

VOLUNTEERING IN HEALTH

England & Wales · Charity number 1182615

Details

Status Registered

Legal form CIO

Registered 2019-03-25

Register [View on the Charity Commission register](#)

Contact

Address Teignmouth Hospital
Mill Lane
Teignmouth
TQ14 9BQ

Phone 01626771695

Email info@volunteeringinhealth.co.uk

Website www.volunteeringinhealth.co.uk

Activities

Objects: THE RELIEF OF SICKNESS AND THE PRESERVATION, PROTECTION AND PROMOTION OF GOOD HEALTH AND WELLBEING OF THE COMMUNITY IN THE GENERAL AREA OF TEIGNBRIDGE. THE PROVISION OF ADVICE AND INFORMATION SERVICES TO PATIENTS, CARERS AND FAMILIES, COMPLEMENTING SERVICES PROVIDED BY THE STATUTORY SECTOR.

Activities: Volunteering in Health is a social prescribing health and wellbeing charity based in the local hospital. We support lonely, isolated people in Teignmouth, Dawlish and Chudleigh in South Devon mainly through 1:1 home visits to help empower people to take more control over their own health and wellbeing. Our volunteers support with transport to medical appointments, administration and befriending.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Economic/community Development/employment
- **Who:** Elderly/old People, People With Disabilities

Geography

- Devon

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£206,243	£199,196	-	-
2024-03-31	£185,005	£191,818	-	-
2023-03-31	£211,084	£229,409	-	-
2022-03-31	£191,000	£230,000	-	-
2021-03-31	£171,458	£185,300	-	-

Trustees

Name	Role	Appointed
Alwyn Roberts Hart	Chair	2019-07-01
ANN MEYRICK		2019-04-01
Alison Hinch		2019-04-01
Lauren Wade		2020-09-17
Richard Ash		2021-02-04
Richard Winterton		2025-12-18
Sue Maclean		2025-12-18
Werner Coetzee		2024-02-22

VOLUNTEERING IN HEALTH

England & Wales - Charity number 1182615

Accounts

Charity registration number: 1182615

Volunteering in Health

Unaudited Financial Statements
for the Year Ended 31 March 2025



Volunteering in Health

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Volunteering in Health

Reference and Administrative Details

Trustees	A Oakley, Chair
	M Grossmann, Vice Chair
	A Meyrick, Secretary
	A Hinch
	L Wade, Treasurer
	D Brett
	R Ash
	W Coetzee
Charity Registration Number	1182615
Principal Office	Coastal Information Centre
	Teignmouth Hospital
	Mill Lane
	Teignmouth
	Devon
Independent Examiner	TQ14 9BQ
	Peter Lomax
	Westcotts (SW) LLP
	80 Oxford Street
	Burnham-on-Sea
	Somerset
	TA8 1EF

Volunteering in Health

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2025.

Objectives and activities

Objects and aims

Volunteering in Health was set up to meet its charitable objectives in the following terms:

- The relief of sickness and the preservation, protection and promotion of good health and wellbeing of the community in the general area of Teignbridge.
- The provision of advice and information services to patients, carers and families, complementing services provided by the statutory sector.

Public benefit

Volunteering in Health has been able to continue its role as an intermediary between NHS services and its patients in our community. Not only are we able to signpost and access the help needed for patients to continue their recovery, but we are often the only means clients have of returning home from Hospital. Freeing up much needed hospital beds as well as reducing the number of cases where patients need to be readmitted.

Volunteering in Health is the 'connective tissue' that fills the gaps of patient advocacy, transport, family support, information, and the pathway to new friendships that all lead to improved physical and mental health.

Volunteering in Health

Trustees' Report

Achievements and performance

Volunteering in Health has continued to support lonely and isolated people in Teignmouth, Dawlish and Chudleigh. We have seen an increase in the number of families and younger people needing help. Through personalised coaching, practical help at home and emotional support we have enabled these people to live more safely, happily and independently, in their own homes. Problems resulting from delayed medical interventions, reduction in statutory services, closing hospitals and cancelling appointments, has increased the complexity of cases referred to us for help. The team have worked incredibly hard to support and meet greater needs, with less resources, made worse by the cost-of-living crisis.

More staff and volunteers have been trained as HOPE facilitators. This was made possible due to funds received from the Devon County Council locality budget. Having more facilitators has enabled us to run the HOPE Courses more frequently in Dawlish Hospital and Teignmouth. Attendees are supported by our transport services to take them to the courses.

HOPE attendees can continue meeting and supporting each other when the structured courses have ended, by joining our "Brighter Days" group. This peer-to-peer support group has expanded and now meet weekly for a 3-hour session, supporting each other and developing the newly made friendships. This work is further extended with wellbeing calls, keeping people connected and focused and helping them to stay well for longer.

Volunteering in Health was awarded "A Stars of Teignbridge" award for Power Organisations as a result of the Brighter Days project, that clearly demonstrates how we empower our volunteers and actively seek out volunteer feedback and implement their ideas.

We have increased our volunteer team, through recruitment drives and a regular programme of coffee catch ups, training and celebration events to show our appreciation of their contribution to the community.

The Community Transport service has been in high demand, helping to ensure that local residents can get to their vital medical appointments. A successful driver recruitment campaign, including making a transport video, has enabled us to fulfil more drives. Unfortunately, short notice bookings, sometimes because of hospital cancellations, are an ongoing problem.

The Home Help service is running well, with an effective team of staff and referrals being responded to very quickly.

We piloted a PA/Enabling service this year and although we had a small number of clients interested in the service, we did not see the volume of referrals we had expected. We have therefore decided not to continue with a PA/Enabling offering it in its current format.

We have received great support for many fundraising events this year and our staff and volunteers have run some inventive and successful initiatives helping to raise funds for the charity.

Volunteering in Health

Trustees' Report

Trustees and officers

Volunteering in Health is governed by a Management Committee which meets six times a year.

Trustees:	A Oakley, Chair
	M Grossmann, Vice Chair
	A Meyrick, Secretary
	A Hinch
	L Wade, Treasurer
	D Brett
	R Ash
	W Coetzee

Manager: Julia Street

Trustees are appointed for an initial term of three years, with a maximum period of service of two further terms of three years. The process for recruiting new Trustees is based on an evaluation of the balance of diverse skills and experience needed to govern the charity.

Structure, governance and management

Volunteering in Health is constituted as a Charitable Incorporated Organisation (CIO) and is subject to charity law. It was established by a charitable deed and registered on 25th March 2019. A charity of the same name (charity registration number 1136804) transferred its activities to the CIO on 1st April 2019. The existing Management Committee was originally set up in October 2009 under the original charity to reflect the needs of people who live in the Teignbridge areas of Dawlish, Teignmouth, Shaldon, Bishopsteignton and Chudleigh.

Volunteering in Health

Trustees' Report

Financial review

Last year, 80% of our grant funding was received from the Wellbeing Partnership. Unfortunately, for this year, two of the grants we had previously received (End of Life and Health & Social care funding) were discontinued. This resulted in an 11% drop in funding from the Wellbeing Partnership.

Income from grants for this financial year was just over £100,000, however it should be noted that £29,500 was deferred from 2023-24. The deferred grants included National Lottery funding for Volunteers (£17,500), Claire Milne (£10,000), and Norman Family (£2000 for Brighter Days).

In the current year, we have received grants from the David Gibbons Trust (£1000 for Brighter Days), Devon Car Forum (£755 for Community Transport), Devon County Council locality budget (£1000 for HOPE facilitator training) and Devon Communities CLASP fund (£10,000 unrestricted funds).

We have received continued support from the Friends of Dawlish Hospital with a generous donation of £12,000 towards the costs of our Hospital Link Worker based at Dawlish Hospital.

In addition, the Teignbridge District Councilors' Fund provided a donation of £150 for the purchase of supplies at the hospital 'boutique'. This enabled our Hospital Link Worker to purchase clothing, toiletries and sanitary items which we were then able to provide free of charge to clients in need who were going home after a hospital stay.

Home Help continues to be in great demand and generated a little over £30,000 in income this year. A pilot for a PA/Enabling service was trialled this year but unfortunately the service charges did not cover the running costs so this service will not be continuing for 2025-2026. Our Community Transport service, as is to be expected, ran at a small deficit.

'Friends of Volunteering in Health' supporters who make regular monthly donations raised £1,122. We also raised funds through easyfundraising (£217) and the Teignbridge Community Lottery (£724). Teignmouth masonic lodge supported us with donations of £1,500 and provided the venue for a quiz night organized by our Brighter Days group, which went on to raise over £1000. We also raised funds through more quizzing, bingo nights, wild swimming (Swim 60 for 60) and our very successful Charity Telephone Box (VIH Connect) which raised £724.

Reserves Policy

The policy of the charity is that unrestricted funds which have not been designated for a specific purpose should be maintained at £90,000. This policy will allow the Trustees a specific time frame to find additional funding or wind up the organization and have adequate provisions for redundancy costs and other contractual obligations. We have reduced this from £100,000 to £90,000 due to a reduction in the charity's staff numbers and subsequent costs. The majority of this fund is invested to ensure growth. The free reserves of the charity at the year end were £113,538 and are in-line with the policy.

Statement of trustees' responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

Volunteering in Health

Trustees' Report

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the , and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on and signed on its behalf by:



A Oakley
Trustee

Volunteering in Health

Independent Examiner's Report to the trustees of Volunteering in Health ('the Company')

I report to the charity trustees on my examination of the financial statements of Volunteering in Health ('the charity') for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

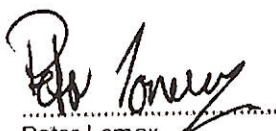
I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Peter Lomax
Independent examiner

Westcotts (SW) LLP
80 Oxford Street
Burnham-on-Sea
Somerset
TA8 1EF

Date: 16/10/25.

Volunteering in Health

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £
Income and Endowments from:				
Donations and legacies	3	25,450	12,000	37,450
Charitable activities	4	80,667	82,518	163,185
Investment income	5	5,608	-	5,608
Total income		<u>111,725</u>	<u>94,518</u>	<u>206,243</u>
Expenditure on:				
Charitable activities	6	<u>(103,015)</u>	<u>(96,181)</u>	<u>(199,196)</u>
Total expenditure		<u>(103,015)</u>	<u>(96,181)</u>	<u>(199,196)</u>
Net income/(expenditure)		<u>8,710</u>	<u>(1,663)</u>	<u>7,047</u>
Net movement in funds		8,710	(1,663)	7,047
Reconciliation of funds				
Total funds brought forward		<u>109,602</u>	<u>14,912</u>	<u>124,514</u>
Total funds carried forward	19	<u><u>118,312</u></u>	<u><u>13,249</u></u>	<u><u>131,561</u></u>

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	16,548	13,504	30,052
Charitable activities	4	59,138	92,039	151,177
Investment income	5	3,776	-	3,776
Total income		<u>79,462</u>	<u>105,543</u>	<u>185,005</u>
Expenditure on:				
Charitable activities	6	<u>(85,495)</u>	<u>(106,323)</u>	<u>(191,818)</u>
Total expenditure		<u>(85,495)</u>	<u>(106,323)</u>	<u>(191,818)</u>
Net expenditure		<u>(6,033)</u>	<u>(780)</u>	<u>(6,813)</u>
Transfers between funds		<u>(1,997)</u>	<u>1,997</u>	<u>-</u>
Net movement in funds		<u>(8,030)</u>	<u>1,217</u>	<u>(6,813)</u>
Reconciliation of funds				
Total funds brought forward		<u>117,632</u>	<u>13,695</u>	<u>131,327</u>
Total funds carried forward	19	<u><u>109,602</u></u>	<u><u>14,912</u></u>	<u><u>124,514</u></u>

The notes on pages 11 to 21 form an integral part of these financial statements.

