

**Centre of Change Counselling and Mentoring Service**  
**Trustee's Report 2020**

2020 has been the most successful year for Centre of Change financially and, more importantly, operationally in its twelve year existence of serving the children and families of New Addington and surrounding areas.

The focus is on those young people who may be at risk of exclusion, or who have already been excluded from school, as well as those at risk of offending or ex-offenders. Priority is also put on those who are struggling with mental health issues and who find it difficult to access other services.

The primary objective of the organisation is to deliver counselling and mentoring to young people between the ages of 10 – 25 years old within the Fieldway and New Addington area, as these areas are deemed the most deprived wards in the borough of Croydon and are well known for high rates of deprivation, poverty, social exclusion, isolation, high unemployment and high crime rates. However, in accordance with the parameters of the charity's constitution, support is also available to any other family members, and geographically the reach extends to the entire Croydon borough. Typically, service users access a minimum of 3 months counselling to tackle a range of mental health issues; they can also use the mentoring provision to help establish strategies and practical support in making better life choices to shape more positive and productive futures. All counselling and mentoring programmes are bespoke to individual needs.

During the year, we received funding totalling £27,000 from 4 organisations enabling Centre of Change to employ one full-time employee to expand and focus the services provided to clients.

# Centre of Change Counselling and Mentoring Service

## Financial Statement

Submitted to Charities Commission  
30/10/2020

Draft (unaudited)

1 Jan - 31 Dec

	2019 12 months £	2020 12 months £
<b>Income:</b>		
Counselling	3,440	10,212
Supervision		
Tutoring	615	204
Therapy sessions	4,218	
Training		
Mentoring	2,985	
Client support		
MOPAC	1,000	4,189
Funding		9,510
Fundraising activities		
Donations		50
<b>Total Income</b>	<b>12,258</b>	<b>24,165</b>
<b>Expenditure:</b>		
Establishment	1,000	
Insurance	368	346
Staff costs	2,575	14,865
Counselling	4,072	6,465
Supervision		900
Training		
Travel		30
CRB checks		
Telephone	559	1,157
Internet		361
Publications		
Publicity	727	555
Audit		1,000
Stationary		12
Furniture		
Equipment	75	0
Refreshments		
Fundraising activities	500	
Sundries	25	0
Petty cash	122	0
<b>Total Expenditure</b>	<b>10,023</b>	<b>25,691</b>
<b>Surplus/(Deficit):</b>		
Current year	2,235	(1,526)
Brought forward	2,969	5,205
<b>Carried forward</b>	<b>5,205</b>	<b>3,679</b>
<b>Assets/Liabilities</b>		
<b>Cash and bank:</b>		
Cash in bank	1,853	20,230
Debtors	4,494	3,531
Petty cash	35	35
<b>Cash and cash equivalents</b>	<b>6,382</b>	<b>23,796</b>
Deferred Income - Funding		(17,940)
Creditors	0	0
Accruals	(1,177)	(2,177)
<b>Net Liabilities</b>	<b>(1,177)</b>	<b>(20,117)</b>
<b>Net Assets/Liabilities</b>	<b>0</b>	<b>0</b>