

CHARITY REGISTRATION NUMBER: 1182815

Volunteering in Health
Unaudited Financial Statements
31 March 2022

WESTCOTTS
Chartered accountants
26-28 Southernhay East
Exeter
EX1 1NS

Volunteering In Health

Financial Statements

Year ended 31 March 2022

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Volunteering in Health

Trustees' Annual Report

Year ended 31 March 2022

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Reference and administrative details

Registered charity name	Volunteering in Health
Charity registration number	1182615
Principal office	Coastal Information Centre Teignmouth Hospital Mill Lane Teignmouth Devon TQ14 9BQ United Kingdom

The trustees

A Oakley
M Grossmann
A Meyrick
K Goodsell
A Hinch
A Upton
L Wade
D Brett
R Ash

Independent examiner

David Wright
Westcotts
Chartered accountants
26-28 Southernhay East
Exeter
EX1 1NS

Volunteering In Health

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Structure, governance and management

Volunteering In Health is constituted as a Charitable Incorporated Organisation (CIO) and is subject to charity law. It was established by a charitable deed and registered on 25th March 2019. A charity of the same name (charity registration number 1136804) transferred its activities to the CIO on 1st April 2019. The existing Management Committee was originally set up in October 2009 under the original charity to reflect the needs of people who live in the Teignbridge areas of Dawlish, Teignmouth, Shaldon, Bishopsteignton and Chudleigh.

Volunteering In Health Management Committee

Volunteering In Health is governed by a Management Committee which meets six times a year.

Alwyn Oakley	(Chair)
Manuela Grossmann	(Vice Chair)
Ann Meyrick	(Secretary)
Lauren Wade	(Treasurer)
Ken Goodsell	
Allison Hinch	
Alison Upton	
Dr Dan Brett	
Richard Ash	

Manager: Chloe Myers (resigned 31.12.21) was replaced by Julia Street with effect from 28.03.22.

Trustees are appointed for an initial term of three years, with a maximum period of service of two further terms of three years. The process for recruiting new Trustees is based on an evaluation of the balance of diverse skills and experience needed to govern the charity.

Objectives and activities

Volunteering In Health was set up to meet its charitable objectives in the following terms:

- The relief of sickness and the preservation, protection and promotion of good health and wellbeing of the community in the general area of Teignbridge.
- The provision of advice and information services to patients, carers and families, complementing services provided by the statutory sector.

Public benefit

Volunteering In Health has been able to continue its role as an intermediary between NHS services and its patients in our community. Not only are we able to signpost and access the help needed for patients to continue their recovery, but we are often the only means clients have of returning home from Hospital. Freeing up much needed hospital beds as well as reducing the number of cases where patients need to be readmitted.

Volunteering In Health is the 'connective tissue' that fills the gaps of patient advocacy, transport, family support, information, and the pathway to new friendships that all lead to improved physical and mental health.

The Trustees have paid due regard to the guidance provided by The Charity Commission on public benefit in deciding what activities the charity should undertake.

Achievements and performance

Volunteering In Health has continued to support lonely and isolated people in Teignmouth, Dawlish and Chudleigh to live more safely, happily and independently in their own homes. Many of our clients have experienced heightened anxiety, loneliness, isolation and lack of control as a result of the pandemic and our team continue to provide a range of different levels of support which can be personalized to each client's individual needs.

Volunteering in Health

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

The HOPE Course was greatly missed throughout lockdown and we were delighted to be able to start running face to face courses again in May 2021. Courses are now being scheduled bi-monthly.

This year we took part in a High Intensity Users project identifying people who were frequently being admitted into hospital through the Emergency Department. We worked with those people to identify any non-medical reasons they might be going into hospital such as stress, housing, family breakdown, so that we could support them to improve their health and wellbeing.

For much of last year, our Transport and Home Help services were unable to run, but as life has slowly begun to return to normal we are pleased to see the demand for them returning again.

The Queen's Award for Voluntary Service

In November 2021, Volunteering in Health was honoured to receive The Queen's Award for Voluntary Service: the highest award a voluntary group can receive in the UK. Since 2009, Volunteering in Health has worked closely with the local statutory sector to support people to live more happily and independently, empowering people to make long term changes to improve their health and wellbeing. The Queen's Award for Voluntary Service aims to recognise outstanding work by volunteer groups to benefit their local communities.

