



Reg No:1182182

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2024  
FOR FUTURE HEALTH AFRICA  
(CC REG: 1182182)**

**Ian Barrett  
Chartered Accountant and Chartered Tax Adviser  
Newton Abbot  
Devon  
TQ12 2JS**

**[ian@check-book.co.uk](mailto:ian@check-book.co.uk)**



Reg No:1182182


## **CONTENTS**

	<b>Pages</b>
<b>Report of the Trustees</b>	<b>3-15</b>
<b>Financial Accounts</b>	<b>17</b>
<b>Independent Examiner's report</b>	<b>18</b>



Reg No:1182182

<b>Trustees' Annual Report: 1st January 2024 to 31<sup>st</sup> December 2024</b>
<b>Charity name: Future Health Africa (FHA)</b>
<b>Charity type: Charitable Incorporated Organisation (CIO)</b>
<b>Charity registration number: 1182182</b>

<b>Objectives and Activities</b>	
<b>The purposes of the charity as set out in its governing document</b>	<p>The objects of the CIO are, for the public benefit, particularly, but not exclusively, in Africa and other low/middle income countries (LMICs):</p> <ol style="list-style-type: none"> <li>(1) the relief of sickness and the preservation of health, particularly but not exclusively by promoting the sharing of healthcare knowledge and skills and assisting in the provision of medical treatment;</li> <li>(2) the advancement of education in healthcare, in particular by the delivery of quality improvement and leadership training in a healthcare context and other health- related education and training to those involved in health and care delivery at all levels and to the wider public, and by raising awareness of global health issues;</li> <li>(3) to develop the capacity &amp; skills of members of socially and economically disadvantaged communities in LMICs in which the CIO is working, in such a way that they are better able to identify and help meet their needs and to participate more in society.</li> </ol>
<b>Alignments</b>	<p>All of our work aligns with the Sustainable Development Goals and in particular goals <b>1,3,4,5,10,17</b></p>  <p><b>Future Health Africa</b> is an active member of the <b>Kenya-UK Health Alliance (KUKHA)</b>, a government to government agreement made between the two countries in 2021. The purpose of the Alliance is to improve alignment of the efforts of the many UK health sector actors and health workers (NGOs, Universities, NHS Institutions, Academia, health-care companies) involved in working towards better healthcare for Kenyans.</p>
<b>The main activities in relation to public benefit</b>	<p>Trustees confirm adherence to the guidance issued by the Charity Commission on public benefit and have considered <a href="https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1">https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1</a>. They conclude that FHA met public benefit requirements in 2024.</p> <p>In 2024, the charity had <b>4 workstreams</b> directed at achieving our objectives. Each is described below along with the activities conducted during the period of this report. All of the work was conducted in Kenya. Further detail can be seen at <a href="http://www.futurehealthafrica.org">www.futurehealthafrica.org</a></p>

## WORKSTREAM 1: TRAUMA TEAM

**Leads:** Mr Christoph McAllen (Consultant Orthopaedic Surgeon, Plymouth, UK)

Dr Samuel Ndanya (Consultant Orthopaedic Surgeon, Nanyuki, Kenya)

Mr Darren Munn (Surgical Practitioner, Torbay Hospital, UK)

Dr Will Jewell (Consultant in Anaesthetics, Truro, UK)

Dr Mary Nduta (Medical Doctor, Nairobi, Kenya)

**Description:** This is a clinical & training project in which a joint UK and Kenyan team of skilled professionals of different cadres undertake orthopaedic trauma activities in Kenyan health facilities.

**Trauma Team** activities are categorised into Bronze, Silver and Gold. All services are delivered at the highest standard, with improving quality as a central aim.

**Bronze:** immediate & direct patient care through

- high quality consultations, advice and where appropriate, both operative and non-operative treatment to alleviate pain, suffering and disability

**Silver:** learning opportunities/ new skills

- side-by-side working with exchange of knowledge & skills in relevant disciplines (surgery, anaesthesia, nursing, operating department practice, radiography, physiotherapy)
- developing a safer surgical environment
- exchanging knowledge on safe general and regional anaesthesia and pain management

**Gold:** sustaining improvement/ development

- identifying areas to develop a stepwise pathway
- supporting local need and wishes to change
- developing non-operative treatment options for local patients
- providing ongoing support and communication outside of projects
- inclusion of Kenyan orthopaedic trainees in the team promotes better future practice
- presentations at national academic meetings to share challenges and best practice

## Activities undertaken:

The **Trauma Team** was invited to run 3 Orthopaedic camps in 2024;

- one at Nanyuki Teaching & Referral Hospital in Laikipia County (26<sup>th</sup> January – 9<sup>th</sup> February)
- two at St Joseph's Hospital & Trauma Centre in Nyabondo, Kisumu County (2<sup>nd</sup> – 9<sup>th</sup> February & 15<sup>th</sup>-22<sup>nd</sup> November)

These were at the invitation of the Laikipia County Government and the Diocese of Kisumu respectively.

