

FUTURE HEALTH AFRICA

England & Wales · Charity number 1182182

Details

Status Registered

Legal form CIO

Registered 2019-02-22

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: FOR THE PUBLIC BENEFIT, PARTICULARLY BUT NOT EXCLUSIVELY IN AFRICA AND OTHER LOW/MIDDLE INCOME COUNTRIES (LMICS):(1) THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH, PARTICULARLY BUT NOT EXCLUSIVELY BY PROMOTING THE SHARING OF HEALTHCARE KNOWLEDGE AND SKILLS AND ASSISTING IN THE PROVISION OF MEDICAL TREATMENT;(2) THE ADVANCEMENT OF EDUCATION IN HEALTHCARE, IN PARTICULAR BY THE DELIVERY OF QUALITY IMPROVEMENT AND LEADERSHIP TRAINING IN A HEALTHCARE CONTEXT AND OTHER HEALTH- RELATED EDUCATION AND TRAINING TO THOSE INVOLVED IN HEALTH AND CARE DELIVERY AT ALL LEVELS AND TO THE WIDER PUBLIC, AND BY RAISING AWARENESS OF GLOBAL HEALTH ISSUES; AND (3) TO DEVELOP THE CAPACITY AND SKILLS OF MEMBERS OF SOCIALLY AND ECONOMICALLY DISADVANTAGED COMMUNITIES IN LMICS IN WHICH THE CIO IS WORKING, IN SUCH A WAY THAT THEY ARE BETTER ABLE TO IDENTIFY AND HELP MEET THEIR NEEDS AND TO PARTICIPATE MORE IN SOCIETY.

Activities: Future Health Africa strives for sustainable gain in the health & well-being of people in low-middle-income countries- Trauma Team tackles disability & poverty through surgical projects- GRASPIT teaches management of sick patients- SPRINGBOARD empowers health staff to improve systems, safety & quality of care- Community work improves primary & maternity care- TeamTalk empowers poor girls

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** OVERSEAS
- Kenya
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£37,879	£51,391	-	-
2023-12-31	£56,043	£61,080	-	-
2022-12-31	£42,865	£53,983	-	-
2021-12-31	£25,103	£41,833	-	-
2020-12-31	£40,489	£8,897	-	-

Trustees

Name	Role	Appointed
Dr KERRI JONES MBChB FRCA	Chair	2019-02-22
Dr John Mathenge Kanyaru		2025-10-06
Dr Lydia Kinyuru Okutoyi		2021-04-12
Dr Sarah Kathleen Caroline Dimond MRCGP FFPH		2023-03-01
Michael Wake		2019-02-22

FUTURE HEALTH AFRICA

England & Wales - Charity number 1182182

Accounts



Reg No:1182182

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2024
FOR FUTURE HEALTH AFRICA
(CC REG: 1182182)**

**Ian Barrett
Chartered Accountant and Chartered Tax Adviser
Newton Abbot
Devon
TQ12 2JS**

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Reg No:1182182

Trustees' Annual Report: 1st January 2024 to 31st December 2024
Charity name: Future Health Africa (FHA)
Charity type: Charitable Incorporated Organisation (CIO)
Charity registration number: 1182182

Objectives and Activities	
<p>The purposes of the charity as set out in its governing document</p>	<p>The objects of the CIO are, for the public benefit, particularly, but not exclusively, in Africa and other low/middle income countries (LMICs):</p> <ol style="list-style-type: none"> (1) the relief of sickness and the preservation of health, particularly but not exclusively by promoting the sharing of healthcare knowledge and skills and assisting in the provision of medical treatment; (2) the advancement of education in healthcare, in particular by the delivery of quality improvement and leadership training in a healthcare context and other health- related education and training to those involved in health and care delivery at all levels and to the wider public, and by raising awareness of global health issues; (3) to develop the capacity & skills of members of socially and economically disadvantaged communities in LMICs in which the CIO is working, in such a way that they are better able to identify and help meet their needs and to participate more in society.
<p>Alignments</p>	<p>All of our work aligns with the Sustainable Development Goals and in particular goals 1,3,4,5,10,17</p> <div data-bbox="762 1464 1040 1626" data-label="Image"> </div> <p>Future Health Africa is an active member of the Kenya-UK Health Alliance (KUKHA), a government to government agreement made between the two countries in 2021. The purpose of the Alliance is to improve alignment of the efforts of the many UK health sector actors and health workers (NGOs, Universities, NHS Institutions, Academia, health-care companies) involved in working towards better healthcare for Kenyans.</p>
<p>The main activities in relation to public benefit</p>	<p>Trustees confirm adherence to the guidance issued by the Charity Commission on public benefit and have considered https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1 . They conclude that FHA met public benefit requirements in 2024.</p> <p>In 2024, the charity had 4 workstreams directed at achieving our objectives. Each is described below along with the activities conducted during the period of this report. All of the work was conducted in Kenya. Further detail can be seen at www.futurehealthafrica.org</p>

WORKSTREAM 1: TRAUMA TEAM

Leads: Mr Christoph McAllen (Consultant Orthopaedic Surgeon, Plymouth, UK)
 Dr Samuel Ndanya (Consultant Orthopaedic Surgeon, Nanyuki, Kenya)
 Mr Darren Munn (Surgical Practitioner, Torbay Hospital, UK)
 Dr Will Jewell (Consultant in Anaesthetics, Truro, UK)
 Dr Mary Nduta (Medical Doctor, Nairobi, Kenya)

Description: This is a clinical & training project in which a joint UK and Kenyan team of skilled professionals of different cadres undertake orthopaedic trauma activities in Kenyan health facilities.

