolated.

Arts for Life remains dedicated to working with families experiencing mental health crises. Our efforts aim to reduce social withdrawal, discourage anti-social behaviours, and help prevent further health complications. Many of the young people we serve struggle daily with Autism Spectrum Disorder, ADHD and other emotional disorders.

### The strategies we use to meet these objectives include:

Providing a range of programmes which are reflective of our participants' needs and address the potential problems related to special educational needs and mental wellbeing. Within a nurturing group setting, each session provides young people with a safe space to explore and benefit from the therapeutic impact of artistic expression. Through an array of enjoyable, relaxed activities, participants build emotional intelligence and develop proactive mental health skills—gently guided, yet subtly interwoven into every moment of fun and discovery.

- Limiting the potential for isolation which comes with complex needs, not only for the individual but also their family, friends and support network
- Working in partnership with other agencies to secure the widest range of services to best match the needs of its participants.

## How our activities deliver public benefit

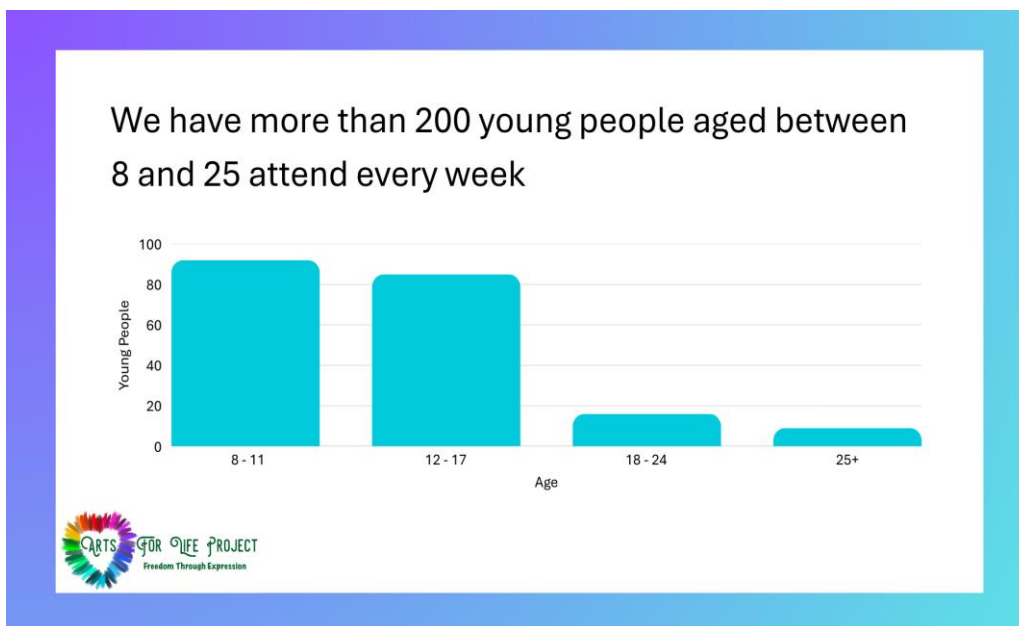
Our main activities and who we try to help are described below.

Our charity focuses on reducing social isolation and disengagement among young people aged 8 to 25. Our activities aim to lower mental health risks by providing inclusive, supportive spaces that foster connection and belonging. Guided by our charitable goals, we strive to achieve positive outcomes for young people, supporting their mental well-being and encouraging community involvement.

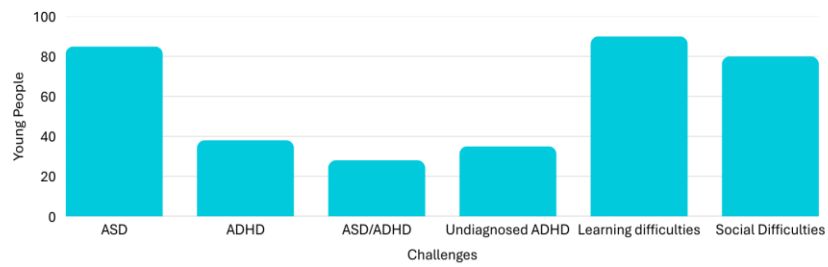
## Who uses and benefits from our services?

Participants are 8-25 year olds who have social, emotional, behavioural & communication challenges.

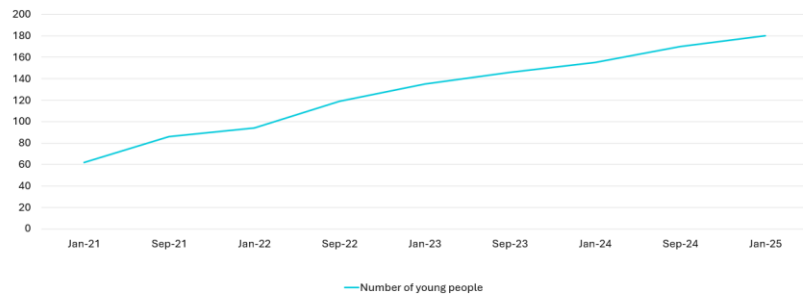
Our participant numbers over the period 2024 – 2025 continued to grow. This, as well as the increased needs of participants, has led us to continue to expand our staff and volunteers, the services we offer and our service days.



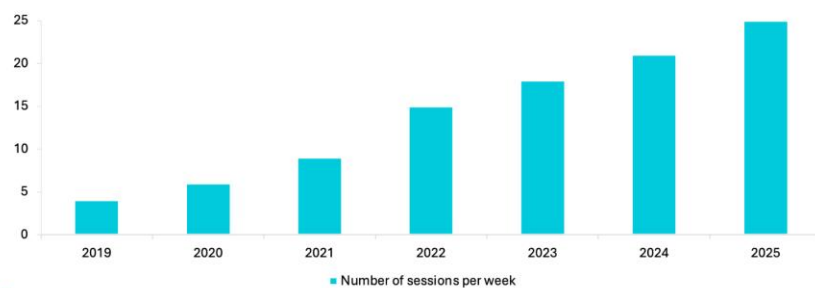
## Our young people come to us with a wide range of challenges

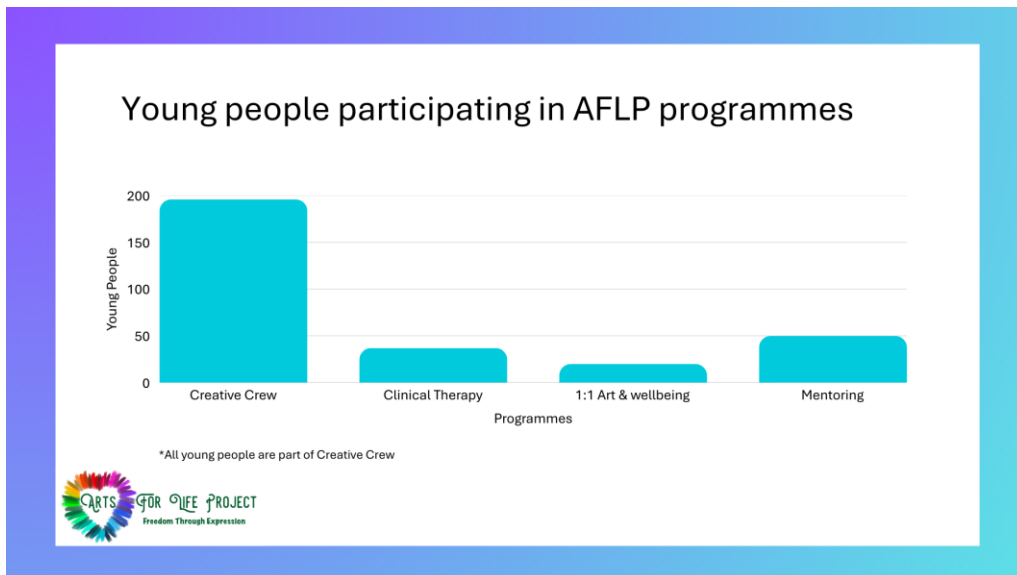


## Growth in demand for our services is steadily climbing



## We are meeting that demand with more and more Creative Crew sessions each week





In 2024 – 2025, the charity continued to support the families and siblings of participants. This was through our "stay and chat" café where we have a parent/carer support worker, as well as through talks and parent/family well-being sessions. For next year, we are developing our café further, employing a co-ordinator to organise well-being sessions, promote the café to our users, and to secure speakers and help sessions for example from the Local Authority.

#### Our services and benefits

Our services provide a vital role within the community, supporting young people between 8-25 years and their families who find themselves on the margins of society due to mental health challenges, learning challenges and special educational needs.

Our services offer both grant-funded spaces and paid-for spaces, means-tested to offer the service to the wider community.

Through the therapeutic value of the creative arts, Arts for Life has made a significant difference in the lives of many challenged youngsters as the testimonials below demonstrate.

## What some of our users say:

*I wanted to let you know that since L began attending your creative crew club the changes in him have been incredible. L has complex learning difficulties & he finds school very challenging. He doesn't understand the world around him much at all & his confidence & self-esteem has been very beaten down. He faces a very uncertain future with his education & we are faced with long wait lists for therapies that are crucial for L's development. This has forced us to look for anything that can be beneficial for him & Arts For Life has become our lifeline.*

*Beth and her talented team welcomed L with open arms & we haven't looked back since. I don't know how they do it (I'm certain it's magic) but L can't read or write, he struggles so much with fine motor skills & within 2 weeks he was producing artwork!! L is 8, he has shown zero interest in putting pen to paper or anything academic because of his difficulties combined with trauma brought on from school. But here Logan is thriving. He is forming friendships with like minded peers & he has made so much progress that we have also enrolled him with a mentor that has bonded with L really well on Monday afternoons to help continue this new-found confidence & positive attitude that he has now adopted. As a family we are seeing improvements in our home life because L is feeling seen, heard & feels included. He counts the days until he gets to go back every week. This year in particular has been very tough on L, he is fully aware he doesn't belong in his current education setting but he doesn't understand why he can't do what his friends do. He has learnt to mask his true self to survive & I have put my career on hold to make sure that L gets what he deserves.*

*Arts For Life not only bridges the gap for my son, it gives him hope for his future as a young man & he now has aspirations! Beth and her team work tirelessly to help as many children & young people as they can. The love, time & energy they give to these young people is nothing short of breath taking. They move mountains daily & if they can't do it, it can't be done.*

*You have changed our lives as a family for the better & you have a young boy who can't see his world without you in it! He even wants to work for you when he's older so he can help others like him. Thank you isn't even enough*

**Parent**

*Arts For Life is, simply put, a fabulous and much needed resource in our community. We were really struggling when we first reached out to Beth and we will be forever grateful for the support and help that our daughter (and as a result we) received from Arts for life.*

*Our daughter was falling through all the systems, we didn't fully understand her needs. The education system was failing her and she was deteriorating rapidly (physically and mentally) as a result. Arts for Life helped us understand and feel confident that she does have needs and does need support.*

*She attended weekly and this helped her manage her emotions in a caring environment where she felt validated and heard whilst having fun. We saw a significant change in our daughter from this point forward. We also grew in confidence due to the support given and sought further understanding of our daughter's needs resulting in a diagnosis and an EHCP.*

*The safe space of Arts for Life provided the opportunity for our daughter to grow and develop into a more independent, confident young adult and we know that having this opportunity supported our journey over the past few years when, at times we had no other support. We will always be very grateful for this.*

**Parent**

*Arts for Life has been an immense source of support for my son, who has been diagnosed with Autism, sensory processing delay, ADHD, and global developmental delay. This organisation is a hub, a safe and nurturing space where my son is truly able to thrive.*

*In the 12 months he has attended, we have seen remarkable progress in his fine motor skills. Just as importantly, he has found a place where he can express himself confidently, both emotionally and creatively. The small class sizes and high staff-to-student ratio have been especially impactful, allowing him to benefit from one-to-one engagement and personalised support.*

*Without Arts for Life, there would be no other accessible environment where K could develop his abilities, celebrate his achievements, and grow with independence. The support they provide is irreplaceable, not only for my son, but for families like ours who rely on specialised, inclusive programmes that genuinely understand and meet our children's needs.*

*Thank you so much!*

**Parent**

*"Before I joined Arts for Life, I honestly felt like I didn't fit in anywhere."*

*I'm 15 and I've been coming to Arts for Life for about a year now. Before I started here, my confidence was really low. I didn't talk much at school, I struggled with anxiety every day, and I always felt like people didn't really understand me. I used to get overwhelmed a lot and would shut down or avoid things that felt too stressful. When I first came to Creative Crew I was nervous, but the team made me feel safe straight away. No one forced me to talk, and I didn't feel judged. Over time, I started to open up more. I made a couple of friends who get me, and the sessions became something I actually look forward to each week.*

*Working on art projects has helped me express things I can't always say out loud. And the mentoring sessions have helped me understand my anxiety better and learn ways to calm myself down. I've learned grounding techniques, how to explain my feelings more clearly, and how to break things into small steps so they don't seem so overwhelming. The best thing about Arts for Life is that I feel seen here. The staff notice when I'm struggling, even if I don't say anything, and they help without making me feel embarrassed. My confidence has grown so much that I've started going out more and I've actually put my hand up in class a few times, which I never would've done before.*

*Arts for Life has honestly been life-changing for me. It's helped me feel more like myself again and given me hope that things can get better. I don't know where I'd be without it!*

**Service User aged 15**

## Financial Review

Arts For Life Project continued to see an increase in the demand for services and an extension of services to the community. The organisation has continued to grow and adapt to reflect this.

The charity continues to grow and source additional funds to cover the increase in need and our developing services. Supported by strong financial management and its team, the charity saw unrestricted income grow from £145,826 to £169,602 and reserves increase from £196,152 in 2024 to £256,298 in 2025, putting it in a solid financial position with continued ambitions to increase provision for more service users and to develop more project work.