Volunteering in Health

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2024 is shown in note 19.

The notes on pages 11 to 21 form an integral part of these financial statements.

Volunteering in Health

Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	13	4,774	6,365
Current assets			
Debtors	14	7,389	6,018
Cash at bank and in hand		<u>140,924</u>	<u>157,881</u>
		148,313	163,899
Creditors: Amounts falling due within one year	15	<u>(21,526)</u>	<u>(45,750)</u>
Net current assets		<u>126,787</u>	<u>118,149</u>
Net assets		<u>131,561</u>	<u>124,514</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		13,249	14,912
Unrestricted income funds			
Unrestricted funds		<u>118,312</u>	<u>109,602</u>
Total funds	19	<u>131,561</u>	<u>124,514</u>

The financial statements on pages 8 to 21 were approved by the trustees, and authorised for issue on 29/11/2025 and signed on their behalf by:



 A Oakley
 Trustee

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

1 General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated.

The address of its registered office is:

Coastal Information Centre

Teignmouth Hospital

Mill Lane

Teignmouth

Devon

TQ14 9BQ

2 Accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

Basis of preparation

The financial statements have been prepared on the historical cost basis.

The accounts have been prepared in sterling which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Income and endowments

All income is included in the Statement of Financial Activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

Tangible fixed assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Motor vehicles	- 25% reducing balance
Equipment	- 25% reducing balance

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

Financial instruments

Recognition and measurement

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2025 £
Donations and legacies;			
Donations	23,710	12,000	35,710
Gift aid	1,740	-	1,740
	<u>25,450</u>	<u>12,000</u>	<u>37,450</u>
	Unrestricted funds General £	Restricted funds £	Total 2024 £
Donations and legacies;			
Donations	10,381	13,504	23,885
Gift aid	6,167	-	6,167
	<u>16,548</u>	<u>13,504</u>	<u>30,052</u>

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £
Grants	20,000	81,218	101,218
Fundraising activities	2,850	-	2,850
Transport	21,102	-	21,102
Home help	30,910	-	30,910
Sitting service	65	-	65
HOPE course	1,372	-	1,372
CVS Household Support Fund	440	300	740
PA Support	3,928	-	3,928
Other revenue	-	1,000	1,000
	<u>80,667</u>	<u>82,518</u>	<u>163,185</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

	Unrestricted funds General £	Restricted funds £	Total 2024 £
Grants	-	92,039	92,039
Fundraising activities	3,290	-	3,290
Transport	21,984	-	21,984
Home help	30,508	-	30,508
Sitting service	1,330	-	1,330
HOPE course	2,026	-	2,026
	<u>59,138</u>	<u>92,039</u>	<u>151,177</u>

5 Investment income

	Unrestricted funds General £	Total 2025 £
Bank interest receivable	5,608	5,608
	<u>5,608</u>	<u>5,608</u>

	Unrestricted funds General £	Total 2024 £
Bank interest receivable	3,776	3,776
	<u>3,776</u>	<u>3,776</u>

6 Expenditure on charitable activities

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £
Provision of services		71,837	96,181	168,018
Support costs	7	<u>31,178</u>	<u>-</u>	<u>31,178</u>
		<u>103,015</u>	<u>96,181</u>	<u>199,196</u>

	Note	Unrestricted funds General £	Restricted funds £	Total 2024 £
Provision of services		56,171	106,323	162,494
Support costs	7	<u>29,324</u>	<u>-</u>	<u>29,324</u>
		<u>85,495</u>	<u>106,323</u>	<u>191,818</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

7 Analysis of support costs

Support costs allocated to charitable activities

	Support costs £	Total 2025 £	Total 2024 £
Room hire	110	110	217
General	2,405	2,405	678
Phone and IT	1,907	1,907	3,520
Postage and stationary	1,323	1,323	807
Marketing	-	-	195
Independent examiner's fee	3,339	3,339	3,945
Finance costs	572	572	431
Salaries and wages	21,012	21,012	18,699
Staff expenses	510	510	832
	<u>31,178</u>	<u>31,178</u>	<u>29,324</u>

8 Net expenditure

Net expenditure is stated after charging/(crediting):

	2025 £	2024 £
Depreciation of fixed assets	<u>1,591</u>	<u>2,121</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Expenses reimbursed or waived by the trustees during the year totalled £Nil (2024 - £Nil).

10 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	158,121	148,715
Social security costs	8,941	6,859
Pension costs	<u>2,353</u>	<u>1,958</u>
	<u>169,415</u>	<u>157,532</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

The average number of full-time equivalent employees during the year was 6 (2024: 6).

The average head count of employees during the year was 17 (2024: 19).

No employee received employee benefits of more than £60,000 during the current or previous year.

The key management personnel are considered to be the Trustees and the General Manager. Key management personnel received benefits totalling £30,745 (2024: £31,199) during the year.

11 Independent examiner's remuneration

	2025 £	2024 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	<u>2,250</u>	<u>2,140</u>

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Tangible fixed assets

	Furniture and equipment £	Motor vehicles £	Total £
Cost			
At 1 April 2024	<u>19,813</u>	<u>4,997</u>	<u>£24,810</u>
At 31 March 2025	<u>19,813</u>	<u>4,997</u>	<u>£24,810</u>
Depreciation			
At 1 April 2024	<u>14,634</u>	<u>3,811</u>	<u>£18,445</u>
Charge for the year	<u>1,295</u>	<u>296</u>	<u>£1,591</u>
At 31 March 2025	<u>15,929</u>	<u>4,107</u>	<u>£20,036</u>
Net book value			
At 31 March 2025	<u>3,884</u>	<u>890</u>	<u>£4,774</u>
At 31 March 2024	<u>5,179</u>	<u>1,186</u>	<u>£6,365</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

14 Debtors

	2025	2024
	£	£
Trade debtors	3,843	2,984
Prepayments and accrued income	3,546	3,034
	<u>7,389</u>	<u>6,018</u>

15 Creditors: amounts falling due within one year

	2025	2024
	£	£
Other creditors	407	404
Accruals and deferred income	21,119	45,346
	<u>21,526</u>	<u>45,750</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

16 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £
Other	
Within one year	339
Between one and five years	<u>1,270</u>
	<u><u>1,609</u></u>

17 Deferred income

Deferred income consists of grant income relating to a subsequent period.

18 Pension and other schemes

Defined contribution plans

The total cost relating to defined benefit schemes for the year recognised in profit or loss as an expense was £2,353 (2024 - £1,958).

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

19 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Balance at 31 March 2025 £
Unrestricted funds				
General				
General Funds	109,602	111,725	(103,015)	118,312
Restricted funds				
End of Life	1,663	-	(1,663)	-
Home from Hospital	13,249	29,925	(29,925)	13,249
Memory Services	-	13,240	(13,240)	-
Wellbeing Co-ordinators	-	38,098	(38,098)	-
Brighter Days	-	3,000	(3,000)	-
Volunteers	-	9,500	(9,500)	-
Transport	-	755	(755)	-
	14,912	94,518	(96,181)	13,249
Total funds	124,514	206,243	(199,196)	131,561

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
General					
General Funds	117,632	79,462	(85,495)	(1,997)	109,602
Restricted funds					
End of Life	-	13,156	(11,493)	-	1,663
Home from Hospital	13,695	23,925	(24,371)	-	13,249
Memory Services	-	9,156	(9,156)	-	-
Wellbeing Co-ordinators	-	43,220	(45,217)	1,997	-
Brighter Days	-	4,430	(4,430)	-	-
Volunteers	-	10,870	(10,870)	-	-
Transport	-	786	(786)	-	-
	13,695	105,543	(106,323)	1,997	14,912
Restricted funds	13,695	105,543	(106,323)	1,997	14,912
Total funds	131,327	185,005	(191,818)	-	124,514

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2025

End of Life

End of life funding has been provided to assist in the provision of end of life care for beneficiaries in the local community.

Home from Hospital Service

Hospital link workers visit every single patient that comes to Dawlish Hospital to support them to have a sages and timely discharge and have everything in place to reduce the risk of a return to hospital.

Memory Services

Memory services are available to individuals who are suffering from a range of conditions that impact their ability to live independently due to deterioration of their memory.

Wellbeing Co-ordinators

Wellbeing co-ordinates work with a client for around three months towards goals that will help to improve their health and wellbeing to help them live more happily and independently.

Brighter Days

A new peer support group for people who have completed the six week HOPE course. The group meet weekly providing support and friendship, along with activities and occasional days out, continuing the journey to improved health and wellbeing which started with HOPE.

20 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2025 £
Tangible fixed assets	4,774	-	4,774
Current assets	116,707	31,606	148,313
Current liabilities	(3,169)	(18,357)	(21,526)
Total net assets	<u>118,312</u>	<u>13,249</u>	<u>131,561</u>
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2024 £
Tangible fixed assets	6,365	-	6,365
Current assets	106,083	57,816	163,899
Current liabilities	(2,846)	(42,904)	(45,750)
Total net assets	<u>109,602</u>	<u>14,912</u>	<u>124,514</u>

21 Related party transactions

There were no related party transactions in the year.

VOLUNTEERING IN HEALTH

England & Wales - Charity number 1182615

Accounts

Charity registration number: 1182615

Volunteering in Health

Unaudited Financial Statements Financial Statements
for the Year Ended 31 March 2024



WESTCOTTS

CHARTERED ACCOUNTANTS
& BUSINESS ADVISERS

Volunteering in Health

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Volunteering in Health

Reference and Administrative Details

Trustees	A Oakley, Chair
	M Grossmann, Vice Chair
	A Meyrick, Secretary
	A Hinch
	L Wade, Treasurer
	D Brett
	R Ash
	W Coetzee
Charity Registration Number	1182615
Principal Office	Coastal Information Centre
	Teignmouth Hospital
	Mill Lane
	Teignmouth
	Devon
	TQ14 9BQ
Independent Examiner	David Wright
	Westcotts (SW) LLP
	80 Oxford Street
	Burnham on Sea
	Somerset
	TA8 1EF

Volunteering in Health

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2024.

Objectives and activities

Objects and aims

Volunteering in Health was set up to meet its charitable objectives in the following terms:

- The relief of sickness and the preservation, protection and promotion of good health and wellbeing of the community in the general area of Teignbridge.
- The provision of advice and information services to patients, carers and families, complementing services provided by the statutory sector.

Public benefit

Volunteering in Health has been able to continue its role as an intermediary between NHS services and its patients in our community. Not only are we able to signpost and access the help needed for patients to continue their recovery, but we are often the only means clients have of returning home from Hospital. Freeing up much needed hospital beds as well as reducing the number of cases where patients need to be readmitted.

Volunteering in Health is the 'connective tissue' that fills the gaps of patient advocacy, transport, family support, information, and the pathway to new friendships that all lead to improved physical and mental health.

