



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 30/09/2021 Period start date To 30/09/2022 Period end date

Charity name: Help A Squaddie

Charity registration number: 1182523

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Our aim is to help develop the capacity and skills of the socially and economically disadvantaged community of ex-military and their families within the Staffordshire and South Derbyshire area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	1. Organised regular successful drop-in sessions for veterans. 2. Rehoused a number of homeless veterans. 3. Intervened successfully in suicide interventions through our veterans helpline. 4. Assisted veterans in household items. 5. Assisted veterans with children to purchase Christmas gifts for their children. 6. Started Canoeing and cycling sessions for veterans and their families. 7. Extended our veterans food bank to help more people. <u>CASE STUDIES</u> <u>N</u> <u>PETER LAWSON</u> P was referred to Help A Squaddie by Op Courage. P was struggling around Christmas time financially. The Charity stepped in and purchased Christmas gifts for P's two children, and bought

		Christmas dinner for the family. To help P further, the Charity purchased a two food shops which enabled P to become a little more financially stable. <u>N</u> N started at the Breakfast Drop Ins in 2019, and was struggling with alcohol dependency issues. N wasn't ready to tackle his issues, and it took until 2022 for him to ask for help from the Charity. A caseworker was assigned to N, and they supported N with travel to and from appointments to seek guidance and help for a detox. N eventually went in to a detox programme, and continued his recovery in a two year Rehabilitation Programme. N is now in a better place in life, and has gone on to mentor other veterans with substance abuse problems.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We have had regard to the guidance issued for public benefit and have met this by facilitating Drop in sessions, running a mental health helpline and veterans foodbank.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
	Para 1.38	Volunteers have helped run regular drop-in sessions for veterans and their families and run

Contribution made by volunteers		a successful veterans food bank as well as walking and other outdoor activities. All volunteers are now trained in Military MHFA so they have a better understanding of the issues that veterans face.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Help A Squaddie has fast become well known within the UK. The Charity now receive calls from Veterans, their families, and also other Charities for advice and support. The Charity works well with other Charities, to ensure that the very best wrap around care is given to all who get referred or make a self referral.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has been affected by the pandemic financially although we are financially sound.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to keep £20000 in reserve at all times so we can keep the charity running efficiently and cover all our overheads.
Amount of reserves held	Para 1.22	£20000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	At the moment we face no uncertainties as we are financially stable and aim to be even more stable when we purchase The Russell Aston Home For Veterans.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Various grants and fundraising events/activities.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	None at this time.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charitable incorporated organisation with constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Constitution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any New Trustee is selected by current board of trustees and the CEO. We are constantly trying to find any gaps in the skillset of the board and we will advertise through our local support organisation Support Staffordshire if and when needed. We ask for references and previous experience of a trustees role. We also prefer to have trustees with lived experience of Veterans issues.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Help A Squaddie
Other name the charity uses	
Registered charity number	1182523
Charity's principal address	11 Anson Street Rugeley Staffordshire WS152BG

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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Cameron Urquhart	Chairperson		
2	Mike Aston			
3	Ayden Fessey	Treasurer		
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Cameron Urquhart	
Position (eg Secretary, Chair, etc)	Chair	
Date	23/05/23	

Help a Squaddie
Income and Expenditure Account
1st October 2020 - 30th September 2022

	<u>- 2022 -</u>	<u>- 2021 -</u>
Income		
Collection, Donations & Events	3,396.65	3,770.78
Sales	1,692.52	5,582.98
Fundraising	5,114.56	5,990.05
Donation from Staffordshire Regiment		-
Prior year adjustment to income		3,413.36
Restricted Income	66,896.57	18,650.00
	<u>£77,100.30</u>	<u>£37,407.17</u>
Expenditure		
Office Costs	4,167.78	966.05
Client Drop-in Centre	5,202.86	1,463.51
Equipment/Fund Raising costs	4,665.21	3,119.40
Client Support	9,697.88	3,414.85
Restricted Funds Spent	26,948.03	18,173.92
Insurance	246.16	0.00
Training & Subscriptions	1,150.00	723.57
Post, printing & stationery	5.00	29.47
Workwear	0.00	168.00
Accounts	250.00	240.00
Professional Fee's	400.00	0.00
Travel costs	1,892.85	278.03
Equipment for Office	0.00	446.84
Website	341.29	251.31
Bad Debt	265.00	0.00
Depreciation	516.97	0.00
Other	207.49	29.89
	<u>£55,956.52</u>	<u>£29,304.84</u>
Surplus / (Deficit)	<u>£21,143.78</u>	<u>£8,102.33</u>

Balance Sheet as the Year Ended 30th September 2022

Current Account Opening Balance as @ 1 Oct 2021	47,728.24		39,625.91
Surplus / (Deficit) for the Year	21,143.78		8,102.33
Movement Summary	<u>£68,872.02</u>		<u>£47,728.24</u>
Current Account Closing Balance as @ 30 Sept 2021	67,540.02		47,573.24
Computer Equipment Balance as @ 30 Sept 2022	432.00		
Fixtures & Fittings Balance as @ 30 Sept 2022	900.00		
Debtor	-		200.00
Owed to Kerry Urquhart	0.00		-45.00
	<u>£68,872.02</u>	£0.00	<u>£47,728.24</u>

Funds Summary

Restricted Funds - Lotto	9,357.35		13,825.99
Restricted Funds - Government	3,552.37		3,592.16
Restricted Funds - J Jukes Garden	55.93		55.93
Restricted Funds - Onestop	199.71		199.71
Unrestricted Funds	55,706.66		30,054.25
	<u>£68,872.02</u>	£0.00	<u>£47,728.04</u>

ACCOUNTANT'S REPORT

The above Income & Expenditure account for the year ending 30th September 2022 has been prepared without full audit from books, records, information and explanations supplied and is in accordance therewith

MJ Accountancy Ltd.

Rugeley, Staffs
17th May 2023



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Help-a-Squaddie

On accounts for the year
ended

30th September 2021

Charity no
(if any)

1182523

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

12th May 2022

Name:

Philippa Johnson

MJ Accountancy Ltd

Address:

Suites 2 & 3 Bow Street Chamber

1/2 Bow Street

Rugeley, Staffs WS15 2BT

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.

No other matters arise at this time.