

FRIENDS ACTION NORTH EAST CIO

REPORT AND FINANCIAL STATEMENTS
For the year ending 31 March 2022

Charity Number 1182364

FRIENDS ACTION NORTH EAST

FANE ANNUAL REPORT 2021





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FANE Structure and Governance

FANE is managed and run by the Board of Trustees.

The Trustees have control of the Charity and its property and funds. There are four Trustees in a named role in office in 2021/22.

The Trustees have the responsibility to ensure the activities of FANE are conducted in compliance with the rules of the Charity Commission and the Articles of the Memorandum.

The Trustees ensure the work programme is met and the finances are managed appropriately.

All the accounts are audited annually by an independent examiner.

The Trustees hold a Trustee meeting quarterly and hold their Annual General Meeting every year. The minutes of all meetings are held at the office and are also circulated to members of FANE and anyone who wishes to access them.

The Trustees complete accredited training about their roles and responsibilities as a trustee including safeguarding and update this accordingly.

Election of new Trustees is usually held at the Annual General Meeting, and all Trustees are required to complete an enhanced disclosure and barring check before being accepted as a Trustee.

In 2008 FANE was a Registered Charity Unincorporated Association, however in 2019 the trustees voted to change the charity's status to that of a Charitable Incorporated Organisation (CIO), as this would better suit the charity's needs and objects, whilst providing protection of trustees and members.

The original constitution of FANE was agreed on 26th November 2008. The constitution was amended on 1st February 2019 as part of the status change to Charitable Incorporated Organisation and who's only voting members are its charity trustees using the 'Foundation' model.

CIO Transfer 2019/20

In March 2019 FANE successfully applied to become a charitable incorporated organisation (CIO). This does not affect the FANE aims or objects, it just means that our trustees are safeguarded better for the future, and it supports FANE to move forwards with our future plans.

We transferred all our assets over from FANE registered charity 1127153 from March 2021.

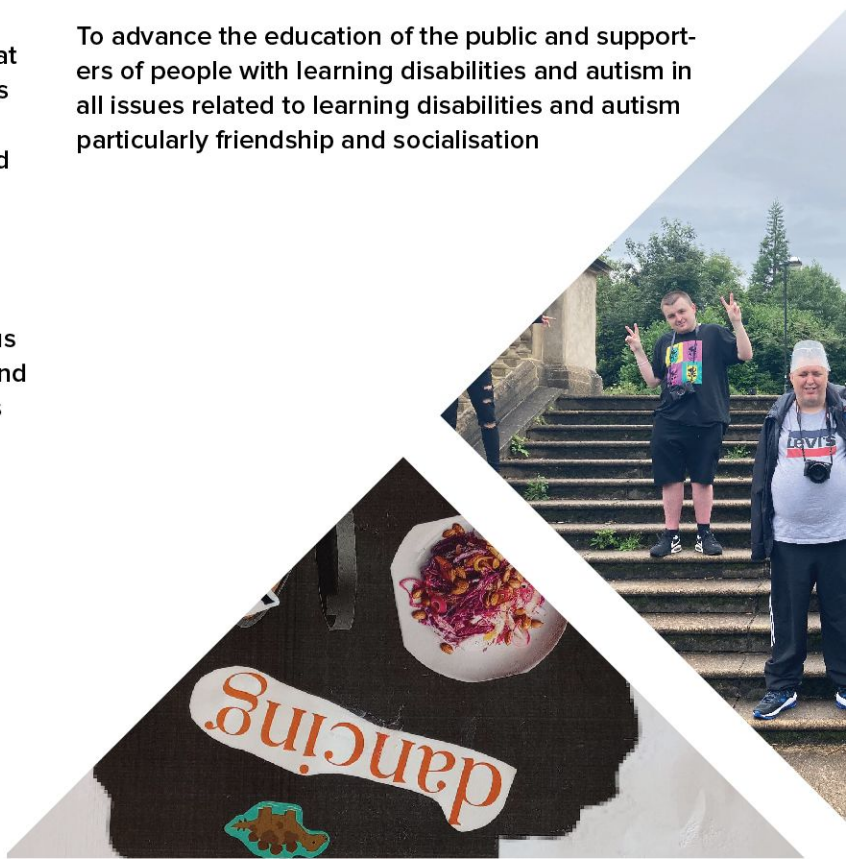
Our CIO number is 1182364 and we are registered with the charity commission.

All FANE projects and activities remain the same.

Objectives

To assist people with learning disabilities and autism to develop and maintain friendships and friendship groups to enable them to achieve their full potential as members of the local community

To advance the education of the public and supporters of people with learning disabilities and autism in all issues related to learning disabilities and autism particularly friendship and socialisation



Our Core project work

FANE was set up in 2004 when a group of people with a learning disability got together with a mixture of community and statutory sector staff volunteers to map out what it would take for them to have ordinary, equal friendships.

Their aims were to raise people's expectations and celebrate their skills and abilities as well as finding ways to overcome the things they found difficult around making and keeping friendships.

They explored ways they could be supported to overcome personal barriers to having an ordinary social life and this work formed the basis of friendship mentoring programme.

Since then, FANE has grown and developed organically, always keeping the people using the project in the driving seat to inform the way want to be supported to achieve their personal friendship goals.

In 2008 FANE became a registered charity and since then with the support of grants from many trusts and foundations it has evolved to support many people through the mentoring programme and social groups. FANE has continuously developed its activities and services to meet the ever-changing needs of the individuals and their supporters using the project, and to adapt to the wider changing social and economic climates.

FANE now supports people with all aspects of friendship through 1:1 support and mentoring, peer support, training, digital inclusion work, well-being social groups, community connections, co-production with other organisations and collaborative projects across the North East.

Our aims are to empower, inform, and support people to keep safe, feel valued, combat loneliness and self-advocate for equality to benefit from the improved health, wellbeing and quality of life that results from having healthy friendships and connections in their lives.

In these recent post Covid and extremely challenging times, FANE has faced the most demanding challenges yet, endeavouring to maintain all elements of the project. We have faced a crisis and shortfall in maintain project funding, whilst an increase of referrals and demands on our service.

We have lost staff members due to not securing funding and all staff team members are now operating on significantly reduced hours.

This financial year (2021/22) Has seen the end of our core Funding from The Henry Smith foundation and the Covid 19 funding period from the Tudor Trust.

The County Durham Community Foundation funding has ended that extended our work into County Durham.

We set up a Crowdfunder to help us raise emergency money to bridge a funding gap and stop the charity from closing, which raised £1,380.

This current year's project work began in March 2022 and although we have been running on our remaining funds up until September 2022, we have since secured funding from the People's Post Code Trust of £25,000, £10,000 from the Community Foundation, £1000 from The Joseph Strong Frazer Trust, £30,000 over 3 years from Sir James Knot Trust and £5,000 from the William Leech Charity.

