

WEST AREA PROJECT

England & Wales · Charity number 1182653

Details

Other names	WEST AREA PROJECT WORKING WITH ADULTS WITH LEARNING DISABILITIES
Status	Registered
Legal form	CIO
Registered	2019-03-27
Register	View on the Charity Commission register

Contact

Address
The Lenton Centre
Willoughby Street
Lenton
Nottingham
NG7 1RQ

Phone 01159056060

Email wapnottm@hotmail.co.uk

Website www.westareaproject.org.uk

Activities

Objects: TO PROVIDE RELIEF FOR PEOPLE WITH LEARNING DISABILITIES AND/OR AUTISM AND THEIR FAMILIES OR CARERS, WHO LIVE IN NOTTINGHAM CITY AND ITS SURROUNDING AREAS.

Activities: West Area Project provides relief for people with learning disabilities and/or autism and their families or carers, who live in Nottingham city and its surrounding area by providing day and evening activities and support. This service is provided at a centre, in the community and occasionally in the member's home.

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** People With Disabilities

Geography

- Nottingham City
- Nottinghamshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£213,114	£204,698	-	-
2024-03-31	£199,809	£204,936	-	-
2023-03-31	£162,483	£170,705	-	-
2022-03-31	£161,224	£166,131	-	-
2021-03-31	£112,312	£102,382	-	-

Trustees

Name	Role	Appointed
ALFRED STIEGLER	Chair	2009-06-10
ANN STIEGLER		2026-03-12
Clare Lloyd		2025-01-16
Dr John Cockrill		2025-09-18
FARRAH ATHAR		2009-06-10
MARY HARRISON		2009-06-10
RUSSELL JAYS		2012-06-10
Ruth Noyes		2022-11-23

WEST AREA PROJECT

England & Wales - Charity number 1182653

Accounts

The West Area Project Annual General Meeting 2025

WEST AREA PROJECT

For adults with learning difficulties

Lenton Centre
Willoughby Street
Lenton
Nottingham
NG7 1RQ

Tel: 0115 9056060

Email: wapnottm@hotmail.co.uk



Charity Number 1182653

Thursday 15th January 2026: starting at 7.00pm,
at the Lenton Centre, Willoughby Street, Lenton NG7 1RQ

Agenda

- 7.00 Registration and refreshments
- 7.15 Welcome by the Member Representative:
- 7.30 Manager's Report.
- 7.45 Chairperson's Report by Alf Stiegler: Chair of Trustees
 - Apologies
 - Declarations of interest
 - Minutes of last AGM
 - Treasurers Report and Review of our annual accounts
 - Appointment of Independent Examiner
 - Resignation of Trustees
 - Nominations for election of new Trustees and Board
- 8.30 Ratification of policy documents
 - WAP safeguarding policy
- 8.40 Any other business

1. Introduction by our member representatives Martin and Mel:

We are so very lucky to have Mel and Martin as our member representatives. With the two of them, WAP is in safe hands!

Prior to every Board meeting they interview the members and then summarise the responses to develop their report. Mel and Martin attend every Board meeting and do an amazing job of representing our member's views.

As Martin's report reflects, there were many changes at TLC which affected WAP:

"2024 was a difficult year for West Area Project. Finance is still a major problem, so we need to fundraise more.

Ryleigh left to work in Norwich, and we all missed her. There was a lot of building work and disruption at TLC. Firstly, we lost our store cupboard to make way for a corridor, and we then had no-where to put our things.

Yvonne had a new office downstairs, but it has no electricity. Then, in November the builders were up on the swimming pool roof to put up a new ceiling. This meant we couldn't go swimming on Thursdays which upset everyone.

I hope next years a bit better but the workers kept us going"

Martin, member representative

2. Manager's Report 2024 to 2025 by Yvonne Pearson, WAP Manager

Another year full of challenges!

Fairer Charging

April 2024 started with a 'fairer charging' nightmare. Some people came under the City Council's charging regime for the first time. The assessments were conducted by telephone with people representing the City Council who often had no prior knowledge of the member's history or present circumstances. This lack of background knowledge is difficult for our families to understand when their relative's social care has been funded for years by the same City Council. The relatives were often not prepared for the questions being asked about 'extra disability related expenditure' and did not have ready answers.

The mother of one of our newer members who had been funded to attend WAP 3 days a week, with transport, was shocked when she got a notice from the fairer charging team to say that she would be expected to make a **weekly contribution of £97.65**. This amounts to nearly £400 every four weeks which in a single parent household would have meant essential utility bills could not be paid. The distraught parent immediately took her relative out of WAP. When I went through the assessment it appeared that it was incorrect as major household and disability related expenses had been ignored. I requested an immediate reassessment, and the charge was subsequently reduced to around £30 a week. I was concerned by the inadequacy of the assessment which had caused the member and her mother such unnecessary stress.

One family found they received a letter one month to say their charges were increasing to find the amount increased again the following month. This constant flow of contradictory letters made little sense to our families (or me!). One family were supported through outreach, to appeal but this took a long while and their charges mounted up. Although we did achieve a significant reduction, the family were left owing us almost £600 in arrears, which they are still paying off at around £10 a month.

Other people's packages automatically increased, without a telephone assessment, in line with their automatic benefit increases. As the Direct payment holder for many of our members it was left to me to explain to these families what had happened and collect the extra charges as they had been deducted from our funding. The letters sent out by the Council were not user friendly and many people ignored them, thinking they were simply a statement of their account, like that which they annually received from the Department of Work and Pensions about their benefits. This all added so much stress to the beginning of 2024 and unusually, I could not identify anyone in the City Council who was prepared to readily take these matters up.

Minimum increase in statutory funding

The City Council offered WAP and other voluntary agencies a small increase in the amount of funding for each member, but this amount was far lower than the rise in the national minimum wage. As the majority of our WAP costs are wage related, we knew we were going to have to continue to subsidise the City Council through fundraising to keep the main WAP service and its many extra activities running.

The financial problems we were facing were being experienced across the voluntary and community sector. The Lenton Centre needed to raise money to keep their swimming pool open and we joined in their funding campaign. This had some complicated knock-on effects as some of the agencies we had applied to for funding said that they could not fund whilst the future of The Lenton Centre was in doubt, so our necessary funding applications were put on hold.

Financial challenges

This left WAP in a situation over 2024 to 2025 that despite being at full capacity and still being supported by the Severn Trent funding towards rent, our costs continued to rise far above our Council funding.

The rising demand for outreach support

The WAP outreach service has become a necessary extension of the WAP day service. Gradually, the community health and social care have reduced the support they are able to give including help with health appointments and welfare benefits. Such tasks have ended up on the shoulders of the voluntary sector. The fact is that if we do not respond to the families asking us for support, who would?

Not surprisingly, the need for the outreach service continued to grow on all fronts; medical, safeguarding and benefits, this is despite the fact WAP receives no statutory funding for this necessary service.

Indeed, it would be fair to say that the outreach service was overwhelmed by demand from members and ex members for support with complex **medical issues**. These are just a few examples:

An ex-member and their family sought assistance from the outreach service to support them through their cancer journey. This involved arranging and supporting the family through a series of outpatient appointments, hospital visits and stays. After many months and a series of operations there was a positive outcome.

One member, who had severe symptoms and ongoing weight loss, which prompted her older relative to take her to A and E on three occasions, just could not get access to

necessary hospital assessments. This member was terrified of lifts and stairs and kept defaulting on hospital appointments arranged at inaccessible venues. It took a great deal of outreach negotiating to ensure reasonable adjustments to enable the member to access hospital investigations and lifesaving hospital treatment. This process took over 6 months to resolve despite enlisting the support from the excellent learning disability hospital liaison team.

Following a severe medical emergency at WAP in February 2025 the outreach service supported a family for 14 hours in Accident and Emergency Dept. The member eventually received good treatment and has medication for their new condition which the specialists believe developed from a Covid infection on a vulnerable person.

One of our long-term members who had developed dementia over the Covid time (and had been supported by outreach in finding a care home) moved onto the palliative care pathway, sadly dying in March 2025. As I had always acted in the capacity of 'next of kin' because they had no family, there was a significant problem about who could register his death. I had no legal standing in the matter and there was no known family. This left our valued member at the QMC for many months before the death could be registered. Even after his death was registered there were issues about whether WAP would be allowed to arrange the funeral. This proved very distressing for all of his 'WAP' family.

Safeguarding

One of our members was involved in a major safeguarding issue which meant they had to suddenly leave their home. This member was supported into temporary shared life care with people known to WAP whilst they were supported looking for a more permanent placement. This sensitive work took place over many evenings and weekends to support the member in dealing with this traumatic turn of events. Happily, a permanent shared life placement was found, and this member is now 'living their best life'.

Benefits and Appeals regarding Council charges for Social Care

There was ongoing demand for outreach support for families with essential basic benefit applications such as PIP and ESA alongside bus pass applications.

This benefit support occasionally extended to beyond WAP to families using The Lenton Centre who approached us for help. This included supporting the first PIP application for a single mum with two disabled children.

Activ2

This was continued with financial support from JNR Derbyshire, The. Charles Littlewood Hill Trust, The Jones 1986 Charitable Fund and Thomas Farr. We cannot thank them enough as Activ2 also receives no statutory funding.

Volunteers

WAP has always been so fortunate with the quality of and commitment from, its volunteers. During this period, we hosted 8 student placements drawn from a variety of specialisms ranging from sports rehabilitation, physiotherapy and psychology. All these students helped to energise WAP and Activ2 members through the Winter months.

All students are given a 1 to 1 detailed induction by myself prior to their placement with WAP and Activ2. We believe this time is well spent and see it as our investment in ensuring the development of knowledge and skills for future social care and health allied professionals in working with people with disabilities. We were lucky this year as two of our volunteers remained with us throughout the year and they offer their perspective in other parts of this report.

Relationship with TLC

Over this period there remained a great deal of uncertainty regarding the level at which TLC could set our rent. This continued financial uncertainty led us to look for alternative venues. Eventually, TLC agreed to set the rent at a level we could afford and we were pleased to remain at the heart of TLC.

I would like to end my report to again thank our amazing workers, board members and of course our members, along with their families who all contribute to make WAP and Activ2, such a joy to be part of.

Yvonne Pearson
Manager,
WAP and Activ2

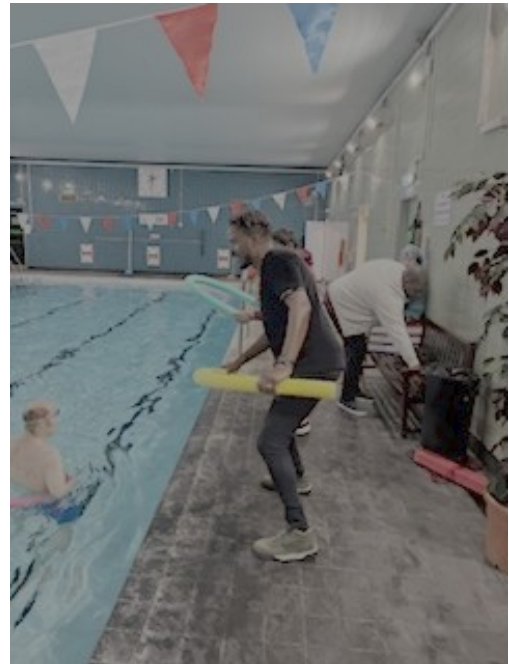
3. Welcoming new staff to WAP

We said goodbye to the amazing Ryleigh who went on from WAP to develop her career as a clinical psychologist. We miss Ryleigh and love the fact she returns to WAP for our parties. When Ryleigh left, we employed Alex.

Introducing Alex

As the newest staff member, but one who has been known to the members for just over three years, I can say it has been an inspiring place to work. The aspect of being part of a relatively small, friendly group that encourages healthy eating and lifestyles blended well with my background as a physical exercise teacher in Thailand.

WAP continues to demonstrate what social care should ideally mean, with a progressive commitment to the ideals that guide the sector, including compassion and professionalism. The organization focuses on the needs of its members to help them thrive, demonstrating that it's possible to offer all-round support by taking individual interests and needs on board and incorporating them into a regime of activities.



Despite some members facing physical mobility challenges, I was encouraged by their enthusiasm to push themselves a little further and participate in physical exercises that positively impact their day-to-day lives. Together with other staff members, I introduced gym time before swimming, bringing fun and excitement to workouts. The members adapted positively and looked forward to spending time in the gym.

Some of the gym activities included a general workout session that entailed wiggling and "writing" words by imitating the letters with our bodies—for example, the word 'coconut'. This movement created an avenue for members to exercise their core muscles and add value to their day-to-day workouts.

Aqua aerobics was the second activity I helped incorporate at WAP. Studies have shown that aqua aerobics improves cardiovascular fitness and muscular strength. It was paramount for the members to embrace this to keep any heart-related ailments at bay and maintain strong muscles as they age.

I also introduced "Game Time Thursday" on Thursday afternoons. This activity was designed to harness the members' competitive spirit and encourage them to embrace teamwork to achieve desired goals. 'Yee Yee' Thursday, as the members fondly call it, has also incorporated a spirit of cheerleading, with members grouped into teams to compete on cheering for their team. This activity plays a significant role in securing good mental health for the members, helping them lead stress-free lives.

All these activities are extremely important and have been positively received by the members. A key source of encouragement for me has been hearing members say they look forward to Thursdays. The hardest part, as with anything new, was the inception of these activities. Since that boat has already sailed, our focus is to continue encouraging participation and building on the gains we have already made.

