







**CHARITY COMMISSION  
FOR ENGLAND AND WALES**


Trustees' Annual Report for the period		
From 1st January 2021	to	31 <sup>st</sup> December 2021
Charity name: Future Health Africa (FHA)		
Charity registration number: 1182182		

## Objectives and Activities

<p>The purposes of the charity as set out in its governing document</p>	<p>The objects of the CIO are, for the public benefit, particularly, but not exclusively, in Africa and other low/middle income countries (LMICs):</p> <ol style="list-style-type: none"> <li>(1) the relief of sickness and the preservation of health, particularly but not exclusively by promoting the sharing of healthcare knowledge and skills and assisting in the provision of medical treatment;</li> <li>(2) the advancement of education in healthcare, in particular by the delivery of quality improvement and leadership training in a healthcare context and other health- related education and training to those involved in health and care delivery at all levels and to the wider public, and by raising awareness of global health issues;</li> <li>(3) to develop the capacity &amp; skills of members of socially and economically disadvantaged communities in LMICs in which the CIO is working, in such a way that they are better able to identify and help meet their needs and to participate more in society.</li> </ol>
<p>The main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<p>After a thorough risk assessment, trustees decided that no visits in person should take place until the COVID pandemic was more under control. However, some workstreams were still able to undertake some significant activity, using our Kenyan leads.</p> <p>The charity has 6 active workstreams (with a 7<sup>th</sup> in development) directed at achieving our objectives. Not all are active every year. Bursaries have not been appropriate during the COVID restrictions in 2021. Each workstream is described below along with the activities conducted during the year. The Emergency Medicine workstream, initially supported by FHA, has developed its own MoU and it was agreed that it was more appropriate that it was managed by the Bristol EM training Programme under Dr Andy Lockyer. It is therefore no longer an FHA workstream.</p> <p>All of the work was conducted in Kenya. Further detail can be seen at <a href="http://www.futurehealthafrica.org">www.futurehealthafrica.org</a></p> <p>Our work aligns with the Sustainable Development Goals and in particular 1,3,4,5,10,17.</p> <div data-bbox="432 1854 1503 2047">  </div>

	<p>During 2021, FHA was accepted onto 2 development programmes with</p> <ol style="list-style-type: none"> <li>1. THET (Tropical Health &amp; Education Trust) Health Partnership Capacity Development</li> <li>2. SWIDN (South West International Development Network)</li> </ol> <p>These programmes are designed to assist small charities develop their potential.</p>
	<p><b>WORKSTREAM 1: TRAUMA TEAM</b></p> <p><b>Description:</b> This is a clinical &amp; training project in which a joint UK and Kenyan team of skilled professionals of different cadres undertake orthopaedic trauma activities in Kenyan health facilities.</p> <p>Trauma Team activities are categorised into Bronze, Silver and Gold. All services are delivered at the highest standard, with improving quality as a central aim.</p> <p><b>Bronze:</b> immediate &amp; direct patient care through</p> <ul style="list-style-type: none"> <li>• high quality consultations, advice and where appropriate, both operative and non-operative treatment to alleviate pain, suffering and disability</li> </ul> <p><b>Silver:</b> learning opportunities/ new skills</p> <ul style="list-style-type: none"> <li>• side-by-side working with exchange of knowledge &amp; skills in relevant disciplines (surgery, anaesthesia, nursing, operating department practice, radiography, physiotherapy)</li> <li>• developing a safer surgical environment</li> <li>• exchanging knowledge on safe general and regional anaesthesia and pain management</li> </ul> <p><b>Gold:</b> sustaining improvement/ development</p> <ul style="list-style-type: none"> <li>• identifying areas to develop a stepwise pathway</li> <li>• supporting local need and wishes to change</li> <li>• developing non-operative treatment options for local patients</li> <li>• providing ongoing support and communication outside of projects</li> <li>• inclusion of Kenyan orthopaedic trainees in the team promotes better future practice</li> <li>• presentations at national academic meetings to share challenges and best practice</li> </ul>
	<p><b>Activities undertaken:</b></p> <p>The COVID-19 pandemic unfortunately resulted in the postponement of two one-week planned projects for November 2021 to Nyahururu and Marsabit.</p> <p>However, the joint UK/Kenyan team communicated regularly, including about complex cases. Partnership working was strengthened and UK lead UK orthopaedic surgeon, Dr Christoph McAllen, was invited to become a Visiting Lecturer at the University of Nairobi, at the invitation of Head of the Department of Orthopaedics, Dr Vincent Mutiso.</p>
	<p><b>WORKSTREAM 2: GRASPIT</b></p> <p><b>Description:</b> GRASPIT (Global Recognition &amp; Assessment of the Sick Patient &amp; Initial Treatment) is a one-day course which equips clinicians with a structured systematic approach to the management of the deteriorating acutely ill patient. GRASPIT has been shown to increase a clinician's confidence in the management of these challenging patients. The four key principles of GRASPIT are:</p> <ol style="list-style-type: none"> <li>1. Early recognition of deteriorating acutely ill patients</li> <li>2. Systematic approach to the assessment of patients</li> <li>3. Early initial treatment</li> <li>4. Team working through effective communication</li> </ol> <p>When introduced to a new health facility, an introductory 3-day course is run which includes a 'training of trainers' course. Following this, local trainers are able to continue to deliver the course to more healthworkers. Initial training is conducted by Kenyan trainers with oversight and support</p>

