

Sliding Doors

Registered Charity No 1182432

Trustees' Report and Independently Examined Financial Statements

For the period ended 31st March 2022

Vision. "to give vulnerable and isolated people, in the Blackburn with Darwen area, access to opportunities, support and enjoyment."

Address 26 Plantation Road Blackburn BB2 4QA

Bankers Lloyd's Bank

Church St Blackburn

Independent Examiner D.Singh and Co

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Trustees' Report

Monday Social

The Monday Social groups runs from St Edwards Church Hall in Darwen. The aim of the session is to provide a range of activities to meet the needs of our users in a safe and welcoming environment. The activities include crafts, games, music, dancing, quizzes, baking etc. All the activities are chosen by the users themselves, we are always keen to try out new activities. We have other agencies attending some of our sessions, offering information and support to our users. People are welcome to attend for half or full days. The sessions are run by staff and volunteers.



Lads Group

We started the Lads group to provide support and activities for young men with additional needs who have reached the age of 19 years of age.

When they reach the age of 19 young people with additional needs are no longer able to attend mainstream college, the support and benefits they received change as they are now seen as adults. Suddenly these young men find themselves alone without the structure of going to college and being with their friends. There is little chance of paid employment for many of these young men and we see how quickly their confidence and self-esteem diminishes. After talking to the young men their parents and carers the need for the group was very apparent. The group mee

t up every week in our Community Hub and undertake a wide range of activities from Outdoor activities, Bowling, Archery, Football to Cooking and Painting. They are also involved in maintaining the planters outside the Community Centre. We secured funding from Awards for All for this group which enabled us to employ a youth worker and provide transport to take the group out of the area to give them the opportunity to have new experiences away from the own neighbourhood. They have been to the coast, Manchester Museum, Outdoor activity centres, bowling and the cinema.

The group continues to grow from strength to strength and we have widened the target group to allow other men to join us. We have an average of 10 young men each week and 2 of the original young men are now volunteers not only supporting this group but also helping at other sessions.



Tuesday Youth Group

Our Young meet each Tuesday evening from the hub, we have a youth worker and volunteer supporting the club. The young people who attend have a range of additional needs who find it hard to fit in at mainstream clubs.

The club provides a place for these young people to feel safe and have the opportunity to express themselves and try out new activities with other young people who understand the difficulties they may have experienced. We offer a range of activities and informal training, many of the activities are chosen by the young people and include a lot of Music, PlayStation Games, Wii, Baking, Art and Drama. We also take the group out on walks and undertake outdoors sports including football, Archery and Crown Green Bowling. We continue to see their confidence grow and new friendships formed. Several of the young people are now volunteers with the charity.