## Reserves Policy

The Board of Trustees has examined the charity's requirements for reserves, considering its main risks. As income for the charity is dependent on factors outside its control (i.e. funding and grants), the trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be around 6 months of the expenditure to ensure financial stability. These reserves are needed to meet the working capital requirements of the charity, and the Board of Trustees are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding and to possibly look to expanding some of the services beyond their current scope.

## Structure, Governance and Management Governing Document

The organisation is a charitable incorporated organisation, incorporated on 9 April 2019.

The charity was established under a constitution which established the objects and powers of the charity.

## Recruitment and Appointment of Board of Trustees

All members of the Board of Trustees give their time voluntarily and receive no benefits from the charity.

We invite new trustees to join and can vote them in at any meeting. There is no fixed tenure for trustees, rather a minimum of one year is suggested for new trustees.

## Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity through volunteering at activities and fundraising events.

New trustees are invited and encouraged to attend an induction session to familiarise themselves with the charity and the context within which it operates.

## Risk Management

The Board of Trustees continues to review of the major risks to which the charity is exposed. This forms part of our strategy plan. We have a Risk Management Policy and a Risk Assessment form, which is reviewed at each board meeting. This is separate from the standard risk assessments which are part of our everyday operations.

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures and policies are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. These are periodically reviewed to ensure that they continue to meet the needs of the charity.

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## Organisational Structure

The Arts For Life Project has a Board of Trustees of 5 members who meet quarterly and are responsible for the strategic direction and policy of the charity. At present the board has members from a variety of professional backgrounds relevant to the work of the charity. A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the Chair of Trustees along with the Directors. The Directors are responsible for ensuring that the charity delivers the services specified and that key performance indicators are met, along with the responsibility for the day-to-day operational management of the Centre, individual supervision of the staff team and also ensuring that the team continue to develop their skills and working practices in line with good practice.

## Acknowledgements

Arts for Life Project Trustees would like to thank all the volunteers who have supported the organisation and the members of staff for their continued involvement and encouragement. All the trustees play a significant role in running the charity. AFLP is only able to undertake a wide range of activities and meet ever-increasing demand because of the dedication of its staff, trustees and volunteers, and because it uses limited resources in imaginative and innovative ways. We have been grateful to receive support from a variety of funders and we are grateful to the following trusts, foundations and companies for their support of our work in 2024-25

- National Lottery
- St James' Place
- Young Harrow Foundation
- City Bridge Foundation
- Harrow Change Makers
- Frustrated Communications
- Tesco Bags of Help
- Schreier Foundation
- Jack Petchey Awards
- CNWL Hillingdon Funding for young adults.
- The Ward Budget
- London Taxi Drivers Charity for children
- Prevention & Early Intervention Eating Disorders Grant Scheme
- Hillingdon Voluntary & Community Sector
- CNWL
- Moor Park Art Association
- The Girdlers Fund

Responsibilities of the Management Committee Company law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the

charity as at the balance sheet date, and of its incoming resources and application of resources, including income and expenditure, for the financial year.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities.

Approved and signed off electronically by the Board of Trustees on 12<sup>th</sup> December 2025 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Penny Ericson', with a stylized flourish at the end.

Penny Ericson, Chair

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COMPANY NO: CE017121  
CHARITY NO: 1182882



**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**

**FOR YEAR ENDED 31 MARCH 2025**

	Note			Total	Total
		Unrestricted	Restricted	Funds	Funds
		Funds	Funds	2025	2024
		£	£	£	£
<b><u>Incoming resources</u></b>					
Income from Charitable Services	2	169,602	105,458	<b>275,060</b>	<b>283,216</b>
<i>Activities for generating funds</i>					
Operations					
Investment income	4	183	-	<b>183</b>	<b>147</b>
<i>Incoming resources from</i>					
<b>Total Income and endowments</b>		<b>169,785</b>	<b>105,458</b>	<b>275,243</b>	<b>283,363</b>
<b>Expenditure</b>					
<i>Cost of generating funds</i>					
Fund raising costs	5	1,067	0	<b>1,067</b>	<b>257</b>
Sub total cost of generating funds		<b>1,067</b>	<b>-</b>	<b>1,067</b>	<b>257</b>
<i>Charitable activities</i>					
Cost of charitable activities	5	118,572	105,458	<b>224,030</b>	<b>213,068</b>
Governance costs	5	-	0	<b>0</b>	<b>1,050</b>
Exceptional Item	5	-	-	<b>-</b>	<b>0</b>
<b>Total Expenditure</b>		<b>119,639</b>	<b>105,458</b>	<b>225,097</b>	<b>214,375</b>
<b>Net income / (expenditure)</b>		<b>50,146</b>	<b>0</b>	<b>50,146</b>	<b>68,988</b>
<b>Reconciliation of Funds</b>					
Fund balances at 1 April 2024		196,152	0	<b>196,152</b>	<b>127,164</b>
<b>Transfer between funds</b>					
<b>Fund Balances at 31 March 2025</b>		<b>246,298</b>	<b>0</b>	<b>246,298</b>	<b>196,152</b>

These financial statements have been prepared in accordance with the financial reporting standards for smaller entities  
The Company is exempt from audit under CA 2006, s.477 (small companies)  
The members have not required the company to obtain an audit of its accounts for the year in question in accordance with CA 2006, s 476 and  
The directors acknowledge their responsibilities for complying with the requirements of CA 2006 with respect to accounting records and preparation of the accounts. S. 472(2)-(3)

These financial statements were approved by the members of the board of trustees on 2 September 2025 and are signed on their behalf by:

Penny Ericson

Chair

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**BALANCE SHEET**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**

**Consolidated and Charity Balance Sheets**

**Year Ended 31st March 2025**

		<b>Charity</b>	
	<b>Note</b>	<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
<b>Fixed assets</b>			
Tangible assets	9	-	-
		<u>-</u>	<u>-</u>
<b>Current assets</b>			
Debtors	10	12,387	17,029
Cash at bank and in hand		321,201	217,214
		<u>333,588</u>	<u>234,243</u>
<b>Creditors – amounts falling due within one year</b>	11	(87,290)	(38,091)
<b>Net current assets</b>		<u>246,298</u>	<u>196,152</u>
<b>Total assets less current liabilities</b>		<u>246,298</u>	<u>196,152</u>
<b>Unrestricted funds</b>			
General	12	246,298	196,152
<b>Restricted funds</b>	13	-	-
		<u>246,298</u>	<u>196,152</u>

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These financial statements were approved by the members of the board of trustees on 2nd September 2025 and are

**Penny Ericson**  
**Chair**



**NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2025**

**1. Accounting policies**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) - (Charities SORP (FRS 102)).

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

The trustees anticipate that there will be sufficient unrestricted reserves for the charity to continue as a going concern and therefore the financial statements are prepared on a going concern basis under the historical cost convention, modified to include the revaluation of investments. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

~~The accounts have been prepared on the historic cost basis.~~

**Funds**

Funds held by the charity are either:

- Unrestricted general funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.
- Designated funds - these are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.
- Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income has been met, it is probable that income will be received and the amount can be measured reliably. Such income is only deferred when:

- The donor specifies that the grant or donation must be used in future accounting periods, or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Income from commercial trading activities is recognised as earned (as the related goods and services are provided).

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**Interest receivable**

Interest is included when receivable by the charity.

**Expenditure and irrecoverable VAT**

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of an estimate of the proportion of time spent by staff on those activities.

**Allocation of support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources. Support costs include back office costs, personnel and payroll.

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2025**

**Pension costs**

The company operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the company. The annual contributions payable are charged to the income and expenditure account.

**Redundancy costs**

Following the accrual accounting methodology, liabilities for redundancy and termination payments are recognised when the obligation to make the payment arises and not when the payments are made.

**Governance costs**

Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory accounts and legal fees.

**Operating leases**

Rentals payable under operating leases are charged in the Statement of Financial Activities as incurred.

**Tangible fixed assets**

Tangible fixed assets are capitalised at cost and depreciated so as to write them off over their anticipated useful lives at the following annual rates, commencing in the year of acquisition:

Fixtures and fittings	25% reducing balance
Motor vehicles	25% straight line
Computer and office equipment	25% straight line

**Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account

**Provisions**

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefit will be required in settlement and the amount can be reliably estimated.

**Tax**

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

**Legal status**

Arts for Life UK is a Charitable Incorporated Organisation and is registered with the charities commission

**Judgements and key sources of estimation uncertainty**

In the application of the charitable accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2025**

**2 Income from charitable services**

Grants and service level agreement receivable	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2025</b>	<b>Total 2024</b>
	£	£	£	£
National Lottery		68,408	68,408	98,238
Grants other than National Lottery	4,400	37,050	41,450	39,152
Income from donations and fundraising	16,291		16,291	26,117
Income from Projects	1,670		1,670	41,977
Income from Clients	147,241		147,241	77,732
	<u>169,602</u>	<u>105,458</u>	<u>275,060</u>	<u>283,216</u>

**3 Operations**

Operations revenue consists of contributions towards operating costs from service users

**4 Investment Income**

	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total 2025</b>	<b>Total 2024</b>
	£	£	£	£
Interest on fixed and notice bank accounts	183	-	183	147
	<u>183</u>	<u>-</u>	<u>183</u>	<u>147</u>

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2025

**Analysis of expenditure on charitable activities**

This Charity undertakes direct charitable activities only and does not make grant payments.

	Staff costs		Other Costs		2025	2024
	Unrestricted	Restricted	Unrestricted	Restricted	Total	Total
	£	£	£	£	£	£
Direct Charitable expenditure	92,757	77,975	2,737	7,360	180,829	210,474
Commercial trading operations	-	-	-	-	-	-
Cost of generating funds	-	-	1,067	-	1,067	1,094
Governance	-	-	-	-	-	1,500
Exceptional Items	-	-	-	-	-	-
Total resources expended	92,757	77,975	3,804	7,360	181,896	213,068

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2025**

**Other costs**

	<b>2025</b>	<b>2025</b>	<b>2025</b>	<b>2024</b>
	<b><u>Unrestricted</u></b>	<b><u>Restricted</u></b>	<b>Total</b>	<b>Total</b>
	£	£	£	£
<b>Premises costs :</b>				
Accommodation (Rent/Utilities/Cleaning)	12,910	7,664	20,574	19,775
<b>Communications costs :</b>				
Telephone & internet	574	2,398	2,972	1,118
Printing, postage & stationery	224	667	891	2,455
	<u>798</u>	<u>3,065</u>	<u>3,863</u>	<u>3,573</u>
<b>General office costs :</b>				
Staff & volunteers travel	1,432	376	1,808	1,064
Staff & volunteers expenses	1,531	471	2,002	156
Professional fees & subscriptions	2,682	3,000	5,682	6,069
Insurance	330	956	1,286	-
Repairs, maintenance & support contracts	339	2,554	2,893	6,252
Publications, advertising & recruitment	1,276	663	1,939	440
Training costs	965	645	1,610	405
General office & miscellaneous expenses	815	729	1,544	2
Vehicle costs	-	-	-	-
Equipment	-	-	-	20,729
Depreciation	-	-	-	-
Bad Debts	-	-	-	-
	<u>9,370</u>	<u>9,394</u>	<u>18,764</u>	<u>35,117</u>
<b>Total costs</b>	<u>23,078</u>	<u>20,123</u>	<u>43,201</u>	<u>58,465</u>
Charitable Activities	23,078	20,123	43,201	58,465
Fundraising Costs	1,067	-	1,067	257
Governance	-	-	-	1,050
	<u>24,145</u>	<u>20,123</u>	<u>44,268</u>	<u>59,772</u>

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2025

**7 Analysis of staff costs**

	<u>2025</u>	<u>2024</u>
	<u>Total</u>	<u>Total</u>
	£	£
Salaries & wages	132,536	146,348
Social security costs	6,503	5,926
Pension Costs - Stakeholder Pension	2,917	2,329
Redundancy	-	-
	<u>141,956</u>	<u>154,603</u>

No employees had benefits in excess of £60,000 (2024 - no employees had employee benefits)

.

The average number of staff employed by the group during the financial year amounted to :

7

No trustees received any remuneration

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2025

**8 Movement in total funds for the year**

Operating surplus/deficit is stated after charging :	2025 £	2024 £
Staff Pension Contributions	2,917	2,329
Depreciation	-	-
Accountancy Fees	4,844	4,320
	<u>7,761</u>	<u>4,320</u>

**9 Tangible fixed assets**

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2025

**10 Debtors**

	Charity 2025 £	Charity 2024 £
Trade debtors	5,412	10,129
Rent Deposit	2,900	2,900
Prepayments	4,075	4,000
	<u>12,387</u>	<u>17,029</u>

**11 Creditors - amounts falling due  
within one year**

	Charity	
	2025 £	2024 £
Trade creditors		
Other creditors		408
Pensions Payable	583	1,380
Taxation & Social Security	293	2,957
Net Wages		9,421
Accruals & deferred income (*)	86,414	23,925
	<u>87,290</u>	<u>38,091</u>

Arts for Life Project (UK)  
 COMPANY NO: CE017121  
 CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
 AS AT 31 MARCH 2025

**12 Reserves**

Fund movements:-	<u>2025</u>	<u>2024</u>
	£	£
General fund :	-	-
Balance 01 April 2024:	196,152	127,164
Movement in fund for the year	50,146	68,988
Balance at 31 March 2025:	<u>246,298</u>	<u>196,152</u>

**13 Restricted Funds**

	Balance b/f	Movement in Resources			Balance
	01.04.2024	Incoming	Outgoing	Transfers	31.03.2025
	£	£	£	£	£
The National Lottery	23,925	84,965	(68,408)	-	40,482
St James Place		10,000	(935)	-	9,065
Young Harrow Foundation		28,325	(28,325)	-	0
City Bridge		10,538			10,538
Hillingdon Council		20,169	(3,000)		17,169
Schreier Foundation		2,500	(55)		2,445
Tesco		1,125	(1,125)		0
Frustrated Communication		4,525	(1,810)		2,715
Harrow Change Makers		4,000		-	4,000
Jack Petchey		1,800	(1,800)	-	0
	<u>23,925</u>	<u>167,947</u>	<u>(105,458)</u>	<u>-</u>	<u>86,414</u>

The balance of these grants is showed in deferred income in the creditors note and showed in note 16

**Unrestricted Funds**

	Balance b/f	Movement in Resources			Balance
	01.04.2024	Incoming	Outgoing	Transfers	31.03.2025
	£	£	£	£	£
Girdlers		3,400	(3,400)		0
Pinner Rotary		1,000	(1,000)		0
	<u>0</u>	<u>4,400</u>	<u>(4,400)</u>	<u>-</u>	<u>0</u>

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2025**

**14 Pensions**

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in independently administered funds. The pension charge represents contributions payable by the company to the funds within the year. At the year end £582, (2024 £1,380) were owing to the pension companies. The pension charge of £2,917 (2024 £2,329) was made in respect of contributions made by the company to funds within the year.