Financial review

Our Wellbeing team continue to be primarily funded by Teignbridge CVS through the Wellbeing Partnership (WBP). 85% of our grant funding was received through the WBP. Dawlish League of Friends also continue to support Volunteering in Health with funding towards our Hospital Discharge Link Worker at Dawlish Hospital.

We received a £1,000 grant this year from Teignbridge CVS as well which enabled us to provide IT equipment to some of our clients help tackle isolation and loneliness.

We are also very thankful to an anonymous donor who has made significant donations which help to support services such as our Link Worker and Volunteer Co-ordination where there is no direct source of grant funding.

Our Transport and Home Help Services have still not recovered to pre-pandemic levels with income on each service being around £10k lower than before the pandemic. We will be making significant effort to promote and grow these services again over the next year.

Fundraising events were still quite limited this year. Fortunately, we were finally able to complete our Skydive in July 2021, with a team of six leaping from 15,000 feet, raising over £4,200 for Volunteering in Health (although due to the delays in actually making the jump, some of the sponsorship money was actually accounted for in previous financial years). We also arranged a Life Drawing class which raised an additional £225.

Our general running costs and overheads are very similar to last year. Our Expenditure has exceeded our income this year, however we have sufficient funds and continued support to confidently move into the next year.

Reserves Policy

The policy of the charity is that unrestricted funds which have not been designated for a specific purpose should be maintained at £100,000, which is equivalent to six months' running costs, plus the amount required for redundancy payments. This policy will allow the Trustees a specific time frame to find additional funding or wind up the organisation and have adequate provisions for redundancy costs and any contractual obligations. This fund is, and will, remain invested to ensure growth.

Volunteering in Health

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' annual report was approved on 22/9/22 and signed on behalf of the board of trustees by:

A Oakley
Trustee



Volunteering in Health

Independent Examiner's Report to the Trustees of Volunteering In Health

Year ended 31 March 2022

I report to the trustees on my examination of the financial statements of Volunteering In Health ('the charity') for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an Independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Wright
Independent Examiner
Westcotts
Chartered Accountants

26-28 Southernhay East
Exeter
EX1 1NS

22.9.22

Volunteering in Health

Statement of Financial Activities

Year ended 31 March 2022

		Unrestricted funds	2022 Restricted funds	Total funds	2021 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	4	36,923	—	36,923	36,402
Charitable activities	5	52,449	100,856	153,305	133,618
Investment income	6	664	—	664	1,438
Total income		<u>90,036</u>	<u>100,856</u>	<u>190,892</u>	<u>171,458</u>
Expenditure					
Expenditure on charitable activities	7,8	<u>107,036</u>	<u>122,904</u>	<u>229,940</u>	<u>185,300</u>
Total expenditure		<u>107,036</u>	<u>122,904</u>	<u>229,940</u>	<u>185,300</u>
Net expenditure and net movement in funds		<u>(17,000)</u>	<u>(22,048)</u>	<u>(39,048)</u>	<u>(13,842)</u>
Reconciliation of funds					
Total funds brought forward		154,878	33,822	188,700	202,542
Total funds carried forward		<u>137,878</u>	<u>11,774</u>	<u>149,652</u>	<u>188,700</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 8 to 17 form part of these financial statements.

Volunteering in Health

Statement of Financial Position

31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible fixed assets	15	11,315	15,087
Current assets			
Debtors	16	8,255	5,837
Cash at bank and in hand		140,970	192,042
		<u>149,225</u>	<u>197,879</u>
Creditors: amounts falling due within one year	17	10,888	24,266
Net current assets		<u>138,337</u>	<u>173,613</u>
Total assets less current liabilities		<u>149,652</u>	<u>188,700</u>
Net assets		<u>149,652</u>	<u>188,700</u>
Funds of the charity			
Restricted funds		11,774	33,822
Unrestricted funds		<u>137,878</u>	<u>154,878</u>
Total charity funds	20	<u>149,652</u>	<u>188,700</u>

These financial statements were approved by the board of trustees and authorised for issue on

22/9/22, and are signed on behalf of the board by:

A Oakley
Trustee



The notes on pages 8 to 17 form part of these financial statements.

