

Community Coaching CIO
Charity registration: 1182749
Trustees' Report & Financial Statements
For the year ended 2nd April 2020

Administrative Details

Registered Charity Number 1182749

Registered Address: 79 Bradshaw View, Queensbury, Bradford,
BD13 2FF

Bank Details:

Santander
Customer Service Centre,
Bootle,
Merseyside,
L30 4GB

Board of Trustees:

David Lloyd, Chair (1st April 2019-date)
Deborah Eggett, Trustee (1st April 2019-date)
Claire McGuigan, Trustee (1 April 2019-date)

Introduction from our Chair

Our second year as a registered charity has been an exciting and busy time working towards our vision to engage with disadvantaged people across the Bradford and Calderdale district. Over the past 12 months we have taken big steps forward as an organisation in developing our core programmes, refining our processes and building our internal capacity. We are incredibly proud of the work we have undertaken this year, during what has been an incredibly difficult time.

We have innovated to deliver a wide variety of online fitness sessions, including parent and toddler sessions, classes for the elderly, movement to music groups, and seated exercise classes.

We have established and built new relationships in the community, not only benefited hundreds of local people but also strengthened our position to move forward with geographically expanding our work and exploring opportunities for the set-up of additional groups into the year ahead.

Community Coaching is reliant on the many volunteers from the communities we aim to serve who make our work possible and act as inspiring role models encouraging others to take up the classes and increase the number of volunteers. We are very grateful for all their hard work and commitment particularly in this early stage of the organisation's journey to help us move forwards with our vision.

The year has ended with considerable challenges in the face of the Covid-19 pandemic, but we are confident about our ability as an organisation to continue to engage with and support our communities during this difficult time. Physical sessions are a lifeline for many people to stay active and tackle loneliness, and we remain committed to doing whatever we can to keep people moving over the coming months.

Key achievements

This year we increased our volunteer base to 10. Our volunteers are central to our model of sustainable physical fitness groups and it is essential that they feel supported and invested in and that we also have an eye on quality control and ensuring consistency of experience across all our groups. We value our volunteers hugely and have invested considerable time this year improving our volunteer management processes - this has included introducing skills development training.

Ladies Cycling with Confidence Course

In September 2020 we found out we had been successful in securing a grant to set up our first Ladies Cycling group. This was a very exciting development as we knew the demand for the group was high and the rides started with immediate success. During the pandemic we were able to adapt the group by providing individuals with tailored routes locally for ladies to explore.

Parent and toddler sessions

Throughout the chaos and challenges that we all faced during 2020, we were able to deliver 30 virtual Physical Play sessions for Early Years children and their families across the Bradford district. Meaning we had 348 attendees at our sessions during the most difficult times.

Securing grant funding has also meant that we have been able to deliver our keep busy boxes which contain a variety of Early Years sports equipment directly to 40 of the most disadvantaged families in our area, many of whom have been placed in foster care or are looked after by the local authority. Our keep busy boxes contained items such as footballs, skittles, skipping ropes, egg and spoons, balancing domes, bubble machines, bean bags, nursery rhymes and activity packs. These have been a welcome distraction to these children during the pandemic, when access to any kind of activity has been impossible.

Our Covid 19 response

In March 2020, like all other charities, community groups and wider organisations, we were faced with working out the implication of Covid 19 on our activities. We amended our delivery plans, spoke to funders and also consulted our groups about what support they would like to see to keep them moving during lockdown. Cycling has played a key role as a solution within the pandemic - a way of avoiding public transport (both for commuting and leisure purposes) and a way to maintain mental health and physical health for individuals and their families as it remained a permitted activity when so much else was closed.

Going forwards into the next financial year we will be introducing a number of initiatives based on this feedback to support our community in these unprecedented circumstances.

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Income and Expenditure for Year Ending 2nd April 2021

<u>Income</u>	<u>2.4.2021</u>	<u>Expenditure</u>	<u>2.4.2021</u>
Balance B/F Current A/C	£1,200.35	Cost of Charitable activity	£19,557.66
Grants Revenue	£19,068.99	Bank Charges	£90
Donations and Gifts	£3,118.06	Telephone/internet	£287.18
Other income	£0	Support costs	£428.06
Subtotal of income	<u>22,187.05</u>	Subtotal of Expenditure	<u>20,362.90</u>
		Current a/c	3024.50
		Suspense a/c	
		Petty cash	

Fund balance at end of period:

Restricted:	1,000
Unrestricted:	2024.50
Designated	0

Cash funds as at 2.4.21 3024.50

These accounts were approved by the Trustees and signed on their behalf on 19th April 2020 by:

David Lloyd

David Lloyd
Chair