

# HELPING EVERY LIVING PERSON (HELP)

England & Wales · Charity number 1182728

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2019-04-01

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Unit 3b Katella Trading Estate  
10a River Road  
Barking  
IG11 0DG

**Phone** 07983 381 689

**Email** [Info@helpcharity.uk](mailto:Info@helpcharity.uk)

## Activities

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**Objects:** (1)TO RELIEVE FINANCIAL HARDSHIP, DISTRESS AND SUFFERING AMONG POORPEOPLE, VICTIMS OF NATURAL DISASTERS AND OTHER PEOPLE IN NEED BYMEANS OF, BUT NOT EXCLUSIVELY, MAKING GRANTS OR LOANS FOR PROVIDINGOR PAYING FOR ITEMS, EQUIPMENT, SERVICES AND FACILITIES, INCLUDING THEPROVISION OF FOOD, CLOTHING AND WATER WELLS FOR THE BENEFIT OF SAIDPERSONS;(2)TO RELIEVE SICKNESS AND TO PRESERVE GOOD HEALTH AMONG PERSONS IN NEED, BYMEANS OF, BUT NOT EXCLUSIVELY, THE PROVISION OR ASSISTANCE IN THE PROVISION OFFACILITIES SUCH AS EYE CLINICS FOR THE BENEFIT OF THE SAID PERSONS;(3)TO ADVANCE THE RELIGION OF ISLAM, BY MEANS OF, BUT NOT EXCLUSIVELY, PROMOTING THETEACHINGS AND TENETS OF ISLAM, ASSISTANCE IN THE PROVISION OF FACILITIES FOR ISLAMICEDUCATION AND WORSHIP IN ACCORDANCE WITH THE TEACHINGS OF THE QURAN ANDSUNNAH OF THE PROPHET MUHAMMAD (PEACE AND BLESSINGS BE UPON HIM) ASEXPOUNDED BY THE AHLE SUNNAH WAL JAMAAH SCHOOL OF THOUGHT.

**Activities:** Helping Every Living Person (HELP) is an International non-profit organisation formed to provide Aid Relief. HELP has been created to help eradicate poverty, provide aid relief to Orphans, Widows and refugees and destitute at times of Crisis and non crisis. We provide support irrespective of race or religion or culture.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Accommodation/housing, Religious Activities, Other Charitable Purposes
- **Who:** The General Public/mankind

## Geography

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- Albania
- Bangladesh
- Ethiopia
- Greece
- Guinea-bissau
- India
- Indonesia
- Jordan
- Lebanon
- Malawi
- Nigeria
- Occupied Palestinian Territories
- Pakistan
- Somalia
- Sri Lanka
- Sudan
- Syria
- Tanzania
- The Gambia
- Turkey
- Yemen
- Zambia

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£59,933	£51,914	-	-
2024-03-31	£45,214	£43,719	-	-
2023-03-31	£110,840	£103,357	-	-
2022-03-31	£78,395	£83,808	-	-
2021-03-31	£100,751	£89,658	-	-

## Trustees

Name	Role	Appointed
IRFAN AKUJI	Chair	2019-04-01
MUBARAK ALI ISABHAI AKUJI		2019-04-01
OVESHRAZA MAKBULHUSAIN MAULVI		2019-04-01

**HELPING EVERY LIVING PERSON (HELP)**

England & Wales - Charity number 1182728

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# Accounts

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**REGISTERED CHARITY NUMBER: 1182728**

**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025  
FOR  
HELPING EVERY LIVING PERSON**

**Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE**

**HELPING EVERY LIVING PERSON**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

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**HELPING EVERY LIVING PERSON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The primary objectives is to relieve financial hardships, distress and suffering among poor people, victims of natural disasters and other people in need by means of , but not exclusively, making grants or loans for providing or paying for items, equipment, services and facilities, including provision of food, clothing and water wells for the benefit of said persons.

**Public benefit**

The Trustees have complied with the duty Section 17(5) of the 2011 Charities Act to have due regard to guidance published by the Charity Commission in respect of the public benefit and in planning the activities for the year, have kept this in mind.

**ACHIEVEMENTS AND PERFORMANCE**

**Fundraising activities**

The charity received donations totalling £55,605 (2024:£41,122) during the year.

