



Reg No:1182182

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023
FOR FUTURE HEALTH AFRICA
(CC REG: 1182182)**

**Barretts
Chartered Accountants and Chartered Tax Advisers
22, Union Street
Newton Abbot
Devon
TQ12 2JS**



Reg No:1182182


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Trustees' Annual Report: 1st January 2023 to 31st December 2023
Charity name: Future Health Africa (FHA)
Charity type: Charitable Incorporated Organisation (CIO) est February 2019
Charity registration number: 1182182

Objectives and Activities	
The purposes of the charity as set out in its governing document	<p>The objects of the CIO are, for the public benefit, particularly, but not exclusively, in Africa and other low/middle income countries (LMICs):</p> <ol style="list-style-type: none"> (1) the relief of sickness and the preservation of health, particularly but not exclusively by promoting the sharing of healthcare knowledge and skills and assisting in the provision of medical treatment; (2) the advancement of education in healthcare, in particular by the delivery of quality improvement and leadership training in a healthcare context and other health- related education and training to those involved in health and care delivery at all levels and to the wider public, and by raising awareness of global health issues; (3) to develop the capacity & skills of members of socially and economically disadvantaged communities in LMICs in which the CIO is working, in such a way that they are better able to identify and help meet their needs and to participate more in society.
Alignments	<p>All of our work aligns with the Sustainable Development Goals and in particular goals 1,3,4,5,10,17</p>  <p>Future Health Africa is an active member of the Kenya-UK Health Alliance (KUKHA), a government to government agreement made between the two countries in 2021. The purpose of the Alliance is to improve alignment of the efforts of the many UK health sector actors and health workers (NGOs, Universities, NHS Institutions, Academia, health-care companies) involved in working towards better healthcare for Kenyans.</p>
The main activities in relation to public benefit	<p>Trustees confirm adherence to the guidance issued by the Charity Commission on public benefit and have considered https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1. They conclude that FHA met public benefit requirements in 2023.</p> <p>In 2023, the charity had 5 workstreams directed at achieving our objectives. Each is described below along with the activities conducted during the period of this report. All of the work was conducted in Kenya. Further detail can be seen at www.futurehealthafrica.org</p>

	<p>WORKSTREAM 1: TRAUMA TEAM</p> <p>Leads: Mr Christoph McAllen (Consultant Orthopaedic Surgeon, Plymouth, UK) Dr Samuel Ndanya (Consultant Orthopaedic Surgeon, Nanyuki, Kenya) Mr Darren Munn (Surgical Practitioner, Torbay Hospital, UK) Dr Will Jewell (Consultant in Anaesthetics, Truro, UK) Dr Mary Nduta (Medical Doctor, Nairobi, Kenya)</p> <p>Description: This is a clinical & training project in which a joint UK and Kenyan team of skilled professionals of different cadres undertake orthopaedic trauma activities in Kenyan health facilities.</p> <p>Trauma Team activities are categorised into Bronze, Silver and Gold. All services are delivered at the highest standard, with improving quality as a central aim.</p> <p>Bronze: immediate & direct patient care through</p> <ul style="list-style-type: none"> high quality consultations, advice and where appropriate, both operative and non-operative treatment to alleviate pain, suffering and disability <p>Silver: learning opportunities/ new skills</p> <ul style="list-style-type: none"> side-by-side working with exchange of knowledge & skills in relevant disciplines (surgery, anaesthesia, nursing, operating department practice, radiography, physiotherapy) developing a safer surgical environment exchanging knowledge on safe general and regional anaesthesia and pain management <p>Gold: sustaining improvement/ development</p> <ul style="list-style-type: none"> identifying areas to develop a stepwise pathway supporting local need and wishes to change developing non-operative treatment options for local patients providing ongoing support and communication outside of projects inclusion of Kenyan orthopaedic trainees in the team promotes better future practice presentations at national academic meetings to share challenges and best practice
	<p>Activities undertaken: January 27th – Feb 10th 2023. The Trauma Team was invited to participate in an Orthopaedic camp in Nanyuki at the Nanyuki Teaching & Referral Hospital in Laikipia County. The camp was supported by County Government of Laikipia and was opened by the County Governor.</p> <p>Our team of 23 UK volunteer health workers joined Nanyuki Teaching & Referral Hospital colleagues to collaboratively review, advise, and operate on orthopaedic trauma patients, sharing knowledge and skills through side by side working, transforming lives.</p> <p>Trauma Team continued its Bronze, Silver and Gold program of engagement working and learning together with the Nanyuki team and participants from around the county.</p> <p>Bronze</p> <ul style="list-style-type: none"> Over 1,600 patients received an opinion from the UK and Nanyuki clinical teams following screening of over 3,100 patients Over 1,400 patients participated in back pain education classes 61 patients have undergone complex surgery or minor procedures <p>Silver</p> <ul style="list-style-type: none"> Joint side by side working & learning between the multi-disciplinary teams in outpatient clinics, ward rounds, physiotherapy, radiology and theatre sessions