	from the UK faculty. The UK lead (Dr Matt Halkes) holds oversight of standards of delivery, strategy and grant applications within his remit.
	<p><b>Activities undertaken:</b> The Kenyan GRASPIT team continued to undertake <i>ad hoc</i> training in Kenyatta National Hospital. A Zoom meeting was held with Mr John Wanyungu, Head of Community Services at the Kenya Ministry of Health who is keen to develop a community version of GRAPSIT for community health volunteers (CHVs). He sees great potential for the training and consideration is being given to its development and testing when COVID circumstances allow.</p> <p>A strategy has been developed and grant applications submitted. An FCDO grant was awarded to GRASPIT (under the Health Partnership Scheme) to undertake work in Ethiopia but these grants were withdrawn when the whole scheme was cancelled.</p>
	<p><b>WORKSTREAM 3: QUALITY IMPROVEMENT &amp; LEADERSHIP</b></p> <p><b>Description:</b> This workstream recognises that ‘sick systems’ prevent better patient outcomes. Our q4a (quality for all) faculty has designed the SPRINGBOARD course to empower frontline healthcare workers to improve quality of care by learning and applying ‘The Science of Improvement’ and the ‘Art of Leadership’. The course normally runs for 10 days and imparts knowledge of improvement methodology, team working, leadership, patient-centred care and an understanding of how to create a positive culture for change. The skills are learned through <b>doing</b> real live quality improvement (QI) projects.</p>
	<p><b>Activities undertaken:</b> A 2 year UKAid/DFID grant of £48,781 was awarded to Future Health Africa under the Small Charities Challenge Fund (SCCF) in 2020 and started operations in December 2020. Its purpose is to build on FHA’s QI and Leadership programme (SPRINGBOARD) and test its validity and effectiveness in community settings. Migori and Laikipia counties were chosen to test this.</p> <p>Due to the COVID pandemic, the UK faculty were not able to travel to Kenya to deliver the training and therefore a partnership was agreed with the Kenyan NGO LVCT Health, who were known to deliver similar training. An MoU was signed and activities agreed. In 2021 these were</p> <p>Jan – June QI and leadership training, mentoring and coaching for 3 Community Health Units (CHUs) in Migori County. 3 QI projects were established focussing on pregnancy outcomes for mothers and babies in rural settings. Two Learning events were held at</p> <p>which learning was consolidated and shared with County and sub-county officials responsible for community services. Quality Improvement Teams (QITs) were established to encourage pregnant mothers to attend 4 antenatal clinic (ANC) visits and be tested for HIV, malaria, syphilis and anaemia. This built on previous work by LVCT Health under the SQALE 4byFour program.</p> <p>July the A scoping visit was made to Laikipia to establish the program there, engaging with</p> <p>County Government Ministry of Health, including the Public Health Director and Lead for Community Health who identified 2 CHUs (Powys &amp; Naibor), Maasai communities where maternal and neonatal outcomes are known to be poor.</p> <p>Sep-Dec Phase 1 &amp; 2 QI training was delivered to CHVs and CHAs in the CHUs and Leadership training was delivered to Sub-County and County officials responsible for Community Health in order to equip them to support the QI projects, again focussing on pregnancy outcomes. Early learning was that CHVs were unsure of their roles and responsibilities, did not have the relevant documentation to make ANC referrals and were not collecting data or being adequately supervised. Two QITs were established and 2 QI projects were started to understand and address these issues.</p> <p>Regular monitoring meeting were held on Zoom to ensure that grant objectives were being met. Financial reports were submitted to the grant manager Mannion Daniels at 3-monthly intervals.</p> <p>Impact: The training we have delivered has been very successful in enabling the local teams to identify the factors leading to poor pregnancy outcomes and QITs are co-designing interventions</p>