Trauma Team activities are categorised into Bronze, Silver and Gold. All services are delivered at the highest standard, with improving quality as a central aim.

Bronze: immediate & direct patient care through

- high quality consultations, advice and where appropriate, both operative and non-operative treatment to alleviate pain, suffering and disability

Silver: learning opportunities/ new skills

- side-by-side working with exchange of knowledge & skills in relevant disciplines (surgery, anaesthesia, nursing, operating department practice, radiography, physiotherapy)
- developing a safer surgical environment
- exchanging knowledge on safe general and regional anaesthesia and pain management

Gold: sustaining improvement/ development

- identifying areas to develop a stepwise pathway
- supporting local need and wishes to change
- developing non-operative treatment options for local patients
- providing ongoing support and communication outside of projects
- inclusion of Kenyan orthopaedic trainees in the team promotes better future practice
- presentations at national academic meetings to share challenges and best practice

Activities undertaken:

The **Trauma Team** was invited to run 3 Orthopaedic camps in 2024;

- one at Nanyuki Teaching & Referral Hospital in Laikipia County (26th January – 9th February)
- two at St Joseph’s Hospital & Trauma Centre in Nyabondo, Kisumu County (2nd – 9th February & 15th-22nd November)

These were at the invitation of the Laikipia County Government and the Diocese of Kisumu respectively.

Reports from these projects are summarised below;



NANYUKI TEACHING & REFERRAL HOSPITAL - 26 Jan to 9 Feb 2024 ST JOSEPH'S NYABONDO MISSION HOSPITAL AND TRAUMA CENTRE – 2 Feb to 9 Feb 2024

Summary of achievements



Across 2 weeks and 2 sites, our team of 35 UK volunteer health workers joined Nanyuki Teaching & Referral Hospital and St Joseph's Nyabondo Mission Hospital and Trauma Centre colleagues to collaboratively review, advise, and treat orthopaedic & trauma patients, while working together and learning together to share knowledge and skills to transform lives. This was the Trauma Team's first visit in the new partnership with St Joseph's, to help build and create the trauma service they are pursuing, with project delivery, testing the available infrastructure and supporting logistical problem solving.

Our activities are categorised as:

- **Bronze:** Providing immediate and direct patient care
- **Silver:** Facilitating learning opportunities/new skills for the future
- **Gold:** Trauma Service sustainable improvement/development

Bronze

- Over 1,400 patients assessed across both sites
- 80 patients underwent complex surgery or minor procedures
- Numerous patients participated in back pain education classes delivered at both sites

Silver

- Joint side by side working between the multi-disciplinary teams within outpatient clinic, ward rounds, physiotherapy, radiology and theatre – working together, learning together.
- Daily multi-disciplinary team ward rounds, sharing knowledge and skills as part of the decision making process.
- Introduction to back pain management classes at St Joseph's and provision of patient information material to support self-management; changing delivery at Nanyuki Teaching & Referral Hospital (NTRH) to an upper and lower limb class, based on the number of shoulders and thoracic pain patients seen and requiring a more specific class for their needs.
- Informal teaching on osteoarthritis management and gait re-education between Physiotherapists at St Joseph's.
- Introduction of bedside chairs for post-op patients at NTRH to support recovery through increased mobilisation and range of movement through patients being able to sit out more often.
- Introduction of an in-patient book for the Physiotherapy team at NTRH to keep up to date with all patient details, including which post-op day they are, and their physio needs, to support workload planning.
- Theatre practice shared between teams, including pre and post op theatre team briefing, use of sharps' count paperwork, and 'Stop Before You Block' in anaesthesia.
- Teaching sessions held on upper and lower limb local anaesthetic nerve blocks in theatre at NTRH, using the inventive medium of jelly!
- Demonstrating assessment and decision-making skills in the operating theatre, with focus on team dynamics to ensure patient safety.
- Increasing awareness of good pain management in improving outcomes
- Whole hospital continuing medical education sessions delivered at NTRH in Osteomyelitis, Spinal Injuries Assessment and Management, and Tibia Plateau Fractures
- Side by side working in Radiography at St Joseph's, with focus on adaptive imaging techniques for x-raying longstanding bony malformations and standing knees/ankles; adapting service provision during power outages, including deployment of the mobile x-ray unit to create an interim imaging facility; knowledge and skill sharing regarding best practice techniques, patient triage, empathetic patient care techniques, and effective communication

Gold

- Continued back pain pathway service support at NTRH.
- Developing lower limb support service through physiotherapy at NTRH.
- Introduction to St Joseph's to creating a back pain pathway within the services offered by the hospital; continued classes planned.



TRAUMA TEAM: ST JOSEPH'S NYABONDO MISSION HOSPITAL AND TRAUMA CENTRE – 15th Nov to 22nd Nov 2024

Summary of achievements |

Across the week, our team of 15 UK volunteer health workers joined St Joseph's Nyabondo Mission Hospital and Trauma Centre colleagues to collaboratively review, advise, and treat orthopaedic & trauma patients, while working together and learning together to share knowledge and skills to transform lives. This was the Trauma Team's second visit in the new partnership with St Joseph's, to help build and create the trauma service they are pursuing, with project delivery, testing the available infrastructure and supporting logistical problem solving.