Reports from these projects are summarised below;



## NANYUKI TEACHING & REFERRAL HOSPITAL - 26 Jan to 9 Feb 2024 ST JOSEPH'S NYABONDO MISSION HOSPITAL AND TRAUMA CENTRE – 2 Feb to 9 Feb 2024

### Summary of achievements



Across 2 weeks and 2 sites, our team of 35 UK volunteer health workers joined Nanyuki Teaching & Referral Hospital and St Joseph's Nyabondo Mission Hospital and Trauma Centre colleagues to collaboratively review, advise, and treat orthopaedic & trauma patients, while working together and learning together to share knowledge and skills to transform lives. This was the Trauma Team's first visit in the new partnership with St Joseph's, to help build and create the trauma service they are pursuing, with project delivery, testing the available infrastructure and supporting logistical problem solving.

Our activities are categorised as:

- **Bronze:** Providing immediate and direct patient care
- **Silver:** Facilitating learning opportunities/new skills for the future
- **Gold:** Trauma Service sustainable improvement/development

#### Bronze

- Over 1,400 patients assessed across both sites
- 80 patients underwent complex surgery or minor procedures
- Numerous patients participated in back pain education classes delivered at both sites

#### Silver

- Joint side by side working between the multi-disciplinary teams within outpatient clinic, ward rounds, physiotherapy, radiology and theatre – working together, learning together.
- Daily multi-disciplinary team ward rounds, sharing knowledge and skills as part of the decision making process.
- Introduction to back pain management classes at St Joseph's and provision of patient information material to support self-management; changing delivery at Nanyuki Teaching & Referral Hospital (NTRH) to an upper and lower limb class, based on the number of shoulders and thoracic pain patients seen and requiring a more specific class for their needs.
- Informal teaching on osteoarthritis management and gait re-education between Physiotherapists at St Joseph's.
- Introduction of bedside chairs for post-op patients at NTRH to support recovery through increased mobilisation and range of movement through patients being able to sit out more often.
- Introduction of an in-patient book for the Physiotherapy team at NTRH to keep up to date with all patient details, including which post-op day they are, and their physio needs, to support workload planning.
- Theatre practice shared between teams, including pre and post op theatre team briefing, use of sharps' count paperwork, and 'Stop Before You Block' in anaesthesia.
- Teaching sessions held on upper and lower limb local anaesthetic nerve blocks in theatre at NTRH, using the inventive medium of jelly!
- Demonstrating assessment and decision-making skills in the operating theatre, with focus on team dynamics to ensure patient safety.
- Increasing awareness of good pain management in improving outcomes
- Whole hospital continuing medical education sessions delivered at NTRH in Osteomyelitis, Spinal Injuries Assessment and Management, and Tibia Plateau Fractures
- Side by side working in Radiography at St Joseph's, with focus on adaptive imaging techniques for x-raying longstanding bony malformations and standing knees/ankles; adapting service provision during power outages, including deployment of the mobile x-ray unit to create an interim imaging facility; knowledge and skill sharing regarding best practice techniques, patient triage, empathetic patient care techniques, and effective communication

#### Gold

- Continued back pain pathway service support at NTRH.
- Developing lower limb support service through physiotherapy at NTRH.
- Introduction to St Joseph's to creating a back pain pathway within the services offered by the hospital; continued classes planned.



## TRAUMA TEAM: ST JOSEPH'S NYABONDO MISSION HOSPITAL AND TRAUMA CENTRE – 15<sup>th</sup> Nov to 22<sup>nd</sup> Nov 2024



### Summary of achievements |

Across the week, our team of 15 UK volunteer health workers joined St Joseph's Nyabondo Mission Hospital and Trauma Centre colleagues to collaboratively review, advise, and treat orthopaedic & trauma patients, while working together and learning together to share knowledge and skills to transform lives. This was the Trauma Team's second visit in the new partnership with St Joseph's, to help build and create the trauma service they are pursuing, with project delivery, testing the available infrastructure and supporting logistical problem solving.

