



## Bristol Inclusive Thrill Seekers

Registered charity no 1182819

Trustees' Annual Report & Financial Statements for the Period:

07/04/2022 to 06/04/2023

Trustees during this period:

*Thomas Stabbins, Jessica Carter, James Rudge*

# Bristol Inclusive Thrill Seekers

## Trustees' Annual Report & Financial Statements for the Financial Period from 7th April 2021 to 6th April 2022

### Reference & Administration Details

#### Charity Details:

Name(s): Bristol Inclusive Thrill Seekers

Number: 1182819

Address: 16 Muntjac Road, Langford, Bristol, BS40 5AH

#### Names of the Charity Trustees who Manage the Charity:

Name	Office	Appointed	Resigned
Thomas Stabbins	N/A	28/11/2018	N/A
James Rudge	N/A	28/11/2018	N/A
Jessica Carter	N/A	28/11/2018	N/A

### Structure, Governance & Management

#### **Description of the Charity's Trusts:**

The object of the CIO is for the benefit of young people of all and any ability in Bristol and the surrounding areas, supporting and encouraging them to take part in thrill seeking activities whilst shaping a community focused on inclusivity.

#### **Type of Governing Document:**

Constitution

#### **How the Charity is Constituted:**

Charitable Incorporated Organisation

#### **Trustee Selection Methods:**

Trustee personnel haven't changed since the charity's founding. In the event of hiring new trustees into the charity an advert would be posted publicly followed by an interview by the remaining trustee board.

### **How New Trustees are Inducted and Trained:**

New trustees would shadow existing trustees in job roles until they are comfortable and competent to continue in their work.

### **Objects**

#### **Object:**

The object of the CIO is for the benefit of young people of all and any ability in Bristol and the surrounding areas, supporting and encouraging them to take part in thrill seeking activities whilst shaping a community focused on inclusivity.

#### **Statutory Declaration on Public Benefit:**

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.

### **Activities, Achievements & Performance**

The purpose of our charity is to help to improve the accessibility and inclusion of adventure sports in Bristol and its surrounding areas. We do this by using a pool of open minded and supportive volunteers to run disability and impairment friendly sessions for rock climbing. We partner with sports centres to keep the activity safe and regulated.

The reason we do this is because just four in 10 (40%) disabled people feel they are not given the opportunity to be as active as they would like to be compared with seven in 10 (71%) nondisabled people [Activity Alliance Annual Disability and Activity Survey (January 2020) Published by Activity Alliance, research undertaken by IFF Research]. We saw a gap in the services available and believe we could provide a service which meets the requirements while keeping children safe in the process. As far as we are aware, we are the first organisation to offer inclusive adventure sports on a regular basis in the South West.

Following the Pandemic, we relaunched sessions in March 2022, and over the reporting period, offered weekly sessions on Thursday evenings.

Our rock-climbing sessions involve a participant and trained volunteers who help to facilitate their climb, although most of the sessions take place on a 1:1 ratio of climbers to volunteers, this can go up to as much as 4 volunteers to one climber, if needed. These sessions take place weekly in a local indoor rock-climbing gym on weekday evenings to allow for routine in young disabled peoples' week.

Our sessions are open to all abilities and ages. Although our primary focus is on providing sessions for young disabled people.

We charge a nominal fee for our sessions, just enough to cover our costs. Compared to the market standard for adventure sports our sessions are incredibly cheap. This means we limit how much we add to the already increased costs for raising a disabled child.

As of the time of writing we do not make or provide any grants as a charity. This may change in the future.

## **Financial Review**

### **Statement of the Charity's Policy on Reserves**

The Trustees declare that with the small financial footprint the charity had during this period it is not deemed a necessity to write a policy on reserves.

### **Details of Any Funds Materially in Deficit**

The Trustees declare that the charity had no funds which were materially in deficit at the date of the statement of assets & liabilities.

### **State of the Charity's Finances**

The main sources of income for our charity have been through fundraising & grants.

We do not make profit from parents/carers booking onto our sessions, but they do have the option to add an additional donation to their booking fee, which helps cover the cost of running the charity.

This year, we applied for 3 grants to help us cover the costs going forward, with a large focus on volunteer training, recruitment and retention.

During this period, we switched bank accounts from HSBC to Metrobank. This was a joint trustee decision and the return we have provided covers both accounts.

As trustees, we also made the joint decision to claim fuel expenses for travelling to and from climbing sessions at 0.45p per mile as per government guidelines.