Our activities are categorised as:

- **Bronze:** Providing immediate and direct patient care
- **Silver:** Facilitating learning opportunities/new skills for the future
- **Gold:** Trauma service sustainable improvement/development

Bronze

- 138 patients assessed in outpatient clinic
- 23 patients underwent complex surgery
- 10 patients seen in clinic with a plan to review in February 2025
- Numerous patients were given back pain/MSK pain education

Silver

- Joint side by side working between the multi-disciplinary teams within outpatient clinic, ward rounds, physiotherapy, radiology and theatre – working together, learning together.
- 3 Kenyan Orthopaedic surgeons joined the team as well as 2 Kenyan Theatre nurses from Laikipia.
- Nursing and Clinical Officer students gained experience watching operations in theatre.
- Orthopaedic Technician students were able to see surgeries and develop their plaster casting skills in theatre.
- Daily multi-disciplinary team ward rounds, sharing knowledge and skills as part of the decision-making process for patients needing surgery.
- Theatre practice shared between teams, including pre and post operative theatre team briefing, use of 'sharps count paperwork', and 'Stop Before You Block' in anaesthesia.
- Demonstrating assessment and decision-making skills in the operating theatre, with focus on team dynamics to ensure patient safety.
- Increasing awareness of good pain management in improving outcomes, daily pain ward rounds with pain scores completed by the team.
- Developing processes within the radiology department using adaptive techniques to achieve optimal post-operative imaging.
- Increasing awareness of radiation protection techniques within the theatre environment.

Gold

- Continuing Medical Education with 5 morning sessions delivered by UK volunteers:
 - Fracture healing theory
 - Management of bone infection
 - Anaesthesia for advanced airway & breathing assessment and management
 - Pain management
 - Collection of quality of life data
- Theatre infra-structure development:
 - The trauma centre has recently been opened by His Excellency Hon. William Samuel Ruto on 31/8/24.
 - The UK team collaborated with the Kenyan team to develop safety, efficiency and quality for patients.
 - A summary of recommendations was submitted to the hospital management team at the end of the visit.

**WORKSTREAM 2: GRASPIT**

Leads: Dr Matt Halkes (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK)
Kiruja Gitonga Jason (Senior Nurse, Kenyatta National Hospital, Kenya)
Christine Musee (Director of Nursing for Surgery, Kenyatta National Hospital)
Dr Mike Swart (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK)

Dr Matt Halkes holds oversight of standards of delivery, strategy and grant applications.

Description: GRASPIT is a one day training course aimed at improving healthcare workers confidence and ability to recognise and manage sick patients (both adults and children). Its key tenets are

- recognition of abnormal vital signs
- systematic approach to assessment
- prompt treatment of identified issues using simple and context-appropriate resources
- promotion of teamwork through effective communication

The course format is a combination of lectures and scenario based sessions. It is supported by learning materials and website. Faculty development is supported by a Train the Trainers course plus associated Course Organisers Handbook and ToT (Training of Trainers) Manual. The course is accredited by the National Resuscitation Council of Kenya.

Through a combination of support from Future Health Africa and THET grants, it has been disseminated to 10 institutions in 6 Counties in Kenya with over 2000 health care workers and 120 trainers trained.

When introduced to a new health facility, an introductory 3-day course is run which includes a 'training of trainers' course. Following this, local trainers are able to continue to deliver the course independently to more healthworkers. Initial training is conducted by Kenyan trainers with support from the UK faculty.

Activities undertaken:**1) Scoping of GRASPIT Faculty Development Programme Nairobi County Govt Hospitals**

(Mama Lucy / Pumwani / Mbagathi / KNH) with Dr Rachael Kimani

- proposal submitted to Gradian Healthcare
- no outcome from previous discussions but have reconnected

2) Improving recognition and treatment of the deteriorating patients in Kilifi County Hospital: A prospective interventional study

- successful co-applicant for Royal College Emergency Medicine LMIC research grant
- project lead Dr Jasdeep Bahra EM Consultant Kilifi General Hospital

3) Launch of GRASPIT Crowdfunding Campaign

- included creation of [fundraising video](#) and updated FHA website pages

The objective of these activities was to enable

- ◇ **GRASPIT Faculty Development Programme Nairobi County**
Roadmap for the development of GRASPIT faculty and County wide training programme that would also include expansion of GRASPIT Master Trainer Faculty. This would create capacity to deliver GRASPIT training / faculty development in KNH and meet the TNA needs identified in 2022.

- ◇ **Develop the Evidence Base for the Impact of GRASPIT Training** - implement GRASPIT faculty and training programme in Kilifi General Hospital and assess impact in terms of patient management (recognition and referral of deteriorating patients)
- ◇ **Increase GRASPIT Funds** - develop income stream that is independent of grant applications in order to enable greater autonomy in delivery of GRASPIT activity by FHA independently and in partnership with other funders

All the above activities and aspirations align to the strategic objectives of the Kenya UK Health Alliance(KUKHA) which include the potential for GRASPIT to be part of the HEE SCALE programme (critical care / emergency medicine / maternity and neonatal medicine).



We were delighted to support Dr Christine Musee, one of our Kenyan GRASPIT leads to deliver her paper ‘**Impact of GRASPIT training in five Kenyan hospitals**’ at the 16th ECSACONM* Biennial Scientific Conference, 11-13th September 2024 held in Lesotho with 17 African countries represented.

*ECSACONM is the East, Central and Southern Africa College of Nursing and Midwifery.

WORKSTREAM 3: QUALITY IMPROVEMENT (QI) & LEADERSHIP (q4a)

Lead: Dr Kerri Jones

Description: This workstream recognises that ‘sick systems’ may account for at least 50% of all avoidable deaths worldwide, with the majority occurring in the global south. Our q4a (quality for all) faculty designed the **SPRINGBOARD** course to empower frontline healthcare workers to improve quality of care by learning and applying ‘The Science of Improvement’ and the ‘Art of Leadership’. The course normally runs for 10 days and imparts knowledge of improvement methodology, team working, leadership, patient-centred care and an understanding of how to create a positive culture for change. The skills are learned through doing real live quality improvement (QI) projects.