**15 Financial commitments**

As at 31 March 2025 the charity has annual commitments under non-cancellable leases as follows

	Land and Buildings 2025 £	Office Equipment 2025 £	
Within 1 year	-	-	-
1 - 2 years	-	-	-
2 - 5 years	-	-	-
	-	-	-

**16 Analysis of Charity net assets between funds**

	Unrestricted Funds £	Restricted Fund £	2025 Total £
<b>Tangible</b>			
<b>Cash at bank</b>	321,201	-	<b>321,201</b>
<b>Other net</b>	11,511	(86,414)	<b>(74,903)</b>
	332,712	(86,414)	246,298

**17 Taxation**

The company is a registered charity and no provision is considered necessary for taxation

**18 Related Party Transactions**

There were no transactions with related parties during the year and no balances outstanding with any related parties

**19 Events after the balance sheet date**

The trustees are monitoring the ever changing situation. The trustees are confident they have enough funds going forward

# S & E ACCOUNTING

KEEPING IT SIMPLE AND EFFICIENT

25<sup>th</sup> October 2025

FAO PENNY ERICSON  
Arts For Life Project (UK)  
Forge House  
Forge Lane  
Northwood  
HA6 1DP

Dear Sirs

**Re Independent Accountants Review Report for 2024 2025 Arts For Life Project (UK)**  
**Charity No: 1182882**

We write to you in connection to your instruction to conduct an independent review of the financial records for the above.

As the Charity Trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

We report in respect of the examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out the examination, we have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

We have completed the examination and can confirm that no material matters have come to our attention in connection with the examination which give us cause to believe that, any material respect

\*\*\*\* Accounting records were not kept in accordance with section 130 of the Act or  
\*\*\*\* The accounts do not accord with the accounting records

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn to enable a proper understanding of the accounts to be reached

Trusting that you are happy with our service we look forward to working with you again next year, but if you do have any questions, please do not hesitate to contact us.

Yours sincerely



Steve Phillips  
**MAAT**



**ARTS FOR LIFE PROJECT (UK)**

England & Wales - Charity number 1182882

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# Accounts

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**Arts For Life Project (UK)  
Report and Financial Statements for the Year Ended 31 March 2024**

**Charity number 1182882**



# **Arts For Life Project (UK)**

## **Report of the Management Committee for the year ended 31 March 2024**

The Management Committee presents its directors' report and audited financial statements for the year ended 31 March 2024.

### **Reference and Administrative Information**

**Charity Name:**

Arts For Life project

**Charity registration**

(UK) 1182882

**number: Registered**

8 Rickmansworth Road, Pinner HA5 2ST

**Office:**

Forge House, Forge Lane, Northwood, Middx

**Operational Address:**

HA6 1DP

### **Board of Trustees:**

Penny Ericson      Chair

Jonathon Grosskopf  
Treasurer

Emma Matthews    Secretary

Dahlia Basrawi

John Cadman

Jeff Rollason

### **Senior Management Team:**

Beth Gevell      Director

### **Bankers**

Barclays Bank Plc, WEMBLEY & PARK ROYAL 2, LEICESTERSHIRE, LE87 2BB

The Cooperative Bank, PO Box 250, Skelmersdale, WN8 6TW

## **Our Aims and Objectives**

### Purposes and Aims

Our charity's purpose, as set out in the objectives contained in the charity's constitution, is to facilitate relief and support for challenged children and young people between the ages of 8 — 25 years old, including their families, carers and support networks. We do this primarily through using the integrative arts in therapy and education.

We aim to:

- Provide specialised combined arts and mental health based services
- Relieve the pressures of day to day life for children with challenges, as well as their families/carers
- Help young people – especially, but not exclusively - through art based activities and therapy, by providing a safe environment for them to relax, learn and benefit
- Ensure affordable access to proactive mental health support for the wider community.
- Encourage proactive mental health development and support through an arts-based approach
- Develop and create opportunities for open communication for young people and their parents/carers
- Create opportunities for partnership with other agencies and support services, providing information, advice and raising awareness to develop a whole new approach to youth and mental health
- Be all inclusive, accepting children and their families from every walk of life within the Greater London area

Our aims fully reflect the purposes that the charity was set up for.

#### Ensuring our work delivers our aims

We review our aims, objectives and activities each year. This review looks at what we have achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aims, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

#### The focus of our work

A great many young people suffer from poor mental health and experience problems such as social isolation, depression and anxiety. Therefore, our objective is to continue to help these vulnerable young people and their families to feel more engaged and less isolated. Arts for Life continues to support families experiencing a mental health crisis,

helping to prevent community disengagement, anti-social behavior and co-morbid conditions.

The strategies we use to meet these objectives include:

- Providing a range of programmes which are reflective of our participants' needs and address the potential problems related to special educational needs and mental wellbeing. Within a nurturing group setting, each session provides young people with a safe space to explore and benefit from the therapeutic impact of artistic expression. Through an array of enjoyable, relaxed activities, participants build emotional intelligence and develop proactive mental health skills—gently guided, yet subtly interwoven into every moment of fun and discovery.
- Limiting the potential for isolation which comes with complex needs, not only for the individual but also their family, friends and support network.
- Working in partnership with other agencies to secure the widest range of services to best match the needs of its participants.

## How our activities deliver public benefit

Our main activities and who we try to help are described below.

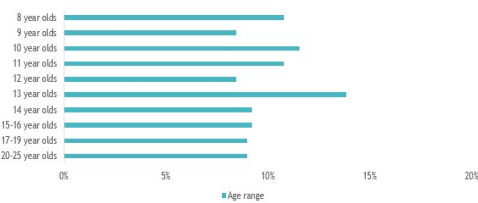
All our charitable activities focus on the reduction in social isolation & community disengagement, and the risks of mental health crisis in young people aged 8 – 25 years. Our activities are undertaken to further our charitable purposes for the public benefit.

### Who uses and benefited from our services?

Participants are 8-25 year olds who have social, emotional, behavioural & communication challenges.

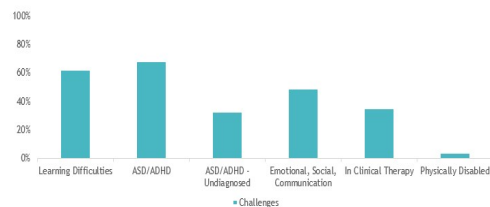
Our participant numbers over the period 2023 – 2024 continued to grow. This, as well as the increased needs of participants, has led us to further expand our staff and volunteers, as well as our service days.

We have more than 170 young people aged between 8 and 25 attend every week



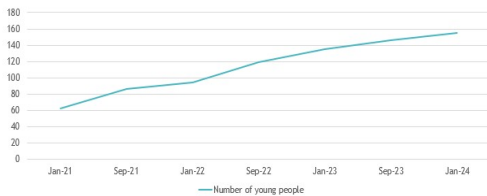
2

Our young people come to us with a wide range of challenges



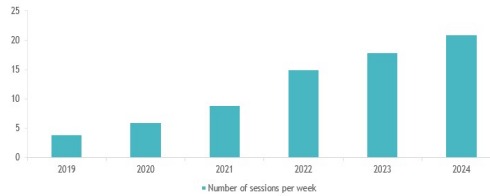
3

Growth in demand for our services is steadily climbing



7

And we're meeting that demand with more and more Creative Crew sessions each week



5

In 2023 – 2024, the charity continued to support the families and siblings of participants. This was through our "stay and chat" cafe where we have a parent/carer support worker, as well as through talks and parent/family well-being sessions.

## Our services and benefit

Our services provide a vital role within the community, supporting young people between 6-25 years and their families who find themselves on the margins of society due to mental health challenges, learning challenges and special educational needs.

Our services offer both grant-funded spaces and paid-for spaces, and are means-tested to offer the service to the wider community.

Through the therapeutic value of the creative arts, Arts for Life has made a significant difference in the lives of many challenged youngsters.

What our users say:

### **Age 10**

*I really enjoy arts 4 life because I feel safe around everyone there. Everyone tries to make it enjoyable for me. I have a lot of friends there.*

*I have a lot of anxiety and being in the centre with you all has been great as you have all helped me and supported me in trying to conquer my anxiety.*

*This has really helped me a lot and I want it to stay this way. I have a lot of good times and have made a lot of happy memories.*

*I have a lot of trust in the adults that take care of me and others whilst we are together. I would be lost without Arts 4 Life and the lovely humans who make it fun and awesome.*

### **Age 12**

*Hi, my name is Freya and on a Wednesday I go to arts for life. I love arts for life it defiantly helps me with a lot of things. I feel safe at arts for life. It helps me calm down and relax. When I am at arts for life I feel like all of the weight is taken of my shoulders. When I was in year 4 I was diagnosed with autism spectrum disorder. When I am at arts for life I feel safe to talk about it and tell the staff there about things that maybe I don't feel I can talk to with my friends. At arts for life I have made many pieces of art I feel really proud of myself. All this art has told me that even with dyslexia anything is possible. The staff are really kind and so are all the children.*

*At arts for life, I have made art with paint, glue, pens, pencils and even a special mixture involving hand gel! I am soooooooo glad I found arts for life, and now I hope to stay and make more amazing work and art.*

### **Age 17 - Creative Crew & Volunteer**

*"Before I joined arts for life I felt lost and thought I had no direction and no one to talk to. I struggled with my feelings and emotions so much that it was affecting my social life and my mental health. I was scared to express myself and wasn't sure how to. At arts for life Beth and others helped me realise that my feelings were perfectly normal and that arts for life was a safe space to express them, they also helped me understand why I was feeling a certain way and what I could do to make me feel better or what a safe way to express myself could look like. I have suffered so many awful things and being adopted has been something that I have never been able to understand. In my new family I then had to deal with my Dad being an alcoholic and abusing me and my mum and now I don't get on with her well. I did try to go to CAHMS but it didn't work for me, then I started Therapy with Debbie as well as going to Creative Crew and this really has helped me grow in so many ways. I am now back at school, I got 4 GCSE's which is mad as I thought I was going to end up in jail at one point as the police were always called to come to find me when I ran away.*

*Now I'm nearly 18 and have a much better understanding of my feelings and emotions than I did when I first started. I can now safely express my emotions and understand*

*why I felt the way I did. It has helped me a lot mentally, emotionally and has had a very positive impact on my social life too. I know it sounds lame but arts for life have literally saved my life. Now I help out once a week and sometimes I see myself in some of the children and I can support them because I was like them too a few years ago."*

## **PARENT**

*Our family have been involved with Arts for Life for two years. I write our family because, although it's our daughter who attends weekly sessions, the support reaches beyond a weekly art session. Beth and the team are undoubtedly always with us to support us and to make us feel heard, seen, and most importantly, not judged. It has been a lifeline at some difficult moments.*

*Our daughter has been able to navigate burnout through the gentle, caring environment of Arts for Life. She looks forward to the hour per week when she can be herself and is accepted for that. She is made to feel welcome, valued and part of the team. Her strengths are seen. She has produced some fabulous pieces of art which allow her a sense of success and the feeling of achievement.*

*For many families like ours, it can be a frightening and lonely journey to navigate the challenges of managing a child with a neurodiverse presentation. Arts for Life is such an incredible resource in enabling families to feel supported and reassured and we are very grateful to have had this support for the past few years*

## **Financial Review**

Arts For Life Project continued to see an increase in the demand for services and an extension of services to the community.

The charity continues to grow and source additional funds to cover the increase in need and our developing services. With the aid of sound financial management and the support of its board, staff and volunteers, the charity has had a very good year. Net surplus after operating expenses dipped slightly from £76,434 to £68,988. However, this still leaves the charity in a strong financial position with total equity increasing from £127,164 in 2023 to £196,152 in 2024

### Reserves Policy

The Management Committee has examined the charity's requirements for reserves in light of its main risks. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 3 and 6 months of the expenditure. The reserves are needed to meet the working capital requirements of the charity and the Board of Trustees are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding.

### Structure, Governance and Management Governing Document

The organisation is a charitable incorporated organisation, incorporated on 9 April 2019. The charity was established under a constitution which established the objects and powers of the charity.

### **Recruitment and Appointment of Board of Trustees**

The Board of Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting. All members of the Board of Trustees give their time voluntarily and receive no benefits from the charity.

### Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity through volunteering at activities and fundraising events.

New trustees are invited and encouraged to attend an induction session to familiarise themselves with the charity and the context within which it operates.

