



Ben's Place North Yorkshire
(Charitable Incorporated Organisation)

Charity Registration Number 1182645

Trustees annual Report

Dates From May 2022 TO 31st May 2023



The Trustees Present their report and unaudited financial statements of the charity for the year ended May 2023, as in line with the charity commissions guidelines

References and Administrative Details:

Registered Charity Name: Ben's Place (North Yorkshire)

Charity Registration Number: 1182645

Principal Office: Broomfield, Moor bottom, Cleckheaton, BD19 6AE West Yorkshire

Charity Commission Registration 27th March 2019

Trustees	Office	Acting From,
Clair Mackenzie BACP	Chair	10 August 2022
Deborah Sally Shaw MCIAT MA BSc		23 March 2019
David Richard Clark		13 July 2019
Vicky Franklin		27 May 2022
Volunteer: Kym McNichol		

Contact Number for the charity: 07318668899

Bank: Nat West Scarborough North Yorkshire

Objects of the CEO:

The relief of emotional and physical distress and suffering and the preservation and protection of the mental and physical health of those men who have suffered or are exposed to sexual violence and/or abuse in particular by the provision of support of such people.

Classification of the CEO:

What?

General charitable purposes
Education and training
The advancement of health or saving lives
Disability
Human rights/religious or racial harmony/ equality or diversity
Other Charitable Purposes

Who?

The public/humanity
People with disabilities

How?

Provide services
Provide advocacy, support, and information
Raise awareness of the subject and our services.

The focus of the CEO

Bens Place North Yorkshire focusses on supporting Male Survivors of childhood sexual abuse, trauma, sexual violence and domestic abuse. We will continue to focus on our mission, which is to provide a safe digital service whereby no one is judged or stigmatised for someone else's actions.

Fundraising

Fundraising has once again been at the forefront of our minds this past year. We are delighted to report this year we have two lady volunteers who have agreed to run the York 10k charity run on the 6th of August 2023 for and on behalf of Ben's Place North Yorkshire. We are hoping funds will be raised for the charity to help us continue our services. We want to continue to thank the Public for their kindness and understanding of this much needed service in North Yorkshire.

We understand that funding grants and other forms of financial support are not very forthcoming for charities who support male survivors. We have, once again, with the help of the public, have continued another year. We believe we are offering an important service to the public and that men matter too. We are still optimistic and hope that our charity continues to move forward with our mission statement.

We hope this year to further raise funds and awareness of the service we provide. We are delighted to inform the public we have obtained our first grant this year of one thousand pounds kindly donated by to spend on promoting the service we offer. This kind donation will enable us to raise public awareness, we exist. This funding has allowed us to purchase a designated printer for the charity. Have professionally printed information, literature and promotional items to distribute to doctors' surgeries, chemists, the public and other suitable public places.

We have provided a true and fair view of the state of our affairs for this financial year and followed the Charity Commission guidelines for our income and expenditure. We have followed best practice using suitable accounting policies and the records are an accurate picture of our spending for this financial period and comply with the Charities Act 2022.

When fundraising, we always show respect and gratitude from the public and always follow the charity commission's guidelines for fundraising in the name of a charity. We always make sure we inform the donors what the charity stands for and who their kind donations will help. We do not work with any professional fundraisers and we only collect monies for the purpose we intended them for, to support male survivors.

Safeguarding

Our Trustees are prudent, safeguarding our limited funds and using them for the purpose they were intended. This is to provide a free service to the public and continue before any other redistribution of funds. The Trustees understand the public provide our funds and make sure they are to be used only for the purpose we have intended them for. This is to support Male survivors. Our Trustees now have enhanced DBS'S in place and only those who have them will have access to the people we will support.

Safeguarding is always at the top of our agenda during meetings, and we hold regular discussions on this matter. We consider this as best practice because of the sensitivity of the subject and the vulnerable people we support. We encourage our trustees and volunteer to take up any further training that may enhance their knowledge and I am glad to say they are still taking their responsibilities seriously.

We ensure we protect everyone from harm or protect them from further harm. We acknowledge we have limitations and encourage our trustees to direct survivors to other services that may be better able to support them. We are still in the early stages of our development. We are realistic and totally aware of our limitations and have once again this past year directed survivors and professionals who have contacted Bens Place North Yorkshire to other services who

are more established and financially equipped to handle the referral's and will continue to do so to safeguard the public from any potential harm. We have updated our Safeguarding Policy On the 31st of May 2023.