Volunteering in Health

Trustees' Report

Achievements and performance

Volunteering in Health has continued to support lonely and isolated people in Teignmouth, Dawlish and Chudleigh, to live more safely, happily and independently, in their own homes. Problems resulting from delayed medical interventions, reduction in statutory services, closing hospitals and cancelling appointments, has increased the complexity of cases referred to us for help. The team have worked incredibly hard to support and meet greater needs, with less resources, made worse by the cost of living crisis.

The HOPE Courses have been running more frequently, now in Dawlish and with an aim to extend to Chudleigh in the Autumn. Attendees are supported by our transport services to take them to the courses. HOPE attendees can continue meeting and supporting each other when the structured courses have ended, by joining "Brighter Days". This peer to peer support group has expanded and now meet weekly for a 3-hour session, developing the newly made friendships. This work is further extended with wellbeing calls, keeping people connected and focused and helping them to stay well for longer.

This year we have been working on closer and more cohesive relationships with our volunteer team, including regular coffee catch ups and keeping in touch with their wellbeing. Listening to, training, upskilling and creating a professional experience for the volunteers and clients has been at the heart of this work.

Transport services have been very busy, and driver recruitment continues to be difficult, so we have had to turn people away. This is made more difficult as the requests for short notice, longer and weekend appointments has increased. Home Help lead-times have been reduced and the team are working well to meet the demand. The PA Enabling role is now launched and the first clients are coming on board.

Fundraising has been greater this year and we have run some inventive and successful initiatives as well as securing good grant funding.

Trustees and officers

Volunteering in Health is governed by a Management Committee which meets six times a year.

Trustees:	A Oakley, Chair
	M Grossmann, Vice Chair
	A Meyrick, Secretary
	K Goodsell (resigned 28 September 2023)
	A Hinch
	L Wade, Treasurer
	D Brett
	R Ash
	W Coetzee (appointed 30 November 2023)

Manager: Julia Street

Trustees are appointed for an initial term of three years, with a maximum period of service of two further terms of three years. The process for recruiting new Trustees is based on an evaluation of the balance of diverse skills and experience needed to govern the charity.

Volunteering in Health

Trustees' Report

Structure, governance and management

Volunteering in Health is constituted as a Charitable Incorporated Organisation (CIO) and is subject to charity law. It was established by a charitable deed and registered on 25th March 2019. A charity of the same name (charity registration number 1136804) transferred its activities to the CIO on 1st April 2019. The existing Management Committee was originally set up in October 2009 under the original charity to reflect the needs of people who live in the Teignbridge areas of Dawlish, Teignmouth, Shaldon, Bishopsteignton and Chudleigh.

Financial review

We have seen an overall reduction in our income of 13% this year. This was predominantly in the monies we received from donations which was over £30,000 less than last year (2023: £64,000).

Income from Grants was just over £92,000, which is similar to last year (2023: £87,000). 82% of our grant funding was received from the Wellbeing Partnership, supporting provision of our core wellbeing services such as Dementia support, End of Life/Palliative Care, Hospital Discharge, 1-2-1 Wellbeing support and HOPE courses.

We were successful in an application to the National Lottery and received a grant of £20,000 to support co-ordination of our Volunteers. This grant is to be spread over a two-year period, so some of this income has been deferred to 2024-25.

We received grant funding of £4,430 from the Devon Communities Foundation CLASP fund (Communities Local Action on Suicide Prevention). This enabled us to set up our 'Brighter Days' group which provides follow on peer to peer support for anyone who has completed the six-week HOPE course. This group has been very successful, and we have secured further grant funding for 2024-25 from the Norman Family and the David Gibbons Trust which will enable the weekly sessions to continue on into next year.

We also had grants from the Albert Hunt Trust (£4,000 for End of Life) and Claire Milne (£10,000 for core costs) and we have received continued support from the Friends of Dawlish Hospital with a £12,000 donation towards the cost of our Hospital Link Worker.

Home Help continues to be in great demand and generated a little over £30,000 in income this year, which on par with last year (2023: £30,000). Transport to medical appointments is also a key service we provide for the community, and income from this was £22,000 (2023: £21,000).

The Sitting service ended the year with a deficit and is currently paused until further notice.

We launched the 'Friends of Volunteering in Health' in September 2023, which enables any of our supporters to make regular monthly donations to the charity. We hope to promote this more over the coming months, but to date this has already raised over £600 in donations.

Fundraising has generated over £3,000 and our supporters got even more creative with their ideas. This year this has included a Park Run, Charity Telephone Box, Bingo Nights and even a Christmas single with a local Elvis impersonator.

Volunteering in Health

Trustees' Report

Reserves Policy

The policy of the charity is that unrestricted funds which have not been designated for a specific purpose should be maintained at £100,000, which is equivalent to six months' running costs, plus the amount required for redundancy payments. This policy will allow the Trustees a specific time frame to find additional funding or wind up the organisation and have adequate provisions for redundancy costs and any contractual obligations.

This fund is, and will, remain invested to ensure growth.

The free reserves of the charity at the year end were £103,237, which are in-line with the policy.

Statement of trustees' responsibilities

The trustees (who are also the directors of Volunteering in Health for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

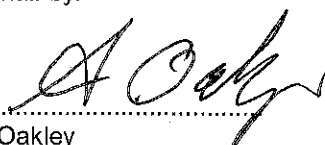
Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 19/9/24 and signed on its behalf by:


A Oakley
Trustee

Volunteering in Health

Independent Examiner's Report to the trustees of Volunteering in Health ('the Company')

I report to the charity trustees on my examination of the financial statements of Volunteering in Health ('the charity') for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

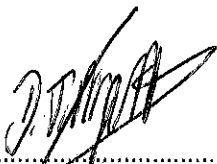
I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
David Wright FCA

Westcotts (SW) LLP
80 Oxford Street
Burnham on Sea
Somerset
TA8 1EF

Date: 19.9.24

Volunteering in Health

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	16,548	13,504	30,052
Charitable activities	4	59,138	92,039	151,177
Investment income	5	3,776	-	3,776
Total income		<u>79,462</u>	<u>105,543</u>	<u>185,005</u>
Expenditure on:				
Charitable activities	6	<u>(85,495)</u>	<u>(106,323)</u>	<u>(191,818)</u>
Total expenditure		<u>(85,495)</u>	<u>(106,323)</u>	<u>(191,818)</u>
Net expenditure		(6,033)	(780)	(6,813)
Transfers between funds		<u>(1,997)</u>	<u>1,997</u>	-
Net movement in funds		(8,030)	1,217	(6,813)
Reconciliation of funds				
Total funds brought forward		<u>117,632</u>	<u>13,695</u>	<u>131,327</u>
Total funds carried forward	18	<u>109,602</u>	<u>14,912</u>	<u>124,514</u>

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	57,796	6,000	63,796
Charitable activities	4	65,910	80,720	146,630
Investment income	5	658	-	658
Total income		<u>124,364</u>	<u>86,720</u>	<u>211,084</u>
Expenditure on:				
Charitable activities	6	<u>(133,014)</u>	<u>(96,395)</u>	<u>(229,409)</u>
Total expenditure		<u>(133,014)</u>	<u>(96,395)</u>	<u>(229,409)</u>
Net expenditure		(8,650)	(9,675)	(18,325)
Transfers between funds		<u>(11,596)</u>	<u>11,596</u>	-
Net movement in funds		(20,246)	1,921	(18,325)
Reconciliation of funds				
Total funds brought forward		<u>137,878</u>	<u>11,774</u>	<u>149,652</u>
Total funds carried forward	18	<u>117,632</u>	<u>13,695</u>	<u>131,327</u>

The notes on pages 10 to 20 form an integral part of these financial statements.

Volunteering in Health

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2023 is shown in note 18.

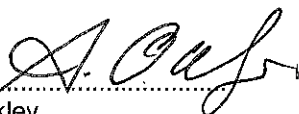
The notes on pages 10 to 20 form an integral part of these financial statements.

Volunteering in Health

Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	13	6,365	8,486
Current assets			
Debtors	14	6,018	7,611
Cash at bank and in hand		<u>157,881</u>	<u>133,390</u>
		163,899	141,001
Creditors: Amounts falling due within one year	15	<u>(45,750)</u>	<u>(18,160)</u>
Net current assets		<u>118,149</u>	<u>122,841</u>
Net assets		<u>124,514</u>	<u>131,327</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		14,912	13,695
Unrestricted income funds			
Unrestricted funds		<u>109,602</u>	<u>117,632</u>
Total funds	18	<u>124,514</u>	<u>131,327</u>

The financial statements on pages 7 to 20 were approved by the trustees, and authorised for issue on 19/9/24 and signed on their behalf by:


.....
A. Oakley
Trustee

The notes on pages 10 to 20 form an integral part of these financial statements.

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

1 General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated.

The address of its registered office is:

Coastal Information Centre

Teignmouth Hospital

Mill Lane

Teignmouth

Devon

TQ14 9BQ

2 Accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

Basis of preparation

The financial statements have been prepared on the historical cost basis.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

This entity has taken advantage of the exemption not to present a statement of cash flows by way of being below the threshold set out in the Charities SORP.

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Income and endowments

All income is included in the Statement of Financial Activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

Tangible fixed assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Motor vehicles	- 25% reducing balance
Equipment	- 25% reducing balance

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

Financial instruments

Recognition and measurement

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2024 £
Donations and legacies;			
Donations	10,381	13,504	23,885
Gift aid	6,167	-	6,167
	<u>16,548</u>	<u>13,504</u>	<u>30,052</u>
	Unrestricted funds General £	Restricted funds £	Total 2023 £
Donations and legacies;			
Donations	49,729	6,000	55,729
Gift aid	8,067	-	8,067
	<u>57,796</u>	<u>6,000</u>	<u>63,796</u>

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £
Grants	-	92,039	92,039
Fundraising activities	3,290	-	3,290
Transport	21,984	-	21,984
Home help	30,508	-	30,508
Sitting service	1,330	-	1,330
HOPE course	2,026	-	2,026
	<u>59,138</u>	<u>92,039</u>	<u>151,177</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

	Unrestricted funds General £	Restricted funds £	Total 2023 £
Grants	6,000	80,720	86,720
Fundraising activities	2,945	-	2,945
Transport	21,028	-	21,028
Home help	30,801	-	30,801
Sitting service	3,318	-	3,318
HOPE course	1,718	-	1,718
Other income	100	-	100
	<u>65,910</u>	<u>80,720</u>	<u>146,630</u>

5 Investment income

	Unrestricted funds General £	Total 2024 £
Bank interest receivable	3,776	3,776
	<u>3,776</u>	<u>3,776</u>

	Unrestricted funds General £	Total 2023 £
Bank interest receivable	658	658
	<u>658</u>	<u>658</u>

6 Expenditure on charitable activities

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Provision of services		56,171	106,323	162,494
Support costs	7	29,324	-	29,324
		<u>85,495</u>	<u>106,323</u>	<u>191,818</u>

	Note	Unrestricted funds General £	Restricted funds £	Total 2023 £
Provision of services		86,323	96,395	182,718
Support costs	7	46,691	-	46,691
		<u>133,014</u>	<u>96,395</u>	<u>229,409</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

7 Analysis of support costs

Support costs allocated to charitable activities

	Support costs £	Total 2024 £	Total 2023 £
Room hire	217	217	56
General	678	678	2,528
Phone and IT	3,520	3,520	8,971
Postage and stationary	807	807	2,478
Marketing	195	195	394
Independent examiner's fee	3,945	3,945	2,994
Finance costs	431	431	206
Salaries and wages	18,699	18,699	28,518
Staff expenses	832	832	546
	<u>29,324</u>	<u>29,324</u>	<u>46,691</u>

8 Net expenditure

Net expenditure is stated after charging/(crediting):

	2024 £	2023 £
Depreciation of fixed assets	<u>2,121</u>	<u>2,829</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Expenses reimbursed or waived by the trustees during the year totalled £Nil (2023 - £Nil).

