



**Wilmslow
Youth**

WILMSLOW YOUTH

TRUSTEES ANNUAL REPORT and FINANCIAL STATEMENTS

to 31st March 2022

Charity Number 1182727

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Report of the Trustees for the Year Ended 31st March 2022

The Trustees presents their report together with the financial statements of the charity for the year ended 31 March 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 (page 9) and comply with FRS105, the Financial Reporting Standard applicable to the Micro Entities regime.

Registered charity number: 1182727

Charity's Principal address: Wilmslow United Reformed Church
Chapel Lane
Wilmslow
SK9 1PR

Names of Charity Trustees who Managed the Charity During this Period:

Name	Acted as Trustee for period inclusive
1. Robert White	01/04/2021 – 31/03/2022
2. Kirsty Thorpe	01/04/2021 – 31/03/2022
3. Simon Horsfield	01/04/2021 – 31/06/2021
4. Tracy Aston	01/04/2021 – 31/03/2022
5. Lisa Wood	01/04/2021 – 31/03/2022
6. David Jackson	01/04/2021 – 31/03/2022
7. Lynne Leng	17/01/2021 – 31/03/2022

Structure, Governance and Management

Type of governing document:	The charity is governed by a constitutional document.
How the charity is constituted:	Wilmslow Youth is constituted as a Charitable Incorporated Organisation (CIO).
Trustee selection method:	New trustees are appointed by existing trustees in accordance with Wilmslow Youth Constitution (Section 9&10).

The charity trustees meet on a bi-monthly basis and are responsible for the legal compliance, safeguarding, policies and procedures, finance, and strategic direction of Wilmslow Youth. The trustees also directly oversee staff wellbeing, salary, and performance and conduct our annual staff appraisals. The trustees responsible for these areas are:

- **Safeguarding:** for this reporting period, David Jackson was appointed as our safeguarding lead, and directly liaises with the Designated Safeguarding Officer and Deputy Safeguarding officer to ensure that our policies and procedures are being adhered to, along with raising any safeguarding issues of concern to the wider trustee body.
- **Finance:** for this reporting period, Tracy Aston has been appointed as the charity treasurer.

Key Executives

The trustees have delegated the day-to-day management of the charity to the Chief Executive, Matt Williamson. The CEO manages the other staff members and volunteers, oversees our programmes and activities, coordinates fundraising and manages our partnerships with other organisations.

Objects and Activities

The charitable objects of the CIO are inspired by Christian faith and values and are to act as a resource for young people living in Cheshire by providing advice and assistance and organising programmes of physical, educational, and other activities as a means of:

- (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) advancing education through providing training programmes;
- (c) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Risks and Uncertainties

The trustees and management team keep a formal record of all major strategic, operational and financial risks to the Charity using a Risk Register. These areas of risks are reviewed, monitored, and mitigated. Wilmslow Youth has sufficient insurances, including public liability insurance, to cover all activities and events.

Change to Charity Name

During this reporting period, our charity name was formally changed from 'Source Youthwork' to 'Wilmslow Youth'. This decision was made to more accurately reflect the focus of our work as a local support organisation for young people. It also supported greater name recognition, as Wilmslow Youth is the name by which our partners and service users know us.

Summary of Main Activities

This year was a year of significant development for our programme and team, including considerable expansion of our wellbeing services in response to the impact of Covid-19. This reporting period marked a full return to a regular programme of in-person groups and services following various social restrictions in the previous years.

This year we offered 705 counselling / mentoring appointments, 114 drop-in café sessions, 72 group workshops, and 37 parenting courses. We supported over 300 individual young people and 24 parents over the course of the year.

Our key operational partnerships, including with Wilmslow United Reformed Church, Life Church Wilmslow, Wilmslow High School, and Just-Drop In, ensured that we were able to work efficiently and collaboratively to offer young people in our area the best support and care possible.

Counselling and Mentoring

Demand for our counselling and mentoring services increased significantly during this reporting period. We offered over 700 counselling sessions this year, an increase of over 55% compared to the previous year. Our counselling and mentoring provisions are offered both in Wilmslow High School and at Wilmslow United Reformed Church. This year we also had volunteer and trainee counsellors working with some of our clients to ensure we were able to continue offering early intervention support to those who needed it. Despite the increase in capacity, our average waiting time during this period rose from 7 weeks to 15 weeks, highlighting the unprecedented increase in demand for these services.

The most common issues young people presented to us this year were anxiety, self-harm, eating disorders and family issues. We used the CORE-YP clinical measurement tool to assess the impact of our support. This tool measures from 0-40, with the lowest score (0) representing no distress, to the

highest score (40) representing severe distress. During this period the average starting score was 21/40, representing 'moderate-to-severe distress' and the average finishing score was 14/40, representing mild distress. The average drop of 7 points meant that the support is considered to have produced a 'reliable change' in the average service user.

