

Parkfield Equine Solutions
Charity number 1182747

Trustees' Annual Report
and Accounts
for the period 1 April 2023 to 31 March 2024

Parkfield Equine Solutions
Charity Information
for the year ended 31 March 202

Trustees	Ines Harrison Chairperson Josephine McCullough, Treasurer Linda Jordan Sara DeVries Louise Shara Mattock
----------	--

Address	Parkfield Stables Bedlam Street Hurstpierpoint West Sussex BN6 9EW
---------	--

Registered Charity Number	1182747
---------------------------	---------

Bank	Metro Bank One Southampton Row London WC1B 5HA
------	--

Independent Examiner	Steve Brentnall
----------------------	-----------------

Structure, Governance and Management

Parkfield Equine Solutions (PES) was registered as a charity on 2 April 2019. The charity is constituted as a Charitable Incorporated Organisation and the governing document is its Constitution.

In appointing the first Trustees the objective was to recruit a group of people with skills, knowledge and experience for the effective administration of the Charity both to oversee the governance and management of the Charity but also to ensure the welfare of the horses and ponies used in the charity's work.

Before appointment each Trustee read and signed PES Safeguarding Policy and in line with that policy has undertaken safeguarding training as part of their induction. Trustees are required to undertake a DBS check, and this check and safeguarding training must be renewed regularly.

Objectives and Activities

The objective of PES is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by enhancing life skills of such people through interaction with horses and by advancing the education of such people and those supporting such people.

The main activity is ReStart, our flagship, evidence based equine assisted behaviour change programme is offered to participants by referral from professionals in mental health, social work or education. The course is delivered 1:1 by a trained facilitator for 2 hours a day over 5 consecutive days. ReStart participants and their key workers receive detailed feedback at the end of the course, hand back and follow-up.

The Trustees declare that they have complied with their duty to have regards to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

Achievements and Performance

We continue to offer the flagship Restart course; this year we delivered over 30 Restart programmes. We continue to offer ongoing support to participants by delivering Top Up sessions following Restart: we have realized how powerful a short top up can be and have become more responsive to participants individual needs in the number/duration of top ups they receive. To accommodate those with less intensive need and offer a more flexible approach to attending we have started to offer weekly sessions with weekday or weekend availability.

We continue to form partnerships with other organisations, in the year we have worked with new partners Gateway Women's Centre and Change Grow Live and continued to work with the Sid Youth organization.

Our work has developed since we launched it to work with groups of participants. One of our partnerships in this setting has been with the Psychology department in Brighton - supporting their Trauma Stabilisation Courses. Post-COVID we developed and delivered well-being workshops to NHS staff, and these have continued over the last year supporting NHS staff suffering stress and anxiety.

The most powerful expression of our achievements comes from our participants themselves. Here are some things they have told us:

"it helped me control my anger."

"I felt calmer and understand my emotions more."

School group excluded or risk of exclusion:

"Thank you for the incredible experience at Parkfield Equine Solutions.

I have never done anything like that before and if someone had told me how I would feel I wouldn't have believed them.

Grooming George was amazing. He was so calm and when he nuzzled into my shoulder, I felt a connection with him that I wouldn't have thought possible. I could have stayed with him for hours.

Also walking and trotting alongside Alice was something I would never have thought I could do.

I gained lots of knowledge about these beautiful horses and it was great to meet the ladies there and a honour to see the trust and bond between these inspirational ladies and their horses.

I left with a wonderful feeling of calmness in my body especially in my chest which I very rarely have".

Gateway Women's Centre participant.

Financial Review

In the twelve months to 31 March 2024 we raised £71,887, an increase of over £21,000 and 44% on the previous year. Making 2023-2024 our most successful year to date.

The majority of our funding comes from grants. This year we raised £58,775 from 7 funders. This equates to 82% of our income. The table below shows our funders for 2022-2023.

Organisation	Amount raised £
Pets at Home Foundation	20,000
National Lottery Community Fund	10,000
Sussex Police and Crime Commissioner	8,125
Ernest Kleinwort Charitable Trust	6,500
Sussex Community Fund	7,650
D'Oyly Carte Charitable Trust	4,000
The KFC Foundation	2,500

Pets at Home Foundation, D'Oyly Carte Charitable Trust and The KFC Foundation were new funders in 2023-24. We are extremely grateful for the support of all our funders.

Course fees that were paid for by referrers accounted for 14% of income and donations accounted for 4%.

At the end of the financial year we held reserves of £5,869. This is slightly below our target of holding equivalent to 6 ReStart courses in reserve.

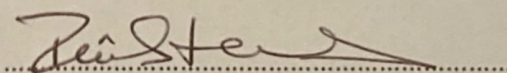
Payment to Trustee. Trustees agreed to payments totalling £2,006 (£4,283 in 2022-23) to Sara DeVries for her services as a freelance facilitator during 2023-2024. Sara is a qualified facilitator accredited by TheHorseCourse. The Trustees considered her qualification and skills to be such that there are very few other facilitators that could offer their services.

Declaration

The Trustees declare that they have approved the Trustees' report above

Signed on behalf of the Trustees

Signature



Full name

INES HARRISON

Position

CHAIR

Date

19/11/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Parkfield Equine Solutions

1182747

Receipts and payments accounts

CC16a

For the period
from

01-Apr-23

To

31-Mar-24

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Grants	-	58,775	-	58,775	43,250
Donations	3,022	-	-	3,022	3,159
Fees	10,090	-	-	10,090	3,618
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	13,112	58,775	-	71,887	50,027
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	13,112	58,775	-	71,887	50,027
A3 Payments					
Course costs	12,090	65,164	-	77,254	47,411
Governance	338	-	-	338	710
Insurance	561	-	-	561	561
Equipment & IT	1,103	-	-	1,103	516
Volunteer costs	-	348	-	348	857
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	14,092	65,512	-	79,604	50,055
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	14,092	65,512	-	79,604	50,055
Net of receipts/(payments)	- 980	- 6,737	-	- 7,717	- 28
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	6,114	7,472	-	13,586	13,614
Cash funds this year end	5,134	735	-	5,869	13,586

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	4,857	735	-
	Soldo	277	-	-
			-	-
	Total cash funds	5,134	735	-

(agree balances with receipts and payments account(s))

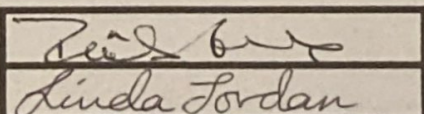
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	LINDA JORDAN	19/11/2024
	LINDA JORDAN	19/11/24

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
PARKFIELD EQUINE SOLUTIONS [Registered Charity No. 1182747]**

I report on the accounts of Parkfield Equine Solutions for the year ended 31st March 2024 which are set out on pages 5 and 6.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is eligible for independent examination, it is my responsibility to :-

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which give me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the 2011 Act, or
- the accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Signed by :-

Steve Brentnall IE

1 Meadow View Cottages

Town Littleworth

LEWES

BN8 4TH

Date: 20th November 2024