Many Thanks,

Alex Mirie

4. Volunteers at West Area Project

We were very lucky during the period 2024 to 2025 as we were joined by two amazing volunteers who are still with the project. Let us introduce Rich and Emily

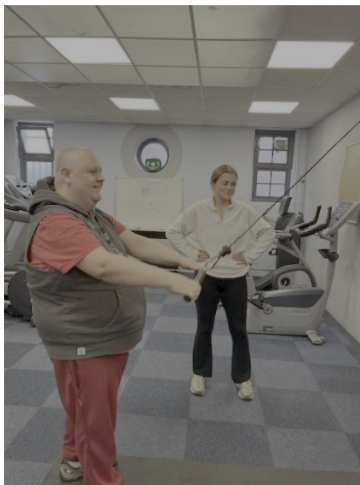
Rich

“I joined West Area Project as a part-time volunteer because working with people with learning disabilities was something I’d always wanted to try and it felt like a great opportunity as I’m considering a career change into social care. From the very beginning, WAP has been such a friendly and energetic place. Over the past six months, it’s been amazing to become part of a community that’s full of warmth, care and fun. I’ve learned about how the project runs day to day and I have really enjoyed seeing how much thought goes into supporting the members and planning activities that bring out the best in everyone.



Getting to know the members has been an absolute highlight - it’s been a privilege to share in their experiences and to get know their personalities. The staff team has also been fantastic - they’re always supportive and made me feel welcome right from the start. I’ve had such a great time joining in on the day trips and the swimming sessions have easily become one of my favourite parts of the week—uplifting, active and always full of smiles. I love how WAP not only offers incredible support to the members but also encourages their independence, all within a social environment where everyone feels included and valued. It’s been a genuinely uplifting experience and one I’m really grateful for.”

Emily



“I first heard about WAP after an afternoon helping Yvonne put up Christmas decorations (I had just finished teaching on poolside so was already at TLC); my course requires me to do a short placement, so I started volunteering at WAP and loved it so much I’ve continued to come back on Thursdays and Tuesday evenings for Activ2. I am a BSc Psychology student at NTU but have studied psychology at school for 6 years now and completely love the subject, so working in the field of learning disabilities has been incredibly educational and the first hand experiences and opportunities that have been provided to me - including running a weekly session in the pool - have really helped develop my character both

professionally and personally. I love being a part of the important work being done at WAP and feel I have learned a lot from the staff and members.”

5. Please meet one of our new members in 2024-5

Member: “I was a bit nervous when I came to WAP. I was used to being home with my mum and meeting new people scared me. When I first came I thought it was really noisy. I was used to it being just me and my mum. I got really angry when people played music I didn’t like and it made me swear and run away. People used to know I was angry because ‘my face went like thunder’. When I felt upset it took me ages to feel okay.

Now, I like being in a room of noisy people because they are my friends. It means I have lots of people to talk too.

I like coming to WAP because I am learning how to talk with different people. If I get angry, I talk to the workers and I can take time out in another room. I know the workers are here to help. I can put up with other people’s music now!!!!

I used to spend a lot of time with my grandmother but when she died it was just me and my mum and we didn’t go out very often. A friend of my mum told her about WAP and now I come three days a week.

At WAP I exercise every day, we are always moving either by swimming, dancing or stretching. It’s important to keep fit because it keeps your body going. “

Comments from mum: “I am writing to thank Yvonne from WAP outreach for the great help she gave today to myself and my daughter. Yvonne helped me with the benefit applications which I would not have been able to do myself, nor would X.

Yvonne also applied for a bus pass for X which I never knew she was entitled to. X is 47 years old, and it made me wonder why I’ve never been told she could get a bus pass. Today was much appreciated, Thank you”

6. Chairperson Report by Alf Stiegler

Alf again thanked all the staff for their commitment to the project especially over this particularly trying year.

7. Minutes of the last AGM meeting

WEST AREA PROJECT AGM MEETING

held on Thursday 16th January 2025
at 7pm at The Lenton Centre

Those present:	In attendance	Apologies
Alfred Stiegler – Chairperson/Trustee	Yvonne Pearson – Project Manager)	Ann Stiegler –Trustee
Farrah Athar – Secretary/Trustee		Martin Stiegler – Member Rep
Mary Harrison – Treasurer		
Rita Beard –Trustee	Mel Simpson –Member Rep	
Ruth Noyes – Trustee (via video phone)	Clare Lloyd	
Russell Jays - Trustee		

Agenda Items

- 1. Apologies:** Apologies were received from Ann and Martin.
- 2. Conflict of interests.** None were declared
- 3. Welcome by the member representative:** Mel welcomed everyone to the meeting.
- 4. Manager's Report**

Yvonne spoke about the financial difficulties which had peaked in January 2024 before WAP received the grant from the Severn Trent Community Fund. This funding meant that WAP ended the financial year in 2024 in a much better situation.

Yvonne mentioned that The Lenton Centre still believed that they could receive better rent for our room so this was something we needed to keep in mind as we could not afford higher rent.

Introduction to AGM business:

Minutes of the last AGM Meeting:

The minutes of the last AGM meeting of Wednesday 23rd November 2022 were discussed and agreed as accurate and signed by Alf and Mary.

Chairperson's Annual Report:

Alf shared his concern that WAP remained in a position where it was still unable to build up adequate reserves. Alf wondered whether financial forecasting could help.

Ruth agreed to assist with this but also commented that this wasn't going to be easy when WAP basically received so little funding. She did however point out that as all the other outgoings were fixed (used for staffing or rent costs) the only budget we could realistically reduce was the 'activities' one.

We agreed that this would be discussed further at the next Board meeting.

Treasurers Report

Mary gave her treasurers report and presented the accounts. She noted that:

- The income from service contracts had increased by just over £40,000.
- The rent had reduced by over £7,000 which was due to TLC charging double instead of triple rent and the fact we had stopped renting the upstairs office.
- That the overall spending had increased especially the budget on activities which had increased by almost £10,000 which was an increase of around a third of the overall activities budget.

The accounts were agreed as accurate and signed by both Alf and Mary.

Appointment of Independent Examiner

Clayton and Brewill were proposed by Alf Stiegler and seconded by Mary Harrison to remain our independent examiners for next year. We also thanked Neil for his work for us and wished him a happy retirement.

Elections

The whole Board resigned and then the previous Board were re-elected. Clare Lloyd was nominated for the Board by Mary and this was seconded by Rita.

Safeguarding Policy

The revised safeguarding policy was discussed and agreed with minor amendments by the Board. Russell agreed to act as the Boards safeguarding lead and said that he was going to look into training for the Board members.

Other business

As there was no other business the meeting was declared closed

8. Treasurers Report April 2024 to March 2025

This will be my last report in my role as Treasurer. I would like to thank Yvonne, Anne and Farrah for aiding me over the years, you don't know how much your help has meant, so thank you. Also thank you to John for taking over the role, I know he will do a better job than I ever could.

Yvonne should receive a special thank you as she has worked so hard this year to raise funds for WAP, a job made so much harder by the financial climate.

This year we received donations from:

JNR Derbyshire of £3000 for WAP, Activ2 & Outreach

Charles Littlewood Hill Trust of £1000 for WAP, Activ2 and Outreach

Ten Percent Foundation £500 for swimming sessions

Jesse Spencer Trust £1000 for Outreach

Labone Trust £2030 for WAP activities

The Jones 1986 Charitable Trust £5000 for Activ2

Thomas Farr £3000 for Activ2

We also received personal donations from the Quigley family and Duval's mum and gran.

We have managed to survive another stressful year financially, and hopefully we will survive many, many more.

Mary Harrison

Treasurer

9. WAP ACTIVITIES 2024 to 2025

At West Area Project, we take our 'duty of care' to promote healthy lifestyles in an extremely vulnerable population very seriously.

Research has demonstrated that people with learning disabilities and/or autism have a greatly reduced life expectancy. WAP aims to do everything it can to combat these health inequalities for this vulnerable group.

To this end we offer a timetable full of different activities.

Monday and Tuesday suit our more mobile members. With walking and 'out and about' activities. This can also be followed by members staying on for the WAPActiv2 session on Tuesday night.

Wednesday to Friday are days more suited to our less mobile members but that doesn't mean they aren't equally active. No one gets to avoid being active at WAP!

Swimming sessions



Our swimming sessions, which are open to anyone with learning disabilities and/or autism, are still the highlight of the week for many of our members.

WAP struggles to afford to keep these important sessions running so we are constantly applying to funding bodies so they can continue.

It always feels like such a personal achievement if we can teach someone to swim. Here we see our member representative Mel, learning to swim. Mel is determined to do this as her 'shared life' family are planning to take her abroad and she wants to enjoy the swimming pool. Go Mel, go!

Dance and movement sessions with Catherine Chivers

Dance sessions summary 1st April 2024-31st March 2025

Sessions during this year have been weekly on Wednesday afternoons. There is always a definite shift in energy and positive wellbeing during and after classes. However subdued the group is when I arrive, we always have a good giggle during the class!



Sessions always start in a circle either seated [if in the WAP room] or a mixture of seated and standing [in the hall]. We always begin with an aerobic, dance warm up led by me, then often lead by the group in turn. It's wonderful to see the different styles and movements that everyone feels comfortable performing! We still often go round the circle choosing a movement and going around the circle each adding a move until we have a repeated 'routine' of movements to dance to the music. This is often based on a theme- sport, Halloween, Birthdays etc. We often try different movements in cannon around the circle [like a Mexican wave, claps, stamps etc] to develop concentration and rhythm.

We've done a lot of follow the leader work this year! Most of the group have definitely improved in terms of thinking about different patterned pathways around the hall rather than just going round in circles when they are the leader!

We have quite a repertoire of dances which the group still enjoy and request! We often dance either all seated or a combination of seated and standing. Favourites include Geraldine's Routine, Blame it on the Boogie, Happy, Do you love me, Soul Bossa Nova.

The group enjoy Explode- taking it in turns to create a shape together in the middle of the hall and then exploding away to break up the shape.

Props are as popular as ever- pompoms, streamers, shaky eggs, glow sticks and the coloured lines and dots! The members still love placing the line markers around the

space and we play a musical chairs style game with a line being removed after a few goes of dancing and stopping on a line! We often have a theme for the shapes we make when we freeze- something related to the colour we land on, dinosaurs, fruits and vegetables, sport etc! There are some very competitive members who always manage to win!

The group enjoy the pictures game where I place pictures in the corners of the room- eg Easter pictures and everyone dances to the music and pick a picture to go to when the music stops! The people by the picture I shout out [with my eyes closed] are out!

The group always enjoy dancing with floaty fabric and particularly enjoy it when I bring the long blue fabric which we can pretend is the sea! Chinese New Year dragon dances are always a highlight! The group have also enjoyed exploring movements using my octoband prop [lycra fabric with 16 'arms'].

Country style circle and line dances are always popular with the group.

The group enjoyed learning the Stayin' Alive 70s style dance that I did with my Manor Arts Everyone Dance group.

Sessions always end with a cool down- usually lead by me but sometimes lead by members of the group who are now confident to take on this role. Martin is really confident leading the cool down and incorporating appropriate stretches and movements.

I still enjoy being a part of the West Area Project family and sharing dancing, games and giggles with you all!



Crafts sessions with Deborah from Notts College on Wednesday mornings
Arts and crafts.

Another fabulous year for all of the members and their artistic talents, enthusiasm and amazing completed projects. We mixed it up as usual with painting with acrylics and water colours, rock painting, weaving, paper manipulation, air dry clay, textiles and much, much more.

An example of how the group works can be seen with the owl project. The lesson is introduced, and is outlined on the white board (learning aims), and a completed rock painting of an owl is passed around for all to see up close. We have a short question and answer session about what owls can be seen in Britain, and what colours this may inspire us to use. Some members have their favourite colours that they like to stick to while others love to experiment. After a demonstration, the group choose their rock, and paint it with an undercoat of white, the rock is placed on blue tack on a jar lid to facilitate this. The members then practice their colour choices on an owl outlined on drawing on paper, and are encouraged to mix their own acrylic paint colours. As a group we review our paintings at the end of the session, where people are encouraged to talk about their colour choices and why they chose them.

The following week, after a quick recap, the paper paintings are then reviewed, and the rocks are dry now ready for painting. To help some of the members I have drawn the outline of the face and feathers, ready for them to paint. Each owl was so different and joyful in the freedom of expressing themselves. As we have painted rocks before, the members are able to recall the steps taken and are eager for them to dry by the following week, and ready to display.





WAP 2025 Seated Line Dancing

Although the group have such a mixed ability, including mobility, all are encouraged where able to join in. The session is introduced, and the learning aims are outlined on the whiteboard. The members are all familiar with how and why we warm up and cool down and are happy to share the reasons why with the rest of the group, especially in fun to point out who has sloppy posture in their chair! The warmup game encourages laughter, sharing, manual dexterity and a comical dance that has evolved over time. (Pass the Chickens and the Birdy Song)

The main song / dance changes each week, with some being repeated over the months, encouraging memory recall. The moves are broken down, recalled and added to, to complete the full song. All muscle groups are used and options given where full range of movement is restricted. As always this is a seated dance.

The team game is rotated through Chuck a chicken (Tin can ally with bean bags), Cowboy hats, (throwing bean bags into hats for points), Actions (cards with characters/ sports picked randomly which are actioned whilst balancing a quoit on their head and throwing the quoit into a basket), and Easy Peasy Boccia (using bean bags to under arm bowl nearest the Jack/ Chicken).

The team members choose a captain, and team name, making sure that everyone has had their turn, and reminding all who cheat (the staff!) of the rules and how to play fairly. Scores are kept on the board, and the winning team is announced, with a “hip hip Hooray” and “better luck next time” to round off the game.