Men's Group

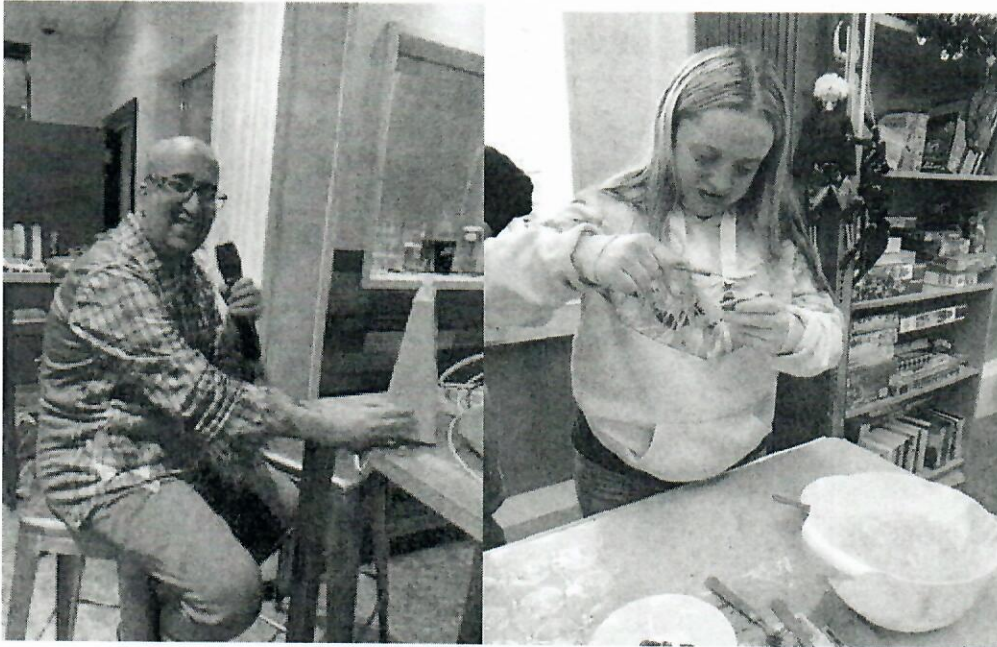
The Men's group was started at the request of the Stroke Society who knew of several men who had suffered a stroke and were finding it difficult to get back into the community. The group is run by a volunteer who himself has health issues, again supported by staff. Unfortunately, since the pandemic the number of men attending the group has reduced, it seems the pandemic hit these men quite hard. We are in regular contact with the men and have seen a big decline in both their physical and mental health.

We are continuing to run the group however we are looking at how we can take it forward and increase the numbers of men attending.



Wednesday Social

The Social Groups runs on a Wednesday morning in the Hub. The aim of the session is to provide a range of activities to meet the needs of our users in a safe and welcoming environment. The activities include crafts, games, bingo, music, dancing, quizzes, baking etc. all the activities are chosen by the users themselves, we are always keen to try out new activities. We have other agencies attending some of our sessions, offering information and support to our users



Wednesday Happy Songs & Music Group

This session is one of the most popular groups we run and is very well attended by a wide range of people from all ages with of a wide range of additional needs including people with memory loss and early signs of dementia alongside young people with Learning difficulties and people with disabilities. It is a very fun and happy group with lots of laughter, singing and dancing taking place. The group is mainly run by volunteers with the support of staff.

We have found that music is a great way of bringing people together, making people happier and helps them forget their problems and can bring back happy memories. We love to see how everyone leaves the session smiling.



Thursday Ladies Group

The Ladies group is a very popular groups and is attended by a group of ladies who are over 60 many of which live alone and can be lonely and isolated. We havè guest speakers attending giving information on other services and support available. We deliver a range of activities including Quizzes, Music, Aromatherapy, Art etc all activities are decided by the ladies themselves. Unlike the Men's group the number of ladies attending has increased since the pandemic. Many of the ladies meet up outside the group and supported each other through the lockdowns. Many lasting friendships have been formed.



Thursday Evening Disco Party Night

Our flag ship social evening is still very popular. The number of people attending is continuing to grow since the pandemic with numbers almost back to pre-pandemic levels. We regularly have over 100 people each week coming together to enjoy an evening of singing, music and dancing and lots of fun.

The diversity of the users is incredible with ages from 18 to 80 years plus with a wide range of additional needs together with people who are lonely and isolated. Volunteers play a big role in this session.



Platinum Jubilee Project

We have been awarded funding from Awards for All for a project to celebrate the Queens Platinum Jubilee. The project includes an Art workshop designing and creating a lasting piece of artwork to be displayed within the community centre, A music project looking at people favourite songs during the past 70 years and creating singing sheets to be used at our Happy Songs and Music Group an a Big Traditional Afternoon Tea Party to be held in June.

Sewing

Our sewing project had to change due to the social distancing restrictions we were unable to deliver sewing classes, however our volunteers made over 200 face masks that we distributed to our service users, carers and others in the care sector.