Our partnership with another local charity, 'Just Drop-In' (JDI) continued this year as they also use our building to offer additional free counselling for young people. We host the JDI counsellors who work in counselling rooms adjoining the ROC Café after school on Thursdays.

ROC Café

ROC Café is our drop-in social space for young people aged 11-18. During this reporting period, ROC Café has been accessed by **216 different young people** and attracted an average of **600 visits per quarter**. This average was below pre-covid levels as we had a lower numbers cap for sessions from April-December 2021 due to our covid policy, before returning to normal capacity from January 2022. In addition, appetite from young people for social spaces took a while to recover. The café is also a place where these young people can receive support and advice from our staff team and volunteers, as well as be signposted to different support services where necessary.

Wellbeing Workshops

This year also saw an expansion to our offer of wellbeing workshops. Firstly, our Scope Wellbeing workshops ran each week throughout the year, where young people shared a free cooked meal one evening per week before taking part in a workshop that explored all different aspects of mental health and wellbeing. Secondly, we offered a series of mindfulness workshops using the .B programme from the 'Mindfulness in Schools Project'. In total we delivered 72 workshops with 596 attendances recorded during the year.

Alternative Education Provision

Our alternative education service works in partnership with Wilmslow High School to address the issue of emotionally based school avoidance. Due to the significant increase in young people struggling to access mainstream education because of mental ill-health, this provision doubled in capacity over this year, allowing for two full days of support. The provision consists of one-to-one counselling, and targeted personal support from our youth workers exploring topics like confidence, resilience, relationships and health, and time to build healthy friendships with other young people who can form a network of support.

Parenting Courses

We continued delivering our programme of courses for parents, including mental health first aid, and parenting courses from 'Care for the Family'. Once again, we saw an increase in parents seeking support, with 37 parents accessing various courses throughout the year.

Staff Changes

This year one of our co-founding staff members, Gemma Tuson, stepped down from her role as Deputy CEO. We took the opportunity to restructure our staff team which had grown organically since the charity was founded. This resulted in two existing staff members increasing their hours as they moved into a leadership role in their areas of work. In addition, we recruited a professional counsellor as a new member of staff which has been key to us increasing our capacity for support. This restructure was positively received by staff, volunteers and service users and has formed an excellent foundation upon which we can continue to grow the charity in years to come.

Summary of Main Achievements

This has been a year of recovery from COVID, expansion, refocussing and restructuring, enabling us to ensure that we continually adapt to meet the most pressing needs amongst local young people. Across the whole service, our impact has been consistently good and feedback from service users has remained positive. As we continually seek to meet the challenge of the rising mental health crisis in young people, we have successfully grown our work whilst retaining a relational, informal feel and community focus in our delivery.

Partnerships

Wilmslow Youth has organisational partnerships in place for delivering our services to young people. The key partnerships are:

1. **Wilmslow United Reformed Church & Life Church Wilmslow**

These two churches have been instrumental in both the initial establishment and long-term success of our work, funding the initial feasibility study and offering significant support long term through finances, volunteers, promotion, and practical support. As part of this support, Wilmslow United Reformed Church gives us use of the refurbished Undercroft space on their premises, enabling the delivery of the majority of our core services.

2. **Wilmslow High School**

Wilmslow High School is a key partner in our coaching and education provisions. We deliver some of our work in the school itself, and work in close collaboration with the staff members to identify need and offer targeted support to those who need it most. The school are also excellent supporters of our work generally and help to raise the profile of our other activities to ensure maximum engagement with the young people in our community.

3. **Just Drop-In**

JDI is a well-established and respected local charity offering counselling to young people in our area. As well as providing the professional therapists for our counselling service in Wilmslow, they also partner with us for Mental Health First Aid training and other events.

Financial Review

Financial Overview

Following a difficult year, with restricted operations due to COVID-19 regulations, Wilmslow Youth were able to resume the majority of our operations in September 2021. We were awarded £18,240 (including £11,520 Deferred Income to 2022/23) in new funding grants towards the ongoing provision of our ROC Café and various mental health support focused provisions for young people. In addition, we held £10,650 in previously received grant finance that was deferred to this financial year due to the COVID-19 restrictions on operations last year. We have continued to be supported this year by our local Church partners who have contributed £30,725 in regular donations. Wilmslow United Reformed Church have also donated the use of the Undercroft space for our activities. We received individual donations of £4,536 during the financial year. Our total income for the year of £98,348 also includes £6,645 for the provision of mentoring for Wilmslow High School.