	<ul style="list-style-type: none"> - Daily multi-disciplinary team ward rounds, sharing knowledge and skills as part of the decision making process - Introduction to back pain management for patients by the physiotherapy team - Theatre practice safe care development including pre and post-op theatre team briefings, and improved theatre paperwork - Teaching sessions held on upper and lower limb local anaesthetic nerve blocks, emergency airway management, and perioperative diabetic control - Demonstrations of assessment and decision-making skills in the operating theatre, with focus on team dynamics to ensure patient safety - Increasing awareness of good pain management in improving outcomes - Whole hospital continuing medical education sessions delivered in Radiation Protection, Hand Trauma, Traction Management, Pain Management, Pelvic Fracture Management, Fracture Management, Club Foot Management, Limping Child, and Regional vs General Anaesthesia <p>Gold</p> <ul style="list-style-type: none"> - Design, development and implementation of a back pain pathway, underpinned by latest research - Joint planning for the future, including development which was continued by the local team after the FHA team had departed. <p>Planning for orthopaedic projects is extremely complex and is a time-consuming but crucial element of the team's work. Project planning for 2024 camps was conducted to include</p> <ul style="list-style-type: none"> - a repeat project in Nanyuki (January 2024) - the first project at St Joseph's in February 2024
	<p>WORKSTREAM 2: GRASPIT</p> <p>Leads: Dr Matt Halkes (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK) Kiruja Gitonga Jason (Senior Nurse, Kenyatta National Hospital, Kenya) Christine Musee (Director of Nursing for Surgery, Kenyatta National Hospital) Dr Mike Swart (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK)</p> <p>Dr Matt Halkes holds oversight of standards of delivery, strategy and grant applications.</p> <p>Description: GRASPIT is a one day training course aimed at improving healthcare workers confidence and ability to recognise and manage sick patients (both adults and children). Its key tenets are</p> <ul style="list-style-type: none"> - recognition of abnormal vital signs - systematic approach to assessment - prompt treatment of identified issues using simple and context-appropriate resources - promotion of teamwork through effective communication <p>The course format is a combination of lectures and scenario based sessions. It is supported by learning materials and website. Faculty development is supported by a Train the Trainers course plus associated Course Organisers Handbook and ToT (Training of Trainers) Manual. The course is accredited by the National Resuscitation Council of Kenya.</p> <p>Through a combination of support from Future Health Africa and THET grants, it has been disseminated to 10 institutions in 6 Counties in Kenya with over 2000 health care workers and 120 trainers trained.</p> <p>When introduced to a new health facility, an introductory 3-day course is run which includes a 'training of trainers' course. Following this, local trainers are able to continue to deliver the</p>