Volunteering In Health

Notes to the Financial Statements

Year ended 31 March 2022

1. General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is Coastal Information Centre, Teignmouth Hospital, Mill Lane, Teignmouth, Devon, TQ14 9BQ, United Kingdom.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

This entity has taken advantage of the exemption not to present a statement of cash flows by way of being below the thresholds set out in the Charities SORP.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2022

3. Accounting policies (continued)

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Motor vehicles	- 25% reducing balance
Equipment	- 25% reducing balance

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations	31,503	—	31,503
Gift aid	5,420	—	5,420
	<u>36,923</u>	<u>—</u>	<u>36,923</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	28,050	—	28,050
Gift aid	10,352	—	10,352
	<u>36,402</u>	<u>—</u>	<u>36,402</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grant Income	718	98,563	99,281
Fundraising activities	1,410	—	1,410
Transport	23,511	—	23,511
Home help	25,114	—	25,114
Memory services	—	—	—
Sitting service	1,673	—	1,673
HOPE course	—	2,293	2,293
Other Income	23	—	23
	<u>52,449</u>	<u>100,856</u>	<u>153,305</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Grant Income	21,814	89,348	111,162
Fundraising activities	405	—	405
Transport	10,701	—	10,701
Home help	10,747	—	10,747
Memory services	—	60	60
Sitting service	493	—	493
HOPE course	—	—	—
Other Income	50	—	50
	<u>44,210</u>	<u>89,408</u>	<u>133,618</u>

6. Investment income

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Bank interest receivable	<u>664</u>	<u>664</u>	<u>1,438</u>	<u>1,438</u>

Volunteering In Health

Notes to the Financial Statements (continued)

Year ended 31 March 2022

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Provision of services	54,310	122,904	177,214
Support costs	52,726	—	52,726
	<u>107,036</u>	<u>122,904</u>	<u>229,940</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Provision of services	42,091	84,983	127,074
Support costs	58,226	—	58,226
	<u>100,317</u>	<u>84,983</u>	<u>185,300</u>

8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2022 £	Total fund 2021 £
Provision of services	<u>177,214</u>	<u>52,726</u>	<u>229,940</u>	<u>185,300</u>

9. Analysis of support costs

	Provision of services £	Total 2022 £	Total 2021 £
Finance costs	71	71	—
Accountancy	2,821	2,821	3,006
Marketing	750	750	—
General	2,527	2,527	2,233
Phone and IT	4,540	4,540	3,531
Postage and stationery	1,449	1,449	682
Room hire	116	116	57
Salaries and wages	40,146	40,146	48,245
Staff expenses	306	306	472
	<u>52,726</u>	<u>52,726</u>	<u>58,226</u>

10. Net expenditure

Net expenditure is stated after charging/(crediting):

	2022 £	2021 £
Depreciation of tangible fixed assets	<u>3,772</u>	<u>4,460</u>

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2022

11. Independent examination fees

	2022 £	2021 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,990</u>	<u>1,900</u>

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022 £	2021 £
Wages and salaries	183,491	155,264
Social security costs	6,843	3,991
Employer contributions to pension plans	<u>1,996</u>	<u>1,360</u>
	<u>191,430</u>	<u>154,675</u>

The average head count of full-time equivalent employees during the year was 9 (2021: 8).

The average head count of employees during the year was 23 (2021: 23).

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

13. Trustee remuneration and expenses

No remuneration or benefits from employment with the charity or a related entity were received by the Trustees during the year to 31 March 2022 (2021: £nil).

14. Government support

During the year the charity was the recipient of economic benefits as a result of participating in the UK Government's Coronavirus Job Retention Scheme. The total funds recognised on an accruals basis from the UK Government during the year was £27 (2021: £19,314). This income has been included within grant income within income from charitable activities.