Our activities are categorised as:

- **Bronze:** Providing immediate and direct patient care
- **Silver:** Facilitating learning opportunities/new skills for the future
- **Gold:** Trauma service sustainable improvement/development

#### Bronze

- 138 patients assessed in outpatient clinic
- 23 patients underwent complex surgery
- 10 patients seen in clinic with a plan to review in February 2025
- Numerous patients were given back pain/MSK pain education

#### Silver

- Joint side by side working between the multi-disciplinary teams within outpatient clinic, ward rounds, physiotherapy, radiology and theatre – working together, learning together.
- 3 Kenyan Orthopaedic surgeons joined the team as well as 2 Kenyan Theatre nurses from Laikipia.
- Nursing and Clinical Officer students gained experience watching operations in theatre.
- Orthopaedic Technician students were able to see surgeries and develop their plaster casting skills in theatre.
- Daily multi-disciplinary team ward rounds, sharing knowledge and skills as part of the decision-making process for patients needing surgery.
- Theatre practice shared between teams, including pre and post operative theatre team briefing, use of 'sharps count paperwork', and 'Stop Before You Block' in anaesthesia.
- Demonstrating assessment and decision-making skills in the operating theatre, with focus on team dynamics to ensure patient safety.
- Increasing awareness of good pain management in improving outcomes, daily pain ward rounds with pain scores completed by the team.
- Developing processes within the radiology department using adaptive techniques to achieve optimal post-operative imaging.
- Increasing awareness of radiation protection techniques within the theatre environment.

#### Gold

- Continuing Medical Education with 5 morning sessions delivered by UK volunteers:
  - Fracture healing theory
  - Management of bone infection
  - Anaesthesia for advanced airway & breathing assessment and management
  - Pain management
  - Collection of quality of life data
- Theatre infra-structure development:
  - The trauma centre has recently been opened by His Excellency Hon. William Samuel Ruto on 31/8/24.
  - The UK team collaborated with the Kenyan team to develop safety, efficiency and quality for patients.
  - A summary of recommendations was submitted to the hospital management team at the end of the visit.

## WORKSTREAM 2: GRASPIT

**Leads:** Dr Matt Halkes (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK)  
 Kiruja Gitonga Jason (Senior Nurse, Kenyatta National Hospital, Kenya)  
 Christine Musee (Director of Nursing for Surgery, Kenyatta National Hospital)  
 Dr Mike Swart (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK)

**Dr Matt Halkes** holds oversight of standards of delivery, strategy and grant applications.

**Description:** GRASPIT is a one day training course aimed at improving healthcare workers confidence and ability to recognise and manage sick patients (both adults and children). Its key tenets are

- recognition of abnormal vital signs
- systematic approach to assessment
- prompt treatment of identified issues using simple and context-appropriate resources
- promotion of teamwork through effective communication

The course format is a combination of lectures and scenario based sessions. It is supported by learning materials and website. Faculty development is supported by a Train the Trainers course plus associated Course Organisers Handbook and ToT (Training of Trainers) Manual. The course is accredited by the National Resuscitation Council of Kenya.

Through a combination of support from Future Health Africa and THET grants, it has been disseminated to 10 institutions in 6 Counties in Kenya with over 2000 health care workers and 120 trainers trained.

When introduced to a new health facility, an introductory 3-day course is run which includes a 'training of trainers' course. Following this, local trainers are able to continue to deliver the course independently to more healthworkers. Initial training is conducted by Kenyan trainers with support from the UK faculty.

### Activities undertaken:

#### 1) Scoping of GRASPIT Faculty Development Programme Nairobi County Govt Hospitals

(Mama Lucy / Pumwani / Mbagathi / KNH) with Dr Rachael Kimani

- proposal submitted to Gadian Healthcare
- no outcome from previous discussions but have reconnected

#### 2) Improving recognition and treatment of the deteriorating patients in Kilifi County Hospital: A prospective interventional study

- successful co-applicant for Royal College Emergency Medicine LMIC research grant
- project lead Dr Jasdeep Bahra EM Consultant Kilifi General Hospital

#### 3) Launch of GRASPIT Crowdfunding Campaign

- included creation of [fundraising video](#) and updated FHA website pages

The objective of these activities was to enable

#### ◇ GRASPIT Faculty Development Programme Nairobi County

Roadmap for the development of GRASPIT faculty and County wide training programme that would also include expansion of GRASPIT Master Trainer Faculty. This would create capacity to deliver GRASPIT training / faculty development in KNH and meet the TNA needs identified in 2022.