### Risk Management

The Board of Trustees continues to review of the major risks to which the charity is exposed. This forms part of our strategy plan and the risk register is reviewed at every trustee board meeting. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures and policies are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. These are periodically reviewed to ensure that they continue to meet the needs of the charity.

## Organisational Structure

The Arts For Life Project has a Board of Trustees of 6 members who meet quarterly and are responsible for the strategic direction and policy of the charity. At present the board has members from a variety of professional backgrounds relevant to the work of the charity. A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the Chair of Trustees along with the Directors. The Directors are responsible for ensuring that the charity delivers the services specified and that key performance indicators are met, along with the responsibility for the day to day operational management of the Centre, individual supervision of the staff team and also ensuring that the team continue to develop their skills and working practices in line with good practice.

Responsibilities of the Management Committee Company law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charity as at the balance sheet date, and of its incoming resources and application of resources, including income and expenditure, for the financial year.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities. Approved and signed off electronically by the Board of Trustees on 8<sup>th</sup> August 2024 and signed on its behalf by: Mrs P Ericson

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882



**S & E ACCOUNTING**  
KEEPING IT SIMPLE AND EFFICIENT

25<sup>th</sup> October 2024

Arts For Life Project (UK)  
Forge House  
Forge Lane  
Northwood  
HA6 1DP

Dear Sirs

**Re Independent Accountants Review Report for 2023 2024 Arts For Life Project (UK)**  
**Charity No: 1182882**

We write to you in connection to your instruction to conduct an independent review of the financial records for the above.

As the Charity Trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

We report in respect of the examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out the examination, we have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

We have completed the examination and can confirm that no material matters have come to our attention in connection with the examination which give us cause to believe that, any material respect

\*\*\*\* Accounting records were not kept in accordance with section 130 of the Act or  
\*\*\*\* The accounts do not accord with the accounting records

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn to enable a proper understanding of the accounts to be reached

Trusting that you are happy with our service we look forward to working with you again next year but if you do have any questions, please do not hesitate to contact us.

Yours sincerely



Steve Phillips  
**MAAT**

88A HENWICK ROAD  
ST JOHNS



**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**

**FOR YEAR ENDED 31 MARCH 2024**

	Note			Total	Total
		Unrestricted	Restricted	Funds	Funds
		Funds	Funds	2024	2023
		£	£	£	£
<b>Incoming resources</b>					
Income from Charitable Services	2	125,403	157,813	<b>283,216</b>	149,328
<i>Activities for generating funds</i>					
Operations					
Investment income	4	147	-	<b>147</b>	27
<i>Incoming resources from</i>					
<b>Total Income and endowments</b>		<b>125,550</b>	<b>157,813</b>	<b>283,363</b>	<b>149,355</b>
<b>Expenditure</b>					
<i>Cost of generating funds</i>					
Fund raising costs	5	0	257	<b>257</b>	1,094
Sub total cost of generating funds		0	-	257	1,094
<i>Charitable activities</i>					
Cost of charitable activities	5	55,512	157,556	<b>213,068</b>	70,777
Governance costs	5	1,050	0	<b>1,050</b>	1,050
Exceptional Item	5	-	-	-	0
<b>Total Expenditure</b>		<b>56,562</b>	<b>157,813</b>	<b>214,375</b>	<b>72,921</b>
<b>Net income / (expenditure)</b>		<b>68,988</b>	<b>0</b>	<b>68,988</b>	<b>76,434</b>
<b>Reconciliation of Funds</b>					
Fund balances at 1 April 2023		127,164	0	<b>127,164</b>	50,730
<b>Transfer between funds</b>					
<b>Fund Balances at 31 March 2024</b>		<b>196,152</b>	<b>0</b>	<b>196,152</b>	<b>127,164</b>

These financial statements have been prepared in accordance with the financial reporting standards for smaller entities  
The Company is exempt from audit under CA 2006, s.477 (small companies)  
The members have not required the company to obtain an audit of its accounts for the year in question in accordance with CA 2006, s 476 and  
The directors acknowledge their responsibilities for complying with the requirements of CA 2006 with respect to accounting records and preparation of the accounts. S. 472(2)-(3)

These financial statements were approved by the members of the board of trustees on 8 August 2024 and are signed on their behalf by:

**Penny Ericson**

**Chair**

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**BALANCE SHEET**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**

**Consolidated and Charity Balance Sheets**

**Year Ended 31st March 2024**

		<b>Charity</b>	
	<b>Note</b>	<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
<b>Fixed assets</b>			
Tangible assets	9	-	-
		-	-
<b>Current assets</b>			
Debtors	10	17,029	41,044
Cash at bank and in hand		217,214	145,246
		234,243	186,290
<b>Creditors – amounts falling due within one year</b>	11	(38,091)	(59,126)
<b>Net current assets</b>		196,152	127,164
<b>Total assets less current liabilities</b>		196,152	127,164
<b>Unrestricted funds</b>			
General	12	196,152	127,164
<b>Restricted funds</b>			
	13	-	-
		196,152	127,164

These financial statements have been prepared in accordance with the financial reporting standards for smaller entities

The Company is exempt from audit under CA 2006, s.477 (small companies)

with CA 2006, s 476 and

The directors acknowledge their responsibilities for complying with the requirements of CA 2006 with respect to accounting records and preparation of the accounts. S. 472(2)-(3)

signed on their behalf by:

**Penny Ericson**  
**Chair**

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2024

**1. Accounting policies**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) - (Charities SORP (FRS 102)).

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

The trustees anticipate that there will be sufficient unrestricted reserves for the charity to continue as a going concern and therefore the financial statements are prepared on a going concern basis under the historical cost convention, modified to include the revaluation of investments. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

The accounts have been prepared on the historic cost basis.

**Funds**

Funds held by the charity are either:

- Unrestricted general funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.
- Designated funds - these are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.
- Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income has been met, it is probable that income will be received and the amount can be measured reliably. Such income is only deferred when:

- The donor specifies that the grant or donation must be used in future accounting periods, or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Income from commercial trading activities is recognised as earned (as the related goods and services are provided).

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**Interest receivable**

Interest is included when receivable by the charity.

**Expenditure and irrecoverable VAT**

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of an estimate of the proportion of time spent by staff on those activities.

**Allocation of support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources. Support costs include back office costs, personnel and payroll.

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2024**

**Pension costs**

The company operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the company. The annual contributions payable are charged to the income and expenditure account.

**Redundancy costs**

Following the accrual accounting methodology, liabilities for redundancy and termination payments are recognised when the obligation to make the payment arises and not when the payments are made.

**Governance costs**

Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory accounts and legal fees.

**Operating leases**

Rentals payable under operating leases are charged in the Statement of Financial Activities as incurred.

**Tangible fixed assets**

Tangible fixed assets are capitalised at cost and depreciated so as to write them off over their anticipated useful lives at the following annual rates, commencing in the year of acquisition:

Fixtures and fittings	25% reducing balance
Motor vehicles	25% straight line
Computer and office equipment	25% straight line

**Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account

**Provisions**

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefit will be required in settlement and the amount can be reliably estimated.

**Tax**

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

**Legal status**

Arts for Life UK is a Charitable Incorporated Organisation and is registered with the charities commission

**Judgements and key sources of estimation uncertainty**

In the application of the charitable accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2024**

**2**      **Income from charitable services**

Grants and service level agreement receivable	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total</b>	<b>Total</b>
			<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
National Lottery	-	98,238	98,238	30,783
Grants other than National Lottery	3,174	35,978	39,152	29,349
Income from donations and fundraising	26,117		26,117	10,515
Income from Projects	18,380	23,597	41,977	54,897
Income from Clients	77,732		77,732	23,784
	<u>125,403</u>	<u>157,813</u>	<u>283,216</u>	<u>149,328</u>

**3 Operations**

Operations revenue consists of contributions towards operating costs from service users

**4 Investment Income**

	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
			<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Interest on fixed and notice bank accounts	147	-	147	27
	<u>147</u>	<u>-</u>	<u>147</u>	<u>27</u>

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2024**

**Analysis of expenditure on charitable activities**

This Charity undertakes direct charitable activities only and does not make grant payments.

	Staff costs		Other Costs		2024	2023
	Unrestricted	Restricted	Unrestricted	Restricted	Total	Total
	£	£	£	£	£	£
Direct Charitable expenditure	40,893	111,116	12,025	46,440	210,474	56,390
Commercial trading operations	-	-	-	-	-	-
Cost of generating funds	1,094	-	-	-	1,094	1,094
Governance	1,500	-	-	-	1,500	1,500
Exceptional Items	-	-	-	-	-	-
<b>Total resources expended</b>	<b>43,487</b>	<b>111,116</b>	<b>12,025</b>	<b>46,440</b>	<b>213,068</b>	<b>58,984</b>

**Other costs**

	<u>2024</u>	<u>2024</u>	<u>2024</u>	<u>2023</u>
	Unrestricted	Restricted	Total	Total
	£	£	£	£
<b>Premises costs :</b>				
Accommodation (Rent/Utilities/Cleaning)	4,744	15,031	19,775	10,168
<b>Communications costs :</b>				
Telephone & internet	579	539	1,118	-
Printing, postage & stationery	108	2,347	2,455	1,195
	687	2,886	3,573	1,195
<b>General office costs :</b>				
Staff & volunteers travel	524	540	1,064	366
Staff & volunteers expenses	100	56	156	37
Professional fees & subscriptions	3,270	2,799	6,069	580
Insurance	-	-	-	-
Repairs, maintenance & support contracts	1,831	4,421	6,252	2,001
Publications, advertising & recruitment	-	440	440	-
Training costs	13	392	405	40
General office & miscellaneous expenses	2	-	2	-
Vehicle costs	-	-	-	-
Equipment	854	19,875	20,729	-
Depreciation	-	-	-	-
Bad Debts	-	-	-	-
	6,594	28,523	35,117	3,024
<b>Total costs</b>	<b>12,025</b>	<b>46,440</b>	<b>58,465</b>	<b>14,387</b>
Charitable Activities	12,025	46,440	58,465	14,387
Fundraising Costs	-	257	257	1,094
Governance	1,050	-	1,050	1,050
	13,075	46,697	59,772	16,531

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2024

**7 Analysis of staff costs**

	<b><u>2024</u></b>	<b><u>2023</u></b>
	<b><u>Total</u></b>	<b><u>Total</u></b>
	<b>£</b>	<b>£</b>
Salaries & wages	146,348	45,299
Social security costs	5,926	2,671
Pension Costs - Stakeholder Pension	2,329	2,680
Redundancy	-	-
	<u>154,603</u>	<u>50,650</u>

No employees had benefits in excess of £60,000 (2023 - no employees had employee benefits)

.

The average number of staff employed by the group during the financial year amounted to :

7

No trustees received any remuneration

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2024

**8 Movement in total funds for the year**

Operating surplus/deficit is stated after charging :	2024 £	2023 £
Staff Pension Contributions	2,329	2,680
Depreciation	-	-
Accountancy Fees	4,320	1,948
	<u>6,649</u>	<u>4,628</u>

**9 Tangible fixed assets**

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2024

**10 Debtors**

	Charity 2024 £	Charity 2023 £
Trade debtors	10,129	33,794
Rent Deposit	2,900	2,900
Prepayments	4,000	4,350
	<u>17,029</u>	<u>41,044</u>

**11 Creditors - amounts falling due  
within one year**

	Charity 2024 £	Charity 2023 £
Trade creditors		1,231
Other creditors	408	373
Pensions Payable	1,380	1,421
Taxation & Social Security	2,957	35
Net Wages	9,421	
Accruals & deferred income (*)	23,925	56,066
	<u>38,091</u>	<u>59,126</u>

Arts for Life Project (UK)  
 COMPANY NO: CE017121  
 CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
 AS AT 31 MARCH 2024

**12 Reserves**

Fund movements:-	<u>2024</u>	<u>2023</u>
	£	£
General fund :	-	-
Balance 01 April 2023:	127,164	76,434
Movement in fund for the year	68,988	50,730
Balance at 31 March 2024:	<u>196,152</u>	<u>127,164</u>

**13 Restricted Funds**

	Balance b/f	Movement in Resources			Balance
	01.04.2023	Incoming	Outgoing	Transfers	31.03.2024
	£	£	£	£	£
The National Lottery	24,328	97,835	(98,238)	-	23,925
Nhs Cafe	6,597		(6,597)	-	0
Young Harrow Foundation		20,000	(20,000)		0
Hillingdon Council		17,000	(17,000)		0
John Lyons		3,000	(3,000)		0
Tesco		500	(500)		0
Frustrated Communication		4,150	(4,150)		0
Heathrow Community Trust		188	(188)	-	0
Jack Petchey	4,040	4,100	(8,140)	-	0
	<u>34,965</u>	<u>146,773</u>	<u>(157,813)</u>	<u>-</u>	<u>23,925</u>

The balance of these grants is showed in deferred income in the creditors note and showed in note 16

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2024**

**14 Pensions**

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in independently administered funds. The pension charge represents contributions payable by the company to the funds within the year. At the year end £1380, (2023 £1,421) were owing to the pension companies. The pension charge of £2,329 (2023 £2,680) was made in respect of contributions made by the company to funds within the year.