Activities undertaken:

We were delighted to support Dr Christine Musee, one of our Kenyan SPRINGBOARD leads to deliver her paper ‘**Evaluation of impact of springboard quality improvement and leadership training: a case study of Nyahururu, Nanyuki and Kwale health facilities**’ at the 16th ECSACONM* Biennial Scientific Conference, 11-13th September 2024 held in Lesotho with 17 African countries represented. ECSACONM is the East, Central and Southern Africa College of Nursing and Midwifery.

Musee is a tireless advocate for our work and we are extremely grateful to her.

Further development of online QI materials occurred which are available on the University of Plymouth website at <https://open.plymouth.ac.uk/course/view.php?id=210> . Discussions are ongoing with the University with regard to incorporating elements within the new online Masters in Global Health due to start in September 2025.





	<p>q4a (through Dr Kerri Jones) continues to work with the Society for Quality Healthcare Kenya (SQHK) in an advisory capacity.</p> <p>Discussions regarding applications for NIHR grants are ongoing.</p>
	<p>WORKSTREAM 4: MATERNITY</p> <p>Lead: Jacq Crow</p> <p>Description: The overarching objective of the Maternity work is to reduce maternal mortality & morbidity through education of healthworkers, traditional birth attendants and mothers in safer childbirth practices. Training has now been delivered in the following locations</p> <ul style="list-style-type: none"> • Nyahururu (Laikipia County) • Communities around Lewa Conservancy (Laikipia/Meru/Isiolo counties) • Marsabit County • Pumwani (major maternity centre in Nairobi) • Kenyatta National Hospital (KNH) • Nyabondo (Kisumu County) • Kilifi <p>The teaching focusses on management of the most common emergencies in maternity/obstetric care ie haemorrhage, sepsis, pre-eclampsia/eclampsia, complications of labour (eg obstructed labour).</p>
	<p>Activities undertaken:</p> <p>A needs assessment undertaken in Nyabondo in 2023 highlighted a stark need for basic neonatal resuscitation training. It concluded that</p> <p><i>No single professional in any of the seven clinics or hospitals visited could correctly demonstrate how to hold and position a bag and mask to undertake resuscitation. Many staff lamented the fact that they were never successful in neonatal resuscitation.</i></p> <p>A course was designed and in March 2024, despite having been unable to secure additional resources to do this, lead Jacq Crow, who designed the course, delivered four one-day courses in both hospital and community. She was supported throughout by Darren Munn. A mannequin was purchased to support delivery of the course.</p> <p>While visiting Kilifi, Jacq was invited to deliver training there also, which she did.</p> <p>In total, 54 clinicians were trained and five Trainers were established to continue and spread the training. Staff who attended came from 15 separate facilities.</p> <p>At a total cost of £1,267 to our charity, this represented extraordinary value. However, for more sustainable impact, an infrastructure to support ongoing delivery of the courses is required.</p>



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Additional information	
Policy on grant making	FHA has not to date awarded any grants. Bursaries may be given in accordance with the charity's agreed policy 'Bursaries'.
Policy on social investment including program related investment	The charity has not utilised social investment finance.
Contribution made by volunteers	All of the activities of the charity, apart from book-keeping, accountancy, web support and some administrative tasks are done on a voluntary <i>pro bono</i> basis. Many project leads' visits to Kenya are self-funded. All Trauma Team volunteers and some other volunteers raise money themselves to be able to take part. Trustees contribute their time voluntarily.

Achievements and Performance	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and wider benefits to society as a whole.	<p>Achievements: The charity's achievements in brief were:</p> <p>Trauma Team: Successful projects took place in Nanyuki and Nyabondo</p> <p>GRASPIT: GRASPIT was successful in attracting a further grant to introduce GRASPIT to Kilifi Hospital in 2025.</p> <p>q4a: On-line training materials are now hosted on the University of Plymouth website. These will enable remote teaching of QI & Leadership skills. https://open.plymouth.ac.uk/enrol/index.php?id=210</p> <p>Maternity: Exceptional value courses in neonatal resuscitation were conducted in Nyabondo and Kilifi.</p> <p>Public benefit:</p> <p>All projects have complied with the requirement for public benefit.</p> <p>The TRAUMA clinical projects have sought to alleviate pain, disability and suffering through direct patient care. Treatment has been open to any member of the public in Kenya and is particularly directed at those who cannot otherwise access care because of geography or poverty.</p> <p>GRASPIT and q4a taught healthworkers the skills they need to enhance care of the public who they serve.</p> <p>The charity trustees believe that the projects deliver the requirement for public benefit and volunteers also gained personal and professional development that they will apply for further public benefit in their individual environments in both the UK and Kenya.</p>



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Additional information									
Achievements against objectives set	All major objectives from the agreed FHA Activity Plan for 2024 were met.								
Performance of fundraising activities against objectives set	All necessary funds were raised from volunteer contributions, donations and grants.								
Investment performance against objectives	The charity has no investments.								
Other	<p>Trustees: Carrie Piper continues to lead on all finance matters. Workstream support from Trustees is as follows</p> <table border="1" style="margin-left: 20px;"> <tr> <td>Trauma T</td> <td>Mike Wake</td> </tr> <tr> <td>GRASPIT</td> <td>Caroline Dimond</td> </tr> <tr> <td>q4a</td> <td>Carrie Piper</td> </tr> <tr> <td>Maternity</td> <td>Lydia Okutoyi</td> </tr> </table> <p>Volunteers: FHA continued to be led and run by volunteers. Paid work was for bookkeeping, accounting, web support and insurance purposes only. The charity has no employees.</p>	Trauma T	Mike Wake	GRASPIT	Caroline Dimond	q4a	Carrie Piper	Maternity	Lydia Okutoyi
Trauma T	Mike Wake								
GRASPIT	Caroline Dimond								
q4a	Carrie Piper								
Maternity	Lydia Okutoyi								