These amounts will keep FANE continuing until March 2023 at current reduced capacity until we hear from our other funding applications that have been submitted. The total number of Funding bids that have been submitted over this financial year is 27.



Our business plan includes getting our community model of support to be commissioned with local authorities and the selling of our Friendkit training. However, we are impacted by capacity to deliver these plans due to lack of staff and our commitments to deliver our current funded project outcomes

PROJECTS

A background image of a man with dark hair, wearing a light-colored jacket, holding a black camera with a Fujinon lens up to his eye and taking a photograph. The image is overlaid with a teal and blue geometric pattern consisting of large triangles.

Our projects

Research shows that having friendships and being involved in community activities is beneficial to a person's health and wellbeing and can reduce feelings of isolation and loneliness.

The Mentoring programme

The Mentoring programme is a community model of support that is based on the outcomes of FANE's prior work of supporting people with a learning disability and autism to make and maintain safe, positive friendships.

One of the lessons learned by FANE is that developing friendships is often still the most difficult, skilled, intensive, and overlooked part of people's lives. The mentoring programme is designed to address this need and allow the people who are referred onto the programme to

directly inform and shape its content and methods of delivery around their individual needs and barriers.

It enables a minimum of 20 adults with a learning disability or autism per year to receive intensive, personalised, 1:1 support to make realistic friendship goals according to their individual needs. They gain the skills required to put those goals into practice and make new friendships in their own communities, whilst getting the specialised 1:1 support to sustain them. 20+ people per year get access to our regular health and wellbeing socials.

All people referred to us have access to our full induction programme 'Friendkit' and supported to:

- Explore realistic friendship goals and set individual targets
- explore social opportunities to make friends and support networks
- practice social interaction with 1:1 support
- practice budgeting and money skills
- attend our 'Friendkit' training programme, what is a Friend, Plan B, Social interaction and Goal Setting
- attend Tech Smart workshops, which includes staying smart and safe on social media, reporting, and recognising hate/mate crime abuse and exploitation.
- digital support -including a tablet to have access to email, remote access and training to use zoom and other useful apps via tech smart workshops and 'The good things foundation' digital training courses
- travel train/travel buddying to attend our wellbeing socials
- overcome personal barriers to friendship in a holistic and personalised way
- inform community venues and business how to be more inclusive and accessible around their specific needs
- 1:1 support to attend social groups, activities, and meet-ups with friends.
- Be signposted to other projects and support services
- Access the local safe spaces scheme
- become a volunteer peer mentor



It is very much a holistic programme that people are referred to if they are vulnerable, socially isolated or at risk from abusive relationships. We teach friendship skills through our training workshops and together build a profile of each person to identify realistic goals and starting points, look at current friendships and new opportunities to meet people and offer 1:1 support throughout their friendship journey.

The programme includes meeting with the staff team to identify needs, setting personal goals and creating an individualised friendship plan. Each person is matched with a volunteer

friendship mentor for a minimum of 2 hours per week, who supports them to work towards their goals help plan social activities and opportunities to build friendships. They are supported to attend events and community groups at the beginning of the programme and that volunteer support is withdrawn when they feel ready and confident to do this independently.

Reviews are undertaken regularly with FANE staff, volunteer mentors and supporters and only when all goals have been reached, people are signed off the programme with a celebration of achievement event.



Pilot and partnerships

Through our mentoring programme work FANE has developed a community model of support around friendship and a toolkit that has been informed by the people we have worked with.

Through training workshops, we cover several topics relating to making and keeping healthy friendships and our model of support offer resources, tools and frameworks to embed, track, monitor and record friendships skills for a wide range of skills and abilities in a holistic, person-centred way.

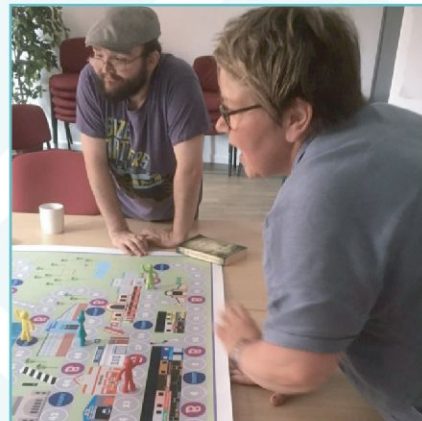
The training workshops include topics such as exploring how friendships are different from other types of relationships, what makes a good friend, what barriers people encounter when making and keeping friends

and ways to overcome them. We have also developed workshops that address mate/hate crime and discrimination, staying safe when out and about in the community, when relationships break down and using social media tools/apps devices and mobiles to maintain friendships and connect.

The FANE community support model helps inform people in local communities about a person's support and access needs including their goals, needs and aspirations around friendship. It also provides a

first contact for securing lasting community connections helping to make people feel more valued and included- which helps to reduce the impact of social isolation.

We have worked in partnership with projects in the region such as Sunderland people first, Your Voice Counts, Skills for people, Bullion Hall, Liberdade project, Mencap, Espa and North Tyneside special education youth forum to pilot Friendkit and tech smart workshops.



Feedback we got from the Plan B training sessions:

"I really liked the session as it was very helpful and taught good values to have in friendships and shows reliability and understanding"

"Really useful to build new skills and think about a Plan B"

"I liked the interaction"

"It got the group talking and interacting with one another to discuss the safe ways to travel"

"The game is fun and clever"

"Happy playing the Plan B game and all the chatting"

"Helped me to choose different questions and situations"

"Excellent resource for learning about friendships and relationships"

"Team discussions about how we all react and interact differently to the same situations"

"Different options to the questions and make you think"

"Helping us to think about how to react to Mate crime and where to get help"

"The game was a fun and inventive way to look at and discuss life scenarios, friendships and how we react to situations"

"I thought the game was particularly great for J! Although she was initially sceptical about joining in once she saw how it worked it really appealed to her (perhaps because it was clear that the situations were fictional). I've known her for some time and never seen her engage with a game it gave a really good insight into her understanding that you wouldn't get if you tried to 'talk with her' about the same situations."