	<p>with the local community members to try and improve engagement with healthcare services through increasing household visits, increasing ANC referrals and encouraging women to engage with skilled birth attendants.</p> <p>The partnership with LVCT Health has led to many advantages and FHA hopes to continue to partner with them for similar work.</p> <p>Work commenced to look at placing some of the materials online in order to spread knowledge of the QI and leadership skills needed to achieve quality UHC (Universal Health Coverage).</p> <p>Materials were shared on request with the THET Myanmar Support Group which is helping healthworkers as they struggle to deliver services while oppressed by their military coup.</p>
	<p><b>WORKSTREAM 4: COMMUNITY</b></p> <p><b>Description:</b> This project aims to improve health outcomes in rural areas of Kenya. It includes working with conservation NGOs (such as Northern Rangelands Trust and Lewa Wildlife Conservancy) and the Ministry of Health and providing technical assistance in rural health services and programmes. This involves looking at where to develop a new clinic, what services should be offered in specific areas given the geographical location, tribal culture and disease epidemiology.</p>
	<p><b>Activities undertaken:</b></p> <p><i>Ad hoc</i> advice was given remotely, relationships maintained and future planning undertaken. No visits in person were possible.</p>
	<p><b>WORKSTREAM 5: TEAM TALK</b></p> <p><b>Description:</b> Team Talk seeks to directly improve the lives of girls, enabling them to be aspirational and play a fuller role in the family and the wider community. It encourages boys to develop a greater level of respect for the girls. It started at the request of community elders in the Westgate and Ntalabany regions in 2010 who said they would like to get their girls into school and that they wanted to prevent young marriages.</p> <p>Team Talk uses TAG rugby in primary schools alongside classroom sessions to address gender inequality in rural Kenyan schools. Boys and girls to play together, thereby developing teamwork and a mutual understanding of each other.</p> <p>In 2011 the first project ran in these regions and has since expanded into schools in Lakipia, Mweiga and the Mara and works alongside the Mukogodo Girls Empowerment Program run by Josephine Ndirias.</p>
	<p><b>Activities undertaken:</b></p> <p>Again COVID prevented our UK team from travelling and schools were closed for much of the year. However, some work with communities was able to continue, led by our Kenyan team lead Ronnie Okoth. The inability of the UK team to travel has had the advantage of enhancing the role of the Kenyan team.</p> <p>New schools, in Gundua &amp; Maritati have been included. Following on from the tournament in December 2020, there have been monthly mentoring visits (when travel was allowed in Kenya).</p> <p>The Atlas grant has continued to fund the work. Plans continue to build a support structure for mentors and to train local coaches.</p>

	<p><b>WORKSTREAM 6: MATERNITY</b></p> <p><b>Description:</b> The overarching objective of the 3 midwife members of the Maternity team is to reduce maternal mortality &amp; morbidity through education of healthworkers, traditional birth attendants and mothers in safer childbirth practices. They have delivered training in</p> <ul style="list-style-type: none"> <li>• Nyahururu (Laikipia County)</li> <li>• Communities around Lewa Conservancy (Laikipia/Meru/Isiolo counties)</li> <li>• Marsabit County</li> <li>• Pumwani (major maternity centre in Nairobi)</li> <li>• Kenyatta National Hospital (KNH)</li> </ul> <p>The focus of the teaching is management of the most common emergencies in maternity/obstetric care ie haemorrhage, sepsis, pre-eclampsia/eclampsia, complications of labour (eg obstructed labour).</p>
	<p><b>Activities undertaken:</b> No project visits were possible in 2021.</p> <p>A donation was made to the Leperua Community for the purchase of a vehicle to facilitate the movement of women in labour to a place with a skilled birth attendant.</p>
	<p><b>WORKSTREAM 7: BURSARIES</b></p> <p><b>Description:</b> When our charity resources allow, we support courses and study visits for LMIC individuals. These may take place in either Kenya or the UK.</p>
	<p><b>Activities undertaken:</b> None in 2021.</p>
	<p><b>WORKSTREAM 8 (emergent): STORYTELLING/THEATRE ARTS</b></p> <p><b>Description:</b> A new project is currently under development to promote improved health and wellbeing in teenagers, building confidence and improving attendance and performance at school. It will use storytelling and theatre skills as a medium.</p>
	<p><b>Activities undertaken:</b> A grant application made to the British Council was unsuccessful and further scoping and activities were not possible during the pandemic year.</p>
Public Benefit	<p>We confirm that trustees have regard to the guidance issued by the Charity Commission on public benefit and have considered <a href="https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1">https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1</a>. They conclude that FHA met public benefit requirements in 2000</p>