- ◇ **Develop the Evidence Base for the Impact of GRASPIT Training** - implement GRASPIT faculty and training programme in Kilifi General Hospital and assess impact in terms of patient management (recognition and referral of deteriorating patients)
- ◇ **Increase GRASPIT Funds** - develop income stream that is independent of grant applications in order to enable greater autonomy in delivery of GRASPIT activity by FHA independently and in partnership with other funders

All the above activities and aspirations align to the strategic objectives of the Kenya UK Health Alliance(KUKHA) which include the potential for GRASPIT to be part of the HEE SCALE programme (critical care / emergency medicine / maternity and neonatal medicine).



We were delighted to support Dr Christine Musee, one of our Kenyan GRASPIT leads to deliver her paper '**Impact of GRASPIT training in five Kenyan hospitals**' at the 16th ECSACONM\* Biennial Scientific Conference, 11-13th September 2024 held in Lesotho with 17 African countries represented.

\*ECSACONM is the East, Central and Southern Africa College of Nursing and Midwifery.

### WORKSTREAM 3: QUALITY IMPROVEMENT (QI) & LEADERSHIP (q4a)

**Lead: Dr Kerri Jones**

**Description:** This workstream recognises that 'sick systems' may account for at least 50% of all avoidable deaths worldwide, with the majority occurring in the global south. Our q4a (quality for all) faculty designed the **SPRINGBOARD** course to empower frontline healthcare workers to improve quality of care by learning and applying 'The Science of Improvement' and the 'Art of Leadership'. The course normally runs for 10 days and imparts knowledge of improvement methodology, team working, leadership, patient-centred care and an understanding of how to create a positive culture for change. The skills are learned through doing real live quality improvement (QI) projects.

#### Activities undertaken:

We were delighted to support Dr Christine Musee, one of our Kenyan SPRINGBOARD leads to deliver her paper '**Evaluation of impact of springboard quality improvement and leadership training: a case study of Nyahururu, Nanyuki and Kwale health facilities**' at the 16th ECSACONM\* Biennial Scientific Conference, 11-13th September 2024 held in Lesotho with 17 African countries represented. ECSACONM is the East, Central and Southern Africa College of Nursing and Midwifery.

Musee is a tireless advocate for our work and we are extremely grateful to her.

Further development of online QI materials occurred which are available on the University of Plymouth website at <https://open.plymouth.ac.uk/course/view.php?id=210> . Discussions are ongoing with the University with regard to incorporating elements within the new online Masters in Global Health due to start in September 2025.





	<p>q4a (through Dr Kerri Jones) continues to work with the Society for Quality Healthcare Kenya (SQHK) in an advisory capacity.</p> <p>Discussions regarding applications for NIHR grants are ongoing.</p>
	<p><b>WORKSTREAM 4: MATERNITY</b></p> <p><b>Lead: Jacq Crow</b></p> <p><b>Description:</b> The overarching objective of the Maternity work is to reduce maternal mortality &amp; morbidity through education of healthworkers, traditional birth attendants and mothers in safer childbirth practices. Training has now been delivered in the following locations</p> <ul style="list-style-type: none"> <li>• Nyahururu (Laikipia County)</li> <li>• Communities around Lewa Conservancy (Laikipia/Meru/Isiolo counties)</li> <li>• Marsabit County</li> <li>• Pumwani (major maternity centre in Nairobi)</li> <li>• Kenyatta National Hospital (KNH)</li> <li>• Nyabondo (Kisumu County)</li> <li>• Kilifi</li> </ul> <p>The teaching focusses on management of the most common emergencies in maternity/obstetric care ie haemorrhage, sepsis, pre-eclampsia/eclampsia, complications of labour (eg obstructed labour).</p>
	<p><b>Activities undertaken:</b></p> <p>A needs assessment undertaken in Nyabondo in 2023 highlighted a stark need for basic neonatal resuscitation training. It concluded that</p> <p><i>No single professional in any of the seven clinics or hospitals visited could correctly demonstrate how to hold and position a bag and mask to undertake resuscitation. Many staff lamented the fact that they were never successful in neonatal resuscitation.</i></p> <p>A course was designed and in March 2024, despite having been unable to secure additional resources to do this, lead Jacq Crow, who designed the course, delivered four one-day courses in both hospital and community. She was supported throughout by Darren Munn. A mannequin was purchased to support delivery of the course.</p> <p>While visiting Kilifi, Jacq was invited to deliver training there also, which she did.</p> <p>In total, 54 clinicians were trained and five Trainers were established to continue and spread the training. Staff who attended came from 15 separate facilities.</p> <p>At a total cost of £1,267 to our charity, this represented extraordinary value. However, for more sustainable impact, an infrastructure to support ongoing delivery of the courses is required.</p>