**FINANCIAL REVIEW**

**Reserves policy**

It is the charities policy to maintain cash funds sufficiently to cover expected annual administrative expenses and governance costs of the charity .

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Helping Every Living Person (the "Charity") was registered as a charitable incorporated organistaion on the 1st April 2019, number 1182728.

**Recruitment and appointment of new trustees**

Trustees are appointed by the board of Trustees, if needed, they would consider additional Trustees applications if the appropriate skills, knowledge and experience is met for the effective administration of the charity. there would be appropriate induction of and new Trustees in order to brief them on legal obligations under charity law, the decision making process of the charity and its policies and procedures.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1182728

**Principal address**

Unit 3B Katella Trading Estate  
10A River Road  
Barking  
Essex  
IG11 ODG

**Trustees**

I Akuji  
M Akuji  
O M Maulvi

**HELPING EVERY LIVING PERSON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

Approved by order of the board of trustees on ..... 11/09/2025 ..... and signed on its behalf by:



.....  
I Akuji - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
HELPING EVERY LIVING PERSON**

**Independent examiner's report to the trustees of Helping Every Living Person**

I report to the charity trustees on my examination of the accounts of Helping Every Living Person (the Trust) for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Khalid Mehmood  
The Institute of Chartered Accountants in England and Wales

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

Date: .....10/9/2025.....

**HELPING EVERY LIVING PERSON**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	2025 Unrestricted fund £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		59,933	45,214
		<hr/>	<hr/>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Food for the needy		13,175	1,750
Zakaat		1,600	13,995
Education		3,900	3,300
Orphans		11,820	15,600
Other		20,283	8,004
Other		1,137	1,070
		<hr/>	<hr/>
<b>Total</b>		51,915	43,719
		<hr/>	<hr/>
<b>NET INCOME</b>		8,018	1,495
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		21,143	19,648
		<hr/>	<hr/>
<b>TOTAL FUNDS CARRIED FORWARD</b>		29,161	21,143
		<hr/> <hr/>	<hr/> <hr/>

The notes form part of these financial statements

**HELPING EVERY LIVING PERSON**

**BALANCE SHEET  
31 MARCH 2025**

	Notes	2025 Unrestricted fund £	2024 Total funds £
<b>CURRENT ASSETS</b>			
Cash at bank		29,851	21,832
<b>CREDITORS</b>			
Amounts falling due within one year	4	(690)	(689)
<b>NET CURRENT ASSETS</b>		<u>29,161</u>	<u>21,143</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		29,161	21,143
<b>NET ASSETS</b>		<u>29,161</u>	<u>21,143</u>
<b>FUNDS</b>			
Unrestricted funds	5	<u>29,161</u>	<u>21,143</u>
<b>TOTAL FUNDS</b>		<u>29,161</u>	<u>21,143</u>

The financial statements were approved by the Board of Trustees and authorised for issue on .....11/09/2025..... and were signed on its behalf by:

  
.....  
I Akuji - Trustee

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	45,214
<b>EXPENDITURE ON</b>	
<b>Charitable activities</b>	
Food for the needy	1,750
Zakaat	13,995
Education	3,300
Orphans	15,600
Other	8,004

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	<b>Unrestricted fund</b>
	<b>£</b>
Other	1,070
<b>Total</b>	<u>43,719</u>
<b>NET INCOME</b>	1,495
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	19,648
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>21,143</u></u>

**4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Other creditors	690	689
	<u>690</u>	<u>689</u>

**5. MOVEMENT IN FUNDS**

	<b>At 1.4.24</b>	<b>Net movement</b>	<b>At</b>
	<b>£</b>	<b>in funds</b>	<b>31.3.25</b>
		<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	21,143	8,018	29,161
	<u>21,143</u>	<u>8,018</u>	<u>29,161</u>
<b>TOTAL FUNDS</b>	<u><u>21,143</u></u>	<u><u>8,018</u></u>	<u><u>29,161</u></u>

Net movement in funds, included in the above are as follows:

	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Movement in funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	59,933	(51,915)	8,018
	<u>59,933</u>	<u>(51,915)</u>	<u>8,018</u>
<b>TOTAL FUNDS</b>	<u><u>59,933</u></u>	<u><u>(51,915)</u></u>	<u><u>8,018</u></u>

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**5. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	19,648	1,495	21,143
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>19,648</u>	<u>1,495</u>	<u>21,143</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	45,214	(43,719)	1,495
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>45,214</u>	<u>(43,719)</u>	<u>1,495</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General fund	19,648	9,513	29,161
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>19,648</u>	<u>9,513</u>	<u>29,161</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	105,147	(95,634)	9,513
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>105,147</u>	<u>(95,634)</u>	<u>9,513</u>

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**6. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2025.