Financial Review	
Review of the charity's financial position at the end of the period	At the end of the financial year on 31.12.2024, the charity had assets of £35,155 , £29,117 of which was restricted. Funds are held to cover future activity, including planned trips to Kenya. The charity reserves up to £10,000 as contingency in any one year to cover any unanticipated events or incidents.
Statement explaining the policy for holding reserves stating why they are held	Trustees allocate a reserve figure when agreeing the activity plan for the forthcoming year. It is based on the nature of the projects planned for that year and is to cover any unexpected events.
Amount of reserves held	As at 31.12.2024, the charity held unrestricted funds of £6,038
Reasons for holding zero reserves	n/a
Details of fund materially in deficit	Equipment with a value of approximately £8000 was held in a locked store room at Torbay Hospital. During the year this was cleared and disposed of by the Trust's Estates Department without FHA's knowledge and without any consultation. We continue to pursue recovery of the value of this property.
Explanation of any uncertainties about the charity continuing as a going concern	n/a

Additional information	
The charity's principal sources of funds (including any fundraising)	<ul style="list-style-type: none"> • volunteer contributions • donations • grants • fundraising events • significant project leads' personal contributions • major contribution from project leads, trustees and volunteers 'in kind'
Investment policy & objectives including any social investment policy adopted	The charity has no investments.
A description of the principal risks facing the charity	<p>The charity has developed a risk register.</p> <p>Principal risks identified</p> <ul style="list-style-type: none"> • safeguarding • travel associated risks • local societal conflict • sickness of volunteers • non-engagement of participants in LMIC • healthworker strikes in LMIC • availability of project leads • misuse of finances for projects (though minimal amounts are delegated so risk is very low) <p>None of these was realised in 2023.</p>
Research, Monitoring & Evaluation	All projects undertake evaluations of their projects.

Structure, Governance and Management	
Description of charity's trusts:	None
Type of governing document	CIO Constitution plus policies listed below
How is the charity constituted?	CIO
Trustee selection methods	There is an agreed Trustee Management Policy which includes the appointment process



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Additional information	
Policies and procedures adopted for the induction and training of trustees	<ol style="list-style-type: none"> 1. Bursaries 2. Code of Conduct & Human Rights 3. Complaints & Whistleblowing 4. Conflict of Interest 5. Financial management including Procurement and Gifts & Hospitality 6. Anti-fraud, bribery, corruption & money-laundering 7. Grant Management 8. Human Resources 9. Needlestick (Sharps) Injury 10. Risk Management (and RAID - risk register) 11. Safeguarding 12. Trustee management 13. Volunteer management 14. Monitoring, Evaluation & Learning 15. Malaria (Guidelines)
Organisational structure	See attached organogram
Relationship with any related parties	<p>Partnerships/Associations: FHA believes in working with and through local organisations and in building relationships with academics in both countries. These relationships continue to help us to maintain alignment with Kenyan needs, strategy & policy and therefore maximise our efforts. These include:</p> <p>Society for Quality Healthcare Kenya (SQHK) National Resuscitation Council for Kenya (NRCK) LVCT Health (Kenya) Kenya Orthopaedic Association (KOA)</p> <p>St Joseph’s Mission Hospital (Nyabondo, Kisumu County, Kenya) Laikipia Health Services</p> <p>University of Nairobi (Kenya) University of Plymouth (UK) through its Global Health Collaborative (co-chaired by FHA’s Chair of Trustees, Dr Kerri Jones)</p> <p>Tropical Health & Education Trust (THET)</p> <p>South West International Development Network (SWIDN)</p> <p>Kenya-UK Health Alliance: The charity has been a member of the Kenya -UK Health Alliance (KUKHA) since 2022. Dr Kerri Jones (Chair of Trustees) and Dr Will Jewell (Project Lead) are actively involved.</p>

Reference and Administrative details	
Charity name	Future Health Africa
Other name the charity uses	n/a but its predecessor charity was the unincorporated charity Exploring Global Health Opportunities (now closed)
Registered charity number	1182182
Charity’s principal address	15 Platway Lane Shaldon Teignmouth Devon TQ14 0AR info@futurehealthafrica.org www.futurehealthafrica.org



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Names of the trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kerri Jones	Chair		Board of Trustees
2	Nicholas Roberts	Vice-Chair	01.01.24 - 22.03.24	
3	Michael Wake			
4	Lydia Okutoyi			
5	Carrie Piper			
6	Caroline Dimond			

Corporate trustees – names of the directors at the date the report was approved

Director name	n/a
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Name of trustees holding title to property belonging to the charity

Trustee name	n/a
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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held	Nil
Arrangements for safe custody & segregation of such assets from the charity's own assets	Nil

Names and addresses of advisers

Type of adviser	Name	Address
Bookkeeping	Reuben Evans Maceva Bookkeeping	4 Orchard Court Station Road Norton Fitzwarren Taunton TA2 6BF
Independent Examiner	Barrett's Accountants (CheckBook)	22 Union St Newton Abbot Devon TQ12 2JS
In-country (Kenya)	Dr Samuel Ndanya Dr Tim Panga Dr Mary Nduta	c/o Nanyuki Hospital, Laikipia County, Kenya