**15 Financial commitments**

As at 31 March 2024 the charity has annual commitments under non-cancellable leases as follows

	Land and Buildings 2024 £	Office Equipment 2024 £
Within 1 year	-	-
1 - 2 years	-	-
2 - 5 years	-	-
	-	-
	-	-

**16 Analysis of Charity net assets between funds**

	Unrestricted Funds £	Restricted Fund £	2024 Total £
<b>Tangible</b>			
<b>Cash at bank</b>	217,214	-	<b>217,214</b>
<b>Other net</b>	(1,137)	(23,925)	<b>(25,062)</b>
	216,077	(23,925)	<b>192,152</b>
	216,077	(23,925)	<b>192,152</b>

**17 Taxation**

The company is a registered charity and no provision is considered necessary for taxation

**18 Related Party Transactions**

There were no transactions with related parties during the year and no balances outstanding with any related parties

**19 Events after the balance sheet date**

The trustees are monitoring the ever changing situation. The trustees are confident they have enough funds going forward

# S & E ACCOUNTING

KEEPING IT SIMPLE AND EFFICIENT

25<sup>th</sup> October 2024

Arts For Life Project (UK)  
Forge House  
Forge Lane  
Northwood  
HA6 1DP

Dear Sirs

**Re Independent Accountants Review Report for 2023 2024 Arts For Life Project (UK)**  
**Charity No: 1182882**

We write to you in connection to your instruction to conduct an independent review of the financial records for the above.

As the Charity Trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

We report in respect of the examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out the examination, we have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

We have completed the examination and can confirm that no material matters have come to our attention in connection with the examination which give us cause to believe that, any material respect

\*\*\*\* Accounting records were not kept in accordance with section 130 of the Act or  
\*\*\*\* The accounts do not accord with the accounting records

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn to enable a proper understanding of the accounts to be reached

Trusting that you are happy with our service we look forward to working with you again next year, but if you do have any questions, please do not hesitate to contact us.

Yours sincerely



Steve Phillips  
**MAAT**



**ARTS FOR LIFE PROJECT (UK)**

England & Wales - Charity number 1182882

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# Accounts

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## Arts For Life Project (UK)

Report and Financial Statements For  
the Year Ended 31 March 2023

Charity number 1182882

# Arts For Life Project (UK)

## Report of the Management Committee for the year ended 31 March 2023

The Management Committee presents its directors' report and audited financial statements for the year ended 31 March 2023.

### Reference and Administrative Information

**Charity Name:**

Arts For Life project (UK)

**Charity registration number:**

1182882

**Registered Office:**

8 Rickmansworth Road, Pinner HA5 2ST

**Operational Address:**

Forge House, Forge Lane, Northwood, Middx HA6 1DP

### Board of Trustees:

Penny Ericson                      Chair

Ruth Howe                      Treasurer  
(Resigned 31 August 2023)

Emma Matthews                  Secretary

Dahlia Basrawi

Heather Johnston

### Senior Management Team:

Beth Gevell                      Director

Jacqui Dennaforde              Director - Clinical & Development (to September 2022)

### Bankers

Barclays Bank Plc, WEMBLEY & PARK ROYAL 2, LEICESTERSHIRE, LE87 2BB

### Our Aims and Objectives

#### Purposes and Aims

Our charity's purposes as set out in the objects contained in the charity's constitution are to:

The relief of need of children and young people between the ages of 6 — 25yrs old, including families, carers and their supportive network, living in Greater London and the surrounding areas.

We do this in particular through the provision of support services through using the integrative arts in therapy and education.

- To provide specialised combined arts and mental health based services.
- To relieve the pressures of day to day life for children with challenges and their families/carers
- To help young people - especially but not exclusively - through Art based activities and therapy, by providing a safe environment for them to relax, learn and benefit.
- To ensure affordable access to proactive mental health support for the wider community.
- To encourage proactive mental health development and support through an arts-based approach.
- To develop and create opportunities for open communication for young people and their parents/carers
- To create opportunities for partnership with other agencies and support services, providing information, advice and raising awareness to develop a whole new approach to youth and mental health.
- To be all inclusive, accepting children and their families from every walk of life within the Greater London area.

Our aims fully reflect the purposes that the charity was set up for.

### Ensuring our work delivers our aims

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

### The focus of our work

A great many young people continued to feel the negative effects of Covid, such as social isolation and increased anxiety. Therefore, our objective was to continue to help these vulnerable young people and their families to feel more engaged and less isolated. Arts for Life continued to support families experiencing a mental health crisis to prevent community disengagement, anti-social behavior and co-morbid conditions.

The strategies we used to meet these objectives included:

- Providing a range of programmes which are reflective of our participants' needs and address the potential problems related to special educational needs and mental wellbeing.  
  
Limiting the potential for isolation which comes with complex needs, not only for the individual but also their family and friends and the wider community of Arts For Life Project.
- Working in partnership with other agencies to secure the widest range of services to best match the needs of its participant population.

## How our activities deliver public benefit

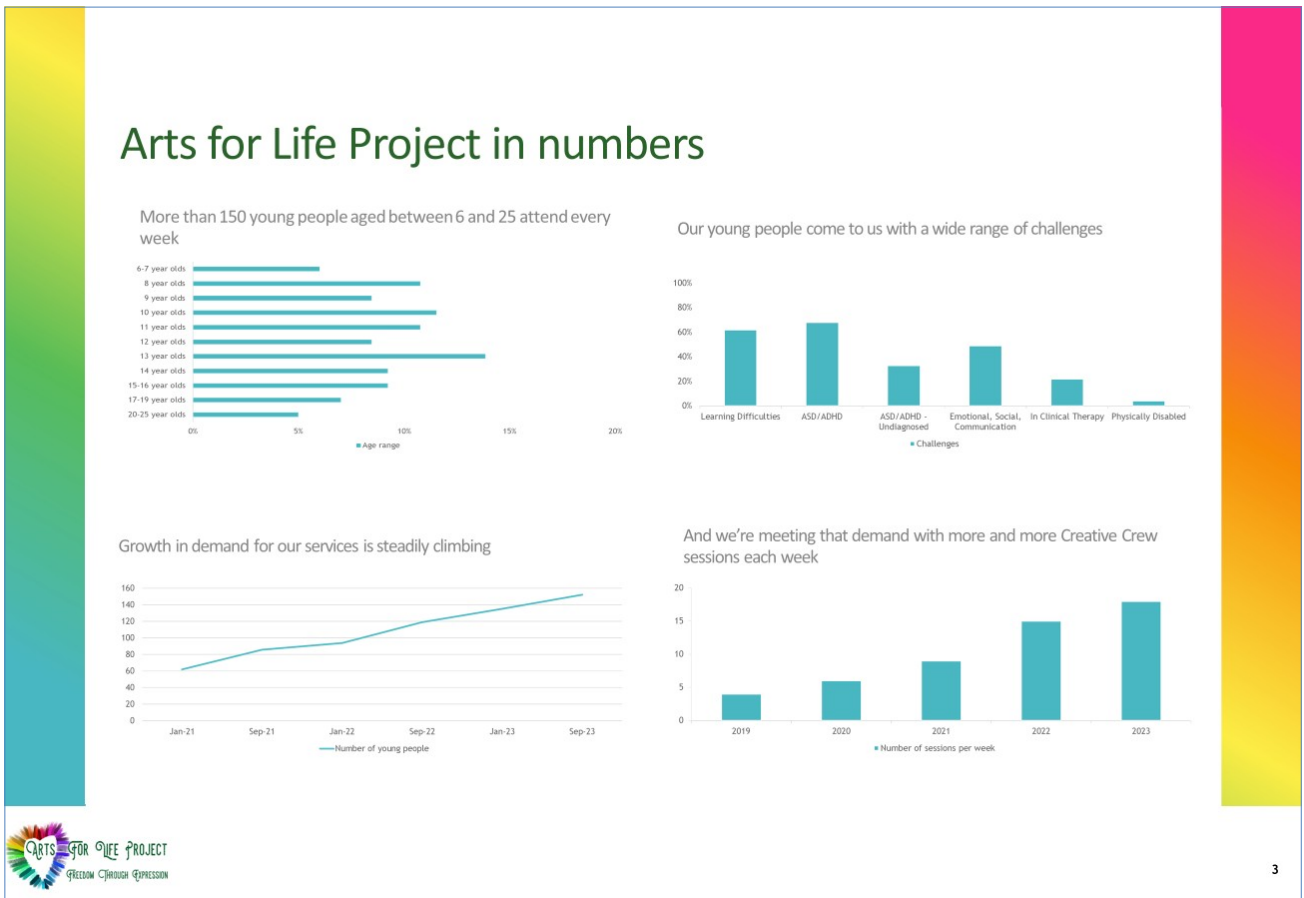
Our main activities and who we try to help are described below.

All our charitable activities focus on the reduction in social isolation & community disengagement, and the risks of mental health crisis in young people aged 6 — 25 years. Our activities are undertaken to further our charitable purposes for the public benefit.

### Who uses and benefited from our services?

Participants are hard-to-reach 6-25 year olds who have social, emotional, behavioural & communication challenges.

Participant numbers over 2022 — 2023 saw an average 12% increase over core programmes. This, as well as the increased needs of participants, lead to an expansion in staff and service days.



In 2022 - 2023 the charity continued to support the families and siblings of participants. This was through the "stay and chat" cafe with a parent/carer support worker as well as through talks and parent/family well-being sessions.

### Our services and benefit

Our services provide a vital role within the community supporting young people between 6-25 years and their families who find themselves on the margins of society through mental health challenges, learning challenges and special educational needs. The charity supports their emotional health & wellbeing through the therapeutic value of the creative arts.

Our services offer both grant-funded spaces and paid-for spaces and are means-tested to offer the service to the wider community.

### **Financial Review**

Arts For Life Project continued to see an increase in the demand for services and an extension of services to the community. The organization has continued to grow and adapt to reflect this.

The charity continues to grow and source additional funds to cover the increase in need and our developing services. With the aid of sound financial management and the support of its board, staff and volunteers, the charity has had a very good year. Net surplus after operating expenses rose from 36,155 to 50,730. This leaves the charity in a strong financial position with total equity increasing from 50,739 in 2022 to 127,164 in 2023.

### Reserves Policy

The Management Committee has examined the charity's requirements for reserves in light of its main risks. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 3 and 6 months of the expenditure. The reserves are needed to meet the working capital requirements of the charity and the Board of Trustees are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding.

### Plans for Future Periods

The charity plans continuing their current activities in the forthcoming years subject to satisfactory funding arrangements. Plans are also being developed to work on a number of schemes with social partners including NHS and Statutory services contracts alongside developing the clinical support of the organisation through in-house and outreach therapeutic support services.

Focus for this development is to continually develop partnerships with supporting services to streamline family support and encourage community working within the professional and the family structures.

## Structure, Governance and Management Governing Document

The organisation is a charitable incorporated organisation, incorporated on 9 April 2019.

The charity was established under a constitution which established the objects and powers of the charity.

### **Recruitment and Appointment of Board of Trustees**

The Board of Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting. All members of the Board of Trustees give their time voluntarily and receive no benefits from the charity.

### Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity through volunteering at activities and fundraising events.

New trustees are invited and encouraged to attend a series of short training sessions (of no more than an hour) to familiarise themselves with the charity and the context within which it operates. These are jointly led by the Directors of the charity and cover:

### Risk Management

The Board of Trustees is to carry out a review of the major risks to which the charity is exposed. A risk register has been established and is updated annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

### Organisational Structure

The Arts For Life Project has a Board of Trustees of 5 members who meet quarterly and are responsible for the strategic direction and policy of the charity. At present the board has members from a variety of professional backgrounds relevant to the work of the charity. A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the Chair of Trustees along with the Directors. The Directors are responsible for ensuring that the charity delivers the services specified and that key performance indicators are met, along with the responsibility for the day to day operational management of the Centre, individual supervision of the staff team and also ensuring that the team continue to develop their skills and working practices in line with good practice.

Responsibilities of the Management Committee Company law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charity as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board of Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The Board of Trustees is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities. Approved and signed off electronically by the Board of Trustees on 24<sup>th</sup> May 24, 2024 and signed on its behalf by: Mrs P Ericson

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882



**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**

**FOR YEAR ENDED 31 MARCH 2023**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
<b>Incoming resources</b>				
Income from Charitable Services	2	89,196	60,132	<b>149,328</b>
<i>Activities for generating funds</i>				
Operations				
Investment income	4	27	-	<b>27</b>
<i>Incoming resources from</i>				
<b>Total Income and endowments</b>		<b>89,223</b>	<b>60,132</b>	<b>149,355</b>
<b>Expenditure</b>				
<i>Cost of generating funds</i>				
Fund raising costs	5	1,094	-	<b>1,094</b>
Sub total cost of generating funds		1,094	-	1,094
<i>Charitable activities</i>				
Cost of charitable activities	5	11,695	59,082	<b>70,777</b>
Governance costs	5	-	1,050	<b>1,050</b>
Exceptional Item	5	-	-	-
<b>Total Expenditure</b>		<b>12,789</b>	<b>60,132</b>	<b>72,921</b>
<b>Net income / (expenditure)</b>		<b>76,434</b>	<b>-</b>	<b>76,434</b>
<b>Reconciliation of Funds</b>				
Fund balances at 1 April 2022		50,730	-	<b>50,730</b>
<b>Transfer between funds</b>				
<b>Fund Balances at 31 March 2023</b>		<b>127,164</b>	<b>-</b>	<b>127,164</b>

These financial statements have been prepared in accordance with the financial reporting standards for smaller entities  
The Company is exempt from audit under CA 2006, s.477 (small companies)  
The members have not required the company to obtain an audit of its accounts for the year in question in accordance with CA 2006, s 476 and  
The directors acknowledge their responsibilities for complying with the requirements of CA 2006 with respect to accounting records and preparation of the accounts. S. 472(2)-(3)

These financial statements were approved by the members of the board of trustees on 24 May 2024 and are signed on their behalf by:

**Penny Ericson**

**Chair**

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

BALANCE SHEET  
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

Consolidated and Charity Balance Sheets

Year Ended 31st March 2023

	Note	Charity <u>2023</u> £
<b>Fixed assets</b>		
Tangible assets	9	-
		<hr/>
		-
<b>Current assets</b>		
Debtors	10	41,044
Cash at bank and in hand		145,246
		<hr/>
		186,290
<b>Creditors – amounts falling due within one year</b>	11	(59,126)
		<hr/>
<b>Net current assets</b>		127,164
		<hr/>
<b>Total assets less current liabilities</b>		127,164
		<hr/> <hr/>
<b>Unrestricted funds</b>		
General	12	127,164
<b>Restricted funds</b>	13	-
		<hr/>
		<b>127,164</b>
		<hr/> <hr/>

These financial statements have been prepared in accordance with the financial reporting standards for smaller entities

The Company is exempt from audit under CA 2006, s.477 (small companies)

with CA 2006, s 476 and

The directors acknowledge their responsibilities for complying with the requirements of CA 2006 with respect to accounting records and preparation of the accounts. S. 472(2)-(3)

on their behalf by:

**Penny Ericson**  
Chair

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2023**

**1. Accounting policies**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) - (Charities SORP (FRS 102)).

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

The trustees anticipate that there will be sufficient unrestricted reserves for the charity to continue as a going concern and therefore the financial statements are prepared on a going concern basis under the historical cost convention, modified to include the revaluation of investments. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

The accounts have been prepared on the historic cost basis.

