

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2021		31	March	2022

Section A Reference and administration details

Charity name

NURTURENATURE

Other names charity is known by

Registered charity number (if any)

1182363

Charity's principal address

STATION HOUSE

FINKLE STREET LANE, WORTLEY

SHEFFIELD

Postcode

S35 7DH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	HELENA DAVIES	CHAIR		
2	SVAVA BJARNASON			
3	DORIS STUBBS			
4	ALISON CHRYSTAL			
5	FRANCES PARKINSON		21 MAY 2021 - ONGOING	ELECTED BY TRUSTEES
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	The charity is controlled by its governing document in the form of a constitution of an incorporated charity
How the charity is constituted (eg. trust, association, company)	Incorporated charity
Trustee selection methods (eg. appointed by, elected by)	Elected by other trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

<p>Nurturenature's Charitable Purposes are:</p> <ol style="list-style-type: none"> The advancement of health both mental and physical, for the public benefit, by providing access to and activities in a healing garden The relief of those in need by reason of health youth, age, ill health, disability, financial hardship or other disadvantage The promotion and advancement of education for the public benefit 	<p>Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008].</p> <p>The object of the CIO is to be a healing garden that promotes health and well-being for individuals with chronic physical and/or mental illness and life-limiting conditions, To this end, the CIO will provide a healing garden for individuals principally but not exclusively in Sheffield, Barnsley and the wider South Yorkshire region. There is a wide body of evidence that time spent either passively or actively in nature/gardens has a beneficial effect on physical and mental health. For example, reports from large national organisations like the Kings Fund, RHS and MIND confirm the benefit of gardens and gardening for physical and mental health and well being.</p> <p>Users will have the opportunity to simply sit in the garden which has been planted in line with good practice for healing gardens or participate more actively by gardening themselves or engaging in events taking place in the garden which will be in keeping with the CIO's stated purposes of the advancement of health and relief of those in need by reason of ill health and/or disability. The CIO will provide, for the public benefit, space for mental rest and reflection or horticultural or other activities promoting recuperation from symptoms of chronic ill health, including long COVID</p> <p>The promotion and advancement of education for the public benefit, is by organizing small scale workshops and courses, such as mindfulness courses, writing for health, propagation courses. Such activities may also include creative workshops in arts and crafts and other such activities organised by outside experts and practitioners on subjects and activities known to further enhance general well being, in chronically ill or disabled people maximising the benefit of participating in education by utilising the additional benefits of green care.</p>
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Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

Nurturenature works closely with Wortley Rotary Club who volunteer on a weekly basis (COVID-19 permitting) and fund raise on our behalf.

We survey the local South Yorkshire Funding opportunities weekly (they are collated and disseminated by email by SYFAB) to look for any appropriate funding opportunities.

Section D

Achievements and performance

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Achievements and performance

Summary of the main achievements of the charity during the year

Because of the ongoing impact of Covid-19 during this time period we have not been able to run workshops or have open days. We continued selling small numbers of plants in a Covid safe manner.

However we have used this opportunity to develop new areas of the garden to enhance its benefit to users once we are able to utilise it more normally. In particular there is an area of garden that is being developed as a small perennial meadow area. We anticipate placing seating in this area as it is in a very quiet area of the garden and will be especially suitable for users who wish to simply sit and read or reflect. In addition, the planting of the turf is designed to attract wildlife so provides an educational opportunity in relation to the importance of considering the impact (positive or negative) of replanting areas of a garden as well as the experience of an area with bees and insects attracted to plants that will be therapeutic. Funding for the meadow turf and preparation of the area was obtained through a community grant from Wortley Rotary Club of £2000. Before the turf can be laid the area needs to be cleared and an adjacent high dry stone wall repaired (for health and safety reasons). The volunteers from Rotary will be responsible for clearing the meadow turf area with the help of the gardener and of course with his supervision. It is anticipated that the wall will be repaired and then the area cleared and prepared to permit the turf to be laid in Spring 2023 ready for summer use of the garden therapeutically.

Section E

Financial review

Brief statement of the charity's policy on reserves

A small reserve is kept to cover unexpected expenditure and there is potential for matched donations in the event of reserves being exhausted

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

Donations; both regular and ad hoc and charitable grants
Plant sales
Collaboration with Wortley Rotary Club

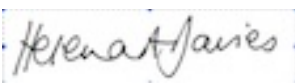
Expenditure has mainly been on:
Maintaining nursery in order to be able to continue plant sales through click and collect and for spring planting in the healing garden to continue to develop the potential benefits of this.
Paying gardener to ensure that garden is maintained to the standard required for opening to the public (this is funded through a regular monthly donation)
Purchase of meadow turf for meadow turf area
Improving access

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	HELENA DAVIES	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	29/01/2023	

Nurture Nature

Financial Activities
April 2021 - March 2022

	TOTAL
Income	
Donations and legacies	17,463.00
Grants	5,156.09
Plant Sales	459.00
Total Income	£23,078.09
Cost of Sales	
Gardening Services	14,138.00
Plant Materials	6,865.37
Tools & Equipment	177.00
Total Cost of Sales	£21,180.37
TOTAL	£1,897.72
Expenditures	
Depreciation	1,837.00
Insurances	169.50
Other Professional Services	120.00
Software	144.00
Total Expenditures	£2,270.50
NET OPERATING INCOME	£ -372.78
NET INCOME/(EXPENDITURE)	£ -372.78