

Wendover Dementia Support

Charity no. 1182184

Contact address: 19a Wharf Road, Wendover, Bucks, HP22 6HA

Annual Report for the year ending 22 February 2021

1. Structure and Governance

The constitution was adopted on 22 February 2019 as a Charitable Incorporated Organisation

Trustees during the year:

Dr Philippa W Moreton (Chair) appointed on 22 February 2019 for a term of four years

Dr C S Trower appointed on 22 February 2019 for a term of three years

Mrs S Chattle appointed on 31 October 2020 for a term of three years

Mr J W Mayhead CBE was a trustee until 31 October 2020

The charitable objects, as set out in the constitution, are “to help people with a diagnosis of dementia and also their carers/families who are resident primarily, but not exclusively, in the Wendover area”.

The charity achieves these objects by:

helping people with a diagnosis of dementia, and their carers/families, to adjust and live well with the condition which can be disruptive to a normal family life and stressful for those involved;

providing specialist advice from professionally trained volunteers as well as signposting and support both on a one-to-one basis and through group activities;

working in conjunction with medical professionals and other support groups to enhance the quality of life for all involved;

providing opportunities for people with a diagnosis of dementia and their carers/families to meet on a social basis and learn from each other's experiences.

Trustees and appropriate volunteers are DBS-checked.

The Trustees confirm they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance.

The trustees are satisfied the charity's risk management policy and procedures adequately address the risks to Wendover Dementia Support arising from its activities.

2. Activity during the year

At the beginning of the reporting period we were supporting 30 people with dementia. We have continued to receive referrals, mainly from Westongrove GP partnership, and we are currently supporting 45 people with dementia and their families.

The pandemic has meant that we have had to reorganise our services almost entirely in order to continue to provide support for our families in this difficult time. We were forced to close our Monday Club café, home visits and family support group meetings at short notice. At the same time we were aware that the Covid restrictions were likely to adversely affect the wellbeing of our families trying to support someone with a diagnosis of dementia. This proved to be a very challenging time for our families forced to isolate, often unable to see their family or friends, and with restricted access to their normal sources of help and support. We were determined to do our best to provide support and our ability to provide this was due to the commitment and dedication of our 16 volunteers, many of whom also had their own problems associated with the pandemic. Our pandemic service has included weekly telephone calls, frequent doorstep/garden visits and Zoom meetings for family members. We have provided activities such as games, puzzles and knitting wool for use at home and in addition we have provided a 24-hour advice line, signposting to relevant resources, liaison with the NHS Complex Care Team, and a Whatsapp group for sons and daughters.

Music has an important place in helping those with dementia with its power to unlock memories and reach parts of the brain that other forms of communication cannot. Live music, singing and dancing were an essential part of our weekly Monday Club Cafe. During the year we purchased music players and headphones specifically designed for someone with dementia. They were already loaded with live music from our Cafe but many families also downloaded an individual playlist. Decades of research has shown the benefit of listening to music that is personally meaningful and our families have found the music has reduced anxiety, improved mood and made difficult tasks more manageable.

As Covid vaccinations started towards the end of this reporting year, we co-ordinated a group of volunteers to provide car transport.

3. Finances

Our finances are sound. Funding during the year came from private and corporate donations and local government grants (Buckinghamshire Council (£1,051) and Wendover Parish Council (£2,000)). For practically the whole of the reporting year Covid restrictions have prevented gatherings such as our Monday Dementia Café so we have not incurred rental costs.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees

Signature: *P Moreton*

Full name: Philippa Wren Moreton

Position: Trustee and Chairman

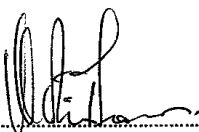
Date: 26 May 2021

WENDOVER DEMENTIA SUPPORT

REGISTERED CHARITY No 1182184

INCOME AND EXPENDITURE ACCOUNT

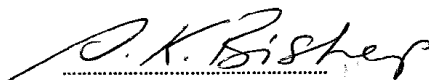
YEAR ENDING 22 FEBRUARY 2021



Martin Thomas

Treasurer

I have examined the records and believe that the accounts are an accurate representation of the financial status of the charity.



S K Bishop

Independent Examiner

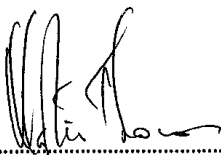
Date: 8/3/2021 ,

RECEIPTS AND PAYMENTS ACCOUNT (Contd.) FOR THE YEAR ENDED 22 FEBRUARY

	2021	2020
Funds B/Fwd		
Cash	252.00	-
CAF Bank a/c No 00032499	7,099.54	4,385.00
	<u>7,351.54</u>	<u>4,385.00</u>
Net movement in funds 23 Feb to 22 Feb	6,118.12	2,966.54
Balance as at 22-Feb-21	<u>13,469.66</u>	<u>7,351.54</u>

Represented by:

Cash	-	252.00
CAF Bank a/c No 00032499	13,459.66	7,099.54
Chq presented to bank but not yet credited to a/c	10.00	
Total	<u>13,469.66</u>	<u>7,351.54</u>



Martin Thomas
Treasurer



Steve Bishop
Independent Examiner

Wendover Dementia Support - Accounts

For year ending 22 February

	2021	2020
Income		
Start up funding	0	2,700
Grants	5,951	0
Music Player grant	1,000	0
Corp donations	460	1,902
Café donations	200	817
Personal donations	1,110	3,042
Memorial donations	595	0
Other donations	1,230	0
Monthly giving	460	110
Gift aid refund	1,018	0
AmazonSmile	6	0
Income	12,030	8,571
Expenditure		
Training	367	1,840
	367	1,840
Café		
Rent	0	500
Refresh't cost	0	236
Supplies - kitty	0	329
Supplies - other	1,075	448
Transport	0	85
Home visit costs	63	0
Cash spend/transfer	252	0
Music players	1,336	0
Newsletter (inc ink&papr £60pa)	1,025	0
Café total	3,751	1,598
Comms		
Publicity	94	455
Website	80	0
	174	455
Admin		
Database	1,065	865
Insurance	339	321
Office costs	0	181
Bank Charges	66	55
Phones	150	289
Admin total	1,620	1,711
Expenditure	5,912	5,604
Surplus / deficit	6,118	2,967