**Funds**

Funds held by the charity are either:

- Unrestricted general funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.
- Designated funds - these are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.
- Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income has been met, it is probable that income will be received and the amount can be measured reliably. Such income is only deferred when:

- The donor specifies that the grant or donation must be used in future accounting periods, or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Income from commercial trading activities is recognised as earned (as the related goods and services are provided).

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**Interest receivable**

Interest is included when receivable by the charity.

**Expenditure and irrecoverable VAT**

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of an estimate of the proportion of time spent by staff on those activities.

**Allocation of support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources. Support costs include back office costs, personnel and payroll.

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2023**

**Pension costs**

The company operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the company. The annual contributions payable are charged to the income and expenditure account.

**Redundancy costs**

Following the accrual accounting methodology, liabilities for redundancy and termination payments are recognised when the obligation to make the payment arises and not when the payments are made.

**Governance costs**

Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory accounts and legal fees.

**Operating leases**

Rentals payable under operating leases are charged in the Statement of Financial Activities as incurred.

**Tangible fixed assets**

Tangible fixed assets are capitalised at cost and depreciated so as to write them off over their anticipated useful lives at the following annual rates, commencing in the year of acquisition:

Fixtures and fittings	25% reducing balance
Motor vehicles	25% straight line
Computer and office equipment	25% straight line

**Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account

**Provisions**

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefit will be required in settlement and the amount can be reliably estimated.

**Tax**

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

**Legal status**

Arts for Life UK is a Charitable Incorporated Organisation and is registered with the charities commission

**Judgements and key sources of estimation uncertainty**

In the application of the charitable accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2023**

**2**      **Income from charitable services**

Grants and service level agreement receivable	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>
National Lottery	-	30,783	30,783
Grants other than National Lottery	-	29,349	29,349
Income from donations and fundraising	10,515	-	10,515
Income from Projects	54,897	-	54,897
Income from Clients	23,784	-	23,784
	<u>89,196</u>	<u>60,132</u>	<u>149,328</u>

**3 Operations**

Operations revenue consists of contributions towards operating costs from service users

**4 Investment Income**

	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Interest on fixed and notice bank accounts	27	-	27
	<u>27</u>	<u>-</u>	<u>27</u>

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2023**

**Analysis of expenditure on charitable activities**

This Charity undertakes direct charitable activities only and does not make grant payments.

	<b>Staff costs</b>		<b>Other Costs</b>		<b>2023</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Direct Charitable expenditure	11,541	39,109	-	5,740	56,390
Commercial trading operations	-	-	-	-	-
Cost of generating funds	-	-	1,094	-	1,094
Governance	-	-	-	1,500	1,500
Exceptional Items	-	-	-	-	-
<b>Total resources expended</b>	<b>11,541</b>	<b>39,109</b>	<b>1,094</b>	<b>7,240</b>	<b>58,984</b>

**Other costs**

	<b><u>2023</u></b>	<b><u>2023</u></b>	<b><u>2023</u></b>
	<b><u>Unrestricted</u></b>	<b><u>Restricted</u></b>	<b><u>Total</u></b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Premises costs :</b>			
Accommodation (Rent/Utilities/Cleaning)	-	10,168	10,168
<b>Communications costs :</b>			
Telephone & internet	-	-	-
Printing, postage & stationery	-	1,195	1,195
	-	1,195	1,195
<b>General office costs :</b>			
Staff & volunteers travel	72	294	366
Staff & volunteers expenses	-	37	37
Professional fees & subscriptions	82	498	580
Insurance	-	-	-
Repairs, maintenance & support contracts	-	2,001	2,001
Publications, advertising & recruitment	-	-	-
Training costs	-	40	40
General office & miscellaneous expenses	-	-	-
Vehicle costs	-	-	-
Equipment	-	-	-
Depreciation	-	-	-
Bad Debts	-	-	-
	154	2,870	3,024
<b>Total costs</b>	<b>154</b>	<b>14,233</b>	<b>14,387</b>
Charitable Activities	154	14,233	14,387
Fundraising Costs	1,094	-	1,094
Governance	-	1,050	1,050
	1,248	15,283	16,531

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2023

**7 Analysis of staff costs**

	<b><u>2023</u></b>
	<b><u>Total</u></b>
	<b>£</b>
Salaries & wages	45,299
Social security costs	2,671
Pension Costs - Stakeholder Pension	2,680
Redundancy	-
	<hr/>
	50,650
	<hr/> <hr/>

No employees had benefits in excess of £60,000 (2022 - no employees had employee benefits)  
.

The average number of staff employed by the group during the financial year amounted to : 6

No trustees received any remuneration

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2023

**8 Movement in total funds for the year**

Operating surplus/deficit is stated after charging :	2023 £
Staff Pension Contributions	2,680
Depreciation	-
Accountancy Fees	1,948
	<hr/>
	<b>4,628</b>

**9 Tangible fixed assets**

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
AS AT 31 MARCH 2023

**10 Debtors**

	Charity 2023 £
Trade debtors	33,794
Rent Deposit	2,900
Prepayments	4,350
	<hr/>
	41,044
	<hr/>

**11 Creditors - amounts falling due  
within one year**

	Charity 2023 £
Trade creditors	1,231
Other creditors	373
Pensions Payable	1,421
Taxation & Social Security	35
Accruals & deferred income (*)	56,066
	<hr/>
	59,126
	<hr/>

Arts for Life Project (UK)  
 COMPANY NO: CE017121  
 CHARITY NO: 1182882

NOTES TO THE FINANCIAL STATEMENTS  
 AS AT 31 MARCH 2023

**12 Reserves**

<b>Fund movements:-</b>	<b>2023</b>
	<b>£</b>
General fund :	-
Balance 01 April 2022:	76,434
Movement in fund for the year	50,730
Balance at 31 March 2023:	<u>127,164</u>

**13 Restricted Funds**

	Balance b/f	Movement in Resources			Balance
	01.04.2022	Incoming	Outgoing	Transfers	31.03.2023
	£	£	£	£	£
The National Lottery	-	55,112	-30,784	-	24,328
Nhs Cafe	29,644	-	-23,047	-	6,597
Heathrow Community Trust	-	3,561	-3,561	-	-
Jack Petchey	-	6,780	-2,740	-	4,040
	<u>29,644</u>	<u>65,453</u>	<u>-60,132</u>	<u>-</u>	<u>34,965</u>

The balance of these grants is showed in deferred income in the creditors note and showed in note 16

**Arts for Life Project (UK)**  
**COMPANY NO: CE017121**  
**CHARITY NO: 1182882**

**NOTES TO THE FINANCIAL STATEMENTS**  
**AS AT 31 MARCH 2023**

**14 Pensions**

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in independently administered funds. The pension charge represents contributions payable by the company to the funds within the year. At the year end £1,421 were owing to the pension companies. The pension charge of £2,680 was made in respect of contributions made by the company to funds within the year.

**15 Financial commitments**

As at 31 March 2023 the charity has annual commitments under non-cancellable leases as follows

	Land and Buildings 2023 £	Office Equipment 2023 £
Within 1 year	-	-
1 - 2 years	-	-
2 - 5 years	-	-
	-	-
	-	-

**16 Analysis of Charity net assets between funds**

	Unrestricted Funds £	Restricted Fund £	2023 Total £
Tangible	-	-	-
Cash at bank	145,246	-	-
Other net	16,883	(34,965)	<b>(18,082)</b>
	162,129	(34,965)	<b>127,164</b>
	162,129	(34,965)	<b>127,164</b>

**17 Taxation**

The company is a registered charity and no provision is considered necessary for taxation

**18 Related Party Transactions**

There were no transactions with related parties during the year and no balances outstanding with any related parties

**19 Events after the balance sheet date**

The trustees are monitoring the ever changing situation. The trustees are confident they have enough funds going forward

Arts for Life Project (UK)  
COMPANY NO: CE017121  
CHARITY NO: 1182882



## **Arts for Life Project (UK)**

### **Independent Examiners Report**

**For the Year Ended 31st March 2023**

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023 which is set out on pages 11 to 19.

#### **Responsibilities and basis of report**

As the charity trustees of the company (who are treated as directors for the purposes of the company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ( 'The 2006 Act' )

Having satisfied myself that the accounts of the company are not required under Part 16 of the 2006 Act and are eligible for independent examination , I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act

#### **Independent Examiner's Statement**

Your examiner is a member of a body listed in section 145 of the 2011 Act. I can confirm that I am qualified to undertake the examination because I am a member of The Institute Of Chartered Management Accountants

I have completed my examination . I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect :

- (1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act, or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view ' which is not a matter considered as part of an independent examination ;or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland ( FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Date 24/05/2024

Sally Jane Wainwright ACMA  
Isis House, Smith Road, Wednesbury,  
West Midlands

WS10 0PB

**ARTS FOR LIFE PROJECT (UK)**

England & Wales - Charity number 1182882

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# Accounts

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**Arts For Life Project (UK)**

**Report and Financial Statements  
For the Year Ended 31 March 2022**

**Charity number 1182882**

## **Arts For Life Project (UK)**

### **Report of the Management Committee for the year ended 31 March 2022**

The Management Committee presents its directors' report and audited financial statements for the year ended 31 March 2022.

#### **Reference and Administrative Information**

**Charity Name:** Arts For Life project (UK)  
**Charity registration number:** 1182882  
**Registered Office:** 8 Rickmansworth Road, Pinner HA5 2ST  
**Operational Address:** Forge House, Forge Lane, Northwood, Middx HA6 1DP

#### **Board of Trustees:**

Penny Ericson            Chair  
Ruth Howe              Treasurer  
Dahlia Basrawi  
Emma Matthews        Secretary

#### **Senior Management Team:**

Beth Gevell             Director - Wellbeing & Family Support  
Jacqui Dennaforde     Director - Clinical & Development

#### **Auditors**

Simon Alexander & Co (Accountancy) Ltd  
7 Murray Crescent, Pinner, Middx HA5 3QF

#### **Bankers**

Barclays Bank Plc, WEMBLEY & PARK ROYAL 2, LEICESTERSHIRE, LE87 2BB

## **Our Aims and Objectives**

### Purposes and Aims

Our charity's purposes as set out in the objects contained in the charities constitution are to:

The relief of need of children and young people between the ages of 6 – 25yrs old, including families, carers and their supportive network, living in Greater London and the surrounding areas. We do this in particular through the provision of support services through using the integrative arts in therapy and education.

- To provide specialized combined arts and mental health based services.
- To relieve the pressures of day to day life for children with challenges and their families/carers
- To help young people - especially but not exclusively - through Art based activities and therapy, by providing a safe environment for them to relax, learn and benefit.
- To ensure affordable access to proactive mental health support for the wider community.
- To encourage proactive mental health development and support through an arts-based approach.
- To develop and create opportunities for open communication for young people and their parents/carers
- To create opportunities for partnership with other agencies and support services, providing information, advice and raising awareness to develop a whole new approach to youth and mental health.
- To be all inclusive, accepting children and their families from every walk of life within the Greater London area.

Our aims fully reflect the purposes that the charity was set up to further.

### Ensuring our work delivers our aims

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

### The focus of our work

A great many young people continued to feel the negative effects of Covid, such as social isolation and increased anxiety. Therefore, our objective was to continue to help these vulnerable young people and their families to feel more engaged and less isolated. Arts for life continued to support families experiencing a mental health crisis to prevent community disengagement, anti-social behavior and co-morbid conditions.

The strategies we used to meet these objectives included:

- Providing a range of programmes which are reflective of our participants needs and address the potential problems related to special educational needs and mental wellbeing.
- Limiting the potential for isolation which comes with complex needs, not only for the individual but also their family and friends and the wider community of Arts For Life Project.
- Working in partnership with other agencies to secure the widest range of services to best match the needs of its participant population.

