

# THE MRAMA FOUNDATION

England & Wales · Charity number 1182755

## Details

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Other names	The Marama Foundation
Status	Registered
Legal form	CIO
Registered	2019-04-02
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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**Address** 2 Haddon Mead  
South Woodham Ferrers  
Chelmsford  
CM3 7AS

**Phone** 07821846062

## Activities

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**Objects:** THE OBJECT OF THE CIO IS TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF SUFFERERS OF MENTAL HEALTH CONDITIONS UP TO AND INCLUDING THE AGE OF THIRTY-FIVE IN THE UNITED KINGDOM THROUGH THE PROVISION OF FINANCIAL ASSISTANCE, SUPPORT, EDUCATION AND PRACTICAL ADVICE.

**Activities:** The Marama Foundation is a charitable organisation which was set up in order to be a helping hand for young people suffering with mental distress. The primary purpose of the charity is to provide funding for psychological intervention and talking therapies for young people suffering with mental distress between the ages of 11 and 35.

## Classification

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- **How:** Makes Grants To Organisations, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, Disability
- **Who:** Children/young People, The General Public/mankind

## Geography

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- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31		£0	£0	-
2024-03-31		£0	£0	-
2023-03-31		£0	£78	-
2022-03-31	£50		£96	-
2021-03-31	£0		£0	-

## Trustees

Name	Role	Appointed
<b>Bradley Fleming</b>	Chair	2019-04-02
David Scriven		2019-04-02
NECHELLE FLEMING		2019-04-02

**THE MRAMA FOUNDATION**

England & Wales - Charity number 1182755

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# Accounts

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<b>Trustees' Annual Report for the period</b>							
	Period start date				Period end date		
<b>From</b>	01	04	2024	<b>To</b>	31	03	2025

**Section A Reference and administration details**

**Charity name** The Mrama Foundation

**Other names charity is known by** The Mārama Foundation

**Registered charity number (if any)** 1182755

2 Haddon Mead	
South Woodham Ferrers	
Chelmsford, Essex	
<b>Postcode</b>	<b>CM3 7AS</b>

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<i>Bradley Fleming</i>	<i>Chairman</i>		
2	<i>Nechelle Fleming</i>	<i>Secretary</i>		
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	<i>Constitution adopted 2<sup>nd</sup> April 2019</i>
How the charity is constituted (eg. trust, association, company)	<i>Charitable Incorporated Organisation</i>
Trustee selection methods (eg. appointed by, elected by)	<i>Trustees must be appointed by a resolution passed at a properly convened meeting of the charity trustees. There is no definitive time where they can be adopted.</i>

**Section C Objectives and activities**

<b>Summary of the objects of the charity set out in its governing document</b>	<i>The object of the CIO is to promote and protect the physical and mental health of sufferers of mental health conditions up to and including the age of thirty-five in the United Kingdom through the provision of financial assistance, support, education and practical advice.</i>
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*Due to the educational and work commitments of the trustees for the financial year 2024-2025 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.*

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

Due to the trustees' educational and work commitments during the 2024–2025 financial year, no activities were undertaken to increase income or provide direct public benefit. As a result, the organisation was dormant for this period.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

*Cash in the bank as of 31/03/2024 is £2130.89 of unrestricted funds. With the charity having agreed to not provide grants until there is a minimum of £3000 of funds that can be dedicated towards a course of treatments, there is currently no financial risk. Current funds will not be granted until there is a reserve of £500 in excess of the minimum granted fund amount. There are currently no continuing operating costs, but this is to meet any unforeseen expenditure that may occur.*

### Details of any funds materially in deficit

Not applicable.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

*All funding has been via donation. The majority of these donations has come from fundraising and promotion of the Marathon event in the financial year 19/20.*

## Section F

## Other optional information


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## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Bradley Fleming	Nechelle Fleming
<b>Position (eg Secretary, Chair, etc)</b>	Chairman	Secretary
<b>Date</b>	28/01/2026	





CHARITY COMMISSION  
FOR ENGLAND AND WALES

The Marama Foundation

No (if any)

## Receipts and payments accounts


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For the period from	Period start date 01/04/2024	To	Period end date 31/03/2025
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	-	-	-	-	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	-
<b>A3 Payments</b>					
Bank Fees	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-
<b>Net of receipts/(payments)</b>	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2 131	-	-	2 131	2 131
<b>Cash funds this year end</b>	<b>2 131</b>	-	-	<b>2 131</b>	<b>2 131</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank balance	2 131	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>2 131</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Bradley Fleming	28.01.2026	

**THE MRAMA FOUNDATION**

England & Wales - Charity number 1182755

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# Accounts

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# Trustees' Annual Report for the period