Exemptions from disclosure

n/a





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Declarations

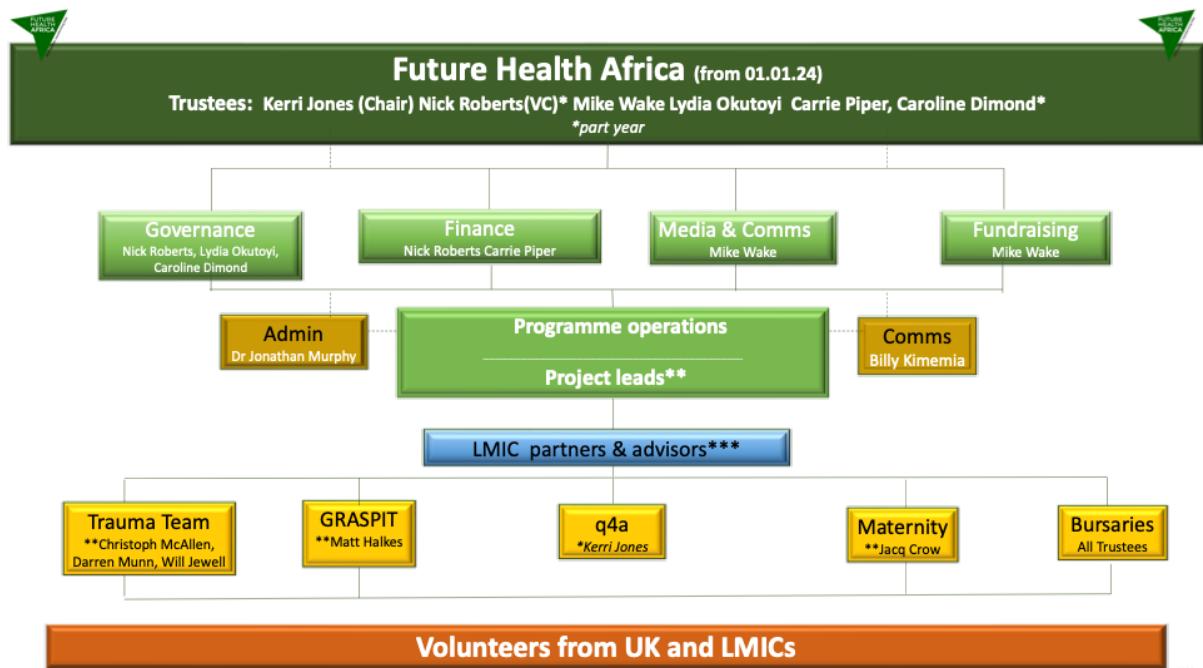
The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Kerri Jones	Michael Wake
Position	Chair of Trustees	Finance Trustee
Date	8 th June 2025	

Organisational Structure (Organogram) & Advisers

From 01.01.2024



*** Kenyan Advisory Team to Future Health Africa

Name	Role in Kenya	Role for Future Health Africa
Dr Samuel Ndanya	Consultant Surgeon Nanyuki	Trauma Team Kenyan Lead, Future Health Africa advisor
Dr Timothy Panga Dr Lydia Okutoyi	Ag Chief Officer of Health, Laikipia County Government Kenyatta National Hospital	SPRINGBOARD/q4a Kenyan Lead President SQHK
Dr Mary Nduta	Medical Doctor, St Peter's Hospital, Kikuyu, Nairobi	Trauma Team Kenyan Lead, Future Health Africa advisor
Kiruja Jason	Senior Nurse, Kenyatta National Hospital	GRASPIT Education Lead
Christine Musee	Senior Nurse, Kenyatta National Hospital	GRASPIT M&E lead, SPRINGBOARD faculty
Dr Vincent Mutiso	Dept of Orthopaedics, University of Nairobi	Link to UoN



Reg No:1182182

Financial Accounts 1st January 2024 – 31st December 2024

Future Health Africa

Income and Expenditure Account (Accruals basis)

01 January 2024 - 31 December 2024	Shared Costs Actual	Maternity Actual	Trauma Team Actual	Springboard Actual	GRASPIT Actual	St Joseph's Actual	Total Actual
INCOME							
240 Grants	73	-	-	-	-	-	73
250 Donations - Individuals	240	350	25,794	300	880	-	27,564
255 Donations - Trusts and Other Organisations	-	-	-	-	-	-	-
252 Donations - Friends of FHA	-	-	-	-	-	-	-
258 Gift Aid	2	88	9,561	75	95	-	9,821
200 Sales	-	-	-	-	-	-	-
270 Interest Income	421	-	-	-	-	-	421
Total Income	735	438	35,355	375	975	-	37,878
Funds brought forward from 2023 (Draft)	13,158	1,645	31,730	2,455	-	-	48,988
Cash Advances brought forward from 2023 (Draft)	-	-	2,000	-	-	-	2,000
Transfers between funds	(200)	-	-	100	100	-	-
Total funds available for year	13,693	2,083	69,085	2,930	1,075	-	88,866
EXPENDITURE							
320 Honorarium Payments	-	-	-	-	-	-	-
325 Direct Expenses	9	6	1,477	4	7	-	1,503
330 Flights & Transport	-	804	17,547	400	400	-	19,151
340 Accommodation & Food in Kenya	-	281	5,524	-	-	-	5,804
350 Equipment & Supplies	-	182	16,560	-	-	-	16,741
380 Sub-contracted Project Delivery	-	-	-	-	-	-	-
401 Accountancy fees	-	-	-	-	-	-	-
402 Bookkeeping Fees	912	-	-	-	-	-	912
403 Administration Fees	5,400	-	-	-	-	-	5,400
404 Bank Fees	-	-	140	-	-	-	140
406 Exchange rate variance	-	-	-	-	-	-	-
418 Charitable Donations	-	-	-	-	-	-	-
414 Website	264	-	-	-	-	-	264
425 Postage, Freight & Courier	-	-	9	-	-	-	9
433 Project Health Insurance	609	-	-	-	-	-	609
429 General Expenses	-	-	199	-	-	-	199
441 Legal Expenses	-	-	-	-	-	-	-
461 Printing & Stationery	-	-	130	-	-	-	130
463 IT Software and Consumables	251	-	34	-	-	-	285
485 Subscriptions	210	-	-	-	-	-	210
489 Telephone & Internet	-	-	32	-	-	-	32
Total costs for year	7,656	1,272	41,653	404	407	-	51,391
(Surplus/Deficit to Report in Stat Accounts)	(6,920)	(834)	(6,298)	(29)	568	-	(13,514)
Cash Advances (pending receipts)	-	-	2,320	-	-	-	2,320
Project balances @ 31 December 2024	6,038	811	25,112	2,526	668	-	35,155