## How our activities deliver public benefit

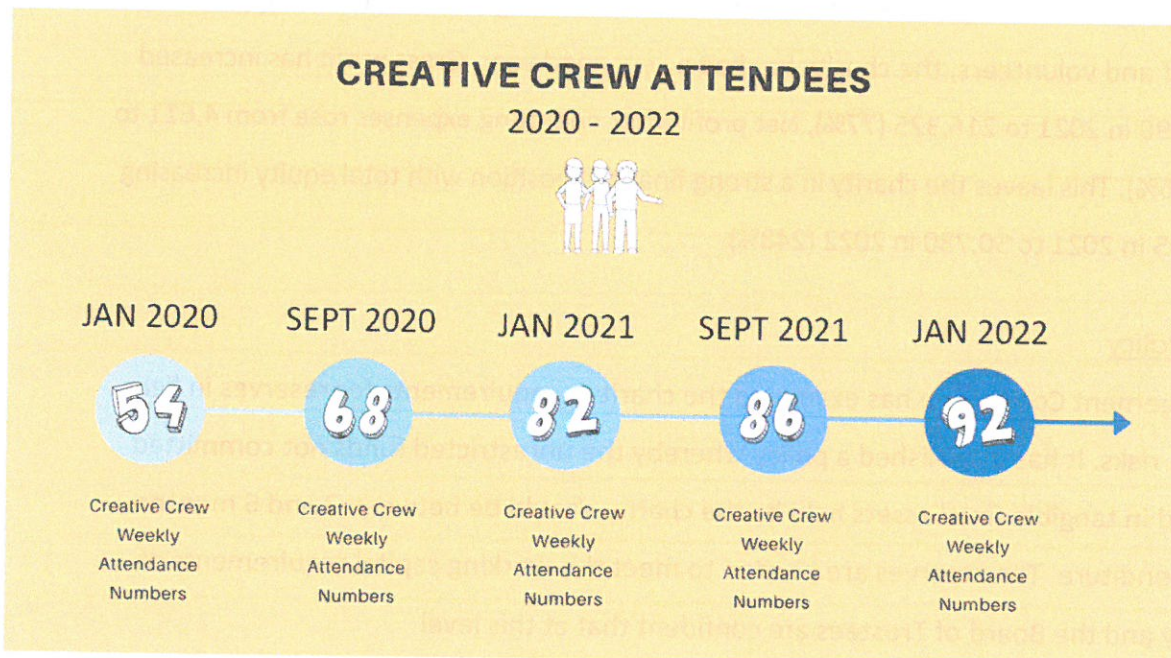
Our main activities and who we try to help are described below.

All our charitable activities focus on the reduction in social isolation & community disengagement, and the risks of mental health crisis in young people aged 6 – 25 years. Our activities are undertaken to further our charitable purposes for the public benefit.

### Who uses and benefited from our services?

Participants are hard- to- reach 6 – 25 year olds who have social, emotional, behavioural & communication challenges.

Participant numbers over 2021 – 2022 saw an average 12% increase over core programmes. This, as well as the increased needs of participants, lead to an expansion in staff and service days.



In 2021 - 2022 the organization continued to support the families and siblings of participants. This was through the “stay and chat” cafe with a parent/carer support worker as well as through talks and parent/family well-being sessions.

## Our services benefit

Our services provide a vital role within the community supporting young people between 6 – 25 years and their families who find themselves on the margins of society through mental health challenges, learning challenges and special educational needs. The charity supports their emotional health & wellbeing through the therapeutic value of the creative arts. Our services offer both grant funded spaces and paid-for spaces and are means-tested to offer the service to the wider community.

## **Financial Review**

Arts For Life Project continued to see an increase in the demand for services and an extension of services to the community. The organization has continued to grow and adapt to reflect this.

The charity continues to grow and source additional funds to cover the increase in need and our developing services. With the aid of sound financial management and the support of its board, staff and volunteers, the charity has had a very good year. Gross profit has increased from 122,398 in 2021 to 216,325 (77%), Net profit after operating expenses rose from 4,611 to 36,155 (676%). This leaves the charity in a strong financial position with total equity increasing from 14,575 in 2021 to 50,730 in 2022 (248%).

## Reserves Policy

The Management Committee has examined the charity's requirements for reserves in light of its main risks. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 3 and 6 months of the expenditure. The reserves are needed to meet the working capital requirements of the charity and the Board of Trustees are confident that at this level

they would be able to continue the current activities of the charity in the event of a significant drop in funding.

#### Plans for Future Periods

The charity plans continuing their current activities in the forthcoming years subject to satisfactory funding arrangements. Plans are also being developed to work on a number of schemes with social partners including NHS and Statutory services contracts alongside developing the clinical support of the organisation through in-house and outreach therapeutic support services.

Focus for this development is to continually develop partnerships with supporting services to streamline family support and encourage community working within the professional and the family structures.

#### Structure, Governance and Management Governing Document

The organisation is a charitable incorporated organisation, incorporated on 9 April 2019. The charity was established under a constitution which established the objects and powers of the charity.

#### **Recruitment and Appointment of Board of Trustees**

The Board of Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting. All members of the Board of Trustees give their time voluntarily and receive no benefits from the charity.

#### Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity through volunteering at activities and fundraising events.

New trustees are invited and encouraged to attend a series of short training sessions (of no more than an hour) to familiarise themselves with the charity and the context within which it operates. These are jointly led by the Directors of the charity and cover:

### Risk Management

The Board of Trustees is to carry out a review of the major risks to which the charity is exposed. A risk register will be established and will be updated at annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

### Organisational Structure

The Arts For Life Project has a Board of Trustees of 4 members who meet quarterly and are responsible for the strategic direction and policy of the charity. At present the board has members from a variety of professional backgrounds relevant to the work of the charity. A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair of Trustees along with the Directors. The Directors are responsible for ensuring that the charity delivers the services specified and that key performance indicators are met, along with the responsibility for the day to day operational management of the Centre, individual supervision of the staff team and also ensuring that the team continue to develop their skills and working practices in line with good practice.

Responsibilities of the Management Committee Company law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charity as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board of Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent; and

- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The Board of Trustees is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with charity law, as the charities directors, we certify that:

so far as we are aware, there is no relevant audit information of which the charities auditors are unaware; and as the directors of the charity we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Simon Alexander & Co (Accountancy) Ltd were appointed as the charities auditors during the year and have expressed their willingness to continue in that capacity. This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities. Approved and signed off electronically by the Board of Trustees on 22<sup>nd</sup> January 2023 and signed on its behalf by: Mrs R Howe Arts For Life Project Statement of Financial Activities (including Income & Expenditure Account) for the year ended 31 March 2022.



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Arts For Life Project (UK)

On accounts for the year  
ended

31 March 2022

Charity no  
(if any)

1182882

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2020.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

S Alexander

Date:

25/1/2023

Name:

Simon Alexander

Relevant professional  
qualification(s) or body  
(if any):

FCA – ICAEW membership number 7866082

Address:

7 Murray Crescent

## Section B Balance sheet

	Note	Restricted			Total this year £	Total last year £
		Unrestricted funds £	income funds £	Endowment funds £		
		F01	F02	F03	F04	F05
<b>Fixed assets</b>						
Tangible assets (Note 9)	B01	-	-	-	-	-
	B02	-	-	-	-	-
Investments (Note 10)	B03	-	-	-	-	-
<b>Total fixed assets</b>	B04	-	-	-	-	-
<b>Current assets</b>						
Stock and work in progress	B05	-	-	-	-	-
Debtors (Note 11)	B06	12,606	-	-	12,606	8,771
(Short term) investments	B07	-	-	-	-	-
Cash at bank and in hand	B08	52,094	85,348	-	137,442	90,729
<b>Total current assets</b>	B09	64,700	85,348	-	150,048	99,500
<b>Creditors: amounts falling due within one year</b> (Note 12)	B10	-	-	-	-	-
<b>Net current assets/(liabilities)</b>	B11	64,700	85,348	-	150,048	99,500
<b>Total assets less current liabilities</b>	B12	64,700	85,348	-	150,048	99,500
<b>Creditors: amounts falling due after one year</b> (Note 12)	B13	13,970	85,348	-	99,318	84,926
<b>Provisions for liabilities and charges</b>	B14	-	-	-	-	-
<b>Net assets</b>	B15	50,730	-	-	50,730	14,574
<b>Funds of the Charity</b>						
Unrestricted funds	B16	50,730			50,730	14,574
	B17	-			-	-
Restricted income funds (Note 13)	B18		-		-	-
Endowment funds (Note 13)	B19			-	-	-
<b>Total funds</b>	B20	50,730	-	-	50,730	14,574

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Arts For Life Project			Charity No (if any)		<b>CC17a</b>
<b>Annual accounts for the period</b>					
Period start date	<b>01/04/2021</b>	<b>To</b>	Period end date	31/03/2022	

## Section A Statement of financial activities

Recommended categories by activity	Details of own analysis	Note	Restricted			Total this year £	Total last year £
			Unrestricted funds £	income funds £	Endowment funds £		
			F01	F02	F03		
<b>Incoming resources (Note 3)</b>							
<b>Incoming resources from generated funds</b>			54,720	-	-	54,720	15,020
Voluntary income		S01	-	-	-	-	-
Activities for generating funds		S02	-	-	-	-	-
Investment income		S03	1	-	-	1	-
<b>Incoming resources from charitable activities</b>		S04	-	164,708	-	164,708	88,874
<b>Other incoming resources</b>		S05		89	-	89	18,503
<b>Total incoming resources</b>		S06	54,721	164,797	-	219,518	122,397
<b>Resources expended (Notes 4-8)</b>							
<b>Costs of Generating Funds</b>			-	-	-	-	-
Costs of generating voluntary income		S07	-	-	-	-	-
Fundraising trading costs		S08	-	-	-	-	-
Investment management costs		S09	-	-	-	-	-
<b>Charitable activities</b>		S10	18,566	164,797	-	183,363	117,661
<b>Governance costs</b>		S11			-	-	-
<b>Other resources expended</b>		S12	-	-	-	-	76
<b>Total resources expended</b>		S13	18,566	164,797	-	183,363	117,737
<b>Net incoming/(outgoing) resources before transfers</b>		S14	36,155	0	-	36,155	4,660
<b>Gross transfers between funds</b>		S15	-	-	-	-	-
<b>Net incoming/(outgoing) resources before other recognised gains/(losses)</b>		S16	36,155	0	-	36,155	4,660
<b>Other recognised gains/(losses)</b>							
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-	9,915
Gains and losses on investment assets		S18	-	-	-	-	-
<b>Net movement in funds</b>		S19	36,155	0	-	36,155	14,575
<b>Total funds brought forward</b>		S20	14,575	-	-	14,575	
<b>Total funds carried forward</b>		S21	50,730	0	-	50,730	14,575

**ARTS FOR LIFE PROJECT (UK)**

England & Wales - Charity number 1182882

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# Accounts

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## **Arts For Life Project (UK)**

**Report and Financial Statements  
For the Year Ended 31 March 2021**

**Charity number 1182882**

## **Arts For Life Project (UK)**

### **Report of the Management Committee for the year ended 31 March 2021**

The Management Committee presents its directors' report and audited financial statements for the year ended 31 March 2021.

#### **Reference and Administrative Information**

<b>Charity Name:</b>	Arts For Life project (UK)
<b>Charity registration number:</b>	1182882
<b>Registered Office:</b>	8 Rickmansworth Road, Pinner HA5 2ST
<b>Operational Address:</b>	Forge House, Forge Lane, Northwood, Middx HA6 1DP

#### **Board of Trustees:**

Penny Ericson	Chair
Ruth Howe	Treasurer
Dahlia Basrawi	
Emma Matthews	Secretary

#### **Senior Management Team:**

Beth Gevell	Director - Wellbeing & Family Support
Jacqui Dennaforde	Director - Clinical & Development

#### **Auditors**

Simon Alexander & Co (Accountancy) Ltd  
7 Murray Crescent, Pinner, Middx HA5 3QF

#### **Bankers**

Barclays Bank Plc, WEMBLEY & PARK ROYAL 2, LEICESTERSHIRE, LE87 2BB

## **Our Aims and Objectives**

### Purposes and Aims

Our charity's purposes as set out in the objects contained in the charities constitution are to:

The relief of need of children and young people between the ages of 6 – 25yrs old, including families, carers and their supportive network living in Greater London and the surrounding areas, in particular through the provision of support services through using the integrative arts in therapy and education.

- To provide specialized combined arts and mental health based services.
- To relieve the pressures of day to day life of children with challenges and their families/carers
- To help young people - especially but not exclusively, through Art based activities and therapy by providing a safe environment for them to relax, learn and benefit.
- To ensure affordable access to proactive mental health support for the wider community.
- To encourage proactive mental health development and support through an arts-based approach.
- To develop and create opportunities for open communication for young people and their parents/carers
- To create opportunities for partnership with other agencies and support services, providing information, advice and raising awareness to develop a whole new approach to youth and mental health.
- To be all inclusive accepting children and their families from every walk of life from the Greater London area.

Our aims fully reflect the purposes that the charity was set up to further.

#### Ensuring our work delivers our aims

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

#### The focus of our work

Our main objectives for the year continued to be a reduction in Social Isolation & Community Disengagement, Mental Health Crisis, Anti-Social Behaviour & Co-Morbidity

The strategies we used to meet these objectives included:

- Providing a range of programmes which are reflective of our participants needs and address the potential problems related to special educational needs and mental wellbeing.
- Limiting the potential for isolation which comes with complex needs, not only for the individual but also their family and friends and the wider community of Arts For Life Project.
- Working in partnership with other agencies to secure the widest range of services to best match the needs of its participant population.

## How our activities deliver public benefit

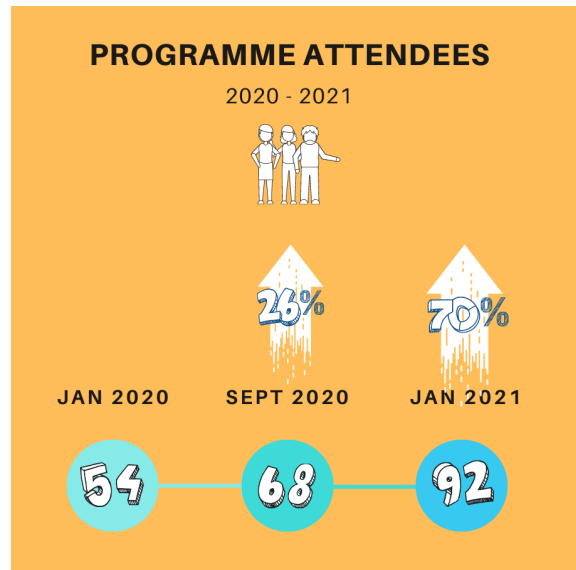
Our main activities and who we try to help are described below.

