

WALLINGTON COMMUNITY WELLBEING CHARITY

England & Wales · Charity number 1182560

Details

Other names WALLINGTON COMMUNITY WELLBEING GROUP

Status Registered

Legal form CIO

Registered 2019-03-20

Register [View on the Charity Commission register](#)

Contact

Address 8 St. Mary Avenue
Wallington
SM6 7JH

Phone 07770533000

Email wallingtoncommunitygroup@gmail.com

Website www.wallingtoncommunitywellbeing.org

Activities

Objects: THE RELIEF OF THOSE IN NEED BY, REASON OF AGE, LONG TERM SICKNESS, DISABILITY AND/OR MENTAL HEALTH ISSUES WHO ARE RESIDENT IN THE LONDON BOROUGH OF SUTTON BY PROVIDING SERVICES OR FACILITIES CALCULATED TO RELIEVE THE NEEDS OF SUCH PERSONS.

Activities: The Charity works within the London Borough of Sutton to work towards alleviating loneliness and isolation in older people and those with disabilities by providing information and advice on how to live life more actively. Working with GP's on Social prescribing. Providing events for older people to signpost them to available help and activity sessions to aid health & wellbeing.

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** Disability, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Surrey
- Sutton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£22,635	£13,367	-	-
2024-05-31	£10,936	£13,165	-	-
2023-05-31	£9,583	£9,438	-	-
2022-05-31	£0	£9,793	-	-
2021-05-31	£16,838	£573	-	-

Trustees

Name	Role	Appointed
CLEMENT OSWALD RICHARDS		2015-10-07
Christine Lindsay MBE		2015-10-07
Dr Penelope Meakin		2025-07-24
INDIRA HARSHAD AMIN		2015-10-07
NALIBEN RAMBHAI PATEL		2015-10-07
NOORMAHAMOD SUMUN		2015-10-07

WALLINGTON COMMUNITY WELLBEING CHARITY

England & Wales - Charity number 1182560

Accounts

Wallington Community Wellbeing Charity

Registered Charity No. 1182560

Trustees' Annual Report for the Year 1st June 2024 to 31st May 2025

Overview

The Charity has continued to deliver a busy and productive programme of activities during the 2024–2025 year, maintaining its focus on improving community health and wellbeing and addressing local health inequalities.

Community Health & Wellbeing Events

Our bi-annual Health & Wellbeing events at Holy Trinity Church and Centre Wallington continue to attract a large number of visitors and stallholders. These events remain an important opportunity for local residents to access information, support, and services. The NHS Vaccination Team again attended to provide Seasonal RSV, Covid and Flu booster vaccinations for those eligible and wishing to receive them. As in previous years, the events also included taster sessions of health-related activities and specialist workshops, including talks by local solicitors.

In addition to these larger events, three further outreach events were held at the St Paul's Church in Roundshaw. These sessions aimed to bring a range of health advice, support services, and information directly to residents in an area recognised as experiencing higher levels of deprivation and associated health inequalities in particular Mental Health & Dementia.

Activities and Community Participation

Our programme of regular health and activity sessions continued throughout the year. These included two Chair-Supported Yoga classes, two Tai Chi classes, the ongoing Exercise After Stroke group, and two well-attended local Healthy Walks. Participation levels across these activities remained high, with growing waiting lists continuing for several sessions as they grew in popularity.

The Charity's annual Calendar of Activities continues to be widely distributed and remains a valued resource for local residents seeking opportunities to improve their health and wellbeing. The calendar is also provided to the local NHS hospital and many NHS services in the Borough.

Partnership Working

The Charity continues to work closely in partnership with the local NHS to support engagement with residents and to contribute to initiatives addressing health inequalities. The Charity Chair's role as Co-Chair of the NHS Wallington Integrated Neighbourhood Team (INT) has strengthened this partnership.

Through this collaboration, the Charity supports the Wallington INT 'Healthy You' project, which focuses on addressing specific health needs identified through local data. Monthly drop-in sessions and periodic events are delivered as part of this initiative, with the Charity hosting sessions and providing organisational and administrative support.

Mental Health and Community Support Initiatives

Together with the partnership between the Charity and the NHS that provides the 'Healthy You' initiative, the Charity also formed a further close partnership with the Vicar of South Beddington and Roundshaw Parish. This new three-way partnership enabled us to explore local issues surrounding mental health, including dementia and look at ways to use the local church as a venue.

The Charity was fortunate to secure a grant from the Council Local Committee to support a series of talks and information sessions for residents on these important topics.

As part of this ongoing initiative, the provision of 'Man Space' within the church began in January 2025. This offers a welcoming environment where men can come together to talk, walk, and support one another through peer connections. The project is run by men for men and has already proved extremely popular, providing valuable opportunities for social connection and informal support.

