

Parkfield Equine Solutions
Charity number 1182747

**Trustees' Annual Report
and Accounts
for the period 1 April 2021 to 31 March 2022**

Parkfield Equine Solutions
Charity Information
for the year ended 31 March 2022

Trustees Linda Jordan, Chairperson
Josephine McCullough, Treasurer
Sara DeVries
Ines Harrison

Address Parkfield Stables
Bedlam Street
Hurstpierpoint
West Sussex
BN6 9EW

Registered Charity Number 1182747

Bank Metro Bank
One Southampton Row
London WC1B 5HA

Independent Examiner Steve Brentnall FCIE

Structure, Governance and Management

Parkfield Equine Solutions (PES) was registered as a charity on 2 April 2019. The charity is constituted as a Charitable Incorporated Organisation and the governing document is its Constitution.

In appointing the first Trustees the objective was to recruit a group of people with skills, knowledge and experience for the effective administration of the Charity both to oversee the governance and management of the Charity but also to ensure the welfare of the horses and ponies used in the charity's work.

Before appointment each Trustee read and signed PES Safeguarding Policy and in line with that policy has undertaken safeguarding training as part of their induction. Trustees are required to undertake a DBS check, and this check and safeguarding training must be renewed regularly.

Objectives and Activities

The objective of PES is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by enhancing life skills of such people through interaction with horses and by advancing the education of such people and those supporting such people.

The main activity is ReStart, our flagship, evidence based equine assisted behaviour change programme is offered to participants by referral from professionals in mental health, social work or education. The course is delivered 1:1 by a trained facilitator for 2 hours a day over 5 consecutive days. ReStart participants and their key workers receive detailed feedback at the end of the course, hand back and follow-up.

In addition we offer Top Ups for ReStart participants. These are shorter sessions that allow the participants to keep in touch with the facilitator and continue to practice the skills they developed in the ReStart programme.

We aim to offer our participants ongoing support once they have successfully completed ReStart and accessed the top-up sessions. To offer this support to our youth participants we have developed a youth volunteer programme: this gives young people an opportunity to come back to the stables, interact with the horses and ponies and to support each other in re-engaging with school, training, their families and wider communities.

The Trustees declare that they have complied with their duty to have regards to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

Achievements and Performance

The financial year 2021-22 saw our charity continue to grow: Demand for our services was higher in the previous year as we came out of the Covid pandemic. This increase continued: we delivered 30 ReStart programmes (18 in 2020-21), we needed to take on additional facilitators and we now employ 3 trained and certified facilitators on a regular basis.

The restrictions imposed by Covid meant we needed to operate in new ways and with these changes in our operations we recognised and responded proactively. For example, previously most of our participants would be accompanied to the stables by professional support workers, as a result of social distancing we now found that family members would often be with the participants. The lead facilitator noticed that there was a need for the family member to have a greater understanding of the changes in the participant they were seeing and a desire to understand how they could support those changes. Training for family members was designed and delivered.

Also, as a result of the pandemic we were asked to design and deliver programmes for groups of NHS staff to support their mental health and wellbeing.

While our focus remains on providing funded services for participants increasingly referrers have recognised that the training we deliver has positive outcomes for their clients, and these outcomes are sustained over time. As a result we have more referrers willing to fund or part fund their referrals, this means we can offer more courses through the year.

Financial Review

In the twelve months to 31 March 2022 we raised £30,243 (2020/21 £38,850), the reduction from the previous year was due to one large grant being received just before the start of this financial year. Expenditure increased substantially to £49,129 (£25,341 in 2020/21). This reflects the increased demand for our services and the broadening of the services we offer.

At the end of the financial year we held reserves of £13,614. This was above our target of holding equivalent to 6 ReStart courses in reserve. However, as we face increasing demand for our services £13,000 represents 3 months expenditure and we are now booking courses several months ahead so higher reserves mean we can guarantee places to referrers.

Payment to Trustee. Trustees agreed to payments totalling £2,375 (£2,100 in 2020/21) to Sara DeVries for her services as a freelance facilitator during 2021/22. Sara is a qualified facilitator accredited by TheHorseCourse. The Trustees considered her qualification and skills to be such that there are very few other facilitators that could offer their services. The payments were made in line with section 6 of the constitution and section 185 of the Charities Act 2011. No other trustees were remunerated.

Declaration

The Trustees declare that they have approved the Trustees' report above

Signed on behalf of the Trustees

Signature

.....

Full name

SARA de VRIES.....

Position

TRUSTEE.....

Date

16 DEC '22 .

Independent Examiner's Report on the Accounts

The Independent Examiners report has been appended to the annual report.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Parkfield Equine Solutions

1182747

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/04/2021

To

Period end date
31/03/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	26,650	-	26,650	35,950
Donations	732	-	-	732	125
Course fees	2,793	-	-	2,793	2,775
Miscellaneous	68	-	-	68	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,593	26,650	-	30,243	38,850
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,593	26,650	-	30,243	38,850
A3 Payments					
Facilitator	2,760	40,453	-	43,213	23,559
Volunteers	-	1,845	-	1,845	283
Equipment	1,336	1,657	-	2,993	286
IT/phone	234	-	-	234	412
Insurance	579	-	-	579	497
Governance	265	-	-	265	275
Miscellaneous	-	-	-	-	29
	-	-	-	-	-
	-	-	-	-	-
Sub total	5,174	43,955	-	49,129	25,341
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,174	43,955	-	49,129	25,341
Net of receipts/(payments)	- 1,581	- 17,305	-	- 18,886	13,509
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,705	29,795	-	32,500	18,991
Cash funds this year end	1,124	12,490	-	13,614	32,500

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		1,124	12,490	-
		-	-	-
		-	-	-
	Total cash funds	1,124	12,490	-

(agree balances with receipts and payments account(s))

OK

OK

OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

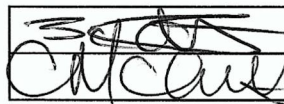
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval



Sava de Vries
JOSEPHINE McCULLOCK

16 DEC '22
16 Dec '22

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
PARKFIELD EQUINE SOLUTIONS [Registered Charity No. 1182747]**

I report on the accounts of Parkfield Equine Solutions for the year ended 31st March 2022 which are set out on pages 5 and 6.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is eligible for independent examination, it is my responsibility to :-

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which give me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the 2011 Act, or
- the accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Signed by :-

Steve Brentnall FCIE

I Meadow View Cottages

Town Littleworth

LEWES

BN8 4TH

Date: *17th December 2022*