Additional information	
Policy on grant making	FHA has not to date awarded any grants. Bursaries are decided upon using the charity's agreed policy 'Bursaries'.
Policy on social investment including program related investment	The charity has not utilised social investment finance.
Contribution made by volunteers	<p>All of the activities of the charity, apart from some book-keeping, accountancy and some administrative tasks are done on a voluntary <i>pro bono</i> basis.</p> <p>Many project leads' visits to Kenya are self-funded.</p> <p>All Trauma Team volunteers and some other volunteers raise money themselves to be able to take part.</p> <p>Trustees contribute their time voluntarily.</p>

## Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and wider benefits to society as a whole.

The charity further consolidated its systems and processes during 2021 although activities were curtailed due to the global pandemic. COVID-19 considerations were adopted at all times.

Two new trustees were appointed and one resigned:

Ms Isabelle Risso-Gill who has expertise in International Development and has considerable experience working in the Aid sector.

Dr Lydia Okutoyi, Head of the Dept of Quality at Kenyatta National Hospital in Nairobi. She has also established the Society for Quality healthcare Kenya.

Mr John Bewick resigned as a trustee.

The charity's achievements in brief were:

Trauma Team: Further development of partnerships in Kenya and involvement in the University of Nairobi Orthopaedic Department.

GRASPIT: more healthworkers trained in vital skills and further roll-out explored with potential partners.

q4a: active UKAid SCCF grant in progress training community health volunteers in QI and leadership skills enabling Qi projects to be established aimed at improving pregnancy outcomes.

Community: technical assistance given to Kenyan NGOs and conservancies

TeamTalk: life-chances of rural children, especially girls enhanced through 2 projects – support from the Atlas Foundation. More schools engaged and mentoring continued

Maternity: rural healthworkers, traditional birth attendants and mothers are educated in dealing with life-threatening problems during childbirth. A vehicle was donated to support remote rural Maasia villages.

### Public benefit

All projects have complied with the requirement for public benefit.

The TRAUMA clinical projects have sought to alleviate pain, disability and suffering through direct patient care. Treatment has been open to any member of the public in Kenya and is particularly directed at those who cannot otherwise access care because of geography or poverty.

GRASPIT and q4a taught healthworkers the skills they need to enhance care of the public who they serve.

Community projects enhance medical services available to communities and individuals.

TeamTalk is directed at improving the life-chances of young rural children and is available to all.

Maternity projects improve education in these specialties for the benefit of any patient receiving services from those trained.

The charity trustees believe that the projects deliver the requirement for public benefit and volunteers also gained personal and professional development that they will apply for further public benefit in their individual environments.




Additional information	
Achievements against objectives set	All major objectives from the agreed FHA Activity Plan for 2021 were met although in person visits were not possible. Instead these were met through delegation to our able Kenyan leads. A scoping visit for a new 8 <sup>th</sup> project was not possible and was postponed.
Performance of fundraising activities against objectives set	All necessary funds were raised from volunteer contributions, donations and grants. No fund-raising events were held in 2021.
Investment performance against objectives	The charity has no investments.
Other	n/a

