

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	04	2022		31	03

## Section A Reference and administration details

Charity name	The Mrama Foundation
Other names charity is known by	The Mārama Foundation
Registered charity number (if any)	1182755
2 Haddon Mead	
South Woodham Ferrers	
Chelmsford, Essex	
Postcode	CM3 7AS

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Bradley Fleming	Chairman		
2	Nechelle Fleming	Secretary		
3	David Scriven			
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17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	<i>Constitution adopted 2<sup>nd</sup> April 2019</i>
How the charity is constituted (eg. trust, association, company)	<i>Charitable Incorporated Organisation</i>
Trustee selection methods (eg. appointed by, elected by)	<i>Trustees must be appointed by a resolution passed at a properly convened meeting of the charity trustees. There is no definitive time where they can be adopted.</i>

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

*The object of the CIO is to promote and protect the physical and mental health of sufferers of mental health conditions up to and including the age of thirty-five in the United Kingdom through the provision of financial assistance, support, education and practical advice.*

*Due to the educational and work commitments of the trustees for the financial year 2022-2023 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.*

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

*Due to the educational and work commitments of the trustees for the financial year 2022-2023 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.*

## Section E Financial review

### Brief statement of the charity's policy on reserves

*Cash in the bank as of 31/03/2022 is £2130.89 of unrestricted funds. With the charity having agreed to not provide grants until there is a minimum of £3000 of funds that can be dedicated towards a course of treatments, there is currently no financial risk. Current funds will not be granted until there is a reserve of £500 in excess of the minimum granted fund amount. There are currently no continuing operating costs, but this is to meet any unforeseen expenditure that may occur.*

### Details of any funds materially in deficit

Not applicable.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

*All funding has been via donation. The majority of these donations has come from fundraising and promotion of the Marathon event in the financial year 19/20.*

## Section F Other optional information

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## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Bradley Fleming	Nechelle Fleming
Position (eg Secretary, Chair, etc)	Chairman	Secretary
Date	31/01/2024	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

The Marama Foundation

No (if any)

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/04/2022

To

Period end date  
31/03/2023

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations		-	-	-	50
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	-	-	-	-	50
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	50
<b>A3 Payments</b>					
Bank Fees	78	-	-	78	96
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	78	-	-	78	96
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	78	-	-	78	96
<b>Net of receipts/(payments)</b>	- 78	-	-	- 78	- 46
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	2,209	-	-	2,209	2,255
<b>Cash funds this year end</b>	2,131	-	-	2,131	2,209

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank balance	2,131	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	2,131	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details			
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details			
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details			
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Bradley Fleming	31.01.2024	