Expenditure during the year returned to a level comparative to a 'normal' year and was in line with expectations. The major expenditure in the year was employee costs for the 1 full time and 3 part time employees. Our ROC Café operation would not have been possible had it not been for the donated time from our 22 volunteers, who between them donated circa 1,240 hours of time over the period. This equates to an equivalent cost of circa £11,100 that is not recognised in our accounts and we expect to continue at a similar level next year.

The charity's cashflow position is reasonably strong with a year-end cash balance of £47,016, with a small decrease in retained funds to £33,268. Retained funds are necessary for our continued operation, especially with the reduced availability of grant funding following the COVID-19 restrictions.

Charity Reserve Policy

The risks for the charity have been assessed and the trustees have agreed that we will aim to hold uncommitted unrestricted funds in reserve equivalent to 6 months of operational costs.

Our currently monthly operational costs are approximately £7,000, which require us to hold at least £42,000 in reserves. At 31st March 2022, our unrestricted funds amounted to £33,268.

Trustees' Responsibilities in relation to the Financial Statements

The trustees are responsible for preparing a 'Trustees' Annual Report and Financial Statements' in accordance with applicable law, Financial Reporting Standard 102 and Charities SORP 102.

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity, together with incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the applicable charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the financial information included on the charity's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees on 27 January 2023 and signed on their behalf by

David Jackson.

David Jackson, Trustee

Wilmslow Youth

Charity Number 1182727

Independent Examiner's Report to the Trustees of Wilmslow Youth ("The Trust")

I report on the accounts of the Trust for the year ended 31 March 2022, which comprise the Statement of Financial Activities, the Balance Sheet and related notes, as set out on pages 8 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare financial statements which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Glyn Jelley

27.01.2023

Date

Summit Chartered Accountants

Statement of Financial Activities (SoFA)
For the Year Ended 31st March 2022

			2021/22		2020/21
	Note	Unrestricted Funds	Restricted Funds	Total	Total
		£	£	£	£
Incoming Resources	2				
Donations and Legacies		50,313	3,066	53,379	33,771
Charitable Activities		12,746	-	12,746	3,620
Grants		30,417	1,803	32,220	43,829
Investments		3	-	3	8
		93,479	4,869	98,348	81,228
Resources Expended	3				
Raising Funds		1,980	-	1,980	1,958
Charitable Activities		91,648	8,371	100,019	56,297
		93,628	8,371	101,999	58,255
Net Income and Net Movement in Funds		(149)	(3,502)	(3,651)	22,973
Reconciliation of Funds					
Total Funds brought forward		33,417	3,502	36,919	13,946
Total Funds carried forward	8	33,268	-	33,268	36,919

All funds of the charity are classified as either restricted or unrestricted as above. There were no gains or losses on investments other than those passing through the SoFA.

Further detail has been included in the SoFA for 2021/22 by splitting out Income from Grants from that received from Donations and Legacies. The equivalent split has also been applied to the 2020/21 comparative figures.

All operations of the charity continued throughout the period and no operations were acquired or discontinued in the period.

The accompanying notes on Pages 13 to 17 form an integral part of this Statement of Financial Activities (SoFA).

Balance Sheet
As at 31st March 2022

			2021/22		2020/21
	Note	Unrestricted Funds	Restricted Funds	Total	Total
		£	£	£	£
Current Assets					
Debtors	5	223	-	223	114
Cash at Bank and in Hand		44,726	2,290	47,016	49,490
Total Current Assets		44,949	2,290	47,239	49,604
Liabilities					
Creditors: Amounts falling due within one Year	6	13,971	-	13,971	12,685
Net Current Assets		30,978	2,290	33,268	36,919
Total Current Assets less Liabilities		30,978	2,290	33,268	36,919
Creditors: Amounts falling due after more than one year		-	-	-	-
Total Net Assets		30,978	2,290	33,268	36,919
Funds of the Charity					
Restricted Income Funds		-	2,290	2,290	3,502
Unrestricted Funds		30,978	-	30,978	33,417
Total Charity Funds	8	30,978	2,290	33,268	36,919

The financial statements were approved by the trustees on 27 January 2023 and signed on their behalf by:

David Jackson.

David Jackson, Trustee

The accompanying notes on Pages 13 to 17 form an integral part of this Balance Sheet.

Notes to the Financial Statements
For the Year Ended 31st March 2022

1) Accounting Policies

a) Basis of Accounting

The financial statements have been prepared under the Historical Cost Convention, with items recognised at cost or transactional value unless otherwise stated in the relevant notes to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

b) Income

All income is recognised and included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the income, there is sufficient certainty of receipt and it is probable that the income will be received, and the amount of the income can be measured reliably.