10 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	137,393	136,868
Social security costs	15,405	20,524
Pension costs	<u>4,734</u>	<u>5,401</u>
	<u>157,532</u>	<u>162,793</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

The average number of full-time equivalent employees during the year was 6 (2023: 10).

The average head count of employees during the year was 19 (2023: 23).

No employee received employee benefits of more than £60,000 during the current or previous year.

The key management personnel are considered to be the Trustees and the General Manager. Key management personnel received benefits totalling £31,999 (2023: £30,000) during the year.

11 Independent examiner's remuneration

	2024 £	2023 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	<u>2,140</u>	<u>1,990</u>

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Tangible fixed assets

	Furniture and equipment £	Motor vehicles £	Total £
Cost			
At 1 April 2023	<u>19,813</u>	<u>4,997</u>	<u>24,810</u>
At 31 March 2024	<u>19,813</u>	<u>4,997</u>	<u>24,810</u>
Depreciation			
At 1 April 2023	12,908	3,416	16,324
Charge for the year	<u>1,726</u>	<u>395</u>	<u>2,121</u>
At 31 March 2024	<u>14,634</u>	<u>3,811</u>	<u>18,445</u>
Net book value			
At 31 March 2024	<u>5,179</u>	<u>1,186</u>	<u>6,365</u>
At 31 March 2023	<u>6,905</u>	<u>1,581</u>	<u>8,486</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

14 Debtors

	2024	2023
	£	£
Trade debtors	2,984	2,252
Prepayments and accrued income	3,034	5,359
	<u>6,018</u>	<u>7,611</u>

15 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	-	98
Other creditors	404	-
Accruals and deferred income	45,346	18,062
	<u>45,750</u>	<u>18,160</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

16 Deferred income

	2024 £	2023 £
At 1 April 2023	15,218	7,400
Amount released to income	(15,218)	(7,400)
Amount deferred in year	<u>42,500</u>	<u>15,218</u>
At 31 March 2024	<u>42,500</u>	<u>15,218</u>

Deferred income consists of grant income relating to a subsequent period.

17 Pension and other schemes

Defined contribution plans

The total cost relating to defined benefit schemes for the year recognised in profit or loss as an expense was 4,734 (2023 - £5,401).

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

18 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
General Funds	117,632	79,462	(85,495)	(1,997)	109,602
Restricted funds					
End of Life	-	13,156	(11,493)	-	1,663
Home from Hospital	13,695	23,925	(24,371)	-	13,249
Memory Services	-	9,156	(9,156)	-	-
Wellbeing Co-ordinators	-	43,220	(45,217)	1,997	-
Brighter Days	-	4,430	(4,430)	-	-
Volunteers	-	10,870	(10,870)	-	-
Transport	-	786	(786)	-	-
	<u>13,695</u>	<u>105,543</u>	<u>(106,323)</u>	<u>1,997</u>	<u>14,912</u>
Total funds	<u>131,327</u>	<u>185,005</u>	<u>(191,818)</u>	<u>-</u>	<u>124,514</u>
	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General Funds	137,878	124,364	(133,014)	(11,596)	117,632
Restricted funds					
End of Life	4,418	9,156	(15,263)	1,689	-
Home from Hospital	6,923	29,925	(23,153)	-	13,695
Memory Services	-	9,156	(17,782)	8,626	-
Wellbeing Co-ordinators	433	38,483	(40,197)	1,281	-
Restricted funds	<u>11,774</u>	<u>86,720</u>	<u>(96,395)</u>	<u>11,596</u>	<u>13,695</u>
Total funds	<u>149,652</u>	<u>211,084</u>	<u>(229,409)</u>	<u>-</u>	<u>131,327</u>

Volunteering in Health

Notes to the Financial Statements for the Year Ended 31 March 2024

End of Life

End of life funding has been provided to assist in the provision of end of life care for beneficiaries in the local community.

Home from Hospital Service

Hospital link workers visit every single patient that comes to Dawlish Hospital to support them to have a sages and timely discharge and have everything in place to reduce the risk of a return to hospital.

Memory Services

Memory services are available to individuals who are suffering from a range of conditions that impact their ability to live independently due to deterioration of their memory.

Wellbeing Co-ordinators

Wellbeing co-ordinates work with a client for around three months towards goals that will help to improve their health and wellbeing to help them live more happily and independently.

Brighter Days

A new peer support group for people who have completed the six week HOPE course. The group meet weekly providing support and friendship, along with activities and occasional days out, continuing the journey to improved health and wellbeing which started with HOPE.

19 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2024 £
Tangible fixed assets	6,365	-	6,365
Current assets	106,083	57,816	163,899
Current liabilities	(2,846)	(42,904)	(45,750)
Total net assets	109,602	14,912	124,514
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2023 £
Tangible fixed assets	8,486	-	8,486
Current assets	112,088	28,913	141,001
Current liabilities	(2,942)	(15,218)	(18,160)
Total net assets	117,632	13,695	131,327

VOLUNTEERING IN HEALTH

England & Wales - Charity number 1182615

Accounts

CHARITY REGISTRATION NUMBER: 1182615

Volunteering in Health
Unaudited Financial Statements
31 March 2023

WESTCOTTS (SW) LLP

Chartered Accountants
80 Oxford Street
Burnham-on-Sea
TA8 1EF

Volunteering in Health

Financial Statements

Year ended 31 March 2023

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Volunteering in Health

Trustees' Annual Report

Year ended 31 March 2023

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

Reference and administrative details

Registered charity name	Volunteering in Health
Charity registration number	1182615
Principal office	Coastal Information Centre Teignmouth Hospital Mill Lane Teignmouth Devon TQ14 9BQ
The trustees	A Oakley M Grossmann A Meyrick K Goodsell A Hinch L Wade D Brett R Ash A Upton (resigned 31.10.22)
Independent Examiner	David Wright Westcotts (SW) LLP 80 Oxford Street Burnham-on-Sea TA8 1EF

Volunteering in Health

Trustees' Annual Report (continued)

Year ended 31 March 2023

Structure, governance and management

Volunteering in Health is constituted as a Charitable Incorporated Organisation (CIO) and is subject to charity law. It was established by a charitable deed and registered on 25th March 2019. A charity of the same name (charity registration number 1136804) transferred its activities to the CIO on 1st April 2019. The existing Management Committee was originally set up in October 2009 under the original charity to reflect the needs of people who live in the Teignbridge areas of Dawlish, Teignmouth, Shaldon, Bishopsteignton and Chudleigh.

Volunteering In Health Management Committee

Volunteering in Health is governed by a Management Committee which meets six times a year.

Alwyn Oakley (Chair)
Manuela Grossmann (Vice Chair)
Ann Meyrick (Secretary)
Lauren Wade (Treasurer)
Ken Goodsell
Alison Hinch
Dr Dan Brett
Richard Ash
Alison Upton (resigned 31.10.22)

Manager: Julia Street

Trustees are appointed for an initial term of three years, with a maximum period of service of two further terms of three years. The process for recruiting new Trustees is based on an evaluation of the balance of diverse skills and experience needed to govern the charity.

Objectives and activities

Volunteering in Health was set up to meet its charitable objectives in the following terms:

- The relief of sickness and the preservation, protection and promotion of good health and wellbeing of the community in the general area of Teignbridge.
- The provision of advice and information services to patients, carers and families, complementing services provided by the statutory sector.

Volunteering in Health

Trustees' Annual Report (continued)

Year ended 31 March 2023

Public benefit

Volunteering in Health has been able to continue its role as an intermediary between NHS services and its patients in our community. Not only are we able to signpost and access the help needed for patients to continue their recovery, but we are often the only means clients have of returning home from Hospital. Freeing up much needed hospital beds as well as reducing the number of cases where patients need to be readmitted.

Volunteering in Health is the 'connective tissue' that fills the gaps of patient advocacy, transport, family support, information, and the pathway to new friendships that all lead to improved physical and mental health.

The Trustees have paid due regard to the guidance provided by the Charity Commission on public benefit in deciding which activities the charity should undertake.

Achievements and Performance

Volunteering in Health has continued to support lonely and isolated people in Teignmouth, Dawlish and Chudleigh, to live more safely, happily and independently, in their own homes. Problems resulting from delayed medical interventions, social isolation due to ongoing Covid restrictions, as new variants passed through the population, closing hospitals and cancelling appointments, has increased the complexity of cases referred to us for help. The team have been pushed to new limits in providing support to meet greater needs, with less resources, in an emerging cost of living crisis.

The HOPE Courses have been in great demand and consequently well attended with support from our transport services to take attendees to the courses. Additionally "Quiet Lounges", to support those experiencing excessive anxiety and leading clients on to peer to peer support groups, have been put in place. Course attendees can continue meeting and supporting each other when the structured courses have ended. This work has been extended with wellbeing calls, keeping people connected and focussed for longer.

This year we placed an emphasis on reconnecting with existing and recruiting new, volunteers. We took part in a volunteer recruitment day, attracting valuable new people to join our vital volunteer team to help the charity reach more clients. Training, upskilling and creating a professional experience for the volunteers and clients has been at the heart of this work.

Transport services have returned to former levels and the requests for short notice, longer and weekend appointments has increased. Home Help has expanded, but demand continues to grow and we are introducing enabling & PA duties to make it a more varied role to attract new staff.

Volunteering in Health

Trustees' Annual Report (continued)

Year ended 31 March 2023

Financial review

We have received a little over £75,000 in grant funding from the Wellbeing Partnership this year. This funding supports the costs of providing our core wellbeing services such as Dementia support, End of Life/Palliative Care, Hospital Discharge and 1-2-1 Wellbeing support and HOPE courses.

We also secured a number of smaller grants enabling us to run some further specific projects.

Our 'Flask for Life' project was set up to help with the ongoing cost of living challenges many people are facing at the present time. We ran a number of events in the community and gave away free thermos flasks preventing people from having to re-boil a kettle multiple times each day.

Our much needed "Quiet Lounge" anxiety support groups were also able to continue this year thanks to grants received from Devon Mental Health Alliance and the ForTeign fund.

This year our donations were more than double the year before. We have been very fortunate to receive continued support from Dawlish League of Friends with a £12,000 donation towards the cost of our Hospital Link Worker plus we also received some very generous anonymous donations of £30,000 and £18,000 respectively which have significantly helped to cover costs of our Link Worker and co-ordinating and supporting our team of volunteers.

Our Home Help Service continues to be in great demand and we have seen a 13% increase in income from this service over the last 12 months. Transport to medical appointments is also a vital service we provide for the community, although the income received is slightly less than last year. We will be increasing the suggested donations for this service from the start of June 2023.

With the restrictions of Covid hopefully behind us now, we were able to step up our fundraising activities this year. We held Table top sales, Rotary raffle tickets, Music fundraisers, Bingo nights and Life Drawing classes. We have also joined the Teignbridge Community Lottery. All the above has helped to double our fundraising total compared to the previous year.

