



Ben's Place North Yorkshire
(Charitable Incorporated Organisation)

Charity Registration Number 1182645

Trustees annual Report

Dates From May 2023 TO 31st May 2024



The Trustees Present their report and unaudited financial statements of the charity for the year ended May 2024, as in line with the charity commissions guidelines

References and Administrative Details:

Registered Charity Name: Ben's Place (North Yorkshire)

Charity Registration Number: 1182645

Principal Office: Broomfield, Moor bottom, Cleckheaton, BD19 6AE West Yorkshire

Charity Commission Registration 27th March 2019

Trustees	Office	Acting From,
Deborah Sally Shaw MCIAT MA BSc		23 March 2019
David Richard Clark		13 July 2019
Vicky Franklin		27 May 2022
Mark Taylor		13 Dec 2019

Volunteer: Kym McNichol	23 March 2019
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Contact Number for the charity: 07388668899

Bank: Nat West Scarborough North Yorkshire

Objects of the CEO:

The relief of emotional and physical distress and suffering and the preservation and protection of the mental and physical health of those men who have suffered or are exposed to sexual violence and/or abuse in particular by the provision of support of such people.

Classification of the CEO:

What?

General charitable purposes

Education and training

The advancement of health or saving lives

Disability

Human rights/religious or racial harmony/ equality or diversity

Other Charitable Purposes

Who?

The public/humanity

People with disabilities

How?

Provide services

Provide advocacy, support, and information

Raise awareness of the subject and our services.

The focus of the CEO

Bens Place North Yorkshire focusses on supporting Male Survivors of childhood sexual abuse, trauma, sexual violence and domestic abuse. We will continue to focus on our mission, which is to provide a safe digital service whereby no one is judged or stigmatised for someone else's actions.

Fundraising

Fundraising has once again been difficult this past year but the local community have given without question and it is them who are keeping our charity alive and for us to continue our free service. We want to give a huge thank you to the Public and our local community for their kindness, generosity and understanding of this much needed service. We still do not fully understand that the public want the service they know that there is a need for the, service but grant givers seem to be reluctant to support male survivors. We at Ben's Place North Yorkshire know this is a specialist service and the mental health and well being of male survivors is always at the top of

our agenda. We know we are offering an important service to the public and that men matter too. We are still optimistic and hope that our charity continues to move forward with our mission statement.

This year we have again provided a true and fair view of the state of our affairs for this financial year and followed the Charity Commission guidelines for our income and expenditure. We have followed best practice using suitable accounting policies and the records are an accurate picture of our spending for this financial period and comply with the Charities Act 2022.

When fundraising, we always show respect and gratitude to our local community and always follow the charity commission's guidelines for fundraising in the name of a charity. We always make sure we inform the donors what the charity stands for and who their kind donations will help. We do not work with any professional fundraisers and we only collect monies for the purpose we intended them for, to support male survivors.

Safeguarding

Our safeguarding policy has been updated and we will continue to add to this policy as the need arises. Safeguarding is always at the top of our agenda when supporting vulnerable adults. Not only do we protect our service users but make sure all our volunteers are protected as well. Once again, all the trustees are prudent, safeguarding our limited funds and using them for the purpose they were intended. This is to provide a free service to the public and continue before any other redistribution of funds.

This year, from our donations, we have paid for renewals of enhanced DBS certificate for our BACP therapist, including the person, who operates our free phone support telephone line to ensure service users are protected at all times. Safeguarding is still at the top of our agenda during meetings, and we hold regular discussions on this matter. We consider this as best practice because of the sensitivity of the subject and the vulnerable people we support. We focus on protecting everyone from harm or protect them from further harm. We acknowledge we have limitations and always

encourage everyone to direct survivors to other services that may be better able to support them.

Employment

Ben's Place in North Yorkshire still does not have any paid staff and continues to rely on our Trustees and volunteers to donate their time for free. This is a subject matter that they are all proud to be a part of and donate their time to supporting the charity which we are eternally grateful for. No one receives any remuneration either in cash or kind for their time and Bens Place North Yorkshire are eternally grateful to the Trustees and volunteers for their support and dedication in trying to make North Yorkshire a safer place for Male Survivors.

Trustees Duties

All Trustees have read and understood the guidance document "The Essential Trustee" and what they need to know. It is expected of them under the guidance of the Charity Commission to read and understand the limitations of their duties and always remember they are acting on behalf of the public. They also acknowledge it is public funds that are being used for Ben's Place North Yorkshire to exist and hopefully grow and establish longevity as a charity.

The Board of Trustees is responsible for:

Maintaining and making sure the funds are being used for the purpose we intended it them for and disclosure with reasonable accuracy. To report any misuse of funds and any time the financial position of the (CIO) to the Charity Commission. The trustees must ensure that the last statement of accounts each year complies with the charities Act 2022. All trustees understand that the charity exists for the benefit of the public this year all our funding obtained is still being donated by the public and our local community for that same reason. All trustees agree on what the charities aims and objectives are and exist to support male survivors of childhood sexual abuse, sexual violence, rape and domestic violence and all stand by their agreement to comply with Ben's Place North Yorkshires constitution.