Volunteers

Our aim is to provide worthwhile volunteering opportunities for people with additional needs who have previously not had the opportunity to help and support people before. We have 20 volunteers and are very proud of them all, without their support we would not be able to deliver the range of activities and support we currently provide.

Financial Review

2021/22 has been a year of transition as things returned to normality following the significant disruption of the pandemic.

We have continued to receive superb support from the National Lottery and are very grateful to them and to a number of other grant giving trusts who have supported us throughout the year.

For the first part of the year, we continued to receive significant support from the Furlough Scheme and other Government grants

General position

Lottery Grant. We were successful in obtaining a grant from the Lottery Community Fund, which is for three years and will ensure that Sliding Doors can continue its work for the next three years. The funding will end in August 2022. We are extremely grateful and fortunate to have received a further grant for 4 years, which will ensure our stability until the summer of 2026.

We are extremely grateful for the support of a number of charitable trusts, and organisations.

Group income. Before the pandemic, weekly group income had risen to its highest level ever, an average of £1700 per month. This reduced to practically nothing throughout the 3 lockdown periods and had just begun to recover by the end of the 2020/21 financial year. By the end of 2021/22, group income was regularly over £2,000 per month

Reserves Policy. The Trustees have decided that a sum of £7,500 should be placed in a special reserve account, to pay the redundancy costs for staff as well as other winding up costs. When determining the appropriate level of reserves each year, the trustees monitor the economic background including the current climate of significant public sector funding cuts and massively increased competition for grant funding. In accordance with our Reserves Policy, we aim to maintain unrestricted reserves equivalent to a minimum of three months unrestricted expenditure. We currently have 2 months' running costs in unrestricted reserves.

Going Concern statement

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements

Trustees' Responsibility Statement

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the “going concern basis” unless it is inappropriate to presume that the charity will continue in operation. The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

Structure, Governance and Management

Sliding Doors became a registered Charity on 19th March 2019 and is governed by a constitution and set of rules, which have been approved by the Charity Commission

The Board of Trustees is the body responsible for the government and management of the organisation. The trustees, who served during the year and up to the date of signature of the financial statements were:

Paul Fish

Sandra McNeil

Ian Parker

Darren Pilkington

Diane Turner

The trustees meet approximately every 8 weeks; they are responsible for the strategic direction and policy of the charity.

The Trustees have delegated the day-to-day running of the charity to the Director and staff team.

Approved by the board of trustees on 9th February 2023 and signed on its behalf by:

Sandra McNeil

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Sandra McNeil

Trustee

SLIDING DOORS
INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31ST MARCH 2022

Independent Examiner's Report to the Trustees of Sliding Doors

I report on the accounts of the charity for the year ended 31st March 2022, which are set out on the following 4 pages.

Respective responsibilities of Trustees and Examiner

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

It is my responsibility to:

examine the accounts under section 145 of the 2011 Act

to follow the procedures laid down in the general Directions given by the commission under section 145(5)(b) of the 2011 act

to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Daljinder Singh

Date: 9th February 2023

D Singh & Co
Chartered Certified Accountants
2 Wookey Close, Preston
PR2 9HE

SLIDING DOORS

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31ST MARCH 2022

	Unrestricted	Restricted	Total	Total
	£	£	2022	2021
	£	£	£	£
Income				
Income from activities/Groups	22,987	-	22,987	2,173
Grants Received	720	73,515	74,235	70,341
Covid Grants from the council	-	-	-	5,668
Job retention scheme payments received	10,068	-	10,068	14,648
Bank interest received	5	-	5	4
Donations	-	-	-	394
Total Income	33,780	73,515	107,295	93,228
Expenditure				
Accountants fee	1,085	-	1,085	975
Activities	105	495	600	283
Cleaning materials	101	-	101	-
Equipment expensed	237	895	1,132	1,763
Food	414	520	934	420
Insurance	259	-	259	249
Telephone	342	96	438	384
Publicity	-	-	0	208
Raffle Prices	313	22	335	208
Repairs	-	-	0	-
Resources	1,311	522	1,833	468
Room Hire	2,645	3,841	6,486	-
Salary & Pensions	23,508	47,779	71,287	57,441
Stationery	319	-	319	389
Subscriptions	319	-	319	-
Sundries	1,389	98	1,487	121
Training	-	-	0	-
Travelling Expenses	503	722	1,225	572
Volunteers Expenses	620	2,540	3,160	1,055
Total Expenses	33,470	57,530	91,000	64,536
Net of Income/ (expenditure)	310	15,985	16,295	28,692
Transfer between funds	(18)	18	-	-
Total Funds brought forward	8,215	54,941	63,156	34,464
Total Funds carried forward	8,507	70,944	79,451	63,156