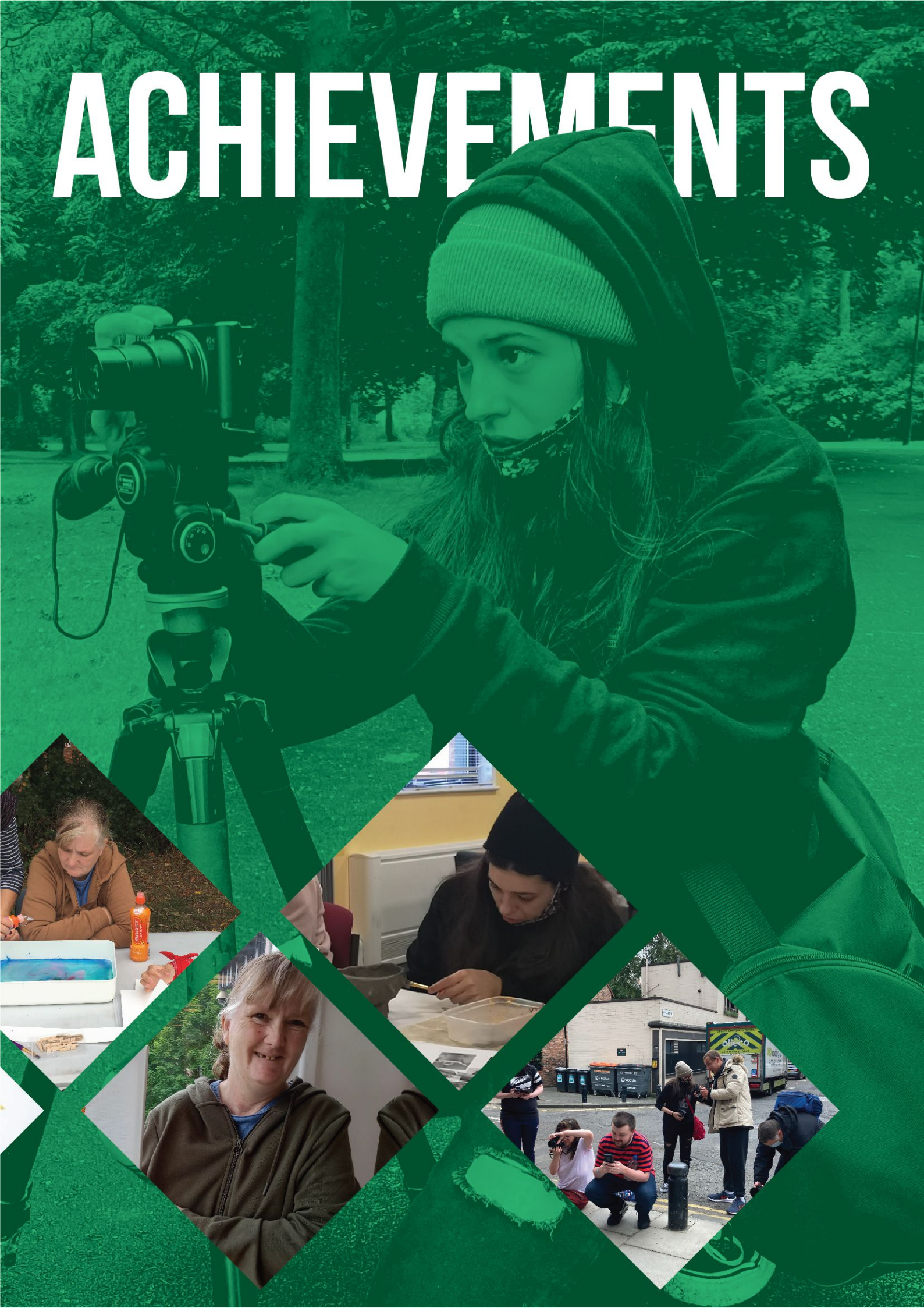
Elizabeth, NT SEND Youth Forum

"The group were very engaged with the game in the afternoon which was perfect when their attention had started to flag at the end of the day. There was lots of serious debate about the cards and actually highlighted areas to be aware of with their answers to know how best to support. So, from that perspective it was also a useful assessment tool as well as a support mechanism.

There were also lots of fun and laughter too and really helped group interaction. They LOVED the social media scenarios on the cards."

To find out more information about 'Friendkit' training packages visit the FANE website www.friendsaction.co.uk or email: info@friendsaction.co.uk.

ACHIEVEMENTS





The last eight years has seen FANE support over 3,600 people with a learning disability and autism in a 1:1, group support and training capacity.

The last 2 of those years have been throughout and post covid-19 pandemic.

People have been supported to attend training workshops around positive and equal friendships including keeping safe and mate/hate crime awareness and a digital inclusion programme, which includes using a device or smart phone and training around staying safe online and on social media and video platforms.

We have also provided training/information/guidance to 3877 supporters of people with a learning disability and autism (including staff, parents, carers and professionals), through training workshops, presentations at open days, conferences and through meetings with partner organisations.

We train both student and community volunteers as well as people's supporters to learn the skills needed to positively support friendship and provide online tracking and monitoring systems to record skills attained and friendships developed.

We have trained over 200 volunteers in the last seven years using both our in-house induction training and external training such as safeguarding/first aid etc. Our volunteers

include Health & Social care/psychology university placement students, community volunteers, graduate interns, research graduates and supporters.

We place a strong emphasis on building and maintaining meaningful friendships that last beyond the 1:1 period and enabling each person to achieve their own level of autonomy and interdependence when working towards their long-term friendship goals.

The FANE website provides accessible information, resources, and guidance around supporting positive friendships, news from the community sector, a 'what's on' and planning tools including community mapping. An average of 4,000 people use our website per month.



Health and wellbeing socials and Friendship support groups

The aim of the group support model is to provide opportunities for people in their local communities to make and maintain friendships and connections in a safe inclusive space, as well as practice their learned social and independence skills using a range of social activities that support and promote physical and mental well-being; for example, sport/fitness/ walking/yoga/arts & crafts /healthy eating etc.

We provide a lead activity worker and a volunteer friendship supporter for each group, who helps with organisation, travel, safeguarding and the delivery of activities-including support for people's mental wellbeing.

Everyone enrolled on the mentoring programme has full access to these groups, however people can also be referred via a guest application referral if they do not require or meet the criteria of the 1:1 mentoring programme. Whilst we do not provide 1:1 support for these groups, people with additional support needs are not excluded from them but are required to bring their own support from home or a Personal Assistant. Our face-to-face social groups currently take place in Newcastle, Chester-Le-ST and the Gateshead area, but our remote set up during the pandemic

groups are accessed by people all over the North East.

All groups have a shared plan based on what people want/need from the group, how it will become more self-sufficient and review sessions. Sessional staff and volunteers are all trained through FANE and monitor potential friendships, support communication and other social interaction barriers that people encounter. Many independent friendships have developed between individuals from these groups.

Post-pandemic our steering group members have recently developed a model of supporting younger people with their friendship and well-being needs and also a women's menopause support group. Which we hope to begin the youth element in 2023 in collaboration with children's North East and the women's group by the end of 2022

The queens Jubilee project:

This summer were successful in securing a small amount of funding to celebrate Queen Elizabeth's platinum jubilee. Our art group and mentoring group members created some amazing print artwork in tribute to the queen and had a lovely tea party as part of those celebration in partnership with the Ouseburn farm.



