

Trustees report for the financial year from 02/10/22 to 01/10/2023

The HangOut CIO
Charity No 1182240
35 Bryncethin Road
Garnant
Ammanford
SA181YP

Trustees:
Christine Elves
Sherree Russell
Dawne Randall
Pippa Hoskins

Purposes:

To promote social inclusion for the public benefit by preventing people from becoming socially excluded. Relieving the needs of those people who are socially excluded and assisting them to integrate into society by enhancing life skills of such people through horsemanship training.

To develop effective communication skills and teach emotional agility and control, by guided interaction with our specially trained herd of therapy horses.

To engage both carer and child in outdoor, creative, sustainable, crafting, nature-based and animal-based group activities, designed to engage in meaningful activity and occupation, and develop a sense of wellbeing, purpose, and achievement.

For the purpose of this clause 'socially excluded' means being excluded from society, or part of society, as a result of mental illness and behavioural difficulties (eg. Including but not exclusively, those who are Neurodiverse, have Schizophrenia and affective disorders).

Summary of activity:

- Oct – Forest School funding ended, 1x ReStart, Outdoor First Aid Pat Holt
- Feb – 2 x After School Club per week began
- Mar – Hedgerow basket weaving, Cwmamman Town meeting, Brynamman School visit
- April - Black History Wales funding & sessions, Forest Schools begin again, Individual mental health support sessions
- May – ReStarts, Volunteering sessions for teens and adults
- June – Peg Loom weaving course, Men2Men on site weekly, weekly equine sessions begin
- July – Our first Open Day, Swansea Uni students visit, ReStarts
- Aug – Balsam picking & Paper making, gardening club begins
- Sept – Forest School x2, equine sessions x2, after school club x2, gardening club, individual support sessions

Looking ahead – funding needed to continue current projects, adult wellbeing sessions to begin, ongoing garden development, more staff for administrative/organization roles

Public Benefit guidance:

As trustees of The Hangout charity, we have given regard to the commission's public benefit guidance and have taken it into account when making relevant decisions.

Summary of main achievements:

Less referrals for ReStarts but more requests for volunteering/working with the horses has results in two weekly equine sessions for 2 hours each for teens upwards to have supported time with the horses working on self-awareness as well as equine care.

Forest School continues to be in high demand and two sessions weekly to meet differing ages and needs works well.

Men2Men lost their previous venue, so we are pleased to be able to accommodate them. One week they do their own activities the following work on site including erecting our woodland shelter, this is in lieu of site rent.

We have continued to support other local organisations, network on local forums and with organisations.

The number of volunteers has slowly increased but are not necessarily consistent however being able to pay staff to supervise volunteers needs to be sourced as many volunteers are not able to do so without support which we are currently unable to give regularly.

Financial Review:

As of 1st Oct 2023 our total income was £71,957 with expenditure during the financial year of £34,980 with funds being carried forward to maintain current projects.

Receipts and payment accounts are attached and have already been submitted to the charity commission.

We are currently working on a National Lottery Medium Grant application

Trustee appointments:

Laura Popple stepped down and Pippa Hoskins has been appointed. Pippa also supports with equine sessions

Declarations

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Dawne Randell

The Hangout - 1182240 - financial year 02/10/22 to 01/10/23

	Total	unrestricted	restricted
Brought forward from PRIOR financial year	£6,542.36	£6,542.36	£0.00

INCOME GRANTS

07/10/2022	Foyle Foundation -	£3,000.00		£3,000.00
04/11/2022	Co-op	£2,078.47	£2,078.47	
17/12/2022	Carmarthan CC - BETWS Fund - willow related learning	£427.77		£427.77
01/02/2023	Carmarthan CC - BETWS Fund	£503.72		£503.72
21/03/2023	Moondance Foundation - Forest School	£20,000.00		£20,000.00
24/03/2023	Race Council CYMRU - Friendship in Nature	£375.00		£375.00
28/03/2023	Carmarthan CC - BETWS Fund	£250.00		£250.00
28/04/2023	Postcode Community Fund - Equine Assisted therapy	£25,000.00		£25,000.00
18/05/2023	Race Council CYMRU - Friendship in Nature	£375.00		£375.00
25/05/2023	Carmarthan CC - BETWS Fund	£1,572.27		£1,572.27
06/06/2023	Groundwork UK - Tesco	£1,125.00	£1,125.00	
12/06/2023	Community Matters - Biodiversity fund	£5,000.00		£5,000.00
15/06/2023	Community fund in Wales - Equine Assisted therapy	£2,000.00		£2,000.00
30/08/2023	Making Locally - Nisa	£250.00	£250.00	
29/09/2023	National Lottery community fund - Adult wellbeing	£10,000.00		£10,000.00

Year total	£71,957.23	£3,453.47	£68,503.76
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DONATIONS RECEIVED

£1,818.16 £1,818.16

COURSES RUN

£4,482.42 £4,482.42

Year total	£78,257.81	£9,754.05	£68,503.76
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including bought forward	£84,800.17	£16,296.41	£68,503.76
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EXPENDITURE

Trainers	£22,396.50	£4,638.74	£17,757.76
Volunteers	£1,705.00	£1,705.00	
admin	£2,390.40	£2,390.40	
premises rent	£1,875.00	£1,635.00	£240.00
Buildings repair & renewal	£1,236.28	£1,236.28	
Insurance and H&S	£959.27	£879.27	£80.00
Advertising & Marketing	£136.80	£136.80	
Travel	£47.70	£47.70	
Phone & internet	£66.00	£66.00	
Course Consumables & willow	£2,759.75	£41.75	£2,718.00
Refreshments	£78.41	£78.41	
Sundries materials & stationery	£1,329.88	£765.96	£563.92

TOTALS	£34,980.99	£13,621.31	£21,359.68
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Carried forward			
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Community fund wales £85.00

Foyle

Magic little grant

BTWS

Moondance

£10,690.00

Black history wales

People postcode lottery

£22,450.00

Community green space

£3,919.08

Awards 4 all

£10,000.00

unrestricted

£2,675.10

CARRIED FORWARD TO YEAR 02/10/2023 TO 01/10/2024	£49,819.18	£2,675.10	£47,144.08
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(RECONCILED TO BANKING)

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