Additional information	
The charity's principal sources of funds (including any fundraising)	<ul style="list-style-type: none"> <li>• volunteer contributions</li> <li>• donations</li> <li>• grants</li> <li>• fundraising events (none in 2021)</li> <li>• significant project leads' personal contributions</li> <li>• major contribution from project leads, trustees and volunteers 'in kind'</li> </ul>
Investment policy & objectives including any social investment policy adopted	The charity has no investments.
A description of the principal risks facing the charity	<p>The charity has developed a risk register.</p> <p>Principal risks identified</p> <ul style="list-style-type: none"> <li>• safeguarding</li> <li>• travel associated risks</li> <li>• local societal conflict</li> <li>• sickness of volunteers</li> <li>• non-engagement of participants in LMIC</li> <li>• healthworker strikes in LMIC</li> <li>• availability of project leads</li> <li>• misuse of finances for projects (though minimal amounts are delegated so risk is very low)</li> </ul>

Structure, Governance and Management	
Description of charity's trusts:	None
Type of governing document	CIO Constitution plus policies listed below
How is the charity constituted?	CIO
Trustee selection methods	There is an agreed Trustee Management Policy which includes the appointment process

Reference and Administrative details	
Charity name	Future Health Africa
Other name the charity uses	n/a but its predecessor charity was the unincorporated Exploring Global Health Opportunities (now closed)
Registered charity number	1182182
Charity's principal address	15 Platway Lane, Shaldon, Teignmouth, Devon TQ14 0AR

Additional information	
Policies and procedures adopted for the induction and training of trustees	<p>Policies</p> <ol style="list-style-type: none"> <li>1. Code of Conduct &amp; Human Rights</li> <li>2. Complaints &amp; Whistleblowing</li> <li>3. Conflict of Interest</li> <li>4. Financial management including Procurement and Gifts &amp; Hospitality</li> <li>5. Anti-fraud, bribery, corruption &amp; money-laundering</li> <li>6. Grant Management</li> <li>7. Human Resources</li> <li>8. Risk Management (and RAID - risk register)</li> <li>9. Safeguarding</li> <li>10. Trustee management</li> <li>11. Volunteer management</li> <li>12. Monitoring, Evaluation &amp; Learning</li> <li>13. Needlestick (Sharps) Injury</li> <li>14. Bursaries</li> </ol> 
Organisational structure	<b>See attached organogram</b>
Relationship with any related parties	<p>FHA has a tri-partite Memorandum of Understanding (MoU) with the <b>Laikipia County Government</b> and <b>Torbay &amp; South Devon NHS Trust</b>.          MoUs are in place for Trauma projects with <b>Marsabit County Government</b>.          GRASPIT has a partnership registered with <b>THET</b> with the <b>National Resuscitation Council for Kenya</b>.          Through KJ's appointment as Advisor to the Board of the new <b>Society for Quality Healthcare for Kenya</b>, a close informal relationship is starting to evolve.  <b>University of Nairobi</b> has appointed Dr Christoph McAllen as a Visiting Lecturer          The <b>Kenya Orthopaedic Association</b> is now liaising with the Trauma Team.          Several FHA key members are also associated with the <b>University of Plymouth (Faculty of Health Sciences)</b>. This relationship involves participation in the Global Health Collaborative, the Masters' degrees in Global Health and Healthcare Management Innovation &amp; Leadership.          FHA secured a formal partnership with the Kenyan NGO <b>LVCT Health</b>          FHA retains close links with the <b>Tropical Health &amp; Education Trust (THET)</b>.  <b>q4a</b> has been awarded a grant by <b>UKAid/FCDO</b></p>

Financial Review	
Review of the charity's financial position at the end of the period	<p>At the end of the financial year on 31.12.21, the charity had assets of £xxxxx, £yyyy of which was restricted. Funds are held to cover future activity, including planned trips to Kenya.          The charity reserves £10,000 as contingency in any one year to cover any unanticipated events or incidents. An insurance policy is now in place.</p>
Statement explaining the policy for holding reserves stating why they are held	Trustees allocate a reserve figure when agreeing the activity plan for the forthcoming year. It is based on the nature of the projects planned for that year and is to cover any unexpected events.
Amount of reserves held	As at 31.12.21, the charity held free reserves of £zzzz. This was greater than expected because of the inability of volunteers to travel to Kenya. It will be held in reserve for when activities in person are able to resume.
Reasons for holding zero reserves	n/a
Details of fund materially in deficit	n/a
Explanation of any uncertainties about the charity continuing as a going concern	n/a