Tech smart and Techy Tea parties:

Our tech smart course was designed to deliver workshops to people to keep them confident, smart, and safe on social media platforms.

These workshops were to directly address some of the barriers and issues people were having with their friendships when interacting on social media forums.

We had been delivering these in schools and colleges pre-covid but have adapted them to be deliverable over zoom since Lockdown. This is a Northumbria crime commissioner funded project and we are working in partnership with the community engagement teams to publicise and shape this project.

We have delivered remote sessions to people in Newcastle, Northumberland, and County Durham during the lock down. Topics included were staying safe online, how to access groups via zoom and how to use a tablet and the internet to connect with family and friends, and how to shop online etc

FANE members wanted to create a social event around some of their digital needs, so we delivered a series of workshop socials called 'Techy tea parties'. The workshop content was user-led and based around some of their current online needs and barriers' e.g., online banking/Tic Tock/bus timetable Apps/safety promo on social media (particularly Tic Tock).

Woodland Wellbeing

In partnership with North East Wilds CIC, we began our new health & wellbeing Social to help people who were struggling with their mental health post-covid. Our woodland wellbeing sessions were a pilot project that allowed 10 people to be part of a Forest school/nature community model, which has been proven to improve people's mental health and anxiety to connect them to nature and become part of a community to support each other.

The group got to experience whittling, making a fire, woodland crafts, and cooking on a handmade campfire.

We have just submitted a joint funding application to collaborate together for a further 12 months and we will keep you posted as to the outcomes!

Friendkit training/outreach model of support

mission statement:

'A model of support with social value that invests resources back into the community to reduce loneliness and isolation'

Our community model of supporting friendship, includes training and support via a tried and tested model that enables sustainable, safe friendships for people with a learning disability and autism. It gives supporters tools to track, monitor and support friendships enabling them to become a 'friendship champion' within their own organisations and homes.

FANE has mapped out a plan to share our support model and resources in a cost-effective way, without incurring the full costs of the mentoring programme, Friendkit and our group models of support.

FANE's founding objects as a charity have always been to share our model of support and resources for all abilities and to ensure every member of our community can have safe equal friendships, have the right to an ordinary life and do ordinary things.

We have written a 2-day workshop that shares our model of support to use within an outreach capacity and use our resources to track, record and impact people's friendships, skills learnt and community connections.

Delivering this outreach model ensures that many more people can have access to our training, knowledge and methods that support sustainable friendships and lasting community connections. It is also a solution to expand our model beyond our current beneficiaries and current project capacities.

We will need an outreach worker post to deliver this service and a training officer to undertake the Friendkit elements.

Volunteers

Over the last several years we have worked with over 260 volunteers in various capacities: including training, telephone befriending and friendship mentoring. The essential work provided by volunteers has enabled Friendship Finders to be supported on a 1:1 basis, training and groups throughout the project providing over 31,585 hours of support to the people involved since the project began. This is equivalent to 1 full time and 1 part time staff posts per year.

We have held regular volunteer events, including paddleboarding, Climbing, bowling, board games and pizza nights- which have proven to be a real success in sharing good practice and allowing volunteers to learn from one another's experiences, support strategies, community mapping and diverse backgrounds.

In addition, this financial year FANE has worked with 10 placement students from Newcastle University as part of their Psychology/Health and Social Care degree programmes. This financial year has been difficult to plan and recruit volunteers due to our current funding issues, however, due to an eleventh-hour funding reprieve we have 4 new placements and 2 new community volunteers to begin in September 2022.

This has proven to be a successful partnership way of working which we hope to keep will continuing in the future should we be successful in our funding efforts. The students commit to working with FANE for 70 hours during their placement period, with regular contact taking place between FANE and the course leaders. The social return of this to the NE region is immense and the impact measurement invaluable.

We continue to recruit people to our peer mentoring training. In addition to the 6 trained and mentoring we have 2 new people that are hosting both an online photography and film review social group.

We continue to work with our digital volunteers whose role is to update and maintain the FANE website and social media accounts. We hope to recruit new volunteers into this role ASAP

FANE Website

Our website has been successful as a community planning tool and has seen consistently increasing traffic throughout the past 10 years.

It has been used and developed by the people we support on our projects, as well as volunteers and professionals seeking resources and information about friendship, accessibility and using the 'what's on section' for people to access events in their local communities.

We have managed to secure the funds to improve and update our website as it is now over 12 years old. We will be updating it onto a more current, user-friendly platform and be more relevant to people's current needs, exciting

new project work, and inclusive of a young person's wellbeing forum- reflecting the work we are now delivering/supporting.

After analysing our survey and feedback from people the who regularly use it, we are looking to reduce some content not being used, add other features including a training area to reflect our digital work. We want to make it much easier for volunteers to access training/information and remote evaluation forms etc

We also want to include a private space for friendship finders to access and connect with each other and reduce our community map to reflect venues that our members use in the region to meet, connect, and socialise.

Now we are more secure with our funding situation, this planned work will now go ahead in November/December 2022.

www.friendsaction.co.uk

Events

We have resumed our face to face groups and facilitated 2 groups via zoom

Art and connect

Get Out There! Group

(a regular friendly social)

Gateshead Social

Movement and Dance

Walking to wellness

Health & wellbeing socials

Techy tea parties

Photography

Woodland well being

film review group

pop up Xmas choir

Jubilee tea party

Fundraising:

We have hosted an online art auction this year to raise funds for our project work.

We have set up a crowd-funder campaign to help us bridge our funding gap. Two of our Friendship Finders Marc and Neil went onto the Gilly Hope Breakfast show on BBC Radio Newcastle to talk about their experiences of loneliness and how FANE has helped to support them. They also told everyone about the crowdfunding campaign and how they could support the charity to help us survive the difficult times ahead.

Thank you to everyone who has supported and donated to us! It means such a lot to so many people we support and has helped us to keep going a bit longer!

OUR IMPACT

IN THE LAST THREE YEARS

70

people supported with
friendship skills on a 1:1
basis

70

people involved in group
activities both face to face
and remotely

20

new people ready to start
a new friendship journey
this year

132

more people confident
and happier with their
social connections

132

people learned new
friendship skills

132

people feel more
confident using digital
technology

132

people learned how to
be safer on social media

132

people are now less
vulnerable to abuse and
'Mate crime'

35,294

people know what they
can access in their local
area

35,294

know about a safe place
in their communities

35,294

people know what
they can access in their
local area

35,294

supporters have access to training, resources
around supporting safe friendships opportunities

35,294

people are reviewing
accessibility where
they live

OVER
2,500

people less
socially isolated in
the North East

Supported and
trained over
263

volunteers and
supporters to date

Overall
31,914
HOURS

of Volunteer support

06

new university
placement students
recruited

03

3 new student
volunteers

How you can support FANE:

Here are some of the ways you can support us to achieve our fundraising goals and help connect people together in the North East:

Donating via our website:

Go to: www.friendsaction.co.uk



FUNDRAISING

Join our fundraising team

If you would like to help us raise money for our charity, are good at organising teams of people and have great ideas for inclusive fundraising events- then you may be a great person to help our fundraising team. Please get in touch with Keelie at: Keelie@friendsaction.co.uk if you're interested and we would love to have a conversation with you!