Trustee and Volunteer Contributions

Trustees and committee members have remained active in supporting the wider voluntary and health sectors. Many continue to contribute their expertise by serving as trustees or volunteers with other charities and by participating as speakers and presenters at community and health-related events.

Trustees and committee members also contribute to the work of the NHS through participation in Patient Participation Groups, NHS committees, Healthwatch, and other related forums. This involvement has helped ensure that the Charity remains well connected with local health systems and widely recognised as a knowledgeable and trusted voice on community health and wellbeing needs within the Borough.

Strategic Engagement

During the year, the Charity Chair continued to serve on various health related Boards and Committees ensuring the Charity contributes to strategic discussions around improving health outcomes locally.

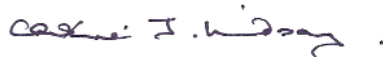
Conclusion

Overall, the Charity has maintained a strong level of activity and engagement throughout the year, continuing to support the health and wellbeing of local residents while working collaboratively with partners across the voluntary and health sectors. This has resulted in two new much needed projects being formed during the year.

Approval

Approved by the Trustees on: 9th March 2026

Signed on behalf of the Trustees

A handwritten signature in blue ink, appearing to read "Christine J. Lindsay".

Name: Christine J Lindsay MBE

Position: Chair of Trustees

Wallington Community Wellbeing Charity
Registered Charity No. 1182560

INCOME & EXPENDITURE ACCOUNTS from 1st June 2024 to 31st May 2025

1) Income			
Income in the year:			
Grants received	1	21,385.00	
Donations received	2	1,250.00	
			22,635.00
2) Expenditure			
Premises Hire fees (Events & classes)	3	4,669.25	
Tutor fees	4	4,545.00	
Event catering and expenses	5	1,949.54	
Printing	6	624.72	
Public Liability Insurance	7	99.00	
Website, domain fees & Comms	8	179.25	
Special Project Launch fee (Man Space)	9	1,300.00	
			13,366.76
			£9,268.24
Balance of Income over Expenditure for the year			£9,268.24

BALANCE SHEET

Balance brought forward on 1st June 2024	£7,707.92
Plus Income	£22,635.00
Less Expenditure	£13,366.76
Balance carried forward as at 31st May 2025	£16,976.16

Represented by:

Cash at Bank	£16,976.16
--------------	-------------------

Bank Reconciliation as at 31.5.2024

Receipts Cash Book	22,635.00
Payments Cash Book	13,366.76
	£9,268.24

Balance as per Bank Statement	17,166.16
Less cheques not yet presented	190.00
	£16,976.16

The Charity Bankers are Nat West Bank, Wallington Branch

Sort code 60-22-20
Account No. 67223079

NOTES TO THE ACCOUNTS

- 1 Grant of £19,995.00 was received from National Lottery Community Fund to cover 2 years.
Grant of £890.00 was received from LB Sutton Neighbourhood Grant to support Mental Health.
- 2 Donation of £1,250 was received from a local resident to support our work.
- 3 Premises were hired throughout the year as venues for activity sessions and events.
- 4 Tutor fees are paid to cover a variety of activities in the Borough. These include Libraries, Heritage venues and Churches.
- 5 The Charity provides refreshments at their events as an incentive for people and exhibitors to attend.
- 6 Printing costs include flyers for events and activity sessions and also banners to advertise on the day.
- 7 Public liability Insurance cover is necessary for events and some activities.
- 8 The website continues to be hosted by Fidz Design at very low cost. Domains are renewed annually.
- 9 Special Project expenditure covers a fee to The Proper Blokes Club, a CIC, that sets up Men's Walk and Talk sessions. The project also includes use of facilities in a local church to enable those with mobility problems to also take part.

The Trustees do not claim expenses they incur on behalf of the Charity.
Accountancy and Administration, telephone etc. are also covered by the Trustees.

Reserves Policy: The Charity plans to keep at least the sum of 3 months expenditure in reserve.

*The charity received under £25,000 income in the year, and does not require an audit.
These accounts have been prepared from the records of the charity and have been approved by the trustees as giving a full, true and fair view of the transactions of the charity from 1st June 2024 to 31st May 2025. The notes are full and explanatory and reflect the accounting for the full range of activities of the charity.*

Christine J Lindsay

Noor Sumun

Penelope Meakin

Indira Amin

Nali Patel

Approved by the Trustees on 9th March 2026

WALLINGTON COMMUNITY WELLBEING CHARITY

England & Wales - Charity number 1182560

Accounts

WALLINGTON COMMUNITY WELLBEING CHARITY

Annual Report & Notes to the accounts 1st June 2023 to 31st May 2024

The Charity has had another very busy and successful year.