We recieved the following funding:

£8000 from The Hargreaves Foundation (restricted)

£3500 from The National Lottery (restricted)

£268 from The Together Fund (unrestricted)

There have been no unexpected changes to our initial plans that were created during the charity's inception.

**Restricted Funds**

£8000 from the Hargreaves Foundation, to cover some running costs, but also volunteer recruitment and retention. Including additional training for volunteers which will help us offer sessions for participants with more complex needs. This grant lasts until January 2026.

£3500 from the National Lottery to cover general running costs.

**Designated Funds**

Nothing to state

**Particulars of Any Outstanding Guarantee Given by the Charity**

The Trustees declare that the charity has given no guarantee where potential liability is outstanding at the date of the statement of assets & liabilities.

**Particulars of Any Outstanding Debt**

The Trustees declare that the charity has no outstanding debts which are secured by an express charge on any of the assets of the charity at the date of the statement of assets & liabilities.

**Declaration**

The Trustees declare that they have approved the above report and authorised that it be signed on their behalf.

date	description
3/21/2023	TOTAL CHARGES TO 29FEB2023
3/21/2023	REFUND OF CHARGES
2/21/2023	TOTAL CHARGES TO 29JAN2023
2/21/2023	REFUND OF CHARGES
2/20/2023	Bristol Inclusive Transfer
1/21/2023	TOTAL CHARGES TO 29DEC2022
1/21/2023	REFUND OF CHARGES
12/30/2022	CAF2212233438CF
12/21/2022	TOTAL CHARGES TO 29NOV2022
12/21/2022	REFUND OF CHARGES
11/21/2022	TOTAL CHARGES TO 30OCT2022
11/21/2022	REFUND OF CHARGES
10/21/2022	TOTAL CHARGES TO 29SEP2022
9/24/2022	Bristol Inclusive Transfer
9/24/2022	Bristol Inclusive Transfer
9/23/2022	Stripe Payments UK STRIPE
9/21/2022	TOTAL CHARGES TO 30AUG2022
9/21/2022	Stripe Payments UK STRIPE
9/16/2022	Stripe Payments UK STRIPE
9/2/2022	Stripe Payments UK STRIPE
8/31/2022	Stripe Payments UK STRIPE
8/25/2022	Bristol Rocks LTD BITS March - Jul
8/25/2022	THOMAS STABBINS SQUARESPACE COSTS
8/21/2022	TOTAL CHARGES TO 30JUL2022
8/2/2022	Stripe Payments UK STRIPE
7/25/2022	Stripe Payments UK STRIPE
7/22/2022	Stripe Payments UK STRIPE
7/21/2022	TOTAL CHARGES TO 29JUN2022
7/21/2022	PAYPAL CODE 4'193 PAYPAL CODE 4193
7/5/2022	WEST OF ENGLAND SP Wesport TF Inv 01
6/28/2022	Stripe Payments UK STRIPE
6/22/2022	Stripe Payments UK STRIPE
6/21/2022	TOTAL CHARGES TO 30MAY2022
6/21/2022	Stripe Payments UK STRIPE
6/5/2022	THOMAS STABBINS SQUARESPACE COSTS
5/23/2022	Stripe Payments UK STRIPE
5/21/2022	TOTAL CHARGES TO 29APR2022
5/17/2022	Stripe Payments UK STRIPE
4/26/2022	Stripe Payments UK STRIPE
4/21/2022	TOTAL CHARGES TO 30MAR2022
4/21/2022	Stripe Payments UK STRIPE
4/19/2022	Stripe Payments UK
4/12/2022	Stripe Payments UK STRIPE

amount

-£	5.00
£	5.00
-£	5.00
£	5.00
£	290.00
-£	5.00
£	5.00
£	300.00
-£	5.00
£	5.00
-£	5.00
£	5.00
-£	5.00
£	2,899.50
£	0.01
£	26.80
-£	5.00
£	53.60
£	6.70
£	20.10
£	33.50
-£	402.00
-£	96.05
-£	5.00
£	24.44
£	6.70
£	20.10
-£	5.00
£	0.01
£	2,438.00
£	6.70
£	14.78
-£	5.00
£	46.90
-£	108.81
£	238.80
-£	5.00
£	120.60
£	26.80
-£	5.00
£	33.50
£	14.78
£	90.06