**HELPING EVERY LIVING PERSON (HELP)**

England & Wales - Charity number 1182728

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# Accounts

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**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024  
FOR  
HELPING EVERY LIVING PERSON**

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

**HELPING EVERY LIVING PERSON**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024**

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**HELPING EVERY LIVING PERSON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The primary objectives is to relieve financial hardships, distress and suffering among poor people, victims of natural disasters and other people in need by means of , but not exclusively, making grants or loans for providing or paying for items, equipment, services and facilities, including provision of food, clothing and water wells for the benefit of said persons.

**Public benefit**

The Trustees have complied with the duty Section 17(5) of the 2011 Charities Act to have due regard to guidance published by the Charity Commission in respect of the public benefit and in planning the activities for the year, have kept this in mind.

**ACHIEVEMENT AND PERFORMANCE**

**Fundraising activities**

The charity received donations totalling £41,122 (2023:£96,314) during the year.

**FINANCIAL REVIEW**

**Reserves policy**

It is the charities policy to maintain cash funds sufficiently to cover expected annual administrative expenses and governance costs of the charity .

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Helping Every Living Person (the "Charity") was registered as a charitable incorporated organistaion on the 1st April 2019, number 1182728.

**Recruitment and appointment of new trustees**

Trustees are appointed by the board of Trustees, if needed, they would consider additional Trustees applications if the appropriate skills, knowledge and experience is met for the effective administration of the charity. there would be appropriate induction of and new Trustees in order to brief them on legal obligations under charity law, the decision making process of the charity and its policies and procedures.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1182728

**Principal address**

Unit 3B Katella Trading Estate  
10A River Road  
Barking  
Essex  
IG11 ODG

**Trustees**

I Akuji  
M Akuji  
O M Maulvi

**HELPING EVERY LIVING PERSON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

Approved by order of the board of trustees on 10 October 2024 and signed on its behalf by:

I Akuji - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
HELPING EVERY LIVING PERSON**

**Independent examiner's report to the trustees of Helping Every Living Person**

I report to the charity trustees on my examination of the accounts of Helping Every Living Person (the Trust) for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Khalid Mehmood  
The Institute of Chartered Accountants in England and Wales

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

10 October 2024

**HELPING EVERY LIVING PERSON**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 Unrestricted fund £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		45,214	110,840
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Food for the needy		1,750	27,000
Zakaat		13,995	44,652
Education		3,300	-
Orphans		15,600	14,237
Other		8,004	15,954
Other		1,070	1,514
<b>Total</b>		<u>43,719</u>	<u>103,357</u>
<b>NET INCOME</b>		1,495	7,483
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		19,648	12,165
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>21,143</u></u>	<u><u>19,648</u></u>

The notes form part of these financial statements

HELPING EVERY LIVING PERSON

BALANCE SHEET  
31 MARCH 2024

	Notes	2024 Unrestricted fund £	2023 Total funds £
<b>CURRENT ASSETS</b>			
Cash at bank		21,832	20,338
<b>CREDITORS</b>			
Amounts falling due within one year	4	(689)	(690)
<b>NET CURRENT ASSETS</b>		<u>21,143</u>	<u>19,648</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		21,143	19,648
<b>NET ASSETS</b>		<u>21,143</u>	<u>19,648</u>
<b>FUNDS</b>	5		
Unrestricted funds		<u>21,143</u>	<u>19,648</u>
<b>TOTAL FUNDS</b>		<u>21,143</u>	<u>19,648</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 10 October 2024 and were signed on its behalf by:

I Akuji - Trustee

## HELPING EVERY LIVING PERSON

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

#### 3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	110,840
<b>EXPENDITURE ON</b>	
<b>Charitable activities</b>	
Food for the needy	27,000
Zakaat	44,652
Orphans	14,237
Other	15,954
Other	1,514