Team message

A BIG THANK YOU for all the support and dedication of everyone that has been involved in our projects this year.

At the heart of our project are the Friendship Finders that we support. They continue to prove to us that with the right support everyone can achieve their goals, stay connected to their community lives in a digital way, and continue to create ordinary social networks, overcome barriers to friendship and take control of their lives.

This year has been a very challenging time for all the staff team and project this year. Sadly, due to not securing core funding we've had to see staff member Becky Helliart leave post and both Keelie and Lucie our project and volunteer coordinator having to reduce their hours to 2 days and move onto other jobs. Sara Gibbeson our project manager has reduced her hours to 1 day and Sally; the other project manager has absorbed some aspects of these staff losses temporarily until we are successful in some of our funding applications to recruit more.

We are using our small reserves to keep the charity afloat, and we remain positive that we

will secure funding for FANE to continue in some capacity. We know that these are extremely challenging times for many people and securing funding is proving to be a very difficult thing to do for any long-term projects. This makes us more determined than ever to continue our funding strategy for the future of FANE.

The cost-of-living crisis is having a major impact on people's health and wellbeing and people with a learning disability are some of the most financially vulnerable people. We know more than ever the importance of supporting people to stay warm with food and connected with their friends and communities will be pivotal in our forthcoming year.

The Covid-19 pandemic has proven to us that what FANE does, is vital to people's mental health and wellbeing and that charities and community groups like ours are a lifeline in a crisis and must continue into the long-term future.

Post-Pandemic we face a very uncertain future with Core cost funding becoming so much more difficult to secure, putting our support, services, and charity at risk.



FRIENDS ACTION NORTH EAST CIO

STATEMENT OF FINANCIAL ACTIVITIES

Charity Number 1182364

For the year ending 31 March 2022

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<u>Income from:</u>					
Donations and legacies	7	880	-	880	930
Charitable activities					
Grants and contracts	8	31,129	81,553	112,682	155,068
Other trading activities	9	4,282	-	4,282	5,327
Total income		<u>36,291</u>	<u>81,553</u>	<u>117,844</u>	<u>161,325</u>
<u>Expenditure on:</u>					
Charitable activities					
Operation of the charity	10	25,727	111,552	137,280	122,960
Total expenditure		<u>25,727</u>	<u>111,552</u>	<u>137,280</u>	<u>122,960</u>
Net income/(expenditure)		10,564	(29,999)	(19,435)	38,364
Transfers between funds		-	-	-	-
Net income/(expenditure) and net movement of funds		10,564	(29,999)	(19,435)	38,364
<u>Reconciliation of funds</u>					
Total funds brought forward		51,374	57,371	108,745	-
Exceptional item brought forward	6	-	-	-	70,381
Total funds carried forward		<u>61,938</u>	<u>27,372</u>	<u>89,310</u>	<u>108,745</u>

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

As at 31 March 2022

	Notes	£	Total 2022 £	£	Total 2021 £
<u>Fixed assets</u>					
Tangible assets	17		1,700		2,413
Total fixed assets			<u>1,700</u>		<u>2,413</u>
<u>Current assets</u>					
Debtors	18	905		721	
Cash at bank and in hand	19	88,523		107,744	
Total current assets		<u>89,428</u>		<u>108,466</u>	
Creditors: amounts falling due within one year	20	(1,818)		(2,133)	
Net current assets			87,610		106,332
Total assets less current liabilities			<u>89,310</u>		<u>108,745</u>
Total net assets or liabilities			<u>89,310</u>		<u>108,745</u>
<u>Funds of the charity</u>					
Unrestricted income funds			61,938		51,374
Restricted income funds			27,372		57,371
Total funds			<u>89,310</u>		<u>108,745</u>

Feedback from our friendship finders in lockdown

A lovely message from our friendship finders in lock down

"Hi guys, Thanks for putting the workshop together on how to make clay elephants. We had great fun with it! Great to have you guys on board during such tricky times. eternally grateful for all your efforts.

Many thanks and stay creative
Richard, Ed and Debra xx

.....
"Hi Becky and Toby et al

Hope you're all well and keeping bright. Here's some photos from our little pottery session today with Ed and Richard! Could you post them on the page as Ed would like this. We enjoyed drawing dogs with Toby too!"

Thanks guys these are great, good to see you keeping well and creative!

.....
"It was an interesting visit to Northern Print"
Andrew (Friendship Finder)

"Ed has really loved it (printing project) and has mentioned it a lot during lockdown"

"That was brilliant that" Jayne
(Friendship Finder).

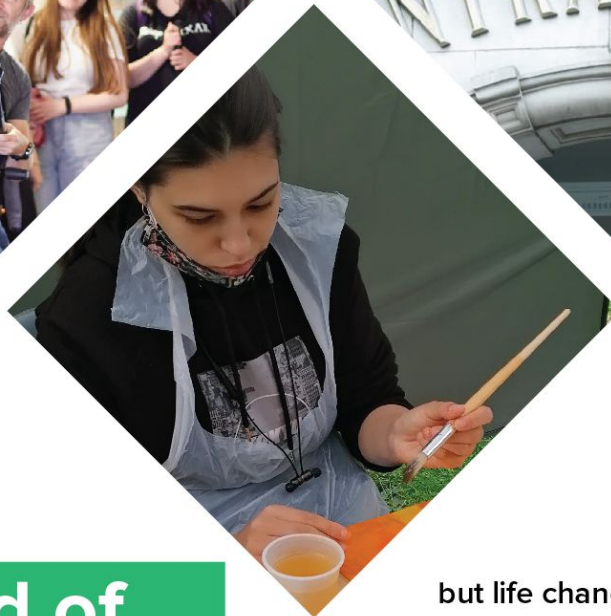
AR contacted the telephone befriending service during lockdown. She had been referred us by her mental health team, as her and her family were having difficulties during lockdown due to isolation and deteriorating mental health, which was impacting family life and relationships.

After regular telephone contact with FANE and then going onto access our face to face social groups we have had some really positive feedback from her family.

They have told us they feel very positive about all the groups AR has attended, and they have noticed a positive difference in her. Her confidence has grown, and she is travelling independently to places. They also said the respite is giving them a welcome break to relax as she is out and about much more now with improving mental health.

