

Parkfield Equine Solutions

Charity number 1182747

Trustees' Annual Report

and Accounts

for the period 1 April 2024 to 31 March 2025

Parkfield Equine Solutions  
Charity Information  
for the year ended 31 March 2025

|                                  |                                                                                                                                                                                  |
|----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Trustees</b>                  | Linda Jordan,<br>Anita Riseborough, Treasurer (appointed March 2025)<br>Sara DeVries<br>Ines Harrison, Chairperson<br>Louise Shara Mattock<br>Sian Thomas (appointed March 2025) |
| <b>Address</b>                   | 11 Greenlands Drive<br>Burgess Hill<br>W.Sussex RH15 0AZ                                                                                                                         |
| <b>Registered Charity Number</b> | 1182747                                                                                                                                                                          |
| <b>Bank</b>                      | Co-Operative Bank<br>1 Balloon Street<br>Manchester M4 4BE                                                                                                                       |

**Independent Examiner** Charles Mackendrick

## **Structure, Governance and Management**

Parkfield Equine Solutions (PES) was registered as a charity on 2 April 2019. The charity is constituted as a Charitable Incorporated Organisation and the governing document is its Constitution.

In appointing the first Trustees the objective was to recruit a group of people with skills, knowledge and experience for the effective administration of the Charity both to oversee the governance and management of the Charity but also to ensure the welfare of the horses and ponies used in the charity's work.

Before appointment each Trustee read and signed PES Safeguarding Policy and in line with that policy has undertaken safeguarding training as part of their induction. Trustees are required to undertake a DBS check, and this check and safeguarding training must be renewed regularly.

## **Objectives and Activities**

The objective of PES is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by enhancing life skills of such people through interaction with horses and by advancing the education of such people and those supporting such people.

The main activity is ReStart, our flagship, evidence based equine assisted behaviour change programme is offered to participants by referral from professionals in mental health, social work or education. The course is delivered 1:1 by a trained facilitator for 2 hours a day over 5 consecutive days. ReStart participants and their key workers receive detailed feedback at the end of the course, hand back and follow-up.

The Trustees declare that they have complied with their duty to have regards to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

## Achievements and Performance

The financial year 2024-25 was our most successful. We raised just over £95,000 to fund our work. Our flagship ReStart programme continues to be the course we offer to the most participants, with increased funding we are now able to back this up by giving participants more access to Top-Up sessions. These are short sessions designed to consolidate and reinforce the skills taught in ReStart. We have also been able to offer more flexibility to our participants by offering Lighter Touch sessions on a weekly or fortnightly basis to participants needing less intensive input or who are unable to attend for one whole week. This has shown to be popular and equally effective in terms of benefit to the participant. We have developed a monthly Youth Group and Adult Group for people who have graduated the programme and wish to return as supported volunteers. This allows us to offer the much required longer term support and providing them a brighter future with increased re-integration with peers. We have a dedicated facilitator delivering these sessions, supported by volunteers, this means participants who have returned to education, training or education through taking part in ReStart can come to the stables at the weekend.

We continue to deliver team-building wellbeing sessions and non-verbal workshops to teach the life skills to groups of participants and professionals using our specially trained horses and ponies. We have also trained a Facilitator from Slovenia, who returned home and has now set up a new centre delivering TheHorseCourse to vulnerable young people and adults.

We have continued to work in partnership with mental health teams, - The Sid Youth, schools and Early Help teams from West Sussex. New partnerships included the Sensory Team from Millview Psychiatric Hospital and the Young Carers Team.

As well as our data showing that our participants made an average 51% shift across all 8 points on our Outcome Star, we love receiving powerful testimonials from our participants: they told us-

*"I learned that making mistakes when you learn is not a mistake - it's just learning"*

*"It was great - it helped me stay calm and learn to manage my temper"*

*"It would be good for anyone who is anxious. Vicki was so patient and helped me find how to be calm. Being with the horses was such an incredible experience - I really felt the connection and felt calmer than I had for a long time"*

## Financial Review

In the twelve months to 31 March 2025 we raised £95,488, our most successful year to date.

The majority of our funding comes from grants. This year we raised £88,810 from funders. This equates to 93% of our income. The table below shows our funders for 2024-2025.

| Organisation                             | Amount raised<br>£ |
|------------------------------------------|--------------------|
| Hendy Foundation                         | 2,475              |
| National Lottery Reaching Community Fund | 31,400             |
| Sussex Police and Crime Commissioner     | 4,950              |
| Ernest Kleinwort Charitable Trust        | 5,000              |
| Sussex Community Fund                    | 9,915              |
| Albert Hunt Trust                        | 2,000              |
| Pets Foundation                          | 25,000             |
| D'Oyly Carte Charitable Trust            | 4,000              |
| Mid Sussex District Council              | 4,070              |

6 of the funders have funded our work previously and continue to fund us. Hendy Foundation, Mid Sussex DC and Albert Hunt Trust were first time funders. Although The National Lottery has funded us previously with Awards for All grants, this was the first time we were awarded a 3 year Reaching Communities Grant (totalling £104,000 over 3 years).

Course fees that were paid for by referrers accounted for 3.4% of income and donations accounted for 3.6%.

At the end of the financial year we held reserves of £30,272. This was in excess of our target to hold the equivalent of 6 ReStart courses in reserve.

**Declaration**

The Trustees declare that they have approved the Trustees' report above

Signed on behalf of the Trustees

Signature

..... 