Reserves Policy

The policy of the charity is that unrestricted funds which have not been designated for a specific purpose should be maintained at £100,000, which is equivalent to six months' running costs, plus the amount required for redundancy payments. This policy will allow the Trustees a specific time frame to find additional funding or wind up the organisation and have adequate provisions for redundancy costs and any contractual obligations.

This fund is, and will, remain invested to ensure growth.

The free reserves of the charity at the year end were £109,146, which are in-line with the policy.

Volunteering in Health

Trustees' Annual Report (continued)

Year ended 31 March 2023

Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' annual report was approved on 28/9/23..... and signed on behalf of the board of trustees by:



A Oakley

Trustee

Volunteering in Health

Independent Examiner's Report to the Trustees of Volunteering in Health

Year ended 31 March 2023

I report to the trustees on my examination of the financial statements of Volunteering In Health ('the charity') for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an Independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Wright
Independent Examiner
Westcotts (SW) LLP
Chartered Accountants
80 Oxford Street
Burnham-on-Sea
TA8 1EF

28.9.23

Volunteering in Health

Statement of Financial Activities

Year ended 31 March 2023

		Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
	Note				
Income and endowments					
Donations and legacies	4	57,796	6,000	63,796	36,923
Charitable activities	5	65,910	80,720	146,630	153,305
Investment income	6	658	-	658	664
Total income		<u>124,364</u>	<u>86,720</u>	<u>211,084</u>	<u>190,892</u>
Expenditure					
Expenditure on charitable activities	7	(133,014)	(96,395)	(229,409)	229,940
Total expenditure		<u>(133,014)</u>	<u>(96,395)</u>	<u>(229,409)</u>	<u>229,940</u>
Net expenditure		<u>(14,650)</u>	<u>(9,675)</u>	<u>(18,325)</u>	<u>(39,048)</u>
Transfers between funds		(11,596)	11,596	-	-
Net movement in funds		<u>(20,246)</u>	<u>1,921</u>	<u>(18,325)</u>	<u>-</u>
Reconciliation of funds					
Total funds brought forward	20	<u>137,878</u>	<u>11,774</u>	<u>149,652</u>	<u>188,700</u>
Total funds carried forward	20	<u>117,632</u>	<u>13,695</u>	<u>131,327</u>	<u>149,652</u>

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

Prior year fund comparatives are detailed in note 22

The notes on pages 9 to 18 form part of these financial statements.

Volunteering in Health

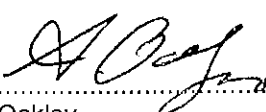
Statement of Financial Position

As at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible fixed assets	15	8,486	11,315
Current assets			
Debtors	16	7,611	8,255
Cash at bank and In hand		133,390	140,970
		<u>141,001</u>	<u>149,225</u>
Creditors: amounts falling due within one year	17	<u>(18,160)</u>	<u>(10,888)</u>
Net current assets		<u>122,841</u>	<u>138,337</u>
Total assets less current liabilities		<u>131,327</u>	<u>149,652</u>
Net assets		<u>131,327</u>	<u>149,652</u>
Funds of the charity			
Restricted funds		13,695	11,774
Unrestricted funds		117,632	137,878
Total charity funds	21	<u>131,327</u>	<u>149,652</u>

These financial statements were approved by the board of trustees and authorised for issue on

28/9/23, and are signed on behalf of the board by:


.....
A Oakley
Trustee

The notes on pages 9 to 18 form part of these financial statements.

Volunteering in Health

Notes to the Financial Statements

Year ended 31 March 2023

1. General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is Coastal Information Centre, Teignmouth Hospital, Mill Lane, Teignmouth, Devon, TQ14 9BQ, United Kingdom.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

This entity has taken advantage of the exemption not to present a statement of cash flows by way of being below the thresholds set out in the Charities SORP.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2023

3. Accounting policies (continued)

Income

All income is included in the Statement of Financial Activities when entitlement has passed to the charity; It is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- Income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2023

3. Accounting policies (continued)

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Motor vehicles	- 25% reducing balance
Equipment	- 25% reducing balance

Financial Instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	49,729	6,000	55,729
Gift aid	8,067	-	8,067
	<u>57,796</u>	<u>6,000</u>	<u>63,796</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations	31,503	-	31,503
Gift aid	5,420	-	5,420
	<u>36,923</u>	<u>-</u>	<u>36,923</u>

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2023

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Grant income	6,000	80,720	86,720
Fundraising activities	2,945	-	2,945
Transport	21,028	-	21,028
Home help	30,801	-	30,801
Sitting service	3,318	-	3,318
HOPE course	1,718	-	1,718
Other income	100	-	100
	<u>65,910</u>	<u>80,720</u>	<u>146,630</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grant income	718	98,563	99,281
Fundraising activities	1,410	-	1,410
Transport	23,511	-	23,511
Home help	25,114	-	25,114
Sitting service	1,673	-	1,673
HOPE course	-	2,293	2,293
Other Income	23	-	23
	<u>52,449</u>	<u>100,856</u>	<u>153,305</u>

6. Investment Income

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Bank interest receivable	<u>658</u>	<u>658</u>	<u>664</u>	<u>664</u>

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2023

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Provision of services	86,323	96,395	182,718
Support costs	46,691	-	46,691
	<u>133,014</u>	<u>96,395</u>	<u>229,409</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Provision of services	54,310	122,904	177,214
Support costs	52,726	-	52,726
	<u>107,036</u>	<u>122,904</u>	<u>229,940</u>

8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2023 £
Provision of services	182,718	46,691	229,409

	Activities undertaken directly £	Support costs £	Total funds 2022 £
Provision of services	177,214	52,726	229,940

9. Analysis of support costs

	Total 2023 £	Total 2022 £
Finance costs	206	71
Accountancy	2,994	2,821
Marketing	394	750
General	2,528	2,527
Phone and IT	8,971	4,540
Postage and stationery	2,478	1,449
Room hire	56	116
Salaries and wages	28,518	40,146
Staff expenses	546	306
	<u>46,691</u>	<u>52,726</u>

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2023

10. Net expenditure

Net expenditure is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation of tangible fixed assets	<u>2,829</u>	<u>3,772</u>

11. Independent examination fees

	2023	2022
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,990</u>	<u>1,990</u>

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023	2022
	£	£
Wages and salaries	136,868	183,491
Social security costs	20,524	5,943
Employer contributions to pension plans	<u>5,401</u>	<u>1,996</u>
	<u>162,793</u>	<u>191,430</u>

The average number of full-time equivalent employees during the year was 10 (2022: 9).

The average head count of employees during the year was 23 (2022: 23).

No employee received employee benefits of more than £60,000 during the current or previous year.

The key management personnel are considered to be the Trustees and the General Manager. Key management personnel received benefits totalling £30,000 (2022: £19,635) during the year.

13. Trustee remuneration and expenses

No remuneration or benefits from employment with the charity or a related entity were received by the Trustees during the year to 31 March 2023 (2022: £nil).

14. Government support

In the previous year the charity was the recipient of economic benefits as a result of participating in the UK Government's Coronavirus Job Retention Scheme. The total funds recognised on an accruals basis from the UK Government during the year was £nil (2022: £27). This income has been included within grant income within income from charitable activities.

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2023

15. Tangible fixed assets

	Motor vehicles £	Equipment £	Total £
Cost			
At 1 April 2022 and 31 March 2023	<u>4,997</u>	<u>19,813</u>	<u>24,810</u>
Depreciation			
At 1 April 2022	2,889	10,606	13,495
Charge for the year	<u>527</u>	<u>2,302</u>	<u>2,829</u>
At 31 March 2023	<u>3,416</u>	<u>12,908</u>	<u>16,324</u>
Carrying amount			
At 31 March 2023	<u>1,581</u>	<u>6,905</u>	<u>8,486</u>
At 31 March 2022	<u>2,108</u>	<u>9,207</u>	<u>11,315</u>

16. Debtors

	2023 £	2022 £
Trade debtors	2,252	2,352
Prepayments and accrued income	<u>5,359</u>	<u>5,903</u>
	<u>7,611</u>	<u>8,255</u>

17. Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	98	-
Accruals and deferred income	<u>18,062</u>	<u>10,888</u>
	<u>18,160</u>	<u>10,888</u>

18. Deferred income

	2023 £	2022 £
At 1 April 2022	7,400	20,888
Amount released to income	(7,400)	(20,888)
Amount deferred in year	<u>15,218</u>	<u>7,400</u>
At 31 March 2023	<u>15,218</u>	<u>7,400</u>

Deferred income consists of grant income relating to a subsequent period.

19. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £5,401 (2022: £1,996).

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2023

20. Analysis of charitable funds

Unrestricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	137,878	124,364	(133,014)	(11,596)	117,632
	<u>137,878</u>	<u>124,364</u>	<u>(133,014)</u>	<u>(11,596)</u>	<u>117,632</u>

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
General funds	154,878	90,036	(107,036)	-	137,878
	<u>154,878</u>	<u>90,036</u>	<u>(107,036)</u>	<u>-</u>	<u>137,878</u>

Restricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
End of Life	4,418	9,156	(15,263)	1,689	-
Home from Hospital	6,923	29,925	(23,153)	-	13,695
Memory Services	-	9,156	(17,782)	8,626	-
Wellbeing Co-ordinators	433	38,483	(40,197)	1,281	-
	<u>11,774</u>	<u>86,720</u>	<u>(96,395)</u>	<u>11,596</u>	<u>13,695</u>

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
End of Life	13,461	8,800	(17,843)	-	4,418
Home from Hospital	7,534	19,650	(20,261)	-	6,923
Memory Services	9,308	14,697	(24,005)	-	-
Wellbeing Co-ordinators	2,823	33,851	(36,241)	-	433
Wholelife	-	5,000	(5,000)	-	-
High Intensity Users	696	18,858	(19,554)	-	-
	<u>33,822</u>	<u>100,856</u>	<u>(122,904)</u>	<u>-</u>	<u>11,774</u>

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2023

20. Analysis of charitable funds *(continued)*

End of Life

End of life funding has been provided to assist in the provision of end of life care for beneficiaries in the local community.

Home from Hospital Service

Hospital link workers visit every single patient that comes to Dawlish Hospital to support them to have a safe and timely discharge and have everything in place to reduce the risk of a return to hospital.

High Intensity Users

We are working closely with the statutory sector to identify people who have had more than 5 Emergency Department admissions in the previous year, including one in the past month. These people have likely had various statutory services in place which, for a variety of reasons, aren't working for them, so we in the voluntary sector are there to offer a different, more holistic, approach to try to engage with these people and understand the causes of their hospital admissions.

Memory Services

Memory services are available to individuals who are suffering from a range of conditions that impact their ability to live independently due to deterioration of their memory.

Wellbeing Co-ordinators

Wellbeing co-ordinators work with a client for around three months towards goals that will help to improve their health and wellbeing to help them live more happily and independently.

Wholelife

Wholelife focuses on preventative measures to improve our clients' health and wellbeing, such as diet and exercise.