Names of the trustees who manage the charity				
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kerri Jones	Chair		Board of Trustees
2	John Bewick		01.01.21 - 26.09.21	
3	Michael Wake			
4	Nicholas Roberts	Vice-Chair		
5	Judy Ravenscroft			
6	Isabelle Risso-Gill		12.04.21-30.06.22	
7	Lydia Okutoyi		12.04.21 – date	
8	Carrie Piper		05.04.22 - date	

Corporate trustees – names of the directors at the date the report was approved	
Director name	n/a

Name of trustees holding title to property belonging to the charity	
Trustee name	n/a

Funds held as custodian trustees on behalf of others	
Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held	Nil
Arrangements for safe custody & segregation of such assets from the charity's own assets	Nil


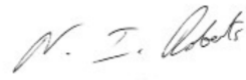
Names and addresses of advisers		
Type of adviser	Name	Address
Accounts	Anita Harper	Devon Square Charity Accounting Ltd 14 Torquay Road Newton Abbot Devon TQ12 1AJ
Independent Examiner	Ian Barrett	Barrett's Chartered Accountants 22 Union St Newton Abbot Devon TQ12 2JS
In-country (Kenya)	Dr Samuel Ndanya Dr Tim Panga Dr Mary Nduta	c/o Nanyuki Hospital, Laikipia County, Kenya

Exemptions from disclosure
n/a

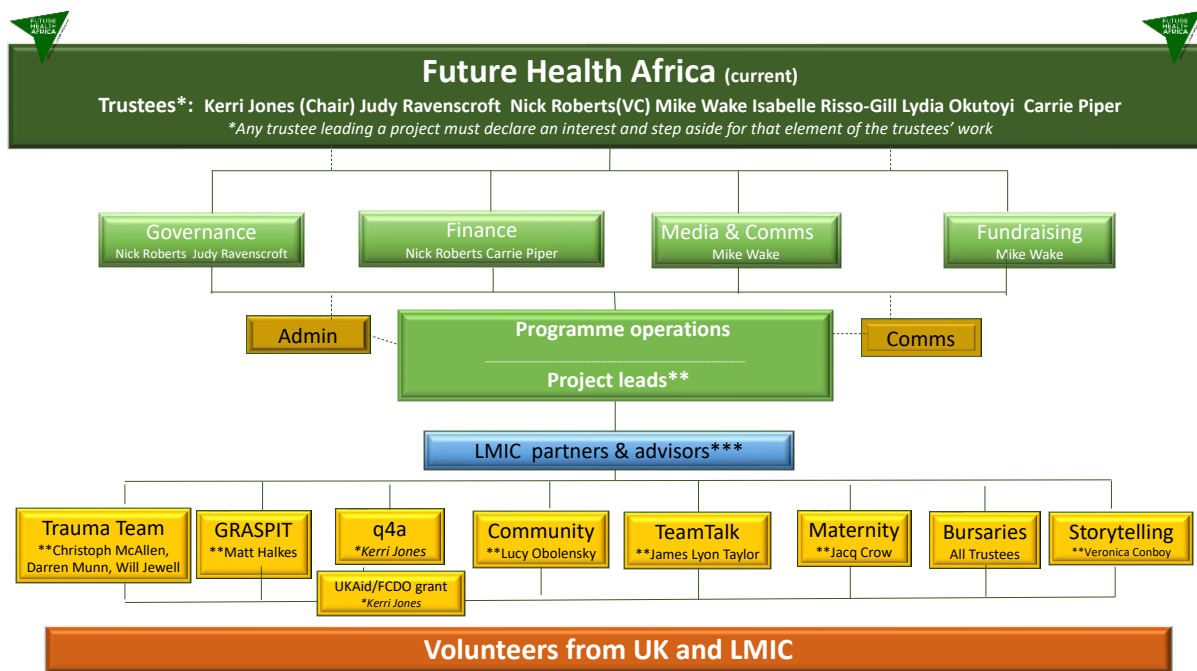
## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Kerri Jones	Dr Nicholas Ian Roberts
Position	Chair of Trustees	Vice Chair of Trustees
Date	4 <sup>th</sup> July 2022	

