

Parkfield Equine Solutions
Charity number 1182747

**Trustees' Annual Report
and Accounts
for the period 1 April 2022 to 31 March 2023**

Parkfield Equine Solutions
Charity Information
for the year ended 31 March 2023

Trustees	Linda Jordan, Chairperson Josephine McCullough, Treasurer Sara DeVries Ines Harrison Louise Shara Mattock (appointed 13 November 2022)
Address	Parkfield Stables Bedlam Street Hurstpierpoint West Sussex BN6 9EW
Registered Charity Number	1182747
Bank	Metro Bank One Southampton Row London WC1B 5HA
Independent Examiner	Steve Brentnall FCIE

Structure, Governance and Management

Parkfield Equine Solutions (PES) was registered as a charity on 2 April 2019. The charity is constituted as a Charitable Incorporated Organisation and the governing document is its Constitution.

In appointing the first Trustees the objective was to recruit a group of people with skills, knowledge and experience for the effective administration of the Charity both to oversee the governance and management of the Charity but also to ensure the welfare of the horses and ponies used in the charity's work.

Before appointment each Trustee read and signed PES Safeguarding Policy and in line with that policy has undertaken safeguarding training as part of their induction. Trustees are required to undertake a DBS check, and this check and safeguarding training must be renewed regularly.

Objectives and Activities

The objective of PES is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by enhancing life skills of such people through interaction with horses and by advancing the education of such people and those supporting such people.

The main activity is ReStart, our flagship, evidence based equine assisted behaviour change programme is offered to participants by referral from professionals in mental health, social work or education. The course is delivered 1:1 by a trained facilitator for 2 hours a day over 5 consecutive days. ReStart participants and their key workers receive detailed feedback at the end of the course, hand back and follow-up.

The Trustees declare that they have complied with their duty to have regards to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

Achievements and Performance

The financial year 2022-23 was our most successful. We raised just over £50,000 to fund our work. Our flagship Restart programme continues to be the course we offer to the most participants, with increased funding we are now able to back this up by giving participants more access to top-up sessions. These are short sessions designed to consolidate and reinforce the skills taught in Restart. We have also been able to offer more flexibility to our participants by offering top ups at the weekend, we have a dedicated facilitator delivering these sessions, this means participants who have returned to education, training or education through taking part in Restart can come to the stables at the weekend.

Here are some of the feedback comments we have had from participants who have been on Restart:

"I've been in therapy since I was 13 years old – I've tried everything – this was the first time I have felt connection"

"It really helped my confidence 10/10"

"It helped me to connect with how to feel calm and grounded"

We continue to deliver team-building wellbeing sessions and non-verbal workshops to teach the life skills to groups of participants using our specially trained horses and ponies.

Financial Review

In the twelve months to 31 March 2023 we raised £50,027 (2021-22 £30,243). Our most successful year to date.

The majority of our funding comes from grants. This year we raised £43,250 from 7 funders. This equates to 86% of our income. The table below shows our funders for 2022-2023.

Organisation	Amount raised £
Children in Need	10,500
National Lottery Community Fund	10,000
Sussex Police and Crime Commissioner	7,250
Ernest Kleinwort Charitable Trust	5,000
Sussex Community Fund	5,000
Chalk Cliffs Trust	5,000
Co-op Local Community Fund	500

Five of the funders have funded our work previously and continue to fund us. Chalk Cliffs Trust and the Co-op Local Community Fund were first time funders.

Course fees that were paid for by referrers accounted for 7% of income and donations accounted for 6%.

At the end of the financial year we held reserves of £13,586. This was above our target of holding equivalent to 6 ReStart courses in reserve. However, as we face increasing demand for our services £13,000 represents 3 months expenditure and we are now booking courses several months ahead so higher reserves mean we can guarantee places to referrers.

Payment to Trustee. Trustees agreed to payments totalling £4,283 (£2,375 in 2021-22) to Sara DeVries for her services as a freelance facilitator during 2022/23. Sara is a qualified facilitator accredited by TheHorseCourse. The Trustees considered her qualification and skills to be such that there are very few other facilitators that could offer their services.

Declaration

The Trustees declare that they have approved the Trustees' report above

Signed on behalf of the Trustees

Signature



Full name

JC McCULLOUGH

Position

TREASURER

Date

3/8/2023

Independent Examiner's Report on the Accounts

The Independent Examiners report has been appended to the annual report.



CHARITY COMMISSION
FOR ENGLAND AND WALES

PARKFIELD EQUINE SOLUTIONS

1182747

Receipts and payments accounts

CC16a

For the period
from

01/04/2023

To

31/03/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	43,250	-	43,250	26,650
Course fees received	3,618	-	-	3,618	2,793
Donations	3,159	-	-	3,159	732
Miscellaneous	-	-	-	-	68
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,777	43,250	-	50,027	30,243
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,777	43,250	-	50,027	30,243
A3 Payments					
Facilitator and facilities hire	-	47,411	-	47,411	43,213
Volunteer costs	-	857	-	857	1,845
Governance	1,271	-	-	1,271	844
IT	231	-	-	231	234
Equipment	285	-	-	285	2,993
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,787	48,268	-	50,055	49,129
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,787	48,268	-	50,055	49,129
Net of receipts/(payments)	4,990	- 5,018	-	- 28	- 18,886
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,124	12,490	-	13,614	32,500
Cash funds this year end	6,114	7,472	-	13,586	13,614

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	5,926	7,472	-
	Soldo card	108		-
	Petty cash	80		-
	Total cash funds	6,114	7,472	-

(agree balances with receipts and payments account(s))

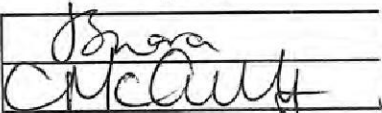
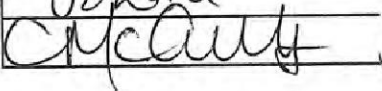
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	L. E. SHARA MATTACK	3.08.2023
	J C McCULLOUGH	3/8/2022

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
PARKFIELD EQUINE SOLUTIONS [Registered Charity No. 1182747]**

I report on the accounts of Parkfield Equine Solutions for the year ended 31st March 2023 which are set out on pages 5 and 6.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is eligible for independent examination, it is my responsibility to :-

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which give me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the 2011 Act, or
- the accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Signed by :-

Steve Brentnall IE

I Meadow View Cottages

Town Littleworth

LEWES

BN8 4TH

Date: 7th August 2023