

Gift Wellness Foundation Annual report 2 Nov 2020– 1 Nov 2021

Gift Wellness Foundation, registered number 1182451

Correspondence address:
63 Gladstone Street
Derby, DE23 6PQ

The Objective

The relief of poverty and the promotion and preservation of good health among women and girls in such parts of the world as the trustees shall from time to time determine by the provision of sanitary products that they would otherwise be unable to afford due to lack of means and by the provision of information regarding the use of sanitary products and menstruation and personal hygiene in particular but not exclusively by working with established national, international registered charities and organisations, focusing on projects to supply non-toxic and ethical sanitary products to women and girls in need.

Trustees

Chair of the Gift Wellness Foundation: Dr Zareen Roohi Ahmed

Trustees:

1. Dr Zareen Roohi Ahmed
2. Aneesa Talib
3. Naurin Ahmed

Bank

Royal Bank of Scotland
Market Place
Derby, DE1

Through our website: www.PeriodPoverty.uk, the Gift Wellness Foundation supports women in crisis by providing non-toxic sanitary pads to women who can't afford or access them, such as homeless and refugee women, those who rely on food banks such as women on low incomes and students; and to girls who are prevented from attending school simply because they don't have menstrual products.

·With the support of local volunteers, community organisations, local authorities and businesses we are working towards our goal of eliminating period poverty in the UK's most deprived communities by the end of 2025; starting with our home city of Derby.

·Continue to provide sanitary pads to women in refugee camps in disaster-stricken and war-torn parts of the world

·Alongside our provision of sanitary products, we focus on dispelling myths and taboos about periods and work to normalise the conversation about periods, so that girls and women are no longer held back because of their periods



With the support of a grant from Awards for All, we held a successful Period Poverty Forum, supported by the local council to facilitate the collaboration between our charity and local women's organisations, schools and statutory bodies.



Delivering menstrual pads at a local women's crisis centre in Derby.





Distributing sanitary pads in Syrian refugee camps

Gift Wellness Foundation Account 2 Nov 2020 - 1 Nov 2021

Opening Balance	£	57.31
Money In	£	44,613
Money Out	£	42,188
Closing Balance	£	2,482

Gift Wellness Foundation Accounts to 1st November 2021

Bank Opening Balance	57.31
Receipts	44612.66
Payments	42187.64
Closing Balance	2428.33

Gift Wellness Foundation Annual Accounts to 1st November 2021

The breakdown of transactions is listed below.

Receipts

Donations	42167.07
HMRC Gift Aid	2445.59
	44,612.66
Donation Processing Fees	2637.64
Social media scheduling	250.00
Purchase of menstrual products	39300.00
	42,187.64

HUMAIRA TABBASSUM BOOKKEEPING

Gift Wellness Foundation Accounts to 1st November 2021

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	42,187.64

I can confirm that I have checked the balances and that these accounts are true and accurate. If I can be of any further assistance, please do not hesitate to contact me.

Yours truly

Humaira Tabassum.

Address:

36 Linnet Hill, Mickleover, Derby, DE3 0SJ