Health and Safety

All trustees are aware and understand that all decisions that are made must be in the best interests of Ben's Place North Yorkshire and focus on remembering why we exist and it is the survivors who benefit from all donations. They all make sure we comply with all the charity commissions guidelines and all our efforts, including any mistakes made, would be transparent and open. The safety of the people we intend to or do support is always at the forefront of our minds and everyone understands that Ben's Place in North Yorkshire is here to support some of the most vulnerable men and boys in the county. Ben's Place (North Yorkshire) pays for public liability Insurance each year to protect everyone. Even though we do not have any paid staff, everyone is still aware of Health and Safety regulations and they must be adhered to at all times. Although we have supported and given therapy sessions to some male survivors this year, we have acknowledged our limitations with our funding situation. and referred service users to other services that can help them immediately. We feel working in partnership with other services is the only option and stops survivors waiting for our services. We feel that this is good practice in making sure the health and safety of survivors comes first.

Operational Details

We are still using our temporary principal office, as funding is still limited. We will once again focus of ways to raise funds to create safe spaces for male survivors to engage and mentor each other.

Financial Review

Our finances are limited once again this year and continue to use them for the purpose they are intended. The local community still continues to support and donate to Ben's Place. We continue to be frugal with our expenditure are still determined to make the digital service we provide work and strive for longevity. Ben's Place (North Yorkshire) can confirm we have paid no Trustees for out-of-pocket expenses this year. We are being realistic, operate on a very low income and understand there is a lag in donations to all charities in this sector. It will take time for growth and we are trying to budget and create a long-term plan for our charity. In the future, we are hoping to create financial reserves plan but this will take time to put in place.

Achievements and performance

Who used and will benefit from our services:

This past year, we have continued to move forward and raise awareness of our services. We continue to put safeguarding vulnerable adults at the top of our agenda. Our Trustees and Volunteers are still continuing to take advantage of any free courses available to learn and gain further knowledge about trauma and recovery of male survivors. The primary aim once again is to raise our profile and presence. We have continued to receive overwhelming support from our local community, with their generosity and support.

This year, we have had enquiries from other services asking for help to support male survivors as their resources are stretched to the limit. We are pleased to say we have supported a few of their service users, as their waiting lists are extremely long. When giving out our promotional material, we have positively engaged with the public and will continue to raise awareness of the service we provide. Our local community is continuing to engage and understand our service and the need for the service to continue. Due to limited funds, we are now signposting male survivors to other services who may be able to support with therapy to enable them to get the support they need at a faster pace. We hope to work alongside other established services to help and support our beneficiaries in a way they deserve. In the meantime, we are signposting survivors to other services who may be better equipped to support them immediately and understand when a survivor does reach out; they need support as quickly as possible.

Synopsis of some of the survivors we supported with therapy in 2023.

All service users have the choice to remain anonymous and use pseudonyms if they choose.

We have supported three individuals during their time of need, offering six sessions of counselling from a BACP registered Counsellor. Survivors are also given initial support and advice from our Trustee at point of contact. Two individuals accepted the full offer whilst one finished session's early, due to finding the confidence to begin a new career. Support given was received positively with the recommendation that we offer more sessions - six not being adequate to explore deep trauma but all

we can offer due to lack of funding. All adults supported were offered further support should funding become available in the future and were aware of other organisations offering support by way of sign-posting.

Going Concern

Notes for accounts:

Ben's Place North Yorkshire has opted not to file a copy of our profit-and-loss accounts at company's house under section 444 of the Companies Act 2006. There has been no change in our liabilities since preparing our year-end accounts. We have adhered to the Charity Commission guidelines when getting donations and are continuing to make sure all our funds are utilised frugally. We have utilised our donations in the best way to benefit the public and our service users. When receiving donations, we will comply with the guidelines of the Charity Commission.

We have prepared this report under the statement recommended practice Accounting and Reporting by charities (issued in March 2005) and under the special provisions of Part VII of the companies Act 1985 relating to small entities. The method of accounting applied has been a receipts and payments method as set out by the charity Commission.

The Trustees Annual Report was approved on and signed on behalf of the board of Trustees

Declaration: The Trustees declare that they have approved the Trustees Report above.

Signed on Behalf of the Trustees.

Trustee Name: David CLARK

Signature: [Signature]

Date: 25.7.2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Bens Place (North Yorkshire)

Receipts and payments accounts

CC16a

For the period
from

MAY
2023

To

MAY
2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1216 -	-	-	-	-
Bank	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1216 -	NIL -	NIL -	1216 -	888 -
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	1216 -	NIL -	NIL -	1216 -	888 -
Total receipts	1216 -	NIL -	NIL -	1216 -	888 -
A3 Payments					
PHONE	125 -	-	-	-	-
INSURANCE	175 -	-	-	-	-
WEBSITE	194 -	-	-	-	-
DBS ENHANCED	47 -	-	-	-	-
PROMOTION	54 -	-	-	-	-
BACP THERAPY	595 -	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1190 -	NIL -	NIL -	1216 -	888 -
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	NIL -	NIL -	NIL -	1216 -	888 -
Total payments	1190 -	NIL -	NIL -	1216 -	-
Net of receipts/(payments)	1190 -	NIL -	NIL -	1216 -	888 -
A5 Transfers between funds					
	-	-	-	-	-
A6 Cash funds last year end					
Cash funds this year end	914 -	NIL -	NIL -	1216 -	888 -

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
NONE	-	-	-
	-	-	-
	-	-	-
Total cash funds	-	-	-

(agree balances with receipts and payments account(s))

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
NONE	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
NONE		-	-
		-	-
		-	-
		-	-
		-	-


B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
NONE		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Insurance		15	monthly
Phone		10	monthly
Website		200	Yearly
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	DAVID CCAZI	10.7.24
	MARK TAYLOR	11.7.24