## Organisational Structure (Organogram) & Advisers



### \*\*\* Kenyan Advisory Team to Future Health Africa

Name	Role in Kenya	Role for Future Health Africa
Dr Samuel Ndanya	Consultant Surgeon Nanyuki	Trauma Team Kenyan Lead, <b>Future Health Africa</b> advisor
Dr Tim Panga Dr Lydia Okutoyi	CEO Nanyuki Hospital Kenyatta National Hospital	SPRINGBOARD/q4a Kenyan Lead
Dr Mary Nduta	Medical Doctor, Kenyatta National Hospital	Trauma Team Kenyan Lead, <b>Future Health Africa</b> advisor
Kiruja Jason	Senior Nurse, Kenyatta National Hospital	GRASPIT Education Lead
Christine Musee	Senior Nurse, Kenyatta National Hospital	GRASPIT M&E lead, SPRINGBOARD faculty
Ronny Okoth Josephine Ndirias	Founder, Mukogodo Girls' Empowerment Program	TeamTalk implementation & advisor TeamTalk liaison / mentoring

## **Webinars attended in support of charity organisation:**

### **Charity Commission's International Charities Engagement Team (ICET)**

25.01.21	Running your international charity during the COVID-19 outbreak
28.01.21	Working internationally – Due diligence checks and monitoring the end use of funds
12.02.21	Holding, moving and receiving funds safely when working internationally
24.02.21	Working internationally – Managing corruption and bribery risks
10.02.21	Working internationally – How to manage a connection to a non-charity
17.03.21	Charities and safeguarding in an international context

### **Mannion Daniels grant holder series:**

- Building climate change resilient and adaptive projects: 8<sup>th</sup> April 2021
- Safeguarding in practice – grant holder examples: 6<sup>th</sup> May 2021
- Effective sustainability strategies and exit plans: 10<sup>th</sup> June 2021
- Mental health in international development programming: 9<sup>th</sup> July 2021

### **COVID webinars:**

4SD briefings from Dr David Nabarro WHO envoy for COVID (weekly)

Royal Society of Medicine COVID-19 Series (weekly)

**FUTURE HEALTH AFRICA**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31 December 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		548	24,555	25,103	40,489
<b>EXPENDITURE ON</b>					
Charitable activities					
Charitable expenditure		1,098	40,735	41,833	12,636
<b>NET INCOME/(EXPENDITURE)</b>		(550)	(16,180)	(16,730)	27,853
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		18,755	64,219	82,974	55,119
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>18,205</u>	<u>48,039</u>	<u>66,244</u>	<u>82,972</u>

The notes form part of these financial statements

**FUTURE HEALTH AFRICA**

**BALANCE SHEET**  
**31 December 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	5	3,170	-	3,170	-
Cash at bank and in hand		<u>34,124</u>	<u>48,040</u>	<u>82,164</u>	<u>83,434</u>
		37,294	48,040	85,334	83,434
<b>CREDITORS</b>					
Amounts falling due within one year	6	(19,090)	-	(19,090)	(462)
<b>NET CURRENT ASSETS</b>		<u>18,204</u>	<u>48,040</u>	<u>66,244</u>	<u>82,972</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>18,204</u>	<u>48,040</u>	<u>66,244</u>	<u>82,972</u>
<b>NET ASSETS</b>		<u>18,204</u>	<u>48,040</u>	<u>66,244</u>	<u>82,972</u>
<b>FUNDS</b>	8				
Unrestricted funds				18,204	18,753
Restricted funds				<u>48,040</u>	<u>64,219</u>
<b>TOTAL FUNDS</b>				<u>66,244</u>	<u>82,972</u>

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:



.....  
Trustee

The notes form part of these financial statements

## FUTURE HEALTH AFRICA

### NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 December 2021

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.



# FUTURE HEALTH AFRICA

## NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 December 2021

### 3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	486	40,003	40,489
<b>EXPENDITURE ON</b>			
Charitable activities			
Charitable expenditure	5,012	7,624	12,636
<b>NET INCOME/(EXPENDITURE)</b>	(4,526)	32,379	27,853
Transfers between funds	(7,113)	7,113	-
Net movement in funds	(11,639)	39,492	27,853
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	30,392	24,727	55,119
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>18,753</u>	<u>64,219</u>	<u>82,972</u>

### 4. INDEPENDENT EXAMINER'S FEE

The fee for the independent examination is £360.

