



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 30/09/2020 Period start date To 30/09/2021 Period end date

Charity name: Help A Squaddie

Charity registration number: 1182523

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Our aim is to help develop the capacity and skills of the socially and economically disadvantaged community of ex-military and their families within the Staffordshire and South Derbyshire area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	1. Organised regular successful drop-in sessions for veterans. 2. Rehoused a number of homeless veterans. 3. Intervened successfully in suicide interventions through our veterans helpline. 4. Organised bushcraft/Gardening and magnet fishing activities. 5. Assisted veterans in household items. 6. Assisted veterans with children to purchase Christmas gifts for their children.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We have had regard to the guidance issued for public benefit and have met this by facilitating Drop in sessions, running a mental health helpline and veterans foodbank.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	

Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Volunteers have helped run regular drop-in sessions for veterans and their families and run a successful veterans food bank as well as walking and other outdoor activities. We have started making plans to train more volunteers in Military MHFA so they have a better understanding of the issues that veterans face.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	2021 saw veterans face many challenges with The Covid pandemic still affecting the whole world and mental health conditions worsening but nothing could of prepared us for the fallout of from the fall of Afghanistan. We were successful in running online sessions and when the country opened up we restarted our drop in sessions which were welcomed by all. Our helpline was busier than ever and we were able to offer comfort and support to veterans in crisis. We also assisted police and paramedics in similar situations. <u>Case Studies</u> M was referred via Tils. He was sofa surfing with his young daughter and his mental health was suffering as a result. We assisted him with his housing application and supported him while permanent housing was found. Once this was secured we assisted him to furnish his daughters bedroom and offered further support when needed. B came to us via a call to our helpline, he was homeless and hadn't eaten for a number of days. We arranged food for the short term, we then secured accommodation for him and offered ongoing support.

		J came to our attention via the local council and police. He had recently been discharged from hospital after suicidal thoughts and Alcohol addiction. Unfortunately, J was not a priority for our local council even though he was having severe withdrawals from alcohol, he was asked to leave council funded accommodation after a few nights and this was done at very short notice so we had to act extremely fast to signpost J to suitable accommodation in Liverpool. We transported J via train under our supervision due to his health condition at the time, Once there we paid a months rent up front and paid for food and other essential items. <u>Other Activities</u> We have managed to run regular dropping sessions for veterans and their families as well as outdoor activities which included walking cycling magnet fishing and camping. Our veteran's food bank has been successful in securing funding for the next 12 months we also have a fantastic relationship with our local Morrisons who regularly donate food. Help A Squaddies Christmas appeal was a huge success and we managed to help over 50 families with things such as Christmas food and gifts for their children.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has been affected by the pandemic financially although we are financially sound.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to keep £20000 in reserve at all times so we can keep the charity running efficiently and cover all our overheads.
Amount of reserves held	Para 1.22	£20000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We like many other charities have faced uncertainties financially because of the impact of the covid 19 pandemic.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Various grants and fundraising events/activities.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	None at this time.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charitable incorporated organisation with constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Constitution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any New Trustee is selected by current board of trustees and the CEO. We are constantly trying to find any gaps in the skillset of the board and we will advertise through our local support organisation Support Staffordshire if and when needed. We ask for references and previous experience of a trustees role. We also prefer to have trustees with lived experience of Veterans issues.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Help A Squaddie
Other name the charity uses	
Registered charity number	1182523
Charity's principal address	11 Anson Street Rugeley Staffordshire WS152BG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Cameron Urquhart	Chairperson		
2	Mike Aston			
3	Martin Jackson			
4	Eben Tatam			
5	Ayden Fessey	Treasurer		
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Cameron Urquhart	
Position (eg Secretary, Chair, etc)	Chair	
Date	23/03/21	

Help a Squaddie
Income and Expenditure Account
1st October 2020 - 30th September 2021

	<u>- 2021 -</u>	<u>- 2020 -</u>
Income		
Collection, Donations & Events	3,770.78	4,710.86
Sales	5,582.98	314.30
Fundraising	5,990.05	0
Donation from Staffordshire Regiment	-	1,500.00
Prior year adjustment to income	3,413.36	0.00
Restricted Income	18,650.00	20,000.00
	<u>£37,407.17</u>	<u>£26,525.16</u>
Expenditure		
Office Costs	966.05	
Client Drop-in Centre	1,463.51	936.52
Equipment/Fund Raising costs	3,119.40	626.22
Client Support	3,414.85	1,310.83
Restricted Funds Spent	18,173.92	33,950.54
Insurance	0.00	246.16
Training & Subscriptions	723.57	0.00
Post, printing & stationery	29.47	201.03
Workwear	168.00	305.83
Accounts	240.00	540.00
Travel costs	278.03	620.30
Equipment for Office	446.84	299.48
Website	251.31	107.16
Other	29.89	38.98
	<u>£29,304.84</u>	<u>£39,183.05</u>
Surplus / (Deficit)	<u>£8,102.33</u>	<u>(£12,657.89)</u>

Balance Sheet as the Year Ended 30th September 2019

Current Account Opening Balance as @ 1 Oct 2020	39,625.91		52,283.80
Surplus / (Deficit) for the Year	8,102.33		(12,657.89)
Movement Summary	<u>£47,728.24</u>		<u>£39,625.91</u>
Current Account Closing Balance as @ 30 Sept 2021	47,573.24		43,345.31
Debtor	200.00		
Owed to Kerry Urquhart	-45.00		-306.24
	<u>£47,728.24</u>	£0.00	<u>£43,039.07</u>

Funds Summary

Restricted Funds - Lotto	13,825.99	26,484.56
Restricted Funds - Government	3,592.16	4,857.71
Restricted Funds - J Jukes Garden	55.93	55.93
Restricted Funds - Onestop	199.71	199.71
Unrestricted Funds	30,054.25	8,028.00
	<u>£47,728.04</u>	<u>£39,625.91</u>

ACCOUNTANT'S REPORT

The above Income & Expenditure account for the year ending 30th September 2021 has been prepared without full audit from books, records, information and explanations supplied and is in accordance therewith



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Help-a-Squaddie

On accounts for the year
ended

30th September 2021

Charity no
(if any) 1182523

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

10th March 2021

Name:

Michael James

MJ Accountancy Ltd

Address:

Suites 2 & 3 Bow Street Chamber

½ Bow Street

Rugeley, Staffs WS15 2BT