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2023

21. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	8,486	-	8,486
Current assets	112,088	28,913	141,001
Creditors less than 1 year	(2,942)	(15,218)	(18,160)
Net assets	117,632	13,695	131,327

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	11,315	-	11,315
Current assets	130,051	19,174	149,225
Creditors less than 1 year	(3,488)	(7,400)	(10,888)
Net assets	137,878	11,774	149,652

22. Prior year fund comparatives

	Unrestricted funds £	Restricted funds £	2022 Total funds £
Income and endowments			
Donations and legacies	36,923	-	36,923
Charitable activities	52,449	100,856	153,305
Investment income	664	-	664
Total income	90,036	100,856	190,892
Expenditure			
Expenditure on charitable activities	107,036	122,904	229,940
Total expenditure	107,036	122,904	229,940
Net expenditure and net movement in funds	(17,000)	(22,048)	(39,048)
Reconciliation of funds			
Total funds brought forward	154,878	33,822	188,700
Total funds carried forward	137,878	11,774	149,652

VOLUNTEERING IN HEALTH

England & Wales - Charity number 1182615

Accounts

CHARITY REGISTRATION NUMBER: 1182815

Volunteering in Health
Unaudited Financial Statements
31 March 2022

WESTCOTTS
Chartered accountants
26-28 Southernhay East
Exeter
EX1 1NS

Volunteering In Health

Financial Statements

Year ended 31 March 2022

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Volunteering in Health

Trustees' Annual Report

Year ended 31 March 2022

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Reference and administrative details

Registered charity name	Volunteering in Health
Charity registration number	1182615
Principal office	Coastal Information Centre Teignmouth Hospital Mill Lane Teignmouth Devon TQ14 9BQ United Kingdom

The trustees

A Oakley
M Grossmann
A Meyrick
K Goodsell
A Hinch
A Upton
L Wade
D Brett
R Ash

Independent examiner

David Wright
Westcotts
Chartered accountants
26-28 Southernhay East
Exeter
EX1 1NS

Volunteering In Health

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Structure, governance and management

Volunteering In Health is constituted as a Charitable Incorporated Organisation (CIO) and is subject to charity law. It was established by a charitable deed and registered on 25th March 2019. A charity of the same name (charity registration number 1136804) transferred its activities to the CIO on 1st April 2019. The existing Management Committee was originally set up in October 2009 under the original charity to reflect the needs of people who live in the Teignbridge areas of Dawlish, Teignmouth, Shaldon, Bishopstolington and Chudleigh.

Volunteering In Health Management Committee

Volunteering In Health is governed by a Management Committee which meets six times a year.

Alwyn Oakley	(Chair)
Manuela Grossmann	(Vice Chair)
Ann Meyrick	(Secretary)
Lauren Wade	(Treasurer)
Ken Goodsell	
Allison Hinch	
Alison Upton	
Dr Dan Brett	
Richard Ash	

Manager: Chloe Myers (resigned 31.12.21) was replaced by Julia Street with effect from 28.03.22.

Trustees are appointed for an initial term of three years, with a maximum period of service of two further terms of three years. The process for recruiting new Trustees is based on an evaluation of the balance of diverse skills and experience needed to govern the charity.

Objectives and activities

Volunteering In Health was set up to meet its charitable objectives in the following terms:

- The relief of sickness and the preservation, protection and promotion of good health and wellbeing of the community in the general area of Teignbridge.
- The provision of advice and information services to patients, carers and families, complementing services provided by the statutory sector.

Public benefit

Volunteering In Health has been able to continue its role as an intermediary between NHS services and its patients in our community. Not only are we able to signpost and access the help needed for patients to continue their recovery, but we are often the only means clients have of returning home from Hospital. Freeing up much needed hospital beds as well as reducing the number of cases where patients need to be readmitted.

Volunteering In Health is the 'connective tissue' that fills the gaps of patient advocacy, transport, family support, information, and the pathway to new friendships that all lead to improved physical and mental health.

The Trustees have paid due regard to the guidance provided by The Charity Commission on public benefit in deciding what activities the charity should undertake.

Achievements and performance

Volunteering In Health has continued to support lonely and isolated people in Teignmouth, Dawlish and Chudleigh to live more safely, happily and independently in their own homes. Many of our clients have experienced heightened anxiety, loneliness, isolation and lack of control as a result of the pandemic and our team continue to provide a range of different levels of support which can be personalized to each client's individual needs.

Volunteering in Health

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

The HOPE Course was greatly missed throughout lockdown and we were delighted to be able to start running face to face courses again in May 2021. Courses are now being scheduled bi-monthly.

This year we took part in a High Intensity Users project identifying people who were frequently being admitted into hospital through the Emergency Department. We worked with those people to identify any non-medical reasons they might be going into hospital such as stress, housing, family breakdown, so that we could support them to improve their health and wellbeing.

For much of last year, our Transport and Home Help services were unable to run, but as life has slowly begun to return to normal we are pleased to see the demand for them returning again.

The Queen's Award for Voluntary Service

In November 2021, Volunteering in Health was honoured to receive The Queen's Award for Voluntary Service: the highest award a voluntary group can receive in the UK. Since 2009, Volunteering in Health has worked closely with the local statutory sector to support people to live more happily and independently, empowering people to make long term changes to improve their health and wellbeing. The Queen's Award for Voluntary Service aims to recognise outstanding work by volunteer groups to benefit their local communities.

Financial review

Our Wellbeing team continue to be primarily funded by Teignbridge CVS through the Wellbeing Partnership (WBP). 85% of our grant funding was received through the WBP. Dawlish League of Friends also continue to support Volunteering in Health with funding towards our Hospital Discharge Link Worker at Dawlish Hospital.

We received a £1,000 grant this year from Teignbridge CVS as well which enabled us to provide IT equipment to some of our clients help tackle isolation and loneliness.

We are also very thankful to an anonymous donor who has made significant donations which help to support services such as our Link Worker and Volunteer Co-ordination where there is no direct source of grant funding.

Our Transport and Home Help Services have still not recovered to pre-pandemic levels with income on each service being around £10k lower than before the pandemic. We will be making significant effort to promote and grow these services again over the next year.

Fundraising events were still quite limited this year. Fortunately, we were finally able to complete our Skydive in July 2021, with a team of six leaping from 15,000 feet, raising over £4,200 for Volunteering in Health (although due to the delays in actually making the jump, some of the sponsorship money was actually accounted for in previous financial years). We also arranged a Life Drawing class which raised an additional £225.

Our general running costs and overheads are very similar to last year. Our Expenditure has exceeded our income this year, however we have sufficient funds and continued support to confidently move into the next year.

Reserves Policy

The policy of the charity is that unrestricted funds which have not been designated for a specific purpose should be maintained at £100,000, which is equivalent to six months' running costs, plus the amount required for redundancy payments. This policy will allow the Trustees a specific time frame to find additional funding or wind up the organisation and have adequate provisions for redundancy costs and any contractual obligations. This fund is, and will, remain invested to ensure growth.

Volunteering in Health

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' annual report was approved on 22/9/22 and signed on behalf of the board of trustees by:

A Oakley
Trustee



Volunteering in Health

Independent Examiner's Report to the Trustees of Volunteering In Health

Year ended 31 March 2022

I report to the trustees on my examination of the financial statements of Volunteering In Health ('the charity') for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an Independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Wright
Independent Examiner
Westcotts
Chartered Accountants

26-28 Southernhay East
Exeter
EX1 1NS

22.9.22

Volunteering in Health

Statement of Financial Activities

Year ended 31 March 2022

		Unrestricted funds	2022 Restricted funds	Total funds	2021 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	4	36,923	—	36,923	36,402
Charitable activities	5	52,449	100,856	153,305	133,618
Investment income	6	664	—	664	1,438
Total income		<u>90,036</u>	<u>100,856</u>	<u>190,892</u>	<u>171,458</u>
Expenditure					
Expenditure on charitable activities	7,8	<u>107,036</u>	<u>122,904</u>	<u>229,940</u>	<u>185,300</u>
Total expenditure		<u>107,036</u>	<u>122,904</u>	<u>229,940</u>	<u>185,300</u>
Net expenditure and net movement in funds		<u>(17,000)</u>	<u>(22,048)</u>	<u>(39,048)</u>	<u>(13,842)</u>
Reconciliation of funds					
Total funds brought forward		154,878	33,822	188,700	202,542
Total funds carried forward		<u>137,878</u>	<u>11,774</u>	<u>149,652</u>	<u>188,700</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 8 to 17 form part of these financial statements.

Volunteering in Health

Statement of Financial Position

31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible fixed assets	15	11,315	15,087
Current assets			
Debtors	16	8,255	5,837
Cash at bank and in hand		140,970	192,042
		149,225	197,879
Creditors: amounts falling due within one year	17	10,888	24,266
Net current assets		138,337	173,613
Total assets less current liabilities		149,652	188,700
Net assets		149,652	188,700
Funds of the charity			
Restricted funds		11,774	33,822
Unrestricted funds		137,878	154,878
Total charity funds	20	149,652	188,700

These financial statements were approved by the board of trustees and authorised for issue on

22/9/22, and are signed on behalf of the board by:

A Oakley
Trustee



The notes on pages 8 to 17 form part of these financial statements.

Volunteering In Health

Notes to the Financial Statements

Year ended 31 March 2022

1. General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is Coastal Information Centre, Teignmouth Hospital, Mill Lane, Teignmouth, Devon, TQ14 9BQ, United Kingdom.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

This entity has taken advantage of the exemption not to present a statement of cash flows by way of being below the thresholds set out in the Charities SORP.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2022

3. Accounting policies (continued)

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Motor vehicles	- 25% reducing balance
Equipment	- 25% reducing balance

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations	31,503	—	31,503
Gift aid	5,420	—	5,420
	<u>36,923</u>	<u>—</u>	<u>36,923</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	28,050	—	28,050
Gift aid	10,352	—	10,352
	<u>36,402</u>	<u>—</u>	<u>36,402</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grant Income	718	98,563	99,281
Fundraising activities	1,410	—	1,410
Transport	23,511	—	23,511
Home help	25,114	—	25,114
Memory services	—	—	—
Sitting service	1,673	—	1,673
HOPE course	—	2,293	2,293
Other Income	23	—	23
	<u>52,449</u>	<u>100,856</u>	<u>153,305</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Grant Income	21,814	89,348	111,162
Fundraising activities	405	—	405
Transport	10,701	—	10,701
Home help	10,747	—	10,747
Memory services	—	60	60
Sitting service	493	—	493
HOPE course	—	—	—
Other Income	50	—	50
	<u>44,210</u>	<u>89,408</u>	<u>133,618</u>

6. Investment income

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Bank interest receivable	<u>664</u>	<u>664</u>	<u>1,438</u>	<u>1,438</u>

Volunteering In Health

Notes to the Financial Statements (continued)

Year ended 31 March 2022

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Provision of services	54,310	122,904	177,214
Support costs	52,726	—	52,726
	<u>107,036</u>	<u>122,904</u>	<u>229,940</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Provision of services	42,091	84,983	127,074
Support costs	58,226	—	58,226
	<u>100,317</u>	<u>84,983</u>	<u>185,300</u>

8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2022 £	Total fund 2021 £
Provision of services	<u>177,214</u>	<u>52,726</u>	<u>229,940</u>	<u>185,300</u>

9. Analysis of support costs

	Provision of services £	Total 2022 £	Total 2021 £
Finance costs	71	71	—
Accountancy	2,821	2,821	3,006
Marketing	750	750	—
General	2,527	2,527	2,233
Phone and IT	4,540	4,540	3,531
Postage and stationery	1,449	1,449	682
Room hire	116	116	57
Salaries and wages	40,146	40,146	48,245
Staff expenses	306	306	472
	<u>52,726</u>	<u>52,726</u>	<u>58,226</u>

10. Net expenditure

Net expenditure is stated after charging/(crediting):

	2022 £	2021 £
Depreciation of tangible fixed assets	<u>3,772</u>	<u>4,460</u>

Volunteering in Health

Notes to the Financial Statements (continued)

Year ended 31 March 2022

11. Independent examination fees

	2022 £	2021 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,990</u>	<u>1,900</u>

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022 £	2021 £
Wages and salaries	183,491	155,264
Social security costs	6,843	3,991
Employer contributions to pension plans	<u>1,996</u>	<u>1,360</u>
	<u>191,430</u>	<u>154,675</u>

The average head count of full-time equivalent employees during the year was 9 (2021: 8).

