

# Wallington Community Wellbeing Charity

Registered Charity No. 1182560

## Trustees' Annual Report for the Year 1<sup>st</sup> June 2024 to 31<sup>st</sup> May 2025

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### Overview

The Charity has continued to deliver a busy and productive programme of activities during the 2024–2025 year, maintaining its focus on improving community health and wellbeing and addressing local health inequalities.

### Community Health & Wellbeing Events

Our bi-annual Health & Wellbeing events at Holy Trinity Church and Centre Wallington continue to attract a large number of visitors and stallholders. These events remain an important opportunity for local residents to access information, support, and services. The NHS Vaccination Team again attended to provide Seasonal RSV, Covid and Flu booster vaccinations for those eligible and wishing to receive them. As in previous years, the events also included taster sessions of health-related activities and specialist workshops, including talks by local solicitors.

In addition to these larger events, three further outreach events were held at the St Paul's Church in Roundshaw. These sessions aimed to bring a range of health advice, support services, and information directly to residents in an area recognised as experiencing higher levels of deprivation and associated health inequalities in particular Mental Health & Dementia.

### Activities and Community Participation

Our programme of regular health and activity sessions continued throughout the year. These included two Chair-Supported Yoga classes, two Tai Chi classes, the ongoing Exercise After Stroke group, and two well-attended local Healthy Walks. Participation levels across these activities remained high, with growing waiting lists continuing for several sessions as they grew in popularity.

The Charity's annual Calendar of Activities continues to be widely distributed and remains a valued resource for local residents seeking opportunities to improve their health and wellbeing. The calendar is also provided to the local NHS hospital and many NHS services in the Borough.

### **Partnership Working**

The Charity continues to work closely in partnership with the local NHS to support engagement with residents and to contribute to initiatives addressing health inequalities. The Charity Chair's role as Co-Chair of the NHS Wallington Integrated Neighbourhood Team (INT) has strengthened this partnership.

Through this collaboration, the Charity supports the Wallington INT 'Healthy You' project, which focuses on addressing specific health needs identified through local data. Monthly drop-in sessions and periodic events are delivered as part of this initiative, with the Charity hosting sessions and providing organisational and administrative support.

### **Mental Health and Community Support Initiatives**

Together with the partnership between the Charity and the NHS that provides the 'Healthy You' initiative, the Charity also formed a further close partnership with the Vicar of South Beddington and Roundshaw Parish. This new three-way partnership enabled us to explore local issues surrounding mental health, including dementia and look at ways to use the local church as a venue.

The Charity was fortunate to secure a grant from the Council Local Committee to support a series of talks and information sessions for residents on these important topics.

As part of this ongoing initiative, the provision of 'Man Space' within the church began in January 2025. This offers a welcoming environment where men can come together to talk, walk, and support one another through peer connections. The project is run by men for men and has already proved extremely popular, providing valuable opportunities for social connection and informal support.

### **Trustee and Volunteer Contributions**

Trustees and committee members have remained active in supporting the wider voluntary and health sectors. Many continue to contribute their expertise by serving as trustees or volunteers with other charities and by participating as speakers and presenters at community and health-related events.

Trustees and committee members also contribute to the work of the NHS through participation in Patient Participation Groups, NHS committees, Healthwatch, and other related forums. This involvement has helped ensure that the Charity remains well connected with local health systems and widely recognised as a knowledgeable and trusted voice on community health and wellbeing needs within the Borough.

### Strategic Engagement

During the year, the Charity Chair continued to serve on various health related Boards and Committees ensuring the Charity contributes to strategic discussions around improving health outcomes locally.

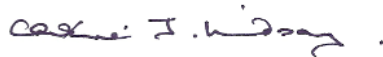
### Conclusion

Overall, the Charity has maintained a strong level of activity and engagement throughout the year, continuing to support the health and wellbeing of local residents while working collaboratively with partners across the voluntary and health sectors. This has resulted in two new much needed projects being formed during the year.

### Approval

Approved by the Trustees on: 9<sup>th</sup> March 2026

Signed on behalf of the Trustees

A handwritten signature in purple ink, appearing to read 'Christine J. Lindsay'.

Name: Christine J Lindsay MBE

Position: Chair of Trustees

**Wallington Community Wellbeing Charity**  
**Registered Charity No. 1182560**

**INCOME & EXPENDITURE ACCOUNTS from 1st June 2024 to 31st May 2025**

<b>1) Income</b>			
<b>Income in the year:</b>			
Grants received	1	21,385.00	
Donations received	2	1,250.00	
			<b>22,635.00</b>
<b>2) Expenditure</b>			
Premises Hire fees (Events & classes)	3	4,669.25	
Tutor fees	4	4,545.00	
Event catering and expenses	5	1,949.54	
Printing	6	624.72	
Public Liability Insurance	7	99.00	
Website, domain fees & Comms	8	179.25	
Special Project Launch fee (Man Space)	9	1,300.00	
			<b>13,366.76</b>
			<b>£9,268.24</b>
<b>Balance of Income over Expenditure for the year</b>			<b>£9,268.24</b>

**BALANCE SHEET**

<b>Balance brought forward on 1st June 2024</b>	<b>£7,707.92</b>
Plus Income	£22,635.00
Less Expenditure	£13,366.76
<b>Balance carried forward as at 31st May 2025</b>	<b>£16,976.16</b>

**Represented by:**

Cash at Bank	<b>£16,976.16</b>
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**Bank Reconciliation as at 31.5.2024**

Receipts Cash Book	22,635.00
Payments Cash Book	13,366.76
	<b>£9,268.24</b>

<b>Balance as per Bank Statement</b>	<b>17,166.16</b>
Less cheques not yet presented	190.00
	<b>£16,976.16</b>

The Charity Bankers are Nat West Bank, Wallington Branch

Sort code    60-22-20  
Account No.   67223079

## NOTES TO THE ACCOUNTS

- 1 Grant of £19,995.00 was received from National Lottery Community Fund to cover 2 years.  
Grant of £890.00 was received from LB Sutton Neighbourhood Grant to support Mental Health.
- 2 Donation of £1,250 was received from a local resident to support our work.
- 3 Premises were hired throughout the year as venues for activity sessions and events.
- 4 Tutor fees are paid to cover a variety of activities in the Borough. These include Libraries, Heritage venues and Churches.
- 5 The Charity provides refreshments at their events as an incentive for people and exhibitors to attend.
- 6 Printing costs include flyers for events and activity sessions and also banners to advertise on the day.
- 7 Public liability Insurance cover is necessary for events and some activities.
- 8 The website continues to be hosted by Fidz Design at very low cost. Domains are renewed annually.
- 9 Special Project expenditure covers a fee to The Proper Blokes Club, a CIC, that sets up Men's Walk and Talk sessions. The project also includes use of facilities in a local church to enable those with mobility problems to also take part.

The Trustees do not claim expenses they incur on behalf of the Charity.

Accountancy and Administration, telephone etc. are also covered by the Trustees.

Reserves Policy: The Charity plans to keep at least the sum of 3 months expenditure in reserve.

*The charity received under £25,000 income in the year, and does not require an audit.  
These accounts have been prepared from the records of the charity and have been  
approved by the trustees as giving a full, true and fair view of the transactions of the charity from  
1st June 2024 to 31st May 2025. The notes are full and explanatory and reflect the accounting  
for the full range of activities of the charity.*

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Christine J Lindsay

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Penelope Meakin

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Indira Amin

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Nali Patel

**Approved by the Trustees on 9th March 2026**