	Period start date		Period end date
<b>From</b>	01	04	2023
<b>To</b>	31	03	2024

## Section A Reference and administration details

**Charity name**

The Mrama Foundation

**Other names charity is known by**

The Mārama Foundation

**Registered charity number (if any)**

1182755

2 Haddon Mead	
South Woodham Ferrers	
Chelmsford, Essex	
<b>Postcode</b>	<b>CM3 7AS</b>

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<i>Bradley Fleming</i>	<i>Chairman</i>		
2	<i>Nechelle Fleming</i>	<i>Secretary</i>		
3	<i>David Scriven</i>			
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

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**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	<i>Constitution adopted 2<sup>nd</sup> April 2019</i>
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<b>Summary of the objects of the charity set out in its governing document</b>	<i>The object of the CIO is to promote and protect the physical and mental health of sufferers of mental health conditions up to and including the age of thirty-five in the United Kingdom through the provision of financial assistance, support, education and practical advice.</i>
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*Due to the educational and work commitments of the trustees for the financial year 2023-2024 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.*

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

*Due to the educational and work commitments of the trustees for the financial year 2023-2024 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.*

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Cash in the bank as of 31/03/2022 is £2130.89 of unrestricted funds. With the charity having agreed to not provide grants until there is a minimum of £3000 of funds that can be dedicated towards a course of treatments, there is currently no financial risk. Current funds will not be granted until there is a reserve of £500 in excess of the minimum granted fund amount. There are currently no continuing operating costs, but this is to meet any unforeseen expenditure that may occur.

### Details of any funds materially in deficit

Not applicable.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

All funding has been via donation. The majority of these donations has come from fundraising and promotion of the Marathon event in the financial year 19/20.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

Bradley Fleming	Nechelle Fleming
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Position (eg Secretary, Chair, etc)

Chairman	Secretary
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**Date**

30/01/2025



CHARITY COMMISSION  
FOR ENGLAND AND WALES

The Marama Foundation

No (if any)

## Receipts and payments accounts

CC16a

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	-	-	-	-	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	-
<b>A3 Payments</b>					
Bank Fees	-	-	-	-	78
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	78
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	78
<b>Net of receipts/(payments)</b>	-	-	-	-	78
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2 131	-	-	2 131	2 209
<b>Cash funds this year end</b>	2 131	-	-	2 131	2 131

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank balance	2 131	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	2 131	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Bradley Fleming	30.01.2025

**THE MRAMA FOUNDATION**

England & Wales - Charity number 1182755

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# Accounts

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Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	04	2022		31	03

**Section A Reference and administration details**

**Charity name**

**Other names charity is known by**

**Registered charity number (if any)**

**Postcode**

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<i>Bradley Fleming</i>	<i>Chairman</i>		
2	<i>Nechelle Fleming</i>	<i>Secretary</i>		
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	<i>Constitution adopted 2<sup>nd</sup> April 2019</i>
How the charity is constituted (eg. trust, association, company)	<i>Charitable Incorporated Organisation</i>
Trustee selection methods (eg. appointed by, elected by)	<i>Trustees must be appointed by a resolution passed at a properly convened meeting of the charity trustees. There is no definitive time where they can be adopted.</i>

**Section C Objectives and activities**

<b>Summary of the objects of the charity set out in its governing document</b>	<i>The object of the CIO is to promote and protect the physical and mental health of sufferers of mental health conditions up to and including the age of thirty-five in the United Kingdom through the provision of financial assistance, support, education and practical advice.</i>
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*Due to the educational and work commitments of the trustees for the financial year 2022-2023 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.*

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

*Due to the educational and work commitments of the trustees for the financial year 2022-2023 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.*

## Section E Financial review

### Brief statement of the charity's policy on reserves

*Cash in the bank as of 31/03/2022 is £2130.89 of unrestricted funds. With the charity having agreed to not provide grants until there is a minimum of £3000 of funds that can be dedicated towards a course of treatments, there is currently no financial risk. Current funds will not be granted until there is a reserve of £500 in excess of the minimum granted fund amount. There are currently no continuing operating costs, but this is to meet any unforeseen expenditure that may occur.*

### Details of any funds materially in deficit

Not applicable.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

*All funding has been via donation. The majority of these donations has come from fundraising and promotion of the Marathon event in the financial year 19/20.*

## Section F Other optional information

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## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Bradley Fleming	Nechelle Fleming
<b>Position (eg Secretary, Chair, etc)</b>	Chairman	Secretary
<b>Date</b>	31/01/2024	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

The Marama Foundation

No (if any)

## Receipts and payments accounts

CC16a

For the period from	Period start date 01/04/2022	To	Period end date 31/03/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	-	-	-	-	50
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	-	-	-	-	50
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	50
<b>A3 Payments</b>					
Bank Fees	78	-	-	78	96
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	78	-	-	78	96
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	78	-	-	78	96
<b>Net of receipts/(payments)</b>	- 78	-	-	- 78	- 46
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,209	-	-	2,209	2,255
<b>Cash funds this year end</b>	2,131	-	-	2,131	2,209