Employment

Ben's Place in North Yorkshire do not have any paid members of staff and rely on the Trustees and our volunteers to offer their services for the benefit of the public. No one receives any remuneration either in cash or kind for their time and Bens Place North Yorkshire are eternally grateful to the Trustees and volunteers for their support and dedication in trying to make North Yorkshire a better place for Male Survivors.

Trustees Duties

All Trustees have read and understood the guidance document "The Essential Trustee" and what they need to know. It is expected of them under the guidance of the Charity Commission to read and understand the limitations of their duties and always remember they are acting on behalf of the public. They also acknowledge it is public funds that are being used for Ben's Place North Yorkshire to exist and hopefully grow and establish longevity as a charity.

This year we have appointed a new chair of our board, and we would like to welcome her on behalf of all trustees. Clair has received The Essential Trustee as published by the charity commission outlining her role and responsibilities as the Chair of the board for Ben's Place North Yorkshire. We continue to follow and comply with all Charity Commission Guidelines and safeguarding the Trustees, Volunteers and Public. Clair will lead our board, ensure the smooth running of board meetings, promote good governance among fellow charity trustees, provide supervision and support to the manager/CEO and act as a figurehead or spokesperson where required. We have completed a policy for Clair to follow and better understand her role as the new Chair of Ben's Place North Yorkshire.

The Board of Trustees is responsible for:

Maintaining and making sure the funds are being used for the purpose we intended it them for and disclosure with reasonable accuracy. To report any misuse of funds and any time the financial position of the (CIO) to the Charity Commission. The trustees must ensure that the last statement of accounts each year complies with the charities Act 2022. All trustees understand that the charity exists for the benefit of the public and most our funding obtained is still being donated by the public for that same reason. All trustees agree on what the charities aims and objectives are and exist to support male survivors of childhood sexual abuse, sexual violence, rape and domestic violence and all stand by their agreement to comply with Ben's Place North Yorkshires constitution.

Health and Safety

All trustees are aware and understand that all decisions that are made must be in the best interests of Ben's Place North Yorkshire and focus on remembering why we exist and it is the survivors who benefit from all donations. They all make sure we comply with all the charity commissions guidelines and all our efforts, including any mistakes made, would be transparent and open. The safety of the people we intend or do support is always at the forefront of our minds and everyone understands that Ben's Place in North Yorkshire is here to support some of the most vulnerable men and boys in the county. Ben's Place (North Yorkshire) pays for public liability Insurance each year to protect everyone. We do not have any paid staff, but everyone is aware of Health and Safety regulations that must still be adhered to.

Operational Details

We are still using our temporary principal office, as funding is still limited. We will be focussing on raising funds this year to create a safe space for survivors to engage. We are continuing to write policies for the charity including a complaints management policy to improve the service we offer and make everything easily accessible to the Public.

Financial Review

Our finances are limited once again this year, but the grant we kindly obtained for promotion has given us some momentum. We continue to be frugal with our expenditure and use the monies for what they are intended for. We are still determined to make the digital service we provide work and strive for longevity. Ben's Place (North Yorkshire) can confirm we have paid no Trustees for out-of-pocket expenses this year. We are being realistic, operate on a very low income and understand there is a lag in donations to all charities in this sector. It will take time for growth and we are trying to budget and create a long-term plan for our charity. In the future, we are hoping to create financial reserves plan but this will take time to put in place.

Achievements and performance

Who used and will benefit from our services:

This past year, we have continued to move forward and raise awareness of our services. We continue to put safeguarding vulnerable adults at the top of our agenda. Our Trustees and Volunteers are still continuing to take advantage of any free courses available to learn and gain further knowledge about trauma and recovery of male survivors. Our primary aim of this year once again is to raise our profile and presence. Our volunteer has completed her level 4 in advanced counselling this year. Our next goal is to raise funds for a volunteer to complete the Independent Sexual Violence Adviser Practitioner Diploma.

This year, we have had enquiries from men with disabilities and had to refer to alternative charitable services. The trustees have now collectively agreed we must obtain deaf awareness training to make our service more inclusive and apologise for not doing this sooner. We continue to protect the public, and to provide public confidence in the profession they regulate.

