

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	04	2020		31	03

## Section A Reference and administration details

Charity name	nurturenature
Other names charity is known by	nurturenature healing garden
Registered charity number (if any)	1182363
Charity's principal address	Station House
	Finkle Street Lane
	Wortley, Sheffield
Postcode	S35 7DH

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Helena Davies	Chair		
2	Doris Stubbs			
3	Alison Chrystal			
4	Svava Bjarnason			
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	The charity is controlled by its governing document in the form of a constitution of an incorporated charity
How the charity is constituted (eg. trust, association, company)	Incorporated charity
Trustee selection methods (eg. appointed by, elected by)	Elected by other trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

Nurturenature's Charitable Purposes are:

- The advancement of health both mental and physical, for the public benefit, by providing access to and activities in a healing garden
- The relief of those in need by reason of health youth, age, ill health, disability, financial hardship or other disadvantage
- The promotion and advancement of education for the public benefit

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008].

The object of the CIO is to be a healing garden that promotes health and well-being for individuals with chronic physical and/or mental illness and life-limiting conditions, To this end, the CIO will provide a healing garden for individuals principally but not exclusively in Sheffield, Barnsley and the wider South Yorkshire region. There is a wide body of evidence that time spent either passively or actively in nature/gardens has a beneficial effect on physical and mental health. For example, reports from large national organisations like the Kings Fund, RHS and MIND confirm the benefit of gardens and gardening for physical and mental health and well being.

Users will have the opportunity to simply sit in the garden which has been planted in line with good practice for healing gardens or participate more actively by gardening themselves or engaging in events taking place in the garden which will be in keeping with the CIO's stated purposes of the advancement of health and relief of those in need by reason of ill health and/or disability. The CIO will provide, for the public benefit, space for mental rest and reflection or horticultural or other activities promoting recuperation from symptoms of chronic ill health, including long COVID

**The promotion and advancement of education for the public benefit**, is by organizing small scale workshops and courses, such as mindfulness courses, writing for health, propagation courses. Such activities may also include creative workshops in arts and crafts and other such activities organised by outside experts and practitioners on subjects and activities known to further enhance general well being, in chronically ill or disabled people maximising the benefit of participating in education by utilising the additional benefits of green care.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Nurturenature works closely with Wortley Rotary Club who volunteer on a weekly basis (COVID-19 permitting) and fund raise on our behalf.

We survey the local South Yorkshire Funding opportunities weekly (they are collated and disseminated by email by SYFAB) to look for any appropriate funding opportunities.

We were successful in obtaining a Co-op Community Grant commencing in October 2020.

**Summary of the main achievements of the charity during the year**

We were successful in obtaining a Co-op Community Grant commencing in October 2020.

We established an ongoing collaboration with Wortley Rotary Club

We received a generous donation to establish an outdoor decking area to run workshops and events which has a retractable weatherproof awning, heaters and power plugs with an adjacent outdoor office with kitchenette and toilet as well as printer, scanner etc. It has a table seating up to 12 people which is the maximum group size we aim for for workshops

Because of COVID-19 we were unable to open the garden in the spring/summer/autumn of 2020 when we would normally have had plant sales, events and workshops. We have set up a facility to sell plants through a click and collect system which has been successful and worked on optimising the garden's potential to meet its stated purposes for when we are able to re-open it.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

A small reserve is kept to cover unexpected expenditure and there is potential for matched donations in the event of reserves being exhausted.

**Details of any funds materially in deficit**

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Principal sources of funding:  
Donations; both regular and ad hoc and charitable grants  
Plant sales  
Collaboration with Wortley Rotary Club

Expenditure has mainly been on:  
Maintaining nursery in order to be able to continue plant sales through click and collect and for spring planting in the healing garden to continue to develop the potential benefits of this.  
Paying gardener to ensure that garden is maintained to the standard required for opening to the public (this is funded through a regular monthly donation)  
Improving access to ensure individuals with disability can use the garden.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

HELENA ANNE DAVIES

Position (eg Secretary, Chair, etc)

CHAIR

Date

4/2/2022

# Nurture Nature

Financial Activities  
April 2020 - March 2021

	TOTAL
Income	
Donations and legacies	11,075.00
Grants	984.66
Plant Sales	4,553.00
<b>Total Income</b>	<b>£16,612.66</b>
Cost of Sales	
Gardening Services	10,800.00
Plant Materials	3,875.71
Tools & Equipment	1,097.89
<b>Total Cost of Sales</b>	<b>£15,773.60</b>
<b>TOTAL</b>	<b>£839.06</b>
Expenditures	
Depreciation	1,837.00
Insurances	221.60
Other Professional Services	46.96
Software	120.00
<b>Total Expenditures</b>	<b>£2,225.56</b>
<b>NET OPERATING INCOME</b>	<b>£ -1,386.50</b>
<b>NET INCOME/(EXPENDITURE)</b>	<b>£ -1,386.50</b>