### 5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	600	-
Prepayments	<u>2,570</u>	-
	<u>3,170</u>	-

**FUTURE HEALTH AFRICA**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 December 2021**

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Trade creditors	23	462
Other creditors	<u>19,067</u>	<u>-</u>
	<u>19,090</u>	<u>462</u>

**7. MOVEMENT IN FUNDS**

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
<b>Unrestricted funds</b>			
General fund	18,755	(551)	18,204
<b>Restricted funds</b>			
Maternity	3,531	(3,083)	448
Team Talk	20,070	(5,031)	15,039
Trauma Team	20,822	3,974	24,796
F C D O	7,298	(11,012)	(3,714)
Community	2,324	(1,527)	797
Springboard	1,839	525	2,364
Emergency Medicine	2,575	-	2,575
Graspit	<u>5,760</u>	<u>(25)</u>	<u>5,735</u>
	<u>64,219</u>	<u>(16,179)</u>	<u>48,040</u>
<b>TOTAL FUNDS</b>	<u>82,974</u>	<u>(16,730)</u>	<u>66,244</u>

# FUTURE HEALTH AFRICA

## NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 December 2021

### 7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	548	(1,099)	(551)
<b>Restricted funds</b>			
Maternity	-	(3,083)	(3,083)
Team Talk	81	(5,112)	(5,031)
Trauma Team	5,696	(1,722)	3,974
F C D O	18,178	(29,190)	(11,012)
Community	-	(1,527)	(1,527)
Springboard	600	(75)	525
Graspit	-	(25)	(25)
	<u>24,555</u>	<u>(40,734)</u>	<u>(16,179)</u>
<b>TOTAL FUNDS</b>	<u>25,103</u>	<u>(41,833)</u>	<u>(16,730)</u>

### Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	Transfers between funds £	At 31.12.20 £
<b>Unrestricted funds</b>				
General fund	30,392	(4,526)	(7,113)	18,753
<b>Restricted funds</b>				
Maternity	3,227	189	115	3,531
Team Talk	6,000	14,070	-	20,070
Trauma Team	3,002	10,822	6,998	20,822
F C D O	-	7,298	-	7,298
Community	2,324	-	-	2,324
Springboard	1,839	-	-	1,839
Emergency Medicine	2,575	-	-	2,575
Graspit	5,760	-	-	5,760
	<u>24,727</u>	<u>32,379</u>	<u>7,113</u>	<u>64,219</u>
<b>TOTAL FUNDS</b>	<u>55,119</u>	<u>27,853</u>	<u>-</u>	<u>82,972</u>

# FUTURE HEALTH AFRICA

## NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 December 2021

### 7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	486	(5,012)	(4,526)
<b>Restricted funds</b>			
Maternity	209	(20)	189
Team Talk	17,487	(3,417)	14,070
Trauma Team	11,986	(1,164)	10,822
F C D O	<u>10,321</u>	<u>(3,023)</u>	<u>7,298</u>
	<u>40,003</u>	<u>(7,624)</u>	<u>32,379</u>
<b>TOTAL FUNDS</b>	<u><u>40,489</u></u>	<u><u>(12,636)</u></u>	<u><u>27,853</u></u>

### 8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2021.

**FUTURE HEALTH AFRICA**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31 December 2021**

	2021 £	2020 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	6,261	22,922
Gift aid	64	7,146
Grants	18,178	10,321
Other revenue	600	100
	<u>25,103</u>	<u>40,489</u>
<b>Total incoming resources</b>	<b>25,103</b>	<b>40,489</b>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Direct costs	9,030	2,318
Flights & transport	2,240	1,090
Accommodation & subsistence	1,346	1,138
Equipment and supplies	3,066	-
Sub-contracted Project Delivery	20,332	180
Project health insurance	1,882	3,420
IT software & consumables	328	435
Website	324	301
Subscriptions	13	-
Charitable donations	1,528	15
	<u>40,089</u>	<u>8,897</u>
<b>Support costs</b>		
<b>Finance</b>		
Sundries	1	-
Bank charges	83	-
	<u>84</u>	<u>-</u>
<b>Governance costs</b>		
Accountancy and legal fees	1,660	3,739
	<u>1,660</u>	<u>3,739</u>
<b>Total resources expended</b>	<b>41,833</b>	<b>12,636</b>
<b>Net (expenditure)/income</b>	<b>(16,730)</b>	<b>27,853</b>

This page does not form part of the statutory financial statements