

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	04	2023		31	03	2024

Section A Reference and administration details

Charity name

The Mrama Foundation

Other names charity is known by

The Mārama Foundation

Registered charity number (if any)

1182755

2 Haddon Mead

South Woodham Ferrers

Chelmsford, Essex

Postcode

CM3 7AS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Bradley Fleming	Chairman		
2	Nechelle Fleming	Secretary		
3	David Scriven			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	<i>Constitution adopted 2nd April 2019</i>
How the charity is constituted (eg. trust, association, company)	<i>Charitable Incorporated Organisation</i>
Trustee selection methods (eg. appointed by, elected by)	<i>Trustees must be appointed by a resolution passed at a properly convened meeting of the charity trustees. There is no definitive time where they can be adopted.</i>

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of the CIO is to promote and protect the physical and mental health of sufferers of mental health conditions up to and including the age of thirty-five in the United Kingdom through the provision of financial assistance, support, education and practical advice.

Due to the educational and work commitments of the trustees for the financial year 2023-2024 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Due to the educational and work commitments of the trustees for the financial year 2023-2024 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.

Section E

Financial review

Brief statement of the charity's policy on reserves

Cash in the bank as of 31/03/2022 is £2130.89 of unrestricted funds. With the charity having agreed to not provide grants until there is a minimum of £3000 of funds that can be dedicated towards a course of treatments, there is currently no financial risk. Current funds will not be granted until there is a reserve of £500 in excess of the minimum granted fund amount. There are currently no continuing operating costs, but this is to meet any unforeseen expenditure that may occur.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

All funding has been via donation. The majority of these donations has come from fundraising and promotion of the Marathon event in the financial year 19/20.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

Bradley Fleming	Nechelle Fleming
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Position (eg Secretary, Chair, etc)

Chairman	Secretary
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Date

30/01/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Marama Foundation

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/04/2023

To

Period end date
31/03/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
Bank Fees	-	-	-	-	78
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	78
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	78
Net of receipts/(payments)	-	-	-	-	78
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2 131	-	-	2 131	2 209
Cash funds this year end	2 131	-	-	2 131	2 131

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance	2 131	-	-
		-	-	-
		-	-	-
	Total cash funds	2 131	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Bradley Fleming	30.01.2025	