	<p>course independently to more healthworkers. Initial training is conducted by Kenyan trainers with support from the UK faculty.</p>
	<p>Activities undertaken:</p> <p>1) New GRASPIT Induction and Faculty Development: June 2023</p> <p>Following a request for the course, the GRASPIT team (Kiruja Gitonga, Christine Musee, Dr Damaris Adebambo, Dr Jonathan Murphy) ran introductory programmes over 5 days in</p> <ul style="list-style-type: none"> - Kisii University & Teaching and Referral Hospital, Kisii County - St Josephs Hospital & Trauma Center, Nyabondo <p>In Kisii, 60 frontline healthworkers were trained and 18 local trainers were trained to carry on training of further staff.</p> <p>In Nyabondo, 60 frontline healthworkers from several institutions were trained and 10 local trainers were trained to carry on training of further staff.</p> <p>Feedback was very positive and the GRASPIT team will continue to support the local trainers to carry on the training.</p> <p>2) Scoping of GRASPIT Faculty Development Programme Nairobi County Govt Hospitals (Mama Lucy / Pumwani / Mbagathi / KNH) was carried out with Dr Rachael Kimani, Consultant in Anaesthesia and Critical Care at Mbagathi Hospital in Nairobi. At her suggestion, a proposal for support and partnership was submitted to Gadian Healthcare.</p> <p>3) Discussions were held with Johnson and Johnson Global Strategic Partnership Lead, Iain Walker. It was agreed that there was good alignment between FHA capabilities and networks and J+J objectives. Discussions are ongoing.</p> <p>4) A grant submission was made to THET (December 23) jointly with Trauma Team and Springboard Leads to spread GRASPIT training across Kenya</p>
	<p>WORKSTREAM 3: QUALITY IMPROVEMENT (QI) & LEADERSHIP (q4a)</p> <p>Lead: Dr Kerri Jones</p> <p>Description: This workstream recognises that ‘sick systems’ prevent better patient outcomes. Our q4a (quality for all) faculty designed the SPRINGBOARD course to empower frontline healthcare workers to improve quality of care by learning and applying ‘The Science of Improvement’ and the ‘Art of Leadership’. The course normally runs for 10 days and imparts knowledge of improvement methodology, team working, leadership, patient-centred care and an understanding of how to create a positive culture for change. The skills are learned through doing real live quality improvement (QI) projects.</p>
	<p>Activities undertaken:</p> <ol style="list-style-type: none"> 1. Attendance and presentation at the 2nd Annual KUKHA Summit in Nairobi 2. Scoping visits were made in June 2023 to <ul style="list-style-type: none"> • St Joseph’s Hospital & Trauma Center, Nyabondo • Kisii University • Kisii Teaching & Referral Hospital

	<ol style="list-style-type: none"> 3. The final report on our SCCF funded grant was submitted in March 2023 and a follow-up visit to the project site in Laikipia North was made in person by Kerri Jones & Jonathan Murphy in June 2023. Really positive ongoing improvements were observed 4. Follow-up visit to Nanyuki Teaching & Referral Hospital (June 2023). It was notable that Quality Improvement has been formally embedded in a very impressive way into the normal business of the hospital and County Government Ministry of Health. Many of the personnel pursuing QI are graduates of the SPRINGBOARD programme. 5. Ongoing communication with the Society for Quality Healthcare Kenya (SQHK) and ACQUIRE (African Consortium for Quality Improvement Research). 6. A workshop on QI and leadership for Global Health for the MSc programme at the University of Plymouth was delivered. 7. Further development of online QI materials which are now available on the University of Plymouth website at https://open.plymouth.ac.uk/course/view.php?id=210
	<p>WORKSTREAM 4: MATERNITY</p> <p>Lead: Jacq Crow</p> <p>Description: The overarching objective of the 3 Maternity team is to reduce maternal mortality & morbidity through education of healthworkers, traditional birth attendants and mothers in safer childbirth practices. They have delivered training in</p> <ul style="list-style-type: none"> • Nyahururu (Laikipia County) • Communities around Lewa Conservancy (Laikipia/Meru/Isiolo counties) • Marsabit County • Pumwani (major maternity centre in Nairobi) • Kenyatta National Hospital (KNH) <p>The focus of the teaching is management of the most common emergencies in maternity/obstetric care ie haemorrhage, sepsis, pre-eclampsia/eclampsia, complications of labour (eg obstructed labour).</p>
	<p>Activities undertaken:</p> <p>January and February 2023 - a series of online presentations and Q+A sessions were held in SW England in order to try and build faculty.</p> <p>A needs assessment in Nyabondo highlighted a stark need for basic neonatal resuscitation training. No single professional in any of the seven clinics or hospitals visited could correctly demonstrate how to hold and position a bag and mask to undertake resuscitation. Many staff lamented the fact that they were never successful in neonatal resuscitation. Planning took place to design a course to potentially deliver in 2024.</p>

Additional information	
Policy on grant making	FHA has not to date awarded any grants. Bursaries may be given in accordance with the charity's agreed policy 'Bursaries'.
Policy on social investment including program related investment	The charity has not utilised social investment finance.
Contribution made by volunteers	<p>All of the activities of the charity, apart from book-keeping, accountancy, web support and some administrative tasks are done on a voluntary <i>pro bono</i> basis.</p> <p>Many project leads' visits to Kenya are self-funded.</p> <p>All Trauma Team volunteers and some other volunteers raise money themselves to be able to take part.</p> <p>Trustees contribute their time voluntarily.</p>