HELPING EVERY LIVING PERSON

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

Unrestricted  
fund  
£

**Total** 103,357

**NET INCOME** 7,483

**RECONCILIATION OF FUNDS**

Total funds brought forward 12,165

**TOTAL FUNDS CARRIED FORWARD** 19,648

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Other creditors	<u>689</u>	<u>690</u>

5. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	At 31.3.24
	£	£	£
<b>Unrestricted funds</b>			
General fund	19,648	1,495	21,143
<b>TOTAL FUNDS</b>	<u>19,648</u>	<u>1,495</u>	<u>21,143</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	45,214	(43,719)	1,495
<b>TOTAL FUNDS</b>	<u>45,214</u>	<u>(43,719)</u>	<u>1,495</u>

HELPING EVERY LIVING PERSON

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	12,165	7,483	19,648
<b>TOTAL FUNDS</b>	<u>12,165</u>	<u>7,483</u>	<u>19,648</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	110,840	(103,357)	7,483
<b>TOTAL FUNDS</b>	<u>110,840</u>	<u>(103,357)</u>	<u>7,483</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	12,165	8,978	21,143
<b>TOTAL FUNDS</b>	<u>12,165</u>	<u>8,978</u>	<u>21,143</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	156,054	(147,076)	8,978
<b>TOTAL FUNDS</b>	<u>156,054</u>	<u>(147,076)</u>	<u>8,978</u>

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**6. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

**HELPING EVERY LIVING PERSON (HELP)**

England & Wales - Charity number 1182728

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# Accounts

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**REGISTERED CHARITY NUMBER: 1182728**

**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023  
FOR  
HELPING EVERY LIVING PERSON**

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

**HELPING EVERY LIVING PERSON**

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FOR THE YEAR ENDED 31 MARCH 2023**

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**HELPING EVERY LIVING PERSON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The primary objectives is to relieve financial hardships, distress and suffering among poor people, victims of natural disasters and other people in need by means of , but not exclusively, making grants or loans for providing or paying for items, equipment, services and facilities, including provision of food, clothing and water wells for the benefit of said persons.

**Public benefit**

The Trustees have complied with the duty Section 17(5) of the 2011 Charities Act to have due regard to guidance published by the Charity Commission in respect of the public benefit and in planning the activities for the year, have kept this in mind.

**ACHIEVEMENT AND PERFORMANCE**

**Fundraising activities**

The charity received donations totalling £96,314 (2022:£76,394) during the year.

**FINANCIAL REVIEW**

**Reserves policy**

It is the charities policy to maintain cash funds sufficiently to cover expected annual administrative expenses and governance costs of the charity .

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Helping Every Living Person (the "Charity") was registered as a charitable incorporated organistaion on the 1st April 2019, number 1182728.

**Recruitment and appointment of new trustees**

Trustees are appointed by the board of Trustees, if needed, they would consider additional Trustees applications if the appropriate skills, knowledge and experience is met for the effective administration of the charity. there would be appropriate induction of and new Trustees in order to brief them on legal obligations under charity law, the decision making process of the charity and its policies and procedures.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1182728

**Principal address**

Unit 3B Katella Trading Estate  
10A River Road  
Barking  
Essex  
IG11 ODG

**Trustees**

I Akuji Trustee  
M Akuji Trustee  
O M Maulvi Trustee

**HELPING EVERY LIVING PERSON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

Approved by order of the board of trustees on 27 January 2024 and signed on its behalf by:

I Akuji - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
HELPING EVERY LIVING PERSON**

**Independent examiner's report to the trustees of Helping Every Living Person**

I report to the charity trustees on my examination of the accounts of Helping Every Living Person (the Trust) for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Khalid Mehmood

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

27 January 2024

**HELPING EVERY LIVING PERSON**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	2023 Unrestricted fund £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		<u>110,840</u>	<u>78,395</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Medicines		-	4,500
Food for the needy		27,000	6,151
Zakaat		44,652	72,166
Orphans		14,237	-
Other		15,954	-
Other		<u>1,514</u>	<u>991</u>
<b>Total</b>		<u>103,357</u>	<u>83,808</u>
<b>NET INCOME/(EXPENDITURE)</b>		7,483	(5,413)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		12,165	17,578
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>19,648</u></u>	<u><u>12,165</u></u>