The average head count of employees during the year was 23 (2021: 23).

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

13. Trustee remuneration and expenses

No remuneration or benefits from employment with the charity or a related entity were received by the Trustees during the year to 31 March 2022 (2021: £nil).

14. Government support

During the year the charity was the recipient of economic benefits as a result of participating in the UK Government's Coronavirus Job Retention Scheme. The total funds recognised on an accruals basis from the UK Government during the year was £27 (2021: £19,314). This income has been included within grant income within income from charitable activities.

15. Tangible fixed assets

	Motor vehicles £	Equipment £	Total £
Cost			
At 1 April 2021 and 31 March 2022	<u>4,997</u>	<u>19,813</u>	<u>24,810</u>
Depreciation			
At 1 April 2021	2,186	7,537	9,723
Charge for the year	<u>703</u>	<u>3,069</u>	<u>3,772</u>
At 31 March 2022	<u>2,889</u>	<u>10,606</u>	<u>13,495</u>
Carrying amount			
At 31 March 2022	<u>2,108</u>	<u>9,207</u>	<u>11,315</u>
At 31 March 2021	<u>2,811</u>	<u>12,276</u>	<u>15,087</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

16. Debtors

	2022	2021
	£	£
Trade debtors	2,352	2,535
Prepayments and accrued income	5,903	3,302
	<u>8,255</u>	<u>5,837</u>

17. Creditors: amounts falling due within one year

	2022	2021
	£	£
Trade creditors	—	17
Accruals and deferred income	10,888	24,249
	<u>10,888</u>	<u>24,266</u>

18. Deferred income

	2022	2021
	£	£
At 1 April 2021-	20,888	4,800
Amount released to income	(20,888)	(4,800)
Amount deferred in year	7,400	20,888
At 31 March 2022	<u>7,400</u>	<u>20,888</u>

Deferred income consists of grant income relating to subsequent period.

19. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £1,996 (2021: £1,360).

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

20. Analysis of charitable funds

Unrestricted funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
General funds	154,878	90,036	(107,036)	—	137,878
Designated Funds	—	—	—	—	—
	<u>154,878</u>	<u>90,036</u>	<u>(107,036)</u>	<u>—</u>	<u>137,878</u>

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
General funds	173,139	82,050	(100,317)	6	154,878
Designated Funds	6	—	—	(6)	—
	<u>173,145</u>	<u>82,050</u>	<u>(100,317)</u>	<u>—</u>	<u>154,878</u>

Restricted funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
End of Life	13,461	8,800	(17,843)	—	4,418
Home from Hospital	7,534	19,650	(20,261)	—	6,923
Link Worker	—	—	—	—	—
Memory Services	9,308	14,697	(24,005)	—	—
Wellbeing Co-ordinators	2,823	33,851	(36,241)	—	433
Wholelife	—	5,000	(5,000)	—	—
High Intensity Users	696	18,858	(19,554)	—	—
	<u>33,822</u>	<u>100,856</u>	<u>(122,904)</u>	<u>—</u>	<u>11,774</u>

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
End of Life	10,704	8,799	(6,042)	—	13,461
Home from Hospital	3,687	20,450	(16,603)	—	7,534
Link Worker	2,142	—	(2,142)	—	—
Memory Services	6,935	17,757	(15,384)	—	9,308
Wellbeing Co-ordinators	5,552	33,458	(36,187)	—	2,823
Wholelife	377	4,000	(4,377)	—	—
High Intensity Users	—	4,944	(4,248)	—	696
	<u>29,397</u>	<u>89,408</u>	<u>(84,983)</u>	<u>—</u>	<u>33,822</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

20. Analysis of charitable funds *(continued)*

End of Life

End of life funding has been provided to assist in the provision of end of life care for beneficiaries in the local community.

Home from Hospital Service

Hospital link workers visit every single patient that comes to Dawlish Hospital to support them to have a safe and timely discharge and have everything in place to reduce the risk of a return to hospital.

High Intensity Users

We are working closely with the statutory sector to identify people who have had more than 5 Emergency Department admissions in the previous year, including one in the past month. These people have likely had various statutory services in place which, for a variety of reasons, aren't working for them, so we in the voluntary sector are there to offer a different, more holistic, approach to try to engage with these people and understand the causes of their hospital admissions.

Link Worker

This funding is provided to assist the charity with providing outreach schemes to tackle issues of loneliness and isolation of beneficiaries in the local community.

Memory Services

Memory services are available to individuals who are suffering from a range of conditions that impact their ability to live independently due to deterioration of their memory.

Wellbeing Co-ordinators

Wellbeing co-ordinators work with a client for around three months towards goals that will help to improve their health and wellbeing to help them live more happily and independently.

Wholelife

Wholelife focuses on preventative measures to improve our clients' health and wellbeing, such as diet and exercise.

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

21. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	11,315	—	11,315
Current assets	130,051	19,174	149,225
Creditors less than 1 year	(3,488)	(7,400)	(10,888)
Net assets	137,878	11,774	149,652

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	15,087	—	15,087
Current assets	143,169	54,710	197,879
Creditors less than 1 year	(3,378)	(20,888)	(24,266)
Net assets	154,878	33,822	188,700

VOLUNTEERING IN HEALTH

England & Wales - Charity number 1182615

Accounts

CHARITY REGISTRATION NUMBER: 1182615

Volunteering in Health
Unaudited Financial Statements
31 March 2021

THOMAS WESTCOTT
Chartered accountants
26-28 Southernhay East
Exeter
EX1 1NS

Volunteering in Health

Financial Statements

Year ended 31 March 2021

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Statement of financial position	7
Notes to the financial statements	8

Volunteering in Health

Trustees' Annual Report

Year ended 31 March 2021

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2021.

Reference and administrative details

Registered charity name Volunteering in Health
Charity registration number 1182615
Principal office Coastal Information Centre
Teignmouth Hospital
Mill Lane
Teignmouth
Devon
TQ14 9BQ
United Kingdom

The trustees

A Meyrick
K Goodsell
A Davies (Chair to 6 August 2020)
M Grossmann (Resigned 8 July 2020)
J Falcao
A Upton
A Hinch
A Oakley
D Brett (Appointed 17 September 2020)
L Wade (Appointed 17 September 2020)
R Ash (Appointed 4 February 2021)

Accountants

Thomas Westcott
Chartered accountants
26-28 Southernhay East
Exeter
EX1 1NS

Volunteering in Health

Trustees' Annual Report *(continued)*

Year ended 31 March 2021

Structure, governance and management

Volunteering in Health is constituted as a Charitable Incorporated Organisation (CIO) and is subject to charity law. It was established by a charitable deed and registered on 25th March 2019. A charity of the same name (charity registration number 1136804) transferred its activities to the CIO on 1st April 2019. The existing Management Committee was originally set up in October 2009 under the original charity to reflect the needs of people who live in the Teignbridge areas of Dawlish, Teignmouth, Shaldon, Bishopsteignton and Chudleigh.

Volunteering in Health Management Committee

Volunteering in Health is governed by a Management Committee which meets six times a year.

Andy Davies (Chair to 6 Aug 2020)
Manuela Grossmann (Vice Chair and Acting Chair 6 Aug to 16 Sept 2020)
Alwyn Oakley (Chair from 17 Sept 2020)
Ann Meyrick (Secretary)
Lauren Wade (Treasurer from 17 Sept 2020)
Ken Goodsell
Alison Hinch
Alison Upton
Dr Dan Brett
Richard Ash
Manager: Chloe Myers

Trustees are appointed for an initial term of three years, with a maximum period of service of two further terms of three years. The process for recruiting new Trustees is based on an evaluation of the balance of diverse skills and experience needed to govern the charity.

Objectives and activities

Volunteering in Health was set up to meet its charitable objectives in the following terms:- The relief of sickness and the preservation, protection and promotion of good health and wellbeing of the community in the general area of Teignbridge. - The provision of advice and information services to patients, carers and families, complementing services provided by the statutory sector.

Achievements and performance

Volunteering in Health was able to continue with most of its services throughout the pandemic, continuing to provide 1:1 support to more people than ever via telephone, Facetime, Zoom, and socially distanced walks and garden visits. The Transport and Home Help Services were suspended for around six months of the year, with staff furloughed. The Transport Service played a vital role in supporting people to get to their vaccine appointments, and this gave the service a boost as it returned. The HOPE course has been missed greatly and we are looking forward to its return in Summer 2021.

Particularly in the first lockdown, we had a huge influx of 47 new volunteers wanting to support lonely people in our community. We made 82 new volunteer matches in that same period. Many of these matches would have been existing volunteers (such as volunteer drivers who were unable to perform their usual role) who then became telephone befrienders. The pandemic also helped the staff team to bond and support each other. Most hadn't considered working from home before but have now found ways to make it productive so that we return to normality with new learning and new approaches to our work.

Volunteering in Health

Trustees' Annual Report *(continued)*

Year ended 31 March 2021

Financial review

Over the last year under lockdown many people have lost jobs, and many businesses have had to close down completely. At Volunteering in Health, we have been incredibly fortunate to survive this year with no casualties and in fact are starting 21-22 financial year in much the same place that we were this time last year.

The regular funding we receive for our Wellbeing Services was fortunately not impacted by the coronavirus situation. We received just over £105,000 this year which is only £3,000 less than last year. 79% of our grants were received through The Wellbeing Partnership.

Grants received this year have also included funding for our two new initiatives; Wholelife and High Intensity Users. Both of these projects commenced part way through this year and will continue on into the next financial year. As a result of this, a proportion of the income received in year for these services is being deferred to FY21/22 to continue funding these services into next year.

We have mostly felt the impact of the pandemic in the reduction in income from our Transport and Home Help services which were suspended from April to Sept 2020. Income from both of these services was about one third of the income compared to last year. All staff associated with these services were placed on temporary furlough. Fortunately, whilst these services were suspended, the main expenditure incurred was on staff costs and we were able to reclaim the majority of furlough costs through the HMRC Job Retention Scheme.

Fundraising has been almost impossible this year. We were able to organise a couple of 'virtual' events which raised about £400 but this is significantly less than the £7000 we raised last year. General donations from the public are also down this year, however we have still received £20,000 (+ gift aid) from continued support from an anonymous donor.

We have incurred some additional costs this year as a result of coronavirus in that we have needed to purchase PPE for our volunteer drivers and Home Help staff. We also needed to purchase several new laptops and phones to enable our core team of staff to be able to work from home. Other than this, our general running costs are very similar to last year. We have continued to take a cross charge from all income received to go towards the core costs and overheads of running the charity. Wellbeing income contribution was retained at 20%, however due to the effect of coronavirus, we took reduced contribution of 10% from Transport and Home Help income.

At year end, we have funds of £191,899 in the bank which is an overall increase of just under £3,000 on last year's final end of year balance.