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank balance	2,131	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	2,131	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Bradley Fleming	31.01.2024

**THE MRAMA FOUNDATION**

England & Wales - Charity number 1182755

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# Accounts

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Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	04	2021		31	03

**Section A Reference and administration details**

**Charity name**

**Other names charity is known by**

**Registered charity number (if any)**

2 Haddon Mead	
South Woodham Ferrers	
Chelmsford, Essex	
<b>Postcode</b>	<b>CM3 7AS</b>

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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

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Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	<i>Constitution adopted 2<sup>nd</sup> April 2019</i>
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Trustee selection methods (eg. appointed by, elected by)	<i>Trustees must be appointed by a resolution passed at a properly convened meeting of the charity trustees. There is no definitive time where they can be adopted.</i>

**Section C Objectives and activities**

<b>Summary of the objects of the charity set out in its governing document</b>	<i>The object of the CIO is to promote and protect the physical and mental health of sufferers of mental health conditions up to and including the age of thirty-five in the United Kingdom through the provision of financial assistance, support, education and practical advice.</i>
--	---

*Due to the educational and work commitments of the trustees for the financial year 2021-2022 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.*

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

*Due to the educational and work commitments of the trustees for the financial year 2021-2022 there was not activity that increased income or that was directly undertaken for the public benefit. Activity was dormant for this year.*

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Cash in the bank as of 31/03/2022 is £2209 of unrestricted funds. With the charity having agreed to not provide grants until there is a minimum of £3000 of funds that can be dedicated towards a course of treatments, there is currently no financial risk. Current funds will not be granted until there is a reserve of £500 in excess of the minimum granted fund amount. There are currently no continuing operating costs, but this is to meet any unforeseen expenditure that may occur.

### Details of any funds materially in deficit

Not applicable.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

All funding has been via donation. The majority of these donations has come from fundraising and promotion of the Marathon event in the financial year 19/20.

## Section F

## Other optional information



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## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Bradley Fleming	Nechelle Fleming
Position (eg Secretary, Chair, etc)	Chairman	Secretary
Date	02/01/2023	



## Receipts and payments accounts

For the period from	Period start date 01/04/2021	To	Period end date 31/03/2022
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
<b>A1 Receipts</b>				
Donations	50	-	-	50
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>50</b>	<b>-</b>	<b>-</b>	<b>50</b>
<b>A2 Asset and investment sales, (see table).</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>50</b>	<b>-</b>	<b>-</b>	<b>50</b>
<b>A3 Payments</b>				
Bank Fees	96	-	-	96
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>96</b>	<b>-</b>	<b>-</b>	<b>96</b>
<b>A4 Asset and investment purchases, (see table)</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>96</b>	<b>-</b>	<b>-</b>	<b>96</b>
<b>Net of receipts/(payments)</b>	<b>- 46</b>	<b>-</b>	<b>-</b>	<b>- 46</b>
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	2,255	-	-	2,255
<b>Cash funds this year end</b>	<b>2,209</b>	<b>-</b>	<b>-</b>	<b>2,209</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B1 Cash funds</b>	Bank balance	2,255	-
		-	-
		-	-
	<b>Total cash funds</b>	<b>2,255</b>	<b>-</b>

(agree balances with receipts and payments account(s))

Agreement Error

OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B2 Other monetary assets</b>		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Categories	Details	Fund to which asset belongs	Cost (optional)
<b>B3 Investment assets</b>			-
			-
			-
			-
			-

Categories	Details	Fund to which asset belongs	Cost (optional)
<b>B4 Assets retained for the charity's own use</b>			-
			-
			-
			-
			-
			-
			-
			-
			-

Categories	Details	Fund to which liability relates	Amount due (optional)
<b>B5 Liabilities</b>			-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Bradley Fleming

**CC16a**



**Last year**  
to the nearest £

120
-
-
-
-
-
-
-
-
120

-
-

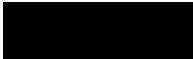
120
-----

15
-
-
-
-
-
-
-
-
-
15

-

15
----

105
-
-
105



**Endowment funds**  
to nearest £

-
-
-
-

OK

**Endowment funds**  
to nearest £

-
-
-
-
-
-

**Current value (optional)**

-
-
-
-
-

**Current value (optional)**

-
-
-
-
-
-
-
-
-

**When due (optional)**


Date of approval

02.01.2023

**THE MRAMA FOUNDATION**

England & Wales - Charity number 1182755

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# Accounts

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# Trustees' Annual Report for the period

	Period start date				Period end date		
<b>From</b>	01	04	2020	<b>To</b>	31	03	2021