A cooldown encourages gentle movement through all muscle groups, and members are encouraged to demonstrate their own idea in turn, and finally with a big round of applause or Mexican wave to finish.

ACTIV2 by Zoe Beardsley – Activ2 Coordinator

It's been another fun year for activ2 for the same very committed members. We have enjoyed all the old favourite activities including boxercise, badminton, cricket, power walks, rounders and many more. We have also added bean bag games such as easy boccia and target games.

In addition, due to a change in the schedule for the swim clubs, activ2 have had the privilege of being able to access the swimming pool roughly once a month. The members all love splashing around in the water for either aqua aerobics or pool volleyball which sees balls flying right from the shallow to the deep in one swoop.

There have been a few changes to the staffing team, this is down to our gym instructor Amy taking on increased responsibility for her role in the centre which has meant she has not always been available for activ2. Therefore some sessions have required cover staff to work alongside Zoe, Julie and Kyle have both volunteered their time for this. The Lenton centre then provided Mo who is a trained Physiotherapist and new to working with our clientele, he has been very keen and brought lots of energy to each session.

During October to December 2024 we had a large group of final year Sports rehab students who all worked with our members on a 1:1 basis in the gym as well as leading group warm ups and joining in the fun and silly games at our Halloween and Christmas parties.

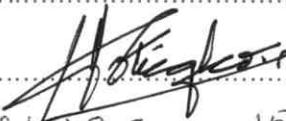
Health remains in our focus too as we continue to provide weigh ins and blood pressure as well as encouraging the members to enjoy the fresh fruit and veggies!

WEST AREA PROJECT
Statement of Assets & Liabilities
Year Ended 31 March 2025

	2025		2024	
	£	£	£	£
Fixed Assets				
Furniture & Equipment	1,142		1,142	
Depreciation for Year	<u>(1,098)</u>		<u>(1,083)</u>	
		44		59
Current Assets				
Trade Debtors	-		-	
Prepayments	851		829	
Cash at Bank & In Hand	<u>10,329</u>		<u>5,042</u>	
Less Current Liabilities				
Creditors	(2,694)		(5,347)	
Accruals	<u>-</u>		<u>-</u>	
Net Current (Liabilities)/Assets		<u>8,486</u>		<u>524</u>
Net (Liabilities)/Assets		<u><u>8,530</u></u>		<u><u>583</u></u>
Represented By:				
Unrestricted Funds				
Opening balance	583		5,730	
Surplus / (Deficit) for the Year	<u>8,401</u>		<u>(5,147)</u>	
Total Unrestricted Funds		<u><u>8,984</u></u>		<u><u>583</u></u>

Approved by the Board of Trustees on.....

Signed on its behalf.....Chairperson


 M. Hamson Treasurer 15.1.2024

15.1.26

WEST AREA PROJECT
Income & Expenditure Account
Year Ended 31 March 2025

Receipts	2025	2024
	£	£
Service Contracts	197,439	180,495
Refunds	-	-
Fund Raising	<u>15,675</u>	<u>19,314</u>
Total Unrestricted Income	213,114	199,809
Total Receipts	<u>213,114</u>	<u>199,809</u>
Less Payments		
Salaries & NICs	157,166	147,738
Premises	22,275	25,084
Office & Admin	1,718	2,948
Users Outings & Activities	<u>23,539</u>	<u>29,166</u>
Total Payments	<u>204,698</u>	<u>204,936</u>
Surplus / (Deficit) for the Year	8,416	(5,127)
Other Movements		
Depreciation	(15)	(20)
Total Surplus / (Deficit) for Year	<u>8,401</u>	<u>(5,147)</u>

Approved by the Board of Trustees on.....

Signed on its behalf.....Chairperson

M. Harrison


Treasurer

15.1.2026

15.1.26



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

WEST AREA PROJECT

**On accounts for the year
ended**

31st March 2025

**Charity no
(if any)**

1182653

Set out on pages

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st March 2025.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 20/01/2026

Name: Adam Rostance

**Relevant professional
qualification(s) or body
(if any):**

ACA

Address:

Clayton & Brewill, Cawley House, 149-155 Canal Street
Nottingham, NG1 7HR

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

WEST AREA PROJECT

England & Wales - Charity number 1182653

Accounts

WEST AREA PROJECT

For adults with learning difficulties

Lenton Centre
Willoughby Street
Lenton
Nottingham
NG7 1RQ

Tel: 0115 9056060

Email: wapnottm@hotmail.co.uk



Charity Number 1182653

The West Area Project Annual General Meeting 2024

Starting at 7.00pm Thursday 16th January 2025,

at the Lenton Centre, Willoughby Street, Lenton NG7 1RQ

Agenda

7.00 Registration and refreshments

7.15 Welcome by the Member Representative:

7.30 Manager's Report.

7.45 Chairperson's Report by Alf Stiegler: Chair of Trustees

- Apologies
- Declarations of interest
- Minutes of last AGM
- Treasurers Report and Review of our annual accounts
- Appointment of Auditor
- Resignation of Trustees
- Nominations for election of new Trustees and Board

8.30 Updated WAP safeguarding policy.

8.40 Any other business

Welcome to the WAP 2023/2024 Annual Report:

The Dynamic Duo!



1. Introductions by our member representatives Martin and Mel:

Welcome everybody, to the AGM. Thank you, for joining us. We are a small and beautiful group at West Area Project. I'm Martin Stiegler and Melanie Simpson and we are the two member representatives and we are still on the committee and attend every Board meeting. We do this because we like helping, and it's our role to give our member a voice about how the WAP service is run. At WAP we listen to all our members.

2 .Manager's Report 2023 to 2024 by Yvonne Pearson, WAP Manager

As you can see from the above introduction by our member representatives, the dynamic duo of Martin and Mel are back! We are very fortunate in our member representatives who canvass the views of all our members prior to every board meeting. We are constantly looking for suggestions about how to improve our service at WAP and our member feedback is always appreciated and has led directly to many changes along the years. As always, I would like to express my thanks to Martin and Mel for keeping me on my toes for another year!

Although WAP's financial year began in April 2023, we entered this period with significant financial difficulties dating back to early 2022.

During the fuel crisis The Lenton Centre tripled our rent at a time when our membership was unusually low due to the disruption caused by Covid. Normally, WAP enjoyed a consistent number of new referrals from the community teams, especially when young people were leaving colleges, but even by the beginning of 2023 referrals had not resumed to their previous pre Covid levels. We did take on a young man as an emergency referral because there were no other day centres available to manage his complex needs.

As mentioned in the previous Annual Report the workers had already reduced their hours and as a project, we were doing all we could to reduce our spending without affecting the quality of our service which included continuing to pay for a full range of activities such as dancing and swimming.

Then in April 2023, the national living wage increased by 9.7% but this increase was not reflected in the increase in payments from the City Council. WAP has always effectively 'subsidised' the Council by fundraising for a significant proportion of its overall income. Normally in times such as these we would have intensified our fundraising efforts, but we were still being hampered by the legacy of our bank trying to 'helpfully' implement 'improvements' to our old WAP account. Sadly, these improvements were done in ignorance of what is required of a charity bank account. These

'improvements' took many months to rectify and continued to affect our fundraising efforts.

A further challenge during this period was the reality that Nottingham City Council were desperately trying to balance their books and seeking higher charges from people using social care services.

On 29th November 2023 the devastating news was announced that Nottingham City Council had applied for Section 114 notice. This meant that it would have to stop all spending other than on services it needed to provide by law. We had no idea at that stage what that would mean for WAP and its future.

During this time, the only glimmer of hope was that WAP was starting to receive referrals again and we had the pleasure of welcoming new members. We had also negotiated with The Lenton Centre a more realistic rent as it was obvious at that stage we were unable to afford the triple rent. Despite that, by the end of 2023 we had started to look for alternative premises as we were made very aware that TLC required more income from our rooms for their own survival.

Although we were delighted that the Council offered us a contract to continue to run our services until February 2025 this was a very unstable basis on which to continue a project that had been operating since 1986.

So WAP entered 2024 in a very challenging financial state. We owed rent to TLC and the prospects were not optimistic given the uncertainty over the future of Nottingham City Council.

However, something amazing happened and following a grant application, we were awarded £16,594 by the Severn Trent Community Fund which, very unusually, funded rent arrears. This funding literally saved the West Area Project and helped to pay towards the rent for the year going forward.



Again, as a manager during this difficult time I cannot express sufficiently the gratitude I have to Severn Trent Community Fund for essentially saving the West Area Project.

I am now happy to report that despite the difficult economic climate WAP has managed to stabilise its finances. The first thing we did was to shut down our office at TLC so they could rent it out to another organisation who could pay higher rent. We moved our 'office' into a store cupboard without heat or electricity, but it was free. We also gave up our telephone landline which means we now have a much cheaper telephone service. These were all conditions of the funding with Severn Trent but also actions we needed to take. We have also increased our membership and continued to receive a steady number of referrals.

See below our new office after it had been given a 'purple over'!



We ended the financial year in March 2024 in a far more hopeful and stable financial position again largely due to the significant funding boost from Severn Trent Community Fund.

Although the main project WAP was doing well the Awards for All funding for WAPACTIV2 had started to run down by October 2023. WAPActiv2 is a joint project with the Lenton Centre (TLC) to provide a Tuesday night Activity Group aimed at people with learning disabilities and/or autism who did not use the main WAP service. However, we decided to keep running this service because we knew that we would lose our membership if we took a break whilst we waited for new funding. This meant that both WAP and TLC were having to subsidise the Activ2 service out of our reserves which put a further financial strain on both agencies at the end of the financial year 2024.

The demands on the outreach service have continued to grow and have provided a necessary service to our members and their families. We have also been approached for support with applying benefits and information

from people who have seen our project at The Lenton Centre. The outreach work has included medical visits supporting an ex-member through their cancer journey, serious safeguarding issues including relocation, benefits applications, fairing charging appeals, urgent service reviews, bus pass applications to everyday primary care or psychiatric appointments for medication reviews. The list is long and varied but has emerged essential in keeping some of the members and their families afloat in the community and therefore able to continue to attend WAP and Activ2. An enjoyable part of the outreach service is the Xmas visits to ex members as well as the opportunity to spend time with the families of WAP members who have died. Can I take this opportunity to thank the families of Chris Quigley and Durval Hemans for their very kind donations to WAP.

Sadly, one of our original Kickstarter trainees, who we took onto full time employment at WAP left us to return to her hometown to pursue her career in clinical psychology. We all miss Ryleigh but are delighted that she pops back to visit us whenever she can. In her place we have welcomed Alex as a part time worker onto our team. We have known Alex for years because he has been providing holiday cover for some time for WAP so it was a very easy transition. Ryleigh's leaving 'do' at TLC before we had to evacuate the building due to a 'bomb scare' locally!



Lastly, I would like to thank our workers and volunteers who have had to present a positive face to our members as we have had to weather so much financial and long-term insecurity. They have done us proud throughout. It is not the easiest job pretending that things are fine when you don't know whether you will be made redundant and have had to reduce your hours at a time of rising living costs. I can only thank them again for their dedication, commitment, support and loyalty. We have such a tremendous team at WAP.

Yvonne, WAP Manager

2. Chairperson Report by Alf Stiegler

Alf again thanked all the staff for their commitment to the project especially over this particularly trying year.

4. Minutes of the last AGM meeting

WEST AREA PROJECT AGM MEETING
held on Monday 15th January 2024
at 7pm at The Lenton Centre

Those present:	In attendance	Apologies
Alfred Stiegler – Chairperson/Trustee Farrah Athar – Secretary/Trustee Mary Harrison – Treasurer Ann Stiegler –Trustee Rita Beard –Trustee Ruth Noyes - Trustee	Yvonne Pearson - Project Manager) Martin Stiegler Member Rep Rachel Sharp Member Rep	Russell Jays - Trustee

Agenda Items		
<ol style="list-style-type: none"> 1. Apologies: Russell sent his apologies. 2. Conflict of interests. None were declared 3. Welcome by the member representative: 	M S	
Martin welcomed everyone to the meeting. <ol style="list-style-type: none"> 4. Manager’s Report Yvonne talked about the financial challenges facing WAP due to the energy crisis and how the project responded by; reducing workers hours, reconfiguring the service to take people with higher needs and trying to		

extend its fundraising. However, by making the first few changes it meant that there was little time left for fundraising.

Introduction to AGM business:

Minutes of the last AGM Meeting:

The minutes of the last AGM meeting of Wednesday 23rd November 2022 were discussed and agreed as accurate and signed by Alf and Mary

Chairperson's Annual Report:

Alf highlighted the difficult financial climate facing charities. Alf shared his concerns that WAP was being forced to get bigger to increase its revenue when its strength was in being 'small and beautiful'. The Board discussed this dilemma.

Treasurers Report

Mary gave her treasurer's report and presented the accounts.

These were discussed in detail. Firstly, we noted the very slight growth in the project in 2023 compared with 2022.

Ruth mentioned that the amount gained from service contracts appeared to have reduced in 2023 but Mary explained that the funding to employ the Kick Start workers had inflated the amounts in the 2022 figures.

The accounts were agreed as accurate and signed by both Alf and Mary.

Appointment of Auditor

Clayton and Brewill were proposed by Alf Stiegler and seconded by Mary Harrison to remain our auditors for next year.

Elections

The whole Board resigned and then the previous Board were re-elected.

Other business

1. Ruth presented her contribution for the AGM Report. It focused on the dedication and commitment of the workers at West Area Project in supporting the members to pursue their 'passions and interests'. Yvonne thanked Ruth, on behalf of the workers, for her moving tribute.
2. Updating of the Safeguarding Vulnerable Adults Policy for WAP. This Policy was agreed with a few amendments.