Achievements and Performance	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and wider benefits to society as a whole.	<p>Achievements: The charity's achievements in brief were:</p> <p>Trauma Team: Successful projects at an established and a new location took place delivering care through 1600 consultations and 63 surgeries. Skills and learning were shared with many healthcare staff. A whole new service in Back Pain was established in Nanyuki and 1600 patients attended.</p> <p>GRASPIT: GRASPIT was successfully introduced to two new sites with many frontline healthworkers trained (120) and trainers established (28).</p> <p>q4a: successfully completed FCDO grant delivery and opened discussions with Kisii/Nyabondo re potential work. Developed on-line training materials now hosted on the University of Plymouth website. These will enable remote teaching of QI & Leadership skills.</p> <p>Maternity: scoping work in SW Kenya.</p> <p>Public benefit:</p> <p>All projects have complied with the requirement for public benefit.</p> <p>The TRAUMA clinical projects have sought to alleviate pain, disability and suffering through direct patient care. Treatment has been open to any member of the public in Kenya and is particularly directed at those who cannot otherwise access care because of geography or poverty.</p> <p>GRASPIT and q4a taught healthworkers the skills they need to enhance care of the public who they serve.</p> <p>The charity trustees believe that the projects deliver the requirement for public benefit and volunteers also gained personal and professional development that they will apply for further public benefit in their individual environments in both the UK and Kenya.</p>



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Additional information	
Achievements against objectives set	All major objectives from the agreed FHA Activity Plan for 2023 were met.
Performance of fundraising activities against objectives set	All necessary funds were raised from volunteer contributions, donations and grants.
Investment performance against objectives	The charity has no investments.
Other	<p>Trustees: Carrie Piper was appointed with expertise in finance. Dr Caroline Dimond was appointed with expertise in Public Health.</p> <p>Volunteers: FHA continued to be led and run by volunteers. Paid work was for bookkeeping, accounting, web support and insurance purposes only. The charity has no employees.</p>

Financial Review	
Review of the charity's financial position at the end of the period	At the end of the financial year on 31.12.2023, the charity had assets of £50,089, £37,830 of which was restricted. Funds are held to cover future activity, including planned trips to Kenya. The charity reserves £10,000 as contingency in any one year to cover any unanticipated events or incidents.
Statement explaining the policy for holding reserves stating why they are held	Trustees allocate a reserve figure when agreeing the activity plan for the forthcoming year. It is based on the nature of the projects planned for that year and is to cover any unexpected events.
Amount of reserves held	As at 31.12.2023, the charity held unrestricted funds of £12,259
Reasons for holding zero reserves	n/a
Details of fund materially in deficit	n/a
Explanation of any uncertainties about the charity continuing as a going concern	n/a

Additional information	
The charity's principal sources of funds (including any fundraising)	<ul style="list-style-type: none"> • volunteer contributions • donations • grants • fundraising events • significant project leads' personal contributions • major contribution from project leads, trustees and volunteers 'in kind'
Investment policy & objectives including any social investment policy adopted	The charity has no investments.
A description of the principal risks facing the charity	<p>The charity has developed a risk register.</p> <p>Principal risks identified</p> <ul style="list-style-type: none"> • safeguarding • travel associated risks • local societal conflict • sickness of volunteers • non-engagement of participants in LMIC • healthworker strikes in LMIC • availability of project leads • misuse of finances for projects (though minimal amounts are delegated so risk is very low) <p>None of these was realised in 2023.</p>
Research, Monitoring & Evaluation	All projects undertake evaluations of their projects.

Structure, Governance and Management	
Description of charity's trusts:	None
Type of governing document	CIO Constitution plus policies listed below
How is the charity constituted?	CIO
Trustee selection methods	There is an agreed Trustee Management Policy which includes the appointment process