The notes form part of these financial statements

**HELPING EVERY LIVING PERSON**

**BALANCE SHEET  
31 MARCH 2023**

	Notes	2023 Unrestricted fund £	2022 Total funds £
<b>CURRENT ASSETS</b>			
Debtors	4	-	2,000
Cash at bank		<u>20,338</u>	<u>10,825</u>
		20,338	12,825
<b>CREDITORS</b>			
Amounts falling due within one year	5	(690)	(660)
		<u>19,648</u>	<u>12,165</u>
<b>NET CURRENT ASSETS</b>			
		<u>19,648</u>	<u>12,165</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		19,648	12,165
<b>NET ASSETS</b>		<u>19,648</u>	<u>12,165</u>
<b>FUNDS</b>	6		
Unrestricted funds		<u>19,648</u>	<u>12,165</u>
<b>TOTAL FUNDS</b>		<u>19,648</u>	<u>12,165</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 27 January 2024 and were signed on its behalf by:

I Akuji - Trustee

## HELPING EVERY LIVING PERSON

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

#### 3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	<u>78,395</u>
<b>EXPENDITURE ON</b>	
<b>Charitable activities</b>	
Medicines	4,500
Food for the needy	6,151
Zakaat	72,166
Other	991

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

Unrestricted  
fund  
£

**Total** 83,808

**NET INCOME/(EXPENDITURE)** (5,413)

**RECONCILIATION OF FUNDS**

Total funds brought forward 17,578

**TOTAL FUNDS CARRIED FORWARD** 12,165

**4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Prepayments and accrued income	<u>-</u>	<u>2,000</u>

**5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Other creditors	<u>690</u>	<u>660</u>

**6. MOVEMENT IN FUNDS**

	At 1.4.22	Net movement in funds	At 31.3.23
	£	£	£
<b>Unrestricted funds</b>			
General fund	12,165	7,483	19,648
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>12,165</u>	<u>7,483</u>	<u>19,648</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	110,840	(103,357)	7,483
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>110,840</u>	<u>(103,357)</u>	<u>7,483</u>

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**6. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	17,578	(5,413)	12,165
	-----	-----	-----
<b>TOTAL FUNDS</b>	<u>17,578</u>	<u>(5,413)</u>	<u>12,165</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	78,395	(83,808)	(5,413)
	-----	-----	-----
<b>TOTAL FUNDS</b>	<u>78,395</u>	<u>(83,808)</u>	<u>(5,413)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	17,578	2,070	19,648
	-----	-----	-----
<b>TOTAL FUNDS</b>	<u>17,578</u>	<u>2,070</u>	<u>19,648</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	189,235	(187,165)	2,070
	-----	-----	-----
<b>TOTAL FUNDS</b>	<u>189,235</u>	<u>(187,165)</u>	<u>2,070</u>

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**7. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2023.



**HELPING EVERY LIVING PERSON (HELP)**

England & Wales - Charity number 1182728

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# Accounts

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**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022  
FOR  
HELPING EVERY LIVING PERSON**

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

**HELPING EVERY LIVING PERSON**

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FOR THE YEAR ENDED 31 MARCH 2022**

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**HELPING EVERY LIVING PERSON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The primary objectives is to relieve financial hardships, distress and suffering among poor people, victims of natural disasters and other people in need by means of , but not exclusively, making grants or loans for providing or paying for items, equipment, services and facilities, including provision of food, clothing and water wells for the benefit of said persons.

**Public benefit**

The Trustees have complied with the duty Section 17(5) of the 2011 Charities Act to have due regard to guidance published by the Charity Commission in respect of the public benefit and in planning the activities for the year, have kept this in mind.

**ACHIEVEMENT AND PERFORMANCE**

**Fundraising activities**

The charity received donations totalling £76,394 (2021:£100,751) during the year.

**FINANCIAL REVIEW**

**Reserves policy**

It is the charities policy to maintain cash funds sufficiently to cover expected annual administrative expenses and governance costs of the charity .

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Helping Every Living Person (the "Charity") was registered as a charitable incorporated organistaion on the 1st April 2019, number 1182728.