*When we first did a zoom meet with AR, both her and her family said she wouldn't be able to travel independently, so it's great that she is doing this now!





A word of Thanks and reflection...

Friends Action NE would like to thank The Henry Smith Charity for our grant funding for the last 3 years. Sadly, our funding came to an end in March 2022 but they have supported us to achieve many great things within our project.

We would also like to thank the national lottery Community fund and Newcastle community health fund for grants to support our health and wellbeing groups and our website post-covid.

We would like to extend thank you the Joseph Strong Frazer and Hadrian Trusts and Quayside Frozen foods for all its support and donations.

We would like to thank all the lovely people that donated to our crowd-funder campaign and supported our art auctions. Parents and carers who donated amazing crafts and artwork to auction and supported us you are amazing!

Without the support from our funders and community organisations and the wider community FANE would not be able to carry out our project work for the people we support on a day to day basis. Our impact on people's lives can be small, meaningful-

but life changing and without access to these grants and funding our project would cease to exist.

We would also like to extend such a 'BIG thank you' to all the volunteers for all their time and hard work they have given to support the people on our projects this year.

The staff team would like to thank the Board of Trustees for their hard work and support throughout the project to date and would like to welcome a new member to our board Kate Gibson.

Getting involved....

There are many ways you can get involved with Friends Action North East.

If you would like to donate or raise funds for FANE please contact us on 0191 231 4327 or email: info@friendsaction.co.uk

Becoming a volunteer or being a trustee....

We strive to be an inclusive project and we welcome people of all abilities, ages, and backgrounds to support FANE. If you would like to volunteer and can offer at least 2 hours per week of your time for the 1:1 mentoring programme, health and wellbeing groups, social media officer, fundraiser or be a Trustee please get in touch.

FRIENDS ACTION NORTH EAST CIO
ANNUAL REPORT AND FINANCIAL STATEMENTS
For the year ended 31 March 2022

1. Reference and administrative details of the charity, its trustees and advisors

Charity Name	Friends Action North East CIO		
Registered Charity Number	1182364		
Trustees	Graham Newton Barbara Creed Jason Hare Glenn Howe Kate Gibson	Chair	Appointed 28/04/2022
Registered Office	C/O Ouseburn Farm Ouseburn Road Newcastle upon Tyne, NE1 2PA		
Independent Examiner	Michelle Wright Connected Voice Services Higham House Higham Place Newcastle upon Tyne NE1 8AF	Business	
Bankers	The Co-Operative Bank Plc Customer Service P O Box 250, Skelmersdale WN8 6WT		

2. Structure, governance and management

Governing documents

Friends Action North East CIO is a charitable incorporated organisation, governed by its constitution, adopted on 07th March 2019.

Appointment of Trustees

Trustees are elected by members of the organisation at the Annual General Meeting (AGM) and are eligible to stand for re-election each year. There is a minimum of three

FRIENDS ACTION NORTH EAST CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2022

and maximum of 10 trustees at any given time. The trustees have the power to co-opt up to three other members and agree to meet at least four times a year.

Newly appointed trustees are provided with a Trustee pack giving an overview of the work of the charity, including its constitution and its finances. Should trustee training be required, this is arranged and along with any specific training needed for a particular role.

Organisation

The trustees administer the charity and the Project Managers are responsible for managing the work of the charity on a day-to-day basis.

The trustees are aware that the major risk to the organisation is lack of funding. Each quarter the risk is assessed when budgets are compared to actual spend and reserves are reviewed on a yearly basis to ensure that there are sufficient funds available to cover three months running costs and any possible redundancy costs.

Risk management

The trustees have conducted a review of the major risks to which the charity is exposed and systems have been established to mitigate those risks. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

3. Trustees responsibilities in relation to the financial statement

The trustees are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure of the charity for the year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

FRIENDS ACTION NORTH EAST CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2022

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

01/25/2023

Approved by the trustees on and signed on their behalf by:

BCreed

BCreed (Jan 25, 2023 09:18 GMT)

Barbara Creed

Treasurer

FRIENDS ACTION NORTH EAST CIO

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ending 31 March 2022

I report on the financial statements of Friends Action North East CIO for the year ending 31 March 2022, which are set out on pages 25 to 37.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a "true and fair" view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Michelle Wright
Connected Voice Business Services
Higham House
Higham Place
Newcastle upon Tyne
NE1 8AF
Date: 01/20/2023


M Wright (Jan 25, 2023 13:21 GMT)

FRIENDS ACTION NORTH EAST CIO
STATEMENT OF FINANCIAL ACTIVITIES
For the year ending 31 March 2022

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<u>Income from:</u>					
Donations and legacies	7	880	-	880	930
Charitable activities					
Grants and contracts	8	31,129	81,553	112,682	155,068
Other trading activities	9	4,282	-	4,282	5,327
Total income		36,291	81,553	117,844	161,325
<u>Expenditure on:</u>					
Charitable activities					
Operation of the charity	10	25,727	111,552	137,280	122,960
Total expenditure		25,727	111,552	137,280	122,960
Net income/(expenditure)		10,564	(29,999)	(19,435)	38,364
Transfers between funds		-	-	-	-
Net income/(expenditure) and net movement of funds		10,564	(29,999)	(19,435)	38,364
<u>Reconciliation of funds</u>					
Total funds brought forward		51,374	57,371	108,745	-
Exceptional item brought forward	6	-	-	-	70,381
Total funds carried forward		51,374	57,371	108,745	70,381

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 27 to 37 form an integral part of these accounts.

BALANCE SHEET

As at 31 March 2022

	Notes	£	Total 2022 £	£	Total 2021 £
Fixed assets					
Tangible assets	17		1,700		2,413
Total fixed assets			1,700		2,413
Current assets					
Debtors	18	905		721	
Cash at bank and in hand	19	88,523		107,744	
Total current assets		89,428		108,466	
Creditors: amounts falling due within one year	20	(1,818)		(2,133)	
Net current assets			87,610		106,332
Total assets less current liabilities			89,310		108,745
Total net assets or liabilities			89,310		108,745
Funds of the charity					
Unrestricted income funds			61,938		51,374
Restricted income funds			27,372		57,371
Total funds			89,310		108,745

The notes on pages 27 to 37 form an integral part of these accounts.

These financial statements were approved by the Board on:

01/25/2023

and are signed on its behalf by:

Mrs Barbara
Treasurer

BCreed

BCreed (Jan 25, 2023 09:18 GMT)

FRIENDS ACTION NORTH EAST CIO

NOTES TO THE FINANCIAL STATEMENTS

For the year ending 31 March 2022

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Friends Action North East CIO meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The charity reported total unrestricted funds at the year end of £61,938 and has already secured a significant amount of funding for the current year. The trustees are of the view that the immediate future of the charity for the next 12 to 18 months is secure and that on this basis the charity is a going concern.