Additional information	
Policies and procedures adopted for the induction and training of trustees	<ol style="list-style-type: none"> 1. Bursaries 2. Code of Conduct & Human Rights 3. Complaints & Whistleblowing 4. Conflict of Interest 5. Financial management including Procurement and Gifts & Hospitality 6. Anti-fraud, bribery, corruption & money-laundering 7. Grant Management 8. Human Resources 9. Needlestick (Sharps) Injury 10. Risk Management (and RAID - risk register) 11. Safeguarding 12. Trustee management 13. Volunteer management 14. Monitoring, Evaluation & Learning 15. Malaria (Guidelines)
Organisational structure	See attached organogram
Relationship with any related parties	<p>Partnerships/Associations: FHA believes in working with and through local organisations and in building relationships with academics in both countries. These relationships continue to help us to maintain alignment with Kenyan needs, strategy & policy and therefore maximise our efforts. These include:</p> <p>Society for Quality Healthcare Kenya (SQHK) National Resuscitation Council for Kenya (NRCK) LVCT Health (Kenya) Kenya Orthopaedic Association (KOA)</p> <p>St Joseph's Mission Hospital (Nyabondo, Kisumu County, Kenya) Laikipia Health Services</p> <p>University of Nairobi (Kenya) University of Plymouth (UK) through its Global Health Collaborative (co-chaired by FHA's Chair of Trustees, Dr Kerri Jones)</p> <p>Tropical Health & Education Trust (THET)</p> <p>South West International Development Network (SWIDN)</p> <p>Kenya-UK Health Alliance: The charity has been a member of the Kenya -UK Health Alliance (KUKHA) since 2022. Dr Kerri Jones (Chair of Trustees) and Dr Will Jewell (Project Lead) are actively involved.</p>

Reference and Administrative details	
Charity name	Future Health Africa
Other name the charity uses	n/a but its predecessor charity was the unincorporated charity Exploring Global Health Opportunities (now closed)
Registered charity number	1182182
Charity's principal address	15 Platway Lane Shaldon Teignmouth Devon TQ14 0AR

Names of the trustees who manage the charity				
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kerri Jones	Chair		Board of Trustees
2	Nicholas Roberts	Vice-Chair		
3	Michael Wake			
4	Lydia Okutoyi			
5	Carrie Piper			
6	Caroline Dimond		01.03 23 – 31.12.23	

Corporate trustees – names of the directors at the date the report was approved	
Director name	n/a

Name of trustees holding title to property belonging to the charity	
Trustee name	n/a

Funds held as custodian trustees on behalf of others	
Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held	Nil
Arrangements for safe custody & segregation of such assets from the charity's own assets	Nil

Names and addresses of advisers		
Type of adviser	Name	Address
Bookkeeping	Reuben Evans Maceva Bookkeeping	4 Orchard Court Station Road Norton Fitzwarren Taunton TA2 6BF
Independent Examiner	Barrett's Accountants (CheckBook)	22 Union St Newton Abbot Devon TQ12 2JS
In-country (Kenya)	Dr Samuel Ndanya Dr Tim Panga Dr Mary Nduta	c/o Nanyuki Hospital, Laikipia County, Kenya

Exemptions from disclosure
n/a





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Declarations

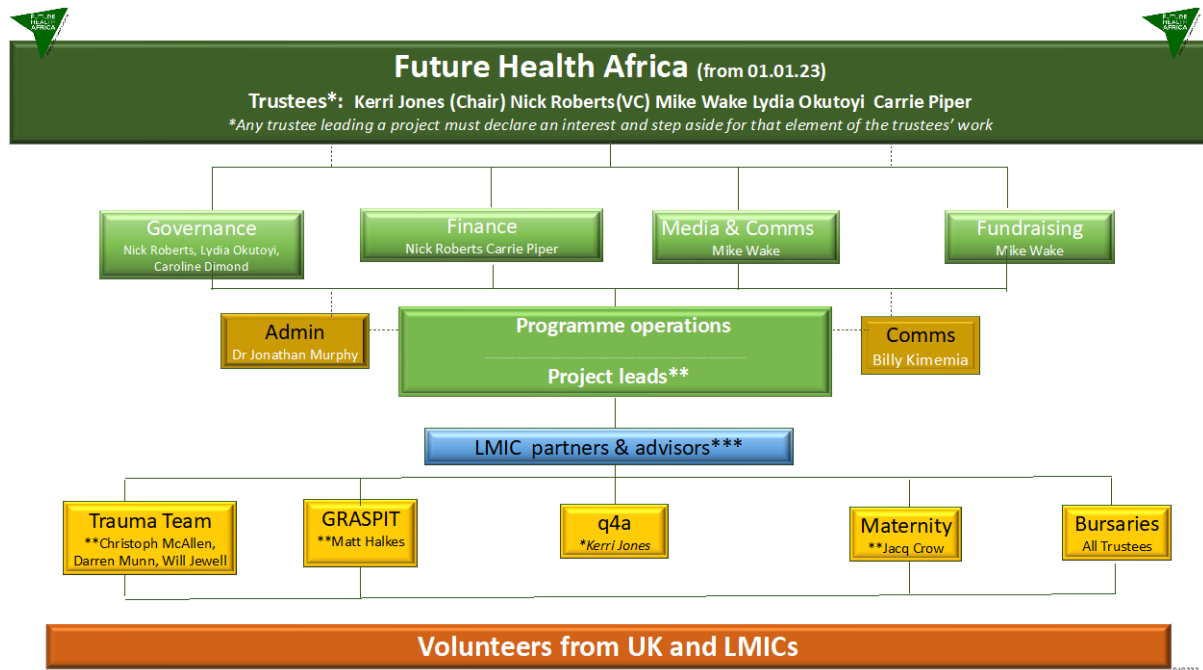
The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Kerri Jones	Carrie Piper
Position	Chair of Trustees	Finance Trustee
Date	21 st October 2024	