**Recruitment and appointment of new trustees**

Trustees are appointed by the board of Trustees, if needed, they would consider additional Trustees applications if the appropriate skills, knowledge and experience is met for the effective administration of the charity. there would be appropriate induction of and new Trustees in order to brief them on legal obligations under charity law, the decision making process of the charity and its policies and procedures.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1182728

**Principal address**

Unit 3B Katella Trading Estate  
10A River Road  
Barking  
Essex  
IG11 ODG

**Trustees**

I Akuji Trustee  
M Akuji Trustee  
O M Maulvi Trustee

**HELPING EVERY LIVING PERSON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....  
I Akuji - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
HELPING EVERY LIVING PERSON**

**Independent examiner's report to the trustees of Helping Every Living Person**

I report to the charity trustees on my examination of the accounts of Helping Every Living Person (the Trust) for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Khalid Mehmood  
Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

Date: .....

**HELPING EVERY LIVING PERSON**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 Unrestricted fund £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		78,395	100,751
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Medicines		4,500	525
Food for the needy		6,151	16,633
Zakaat		72,166	29,350
Education		-	41,949
Other		991	1,201
<b>Total</b>		83,808	89,658
<b>NET INCOME/(EXPENDITURE)</b>		(5,413)	11,093
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		17,578	6,485
<b>TOTAL FUNDS CARRIED FORWARD</b>		12,165	17,578

The notes form part of these financial statements

**HELPING EVERY LIVING PERSON**

**BALANCE SHEET  
31 MARCH 2022**

		2022 Unrestricted fund £	2021 Total funds £
<b>CURRENT ASSETS</b>	Notes		
Debtors	4	2,000	5,786
Cash at bank		10,825	12,452
		<u>12,825</u>	<u>18,238</u>
<b>CREDITORS</b>			
Amounts falling due within one year	5	(660)	(660)
		<u>12,165</u>	<u>17,578</u>
<b>NET CURRENT ASSETS</b>			
		<u>12,165</u>	<u>17,578</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		12,165	17,578
		<u>12,165</u>	<u>17,578</u>
<b>NET ASSETS</b>		12,165	17,578
		<u>12,165</u>	<u>17,578</u>
<b>FUNDS</b>	6		
Unrestricted funds		12,165	17,578
		<u>12,165</u>	<u>17,578</u>
<b>TOTAL FUNDS</b>		12,165	17,578
		<u>12,165</u>	<u>17,578</u>

The financial statements were approved by the Board of Trustees and authorised for issue on .....  
and were signed on its behalf by:

.....  
I Akuji - Trustee

## HELPING EVERY LIVING PERSON

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

HELPING EVERY LIVING PERSON

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	100,751
<b>EXPENDITURE ON</b>	
<b>Charitable activities</b>	
Medicines	525
Food for the needy	16,633
Zakaat	29,350
Education	41,949
Other	1,201
<b>Total</b>	<u>89,658</u>
<b>NET INCOME</b>	11,093
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	6,485
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>17,578</u></u>

4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Prepayments and accrued income	<u>2,000</u>	<u>5,786</u>

HELPING EVERY LIVING PERSON

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

<b>5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>		2022	2021
		£	£
Other creditors		660	660
		<u>660</u>	<u>660</u>

<b>6. MOVEMENT IN FUNDS</b>			Net	
	At 1.4.21		movement	At
	£		in funds	31.3.22
			£	£
<b>Unrestricted funds</b>				
General fund	17,578	(5,413)		12,165
	<u>17,578</u>	<u>(5,413)</u>		<u>12,165</u>
<b>TOTAL FUNDS</b>	<u>17,578</u>	<u>(5,413)</u>		<u>12,165</u>

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement
	resources	expended	in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	78,395	(83,808)	(5,413)
	<u>78,395</u>	<u>(83,808)</u>	<u>(5,413)</u>
<b>TOTAL FUNDS</b>	<u>78,395</u>	<u>(83,808)</u>	<u>(5,413)</u>

**Comparatives for movement in funds**

		Net	
	At 1.4.20	movement	At
	£	in funds	31.3.21
		£	£
<b>Unrestricted funds</b>			
General fund	6,485	11,093	17,578
	<u>6,485</u>	<u>11,093</u>	<u>17,578</u>
<b>TOTAL FUNDS</b>	<u>6,485</u>	<u>11,093</u>	<u>17,578</u>