Date	Details
4/6/2023	BRISTOL ROCKS LTD Invoice 4923862
4/5/2023	Non-Sterling Transaction Fee NON-STERLING TRANSACTION
4/5/2023	Card Purchase ACUITYSCHEDULING.COM 50115987932
4/3/2023	Stripe Payments UK Ltd STRIPE
3/31/2023	Stripe Payments UK Ltd STRIPE
3/30/2023	Jessica Carter Crowther Expenses Mar 23
3/30/2023	Thomas Stabbins Expenses Mar 23
3/30/2023	BRISTOL ROCKS LTD Invoice 4881244
3/30/2023	Stripe Payments UK Ltd STRIPE
3/29/2023	Stripe Payments UK Ltd STRIPE
3/28/2023	Stripe Payments UK Ltd STRIPE
3/27/2023	Card Purchase SQUARESPACE INC. 50115987932
3/23/2023	Stripe Payments UK Ltd STRIPE
3/21/2023	Stripe Payments UK Ltd STRIPE
3/21/2023	Card Purchase Costco Wholesale #116
3/20/2023	Stripe Payments UK Ltd STRIPE
3/20/2023	Card Purchase SAINSBURYS S MKTS
3/20/2023	INSURE4
3/17/2023	MAIN GRANTS-300008-02976120 738407-MAIN GRANTS-&--&-
3/16/2023	THE HARGREAVES FOU THF
3/15/2023	Stripe Payments UK Ltd STRIPE
3/14/2023	Stripe Payments UK Ltd STRIPE
3/10/2023	BRISTOL ROCKS LTD 4840788
3/10/2023	Thomas Stabbins Expenses - Feb 23
3/10/2023	Jessica Carter Crowther Expenses Feb 23
3/9/2023	Stripe Payments UK Ltd STRIPE
3/7/2023	Stripe Payments UK Ltd STRIPE
3/7/2023	Non-Sterling Transaction Fee NON-STERLING TRANSACTION
3/7/2023	Card Purchase ACUITYSCHEDULING.COM 50115987932
3/7/2023	Card Purchase Bristol Rocks Cafe
2/28/2023	Stripe Payments UK Ltd STRIPE
2/27/2023	Stripe Payments UK Ltd STRIPE
2/27/2023	Card Purchase SQUARESPACE INC. 50115987932
2/21/2023	Stripe Payments UK Ltd STRIPE
2/20/2023	Bristol Incl Transfer
2/20/2023	Stripe Payments UK Ltd STRIPE
2/17/2023	Stripe Payments UK Ltd STRIPE
2/16/2023	Stripe Payments UK Ltd STRIPE
2/7/2023	Non-Sterling Transaction Fee NON-STERLING TRANSACTION
2/7/2023	Card Purchase ACUITYSCHEDULING.COM 50115987932
2/6/2023	Card Purchase THE LIVE INK CO LTD
2/2/2023	Stripe Payments UK Ltd STRIPE
1/27/2023	Card Purchase CENTER PARCS
1/25/2023	Stripe Payments UK Ltd STRIPE
1/25/2023	Card Purchase SQUARESPACE INC. 50115987932



1/24/2023 Stripe Payments UK Ltd STRIPE  
1/20/2023 Stripe Payments UK Ltd STRIPE  
1/19/2023 Stripe Payments UK Ltd STRIPE  
1/18/2023 Card Purchase STARBUCKS  
1/10/2023 Stripe Payments UK Ltd STRIPE  
1/10/2023 Card Purchase WWW.UKCRBS.CO.UK  
1/10/2023 Card Purchase Bristol Rocks Cafe  
1/10/2023 Card Purchase WWW.UKCRBS.CO.UK  
1/10/2023 Card Purchase Bristol Rocks Cafe  
1/6/2023 Stripe Payments UK Ltd STRIPE  
1/5/2023 BRISTOL ROCKS LTD 4638988  
1/5/2023 Non-Sterling Transaction Fee NON-STERLING TRANSACTION  
1/5/2023 Card Purchase ACUITYSCHEDULING.COM 50115987932  
### Card Purchase SQUARESPACE INC. 50115987932  
### Card Purchase BRITANNIA PARKING  
### Card Purchase BRITANNIA PARKING  
12/9/2022 Stripe Payments UK Ltd STRIPE  
12/8/2022 Stripe Payments UK Ltd STRIPE  
12/6/2022 Stripe Payments UK Ltd STRIPE  
12/6/2022 Non-Sterling Transaction Fee NON-STERLING TRANSACTION  
12/6/2022 Card Purchase ACUITYSCHEDULING.COM 50115987932  
### Card Purchase SP EWDEMBROIDERY  
### Card Purchase REDPOINT BRISTOL  
### Card Purchase SQUARESPACE INC. 50115987932  
### GRIT COLLECTIVE CIC James sessions  
### Stripe Payments UK Ltd STRIPE  
### Card Purchase DMN LANE7BRISTOL  
### Card Purchase Bristol Rocks Cafe  
### Card Purchase Bristol Rocks Cafe  
### Stripe Payments UK Ltd STRIPE  
### Stripe Payments UK Ltd STRIPE  
### Card Purchase Bristol Rocks Cafe  
11/9/2022 Card Purchase AMZNMktplace  
11/8/2022 Card Purchase WATERSHED  
11/8/2022 Card Purchase WATERSHED  
11/7/2022 Non-Sterling Transaction Fee NON-STERLING TRANSACTION  
11/7/2022 Card Purchase ACUITYSCHEDULING.COM 50115987932  
11/7/2022 Card Purchase Bristol Rocks Cafe  
11/3/2022 BRISTOL ROCKS LTD Invoice 4510693  
11/3/2022 BRISTOL ROCKS LTD Invoice 4483463  
11/3/2022 BRISTOL ROCKS LTD Invoice 4391971  
11/3/2022 Stripe Payments UK Ltd STRIPE  
11/2/2022 Stripe Payments UK Ltd STRIPE  
11/1/2022 Stripe Payments UK Ltd STRIPE  
### Card Purchase SQUARESPACE INC. 50115987932  
### Card Purchase SQUARESPACE INC. 50115987932