Reg No:1182182

Additional information	
Policy on grant making	FHA has not to date awarded any grants. Bursaries may be given in accordance with the charity's agreed policy 'Bursaries'.
Policy on social investment including program related investment	The charity has not utilised social investment finance.
Contribution made by volunteers	<p>All of the activities of the charity, apart from book-keeping, accountancy, web support and some administrative tasks are done on a voluntary <i>pro bono</i> basis.</p> <p>Many project leads' visits to Kenya are self-funded.</p> <p>All Trauma Team volunteers and some other volunteers raise money themselves to be able to take part.</p> <p>Trustees contribute their time voluntarily.</p>

Achievements and Performance	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and wider benefits to society as a whole.	<p><b>Achievements:</b> The charity's achievements in brief were:</p> <p><b>Trauma Team:</b> Successful projects took place in Nanyuki and Nyabondo</p> <p><b>GRASPIT:</b> GRASPIT was successful in attracting a further grant to introduce GRASPIT to Kilifi Hospital in 2025.</p> <p><b>q4a:</b> On-line training materials are now hosted on the University of Plymouth website. These will enable remote teaching of QI &amp; Leadership skills. <a href="https://open.plymouth.ac.uk/enrol/index.php?id=210">https://open.plymouth.ac.uk/enrol/index.php?id=210</a></p> <p><b>Maternity:</b> Exceptional value courses in neonatal resuscitation were conducted in Nyabondo and Kilifi.</p> <p><b>Public benefit:</b></p> <p>All projects have complied with the requirement for public benefit.</p> <p>The TRAUMA clinical projects have sought to alleviate pain, disability and suffering through direct patient care. Treatment has been open to any member of the public in Kenya and is particularly directed at those who cannot otherwise access care because of geography or poverty.</p> <p>GRASPIT and q4a taught healthworkers the skills they need to enhance care of the public who they serve.</p> <p>The charity trustees believe that the projects deliver the requirement for public benefit and volunteers also gained personal and professional development that they will apply for further public benefit in their individual environments in both the UK and Kenya.</p>

Additional information									
Achievements against objectives set	All major objectives from the agreed FHA Activity Plan for 2024 were met.								
Performance of fundraising activities against objectives set	All necessary funds were raised from volunteer contributions, donations and grants.								
Investment performance against objectives	The charity has no investments.								
Other	<p><b>Trustees:</b> Carrie Piper continues to lead on all finance matters. Workstream support from Trustees is as follows</p> <table border="1"> <tr> <td>Trauma T</td><td>Mike Wake</td></tr> <tr> <td>GRASPIT</td><td>Caroline Dimond</td></tr> <tr> <td>q4a</td><td>Carrie Piper</td></tr> <tr> <td>Maternity</td><td>Lydia Okutoyi</td></tr> </table> <p><b>Volunteers:</b> FHA continued to be led and run by volunteers. Paid work was for bookkeeping, accounting, web support and insurance purposes only. The charity has no employees.</p>	Trauma T	Mike Wake	GRASPIT	Caroline Dimond	q4a	Carrie Piper	Maternity	Lydia Okutoyi
Trauma T	Mike Wake								
GRASPIT	Caroline Dimond								
q4a	Carrie Piper								
Maternity	Lydia Okutoyi								

Financial Review	
Review of the charity's financial position at the end of the period	At the end of the financial year on 31.12.2024, the charity had assets of <b>£35,155</b> , £29,117 of which was restricted. Funds are held to cover future activity, including planned trips to Kenya. The charity reserves up to £10,000 as contingency in any one year to cover any unanticipated events or incidents.
Statement explaining the policy for holding reserves stating why they are held	Trustees allocate a reserve figure when agreeing the activity plan for the forthcoming year. It is based on the nature of the projects planned for that year and is to cover any unexpected events.
Amount of reserves held	As at 31.12.2024, the charity held unrestricted funds of £6,038
Reasons for holding zero reserves	n/a
Details of fund materially in deficit	Equipment with a value of approximately £8000 was held in a locked store room at Torbay Hospital. During the year this was cleared and disposed of by the Trust's Estates Department without FHA's knowledge and without any consultation. We continue to pursue recovery of the value of this property.
Explanation of any uncertainties about the charity continuing as a going concern	n/a