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022**

**6. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	100,751	(89,658)	11,093
	<u>100,751</u>	<u>(89,658)</u>	<u>11,093</u>
<b>TOTAL FUNDS</b>	<u><u>100,751</u></u>	<u><u>(89,658)</u></u>	<u><u>11,093</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	6,485	5,680	12,165
	<u>6,485</u>	<u>5,680</u>	<u>12,165</u>
<b>TOTAL FUNDS</b>	<u><u>6,485</u></u>	<u><u>5,680</u></u>	<u><u>12,165</u></u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	179,146	(173,466)	5,680
	<u>179,146</u>	<u>(173,466)</u>	<u>5,680</u>
<b>TOTAL FUNDS</b>	<u><u>179,146</u></u>	<u><u>(173,466)</u></u>	<u><u>5,680</u></u>

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022**

**7. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

**HELPING EVERY LIVING PERSON**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	76,395	92,977
Gift aid	2,000	7,774
	78,395	100,751
<b>Total incoming resources</b>	78,395	100,751
 <b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Medicines	4,500	250
Food for the needy	6,151	16,778
Education	-	41,949
Zakaat	72,166	29,350
	82,817	88,327
 <b>Support costs</b>		
<b>Management</b>		
Telephone	80	78
Postage and stationery	95	82
Sundries	80	65
	255	225
 <b>Finance</b>		
Bank charges	6	130
 <b>Information technology</b>		
Repairs and renewals	70	216
 <b>Governance costs</b>		
Accountancy and legal fees	660	760
	83,808	89,658
<b>Total resources expended</b>	83,808	89,658
<b>Net (expenditure)/income</b>	(5,413)	11,093

This page does not form part of the statutory financial statements

**HELPING EVERY LIVING PERSON (HELP)**

England & Wales - Charity number 1182728

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# Accounts

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**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021  
FOR  
HELPING EVERY LIVING PERSON**

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

**HELPING EVERY LIVING PERSON**

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FOR THE YEAR ENDED 31 MARCH 2021**

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**HELPING EVERY LIVING PERSON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The primary objectives is to relieve financial hardships, distress and suffering among poor people, victims of natural disasters and other people in need by means of , but not exclusively, making grants or loans for providing or paying for items, equipment, services and facilities, including provision of food, clothing and water wells for the benefit of said persons.

**Public benefit**

The Trustees have complied with the duty Section 17(5) of the 2011 Charities Act to have due regard to guidance published by the Charity Commission in respect of the public benefit and in planning the activities for the year, have kept this in mind.

**ACHIEVEMENT AND PERFORMANCE**

**Fundraising activities**

The charity received donations totalling £100,751 during the year.

**FINANCIAL REVIEW**

**Reserves policy**

It is the charities policy to maintain cash funds sufficiently to cover expected annual administrative expenses and governance costs of the charity .

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Helping Every Living Person (the "Charity") was registered as a charitable incorporated organistaion on the 1st April 2019, number 1182728.

**Recruitment and appointment of new trustees**

Trustees are appointed by the board of Trustees, if needed, they would consider additional Trustees applications if the appropriate skills, knowledge and experience is met for the effective administration of the charity. there would be appropriate induction of and new Trustees in order to brief them on legal obligations under charity law, the decision making process of the charity and its policies and procedures.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1182728

**Principal address**

Unit 3B Katella Trading Estate  
10A River Road  
Barking  
Essex  
IG11 ODG

**Trustees**

I Akuji Trustee  
M Akuji Trustee  
O M Maulvi Trustee

**HELPING EVERY LIVING PERSON**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

Approved by order of the board of trustees on 14 September 2021 and signed on its behalf by:

I Akuji - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
HELPING EVERY LIVING PERSON**

**Independent examiner's report to the trustees of Helping Every Living Person**

I report to the charity trustees on my examination of the accounts of Helping Every Living Person (the Trust) for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Khalid Mehmood  
Hadleys & Co.  
Ground Floor  
Import Building  
2 Clove Crescent  
London  
E14 2BE

Date: .....