As there was no other business the meeting was declared closed

5. Treasurers Report April 2023 to March 2024

This has been the most stressful year financially since West Area Project opened. We have had increases in salaries, HMRC payments, pension contributions and are still trying to accommodate the steep increase in our room rental charges. The income we receive from Nottingham City and County Councils only just covers our salaries, tax and pension payments, which means that the rent and activity expenses for our members needs to be found by bidding for charitable donations. This year has been particularly worrying as Nottingham City Council, along with several other city councils, had to issue a Section 114 notice, which obviously put WAP at the risk of possible closure.

To improve our financial position, we have relinquished the room we used as an office space and have also welcomed new members with more complex needs, requiring a 'one to one' service. We are also providing an Outreach service which has generated additional funds. Whilst these measures have increased our income, the provision of a 'one to one' service has also placed a greater onus on other staff members to continue providing an excellent service for existing members. We are extremely fortunate to have such dedicated staff who all work so hard to keep everything going.

Our Project Manager has worked tirelessly to manage and reduce our monetary shortfall by applying for charitable donations, she has done

incredibly well but obviously this is also getting harder to accomplish as businesses tighten their belts. We are of course tremendously grateful to the Severn Trent Community Fund for their generous donation to WAP.



Our funding from the Nottingham City Council is only guaranteed until 2025, so our future is still uncertain. Every year we hope that our financial position will improve as WAP is an important lifeline to our members and their carers.

Mary Harrison Treasurer

WAP ACTIVITIES 2023 to 2024

At the West Area Project, we have always prided ourselves on the variety of activities on offer to our members:

Walking and snooker groups on Monday:

Swimming sessions



The established swimming sessions are still proving very popular with our members, and we have turned them into regular aqua aerobics session to music usually led by Alex! The session remains open to any people with learning disabilities and autism because it is so unusual for people to find a 'safe space' which is friendly to people with special needs.

Dance and movement sessions with Catherine Chivers

Dance sessions AGM report 1st April 2023-31st March 2024

Sessions during this year have been weekly on Wednesday afternoons. I still notice a definite shift in energy and positive wellbeing during and after classes. However subdued the group is when I arrive we always have a good giggle during the class!

Sessions always start in a circle either seated [if in the WAP room] or a mixture of seated and standing [in the hall]. We always begin with an aerobic, dance warm up lead by me, then often lead by the group in turn. It's wonderful to see the different styles and movements that everyone feels comfortable performing! We still often go round the circle choosing a movement and going around the circle each adding a move until we have a repeated 'routine' of movements to dance to the music. This is often based on a theme- sport, Halloween, Birthdays etc. We often try different movements in cannon around the circle [like a Mexican wave, claps, stamps etc] to develop concentration and rhythm.

We have quite a repertoire of dances which we often dance either all seated or a combination of seated and standing. Favourites include Geraldine's Routine, Blame it on the Boogie, Happy, Do you love me.

The group enjoy taking it in turns to create a shape together in the middle of the hall and then exploding away to break up the shape.

Props are as popular as ever- pompoms, streamers, shakey eggs, glow sticks and the coloured lines and dots! The members still love placing the line markers around the space and we play a musical chairs style game with a line being removed after a few goes of dancing and stopping on a line! We often have a theme for the shapes we make when we freeze- something related to the colour we land on, dinosaurs, fruits and vegetables, sport etc! There are some very competitive members who always manage to win! The group always enjoy dancing with floaty fabric and particularly enjoy it when I bring the long blue fabric which we can pretend is the sea! Chinese New Year dragon dances are always a highlight! The group like follow the leader activities. This year the group have also enjoyed exploring movements using my new octoband prop [lycra fabric with 16 'arms'].

Country style circle and line dances are always popular with the group.

Sessions always end with a cool down- usually lead by me but sometimes lead by members of the group who are now confident to take on this role. Martin is really confident leading the cool down and incorporating appropriate stretches and movements.

I still enjoy being a part of the West Area Project family and sharing dancing, games and giggles with you all!

Crafts sessions with Deborah from Notts College on Wednesday mornings.

November 23-24

What fun we had this year, the sessions are planned to enable all members to participate, not only with hands-on skills to enhance fine motor skills, but to encourage their own ideas and creativity, whilst sharing ideas with the

rest of the group. We have painted, splattered, blown through straws, sponged, stencilled, sculpted, ripped, stamped, printed, weaved, made cards, collaged, rock painted, experimented, made a mess, laughed and finally presented our piece of art at the end of the session, with lots of praise from all members of the group.

Highlights include cupcakes and doughnuts made from air-dry clay, painted in the brightest of colours with scrumptious icing on top. We weaved on mini wooden looms using waste plastic bags. We made painted face masks inspired by the band KISS. We have tried a new technique of printing with the use of gel plates. Prints were made using leaves and acrylic paints onto the gel plates, the prints were then cut up and collaged. This made owl pictures, that were fantastic in a range of colours and textures

Seated line dancing and team games on Thursday afternoons with Deborah from Notts College

“Howdy pardner” and a tip of the hat to you!

We continue to enjoy seated exercise sessions to music, with many new dances this year, Beyonce (Texas Hold ‘em) is now a firm favourite.

The team games which change each week help build social skills, team building, and turn-taking/sharing along with team pride, as we shout out for each member to do well. The members take it in turn to be team captains and the duties that this involves. We finish with “hip hip hooray” to the winning team and a “better luck next time” to the second-place team.

All members are encouraged to participate and do so with great gusto and “yee-haw”, health and safety and working within their limits are explained and reminded during the session. Sensitivity to each member's individual needs and skills is paramount in planning, making the sessions fun, and improving the range of movement, coordination, memory recall, and concentration.

“So long, pardner”

WAP ACTIV2 by Zoe Beardsley - Coordinator

Activ2 annual report March 2023 – March 2024

Activ2 run by Zoe and Amy continues to be a warm and friendly group, it has been said that our members are all very loyal and supportive to one another, they're really all good friends. This year welcomed a couple of new faces who have quickly become valued members of the group.

Activities continue to be enjoyed, boxercise and rounders are probably the favourites but we also have cricket, badminton, pool, darts, archery, power walking and many more. It has been a pleasure to gain access to the swimming pool a handful of times too, all the members have opted to go in the water and were found throwing themselves on and off of floats and doing a woggle tug of war!

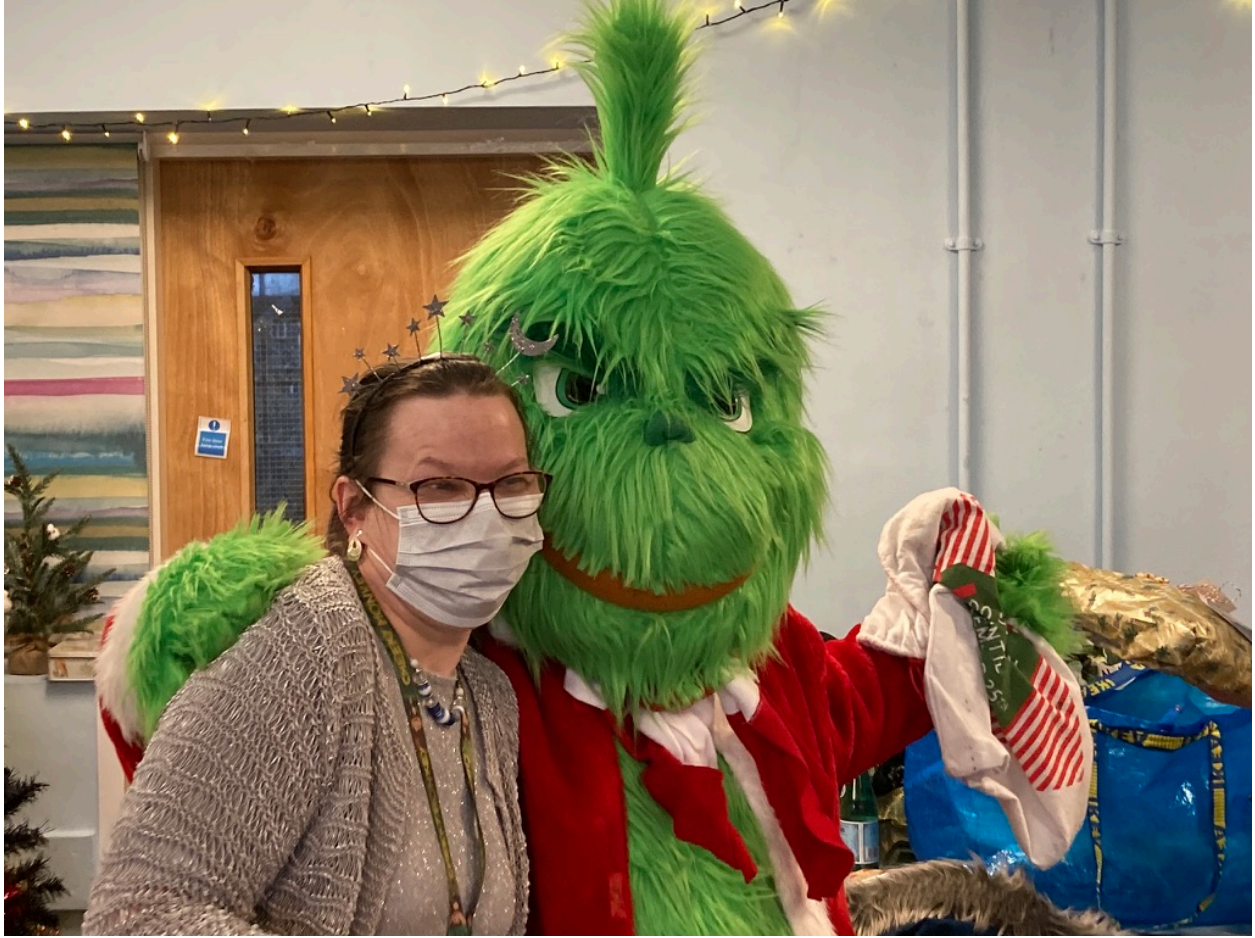
We had a really involved group of students this year who brought new energy to the team, the members really like getting to know new people. The students were all keen to get involved with running the sessions and supporting on a 1;1 basis in the gym. They were also able to gain experience in monitoring members weight and blood pressure as this remains an important part of activ2 and the members find it helpful to be able to keep check on their health with us.

The best Activ2 sessions are always the parties, we've had Easter hunts, Summers spent on the Lenton park, Halloween pumpkin bowl and Christmas pinatas.

Party on Activ2!

Xmas parties at West Area Project.

At Xmas we always enjoy 'a bit of a do' with lovely food from Crocus Café, terrible dancing and dreadful singing! We also enjoy the opportunity to meet up with ex volunteers and tutors. It's a blast! In Xmas 2023 we had the 'Grinch' pop in to give out the Xmas presents!



WEST AREA PROJECT
Income & Expenditure Account
Year Ended 31 March 2024

	2024	2023
Receipts	£	£
Service Contracts	180,495	139,769
Refunds	-	-
Fund Raising	<u>19,314</u>	<u>22,714</u>
Total Unrestricted Income	199,809	162,483
Total Receipts	<u>199,809</u>	<u>162,483</u>
Less Payments		
Salaries & NICs	147,738	118,097
Premises	25,084	31,808
Office & Admin	2,948	1,427
Users Outings & Activities	<u>29,166</u>	<u>19,373</u>
Total Payments	<u>204,936</u>	<u>170,705</u>
Surplus / (Deficit) for the Year	(5,127)	(8,222)
Other Movements		
Depreciation	(20)	(27)
Total Surplus / (Deficit) for Year	<u>(5,147)</u>	<u>(8,249)</u>

Approved by the Board of Trustees on 16/01/2025.....

Signed on its behalf.....
.....Chairperson

M. Hamison TREASURER

WEST AREA PROJECT
Statement of Assets & Liabilities
Year Ended 31 March 2024

	2024		2023	
	£	£	£	£
Fixed Assets				
Furniture & Equipment	1,142		1,142	
Depreciation for Year	<u>(1,083)</u>		<u>(1,063)</u>	
		59		79
Current Assets				
Trade Debtors	-		-	
Prepayments	829		422	
Cash at Bank & In Hand	<u>5,042</u>		<u>5,644</u>	
Less Current Liabilities				
Creditors	(5,347)		(415)	
Accruals	<u>-</u>		<u>-</u>	
Net Current (Liabilities)/Assets		<u>524</u>		<u>5,651</u>
Net (Liabilities)/Assets		<u><u>583</u></u>		<u><u>5,730</u></u>
Represented By:				
Unrestricted Funds				
Opening balance	5,730		13,979	
Surplus / (Deficit) for the Year	<u>(5,147)</u>		<u>(8,249)</u>	
Total Unrestricted Funds		<u><u>583</u></u>		<u><u>5,730</u></u>

Approved by the Board of Trustees on 16/1/2025

Signed on its behalf M. Harrison Chairperson
TREASURER



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
WEST AREA PROJECT

**On accounts for the year
ended**

31ST March 2024

**Charity no
(if any)**

1182653

Set out on pages

1 & 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Neil F South

Date:

17/01/2025

Name:

Neil F South

**Relevant professional
qualification(s) or body
(if any):**

FCA

Address:

Clayton & Brewill, Cawley House, 149-155 Canal Street, Nottingham, NG1 7HR

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

--

WEST AREA PROJECT

England & Wales - Charity number 1182653

Accounts

WEST AREA PROJECT

For adults with learning difficulties

Lenton Centre
Willoughby Street
Lenton
Nottingham
NG7 1RQ

Tel: 0115 9056060

Email: wapnottm@hotmail.co.uk



Charity Number 1182653

The West Area Project Annual General Meeting 2023

Starting at 7.00pm Monday 15th January 2024,

at the Lenton Centre, Willoughby Street, Lenton NG7 1RQ

Agenda

7.00 Registration and refreshments

7.15 Welcome by the Member Representative:

7.30 Manager's Report.

7.45 Chairperson's Report by Alf Stiegler: Chair of Trustees

- Apologies
- Declarations of interest
- Minutes of last AGM
- Treasurers Report and Review of our annual accounts
- Appointment of Auditor
- Resignation of Trustees
- Nominations for election of new Trustees and Board

8.30 Any other AGM Business - Review of updated Safeguarding policy.

Welcome to the WAP 2022/2023 Annual Report:

Introductions by our member representative Martin:



Martin welcomed everyone to the 2022/2023 Annual General Meeting

Welcome everybody, to the AGM. Thank you, for joining us tonight. We are still a small and beautiful group at the West Area Project. I'm Martin Stiegler, the Member Representative and I also attend all the Board meetings to give our members a voice. I do this because I like helping our members and making sure that everyone is happy and enjoys attending the project.