All our charitable activities focus on the reduction in social isolation & community disengagement, and the risks of mental health crisis in young people aged 6 – 25 years. Our activities are undertaken to further our charitable purposes for the public benefit.

### Who uses and benefited from our services?

Participants are hard to reach 6 – 25 year olds who have social, emotional, behavioural & communication challenges.

Participant numbers over 2020 – 2021 saw an average 26% increase over core programmes leading to an expansion in staff and service days.



In 2020 -2021 the organization also extended its support to the families and siblings of their participants following the challenging dynamics that materialised during Covid 19 pandemic lockdowns.

## Our services benefit

Our services provides a vital role within the community supporting young people between 6 – 25 years and their families who find themselves on the margins of society through mental health challenges, learning challenges and special educational needs. The charity supports their emotional health & wellbeing through the therapeutic value of the creative arts. Our services offer both grant funded spaces and paid-for spaces and are means-tested to offer the service to the wider community.

## **Financial Review**

Against the backdrop of continued lockdowns, disrupted educational consistency, family bereavements and Special Educational Needs diagnosis delays, Arts For Life Project saw an increase in the demand for services and an extension of services to the community.

A first half year in permanent residence has seen the charities income grow by 52%. Following on from the changes in service seen in 2020 the continued restructure of the organisation continued in 2020-2021 to ensure that vital needs arising from the fall-out of Covid-19 pandemic were being seen, researched and met.

The charity continues to grow and source additional funds to oversee a changed organisation with a renewed services plan and developing services. Nevertheless the charity, with the aid of sound financial management and the support of its board, staff and volunteers generated a very positive financial outcome for the period with a net increase in funds of just over £45,000.

## Reserves Policy

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 3 and 6 months of the expenditure. The reserves are needed to meet the working capital requirements of the charity and the Board of Trustees are confident that at this level

they would be able to continue the current activities of the charity in the event of a significant drop in funding.

#### Plans for Future Periods

The charity plans continuing their current activities in the forthcoming years subject to satisfactory funding arrangements. Plans are also being developed to work on a number of schemes with social partners including NHS and Statutory services contracts alongside developing the clinical support of the organisation through in-house and outreach therapeutic support services.

Focus for this development is to continually develop partnerships with supporting services to streamline family support and encourage community working within the professional and the family structures.

#### Structure, Governance and Management Governing Document

The organisation is a charitable incorporated organization, incorporated on 9 April 2019. The charity was established under a constitution which established the objects and powers of the charity.

#### **Recruitment and Appointment of Board of Trustees**

The Board of Trustees are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting. All members of the Board of Trustees give their time voluntarily and received no benefits from the charity.

#### Trustee Induction and Training

Most trustees are already familiar with the practical work of the charity through volunteering at activities and fundraising events.

New trustees are invited and encouraged to attend a series of short training sessions (of no more than an hour) to familiarise themselves with the charity and the context within which it operates. These are jointly led by the Directors of the charity and cover:

## Risk Management

The Board of Trustees is to carry out a review of the major risks to which the charity is exposed. A risk register will be established and will be updated at annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

## Organisational Structure

The Arts For Life Project has a Board of Trustees of 4 members who meet quarterly and are responsible for the strategic direction and policy of the charity. At present the board has members from a variety of professional backgrounds relevant to the work of the charity. A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair of Trustees along with the Directors. The Director – Strategy & Clinical is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met along with the responsibility for the day to day operational management of the Centre, individual supervision of the staff team and also ensuring that the team continue to develop their skills and working practices in line with good practice.

Responsibilities of the Management Committee Company law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charity as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board of Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent; and

- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The Board of Trustees is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In accordance with charity law, as the charities directors, we certify that:

so far as we are aware, there is no relevant audit information of which the charities auditors are unaware; and as the directors of the charity we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Simon Alexander & Co (Accountancy) Ltd were appointed as the charities auditors during the year and have expressed their willingness to continue in that capacity. This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities. Approved by the Board of Trustees on 3 February 2022 and signed on its behalf by: Mrs R Howe Arts For Life Project Statement of Financial Activities (including Income & Expenditure Account) for the year ended 31 March 2021.

Charity Name		Charity No (if any)		<b>CC17a</b>
<b>Annual accounts for the period</b>				
Period start date		<b>To</b>	Period end date	

## Section A Statement of financial activities

Recommended categories by activity	Details of own analysis	Note	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
			F01	F02	F03	F04	F05
<b>Incoming resources (Note 3)</b>							
<b>Incoming resources from generated funds</b>							
			15,020	-	-	15,020	-
Voluntary income		S01	-	-	-	-	-
Activities for generating funds		S02	-	-	-	-	-
Investment income		S03	-	-	-	-	-
<b>Incoming resources from charitable activities</b>							
		S04	-	88,874	-	88,874	-
Other incoming resources		S05	-	18,503	-	18,503	-
<b>Total incoming resources</b>			15,020	107,377	-	122,397	-
<b>Resources expended (Notes 4-8)</b>							
<b>Costs of Generating Funds</b>							
			-	-	-	-	-
Costs of generating voluntary income		S07	-	-	-	-	-
Fundraising trading costs		S08	-	-	-	-	-
Investment management costs		S09	-	-	-	-	-
<b>Charitable activities</b>							
		S10	-	-	-	-	-
<b>Governance costs</b>							
		S11	-	-	-	-	-
<b>Other resources expended</b>							
		S12	-	-	-	-	-
<b>Total resources expended</b>			-	-	-	-	-
<b>Net incoming/(outgoing) resources before transfers</b>			15,020	107,377	-	122,397	-
<b>Gross transfers between funds</b>			-	-	-	-	-
<b>Net incoming/(outgoing) resources before other recognised gains/(losses)</b>			15,020	107,377	-	122,397	-
<b>Other recognised gains/(losses)</b>							
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-	-
Gains and losses on investment assets		S18	-	-	-	-	-
<b>Net movement in funds</b>			15,020	107,377	-	122,397	-
<b>Total funds brought forward</b>			-	-	-	-	-
<b>Total funds carried forward</b>			15,020	107,377	-	122,397	-



Section A Independent Examiner's Report

Report to the trustees/ members of

ARTS FOR LIFE PROJECT (UK)

On accounts for the year ended

31 MARCH 2024

Charity no (if any)

1182882

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

S Alexander

Date:

30/1/2022

Name:

Simon Alexander

Relevant professional qualification(s) or body

FCA: ICAEW MEMBERSHIP 7866082

(if any):

Address:

**Section B Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

NO NE

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# Management Report Mar 21 FINAL

Arts for Life Project (UK)

3 February 2022

Prepared by Ruth Howe

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# Profit & Loss

## Arts for Life Project (UK) For the 12 months ended 31 March 2021

	Mar-21	YTD
<b>Income</b>		
<b>Fundraising &amp; Donations</b>		
Income - Donations Individual & Fundraising	1,693	1,693
Income - Donations Organisations	562	562
<b>Total Fundraising &amp; Donations</b>	<b>2,255</b>	<b>2,255</b>
<b>Grants Received</b>		
Income - Grants	88,874	88,874
<b>Client Projects</b>		
Income - Clients	435	435
Income - Projects	12,330	12,330
<b>Total Client Projects</b>	<b>12,765</b>	<b>12,765</b>
<b>Total Grants Received</b>	<b>101,640</b>	<b>101,640</b>
<b>Other Income</b>		
Income - HMRC JRS Scheme	18,503	18,503
<b>Total Other Income</b>	<b>18,503</b>	<b>18,503</b>
<b>Total Income</b>	<b>122,398</b>	<b>122,398</b>
<b>Gross Profit</b>	<b>122,398</b>	<b>122,398</b>
<b>Less Operating Expenses</b>		
<b>1. Overheads</b>		
<b>2. Printing and Stationary</b>		
Office Supplies, Books & newspapers	740	740
Postage and Carriage	16	16
Printing and reproduction	314	314
<b>Total 2. Printing and Stationary</b>	<b>1,070</b>	<b>1,070</b>
<b>3. Travel and Entertainment</b>		
Refreshments	83	83
Subsistence	80	80
Travelling	354	354
<b>Total 3. Travel and Entertainment</b>	<b>517</b>	<b>517</b>
<b>4. Human Resources</b>		
COVID-19 LOSS	544	544
<b>Total 4. Human Resources</b>	<b>544</b>	<b>544</b>
<b>5. Legal and Professional Fees</b>		
Legal Fees	256	256
Professional Fees	3,008	3,008
<b>Total 5. Legal and Professional Fees</b>	<b>3,264</b>	<b>3,264</b>
<b>5. Training and Development</b>		
Conferences and Meetings	30	30
Staff Training Costs	1,877	1,877

# Profit & Loss

	Mar-21	YTD
<b>Total 5. Training and Development</b>	<b>1,907</b>	<b>1,907</b>
<b>6. Telephone and Computer</b>		
IT Equipment/ Resources	2,708	2,708
Licences & Software	783	783
Subscriptions & membership	232	232
Telephone & Broadband	267	267
Web Hosting & development	184	184
<b>Total 6. Telephone and Computer</b>	<b>4,173</b>	<b>4,173</b>
<b>Other Direct costs</b>		
<b>Material and Art Supplies</b>		
Activity cost	2,183	2,183
Activity Equipment	151	151
Art Materials (Store Stock & Consumables)	1,094	1,094
<b>Total Material and Art Supplies</b>	<b>3,428</b>	<b>3,428</b>
<b>Total Other Direct costs</b>	<b>3,428</b>	<b>3,428</b>
<b>Total 1. Overheads</b>	<b>14,904</b>	<b>14,904</b>
<b>Core Costs</b>		
<b>1. Core Salaries</b>		
Company NI Refund	(4,000)	(4,000)
Directors Salaries	42,028	42,028
Employers NI Contributions	4,023	4,023
Employers Pension Contributions	1,680	1,680
Finance Fee	1,927	1,927
Salaried Staff	8,825	8,825
Salary Administration	8,367	8,367
Staff welfare	30	30
<b>Total 1. Core Salaries</b>	<b>62,881</b>	<b>62,881</b>
<b>2. Project Salaries</b>		
Session Salaries	6,933	6,933
<b>Total 2. Project Salaries</b>	<b>6,933</b>	<b>6,933</b>
<b>3. Rent &amp; Utilities</b>		
Cleaning & Shredding	1,988	1,988
Electricity	906	906
Rates	1,370	1,370
Refurbishment	9,623	9,623
Rent	13,455	13,455
Repairs & Maintenance	3,099	3,099
<b>Total 3. Rent &amp; Utilities</b>	<b>30,442</b>	<b>30,442</b>
<b>Total Core Costs</b>	<b>100,256</b>	<b>100,256</b>
<b>General Expenses</b>		
Insurance	1,032	1,032
Small equipment under £300	1,468	1,468
<b>Total General Expenses</b>	<b>2,500</b>	<b>2,500</b>
<b>Total Operating Expenses</b>	<b>117,661</b>	<b>117,661</b>

# Profit & Loss

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	Mar-21	YTD
<b>Operating Profit</b>	<b>4,737</b>	<b>4,737</b>
<b>Non-operating Expenses</b>		
<b>Bank charges and Interest</b>		
PayPal Fees	76	76
<b>Total Bank charges and Interest</b>	<b>76</b>	<b>76</b>
<b>Total Non-operating Expenses</b>	<b>76</b>	<b>76</b>
<b>Net Profit</b>	<b>4,661</b>	<b>4,661</b>

# Balance Sheet

## Arts for Life Project (UK) As at 31 March 2021

31 Mar 2021

31 Mar 2020

### Assets

<b>Bank</b>		
Barclays #2102	80,064	22,332
Barclays Current a/c #8324	6,187	6,374
GBP PayPal	4,374	1,444
Petty Cash Beth	105	3,457
<b>Total Bank</b>	<b>90,729</b>	<b>33,607</b>
<b>Current Assets</b>		
Accounts Receivable	1,521	1,459
Prepayments	4,350	-
Rent Deposit	2,900	-
<b>Total Current Assets</b>	<b>8,771</b>	<b>1,459</b>
<b>Total Assets</b>	<b>99,501</b>	<b>35,066</b>

### Liabilities

<b>Current Liabilities</b>		
Accounts Payable	3,971	1,645
Accruals	564	309
Directors Loans BG	200	200
Directors Loans JD	138	200
P.A.Y.E	5,688	2,148
Pensions Payable	373	747
Wages Payable New	-	3,404
<b>Total Current Liabilities</b>	<b>10,934</b>	<b>8,652</b>
<b>Non-Current Liabilities</b>		
Grants paid in advance	73,992	16,500
<b>Total Non-Current Liabilities</b>	<b>73,992</b>	<b>16,500</b>
<b>Total Liabilities</b>	<b>84,926</b>	<b>25,152</b>
<b>Net Assets</b>	<b>14,575</b>	<b>9,913</b>

### Equity

Current Year Earnings	4,661	9,913
Retained Earnings	9,913	-
<b>Total Equity</b>	<b>14,575</b>	<b>9,913</b>



Section A

Independent Examiner's Report

Report to the trustees/ members of

ARTS FOR LIFE PROJECT (UK)

On accounts for the year ended

31 MARCH 2024	Charity no (if any)	1182882
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Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed: S Alexander

Date: 30/1/2022

Name: SIMON ALEXANDER

Relevant professional qualification(s) or body

FCA: (CEAW MEMBERSHIP 7866082

(if any):

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Address:

7 MURRAY CRESCENT
OWNER
MIDDY HAS 3QF

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

NO NE
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