Our Bi-Annual event at Holy Trinity Church and Centre remains very popular with increased numbers of visitors and stallholders and the continued provision of Covid and Flu boosters by the NHS Vaccination Team to those who were eligible and wished to receive them. As usual there were Taster sessions of activities plus a visiting choir providing a Singing for Breathing workshop. Two more events were held in Phoenix Centre Roundshaw to bring the variety of help and advice available to residents in the area that is considered to be more deprived and therefore suffering Health inequality.

The activity and exercise classes continued with Two Chair Supported Yoga sessions, Two Tai Chi and the ongoing Exercise After Stroke Group plus two popular local healthy walks. Numbers of participants remained high with a waiting list for most activities. The Calendar of Activities continues to be published annually and also remains very popular.

Trustees and committee members continue to take part in various other voluntary work including being a Trustee for other charities. Several other events were attended by them also as presenters and speakers to share their expertise.

The Charity continues to work in partnership with the local NHS by providing opportunities for them to engage with local residents. This work included continuing to be involved in Health Inequalities work.

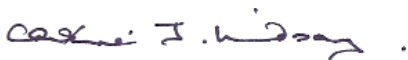
The Charity Chair, as Co-Chair of the NHS Wallington Integrated Neighbourhood Team, has resulted in the Charity working in partnership to provide the Wallington INT 'Healthy You' project that addresses specific needs that have been identified in local health data. Wallington INT runs monthly drop-in sessions and regular events to highlight the project in focus at the time. The Charity hosts these and provides the organisational admin.

The Charity trustees and committee members work with the NHS in other roles such as Patient Participation Groups, NHS CCG, HealthWatch and other similar groups. This has led to the Charity being well respected and considered to be an authority on Local Community Health & Wellbeing needs and the ways they may be addressed.

The Charity is unique in its provision of Health & Wellbeing events, activities, advice and signposting to providers and services in the Borough. The Charity Chair continues to be on the Primary Care Network and Health Inequalities Boards for Sutton Borough.

During the year the Charity also sponsored another local charity, Sing Out Sutton and its Voice coach to provide further Respiratory Rehabilitation Singing for Breathing sessions for the NHS.

Signed by Chairman:



.....
Christine J Lindsay MBE

6th March 2025

Wallington Community Wellbeing Charity
Registered Charity No. 1182560

Income & Expenditure Accounts from 1st June 2023 to 31st May 2024

1) Income	
Opening Balance	9,937.25
Income in the year:	
Grants received	10,936.00
	20,873.25
2) Expenditure	
Premises Hire fees (Events & classes)	4,256.92
Tutor fees	5,000.00
Tutors Fees for Pulmonary Rehab project	505.00
Event catering and expenses	2,636.25
Printing	404.28
Public Liability Insurance	96.00
Website, domain fees & Comms	226.90
Walks expenses	39.98
	13,165.33
	<u>£7,707.92</u>
Balance as at 31st May 2024	<u>£7,707.92</u>
Bank Reconciliation as at 31.5.2024	
Receipts Cash Book	20,873.25
Payments Cash Book	<u>13,165.33</u>
	<u>£7,707.92</u>
Balance as per Bank Statement	7,747.92
Less cheque not yet presented	<u>40.00</u>
	<u>£7,707.92</u>
Balance carried forward at 31.5.2024	<u>£7,707.92</u>

The Charity Bankers are NatWest Wallington Branch

WALLINGTON COMMUNITY WELLBEING CHARITY

England & Wales - Charity number 1182560

Accounts

WALLINGTON COMMUNITY WELLBEING CHARITY

Annual Report & Notes to the accounts 1st June 2022 to 31st May 2023

We have had a very busy and successful year.

Our Bi-Annual event at Holy Trinity Church and Centre remains very popular with increased numbers of visitors and stallholders. Another addition was the provision by the NHS Vaccination Team of Covid Boosters to those eligible.

Additionally an event was held in Phoenix Centre Roundshaw to bring the variety of help and advice available to residents in the area that is considered to be more deprived and therefore suffering Health Inequality. Residents reported very favourably to having such an event more local to them.

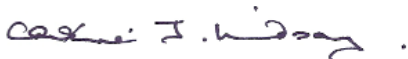
The number of activity and exercise classes increased with Chair Supported Yoga, Tai Chi and Art for Wellbeing plus the ongoing Exercise After Stroke Group and two popular local walks.

Trustees and committee members continue to take part in various other charity work including being a Trustee. Several other events were attended by us and also as speakers to share our expertise.

The Charity was featured in a University Masters dissertation showing the Co-Production between the Charity and the NHS.