1. Manager's Report by Yvonne Pearson

2022/23 proved to be another exciting year for WAP!

It started with an energy crisis which meant that the Lenton Centre had to substantially raise the rents to pay the fuel costs of heating the centre. Although we are lucky to have a swimming pool on site it costs a lot to heat!

We funded this rent rise in several ways:

We started a fundraising drive supported by Miriam from the Lenton Centre. All the workers reduced their hours and we also accepted new members who needed 1 to 1 support which we provided in house. All these measures helped us to reduce our costs and increase our income.

This also meant the pace of work became very different at WAP, every day felt frenetic, and the room had almost reached capacity. Thanks, are again due to the WAP workers: Tez, Kyle, Zoe and Ryleigh for all their hard work and dedication during this difficult time. We are also lucky that we have a group of experienced staff who we can call on with little notice to cover staff sickness or holiday leave, so thank you to Amy and Claudette, who both already work at the Lenton Centre and know our members well, as well as Alex for supporting us.

Despite our financial hardships we have kept the programme of activities going as our member's value and enjoy them so much. These activities are also key to our achieving WAP's main aim of promoting better health and well-being.

I also want to thank the Lenton Centre for their unwavering support during this time. It is clear they value having WAP on their premises and we always feel that we are an important part of the Lenton Centre community.



The exhausted staff trying to summon the energy for a Xmas photograph!

1. Chairperson Report by Alf Stiegler

Alf again thanked all the staff for their commitment to the project especially over this especially trying year.

2. Minutes of the last AGM meeting

WEST AREA PROJECT AGM MEETING

held on Wednesday 23rd November 2022

at 8pm at The Lenton Centre

Those present:	In attendance	Apologies
Alfred Stiegler – Chairperson/Trustee	Yvonne Pearson - Project Manager	Joan West - Trustee
Farrah Athar – Secretary/Trustee	Martin Stieger Member Rep	
Russell Jays – Trustee	Rachel Sharp Member Rep	
Mary Harrison – Treasurer		
Ann Stiegler –Trustee		
Rita Beard –Trustee		
Ruth Noyes - Trustee		

Agenda Items	
<p>1. Apologies: Joan sent her apologies.</p> <p>2. Conflict of interests. None were declared.</p> <p>3. Welcome by the member representative:</p> <p>Martin welcomed everyone to the meeting which was again organised in line with WAP's COVID policy. Martin reported that the members were happy with the service.</p> <p>4. Manager's Report</p> <p>Yvonne talked about the 5 young people who joined WAP for training and work experience under the governments Kick Starters scheme. The group provided a lot of energy and fun at a time when the community opportunities were limited because of Covid.</p> <p>Sadly, WAP lost some long-time members for a variety of reasons in early 2022. Happily, the majority of our members returned to WAP during 2022 although member has continued to receive the service on a purely outreach basis. On the whole, it was difficult to recruit new members as many of the social workers</p>	M S

were not meeting families face to face. This contributed to us ending the year with a significantly reduced membership. Therefore, we were lucky to have been supported by a large private donation of £10,000 from a family who wished to remain anonymous. Given the pressures on the service we would have struggled to survive financially without this money.

This was in distinct contrast to Activ2 which returned on 1st June 2021 with 12 members turning up to the first session!

Introduction to AGM business:

Minutes of the last AGM Meeting:

The minutes of the last AGM meeting of Wednesday 16th September 2021 were discussed and agreed as accurate and signed by Alf and Mary

Chairperson's Annual Report:

Alf thanked the staff for their continued hard work and commitment. He also said that he was delighted that we had someone who wanted to join the WAP board present at the meeting.

Treasurers Report

Mary gave her treasurers report and presented the accounts.

Appointment of Auditor

Clayton and Brewill were proposed by Alf Stiegler and seconded by Mary Harrison to remain our auditors for next year.

Elections

The whole Board resigned. Ruth Noyes was nominated and seconded to join the Board and then the previous Board were re-elected.

Other business

As there was no other business the meeting was declared closed

The Trustees accept these minutes as a true record of the AGM meeting of
Wednesday 23rd November 2022:

Signed

Date

Signed

Date

Treasurers Report April 2022 to March 2023

I finished last year's report by saying "I expect that next year will be as challenging as this one" and it most certainly has been, by year end the total in the Petty Cash and money in the Bank totalled £5644.

During the year we were fortunate enough to receive £22,714 in funding including donations from several of our Trustee members (including myself): thanks also go to Ruth and Alf for their support.

WAP would very much like to thank the following who offered generous funding over the last year:

Magic Little Grants £500

Thomas Farr £3,000

Bailey Thomas Charitable Fund £3,000

Also, to support Activ2:

The Jones 1986 Charitable Trust £4,000

Jesse Spencer Trust £1,000

The Lady Hind Trust £,1,000

The National Lotteries, Awards for All £10,000

Thank you to everyone who donated and thank you to Yvonne for her sterling efforts. Additionally, due to Yvonne's persistence we also received £800 in compensation from our bank due to their errors with our bank account which delayed funding bids for a while.

This year energy prices escalated for everyone and consequently, we were faced with a dramatic increase in our rent due to The Lenton Centre (TLC). This came as a huge shock and caused great uncertainty about whether we could afford to remain at TLC or move to somewhere offering cheaper rent. Yvonne looked at several alternative places but was eventually able to reach a compromise with TLC to pay a more affordable rent until fund raising could be pursued to cover the increase. We were pleased to be able to do this as our members would have found leaving TLC very upsetting.

Although finances were tight, we felt it was important to give the staff a Christmas Bonus again to say thank you for all their hard work over the year which is greatly appreciated.

Mary Harrison, Treasurer

Report from a new WAP Trustee – Ruth Noyes

After having attended a few trustee meetings over the previous year and read numerous emails there was only one thing I could focus my short report on.

West Area Project functions due to the supreme dedication of the staff members and especially Yvonne. Often it seems that at vast personal cost and sacrifice, all staff provide the best that they can for a group of people with diverse needs. They not only aim to keep people safe and well but also to extend and promote their passions and interests ensuring that all attendees are treated as they would like to be treated.

Behind the scenes Yvonne works with enormous dedication spending hours being an expert in finance, social care, health and safety, safeguarding, GDPR, fundraising, patient visitor, befriender and I could go on. I have been amazed how she promotes the well-being of all people who attend West Area Project but also how she ensures the wellbeing of her staff.

I have genuinely found it really humbling how a group of people can show such dedication and determination to provide the best service possible against the odds.

Thank you.

WAP ACTIVITIES 2021 to 2022

At the West Area Project, we have always prided ourselves on the variety of activities on offer to our members:

Walking and snooker groups on Monday:

We are lucky to be part of the Beeston Social Club where we can be found every Monday playing snooker.

For those who prefer, we get to walk, sometimes covering up to 5 miles as we tread the streets of Nottingham. There are so many routes to choose from: Along the canal paths, around Wollaton Hall, across The Park Estate or around the lake on the University campus. We are ideally placed for all these walks due to being based in Lenton.



Swimming sessions

The established swimming sessions are still proving very popular with our members. When we are all in the mood, we turn it into aqua aerobics session to music! We decided to open the session to any people with learning disabilities and autism because it is so unusual for people to find a 'safe space' which is friendly to people with special needs. One session a mermaid even dropped in to see us!



Dance and movement sessions with Catherine Chivers

.1st April 2022 - 31st March 2023

Sessions during this year have been weekly on Wednesday afternoons. Members can get out and about more, so the Monday morning session was dropped. Wednesdays are quite busy days at WAP so it makes sense to have dance on this day so that more members can access the sessions. I still notice a definite shift in energy and positive wellbeing during and after classes. However, subdued the group is when I arrive, we always have a good giggle during the class!

Sessions always start in a circle either seated [if in the WAP room] or a mixture of seated and standing [in the hall]. We always begin with an aerobic, dance warm up lead by me, then often lead by the group in turn. It's wonderful to see the different styles and movements that everyone feels comfortable performing! We still often go round the circle choosing a movement and going around the circle each adding a move until we have a repeated 'routine' of movements to dance to the music. This is often based on a theme- sport, Halloween, Birthdays etc. We have quite a repertoire of seated dances which we often dance either all seated or some standing [if they are feeling more energetic!] The group enjoy making a shape together in the middle of the hall and then exploding away to break up the shape. Props are as popular as ever- pompoms, streamers, shaky eggs glow sticks and the coloured lines and dots! The members love placing the line markers around the space, and we play a musical chairs style game with a line being removed after a few goes of dancing and stopping on a line! We often have a theme for the shapes we make when we freeze- something related to the colour we land on, dinosaurs, Jubilee, sport etc! There are some very competitive members who always manage to win! It's been great that certain members who don't cope well with losing have managed to deal with this and join in enthusiastically now! We particularly enjoyed celebrating the Queen's Platinum Jubilee with Union Jack flags and lots of marching!

Sessions always end with a cool down- usually lead by me but sometimes lead by members of the group who are now confident to take on this role.

I love being a part of the WAP family and sharing dancing, games and giggles with you all!

Report from Arts and Crafts tutor Carol Wittel (Nottingham College)

Autumn 2022 - Spring 2023

I took over as Arts and Crafts tutor in September 2022. It can be daunting taking over an established group, but I was made to feel very welcome from both students and staff from the start and it soon felt like I had always been there!

In the Autumn term, we made stress balls from balloons using flour which learners really enjoyed. We learned how to weave, making our own looms and producing lovely rainbow decorations. We made eggshell mosaic coasters and had a go at one of my specialities - wet felting! Although this was a new craft for the members, I was very impressed with the results. On Thursday afternoons, we focused on papercrafts: we made tissue paper pompoms, origami butterflies (we learned about the butterfly life cycle), Halloween decorations, as well as a few upcycling projects using toilet papers rolls - bird feeders, gift boxes and Christmas stars to name a few! We ended the term by learning foam printing producing some very impressive Christmas cards.

In the Spring term, the members were introduced to mono printing using oil pastels which they loved! So much so that I made sure that the members got an opportunity to use the technique again when they made Easter cards. We also tried rag rugging - another upcycling craft - which members found challenging. Even so, they persevered and produced some lovely work. We revisited our weaving skills, this time 3D! Once again, I was impressed with the finished pouches that were produced. This term, we used the Thursday afternoon sessions to develop the skills we learned in the Wednesday morning session as well as learning fewer crafts over a longer period and I think this really helped as I saw good progression.

I have really enjoyed teaching at the West Area Project. The members have been amazing and while some find some projects challenging, I am always encouraged by the enthusiasm of the majority of the students. Of course, I could not do it without the help of the staff and volunteers who have really helped me deliver some of the trickier projects - thank you Teresa, Riley, Letisha, Zoe, Kyle and Nicola.





Review of WAP Activ2

Zoe Fletcher Activ2 Co-ordinator and Amy Whitmore, Fitness Instructor

Activ2 continues to provide a fun evening of escapism for the members who attend, and we would like to believe is one of the weekly highlights since introducing more exciting new activities. This year we have introduced archery and darts to our schedule so that the members can enjoy improving their aim and hand eye coordination. In the summer we had many Tuesday evenings spent on the Lenton park playing rounders which always seemed to spark friendly competition amongst the members. On one very hot summer evening we went totally crazy and had a water fight and it's fair to say; the staff were amongst the most drenched! Another favourite has been the parachute activity which can be seen in the pictures, it's a great way to get people really moving and exercising without it feeling like a chore. The members love trying to throw the ball from off the parachute onto the balcony and have succeeded many times.

Finally, the members have always loved our Christmas parties and there was call to start celebrating Halloween and Easter, so Zoe and Amy take turns in coming up with the most wacky party ideas such as wrapping each other up in toilet roll to make Halloween mummies or seeing who can balance the tallest Christmas present stack!

During this time frame, Activ2 said goodbye to the kickstart staff; Katherine, Chloe and Ryleigh who were all loved by the group and brought consistent energy to the activities with Ryleigh still covering should Amy or Zoe take time off. After that we got news from the university, that we would be joined by four sports rehabilitation students who were welcomed warmly by all.

