
STILL I RISE

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

STILL I RISE

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2025

Trustees	N Kuznetsova, Trustee
	K Drake, Trustee
	K Middleton, Trustee

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TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their annual report together with the financial statements of the Still I Rise for the year ended 31 March 2025.

This year Still I Rise concentrated on Children's mental wellbeing by delivering art classes.

Objectives and activities

a. Policies and objectives

1 To improve the mental and physical health of individuals through the practice of Kundalini yoga, Mindfulness and Meditation. 2 To advance the education of the public by providing mental and physical wellbeing courses. 3 To promote social integration/inclusivity with special focus towards BAME and excluded/marginalized groups of community. 4 To improve individuals coping and resilience skills whilst receiving support through group talking therapy and counselling. 5 To provide services and facilitate recreational welfare activities for individuals including children and young people who are in need of support by the reason of disability, special need, financial hardship, age, infirmity, care responsibilities, discrimination, difficult social circumstances with aim of improving their life condition.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Strategies and activities undertaken for achieving objectives

Still I Rise has delivered art classes to children in disadvantaged backgrounds at risk of anti-social behaviour. The art course were designed to encompass a wide range of mediums and techniques. Projects include acrylics on a canvas; watercolours; inks; pastels; clay modelling; textiles; graffiti art and more. Four extra hours of youth work a week were provided: 2.5 hours of art classes and an additional 1.5 hour per week is allocated for setting up the classroom; changing between classes and clearing out at the end. A total number of 312 hours will be covered in 2 academic school years (78 weeks). Sessions ran in a block of two art classes. They take place in out of school hours and comprise the following schedule: 30 min classroom set up; 1 hour 15 min art class 1; 30 min change over; 1 hour 15 min art class 2; 30 min clear out. Each class accommodates up to 20 children. We ran two classes per week with up to 40 children attending weekly. The classes are open to all cultural and religious backgrounds and gender identities. Disabilities and special needs will be accommodated to the best of the teachers abilities. Still I Rise also delivered additional one to one art sessions for children with special needs.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

b. Reserves policy

General funds within unrestricted funds held at 31 March 2025 was £5,071.

Structure, governance and management

a. Constitution

Still I Rise is a registered CIO, number 1182706.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Approved by order of the members of the board of Trustees and signed on their behalf by:

N Kuznetsova
Date: 23/01/2026



**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	Note	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from:				
Donations	3	22,511	22,511	17,989
		<hr/>	<hr/>	<hr/>
Total income		22,511	22,511	17,989
Expenditure on:				
Charitable activities	4	21,651	21,651	17,969
		<hr/>	<hr/>	<hr/>
Total expenditure		21,651	21,651	17,969
		<hr/>	<hr/>	<hr/>
Net movement in funds		860	860	20
Reconciliation of funds:				
Total funds brought forward		4,211	4,211	4,191
Net movement in funds		860	860	20
		<hr/>	<hr/>	<hr/>
Total funds carried forward		5,071	5,071	4,211
		<hr/>	<hr/>	<hr/>

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 6 to 10 form part of these financial statements.

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BALANCE SHEET AS AT 31 MARCH 2025

	Note	2025 £	2024 £
Tangible assets	6	0	0
		<u>0</u>	<u>0</u>
Current assets			
Cash at bank and in hand		5,071	5,071
		<u>5,071</u>	<u>5,071</u>
Net current assets		<u>5,071</u>	<u>4,211</u>
Total net assets		<u><u>5,071</u></u>	<u><u>4,211</u></u>
Charity funds			
Unrestricted funds	7	5,071	4,211
Total funds		<u><u>5,071</u></u>	<u><u>4,211</u></u>

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

N Kuznetsova

Date: 23/01/2026



The notes on pages 6 to 10 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. General information

Still I Rise is a CIO registered in England and domiciled in the UK.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Still I Rise meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

2. Accounting policies (continued)

2.4 Tangible fixed assets and depreciation

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

The estimated useful lives are as follows:

Office equipment - 3 years

2.5 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.6 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

3. Income from donations and legacies

	Unrestricted funds 2025 £	Total funds 2025 £
Public Donations	165	165
Corporate Donations	463.91	463.91
Grants	17,382	17,382
Private Donations	4,501	4,501
	22,511	22,511
	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Donations	17,989	17,989

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

4. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2025 £	Total funds 2025 £
Materials	4,641	4,641
Special needs teacher	3,500	3,500
Facilitator Fees	3,765	3,765
Facilitator assistance	3,030	3,030
Administration	2,058	2,058
Hall Hire	3,600	3,600
Legal & Professional	650	650
Platforms/maintenance	393	393
Donations	13	13
	21,651	21,651
	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Materials	2,468	2,468
Advertising & Promotion	2,359	2,359
Facilitator Fees	7,872	7,872
Travel	52	52
Administration	540	540
Hall Hire	2,160	2,160
Donations	140	140
Legal & Professional	1,500	1,500
Training	80	80
Platforms maintenance	558	558
Special events	240	240
	17,969	17,969

5. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2025 - £NIL).

During the year ended 31 March 2025, no Trustee expenses have been incurred (2025 - £NIL).

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

6. Tangible fixed assets – N/A

	Office equipment £
Cost or valuation	
Additions	0
	<hr/>
At 31 March 2025	0
	<hr/>
Depreciation	
Charge for the year	0
	<hr/>
At 31 March 2025	0
	<hr/>
Net book value	
At 31 March 2025	0
	<hr/>
<i>At 31 March 2024</i>	0
	<hr/>

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

7. Statement of funds

Statement of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Balance at 31 March 2025 £
Unrestricted funds				
General Funds	4,211	22,511	21,651	5,071

General funds Represent the balance of Still I Rise funds.

Grants: A grant of £17,381.51 was received from National Lottery in this financial year and £463.91 in small instalments from Pay pal fund throughout the year.

National Lottery grant was allocated for “Art Connection” project. It facilitates art classes for children 11 – 18 living in High Wycombe.

Statement of funds - prior year

Unrestricted funds	<i>Income</i> £	<i>Expenditure</i> £	<i>Balance at</i> <i>31 March</i> <i>2024</i> £
General Funds	17,989	17,969	4,211