Additional information	
The charity's principal sources of funds (including any fundraising)	<ul style="list-style-type: none"> <li>• volunteer contributions</li> <li>• donations</li> <li>• grants</li> <li>• fundraising events</li> <li>• significant project leads' personal contributions</li> <li>• major contribution from project leads, trustees and volunteers 'in kind'</li> </ul>
Investment policy & objectives including any social investment policy adopted	The charity has no investments.
A description of the principal risks facing the charity	<p>The charity has developed a risk register.</p> <p>Principal risks identified</p> <ul style="list-style-type: none"> <li>• safeguarding</li> <li>• travel associated risks</li> <li>• local societal conflict</li> <li>• sickness of volunteers</li> <li>• non-engagement of participants in LMIC</li> <li>• healthworker strikes in LMIC</li> <li>• availability of project leads</li> <li>• misuse of finances for projects (though minimal amounts are delegated so risk is very low)</li> </ul> <p>None of these was realised in 2023.</p>
Research, Monitoring & Evaluation	All projects undertake evaluations of their projects.

Structure, Governance and Management	
Description of charity's trusts:	None
Type of governing document	CIO Constitution plus policies listed below
How is the charity constituted?	CIO
Trustee selection methods	There is an agreed Trustee Management Policy which includes the appointment process

Additional information	
Policies and procedures adopted for the induction and training of trustees	<ol style="list-style-type: none"> <li>1. Bursaries</li> <li>2. Code of Conduct &amp; Human Rights</li> <li>3. Complaints &amp; Whistleblowing</li> <li>4. Conflict of Interest</li> <li>5. Financial management including Procurement and Gifts &amp; Hospitality</li> <li>6. Anti-fraud, bribery, corruption &amp; money-laundering</li> <li>7. Grant Management</li> <li>8. Human Resources</li> <li>9. Needlestick (Sharps) Injury</li> <li>10. Risk Management (and RAID - risk register)</li> <li>11. Safeguarding</li> <li>12. Trustee management</li> <li>13. Volunteer management</li> <li>14. Monitoring, Evaluation &amp; Learning</li> <li>15. Malaria (Guidelines)</li> </ol>
Organisational structure	<b>See attached organogram</b>
Relationship with any related parties	<p><b>Partnerships/Associations:</b> FHA believes in working with and through local organisations and in building relationships with academics in both countries. These relationships continue to help us to maintain alignment with Kenyan needs, strategy &amp; policy and therefore maximise our efforts. These include:</p> <p>Society for Quality Healthcare Kenya (SQHK)  National Resuscitation Council for Kenya (NRCK)  LVCT Health (Kenya)  Kenya Orthopaedic Association (KOA)</p> <p>St Joseph's Mission Hospital (Nyabondo, Kisumu County, Kenya)  Laikipia Health Services</p> <p>University of Nairobi (Kenya)  University of Plymouth (UK) through its Global Health Collaborative (co-chaired by FHA's Chair of Trustees, Dr Kerri Jones)</p> <p>Tropical Health &amp; Education Trust (THET)</p> <p>South West International Development Network (SWIDN)</p> <p>Kenya-UK Health Alliance:  The charity has been a member of the Kenya -UK Health Alliance (KUKHA) since 2022.  Dr Kerri Jones (Chair of Trustees) and Dr Will Jewell (Project Lead) are actively involved.</p>

Reference and Administrative details	
Charity name	Future Health Africa
Other name the charity uses	n/a but its predecessor charity was the unincorporated charity Exploring Global Health Opportunities (now closed)
Registered charity number	1182182
Charity's principal address	15 Platway Lane Shaldon Teignmouth Devon TQ14 0AR  <a href="mailto:info@futurehealthafrica.org">info@futurehealthafrica.org</a> <a href="http://www.futurehealthafrica.org">www.futurehealthafrica.org</a>

Names of the trustees who manage the charity				
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kerri Jones	Chair		Board of Trustees
2	Nicholas Roberts	Vice-Chair	01.01.24 - 22.03.24	
3	Michael Wake			
4	Lydia Okutoyi			
5	Carrie Piper			
6	Caroline Dimond			

Corporate trustees – names of the directors at the date the report was approved	
Director name	n/a

Name of trustees holding title to property belonging to the charity	
Trustee name	n/a