Organisational Structure (Organogram) & Advisers

From 01.01.2023



*** Kenyan Advisory Team to Future Health Africa

Name	Role in Kenya	Role for Future Health Africa
Dr Samuel Ndanya	Consultant Surgeon Nanyuki	Trauma Team Kenyan Lead, Future Health Africa advisor
Dr Timothy Panga Dr Lydia Okutoyi	Ag Chief Officer of Health, Laikipia County Government Kenyatta National Hospital	SPRINGBOARD/q4a Kenyan Lead President SQHK
Dr Mary Nduta	Medical Doctor, St Peter's Hospital, Kikuyu, Nairobi	Trauma Team Kenyan Lead, Future Health Africa advisor
Kiruja Jason	Senior Nurse, Kenyatta National Hospital	GRASPIT Education Lead
Christine Musee	Senior Nurse, Kenyatta National Hospital	GRASPIT M&E lead, SPRINGBOARD faculty
Dr Vincent Mutiso	Dept of Orthopaedics, University of Nairobi	Link to UoN

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FUTURE HEALTH AFRICA

Independent examiner's report to the trustees of Future Health Africa

I report to the charity trustees on my examination of the accounts of Future Health Africa (the Trust) for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian Barrett

Barretts
Chartered Accountants &
Chartered Tax Advisers
22 Union Street
Newton Abbot
Devon
TQ12 2JS

22 October 2024

FUTURE HEALTH AFRICA

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 December 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		<u>2,290</u>	<u>53,753</u>	<u>56,043</u>	<u>42,865</u>
EXPENDITURE ON					
Charitable activities					
Charitable expenditure		<u>4,056</u>	<u>57,024</u>	<u>61,080</u>	<u>53,983</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	7	<u>(1,766)</u> <u>(5,635)</u>	<u>(3,271)</u> <u>5,635</u>	<u>(5,037)</u> <u>-</u>	<u>(11,118)</u> <u>-</u>
Net movement in funds		<u>(7,401)</u>	<u>2,364</u>	<u>(5,037)</u>	<u>(11,118)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>19,660</u>	<u>35,466</u>	<u>55,126</u>	<u>66,244</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>12,259</u></u>	<u><u>37,830</u></u>	<u><u>50,089</u></u>	<u><u>55,126</u></u>

The notes form part of these financial statements

FUTURE HEALTH AFRICA

BALANCE SHEET

31 December 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Debtors	5	-	4,672	4,672	3,636
Cash at bank and in hand		13,159	54,251	67,410	57,475
		<u>13,159</u>	<u>58,923</u>	<u>72,082</u>	<u>61,111</u>
CREDITORS					
Amounts falling due within one year	6	(900)	(21,093)	(21,993)	(5,985)
NET CURRENT ASSETS		<u>12,259</u>	<u>37,830</u>	<u>50,089</u>	<u>55,126</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>12,259</u>	<u>37,830</u>	<u>50,089</u>	<u>55,126</u>
NET ASSETS		<u>12,259</u>	<u>37,830</u>	<u>50,089</u>	<u>55,126</u>
FUNDS	7				
Unrestricted funds				12,259	19,660
Restricted funds				37,830	35,466
TOTAL FUNDS				<u>50,089</u>	<u>55,126</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 21 October 2024 and were signed on its behalf by:

K Jones - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 December 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	194	42,671	42,865
EXPENDITURE ON			
Charitable activities			
Charitable expenditure	1,313	52,670	53,983
NET INCOME/(EXPENDITURE)	(1,119)	(9,999)	(11,118)
Transfers between funds	2,575	(2,575)	-

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2023

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Net movement in funds	1,456	(12,574)	(11,118)
RECONCILIATION OF FUNDS			
Total funds brought forward	18,204	48,040	66,244
TOTAL FUNDS CARRIED FORWARD	<u>19,660</u>	<u>35,466</u>	<u>55,126</u>

4. INDEPENDENT EXAMINER'S FEE

The fee for the independent examination is £360.