Reserves Policy

The policy of the charity is that unrestricted funds which have not been designated for a specific purpose should be maintained at a level which is equivalent to six months' running costs, plus the amount required for redundancy payments. Following a review in October 2020, the level of unrestricted reserves was increased from £75,000 and is now set at a figure of £100,000.

This policy will allow the Trustees a specific time frame to find additional funding or wind up the organization and have adequate provisions for redundancy costs and any contractual obligations. This fund is, and will, remain invested to ensure growth.

Volunteering in Health

Trustees' Annual Report *(continued)*

Year ended 31 March 2021

Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' annual report was approved on 23:9:21 and signed on behalf of the board of trustees by:

A Oakley
Trustee



Volunteering in Health

Independent Examiner's Report to the Trustees of Volunteering in Health

Year ended 31 March 2021

I report to the trustees on my examination of the financial statements of Volunteering in Health ('the charity') for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Shona Godefroy FCCA
Independent Examiner

26-28 Southernhay East
Exeter
EX1 1NS

19 October 2021

Volunteering in Health

Statement of Financial Activities

Year ended 31 March 2021

		Unrestricted funds £	2021 Restricted funds £	Total funds £	2020 Total funds £
	Note				
Income and endowments					
Donations and legacies	4	36,402	–	36,402	34,896
Charitable activities	5	44,210	89,408	133,618	196,084
Investment income	6	1,438	–	1,438	1,698
Other income	7	–	–	–	174,722
Total income		<u>82,050</u>	<u>89,408</u>	<u>171,458</u>	<u>407,400</u>
Expenditure					
Expenditure on charitable activities	8,9	<u>100,317</u>	<u>84,983</u>	<u>185,300</u>	<u>204,858</u>
Total expenditure		<u>100,317</u>	<u>84,983</u>	<u>185,300</u>	<u>204,858</u>
Net (expenditure)/income and net movement in funds		<u>(18,267)</u>	<u>4,425</u>	<u>(13,842)</u>	<u>202,542</u>
Reconciliation of funds					
Total funds brought forward		173,145	29,397	202,542	–
Total funds carried forward		<u>154,878</u>	<u>33,822</u>	<u>188,700</u>	<u>202,542</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 8 to 18 form part of these financial statements.

Volunteering in Health
Statement of Financial Position
31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible fixed assets	16	15,087	15,792
Current assets			
Debtors	17	5,837	6,132
Cash at bank and in hand		192,042	189,204
		197,879	195,336
Creditors: amounts falling due within one year	18	24,266	8,586
Net current assets		173,613	186,750
Total assets less current liabilities		188,700	202,542
Net assets		188,700	202,542
Funds of the charity			
Restricted funds		33,822	29,397
Unrestricted funds		154,878	173,145
Total charity funds	21	188,700	202,542

These financial statements were approved by the board of trustees and authorised for issue on 23.9.21, and are signed on behalf of the board by:

A Oakley
Trustee



Volunteering in Health

Notes to the Financial Statements

Year ended 31 March 2021

1. General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is Coastal Information Centre, Teignmouth Hospital, Mill Lane, Teignmouth, Devon, TQ14 9BQ, United Kingdom.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

This entity has taken advantage of the exemption not to present a statement of cash flows by way of being below the thresholds set out in the Charities SORP.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Motor vehicles	- 25% reducing balance
Equipment	- 25% reducing balance

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	26,050	—	26,050
Gift aid	10,352	—	10,352
	<u>36,402</u>	<u>—</u>	<u>36,402</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

4. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Donations			
Donations	19,236	12,603	31,839
Gift aid	3,057	—	3,057
	<u>22,293</u>	<u>12,603</u>	<u>34,896</u>

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Grant income	21,814	89,348	111,162
Fundraising activities	405	—	405
Transport	10,701	—	10,701
Home help	10,747	—	10,747
Memory services	—	60	60
Sitting service	493	—	493
HOPE course	—	—	—
Other income	50	—	50
	<u>44,210</u>	<u>89,408</u>	<u>133,618</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Grant income	7,300	113,672	120,972
Fundraising activities	7,255	—	7,255
Transport	33,388	—	33,388
Home help	31,534	—	31,534
Memory services	(280)	—	(280)
Sitting service	2,333	—	2,333
HOPE course	—	726	726
Other income	87	69	156
	<u>81,617</u>	<u>114,467</u>	<u>196,084</u>

6. Investment Income

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Bank interest receivable	<u>1,438</u>	<u>1,438</u>	<u>1,698</u>	<u>1,698</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

7. Other Income

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Transfer from Volunteering in Health	—	—	174,722	174,722

8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Provision of services	42,091	84,983	127,074
Support costs	58,226	—	58,226
	<u>100,317</u>	<u>84,983</u>	<u>185,300</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Provision of services	52,707	97,673	150,381
Support costs	54,478	—	54,477
	<u>107,185</u>	<u>97,673</u>	<u>204,858</u>

9. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2021 £	Total fund 2020 £
Provision of services	<u>127,074</u>	<u>58,226</u>	<u>185,300</u>	<u>204,858</u>

10. Analysis of support costs

	Provision of services £	Total 2021 £	Total 2020 £
Accountancy	3,006	3,006	3,408
Marketing	—	—	2,557
General	2,233	2,233	715
Phone and IT	3,531	3,531	2,784
Postage and stationery	682	682	994
Room hire	57	57	442
Salaries and wages	48,245	48,245	43,336
Staff expenses	472	472	241
	<u>58,226</u>	<u>58,226</u>	<u>54,477</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

11. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation of tangible fixed assets	<u>4,460</u>	<u>5,263</u>

12. Independent examination fees

	2021	2020
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,900</u>	<u>1,900</u>

13. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2021	2020
	£	£
Wages and salaries	155,264	151,174
Social security costs	3,991	2,630
Employer contributions to pension plans	<u>1,360</u>	<u>871</u>
	<u>160,615</u>	<u>154,675</u>

The average head count of full-time equivalent employees during the year was 8 (2020: 8).

The average head count of employees during the year was 23 (2020: 23).

No employee received employee benefits of more than £60,000 during the year (2020: Nil).

14. Trustee remuneration and expenses

No remuneration or benefits from employment with the charity or a related entity were received by the Trustees during the year to 31 March 2021.

15. Government support

During the year the charity was the recipient of economic benefits as a result of participating in the UK Government's Coronavirus Job Retention Scheme. The total funds recognised on an accruals basis from the UK Government during the year was £19,314. This income has been included within grant income within income from charitable activities.

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

16. Tangible fixed assets

	Motor vehicles £	Equipment £	Total £
Cost			
At 1 April 2020	4,997	16,058	21,055
Additions	—	3,755	3,755
At 31 March 2021	<u>4,997</u>	<u>19,813</u>	<u>24,810</u>
Depreciation			
At 1 April 2020	1,249	4,014	5,263
Charge for the year	937	3,523	4,460
At 31 March 2021	<u>2,186</u>	<u>7,537</u>	<u>9,723</u>
Carrying amount			
At 31 March 2021	<u>2,811</u>	<u>12,276</u>	<u>15,087</u>
At 31 March 2020	<u>3,748</u>	<u>12,044</u>	<u>15,792</u>

17. Debtors

	2021 £	2020 £
Trade debtors	2,535	875
Prepayments and accrued income	3,302	5,257
	<u>5,837</u>	<u>6,132</u>

18. Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	17	416
Accruals and deferred income	24,249	7,263
Social security and other taxes	—	907
	<u>24,266</u>	<u>8,586</u>

19. Deferred income

	2021 £	2020 £
At 1 April 2020	4,800	—
Amount released to income	(4,800)	—
Amount deferred in year	20,888	4,800
At 31 March 2021	<u>20,888</u>	<u>4,800</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

20. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £1,360 (2020: £871).

21. Analysis of charitable funds

Unrestricted funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
General funds	173,139	82,050	(100,317)	6	154,878
Designated Funds	6	—	—	(6)	—
	<u>173,145</u>	<u>82,050</u>	<u>(100,317)</u>	<u>—</u>	<u>154,878</u>

	At 1 April 2019 £	Income £	Expenditure £	Transfers £	At 31 March 2020 £
General funds	—	280,330	(106,191)	—	174,139
Designated Funds	—	—	(994)	—	(994)
	<u>—</u>	<u>280,330</u>	<u>(107,185)</u>	<u>—</u>	<u>173,145</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

21. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
End of Life	10,704	8,799	(6,042)	—	13,461
Home from Hospital	3,687	20,450	(16,603)	—	7,534
Link Worker	2,142	—	(2,142)	—	—
Memory Services	6,935	17,757	(15,384)	—	9,308
Wellbeing Co-ordinators	5,552	33,458	(36,187)	—	2,823
Wholelife	377	4,000	(4,377)	—	—
High Intensity Users	—	4,944	(4,248)	—	696
	<u>29,397</u>	<u>89,408</u>	<u>(84,983)</u>	<u>—</u>	<u>33,822</u>

	At 1 April 2019	Income	Expenditure	Transfers	At 31 March 2020
	£	£	£	£	£
End of Life	—	22,697	(11,993)	—	10,704
Home from Hospital	—	22,288	(18,601)	—	3,687
Link Worker	—	14,273	(12,131)	—	2,142
Memory Services	—	25,189	(18,254)	—	6,935
Wellbeing Co-ordinators	—	41,923	(36,371)	—	5,552
Wholelife	—	700	(323)	—	377
High Intensity Users	—	—	—	—	—
	<u>—</u>	<u>127,070</u>	<u>(97,673)</u>	<u>—</u>	<u>29,397</u>

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

21. Analysis of charitable funds *(continued)*

Designated Funds

The designated funds relate to monies raised from the Trim Teign group and was designated at the start of 19/20 to cover the costs of running the post-HOPE groups. £1,000 had been transferred from unrestricted funds to designate during the prior year.

End of Life

End of life funding has been provided to assist in the provision of end of life care for beneficiaries in the local community.

Home from Hospital Service

Hospital link workers visit every single patient that comes to Dawlish Hospital to support them to have a sages and timely discharge and have everything in place to reduce the risk of a return to hospital.

High Intensity Users

We are working closely with the statutory sector to identify people who have had more than 5 Emergency Department admissions in the previous year, including one in the past month. These people have likely had various statutory services in place which, for a variety of reasons, aren't working for them, so we in the voluntary sector are there to offer a different, more holistic, approach to try to engage with these people and understand the causes of their hospital admissions.

Link Worker

This funding is provided to assist the charity with providing outreach schemes to tackle issues of loneliness and isolation of beneficiaries in the local community.

Memory Services

Memory services are available to individuals who are suffering from a range of conditions that impact their ability to live independently due to deterioration of their memory.

Wellbeing Co-ordinators

Wellbeing co-ordinates work with a client for around three months towards goals that will help to improve their health and wellbeing to help them live more happily and independently.

Wholelife

Wholelife focuses on preventative measures to improve our clients' health and wellbeing, such as diet and exercise.

Volunteering in Health

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

22. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	15,087	—	15,087
Current assets	143,169	54,710	197,879
Creditors less than 1 year	(3,378)	(20,888)	(24,266)
Net assets	154,878	33,822	188,700

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Tangible fixed assets	15,792	—	15,792
Current assets	161,139	34,197	195,336
Creditors less than 1 year	(3,786)	(4,800)	(8,586)
Net assets	173,145	29,397	202,542