Funds held as custodian trustees on behalf of others	
Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held	Nil
Arrangements for safe custody & segregation of such assets from the charity's own assets	Nil

Names and addresses of advisers		
Type of adviser	Name	Address
Bookkeeping	Reuben Evans Maceva Bookkeeping	4 Orchard Court Station Road Norton Fitzwarren Taunton TA2 6BF
Independent Examiner	Barrett's Accountants (CheckBook)	22 Union St Newton Abbot Devon TQ12 2JS
In-country (Kenya)	Dr Samuel Ndanya Dr Tim Panga Dr Mary Nduta	c/o Nanyuki Hospital, Laikipia County, Kenya

Exemptions from disclosure
n/a





Reg No:1182182

## Declarations

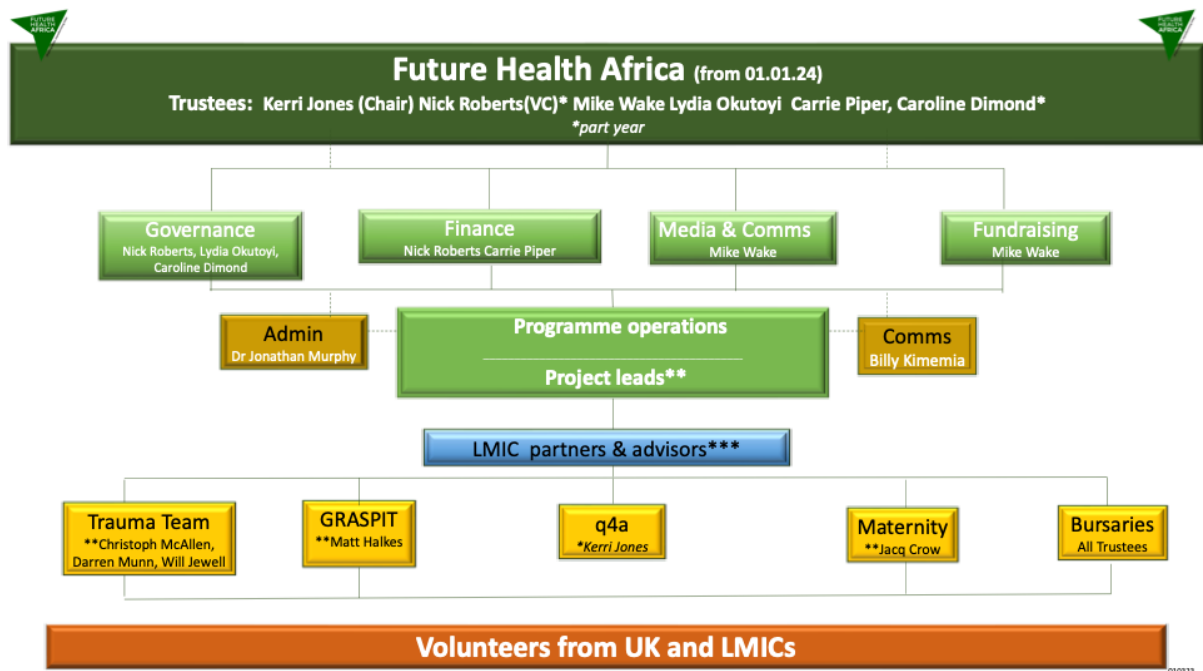
The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Dr Kerri Jones	Michael Wake
<b>Position</b>	Chair of Trustees	Finance Trustee
<b>Date</b>	8 <sup>th</sup> June 2025	

## Organisational Structure (Organogram) & Advisers

From 01.01.2024



### \*\*\* Kenyan Advisory Team to Future Health Africa

Name	Role in Kenya	Role for Future Health Africa
Dr Samuel Ndanya	Consultant Surgeon Nanyuki	Trauma Team Kenyan Lead, <b>Future Health Africa</b> advisor
Dr Timothy Panga Dr Lydia Okutoyi	Ag Chief Officer of Health, Laikipia County Government Kenyatta National Hospital	SPRINGBOARD/q4a Kenyan Lead President SQHK
Dr Mary Nduta	Medical Doctor, St Peter's Hospital, Kikuyu, Nairobi	Trauma Team Kenyan Lead, <b>Future Health Africa</b> advisor
Kiruja Jason	Senior Nurse, Kenyatta National Hospital	GRASPIT Education Lead
Christine Musee	Senior Nurse, Kenyatta National Hospital	GRASPIT M&E lead, SPRINGBOARD faculty
Dr Vincent Mutiso	Dept of Orthopaedics, University of Nairobi	Link to UoN