Full name

..... INES HARRISON

Position

..... CHAIR

Date

10.1.2026

Independent Examiner's Report on the Accounts

The Independent Examiners report has been appended to the annual report.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Parkfield Equine Solutions

No (if any)  
1182747

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01-Apr-24

To

Period end date  
31-Mar-25

### Section A Receipts and payments

|                                                       | Unrestricted<br>funds<br>to the nearest<br>£ | Restricted<br>funds<br>to the nearest £ | Endowment<br>funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|-------------------------------------------------------|----------------------------------------------|-----------------------------------------|----------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |                                              |                                         |                                        |                                 |                               |
| Grants                                                | -                                            | 88,810                                  | -                                      | 88,810                          | 58,775                        |
| Donations                                             | 3,442                                        | -                                       | -                                      | 3,442                           | 3,022                         |
| Fees                                                  | 3,236                                        | -                                       | -                                      | 3,236                           | 10,090                        |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <b>6,678</b>                                 | <b>88,810</b>                           | <b>-</b>                               | <b>95,488</b>                   | <b>71,887</b>                 |
| <b>A2 Asset and investment sales, (see table).</b>    |                                              |                                         |                                        |                                 |                               |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                                     | <b>-</b>                                | <b>-</b>                               | <b>-</b>                        | <b>-</b>                      |
| <b>Total receipts</b>                                 | <b>6,678</b>                                 | <b>88,810</b>                           | <b>-</b>                               | <b>95,488</b>                   | <b>71,887</b>                 |
| <b>A3 Payments</b>                                    |                                              |                                         |                                        |                                 |                               |
| Course costs                                          | -                                            | 69,148                                  | -                                      | 69,148                          | 77,254                        |
| Governance                                            | 390                                          | -                                       | -                                      | 390                             | 338                           |
| Insurance                                             | 578                                          | -                                       | -                                      | 578                             | 561                           |
| Equipment & IT                                        | 707                                          | -                                       | -                                      | 707                             | 1,103                         |
| Volunteer costs                                       | 262                                          | -                                       | -                                      | 262                             | 348                           |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | <b>1,937</b>                                 | <b>69,148</b>                           | <b>-</b>                               | <b>71,085</b>                   | <b>79,604</b>                 |
| <b>A4 Asset and investment purchases, (see table)</b> |                                              |                                         |                                        |                                 |                               |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                                     | <b>-</b>                                | <b>-</b>                               | <b>-</b>                        | <b>-</b>                      |
| <b>Total payments</b>                                 | <b>1,937</b>                                 | <b>69,148</b>                           | <b>-</b>                               | <b>71,085</b>                   | <b>79,604</b>                 |
| <b>Net of receipts/(payments)</b>                     | <b>4,741</b>                                 | <b>19,662</b>                           | <b>-</b>                               | <b>24,403</b>                   | <b>- 7,717</b>                |
| <b>A5 Transfers between funds</b>                     | <b>-</b>                                     | <b>-</b>                                | <b>-</b>                               | <b>-</b>                        | <b>-</b>                      |
| <b>A6 Cash funds last year end</b>                    | <b>5,134</b>                                 | <b>735</b>                              | <b>-</b>                               | <b>5,869</b>                    | <b>13,586</b>                 |
| <b>Cash funds this year end</b>                       | <b>9,875</b>                                 | <b>20,397</b>                           | <b>-</b>                               | <b>30,272</b>                   | <b>5,869</b>                  |

## Section B Statement of assets and liabilities at the end of the period

| Categories                                                  | Details                                                | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|-------------------------------------------------------------|--------------------------------------------------------|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b>                                        | Bank                                                   | 9,876                              | 20,397                           | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             | <b>Total cash funds</b>                                | <b>9,876</b>                       | <b>20,397</b>                    | <b>-</b>                        |
|                                                             | (agree balances with receipts and payments account(s)) | Agreement Error                    | OK                               | OK                              |
|                                                             |                                                        | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
| <b>B2 Other monetary assets</b>                             | Details                                                | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
|                                                             |                                                        | -                                  | -                                | -                               |
| <b>B3 Investment assets</b>                                 | Details                                                | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
| <b>B4 Assets retained for the charity's own use</b>         | Details                                                | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
|                                                             |                                                        |                                    | -                                | -                               |
| <b>B5 Liabilities</b>                                       | Details                                                | Fund to which liability relates    | Amount due (optional)            | When due (optional)             |
|                                                             |                                                        |                                    | -                                |                                 |
|                                                             |                                                        |                                    | -                                |                                 |
|                                                             |                                                        |                                    | -                                |                                 |
|                                                             |                                                        |                                    | -                                |                                 |
| Signed by one or two trustees on behalf of all the trustees | Signature                                              | Print Name                         | Date of approval                 |                                 |
|                                                             |                                                        |                                    |                                  |                                 |
|                                                             |                                                        |                                    |                                  |                                 |

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PARKFIELD EQUINE SOLUTIONS**  
**(Registered Charity No. 1182747)**

I report on the accounts of Parkfield Equine Solutions for the year ended 31<sup>st</sup> March 2025 which are set out on pages 7 and 8

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention

**Basis of independent examiner's statement**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention which give me cause to believe that in, an material respect:

- Accounting records were not kept in accordance with section 130 of the 2011 Act, or
- The accounts do not accord with the accounting records.

I have come across no other matters in connections with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Signed by Charles Mackendrick  
Rookery Cottage  
Hoe Lane, Flansham,  
Felpham, West Sussex  
PO22 8NT

Date *8th January 2026*