Activ2 has been the ideal setting for the students to carry out their work experience, each of them was required to run a session with the members which were supported and assessed by Amy having already achieved qualifications in the same field. The sessions included tennis and hockey with practice activities and warmups and a circuit set up. The students also worked on a 1:1 basis with some of the members in the gym which was really motivating for them. Towards the beginning of 2023 the students dwindled due to having exams to revise for and other assignments to do and Activ2 was back to being run just by 2. It must be said that Activ2 still has not been attended as well as it has in the past, we did welcome back one of the service users who was unable to come during covid however we also lost one of our long-standing members who now just uses the gym with support staff at different times of the day. We also had to make the very difficult decision to restrict access to a certain member who is unable to wear a mask or shield to protect the service. As always, we have continued with the promotion of healthy eating by providing fruit and vegetables as well as monitoring weight and blood pressure which is so important due to some of the service users suffering long term health conditions such as diabetes. To conclude, it has been another very rewarding year for all those involved with Activ2, and we look forward to continuing the hard work.





WEST AREA PROJECT
Statement of Assets & Liabilities
Year Ended 31 March 2023

	2023		2022	
	£	£	£	£
Fixed Assets				
Furniture & Equipment	1,142		1,142	
Depreciation for Year	<u>(1,063)</u>		<u>(1,036)</u>	
		79		106
Current Assets				
Trade Debtors	-		-	
Prepayments	422		405	
Cash at Bank & In Hand	<u>5,644</u>		<u>14,681</u>	
Less Current Liabilities				
Creditors	(415)		(733)	
Accruals	<u>-</u>		<u>(480)</u>	
Net Current (Liabilities)/Assets		<u>5,651</u>		<u>13,873</u>
Net (Liabilities)/Assets		<u>5,730</u>		<u>13,979</u>
Represented By:				
Unrestricted Funds				
Opening balance	13,979		18,921	
Surplus / (Deficit) for the Year	<u>(8,249)</u>		<u>(4,942)</u>	
Total Unrestricted Funds		<u>5,730</u>		<u>13,979</u>

Approved by the Board of Trustees on..... 15.1.24

Signed on its behalf.....  Chairperson
M. Harrison 15.1.2024

WEST AREA PROJECT
Income & Expenditure Account
Year Ended 31 March 2023

Receipts	2023	2022
	£	£
Service Contracts	139,769	148,521
Refunds	-	(1,220)
Fund Raising	<u>22,714</u>	<u>13,923</u>
Total Unrestricted Income	162,483	161,224
Total Receipts	<u>162,483</u>	<u>161,224</u>
Less Payments		
Salaries & NICs	118,097	133,170
Premises	31,808	14,405
Office & Admin	1,427	1,374
Users Outings & Activities	<u>19,373</u>	<u>17,182</u>
Total Payments	<u>170,705</u>	<u>166,131</u>
Surplus / (Deficit) for the Year	(8,222)	(4,907)
Other Movements		
Depreciation	(27)	(35)
Total Surplus / (Deficit) for Year	<u>(8,249)</u>	<u>(4,942)</u>

Approved by the Board of Trustees on.....

Signed on its behalf.....Chairperson



15.1.24

M. Harrison

15.1.24



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
WEST AREA PROJECT

**On accounts for the year
ended**

31ST March 2023

**Charity no
(if any)**

1182653

Set out on pages

1 & 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Neil F South

Date:

19th January 2024

Name:

Neil F South

**Relevant professional
qualification(s) or body
(if any):**

FCA

Address:

Clayton & Brewill, Cawley House, 149-155 Canal Street, Nottingham, NG1 7HR

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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WEST AREA PROJECT

England & Wales - Charity number 1182653

Accounts

WEST AREA PROJECT

For adults with learning difficulties

Lenton Centre
Willoughby Street
Lenton
Nottingham
NG7 1RQ

Tel: 0115 9056060

Email: wapnottm@hotmail.co.uk



Charity Number
1182653

The West Area Project Annual General Meeting 2022

Starting at 7.00pm Wednesday 23rd November 2022,

at the Lenton Centre, Willoughby Street, Lenton NG7 1RQ

Agenda

7.00 Registration and refreshments

7.15 Welcome by the Member Representative:

7.30 Manager's Report.

8.00 Chairperson's Report by Alf Stiegler: Chair of Trustees

- Apologies
- Declarations of interest
- Minutes of last AGM
- Treasurers Report and Review of our annual accounts
- Appointment of Auditor
- Resignation of Trustees
- Nominations for election of new Trustees and Board

9.00 Any other AGM Business.

Welcome to the WAP 2022 Annual Report:

Introductions by our member representative Martin:



Martin welcomed everyone to the 2022 AGM. He mentioned the challenges and responsibilities that came with his role as the member representative for West Area Project. He explained that before every Trustee meeting he tries, and normally succeeds, in interviewing every member to ask about their experience of WAP. Martin is very alert to how members are managing at the Project and what changes they may like to suggest. He also has no fear in pointing out when 'things are unfair!' Martin provides a very valuable 'quality control' service at WAP and Yvonne expressed her immense gratitude for his excellent work.

Rachel used to be a member representative besides Martin but is so busy at college now that she struggles to attend WAP outside of holiday time when she can join us full time. This means that

Rachel attends Board meetings to offer a 'user voice' based on her long term knowledge of WAP, which is very welcome.

What a team!!!

1. Manager's Report by Yvonne Pearson

2021/22 proved to be a very interesting year for WAP in so many ways!

Firstly we had an invasion of **Kick Start workers!** The government set up the Kick Start scheme to help to tackle youth unemployment by offering work experience and on the job training for young people. WAP was successful in gaining 5 Kick start part time workers who brought with them such fun and energy. We also started a programme of detailed weekly staff training sessions which gave us, as a project, an opportunity to revisit our values and reflect on our practices. This served to remind us of what we wanted to achieve with the WAP service. We also developed better ways of communicating because sharing necessary information quickly between 4 workers is far easier than trying to achieve this with 9!! As in the happy WAP tradition, we very much learnt by our mistakes!



Also, Kyle and Zoe assumed more responsibilities as they became supervisors to the Kick starter workers which again enhanced their experience and practice skills.

In terms of staff development, we went into the Covid period with Zoe studying for a Level 2 Fitness Instructor course. Later WAP was awarded funding to enable Tez and Kyle to enrol on qualifications in Positive Behavioural Support run by BILD (British Institute for Learning Disabilities). Although everyone tried hard to enable Tez and Kyle to incorporate their studying into work time, this proved really hard to achieve. Eventually it was agreed with the course providers, that Tez and Kyle could defer for a year. Although this has spread the pain, as an organisation we have learnt a great deal from their studies. We have incorporated so much of their learning into our work at WAP and their courses have had a direct influence on how we have approached our member's challenging behaviour which has, in turn, informed each person's care plan.

The Kick start scheme was funded for 6 months but we decided to continue to pay our Kick starters until March 2022 so they could all leave at the same time. The group had developed strong bonds with the project; its members, the staff and each other.

It many ways these young workers were just the lift the project needed over a difficult time where we did not feel safe to resume using community resources (including buses). WAP members and staff continued to wear shields and masks and up to Christmas 2021 we were relieved to see that none of our members had been affected by Covid. Sadly, a few days before the Christmas party two people became infected due to sharing our small kitchen space with a symptomatic outside worker. Such are the challenges of using shared facilities! Consequently, we were forced to close WAP early for the Christmas and New Year holidays and we therefore missed our Christmas party..

Sadly we found that coming into 2022 we lost a few of our long term members for reasons such as moving house or moving country! Equally, those members who lived in some supported settings were being told they couldn't attend because of their organisation's Covid policy. Happily, the majority of our members had returned by March 2022 however one member who has health vulnerabilities has chosen to continue with the outreach service instead of coming in. We are happy to accommodate this as it adds to an already interesting week if we spend time with them in the community..

Activ2 started back with a bang on 1st June 2021 when 12 members turned up to its first session! Sadly I could not arrange for a nursing student to do blood pressure and weigh ins and I still hadn't managed this by the end March 2022. Equally, where we always had a lot of volunteers at Activ2 we have not been able to attract any. There seems to be widespread shortage of volunteers since Covid. Sadly, this has made the Activ2 service more expensive to run as in the absence of volunteers I have had to allocate more workers to run it. This is discussed further in the Activ2 Report at the end.

I want to use this opportunity to thank one family for their very generous donation which frankly we have relied on to keep the service running at a time where it was difficult to recruit new members.

In summary, although the year has been stressful there is no doubt that WAP benefited a great deal from the energy and enthusiasm of our Kick start workers and I want to thank Katherine, Leticia, Chloe, Luke and Ryleigh for their contribution to the project.

1. Chairperson Report by Alf Stiegler

Alf thanked all the staff for their commitment to the project. He acknowledged that WAP continued to face many challenges but the staff team could always be relied on to go the extra mile. He also said how delighted he was to welcome a new potential Trustee to the WAP Board. Ruth had been observing at Board meetings for some time now and had agreed to stand as a Board member at this AGM.

2. Minutes of the last AGM meeting

WEST AREA PROJECT AGM MEETING

held on Thursday 16th September 2021 at 5pm at The Lenton Centre

Those present:	In attendance	Apologies
Alfred Stiegler - Chairperson/Trustee	Yvonne Pearson - Project Manager)	Fay Deller - Trustee
Farrah Athar - Secretary/Trustee		
Russell Jays - Trustee	Martin Stiegler Member Rep	
Mary Harrison - Treasurer		
Ann Stiegler -Trustee	Rachel Sharp Member Rep	
Joan West -Trustee		
Rita Beard Trustee		

Agenda Items

1. **Apologies:** Fay sent her apologies.
2. **Conflict of interests.** None were declared
3. **Welcome by the member representative:**

Martin welcomed everyone to the meeting which was again organised in line with WAP's COVID policy. Rachel commented by saying how good it was to be back at the centre which she had missed as WAP was like a family. Martin reported that the members were happy with the service.

The representatives also mentioned the importance of keeping in touch with the families of the members who had died which led Rachel to suggest creating a memorial plaque with people's names on. This seemed like an excellent idea and Yvonne promised to look at different ways to follow this up.

4. **Manager's Report**

Yvonne's report was dominated by how WAP managed the Covid situation and the stresses of providing a safe service for members and staff. The report also outlined the financial issues relating to the Covid period. It was a scary time and it was only thanks to the financial support of Nottingham City Council that WAP could both continue to employ our workers and provide an outreach service to our most vulnerable members.

In the discussion arising out of the report Alf queried what WAP's future business model should be. This was taken into account the apparent withdrawal of many social care and welfare services both to our members and to the wider community of those with learning

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disabilities and/or autism.. This prompted a useful discussion about WAP's role and the possibility of extending its service beyond the provision of day care and into community outreach.

Yvonne commented that the work traditionally offered by social workers and community nurses such as supporting people to everyday appointments such as; GP, hospital, chiropody, OT, pharmacist, housing, banks, post offices, benefits, utilities, essential clothes shopping and other matters were rarely being supported by community services. Yvonne offered the example of one member with dementia who she had to arrange to move into a nursing home without any support from statutory services besides them sending a directory of homes to visit and finally arranging the funding on a temporary basis. It was agreed that this matter warranted further discussion at a future Trustee meeting and the Trustees thanked Alf for raising this matter.

Introduction to AGM business:

Minutes of the last AGM Meeting:

~~The minutes of the last AGM meeting of Wednesday 28th October 2020 were discussed and~~

3. Treasurers Report April 2021 to March 2022

Firstly I would like to say thank you to Anne for her many, many, bank visits and also to Yvonne for finally getting our bank account sorted so it has returned to its original name.

Once again it's been a difficult year financially. Although we ended the year with a closing bank balance of £13,226 which looks quite healthy, without donations totalling £12,600 during the year we would have been in a very serious position at the end of March 2022.

We would like to thank everyone who donated to WAP this year, each contribution made a difference:

- WAP received a very generous private donation from a family involved with the project.
- The Jesse Spencer Foundation's funding enabled us to buy in a wide variety of masks and shields to keep our members safe.
- Local Giving/Small grants for activities to promote physical exercise.
- The Quigley's gave a donation in honour of their son Chris who used to attend the project.

We had lost income because of the reticence of some users to return to the project and this was further compounded by the enormous hike in contributions inflicted by Fairer Charging which had a great impact on many carers/parents. Yvonne worked really hard to ensure that all monies due were received and I would like to thank her also for her sterling work in this respect.

This year we were able to give work experience to several young people on the Kick start Scheme which although short lived was successful and Yvonne managed to get additional funding for 2 young people until March 2022.

The staff have been outstanding again this year and so we were delighted to give them a Xmas Bonus again which has been richly deserved.

We are still having to live with the effects of the pandemic and so I expect the next year will be as challenging as this one.

Mary Harrison, Treasurer

WAP ACTIVITIES 2021 to 2022

At the West Area Project we have always prided ourselves on the variety of activities on offer to our members:

Swimming sessions

In 2021 we started having swimming sessions at TLC with our own exclusive use of the pool. These came about because TLC were awarded funding to give free sessions to local groups. The swimming sessions have proved incredibly popular and are a big draw for people considering whether to attend our service. Eventually WAP had to fund these sessions ourselves but we were very grateful to TLC for starting these sessions up.



Dance and movement sessions with Catherine Chivers

In April Dance classes at The Lenton Centre finally were back to in person, which was fantastic. It still felt a little odd as WAP members continue to wear masks whilst there and I am required to teach in a visor. Classes back at this time were generally in the WAP room rather than in the hall so predominantly chair based. Numbers were lower at that time but have steadily picked up since then which is great! Sessions throughout April and May were on Thursdays. From June to March 2022 we danced together on Mondays as well as Thursday mornings. WAP numbers were picking up and this offered the opportunity to dance and exercise together with more of the members at a time when the group were still unable to go to play snooker and had less visiting artists. There is still a noticeable shift in mood during and after

classes- the dancing, laughing, music and exercise is so beneficial for everyone.