15. Tangible fixed assets

	Motor vehicles £	Equipment £	Total £
Cost			
At 1 April 2021 and 31 March 2022	<u>4,997</u>	<u>19,813</u>	<u>24,810</u>
Depreciation			
At 1 April 2021	2,186	7,537	9,723
Charge for the year	<u>703</u>	<u>3,069</u>	<u>3,772</u>
At 31 March 2022	<u>2,889</u>	<u>10,606</u>	<u>13,495</u>
Carrying amount			
At 31 March 2022	<u>2,108</u>	<u>9,207</u>	<u>11,315</u>
At 31 March 2021	<u>2,811</u>	<u>12,276</u>	<u>15,087</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

16. Debtors

	2022	2021
	£	£
Trade debtors	2,352	2,535
Prepayments and accrued income	5,903	3,302
	<u>8,255</u>	<u>5,837</u>

17. Creditors: amounts falling due within one year

	2022	2021
	£	£
Trade creditors	—	17
Accruals and deferred income	10,888	24,249
	<u>10,888</u>	<u>24,266</u>

18. Deferred income

	2022	2021
	£	£
At 1 April 2021-	20,888	4,800
Amount released to income	(20,888)	(4,800)
Amount deferred in year	7,400	20,888
At 31 March 2022	<u>7,400</u>	<u>20,888</u>

Deferred income consists of grant income relating to subsequent period.

19. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £1,996 (2021: £1,360).

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

20. Analysis of charitable funds

Unrestricted funds

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
General funds	154,878	90,036	(107,036)	—	137,878
Designated Funds	—	—	—	—	—
	<u>154,878</u>	<u>90,036</u>	<u>(107,036)</u>	<u>—</u>	<u>137,878</u>

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
General funds	173,139	82,050	(100,317)	6	154,878
Designated Funds	6	—	—	(6)	—
	<u>173,145</u>	<u>82,050</u>	<u>(100,317)</u>	<u>—</u>	<u>154,878</u>

Restricted funds

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
End of Life	13,461	8,800	(17,843)	—	4,418
Home from Hospital	7,534	19,650	(20,261)	—	6,923
Link Worker	—	—	—	—	—
Memory Services	9,308	14,697	(24,005)	—	—
Wellbeing Co-ordinators	2,823	33,851	(36,241)	—	433
Wholelife	—	5,000	(5,000)	—	—
High Intensity Users	696	18,858	(19,554)	—	—
	<u>33,822</u>	<u>100,856</u>	<u>(122,904)</u>	<u>—</u>	<u>11,774</u>

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
End of Life	10,704	8,799	(6,042)	—	13,461
Home from Hospital	3,687	20,450	(16,603)	—	7,534
Link Worker	2,142	—	(2,142)	—	—
Memory Services	6,935	17,757	(15,384)	—	9,308
Wellbeing Co-ordinators	5,552	33,458	(36,187)	—	2,823
Wholelife	377	4,000	(4,377)	—	—
High Intensity Users	—	4,944	(4,248)	—	696
	<u>29,397</u>	<u>89,408</u>	<u>(84,983)</u>	<u>—</u>	<u>33,822</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

20. Analysis of charitable funds *(continued)*

End of Life

End of life funding has been provided to assist in the provision of end of life care for beneficiaries in the local community.

Home from Hospital Service

Hospital link workers visit every single patient that comes to Dawlish Hospital to support them to have a safe and timely discharge and have everything in place to reduce the risk of a return to hospital.

High Intensity Users

We are working closely with the statutory sector to identify people who have had more than 5 Emergency Department admissions in the previous year, including one in the past month. These people have likely had various statutory services in place which, for a variety of reasons, aren't working for them, so we in the voluntary sector are there to offer a different, more holistic, approach to try to engage with these people and understand the causes of their hospital admissions.

Link Worker

This funding is provided to assist the charity with providing outreach schemes to tackle issues of loneliness and isolation of beneficiaries in the local community.

Memory Services

Memory services are available to individuals who are suffering from a range of conditions that impact their ability to live independently due to deterioration of their memory.

Wellbeing Co-ordinators

Wellbeing co-ordinators work with a client for around three months towards goals that will help to improve their health and wellbeing to help them live more happily and independently.

Wholelife

Wholelife focuses on preventative measures to improve our clients' health and wellbeing, such as diet and exercise.

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

21. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	11,315	—	11,315
Current assets	130,051	19,174	149,225
Creditors less than 1 year	(3,488)	(7,400)	(10,888)
Net assets	137,878	11,774	149,652

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	15,087	—	15,087
Current assets	143,169	54,710	197,879
Creditors less than 1 year	(3,378)	(20,888)	(24,266)
Net assets	154,878	33,822	188,700