Cash at Bank as at 31 Dec 2024 (NatWest)	3,194
Cash at Bank as at 31 Dec 2024 (Business Reserve)	32,421
Less (Accounts Payable)	(960)
Less (Accruals)	-
Plus (Accounts Receivable)	500
Net assets	35,155

0



Reg No:1182182

Independent Examiner's Report to the Trustees of Future Health Africa Charity no. 1182182

I report to the trustees on my examination of the accounts of Future Health Africa (the Charity) for the year ended 31st December 2024.

Responsibilities and basis of the report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian Barrett FCA FCIE
Barretts
22 Union Street
Newton Abbot TQ12 2JS

8th October 2025

FUTURE HEALTH AFRICA

England & Wales - Charity number 1182182

Accounts



Reg No:1182182

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023
FOR FUTURE HEALTH AFRICA
(CC REG: 1182182)**

**Barretts
Chartered Accountants and Chartered Tax Advisers
22, Union Street
Newton Abbot
Devon
TQ12 2JS**



Reg No:1182182


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Reg No:1182182

Trustees' Annual Report: 1st January 2023 to 31st December 2023
Charity name: Future Health Africa (FHA)
Charity type: Charitable Incorporated Organisation (CIO) est February 2019
Charity registration number: 1182182

Objectives and Activities	
<p>The purposes of the charity as set out in its governing document</p>	<p>The objects of the CIO are, for the public benefit, particularly, but not exclusively, in Africa and other low/middle income countries (LMICs):</p> <ol style="list-style-type: none"> (1) the relief of sickness and the preservation of health, particularly but not exclusively by promoting the sharing of healthcare knowledge and skills and assisting in the provision of medical treatment; (2) the advancement of education in healthcare, in particular by the delivery of quality improvement and leadership training in a healthcare context and other health- related education and training to those involved in health and care delivery at all levels and to the wider public, and by raising awareness of global health issues; (3) to develop the capacity & skills of members of socially and economically disadvantaged communities in LMICs in which the CIO is working, in such a way that they are better able to identify and help meet their needs and to participate more in society.
<p>Alignments</p>	<p>All of our work aligns with the Sustainable Development Goals and in particular goals 1,3,4,5,10,17</p> <div style="text-align: center;">  </div> <p>Future Health Africa is an active member of the Kenya-UK Health Alliance (KUKHA), a government to government agreement made between the two countries in 2021. The purpose of the Alliance is to improve alignment of the efforts of the many UK health sector actors and health workers (NGOs, Universities, NHS Institutions, Academia, health-care companies) involved in working towards better healthcare for Kenyans.</p>
<p>The main activities in relation to public benefit</p>	<p>Trustees confirm adherence to the guidance issued by the Charity Commission on public benefit and have considered https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1 . They conclude that FHA met public benefit requirements in 2023.</p> <p>In 2023, the charity had 5 workstreams directed at achieving our objectives. Each is described below along with the activities conducted during the period of this report. All of the work was conducted in Kenya. Further detail can be seen at www.futurehealthafrica.org</p>