Sessions always start in a circle either seated [if in the WAP room] or a mixture of seated and standing [in the hall]. We always begin with an aerobic, dance warm up lead by me, then often lead by the group in turn. It's wonderful to see the different styles and movements that everyone feels comfortable performing! We still often go round the circle choosing a movement and going around the circle each adding a move until we have a repeated 'routine' of movements to dance to the music. This is often based on a theme- sport, Halloween, Birthdays etc. We have quite a repertoire of seated dances which we often dance. Blame it on the Boogie and Geraldine's Routine are particular favourites! Props are as popular as ever- pompoms, streamers, glow sticks and especially the coloured lines! The members love placing the line markers around the space and we play a musical chairs style game with a line being removed after a few goes of dancing and stopping on a line! We often have a theme for the shapes we make when we freeze- something related to the colour we land on, dinosaurs, sport etc! There are some very competitive members who always manage to win! It's been great that certain members who don't cope well with losing have managed to deal with this and join in enthusiastically now! Sessions always end with a cool down- usually lead by me but sometimes lead by members of the group who are now confident to take on this role.

I am ever grateful for the privilege of being a part of the WAP family and love sharing dancing, games and giggles with you all!

Arts and Crafts and seated line dancing: Deborah Clarke from Nottingham College

In the arts and craft sessions we always work to a theme, developing the pieces over a few weeks, starting with a discussion and members designing their ideas on paper with pens, paper and ink. We try to use as many found objects and up cycled them where possible. Themes are taken from nature where possible and matched to the season.

Below are the stone-painted cacti in pots, painted and decorated with felt flowers, in a pop bottle painted jar



.Our Easter cards above

Autumn leaves newspaper wreathes, old newspapers and coloured cards onto cereal packet bases below



Christmas includes snowmen hanging decorations, using pre-cut card snowmen which are decorated with finger daubers and ink, finished off with

a fabulous scarf and hat.



January-

New year starts with jars positive affirmation jars, I pre-printed out some affirmations, and they worked in groups with a helper to choose an affirmation. The jars were decorated using a decoupage technique from paper napkins, the affirmations were then written on a label and placed around the neck.



Thursday afternoon seated line Dancing Line - Yee-Haw!

This session aims to promote; team building, communication skills, coordination, socialising, patience, counting, and music appreciation, mental stimulation, strength building, mobility and fun. Oh, so many Yee-Haw, thigh-slapping, cockerels crowing, toe tapping, foot stomping and anything else we can throw in!

We start with a warm up game, this includes a posture check and a discussion about why we warm up and how. The game is fun and gets nearly everyone participating and if a member chooses not to participate they are

involved instead through judging, 'quality control' and tossing the coin to start (all Lizzie's responsibilities)!

A new dance is learnt, broken down, with lots of repetition, all with themed moves, and to country music. We revisit the dances over the weeks, having old favourites.

We then have a game with two teams, the team captain (who changes each week has to pick the next person to go, collect up the bean bags, and encourage team members. The quality control person checks for fair play!

The games are rotated- Chuck a chicken, Cowboy hats, Easy-peasy Boccia, and Quoits "down the line".

Cool down - members are also encouraged to contribute their own unique moves, which we all practice together.

Once tried, it's a session not easily forgotten and very much enjoyed by all!



Space to create with Meander Theatre at Nottingham Playhouse

Some WAP members have enjoyed taking part in a series of creative sessions run by Meander Theatre at the Nottingham Playhouse on Tuesday morning. These included: 'Puppet Making and Puppetry' and 'Creative Writing and Story Telling'.





Whether we just enjoy wandering around or working at litter picking as 'Clean Champions', there is always something going on at WAP!





Review of WAP Activ2

Zoe Fletcher Activ2 Co-ordinator and Amy Whitmore, Fitness Instructor

Active2 made a grand return back on June 1st 2021 and what a successful return we had. It was uncertain times, and we were unsure as to how many clients would return, however, it was a fantastic surprise to have seen all the familiar faces that came through our doors. All the clients were excited to see familiar faces and enjoy a much needed catch up. The atmosphere was full of laughter and joy which is one of the most important aspects of Active2. Since returning the participants have engaged in a variety of activities which include fitness circuits in and outside of the gym, sports games (AKA Cricket, volleyball, tennis, basketball ECT) as well as fitness classes (AKA Zumba and Yoga) and let's not forget the power walks around Lenton park and the Canal.

It has to be said however that Activ2 has not quite been as well attended since the pandemic, we have had up to 10 members each Tuesday evening whereas before we would have expected up to 18. This is due to care homes strict Covid guidelines around mixing with external clubs and projects and in some cases the care homes being so short staffed they are unable to escort

their service users to us. It is to be hoped that numbers will rise again in the near future.

Here at Activ2 our goals include; trying to help each member achieve their physical fitness goals whether this is to lose/maintain or even increase their weight, improve their physiological measures (AKA blood pressure, blood glucose levels and resting heart rate) or to improve their mental wellbeing by reducing social isolation. It is clear that for many of our Activ2 members COVID has had a very negative impact on their mood, levels of physical activity and weight management. All of these components have a huge impact on our day to day lives. We want to make sure each individual is living their life to the fullest and enjoying every opportunity that comes their way. This is achieved by one-one support from the staff as well as nursing volunteers to help with the physiological testing.

In addition to the support we offer at Activ2 which is focused on physical and mental well being, we are also alert to the fact that some of those attending require more complex help. To address that over the year we have had to offer; drinking diaries, safeguarding reviews, urgent social care reviews, CPA meetings and on occasion have alerted health care providers to important issues such as suicidal and fire setting intentions.

On a more mundane week to week basis, some of our Activ2 members have also needed support with managing their behaviour at Activ2. Although we are aware that our members only attend Activ2 for 3 hours a week, we are happy they feel able to come to us with their issues and expect us to act as their advocate. On a day to day basis the workers at Activ2 have dealt with these issues by setting up individual behavioural support programs. These programmes include dealing with unwanted physical contact and using behaviour books where a daily summary of behaviour is recorded.

Adopting these measures has improved the service for the other members who attend Activ2 and it has made it more positive for the staff who support and work with those individuals.



Unfortunately, we have not yet been able to introduce volunteers due to the COVID regulations with both Active2 and the university procedures, this has put a little extra strain onto the Active2 staff and the paid WAP workers who have to cover. We do believe that we will be able to attract some new volunteers in the future when the rules start to relax as the group provides new knowledge and understanding with regards to supporting adults with learning difficulties. Let's keep our fingers crossed for a bigger and brighter Active2!

WEST AREA PROJECT
Statement of Assets & Liabilities
Year Ended 31 March 2022

	2022		2021	
	£	£	£	£
Fixed Assets				
Furniture & Equipment	1,142		1,142	
Depreciation for Year	(1,036)		(1,001)	
		106		141
Current Assets				
Trade Debtors	-		-	
Prepayments	405		340	
Cash at Bank & In Hand	14,681		19,408	
		14,681		19,408
Less Current Liabilities				
Creditors	(733)		(489)	
Accruals	(480)		(480)	
		(1,213)		(969)
Net Current (Liabilities)/Assets		13,873		18,780
Net (Liabilities)/Assets		13,979		18,921
Represented By:				
Unrestricted Funds				
Opening balance	18,921		9,038	
Surplus / (Deficit) for the Year	(4,942)		9,883	
		13,979		18,921
Total Unrestricted Funds		13,979		18,921

Approved by the Board of Trustees on 23/11/22

Signed on its behalf  A. STIEGLER Chairperson

M. Harrison M. HARRISON

WEST AREA PROJECT
Income & Expenditure Account
Year Ended 31 March 2022

	2022	2021
Receipts	£	£
Service Contracts	148,521	115,551
Refunds	(1,220)	(12,839)
Loan/Fund Raising	<u>13,923</u>	<u>9,600</u>
Total Unrestricted Income	161,224	112,312
Total Receipts	<u>161,224</u>	<u>112,312</u>
Less Payments		
Salaries & NICs	133,170	80,509
Premises	14,405	5,938
Office & Admin	1,374	2,789
Users Outings & Activities	<u>17,182</u>	<u>13,146</u>
Total Payments	<u>166,131</u>	<u>102,382</u>
Surplus / (Deficit) for the Year	(4,907)	9,930
Other Movements		
Depreciation	(35)	(47)
Total Surplus / (Deficit) for Year	<u>(4,942)</u>	<u>9,883</u>

Approved by the Board of Trustees on 23/11/22

Signed on its behalf *A. Stiegler* **A. STIEGLER** Chairperson

M. Harrison M. HARRISON.



Section A Independent Examiner's Report

Report to the trustees/ members of

Charity Name: WEST AREA PROJECT

On accounts for the year ended

31ST March 2022 Charity no (if any) 1182653

Set out on pages

1 & 2 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: [Signature] Date: 16/11/2022

Name: Neil F South

Relevant professional qualification(s) or body (if any):

FCA

Address: Clayton & Brewill, Cawley House, 149-155 Canal Street, Nottingham, NG1 7HR

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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WEST AREA PROJECT

England & Wales - Charity number 1182653

Accounts

WEST AREA PROJECT

For adults with learning difficulties

Lenton Centre
Willoughby Street
Lenton
Nottingham
NG7 1RQ

Tel: 0115 9056060

Email: wapnottm@hotmail.co.uk



Charity Number: 701055

The West Area Project Annual General Meeting 2021

Starting at 5pm Thursday 16th September 2021,

at the Lenton Centre, Willoughby Street, Lenton NG7 1RQ

Agenda

5.00 Registration and refreshments

5.15 Welcome by the Member Representative:

5.30 Managers Report.

6.00 Chairperson's Report by Alf Stiegler: Chair of Trustees

- Apologies
- Declarations of interest
- Minutes of last AGM
- Treasurers Report and Review of our annual accounts
- Appointment of Auditor
- Resignation of Trustees
- Nominations for election of new Trustees and Board

7.00 Any other AGM Business.

**Welcome to the WAP 2021 Annual Report:
We would like to cheer up this report by sharing
some photos of Zoe and John's magical wedding!**



Everyone at WAP and WAPACTIV2 took full advantage of the forthcoming celebration to arrange wedding themed exercises, celebratory parties and a lot of bad dancing!!! We all enjoyed choosing Zoe's 'Alice in Wonderland' themed presents and some members actually managed not to tell Zoe about her presents which included teapots and cake stands!!! As a staff group; Yvonne, Tez and Kyle happily immersed ourselves in the occasion and showed people in Heanor how to party! I don't think they will forget us!

As Trustees, members and colleagues we are all united in wishing Zoe and John a very long and happy marriage!



Introducing again the member representatives Martin supported by Rachel:

Welcome to the WAP Annual General Meeting 2021

1. Introduction by Martin Stiegler, member representative:



2. Manager's Report by Yvonne Pearson

Where do I start! It's always so difficult writing a Managers Report later in the year to report on events from over a year ago. With Covid that is an especially difficult task.

On the 18th March 2020 we decided to close the day centre part of WAP down due to the threat of Covid. As a project we immediately started a rota to provide home based support to our most vulnerable members which we continued to provide 7 days a week throughout the Covid period. Many of our members were not confident with computers so providing a video based service was not an option. I well remember at that time that I was angry and appalled at how much social care was being ignored nationally. It was equally hard at that time to know what the future held for WAP. There was no one at the Nottingham City Council who was leading on the Covid response so we had no idea whether we were going to have to give our workers redundancy notices. As usual the only person available to respond to any queries was John Burgin from Direct Payments who literally held the voluntary sector together. He was the only person who responded to emails and worked to try to answer all our queries when the world was so scary and uncertain.

Equally, I would like to thank David Bingham of Space Inclusive who immediately set up a voluntary sector forum to pass on information to organisations. He offered my second lifeline as information at that time was so scarce. It didn't matter that this group was mostly made up of County agencies, it gave me a valuable steer and offered a comparison with what was not happening with the City Council, it meant a lot.

WAP is a small organisation which has always prided itself on having close relationships with the families who use the service. Over the COVID period we were in constant touch with these families and indeed Yvonne still managed to conduct home visits to sort out various benefit queries.

It soon became clear through John that the City Council were prepared to support us in continuing with our service for at least 6 months during the lockdown period. This was welcome news and we thank the City Council for this.

WAP returned on 17th August 2020 to the day centre although many of our members were unsure about returning. We had a new volunteer called Romani Kakad who we were hoping to take on as part of the Kick start scheme announced by the Government in the summer of 2020. Although I was aware that most of our members were exempt from wearing masks I was determined that we would do all we could to protect our members and this meant getting everyone into the habit of wearing masks/shields. To achieve this I bought about £600 of masks and shields so they could be provided free and members could chose different protective wear for each day. I also bought an electronic temperature gauge and spent a fortune on individual sanitizers and anti-bacterial cleaner. I was a woman on a mission!

I am proud to say that having established the importance of mask wearing, it is something we all do. Frankly, I was shocked that some of our peer organisations did not adopt the same policy and it was also noticeable that there were times when they had to close due to Covid infection amongst staff or members.

WAP arrived at the New Year 2021 having run the centred based project successfully since it reopened in August 2020 with no cases of infection. Then the delta virus struck. I was nervous about re-opening but having talked to the Trustees we decided to go ahead. At this time the vaccines were coming on line which meant that I also ended up arguing with the Nottingham Commissioning Group to prove that our staff qualified for the vaccine. It seemed that they did not recognise that our service qualified in the social care category because we were a charity. When I threatened to go to the press the workers were finally allowed to get vaccinated. I then had an equal struggle to get our members vaccinated as a priority group. By this

stage research had emerged that people with Down's Syndrome were 8 times more likely to die than their age equivalent peers and disabled people were 50% more likely to die. Again, social care was being ignored.