SLIDING DOORS

BALANCE SHEET AS AT 31ST MARCH 2022

	Notes	2022		2021	
		£	£	£	£
Current Assets:					
Bank balances	1	79,451		63,156	
Debtors & Prepayments	2	-		-	
		<u>79,451</u>		<u>63,156</u>	
Current Liabilities:					
Creditors and Accruals	3	-		-	
Net Current Assets			<u>79,451</u>		<u>63,156</u>
Total Assets			<u>79,451</u>		<u>63,156</u>
Represented by:					
Reserves					
Unrestricted Reserves		8,507		8,215	
Restricted Reserves		<u>70,944</u>	<u>79,451</u>	<u>54,941</u>	<u>63,156</u>

The notes on the appended pages form part of these financial statements.

Approved and signed on behalf of the Board of Trustees on 9th February 2023 by:

Sandra McNeil

..... Trustee

Date: 9th February 2023

SLIDING DOORS

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST MARCH 2022

	2022	2021
	£	£
1. Bank balances		
Current Account	24,942	16,151
Deposit account	54,509	47,005
	<u>79,451</u>	<u>63,156</u>
2. Debtors & Prepayments		
Prepayment	-	-
Grants receivable	-	-
	<u>-</u>	<u>-</u>
3. Creditors and Accruals		
Accruals	-	-
	<u>-</u>	<u>-</u>

SLIDING DOORS
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2022

4. **Reserves**

<u>Details</u>	<u>Details</u>	<u>Opening Balance (01/04/2021)</u>	<u>Receipt</u>	<u>Expenses</u>	<u>Transfer between reserves</u>	<u>Closing Balance (31/03/2022)</u>
Unrestricted						
Unrestricted	Reserves	8,145	33,780	(33,470)	(18)	8,437
Unrestricted	Sewing	70	-	-	-	70
Total unrestricted Reserves		<u>8,215</u>	<u>33,780</u>	<u>(33,470)</u>	<u>(18)</u>	<u>8,507</u>
<u>Restricted</u>						
One Stop		23	-	(23)	-	-
CVS	Youth	350	-	(318)	-	32
CVS		-	920	-	-	920
RC		29,719	39,651	(35,986)	-	33,384
Progress		945	-	(870)	-	75
Baily		10,000	-	-	-	10,000
Co-op		715	-	(733)	18	-
CF Covid		263	-	(263)	-	-
Comic releif		1,831	1,880	(3,711)	-	-
Lottery-covid		9,126	-	(4,126)	-	5,000
Newground		285	-	(285)	-	-
Comic 2		1,684	1,950	(3,634)	-	-
Awards for all	(Lads in the Lead)	-	9,570	(3105)	-	6,465
Awards for all	(Plat)	-	7,565	-	-	7,565
Postcode		-	<u>11,979</u>	<u>(4476)</u>	-	<u>7,503</u>
Total restricted Reserves		<u>54,941</u>	<u>73,515</u>	<u>(57,530)</u>	<u>18</u>	<u>70,944</u>
Total Reserves		<u>63,156</u>	<u>107,290</u>	<u>(91,000)</u>	<u>-</u>	<u>79,451</u>