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. In response to the COVID-19 pandemic, the trustees have revised their forecasts to take into account measures that they can take with the current resources available to mitigate the impact of the current adverse conditions. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3 Income

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

FRIENDS ACTION NORTH EAST CIO

NOTES TO THE FINANCIAL STATEMENTS

For the year ending 31 March 2022

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

3.4 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

3.6 Income from membership subscriptions

Membership subscriptions received in the nature of a gift are recognised in donations and legacies.

Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

3.7 Investment gains and losses

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

3.8 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

Expenditure on charitable activities includes the costs of training and other activities undertaken to further the purposes of the charity and their associated support costs.

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable

FRIENDS ACTION NORTH EAST CIO

NOTES TO THE FINANCIAL STATEMENTS

For the year ending 31 March 2022

activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

5 Assets

5.1 Tangible fixed assets for use by the charity

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Computer and camera equipment	Straight line over four years
Office furniture	Straight line over four years

FRIENDS ACTION NORTH EAST CIO
NOTES TO THE FINANCIAL STATEMENTS
For the year ending 31 March 2022

Exceptional Transfer

	Unrestricted Funds £	Restricted Funds £	Total 2021 £
6 Transfer	63,661	6,720	70,381
	<u>63,661</u>	<u>6,720</u>	<u>70,381</u>

As at 1 April 2020 the assets of Friends Action North East (charity number 1127153) were transferred to Friends Action North East CIO.

Analysis of income

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
7 Donations and legacies				
Donations and gifts	737	-	737	889
Gift Aid	144	-	144	41
	<u>880</u>	<u>-</u>	<u>880</u>	<u>930</u>

8 Charitable activities

Income from grants

Henry Smith Charity	-	30,000	30,000	90,000
Joicey Trust	-	3,400	3,400	-
Awards for All	-	10,000	10,000	-
Rise North East	-	2,870	2,870	-
Hadrain Trust	1,000	-	1,000	-
Newcastle City Council	1,200	-	1,200	-
County Durham Community Foundation	-	-	-	5,000
Shears Foundation	-	-	-	6,000
Tudor Trust	-	25,000	25,000	25,000
Tudor Trust Wellbeing	-	-	-	2,000
Northumbria Police	-	-	-	5,000
HMRC CJRS	21,231	-	21,231	18,179
RMS	5,998	-	5,998	2,000
Well Newcastle Gateshead	-	10,283	10,283	889
Other Small Grants	1,700	-	1,700	1,000
	<u>31,129</u>	<u>81,553</u>	<u>112,682</u>	<u>155,068</u>

9 Other trading activities

Fundraising events	282	-	282	1,327
Other	4,000	-	4,000	4,000
	<u>4,282</u>	<u>-</u>	<u>4,282</u>	<u>5,327</u>

Income was £117,844 of which £36,291 was unrestricted or designated and £81,553 was restricted

FRIENDS ACTION NORTH EAST CIO**NOTES TO THE FINANCIAL STATEMENTS**

For the year ending 31 March 2022

Analysis of expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
10 Charitable activities				
<u>Direct costs</u>				
Salary costs	21,231	75,007	96,238	94,052
Accommodation	412	1,739	2,151	7,763
Travel and volunteer expenses	-	2,724	2,724	248
Training, conference and events	30	1,190	1,220	30
Sessional Costs	2,207	8,625	10,832	3,729
Project Resources	199	5,794	5,992	10,430
<u>Support costs</u>				
Rent and rates	-	7,980	7,980	-
Payroll fees	-	920	920	972
Insurance	-	793	793	815
Technical support website	-	14	14	374
General running costs	845	6,053	6,898	3,031
Depreciation / loss on disposal	-	713	713	713
<u>Governance costs</u>				
Independent examiner's fees for reporting on the accounts	804	-	804	804
	<u>25,727</u>	<u>111,552</u>	<u>137,280</u>	<u>122,960</u>

Expenditure on charitable activities was £137,280 of which £25,727 was unrestricted or designated and £111,552 was restricted

11 Fees for examination of the accounts

	2022 £	2021 £
Independent examiner's fees for reporting on the accounts	804	804
Other accountancy services paid to the examiner	920	972
	<u>1,724</u>	<u>1,776</u>

12 Analysis of staff costs and the cost of key management personnel

	2022 £	2021 £
Gross wages including employers NI	96,238	94,052
	<u>96,238</u>	<u>94,052</u>

No employee received remuneration above £60,000

The key management personnel of the charity, comprise the trustees and joint Project Managers. The total employee benefits of the key management personnel of the charity were £52,698.

FRIENDS ACTION NORTH EAST CIO

NOTES TO THE FINANCIAL STATEMENTS

For the year ending 31 March 2022

13 Staff numbers

The average monthly head count was 5 staff and the average monthly number of full-time equivalent employees during the year were as follows:

	2022 Number	2021 Number
The parts of the charity in which the employee's work		
Charitable activities	4.0	3.0
	4.0	3.0

14 Transactions with trustees

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

Trustees' expenses

No trustee expenses have been incurred in the year.

Transaction(s) with related parties

There have been no related party transactions in the reporting period.

15 Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The employer's pension costs represent contributions payable by the charity to the fund and amount to £3,851. There was £280 outstanding as at 31 March 2022

16 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

FRIENDS ACTION NORTH EAST CIO

NOTES TO THE FINANCIAL STATEMENTS

For the year ending 31 March 2022

	Computer & camera equipment £	Office furniture £	Total £
17 Tangible fixed assets			
Cost			
Balance brought forward	14,191	683	14,874
Additions	-	-	-
Disposals	-	-	-
Balance carried forward	14,191	683	14,874
Depreciation			
Basis	SL	SL	
Rate	25%	25%	
Balance brought forward	11,778	683	12,461
Depreciation charge for year	713	-	713
Disposals	-	-	-
Balance carried forward	12,491	683	13,174
Net book value			
Brought forward	2,413	-	2,413
Carried forward	1,700	-	1,700
18 Debtors and prepayments (receivable within 1 year)			
	2022 £	2021 £	
Prepayments	625	585	
Other debtors	280	137	
	905	721	
19 Cash at bank and in hand			
	2022 £	2021 £	
Cash at bank and in hand	88,508	107,523	
Cash in hand	15	221	
	88,523	107,744	
20 Creditors and accruals (payable within 1 year)			
	2022 £	2021 £	
Other creditors	280	439	
Accruals	1,538	1,695	
	1,818	2,133	