From the promotional material recently purchased, which includes advertising our charity on the sides of our vehicles, we have had survivors engage and ask if we have literature disclosed; they have suffered in silence for many years and would like to talk about their past trauma. This has further confirmed that the service we provide is needed in our local communities.

Who we have supported 2022.

All service users have the choice to remain anonymous and use pseudonyms if they choose.

Service user Male 46-year-old who contacted us via our website. He has suffered childhood Sexual abuse and is currently suffering from gender identity. He has spoken to our volunteer telephone supporter frequently this year. The service we provide is to listen, show empathy and understanding of how hard it must be to reach out. The service user felt much better after speaking about his past trauma over the phone. We always inform the survivor they can phone back with no limits to discuss feeling and emotions after a disclosure of past trauma.

Service User: Male 54yrs old contacted us via our website using our phone number to contact us. The service user has suffered childhood abuse and needed someone to talk about his mental health and unresolved issues. Our volunteer has spoken to him at length about his past abuse. Contact is still ongoing as he feels he has many issues from past trauma that he needs to address. The service user feels let down by the authorities and unhappy that he wasn't able

to prosecute his abuser. The service user can become distressed when talking about the trauma he suffered but feels more at peace after each telephone support session.

Service user Male aged 40 suffered from past childhood abuse contacted our service via our website. Then corresponded via email. The service user wanted support to talk about his past Sexual abuse. Unfortunately, we had to refer him to other suitable survivor's service that may be able to offer the right support. The service user was given the choice to communicate via our email service but decided it would be too difficult to write his thoughts and feelings down. Unfortunately, we do not have the resources yet to support deaf survivors. We are currently looking in to further training to enable us to do this.

Male approached one of our volunteers recently after seeing one of our signs on her vehicle. He expressed his desire to speak about his past trauma and was thankful he could take our information to contact the charity when he was ready to do so.

We have had several callers this year who have chosen not to speak. We have also had engagement on social media platforms where we are continuing to increase awareness of the free service we offer.

Going Concern

Notes for accounts:

Ben's Place North Yorkshire has opted not to file a copy of our profit-and-loss accounts at company's house under section 444 of the Companies Act 2006. There has been no change in our liabilities since preparing our year-end accounts. We have adhered to the Charity Commission guidelines when getting donations and are continuing to make sure all our funds are utilised frugally. We have utilised our donations in the best way to benefit the public and our service users. When receiving donations, we will comply with the guidelines of the Charity Commission.

We have prepared this report under the statement recommended practice Accounting and Reporting by charities (issued in March 2005) and under the special provisions of Part VII of the companies Act 1985 relating to small entities. The method of accounting applied has been a receipts and payments method as set out by the charity Commission.

The Trustees Annual Report was approved on and signed on behalf of the board of Trustees

Declaration

The Trustees declare that they have approved the Trustees Report above
Signed on Behalf of the Trustees.

Trustee Name: DAVID CROFT

Signature: [Signature]

Date: 9-6-2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name **Bens Place (North Yorkshire)** No. 1182645

Receipts and payments accounts

CC16a

For the period
from

Period start date
May 2022

To

Period end date
May 2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	167.00	-	-	-	-
Grant	-	1,000.00	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	167.00	1,000.00	-	1,167.00	1,089.00
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	167.00	1,000.00	-	-	-
Total receipts	167.00	1,000.00	-	1,167.00	1,089.00
A3 Payments					
Phone	113.00	-	-	-	-
Public liability	14.60	-	-	-	-
Website	190.00	-	-	-	-
Admin	12.00	-	-	-	-
Promotion	-	708.00	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	461.00	708.00	-	1,167.00	1,089.00
A4 Asset and investment purchases, (see table)					
Printer	-	199.00	-	-	-
	-	-	-	-	-
Sub total	461.00	199.00	-	1,167.00	1,089.00
Total payments	461.00	907.00	-	-	-
Net of receipts/(payments)	461.00	907.00	-	1,167.00	1,089.00
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	888.00	-	-	-	-

Section B Statement of assets and liabilities at the end of the period


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	NIL	-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))			

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Printer	1,000	199.00	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Phone	167.00	9.41	Monthly
	Public Liability	167.00	14.56	Monthly
	Website	167.00	190.00	Yearly
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		DAVID CLARK	9.6.23
	K M Nichol	Kym M Nichol	10/6/23