Grants and donations are only included within the SoFA when the general income recognition criteria are met.

The charity has received government grants in the reporting period.

Gift Aid receivable is included as income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Contractual income and performance-related grants are only included in the SoFA once the charity has provided the related goods or services, or met the performance-related conditions.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

c) Expenditure and Liabilities

Liabilities are recognised where it is more likely than not, there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of the resources.

Deferred income has been provided where grant funding has been received within the year to be applied to expenditure to be incurred after the year end.

The charity has creditors which are measured at settlement amounts less any trade discounts.

d) Assets

Debtors including trade debtors are measured on initial recognition at settlement amount or amount advanced by the charity. Subsequently they are measured at the cash or other consideration expected to be received.

e) Volunteer Help

Donated time from volunteers is not recognised as income or expenditure in the SoFA. The trustees estimate the value of such volunteer time as approximately £11,100 for the 2021/22 financial year.

2) Analysis of income

		Unrestricted Funds £	Restricted Income Funds £	Total Funds £
Donations				
Donations and Gifts		50,313	3,066	53,379
General Grants provided by Government and other Charities		30,417	1,803	32,220
	Total	80,730	4,869	85,599
Charitable Activities				
Mentoring		6,645	-	6,645
Trace & Beloved		3,500		3,500
ROC Café		2,601	-	2,601
	Total	12,746	-	12,746
Income from Investments				
Interest Income		3	-	3
	Total	3	-	3
Total Income		93,479	4,869	98,348
Government Grants included above				
Cheadle Royal Hospital Trust		2,000	-	2,000
Cheshire East Council		-	1,803	1,803
	Total	2,000	1,803	3,803
Donated Goods, Facilities and Services included above				
Use of Property		14,830	3,066	17,896

Use of the Undercroft facility is provided by Wilmslow United Reformed Church at a discount to its market value. The difference between the cost paid and market value is shown as donated income.

3) Analysis of Expenditure

	Unrestricted Funds £	Restricted Income Funds £	Total Funds £
Expenditure on Raising Funds			
Incurred seeking grants	1,980	–	1,980
Direct Cost Expenditure on Charitable Activities			
ROC Café	15,526	–	15,526
Mentoring/Counselling	14,612	7,540	22,152
Alternative Education	25,473	–	25,473
Wellbeing Services	10,596	–	10,596
Parental Courses/Support	2,386	–	2,386
Planning/Other	13,088	–	13,088
Total Direct Costs	81,681	7,540	89,221
Support Cost Expenditure			
Charity Administration	425	–	425
Charity Running Costs	9,542	831	10,373
Other	–	–	–
Total Support Costs	9,967	831	10,798
Total Expenditure	93,628	8,371	101,999

4) Staff Remuneration

	£
Salaries and Wages	65,667
Social Security Costs	830
Pension Costs (Defined Contribution Scheme)	1,970
Total	68,467

No employees received employee benefits (excluding employer pension costs) of more than £60,000 in the 2021/22 financial year.

The number of employees employed during the year was four. One employee was employed full-time and the other three, on a part-time basis. This equated to 2.25 full-time equivalents. All were employed delivering the charitable activities.

5) Debtors

	£
Trade Debtors	0
Gift Aid Pending	223
	<hr/>
Total	223

6) Creditors: Amounts falling due within one year

	£
Trade Creditors	12
Accruals and Deferred Income	11,820
Taxation and Social Security	2,138
	<hr/>
Total	13,970

Included above is deferred income of £11,520 which represents grant funding that has been received within the year to be applied against expenditure to be incurred after the year end. Of this, £2,290 is deferred against restricted income and £9,230 against unrestricted income.

7) Events after the end of the reporting period

Nothing to report.

8) Analysis of Charity Funds

Fund Name	Purpose	Opening Balance £	Income £	Expenditure £	Balance Carried Forward £
Restricted					
Cheshire Community Foundation	Alternative Education Provision	831	-	831	-
Cheshire Community Foundation	Mental Health First Aid Training (for students)	-	2,290	-	2,290
Cheshire East Council	COVID-19 Recovery Support	2,671	1,803	4,474	-
Unrestricted					
Albert Hunt SP	ROC Café	-	2,000	2,000	-
Cheadle Royal Hospital Trust	Mentoring/Counselling	-	2,000	2,000	-
Cheshire Community Foundation	Mentoring/Counselling	5,118	-	5,118	-
Cheshire Community Foundation	ROC Café/Scope Workshops	-	16,455	7,224	9,230
Garfield Weston Foundation	Alternative Education Provision	432	4,167	4,598	-
Wilmslow Youth	ROC Café, Mentoring	27,867	69,633	75,754	21,748
Total Funds		36,919	98,348	101,999	33,268