## Section A Reference and administration details

**Charity name**

The Mrama Foundation

**Other names charity is known by**

The Mārama Foundation

**Registered charity number (if any)**

1182755

2 Haddon Mead  
 South Woodham Ferrers  
 Chelmsford, Essex  
**Postcode** **CM3 7AS**

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<i>Bradley Fleming</i>	<i>Chairman</i>		
2	<i>Nechelle Fleming</i>	<i>Secretary</i>		
3	<i>David Scriven</i>			
4	<i>Lisa Mack</i>			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	<i>Constitution adopted 2<sup>nd</sup> April 2019</i>
How the charity is constituted (eg. trust, association, company)	<i>Charitable Incorporated Organisation</i>
Trustee selection methods (eg. appointed by, elected by)	<i>Trustees must be appointed by a resolution passed at a properly convened meeting of the charity trustees. There is no definitive time where they can be adopted.</i>

**Section C Objectives and activities**

<b>Summary of the objects of the charity set out in its governing document</b>	<i>The object of the CIO is to promote and protect the physical and mental health of sufferers of mental health conditions up to and including the age of thirty-five in the United Kingdom through the provision of financial assistance, support, education and practical advice.</i>
--	---

*Due to the Corona Virus (Covid-19) epidemic, the trustees were unable to complete activities for the charity which were for the public benefit. Activity was dormant for this year.*

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

*Due to the Corona Virus (Covid-19) epidemic, the trustees were unable to complete activities for the charity which were for the public benefit. Activity was dormant for this year.*

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

*Cash in the bank as of 31/03/2021 is £2255 of unrestricted funds. With the charity having agreed to not provide grants until there is a minimum of £3000 of funds that can be dedicated towards a course of treatments, there is currently no financial risk. Current funds will not be granted until there is a reserve of £500 in excess of the minimum granted fund amount. There are currently no continuing operating costs, but this is to meet any unforeseen expenditure that may occur.*

*Updated January 2023 for unaccounted income / expenditure.*

### Details of any funds materially in deficit

Not applicable.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

*All funding has been via donation. The majority of these donations has come from fundraising and promotion of the Marathon event in the previous financial year.*

## Section F

## Other optional information

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## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Bradley Fleming	Nechelle Fleming
<b>Position (eg Secretary, Chair, etc)</b>	Chairman	Secretary

**Date**

02/01/2023



## Receipts and payments accounts

For the period from	Period start date 01/04/2020	To	Period end date 31/03/2021
---------------------	---------------------------------	----	-------------------------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
<b>A1 Receipts</b>				
Fundraising Income	-	-	-	-
Donations	120	-	-	120
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>120</b>	<b>-</b>	<b>-</b>	<b>120</b>
<b>A2 Asset and investment sales, (see table).</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>120</b>	<b>-</b>	<b>-</b>	<b>120</b>
<b>A3 Payments</b>				
Bank Fees	69	-	-	69
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>69</b>	<b>-</b>	<b>-</b>	<b>69</b>
<b>A4 Asset and investment purchases, (see table)</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>69</b>	<b>-</b>	<b>-</b>	<b>69</b>
<b>Net of receipts/(payments)</b>	<b>51</b>	<b>-</b>	<b>-</b>	<b>51</b>
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	2,204	-	-	2,204
<b>Cash funds this year end</b>	<b>2,255</b>	<b>-</b>	<b>-</b>	<b>2,255</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B1 Cash funds</b>	Bank balance	2,255	-
		-	-
		-	-
	<b>Total cash funds</b>	<b>2,255</b>	<b>-</b>

(agree balances with receipts and payments account(s))

OK

Unrestricted funds  
to nearest £

OK

Restricted funds  
to nearest £

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B2 Other monetary assets</b>		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Categories	Details	Fund to which asset belongs	Cost (optional)
<b>B3 Investment assets</b>			-
			-
			-
			-
			-

Categories	Details	Fund to which asset belongs	Cost (optional)
<b>B4 Assets retained for the charity's own use</b>			-
			-
			-
			-
			-
			-
			-
			-
			-

Categories	Details	Fund to which liability relates	Amount due (optional)
<b>B5 Liabilities</b>			-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Bradley Fleming

**CC16a**



**Last year**  
to the nearest £

1,994
225
-
-
-
-
-
-
2,219

-
-
-

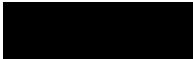
2,219
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15
-
-
-
-
-
-
-
-
15

-
-
-

15
----

2,204
-
-
2,204



**Endowment funds**  
to nearest £

-
-
-
-

OK

**Endowment funds**  
to nearest £

-
-
-
-
-
-

**Current value**  
(optional)

-
-
-
-
-

**Current value**  
(optional)

-
-
-
-
-
-
-
-
-

**When due**  
(optional)


Date of approval

02.01.2023