



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## **Trustees' annual report (including Directors' report) for the period**

**From:** 01 April 2021

**To:** 31 March 2022

**Charity name:** Progress Sessions

**Charity registration number:**

**Company number:**

### **Objectives and activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purpose of the charity is to advance the education of the arts for the public benefit in such ways as the charity trustees think fit, including by (but not limited to) providing:</p> <p>(a) musical workshops and training programs;</p> <p>and</p> <p>(b) access to music making facilities to people under the age of 25 from socially and economically disadvantaged backgrounds</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>In this financial period the charity delivered programmes during the school term and newly, during all school holidays. The charity engaged with a broader set of young people through new additional partners: Selby Centre, EarthH Hackney, The Mayor of London Fund and Inspire.</p> <p>The public benefits of these projects include but are not limited to:</p> <ol style="list-style-type: none"><li>1) Assisting young people ages 12 to 25 and advancing their education in contemporary music making both during the school term and during school holidays, to ensure continued access</li><li>2) Providing access to professional level music making facilities and one-to-one support for music career development and in creating artist portfolio assets</li><li>3) Promoting community engagement by delivering these projects with new partners across Hackney and Tottenham</li></ol>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that they have had guidance on the public benefit of Progress Sessions' activities and include a set of public benefit criteria in how they evaluate the ongoing work of the charity.
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## Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Advanced the education and music career development of young people in a safe environment with access to music making resources and professional-level mentoring. Provided ongoing access to educational and artistic outlets during and immediately after the Covid pandemic.</p> <p>Broadened our engagement with new partners to reach more young people. Assisted in community engagement with new partners: Selby Centre, Earth Hackney, Inspire and with the Mayor of London – London Music Fund (Amplify grant).</p> <p>Also continued work with Hackney Empire and BSix College, our long-term partners, on these projects. With their support, we encouraged ongoing access to the arts for young people and provided career development and marketable portfolio assets for young artists' portfolios.</p>
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## Financial review

Review of the charity's financial position at the end of the period	Para 1.21	£32,395
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity received donations, both unrestricted and restricted, that directly contribute to activities for the charity's programmes. The financial position at the end of the period reflects the unused donation funds, not including the costs to run web services (approximately £300 per annum). Of these funds, £20,000 are restricted to a programme that begins in the next financial period.
Amount of reserves held	Para 1.22	£32,395
Reasons for holding zero reserves	Para 1.22	NA

Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA

## Structure, governance and management

Description of charity's trusts:		
Type of governing document: for example, <a href="#">trust deed</a> , <a href="#">memorandum and articles of association etc</a>	Para 1.25	Constitution (Foundation Model)
How is the charity constituted? for example <a href="#">limited company</a> , <a href="#">unincorporated association</a> , <a href="#">CIO</a>	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The trustees were selected based on their experience, passion for the mission, and the needs at the time of the charity being incorporated in 2019. Two trustees are music and education professionals working with underprivileged young people, one trustee works in charity law, and one trustee works in finance. All have been involved with projects linked to improving the lives of young people previously. Their experience continues to be invaluable to the progress of this charity, and therefore no changes were made to the Board in this financial period.

## Reference and administrative details

Charity name	Progress Sessions
Other name the charity uses	Progression Sessions
Registered charity number	1182721
Charity's principal address	30 Dovetail Place Lawrence Road London N15 4EB

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Struan Samson	NA		
2	Peter Spencer	NA		
3	Kishan Pithia	NA		
4	Tobias Silvester	NA		

Corporate trustees – names of the directors at the date the report was approved

Director name	
NA	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year
NA	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NA
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

There are no key personnel.

## Other optional information

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## Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

**Signed on behalf of the charity’s trustees/directors**

<b>Signature(s)</b>	Struan Samson	
<b>Full name(s)</b>	Struan Samson	
<b>Position (for example Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	17/02/23	

<b>Section C</b>	<b>Notes to the accounts</b>	<b>(cont)</b>
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<b>Note 29</b>	<b>Additional Disclosures</b>
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The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.



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<b>Full name(s)</b>	Struan Samson	
<b>Position (for example Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	17/02/23	