



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 30/09/2022

Period start date To 30/09/23

Period end date

Charity name: Help A Squaddie

Charity registration number:1182523

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Our aim is to help develop the capacity and skills of the socially and economically disadvantaged community of ex-military and their families within the Staffordshire and South Derbyshire area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	1. Provided Fresh/ambient Food Parcels and provided online food shops for veterans and their families. 2. Assisted veterans in Mental Health Crisis with emergency therapy and NHS (Tils) ongoing therapy. 3. Hosted a monthly breakfast for veterans and their families. 4. Opened The Russell Aston Home For Veterans. 5. Organised various water sports activities including canoeing/paddleboarding and a water-based obstacle course. 6. Organised veterans walking and cycling activities. 7. Paid for veterans to attend bushcraft weekends. 8. Provided Christmas gifts and food. 9. Paid for hotels and food for homeless veterans. 10. Provided clothing for veterans. 11. Social care for elderly isolated veterans including transport.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We have had regard to the guidance issued for public benefit and have met this by facilitating Drop in sessions, running a mental health helpline and veterans foodbank as well as opening The Russell Aston Home For Veterans.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	January 2023 The Charity opened The Russell Aston Home For Veterans, with the official opening 24th June 2023 to commemorate the 20th anniversary year of Cpl Russell Astons passing. The home has gone on to provide accommodation to 8 homeless veterans so far, which has led to the property being at full capacity, and now with a waiting list. <u>Case studies</u> J being a young veteran, finding himself homeless sleeping in his car, contacted The Charity via a Social Prescriber from his GP. The Charity provided J with immediate emergency accommodation, also providing emotional and social support. The Charity liaised with the Local Council, and J has gone on to permanent housing, and is now in a better position in his life. S was referred to The Charity by his friend, after S became homeless over night. The local Council provided S accommodation in a hotel, however S hadn't any cooking facilities. The Charity stepped in and provided meals

		daily for 2 months, until S was eventually placed in to permanent accommodation. M rang The Charity Caseworker after he was unfortunately subjected to DV, which led to him having to leave his property immediately for his safety. The Charity housed M and provided strong emotional support day and night, until M felt strong enough to move on to his own home. Support with M is ongoing. R being an elderly veteran became socially isolated, and struggled with anxiety and depression. The Charity visit R weekly and give daily phone calls to ensure that he is well. R now attends social events accompanied by a volunteer for The Charity, with the volunteer providing transport. Recently R was unwell, and The Charity have supported R with his medical appointments.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	The Charity are now in a fortunate position that the general public and businesses now fundraise on behalf of the charity. We also have our own merchandise.
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to keep £20000 in reserve at all times so we can keep the charity running efficiently and cover all our overheads.
Amount of reserves held	Para 1.22	£20000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Like All Charities money is uncertain but we now have a steady stream of income.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Public fundraising. Business fundraising. National lottery grants. Various other grants. Rental income.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	No immediate risk.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable incorporated organisation with constitution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any New Trustee is selected by current board of trustees and the CEO. We are constantly trying to find any gaps in the skillset of the board and we will advertise through our local support organisation Support Staffordshire if and when needed. We ask for references and previous experience of a trustees role

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Help A Squaddie
Other name the charity uses	
Registered charity number	1182523
Charity's principal address	St Johns Church Hednesford Road, Cannock. WS12 3DZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Cameron Urquhart	Chairman		
2	Ayden Fessey	Treasurer		
3	Mike Aston			
4				
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20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Cameron Urquhart

Position (eg Secretary,
Chair, etc)

CEO

Date

09/06/2024

Help a Squaddie
Income and Expenditure Account
1st October 2022 - 30th September 2023

	- 2023 -	- 2022 -
Income		
Collection, Donations & Events	2,896.09	3,396.65
Sales	30.00	1,692.52
Fundraising	6,332.64	5,114.56
Rental Income RAHFV	18,867.89	-
Grants	19,320.00	-
Restricted Income	339,460.02	66,896.57
	£386,906.64	£77,100.30
Expenditure		
Salary Expenses	12,600.00	0.00
Office Costs	4,056.07	4,167.78
Client Drop-in Centre	2,384.96	5,202.86
House upkeep	8,099.02	0.00
Equipment/Fund Raising costs	3,675.57	4,665.21
Client Support	13,014.54	9,697.88
Restricted Funds Spent	31,502.85	26,948.03
Insurance	866.97	246.16
Training & Subscriptions	0.00	1,150.00
Post, printing & stationery	16.31	5.00
Accounts	250.00	250.00
Professional Fee's	0.00	400.00
Travel costs	652.80	1,892.85
Website	0.00	341.29
Bad Debt	0.00	265.00
Depreciation	443.96	516.97
Phones	904.35	0.00
Other	360.30	207.49
	£78,827.70	£55,956.52
Surplus / (Deficit)	£308,078.94	£21,143.78
Balance Sheet as the Year Ended 30th September 2023		
Current Account Opening Balance as @ 1 Oct 2022	68,872.02	47,728.24
Surplus / (Deficit) for the Year	308,078.94	21,143.78
Movement Summary	£376,950.96	£68,872.02
Current Account Closing Balance as @ 30 Sept 2022	69,428.76	67,540.02
Computer Equipment Balance as @ 30 Sept 2023	288.02	432.00
Fixtures & Fittings Balance as @ 30 Sept 2023	600.02	900.00
Property Balance as @ 30 Sept 2023	306,880.84	
Creditors	- 246.68	
	£376,950.96	£68,872.02
Funds Summary		
Restricted Funds - Lotto	4,429.04	9,357.35
Restricted Funds - Government	1,454.40	3,552.37
Restricted Funds - J Jukes Garden	0.00	55.93
Restricted Funds - Onestop	0.00	199.71
Restricted Funds - Know your Neighbor	8,563.17	0.00
Restricted Funds - Crowdfunder	728.01	0.00
Restricted Funds - Morrisons Garden	3,164.66	0.00
Restricted Funds - Charitable giving Amazon	11.28	0.00
Restricted Funds - RAHFV Grant	1,010.47	0.00
Unrestricted Funds	357,589.93	55,706.66
	£376,950.96	£68,872.02

ACCOUNTANT'S REPORT

The above Income & Expenditure account for the year ending 30th September 2023 has been prepared without full audit from books, records, information and explanations supplied and is in accordance therewith.

MJ Accountancy Ltd.

Rugeley, Staffs
6th June 2024



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Help-a-Squaddie

**On accounts for the year
ended**

30th September 2023

**Charity no
(if any)**

1182523

**Respective
responsibilities of
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent
examiner's statement**

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: P Johnson

Date: 6th June 2024

Name: Philippa Johnson

MJ Accountancy Ltd

Address: Suites 2 & 3 Bow Street Chamber

½ Bow Street

Rugeley, Staffs WS15 2BT

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.

No other matters arise at this time.