

**Sincere Support**

**Charity Number 1182656**

**Trustees Report and Receipts and Payments Account  
for the year 1st February 2023 to 31st January 2024**

**Sincere Support (Charity Number 1182656)**

**Report of the Trustees for the year 1st February 2023 to 31st January 2024**

The trustees have the pleasure in presenting their report and the financial statements of the charity for the period 1st February 2023 to 31st January 2024.

**Reference and Administration details**

Sincere Support is a registered charity, charity number 1182656.

**Principal address**

C/O Meadow Hall Centre Limited  
Management Suite  
1 The Oasis  
Meadowhall Centre  
Sheffield  
S9 1EP

**Trustees**

The trustees who served in the year were:

Stephen Haley Lister (Chairman)

Sheena Powell-Bevan

Geoffrey Brignall

Gary Harvey

Ellis Brooke Powell-Bevan

**Structure, governance and management**

The charity was constituted as a Charitable Incorporated Organisation (CIO) Foundation on 27th March 2019. The governing document is a constitution.

Where there is a need for new trustees, these are identified and appointed by the existing Trustees

**Objectives and activities**

The charity was formed to relieve the stresses experienced by the family and carers of children with terminal or serious illnesses in hospital in the region of Yorkshire, Humber and Lincolnshire and to support other properly constituted groups working for the same purpose.

**Achievements and performance**

The charity was formed on 27th March 2019 and superseded Sincere Support (charity number 1100487) from 16th October 2019.

£10,248 has been raised in the period from fundraising activities, which is unrestricted. Funding of £83,120 has also been secured from the National Lottery Community Fund - Reaching Communities, which is restricted.

**Financial performance**

The reserves of the charity are unrestricted at the year end and are available to meet the costs of running the charity for its objectives and activities, for donation and fundraising activities.

At the year end the reserves were £69,047.

The receipts and payments accounts have been prepared under section 133 of the Charities Act 2011 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice. The financial statements have been prepared from the accounting records and information and explanations provided to Jonathan White & Co Accountants Limited.

**Further Information**

As part of our ongoing National Lottery programme, we have had an external evaluation of our activities completed. This is highly detailed and we have attached a copy at the end of this document.

**Public Benefit**

The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the aims and objectives and in planning future activities. The trustees have considered how planned activities contribute to the aims and objectives set ensuring activities offer and satisfy the public benefit requirement as stated in charity law.

This report and financial statements were approved by the trustees on the 4th November 2024 and is signed on behalf of them all.

Stephen Haley Lister  
Chairman

**Sincere Support (Charity Number 1182656)**

**Independent Examiners Report**

I report to the trustees on my examination of the accounts of the above named charity for the year ended 31st January 2024, which are set out on pages 4 to 6.

**Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

4th November 2024

**Jonathan White**

**Jonathan White & Co Accountants Limited**  
**134 Dobbin Hill**  
**Sheffield**  
**S11 7JD**

**Sincere Support (Charity Number 1182656)**

**Receipts and Payments Account for the year 1st February 2023 to 31st January 2024**

	Restricted Funds 2024 £	Unrestricted Funds 2024 £	Total Funds 2024 £	Restricted Funds 2023 £	Unrestricted Funds 2023 £	Total Funds 2023 £
<b>Receipts</b>						
Fundraising activities	0	10,248	10,248	0	34,678	34,678
The National Lottery Community Fund - Reaching Communities	83,120	0	83,120	83,640	0	83,640
Other income	0	0	0	0	0	0
Total receipts	83,120	10,248	93,368	83,640	34,678	118,318
<b>Payments</b>						
Family support	8,210	4,736	12,946	9,541	3,554	13,095
Donations made	0	0	0	0	550	550
Sessional workers	10,069	590	10,659	10,410	720	11,130
Salaries 1.	60,248	0	60,248	59,755	0	59,755
Training	0	0	0	1,223	0	1,223
Fundraising	0	2,679	2,679	0	8,001	8,001
General office costs	77	1,802	1,879	102	3,216	3,318
Telephone	0	1,287	1,287	0	1,329	1,329
Motor vehicle	0	1,821	1,821	0	1,502	1,502
Legal and professional	640	2,410	3,050	800	0	800
Accountancy	0	804	804	384	660	1,044
Marketing	803	2,659	3,462	329	0	329
Cleaning of premises	3,482	0	3,482	4,123	115	4,238
Total payments	83,529	18,788	102,317	86,667	19,647	106,314
<b>Asset and investment purchases</b>						
Assets purchased	0	4,800	4,800	0	0	0
Total asset and investment purchases	0	4,800	4,800	0	0	0
Total payments	83,529	23,588	107,117	86,667	19,647	106,314
Net (Payments)/Receipts for the year	(409)	(13,340)	(13,749)	(3,027)	15,031	12,004
Funds balance brought forward	19,791	64,104	83,895	22,818	49,073	71,891
Funds balance carried forward	19,382	50,764	70,146	19,791	64,104	83,895

**Sincere Support (Charity Number 1182656)**

**Statement of Assets and Liabilities as at 31st January 2024**

		<b>Restricted Funds 2024 £</b>	<b>Unrestricted Funds 2024 £</b>	<b>Total Funds 2024 £</b>	<b>Restricted Funds 2023 £</b>	<b>Unrestricted Funds 2023 £</b>	<b>Total Funds 2023 £</b>
<b>Assets retained for the charity's own use</b>							
Motor vehicles		0	22,500	22,500	0	20,190	20,190
Furniture, fixtures and fittings		0	95	95	0	95	95
Plant and machinery		305	1,094	1,399	305	1,094	1,399
Computer equipment		0	1,960	1,960	0	1,960	1,960
		<u>305</u>	<u>25,649</u>	<u>25,954</u>	<u>305</u>	<u>23,339</u>	<u>23,644</u>
<b>Cash at Bank</b>		19,382	50,764	70,146	19,791	64,104	83,895
<b>Total assets</b>		<u>19,382</u>	<u>50,764</u>	<u>70,146</u>	<u>19,791</u>	<u>64,104</u>	<u>83,895</u>
<b>Liabilites</b>							
Creditors	2.	1,099	0	1,099	1,973	0	1,973
<b>Total Liabilites</b>		<u>1,099</u>	<u>0</u>	<u>1,099</u>	<u>1,973</u>	<u>0</u>	<u>1,973</u>

**Sincere Support (Charity Number 1182656)**

**Notes to the Financial Statements for the year 1st February 2023 to 31st January**  
**2024**

**Notes**

1. Included with Salaries are salary payments of £19,817 to MR S Lister, a trustee.

2. Creditors:

Pension contributions	295
Professional fees	804
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	1,099