WAP returned but it soon became apparent that with the increased infectiousness of the Delta variant I could not keep everyone safe. Also one WAP worker, who was isolating anyway due to a family contact testing positive, became positive herself. So the day centre part of WAP shut down again on 13th January 2021. However, this time we were prepared and were able to introduce a combination of zoom sessions along with a 1 to 1 home based walking time with members.

We continued with this until we returned to the Centre on 1st March 2021. When we returned we decided to add to our existing Covid restrictions, these included:

- Ordinarily, each morning a member would be in the kitchen arranging teas/coffees but we decided to only allow staff in the kitchen.
- Continuing to avoid buses or public transport.
- The Thursday communal meal was again suspended.
- The Friday we pub/meal visit was again suspended.
- We suspended use of the public gym at TLC.

As a project we are proud to say that there has been no known case of Covid amongst any of our staff and members and we have continued to do our best to provide a safe and stimulating service.

On a lighter note I applied for us to join the City Council cleaning team so we got the pick up sticks and Tabards. This is a picture of Lizzie and I rocking it!



3. Chairperson Report by Alf Stiegler

Alf thanked the staff and Trustees for steering WAP through this momentous time and maintaining the WAP service, despite the odds.

4. Minutes of the last AGM meeting

WEST AREA PROJECT AGM MEETING

held on Wednesday 28th October 2020

at 6.30pm at The Lenton Centre

Those present:	In attendance	Apologies
Alfred Stiegler - Chairperson/Trustee	Yvonne Pearson - Project Manager)	Fay Deller - Trustee
Farrah Athar - Secretary/Trustee	Martin Stieger - Member Rep	Joan West -Trustee
Russell Jays - Trustee	Romani Kakad - volunteer	Rita Beard Trustee
Mary Harrison - Treasurer		
Ann Stiegler -Trustee		

Agenda Items

1. Apologies: Fay, Joan and Rita sent their apologies.

2. Conflict of interests. None were declared

3. Welcome by the member representative:

Martin welcomed everyone to the meeting which was organised in line with WAP's COVID policy.

4. Manager's Report

Yvonne talked about the difficult climate we continued to operate in as a direct consequence of:

- The **City Council transport policy** which had drastically reduced people's eligibility for transport to the extent that those families suddenly denied transport had found that they could no longer afford for their relatives to attend WAP. Equally, the way the policy had been implemented was concerning because the helpline gave inaccurate information. There also seemed to be no obvious process to explain why those who's transport had been cut had been chosen. The whole policy and its swift implementation caused immense fear, disruption and hardship amongst the members and their families. Yvonne had managed to successfully challenge a decision for a family whose member attended 4 days a week. As the family had other caring responsibilities they could not support the member on public transport. This left them with a transport bill of almost £150 a week which was untenable.
- **Charges for attending the day service.** The number of people being expected to pay towards the cost of their day care had increased across our community. These are people who are entirely dependent on benefits such as ESA and PIP who are being expected to contribute upwards of £60 a week towards their care package. In some cases WAP is being expected to collect these contributions. This has directly led to at least two members leaving WAP as they felt the charges were too high for them to be able to afford.

She also mentioned how much additional work she was doing beyond her paid hours to support families with matters including their benefit applications and hospital appointments.

Introduction to AGM business:

Minutes of the last AGM Meeting:

The minutes of the last AGM meeting of Wednesday 2019 were discussed and agreed as accurate and signed by Alf and Mary

Chairperson's Annual Report:

Alf commented on the improvement in WAP's finances over the last year where we had moved from a £6,729 deficit to a £6,444 surplus. He said it was right that WAP should continue to provide extra support to our members and their families in these difficult times.

Alf was pleased that the fundraising for Activ2 had been taken on by the Lenton Centre and commented he could see how important that service had become to its members in terms of supporting healthy living and activity. WAP was now responsible for co-ordinating Activ2.

Alf summarised by thanking the WAP staff for their work and commitment.

Treasurers Report

Appointment of Auditor

The Trustees accept these minutes as a true record of the AGM meeting of Wednesday 28th October 2020:

Signed

Date

5. Treasurers Report April 2020 to March 2021

This year has been challenging for everyone in many ways, members and staff alike.

Yvonne has been proactive in ensuring that the payments received from the Council over the lockdown period have been correct, returning overpayments that we received for members who had left the project some time ago. This has ensured that our financial status is healthy and stable.

The increase in Fairer Charging payments has adversely affected some families and COVID fears are still present. Our financial stability relies on the project having enough members to generate a sufficient level of income to survive and to provide activities that enrich members lives. We all have to hope that Council budget cuts don't make our members financial problems any worse.

The project is extremely lucky to have such excellent staff who are committed to the project and worked hard during lockdown to maintain contact with the members

either through zoom or by visits. Thank you to them.

Due to the lockdown and COVID restrictions our bank balance at the end of this financial year was much healthier than previous years which will hopefully see us comfortably through this next year of uncertainty.

Mary Harrison
Treasurer

Donations:

For WAP:

- We had a generous donation of £10,000 from a family who wish to remain anonymous.
- We had a donation from the Quigley family to honour their son Chris who was a much loved member who passed away due to dementia.
- The Magic Little Grants fund which helped to pay for additional dancing/movement sessions.
- The Jessie Spencer Trust.

For WAPACTIV2

- The Edward Gosling Foundation
- Barchester Charitable Foundation
- The Gray Trust
- The Charles Littlewood Trust
- JNDeryshire Trust

WAP ACTIVITIES 2020 to 2021

At the West Area Project we have always prided ourselves on the variety of activities on offer to our members:

Report for Dance and movement sessions with Catherine Chivers

Obviously the lockdowns due to Covid were very challenging for everyone and particularly difficult for many of the members who access WAP. During the first lockdown, although I was teaching numerous classes via Zoom, it wasn't possible or appropriate to provide sessions to the WAP group, so sadly I didn't actually see anyone until I visited the group at The Lenton Centre on

26th August 2020! It was wonderful to see the staff and members who were there and obviously poignant to feel the loss of dear Brian. I was concerned about live teaching the group in such a small space, with everyone wearing masks or visors, getting overheated and struggling with social distancing. However, I was keen to return to live teaching as soon as possible and ideally in the hall, although totally understood The Lenton Centre's need to use the hall for monetary gain. As Yvonne had secured funding for dance/fitness sessions for the group, I was very pleased to get back to dancing with the members who were able to return to the centre, albeit seated in a socially distanced circle. As I qualified to teach Seated SOSA during lockdown this was an ideal opportunity to teach the group some seated routines! Blame it on the Boogie [disco] and Chammak Challo [Bollywood moves] are still often requested by the group now that sessions are feeling a bit more normal! It was great to have a bit of a giggle with everyone again and return to the sense of community and wellbeing that the dance/exercise sessions bring.

Sadly, lockdown hit again and I had to stop teaching the group live. In November as the group were still meeting in person we decided to try Zooming the session to maintain some sense of normality and connection. This was challenging, as the group had to access the class from one laptop, but it was great to see the members and staff joining in with enthusiasm- particularly Martin! The new year lockdown was really tough on everyone and again the group were unable to meet in person for a while. It was fantastic to reconnect in March for more Zoom sessions and we all welcomed seeing each other again, albeit in strange circumstances! I reduced the length of sessions [and my fee] as it was clear that the group found it challenging to access the session from one laptop screen! It was absolutely the right thing to do though in terms of maintaining some structure and connection and certainly was beneficial for the mental and physical wellbeing of us all in the strange times we were living through. I am grateful to Zoe for persevering with the tech so that it was possible to continue to 'meet' on a weekly basis. Thank you to all the WAP family for continuing to make me smile and for your enthusiasm and commitment to the sessions I deliver.

Report from our Arts and Crafts tutor Deborah Clarke from Nottingham College

West Area Project- Arts and Crafts for Beginners

Autumn 2020- Spring 2021

This course aims to give the learners an opportunity to explore, develop and acquire skills in arts and craft-based learning. A practical focus using mixed media and up cycling where possible. Each member is encouraged to complete a finished piece.

The class aims to develop the skills of the learners to understand and apply simple crafting skills e.g. cutting of card and stamping with ink pads. Learners will be encouraged to self-assess and positively feedback on theirs and other class members pieces of work. Also, to suggest next steps in their development. The course aims to actively teach the following skills and develop self-esteem:

- Explore, develop, and acquire skills in Arts and Craft based learning.
- Explore and develop use of products taken or inspired by the natural world and including use of up cycled materials where possible.
- Develop concentration skills when watching teacher demonstrations.
- Understand and enhancing their own artistic input.
- Feeling positive and developing good self-awareness and confidence within the group context.

I met all the members and staff for WAP in October for the first time, after coming out of lockdown. We all had to change how we worked, it was a big ask for some of the members and they coped very well.

The practicalities of social distancing, having individual work desks, single person use of equipment and materials, meant additional planning, prepping and outlay.

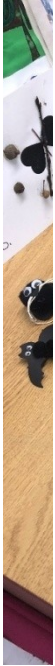
Keeping the members safe, and stress free was the biggest hurdle. The group is happy and vibrant, each member crafting in their own unique way, some with minimum guidance, others requiring one to one. We laugh and joke, and everyone is an artist just waiting to get out.

We explore multiple mediums and techniques, often practising and designing working to a theme before we complete our finished piece. We use the natural world around us, and change of seasons to inspire us, encouraging the use of up cycling wherever possible.

Some examples of learner's work included Autumnal hedgehog and fox pictures made from leaves, Halloween gave us a mobile of witches and ghosts made from egg cartons, clothes peg bats spiders and cats. Christmas included fir cone Christmas trees, wreaths, stitched felt gingerbread men and women and of course, Christmas cards, oh so much glitter and sequins!

Then lockdown again- into summer, we managed Spring/Mother's Day cards, paper flowers in jars, papier-mâché Angel fish, window butterflies that shimmer and Loo roll Flowers, and so much more.

Please see photos of members work below:





Review of Activ2 by Zoe Beardsley Activ2 coordinator:

This will be a very short report and this is because for the entirety of the financial year included in this meeting Activ2 has unfortunately been closed. Activ2 closed on the 17th March 2020 which was just the day before the Trustees decided to close the day centre. The decision to close was prompted by the combined concerns of both the TLC and WAP staff about being able to maintain the safety of our vulnerable members with the arrival of the Covid virus.

Equally, because of the nature of the Activ2 service it was difficult to offer alternatives, team sports like cricket and Volley ball on zoom just sounded like a disaster! Also many of our members and their families did not have access to zoom or any social media alternatives. Many of our Activ2 members have spoken about how they felt isolated and cooped up during the lockdown and have said it had a detrimental effect on their mental and physical health, this was down to not only Activ2 being closed but also the closure of other day centres and activities they would normally attend. The members themselves have said that they, in common with the majority of the population have not only put on weight but have become inactive.


It is to be hoped that in future Activ2 will not have to suffer any more closures and on opening Activ2 will work to combat all the physical and mental health problems which have accumulated during the Covid period.

WEST AREA PROJECT
Statement of Assets & Liabilities
Year Ended 31 March 2021

	2021		Period 01.10.2019 to 31.03.2020	
	£	£	£	£
Fixed Assets				
Furniture & Equipment	1,142		1,142	
Depreciation for Year	<u>(1,001)</u>		<u>(954)</u>	
		141		188
Current Assets				
Trade Debtors	-		-	
Prepayments	340		338	
Cash at Bank & In Hand	<u>19,408</u>		<u>11,639</u>	
Less Current Liabilities				
Creditors	(489)		(1,972)	
Accruals	<u>(480)</u>		<u>(1,155)</u>	
Net Current (Liabilities)/Assets		<u>18,780</u>		<u>8,850</u>
Net (Liabilities)/Assets		<u><u>18,921</u></u>		<u><u>9,038</u></u>
Represented By:				
Unrestricted Funds				
Opening balance	9,038		4,944	
Surplus / (Deficit) for the Year	<u>9,883</u>		<u>4,094</u>	
Total Unrestricted Funds		<u><u>18,921</u></u>		<u><u>9,038</u></u>

Approved by the Board of Trustees on 12th July 2021

Signed on its behalf.....Chairperson


M. Harrison

(Treasurer) 12.7.2021

WEST AREA PROJECT
Income & Expenditure Account
Year Ended 31 March 2021

	2021	Period 01.10.2019 to 31.03.2020
	£	£
Receipts		
Service Contracts	115,551	65,024
Refunds	(12,839)	-
Loan/Fund Raising	9,600	-
Total Unrestricted Income	112,312	65,024
Total Receipts	112,312	65,024
 Less Payments		
Salaries & NICs	80,509	46,703
Premises	5,938	4,736
Office & Admin	2,789	887
Users Outings & Activities	13,146	8,572
Total Payments	102,382	60,898
 Surplus / (Deficit) for the Year	9,930	4,126
Other Movements		
Depreciation	(47)	(31)
Total Surplus / (Deficit) for Year	9,883	4,095

Approved by the Board of Trustees on 12th July 2021.....

Signed on its behalf .....Chairperson

M. Harrison (Treasurer 12/7/2021)



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

WEST AREA PROJECT

**On accounts for the year
ended**

31 March 2021

**Charity no
(if any)**

1182653

Set out on pages

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2021.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Neil F South

Date:

19/7/21

Name:

Neil F South

**Relevant professional
qualification(s) or body
(if any):**

FCA

Address:

Clayton & Brewill, Crawley House, 149 – 155 Canal Street, Nottingham,
NG1 7HR

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.