## Financial Accounts 1<sup>st</sup> January 2024 – 31<sup>st</sup> December 2024

### Future Health Africa

Income and Expenditure Account (Accruals basis)

01 January 2024 - 31 December 2024	Shared Costs Actual	Maternity Actual	Trauma Team Actual	Springboard Actual	GRASPIT Actual	St Joseph's Actual	Total Actual
<b>INCOME</b>							
240 Grants	73	-	-	-	-	-	73
250 Donations - Individuals	240	350	25,794	300	880	-	27,564
255 Donations - Trusts and Other Organisations	-	-	-	-	-	-	-
252 Donations - Friends of FHA	-	-	-	-	-	-	-
258 Gift Aid	2	88	9,561	75	95	-	9,821
200 Sales	-	-	-	-	-	-	-
270 Interest Income	421	-	-	-	-	-	421
<b>Total Income</b>	<b>735</b>	<b>438</b>	<b>35,355</b>	<b>375</b>	<b>975</b>	<b>-</b>	<b>37,878</b>
Funds brought forward from 2023 (Draft)	13,158	1,645	31,730	2,455	-	-	48,988
Cash Advances brought forward from 2023 (Draft)	-	-	2,000	-	-	-	2,000
Transfers between funds	( 200)	-	-	100	100	-	-
<b>Total funds available for year</b>	<b>13,693</b>	<b>2,083</b>	<b>69,085</b>	<b>2,930</b>	<b>1,075</b>	<b>-</b>	<b>88,866</b>
<b>EXPENDITURE</b>							
320 Honorarium Payments	-	-	-	-	-	-	-
325 Direct Expenses	9	6	1,477	4	7	-	1,503
330 Flights & Transport	-	804	17,547	400	400	-	19,151
340 Accommodation & Food in Kenya	-	281	5,524	-	-	-	5,804
350 Equipment & Supplies	-	182	16,560	-	-	-	16,741
380 Sub-contracted Project Delivery	-	-	-	-	-	-	-
401 Accountancy fees	-	-	-	-	-	-	-
402 Bookkeeping Fees	912	-	-	-	-	-	912
403 Administration Fees	5,400	-	-	-	-	-	5,400
404 Bank Fees	-	-	140	-	-	-	140
406 Exchange rate variance	-	-	-	-	-	-	-
418 Charitable Donations	-	-	-	-	-	-	-
414 Website	264	-	-	-	-	-	264
425 Postage, Freight & Courier	-	-	9	-	-	-	9
433 Project Health Insurance	609	-	-	-	-	-	609
429 General Expenses	-	-	199	-	-	-	199
441 Legal Expenses	-	-	-	-	-	-	-
461 Printing & Stationery	-	-	130	-	-	-	130
463 IT Software and Consumables	251	-	34	-	-	-	285
485 Subscriptions	210	-	-	-	-	-	210
489 Telephone & Internet	-	-	32	-	-	-	32
<b>Total costs for year</b>	<b>7,656</b>	<b>1,272</b>	<b>41,653</b>	<b>404</b>	<b>407</b>	<b>-</b>	<b>51,391</b>
<b>(Surplus/Deficit to Report in Stat Accounts)</b>	<b>( 6,920)</b>	<b>( 834)</b>	<b>( 6,298)</b>	<b>( 29)</b>	<b>568</b>	<b>-</b>	<b>( 13,514)</b>
Cash Advances (pending receipts)	-	-	2,320	-	-	-	2,320
<b>Project balances @ 31 December 2024</b>	<b>6,038</b>	<b>811</b>	<b>25,112</b>	<b>2,526</b>	<b>668</b>	<b>-</b>	<b>35,155</b>

Cash at Bank as at 31 Dec 2024 (NatWest)	3,194
Cash at Bank as at 31 Dec 2024 (Business Reserve)	32,421
Less (Accounts Payable)	( 960)
Less (Accruals)	-
Plus (Accounts Receivable)	500
<b>Net assets</b>	<b>35,155</b>

0



Reg No:1182182

## **Independent Examiner's Report to the Trustees of Future Health Africa Charity no. 1182182**

I report to the trustees on my examination of the accounts of Future Health Africa (the Charity) for the year ended 31<sup>st</sup> December 2024.

### **Responsibilities and basis of the report**

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian Barrett FCA FCIE  
Barretts  
22 Union Street  
Newton Abbot TQ12 2JS

8<sup>th</sup> October 2025