The Charity continues to work in partnership with the local NHS by providing opportunities for them to engage with local residents. This work included continuing to be involved in the Health Inequalities work. The Charity Chair also joined the Wallington Integrated Neighbourhood Team As Co-chair and continues to be on the Primary Care Network committee for Sutton.

Signed by Chairman:



.....
Christine J Lindsay MBE

12th February 2024

Wallington Community Wellbeing Charity
Registered Charity No. 1182560

Income & Expenditure Accounts from 1st June 2022 to 31st May 2023

1) Income

Opening Balance	9,792.83	
Income in the year:		
Grant received	9,583.00	
		19,375.83

2) Expenditure

Premises Hire fees (Events & classes)	3,763.25	
Tutor fees	3,580.00	
Event catering and expenses	1,577.63	
Printing	227.62	
Insurance	96.00	
Website & domain fees	104.35	
Walks expenses	41.97	
Purchase of banners	47.76	
		9,438.58
		<u>9,937.25</u>

Balance as at 31st May 2023

£9,937.25

Bank Reconciliation as at 31.5.2023

Receipts Cash Book	19,375.83	
Payments Cash Book	9,438.58	
		<u>£9,937.25</u>

Balance carried forward at 31.5.2023

The Charity Bankers are NatWest Wallington Branch

WALLINGTON COMMUNITY WELLBEING CHARITY

England & Wales - Charity number 1182560

Accounts

Wallington Community Wellbeing Charity
Registered Charity No. 1182560

Income & Expenditure Accounts from 1st June 2021 to 31st May 2022

1) Income		
Opening Balance	16,265.95	
Income for the Year	0.00	
		16,265.95
2) Expenditure		
Premises Hire fees (Events & classes)	2,348.44	
Tutor fees	1,316.00	
Catering for events	1,461.45	
Printing	99.93	
Insurance	185.00	
Website & domain fees	71.97	
Walks expenses	301.30	
Purchase of iPads for Digitally excluded project	591.96	
HiViz jackets for walks and events	97.07	
	<u>6,473.12</u>	
		<u>9,792.83</u>
Balance as at 31st May 2022		<u>£9,792.83</u>
Bank Reconciliation as at 31.5.2022		
Receipts Cash Book		16,265.95
Payments Cash Book		6,473.12
		<u>£9,792.83</u>

The Charity Bankers are NatWest Wallington Branch

Annual Report & Notes to the accounts:

Last year, due to the Covid Pandemic, the Trustees had not been able to continue with thier usual activities and events due to lockdowns and many of the beneficiaries being in the more vulnerable category due to age and/or disability.

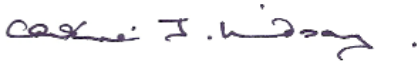
Fortunately 2021/22 saw a return to face-to-face events and activity sessions and the trustees were able to return to providing two events and increase the number of sessions and types of activity offered.

The funds in the bank were sufficient to cover the year's activites without the need to seek additional funding.

The Trustees continue to work closely with the local NHS to help them by providing opportunities for them to engage with local residents. This work included becoming involved in the Health Inequalities work, specifically those that are digitally excluded making accessing NHS and council departments more difficult. 2 iPads were purchased to sid this work.

The Trusees are grateful to Carpenter & Co Colicators of Wallington for sponsoring the printing costs of our activity calendar.

Signed by Chairman:



.....

Christine J Lindsay MBE

10th March 2023

WALLINGTON COMMUNITY WELLBEING CHARITY

England & Wales - Charity number 1182560

Accounts

Wallington Community Wellbeing Charity
Registered Charity No. 1182560

Income & Expenditure Accounts from 1st June 2020 to 31st May 2021

1) Income			
Opening Balance		7,557.26	
Sutton & E Surrey Water - Donation to funds unrestricted	9,281.70	9,281.70	
			16,838.96
2) Expenditure			
Premises Hire - Sutton College Stroke Rehab classes	350.00		
Wally Walks expenses - Sutton Community Farm visits	60.00		
Website domain fees	57.56		
Printing	105.45		
		573.01	
			16,265.95
			£16,265.95
Balance as at 31st May 2021			£16,265.95

The Charity Bankers are Nat West Bank

Bank Reconciliation

Income	16,838.96	
Expenditure	573.01	
		£16,265.95

The charity received under £25,000 income in the year, and does not require an audit. These accounts have been prepared from the books and records of the charity and have been approved by the trustees as giving a full, true and fair view of the transactions of the charity from 1st June 2020 to 31st May 2021. The notes are full and explanatory and reflect the accounting for the full range of activities of the charity.

Notes:

Due to the Covid Pandemic the Trustees were not able to continue with their usual activities and events due to lockdowns and the beneficiaries being in the more vulnerable category due to age.

The year 2021 - 2022 has already started to increase in terms of activities and events as we return to our normal two events in the year and resume activities face to face.