10/7/2022 Thomas Stabbins Expenses

10/7/2022 Thomas Stabbins Expenses

10/5/2022 Non-Sterling Transaction Fee NON-STERLING TRANSACTION

10/5/2022 Card Purchase ACUITYSCHEDULING.COM 50115987932

9/27/2022 Card Purchase SP ENAMELPINFACTORY

9/23/2022 Bristol Incl Transfer

9/23/2022 Bristol Incl Transfer

Transaction Type	In	Out
Outward Faster Payment		102
Card Transaction		0.44
Card Transaction		14.58
Inward Payment	7.39	
Inward Payment	6.7	
Outward Faster Payment		49.5
Outward Faster Payment		104.4
Outward Faster Payment		108
Inward Payment	8.08	
Inward Payment	8.08	
Inward Payment	20.1	
Card Transaction		22.08
Inward Payment	6.7	
Inward Payment	6.4	
Card Transaction		17.48
Inward Payment	202.38	
Card Transaction		10.5
Direct Debit		449.97
BACS Payment Receiv	3500	
Inward Payment	8000	
Inward Payment	45.94	
Inward Payment	35.3	
Outward Faster Payment		234
Outward Faster Payment		83.7
Outward Faster Payment		39.6
Inward Payment	125.97	
Inward Payment	6.7	
Card Transaction		0.45
Card Transaction		15.1
Card Transaction		10.8
Inward Payment	58.96	
Inward Payment	6.4	
Card Transaction		22.08
Inward Payment	33.5	
Inward Payment	290	
Inward Payment	33.5	
Inward Payment	44.36	
Inward Payment	183.77	
Card Transaction		0.44
Card Transaction		14.71
Card Transaction		401.4
Inward Payment	27.84	
Card Transaction		5.9
Inward Payment	13.4	
Card Transaction		22.08

Inward Payment	6.7	
Inward Payment	9.66	
Inward Payment	115.28	
Card Transaction		9.15
Inward Payment	13.4	
Card Transaction		13.8
Card Transaction		14.4
Card Transaction		13.8
Card Transaction		8
Inward Payment	82.19	
Outward Faster Payment		90
Card Transaction		0.45
Card Transaction		14.98
Card Transaction		22.08
Card Transaction		12.5
Card Transaction		10
Inward Payment	47.6	
Inward Payment	23.7	
Inward Payment	9.36	
Card Transaction		0.44
Card Transaction		14.83
Card Transaction		166.3
Card Transaction		42
Card Transaction		22.08
TRANSFER	42	
Inward Payment	114.52	
Card Transaction		94
Card Transaction		15.3
Card Transaction		2.16
Inward Payment	9.66	
Inward Payment	6.7	
Card Transaction		2.34
Card Transaction		219.95
Card Transaction		32.1
Card Transaction		10.1
Card Transaction		0.47
Card Transaction		15.74
Card Transaction		8.82
Outward Faster Payment		66
Outward Faster Payment		78
Outward Faster Payment		48
Inward Payment	40.2	
Inward Payment	7.39	
Inward Payment	46.9	
Card Transaction		22.08
Card Transaction		216

Outward Faster Payment		56.9
Outward Faster Payment		56.9
Card Transaction		0.49
Card Transaction		16.32
Card Transaction		196
Inward Payment	2899.5	
Inward Payment	0.01	