FRIENDS ACTION NORTH EAST CIO

NOTES TO THE FINANCIAL STATEMENTS

For the year ending 31 March 2022

21 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

22 Analysis of charitable funds

Analysis of movements in unrestricted funds

For the year ending 31 March 2022

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	35,114	15,060	(4,496)	-	45,678
Designated funds					
HSBC	13,251	-	-	-	13,251
The Esme Fairbairn Foundation	709	-	-	-	709
Big Lottery Fund Assets	2,300	-	-	-	2,300
HMRC CJRS	-	21,231	(21,231)	-	-
Totals	51,374	36,291	(25,727)	-	61,938

For the year ending 31 March 2021

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	47,401	10,146	(22,782)	349	35,114
Designated funds					
HSBC	13,251	-	-	-	13,251
The Esme Fairbairn Foundation	709	-	-	-	709
Big Lottery Fund Assets	2,300	-	-	-	2,300
HMRC CJRS	-	18,179	(18,179)	-	-
Totals	63,661	28,325	(40,961)	349	51,374

Purpose of unrestricted funds

General unrestricted fund

The 'free reserves' after allowing for designated funds

Designated funds

 HSBC

Provided resources in earlier years for the development of the mentoring project and was used in year 5 of the project to take forward lessons learned from the practice of the project, to the development of the toolkit. Funding provided to enable businesses to continue to employ their staff during the Coronavirus Pandemic.

 HMRC CJRS

FRIENDS ACTION NORTH EAST CIO

NOTES TO THE FINANCIAL STATEMENTS

For the year ending 31 March 2022

22 Analysis of charitable funds (continued)

Analysis of movement in restricted funds

For the year ending 31 March 2022

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Restricted funds					
Awards for All	4,004	10,000	(1,759)	-	12,245
Henry Smith Charity	34,791	30,000	(64,791)	-	-
Durham Community Foundation	4,822	-	(2,104)	-	2,718
Shears Foundation	2,000	-	(2,000)	-	-
Tudor Trust	9,754	25,000	(28,261)	-	6,493
Tudor Trust Wellbeing	2,000	-	(1,585)	-	415
Well Newcastle Gateshead	-	10,283	(9,428)	-	855
Rise North East	-	2,870	(1,624)	-	1,246
The Joicey Trust	-	3,400	-	-	3,400
Totals	57,371	81,553	(111,552)	-	27,372

For the year ending 31 March 2021

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Restricted funds					
Awards for All	4,004	-	-	-	4,004
Henry Smith Charity	2,716	90,000	(57,925)	-	34,791
Durham Community Foundation	-	5,000	(178)	-	4,822
Shears Foundation	-	6,000	(4,000)	-	2,000
Tudor Trust	-	25,000	(15,246)	-	9,754
Tudor Trust Wellbeing	-	2,000	-	-	2,000
Northumbria Police	-	5,000	(4,651)	(349)	-
Totals	6,720	133,000	(82,000)	(349)	57,371

FRIENDS ACTION NORTH EAST CIO

NOTES TO THE FINANCIAL STATEMENTS

For the year ending 31 March 2022

22 Analysis of charitable funds (continued)

Analysis of movement in restricted funds

Purpose of restricted funds

Restricted funds represent income resources used for a specific purpose within the charity as identified by the donor.

National Lottery Community Fund 'COVID Recovery'	To provide fully accessible group activities and support, to include people who aren't yet confident to access face to face activities.
Henry Smith Charity	The running costs of the project including salaries, utilities, rent etc. and general overheads
Durham Community Foundation	This was awarded to deliver friend kit training and digital inclusion and Tech smart workshops as an outreach project into the County Durham areas
Shears Foundation	This grant is towards the 1:1 mentoring programme and digital outreach projects
Tudor Trust	The grant from Tudor Trust over 2 years was towards core salaries of the CIO working in the North East to help support people with additional needs to reduce social isolation and establish independent friendships using digital inclusion in this time of covid 19
Tudor Trust Wellbeing	This is a one off grant towards the health and wellbeing of all staff, volunteers and trustees to help mental health and wellbeing recovery post COVID-19
Northumbria Police COVID-19	This emergency covid-19 grant was awarded to support people with digital connections, internet access, devices and training to keep them connected and safe around the covid-19 emergency lockdown period.

23 Capital commitments

As at 31 March 2022, the charity had no capital commitments (2021 -£nil)

24 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total 2022 £
Tangible fixed assets	1,700	-	1,700
Cash at bank and in hand	60,496	28,027	88,523
Other net current assets/(liabilities)	(258)	(655)	(913)
	<u>61,938</u>	<u>27,372</u>	<u>89,310</u>

	Unrestricted Funds £	Restricted Funds £	Total 2021 £
Tangible fixed assets	2,413	-	2,413
Cash at bank and in hand	50,373	57,371	107,744
Other net current assets/(liabilities)	(1,412)	-	(1,412)
	<u>51,374</u>	<u>57,371</u>	<u>108,745</u>

25 Guarantee

There have been no guarantees given by the charity at 31 March 2022.

FRIENDS ACTION NORTH EAST CIO

NOTES TO THE FINANCIAL STATEMENTS

For the year ending 31 March 2022

26 Debt

There is no debt outstanding which is owed by the charity and which is secured by an excess charge on any of the assets of the charity at 31 March 2022.

27 Governing document

The organisation is a Charitable Incorporated Organisation - Foundation registered on 07 March 2019 as a body corporate under part 11 of the Charities Act 2011.











FANE Cover page YE 2022

Final Audit Report

2023-01-25

Created:	2023-01-24
By:	Michelle Wright (michelle-wright@hotmail.com)
Status:	Signed
Transaction ID:	CBJCHBCAABAAPZAVGKtdZLUvmoHAiut7dFqjLTWZ1yQf

"FANE Cover page YE 2022" History

-  Document created by Michelle Wright (michelle-wright@hotmail.com)
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-  Document emailed to barbara.creed@blueyonder.co.uk for signature
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-  Email viewed by barbara.creed@blueyonder.co.uk
2023-01-25 - 9:10:44 AM GMT
-  Signer barbara.creed@blueyonder.co.uk entered name at signing as BCreed
2023-01-25 - 9:18:36 AM GMT
-  Document e-signed by BCreed (barbara.creed@blueyonder.co.uk)
Signature Date: 2023-01-25 - 9:18:38 AM GMT - Time Source: server
-  Document emailed to michelle.wright@connectedvoice.org.uk for signature
2023-01-25 - 9:18:43 AM GMT
-  Email viewed by michelle.wright@connectedvoice.org.uk
2023-01-25 - 1:19:44 PM GMT
-  Signer michelle.wright@connectedvoice.org.uk entered name at signing as M Wright
2023-01-25 - 1:21:05 PM GMT
-  Document e-signed by M Wright (michelle.wright@connectedvoice.org.uk)
Signature Date: 2023-01-25 - 1:21:07 PM GMT - Time Source: server
-  Agreement completed.
2023-01-25 - 1:21:07 PM GMT



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