**HELPING EVERY LIVING PERSON**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	2021 Unrestricted fund £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		100,751	14,296
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Medicines		525	900
Food for the needy		16,633	5,065
Zakaat		29,350	-
Education		41,949	-
Other		1,201	1,846
<b>Total</b>		<u>89,658</u>	<u>7,811</u>
<b>NET INCOME</b>		<u>11,093</u>	<u>6,485</u>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>		6,485	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>17,578</u></u>	<u><u>6,485</u></u>

The notes form part of these financial statements

**HELPING EVERY LIVING PERSON**

**BALANCE SHEET  
31 MARCH 2021**

		2021 Unrestricted fund £	2020 Total funds £
<b>CURRENT ASSETS</b>	Notes		
Debtors	4	5,786	-
Cash at bank		12,452	7,085
		<u>18,238</u>	<u>7,085</u>
<b>CREDITORS</b>			
Amounts falling due within one year	5	(660)	(600)
		<u>17,578</u>	<u>6,485</u>
<b>NET CURRENT ASSETS</b>			
		<u>17,578</u>	<u>6,485</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		17,578	6,485
		<u>17,578</u>	<u>6,485</u>
<b>NET ASSETS</b>		17,578	6,485
		<u>17,578</u>	<u>6,485</u>
<b>FUNDS</b>	6		
Unrestricted funds		17,578	6,485
		<u>17,578</u>	<u>6,485</u>
<b>TOTAL FUNDS</b>		<u>17,578</u>	<u>6,485</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 14 September 2021 and were signed on its behalf by:

I Akuji - Trustee

## HELPING EVERY LIVING PERSON

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

**3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	14,296
 <b>EXPENDITURE ON</b>	
<b>Charitable activities</b>	
Medicines	900
Food for the needy	5,065
Other	1,846
<b>Total</b>	7,811
 <b>NET INCOME</b>	6,485
 <b>TOTAL FUNDS CARRIED FORWARD</b>	6,485

**4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Prepayments and accrued income	5,786	-
	5,786	-

**5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Other creditors	660	600
	660	600

**6. MOVEMENT IN FUNDS**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	6,485	11,093	17,578
 <b>TOTAL FUNDS</b>	6,485	11,093	17,578

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

**6. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	100,751	(89,658)	11,093
	<u>100,751</u>	<u>(89,658)</u>	<u>11,093</u>
<b>TOTAL FUNDS</b>	<u><u>100,751</u></u>	<u><u>(89,658)</u></u>	<u><u>11,093</u></u>

**Comparatives for movement in funds**

	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>		
General fund	6,485	6,485
	<u>6,485</u>	<u>6,485</u>
<b>TOTAL FUNDS</b>	<u><u>6,485</u></u>	<u><u>6,485</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	14,296	(7,811)	6,485
	<u>14,296</u>	<u>(7,811)</u>	<u>6,485</u>
<b>TOTAL FUNDS</b>	<u><u>14,296</u></u>	<u><u>(7,811)</u></u>	<u><u>6,485</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	-	17,578	17,578
	<u>-</u>	<u>17,578</u>	<u>17,578</u>
<b>TOTAL FUNDS</b>	<u><u>-</u></u>	<u><u>17,578</u></u>	<u><u>17,578</u></u>

**HELPING EVERY LIVING PERSON**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

**6. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	115,047	(97,469)	17,578
<b>TOTAL FUNDS</b>	<u>115,047</u>	<u>(97,469)</u>	<u>17,578</u>

**7. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

**HELPING EVERY LIVING PERSON**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2021**

	2021 £	2020 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	92,977	14,296
Gift aid	7,774	-
	100,751	14,296
<b>Total incoming resources</b>	100,751	14,296
 <b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Medicines	250	900
Food for the needy	16,778	5,057
Education	41,949	-
Zakaat	29,350	-
	88,327	5,957
 <b>Support costs</b>		
<b>Management</b>		
Telephone	78	76
Postage and stationery	82	75
Sundries	65	60
	225	211
 <b>Finance</b>		
Bank charges	130	8
 <b>Information technology</b>		
Repairs and renewals	216	85
 <b>Governance costs</b>		
Accountancy and legal fees	760	1,550
	89,658	7,811
<b>Total resources expended</b>	89,658	7,811
<b>Net income</b>	11,093	6,485

This page does not form part of the statutory financial statements