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	4,672	600
Prepayments and accrued income	-	1,110
Prepayments	-	1,926
	<u>4,672</u>	<u>3,636</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	21,093	1,043
Other creditors	900	4,942
	<u>21,993</u>	<u>5,985</u>

7. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	Transfers between funds £	At 31.12.23 £
Unrestricted funds				
General fund	19,660	(1,766)	(5,635)	12,259
Restricted funds				
Maternity	448	197	1,000	1,645
Team Talk	-	128	(128)	-
Trauma Team	30,338	1,714	1,678	33,730
F C D O	-	(470)	470	-
Springboard	2,364	91	-	2,455
Graspit	2,316	(4,741)	2,425	-
St Joseph's	-	(190)	190	-
	<u>35,466</u>	<u>(3,271)</u>	<u>5,635</u>	<u>37,830</u>
TOTAL FUNDS	<u>55,126</u>	<u>(5,037)</u>	<u>-</u>	<u>50,089</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2023

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,290	(4,056)	(1,766)
Restricted funds			
Maternity	197	-	197
Team Talk	128	-	128
Trauma Team	53,824	(52,110)	1,714
F C D O	(470)	-	(470)
Springboard	93	(2)	91
Graspit	235	(4,976)	(4,741)
St Joseph's	(254)	64	(190)
	<u>53,753</u>	<u>(57,024)</u>	<u>(3,271)</u>
TOTAL FUNDS	<u><u>56,043</u></u>	<u><u>(61,080)</u></u>	<u><u>(5,037)</u></u>

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	At 31.12.22 £
Unrestricted funds				
General fund	18,204	(1,119)	2,575	19,660
Restricted funds				
Maternity	448	-	-	448
Team Talk	15,039	(15,385)	346	-
Trauma Team	24,796	5,542	-	30,338
F C D O	(3,714)	3,714	-	-
Community	797	(451)	(346)	-
Springboard	2,364	-	-	2,364
Emergency Medicine	2,575	-	(2,575)	-
Graspit	5,735	(3,419)	-	2,316
	<u>48,040</u>	<u>(9,999)</u>	<u>(2,575)</u>	<u>35,466</u>
TOTAL FUNDS	<u><u>66,244</u></u>	<u><u>(11,118)</u></u>	<u><u>-</u></u>	<u><u>55,126</u></u>

7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	194	(1,313)	(1,119)
Restricted funds			
Team Talk	9,660	(25,045)	(15,385)
Trauma Team	7,729	(2,187)	5,542
F C D O	20,282	(16,568)	3,714
Community	-	(451)	(451)
Graspit	-	(3,419)	(3,419)
St Joseph's	5,000	(5,000)	-
	<u>42,671</u>	<u>(52,670)</u>	<u>(9,999)</u>
TOTAL FUNDS	<u><u>42,865</u></u>	<u><u>(53,983)</u></u>	<u><u>(11,118)</u></u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.

FUTURE HEALTH AFRICA

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 December 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	44,476	6,483
Gift aid	6,571	-
Grants	4,996	36,282
Other revenue	-	100
	56,043	42,865
Total incoming resources	56,043	42,865
EXPENDITURE		
Charitable activities		
Direct costs	838	13,832
Flights & transport	42,734	14,352
Accommodation & subsistence	4,678	5,125
Equipment and supplies	7,545	2,006
Sub-contracted Project Delivery	-	10,302
Project health insurance	1,765	2,372
IT software & consumables	382	548
Website	264	302
Administration fees	63	-
Subscriptions	210	320
Printing and stationery	61	-
General expenses	-	20
Charitable donations	-	2,270
Honorarium	1,160	-
	59,700	51,449
Support costs		
Finance		
Bank charges	56	84
Governance costs		
Accountancy and legal fees	1,324	2,450
Total resources expended	61,080	53,983
Net expenditure	(5,037)	(11,118)