

Sincere Support

Charity Number 1182656

**Trustees Report and Receipts and Payments Account
for the year 1st February 2022 to 31st January 2023**

Sincere Support (Charity Number 1182656)

Report of the Trustees for the year 1st February 2022 to 31st January 2023

The trustees have the pleasure in presenting their report and the financial statements of the charity for the period 1st February 2022 to 31st January 2023.

Reference and Administration details

Sincere Support is a registered charity, charity number 1182656.

Principal address

C/O Meadow Hall Centre Limited
Management Suite
1 The Oasis
Meadowhall Centre
Sheffield
S9 1EP

Trustees

The trustees who served in the year were:

Stephen Haley Lister (Chairman)

Sheena Powell-Bevan

Geoffrey Brignall

Gary Harvey

Ellis Brooke Powell-Bevan

Structure, governance and management

The charity was constituted as a Charitable Incorporated Organisation (CIO) Foundation on 27th March 2019. The governing document is a constitution.

Where there is a need for new trustees, these are identified and appointed by the existing Trustees

Objectives and activities

The charity was formed to relieve the stresses experienced by the family and carers of children with terminal or serious illnesses in hospital in the region of Yorkshire, Humber and Lincolnshire and to support other properly constituted groups working for the same purpose.

Achievements and performance

The charity was formed on 27th March 2019 and superseded Sincere Support (charity number 1100487) from 16th October 2019.

£34,678 has been raised in the period from fundraising activities, which is unrestricted. Funding of £83,640 has also been secured from the National Lottery Community Fund - Reaching Communities, which is restricted.

Financial performance

The reserves of the charity are unrestricted at the year end and are available to meet the costs of running the charity for its objectives and activities, for donation and fundraising activities.

At the year end the reserves were £81,922.

The receipts and payments accounts have been prepared under section 133 of the Charities Act 2011 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice. The financial statements have been prepared from the accounting records and information and explanations provided to Jonathan White & Co Accountants Limited.

Further Information

As part of our ongoing National Lottery programme, we have had an external evaluation of our activities completed. This is highly detailed and we have attached a copy at the end of this document.

Public Benefit

The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the aims and objectives and in planning future activities. The trustees have considered how planned activities contribute to the aims and objectives set ensuring activities offer and satisfy the public benefit requirement as stated in charity law.

This report and financial statements were approved by the trustees on the 30th October 2023 and is signed on behalf of them all.

Stephen Haley Lister
Chairman

Sincere Support (Charity Number 1182656)

Independent Examiners Report

I report to the trustees on my examination of the accounts of the above named charity for the year ended 31st January 2023, which are set out on pages 4 to 6.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

30th October 2023

Jonathan White

**Jonathan White & Co Accountants Limited
134 Dobbin Hill
Sheffield
S11 7JD**

Sincere Support (Charity Number 1182656)

Receipts and Payments Account for the year 1st February 2022 to 31st January 2023

	Restricted Funds 2023 £	Unrestricted Funds 2023 £	Total Funds 2023 £	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £
Receipts						
Fundraising activities	0	34,678	34,678	81,904	22,399	104,303
The National Lottery Community Fund - Reaching Communities	83,640	0	83,640	81,904	0	81,904
Other income	0	0	0	0	9,000	9,000
Total receipts	83,640	34,678	118,318	81,904	31,399	113,303
Payments						
Family support	9,541	3,554	13,095	7,805	4,742	12,547
Donations made	0	550	550	0	200	200
Sessional workers	10,410	720	11,130	11,050	3,774	14,824
Salaries 1.	59,755	0	59,755	58,272	0	58,272
Training	1,223	0	1,223	0	0	0
Fundraising	0	8,001	8,001	0	2,729	2,729
General office costs	102	3,216	3,318	86	5,504	5,590
Telephone	0	1,329	1,329	0	1,139	1,139
Motor vehicle	0	1,502	1,502	0	737	737
Legal and professional	800	0	800	3,000	0	3,000
Accountancy	384	660	1,044	804	0	804
Marketing	329	0	329	730	482	1,212
Cleaning of premises	4,123	115	4,238	3,143	260	3,403
Total payments	86,667	19,647	106,314	84,890	19,567	104,457
Asset and investment purchases						
Assets purchased	0	0	0	305	20,190	20,495
Total asset and investment purchases	0	0	0	305	20,190	20,495
Total payments	86,667	19,647	106,314	85,195	39,757	124,952
Net (Payments)/Receipts for the year	(3,027)	15,031	12,004	(3,291)	(8,358)	(11,649)
Funds balance brought forward	22,818	49,073	71,891	26,109	57,431	83,540
Funds balance carried forward	19,791	64,104	83,895	22,818	49,073	71,891

Sincere Support (Charity Number 1182656)

Statement of Assets and Liabilities as at 31st January 2023

	Restricted Funds 2023 £	Unrestricted Funds 2023 £	Total Funds 2023 £	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £
Assets retained for the charity's own use						
Motor vehicles	0	20,190	20,190	0	20,190	20,190
Furniture, fixtures and fittings	0	95	95	0	95	95
Plant and machinery	305	1,094	1,399	305	1,094	1,399
Computer equipment	0	1,960	1,960	0	1,960	1,960
	<u>305</u>	<u>23,339</u>	<u>23,644</u>	<u>305</u>	<u>23,339</u>	<u>23,644</u>
Cash at Bank	19,791	64,104	83,895	22,818	49,073	71,891
Total assets	<u>19,791</u>	<u>64,104</u>	<u>83,895</u>	<u>22,818</u>	<u>49,073</u>	<u>71,891</u>
Liabilities						
Creditors	2. 1,973	0	1,973	1,373	0	1,373
Total Liabilities	<u>1,973</u>	<u>0</u>	<u>1,973</u>	<u>1,373</u>	<u>0</u>	<u>1,373</u>

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Notes to the Financial Statements for the year 1st February 2022 to 31st January
2023

Notes

1. Included with Salaries are salary payments of £19,722 to MR S Lister, a trustee.

2. Creditors:

Pension contributions	1,169
Professional fees	804
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	1,973