	<p>WORKSTREAM 1: TRAUMA TEAM</p> <p>Leads: Mr Christoph McAllen (Consultant Orthopaedic Surgeon, Plymouth, UK) Dr Samuel Ndanya (Consultant Orthopaedic Surgeon, Nanyuki, Kenya) Mr Darren Munn (Surgical Practitioner, Torbay Hospital, UK) Dr Will Jewell (Consultant in Anaesthetics, Truro, UK) Dr Mary Nduta (Medical Doctor, Nairobi, Kenya)</p> <p>Description: This is a clinical & training project in which a joint UK and Kenyan team of skilled professionals of different cadres undertake orthopaedic trauma activities in Kenyan health facilities.</p> <p>Trauma Team activities are categorised into Bronze, Silver and Gold. All services are delivered at the highest standard, with improving quality as a central aim.</p> <p>Bronze: immediate & direct patient care through</p> <ul style="list-style-type: none"> • high quality consultations, advice and where appropriate, both operative and non-operative treatment to alleviate pain, suffering and disability <p>Silver: learning opportunities/ new skills</p> <ul style="list-style-type: none"> • side-by-side working with exchange of knowledge & skills in relevant disciplines (surgery, anaesthesia, nursing, operating department practice, radiography, physiotherapy) • developing a safer surgical environment • exchanging knowledge on safe general and regional anaesthesia and pain management <p>Gold: sustaining improvement/ development</p> <ul style="list-style-type: none"> • identifying areas to develop a stepwise pathway • supporting local need and wishes to change • developing non-operative treatment options for local patients • providing ongoing support and communication outside of projects • inclusion of Kenyan orthopaedic trainees in the team promotes better future practice • presentations at national academic meetings to share challenges and best practice
	<p>Activities undertaken: January 27th – Feb 10th 2023. The Trauma Team was invited to participate in an Orthopaedic camp in Nanyuki at the Nanyuki Teaching & Referral Hospital in Laikipia County. The camp was supported by County Government of Laikipia and was opened by the County Governor.</p> <p>Our team of 23 UK volunteer health workers joined Nanyuki Teaching & Referral Hospital colleagues to collaboratively review, advise, and operate on orthopaedic trauma patients, sharing knowledge and skills through side by side working, transforming lives.</p> <p>Trauma Team continued its Bronze, Silver and Gold program of engagement working and learning together with the Nanyuki team and participants from around the county.</p> <p>Bronze</p> <ul style="list-style-type: none"> - Over 1,600 patients received an opinion from the UK and Nanyuki clinical teams following screening of over 3,100 patients - Over 1,400 patients participated in back pain education classes - 61 patients have undergone complex surgery or minor procedures <p>Silver</p> <ul style="list-style-type: none"> - Joint side by side working & learning between the multi-disciplinary teams in outpatient clinics, ward rounds, physiotherapy, radiology and theatre sessions



	<ul style="list-style-type: none"> - Daily multi-disciplinary team ward rounds, sharing knowledge and skills as part of the decision making process - Introduction to back pain management for patients by the physiotherapy team - Theatre practice safe care development including pre and post-op theatre team briefings, and improved theatre paperwork - Teaching sessions held on upper and lower limb local anaesthetic nerve blocks, emergency airway management, and perioperative diabetic control - Demonstrations of assessment and decision-making skills in the operating theatre, with focus on team dynamics to ensure patient safety - Increasing awareness of good pain management in improving outcomes - Whole hospital continuing medical education sessions delivered in Radiation Protection, Hand Trauma, Traction Management, Pain Management, Pelvic Fracture Management, Fracture Management, Club Foot Management, Limping Child, and Regional vs General Anaesthesia <p>Gold</p> <ul style="list-style-type: none"> - Design, development and implementation of a back pain pathway, underpinned by latest research - Joint planning for the future, including development which was continued by the local team after the FHA team had departed. <p>Planning for orthopaedic projects is extremely complex and is a time-consuming but crucial element of the team’s work. Project planning for 2024 camps was conducted to include</p> <ul style="list-style-type: none"> - a repeat project in Nanyuki (January 2024) - the first project at St Joseph’s in February 2024
	<p>WORKSTREAM 2: GRASPIT</p> <p>Leads: Dr Matt Halkes (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK) Kiruja Gitonga Jason (Senior Nurse, Kenyatta National Hospital, Kenya) Christine Musee (Director of Nursing for Surgery, Kenyatta National Hospital) Dr Mike Swart (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK)</p> <p>Dr Matt Halkes holds oversight of standards of delivery, strategy and grant applications.</p> <p>Description: GRASPIT is a one day training course aimed at improving healthcare workers confidence and ability to recognise and manage sick patients (both adults and children). Its key tenets are</p> <ul style="list-style-type: none"> - recognition of abnormal vital signs - systematic approach to assessment - prompt treatment of identified issues using simple and context-appropriate resources - promotion of teamwork through effective communication <p>The course format is a combination of lectures and scenario based sessions. It is supported by learning materials and website. Faculty development is supported by a Train the Trainers course plus associated Course Organisers Handbook and ToT (Training of Trainers) Manual. The course is accredited by the National Resuscitation Council of Kenya.</p> <p>Through a combination of support from Future Health Africa and THET grants, it has been disseminated to 10 institutions in 6 Counties in Kenya with over 2000 health care workers and 120 trainers trained.</p> <p>When introduced to a new health facility, an introductory 3-day course is run which includes a ‘training of trainers’ course. Following this, local trainers are able to continue to deliver the</p>



	<p>course independently to more healthworkers. Initial training is conducted by Kenyan trainers with support from the UK faculty.</p>
	<p>Activities undertaken:</p> <p>1) New GRASPIT Induction and Faculty Development: June 2023</p> <p>Following a request for the course, the GRASPIT team (Kuruja Gitonga, Christine Musee, Dr Damaris Adebambo, Dr Jonathan Murphy) ran introductory programmes over 5 days in</p> <ul style="list-style-type: none"> - Kisii University & Teaching and Referral Hospital, Kisii County - St Josephs Hospital & Trauma Center, Nyabondo <p>In Kisii, 60 frontline healthworkers were trained and 18 local trainers were trained to carry on training of further staff.</p> <p>In Nyabondo, 60 frontline healthworkers from several institutions were trained and 10 local trainers were trained to carry on training of further staff.</p> <p>Feedback was very positive and the GRASPIT team will continue to support the local trainers to carry on the training.</p> <p>2) Scoping of GRASPIT Faculty Development Programme Nairobi County Govt Hospitals (Mama Lucy / Pumwani / Mbagathi / KNH) was carried out with Dr Rachael Kimani, Consultant in Anaesthesia and Critical Care at Mbagathi Hospital in Nairobi. At her suggestion, a proposal for support and partnership was submitted to Gadian Healthcare.</p> <p>3) Discussions were held with Johnson and Johnson Global Strategic Partnership Lead, Iain Walker. It was agreed that there was good alignment between FHA capabilities and networks and J+J objectives. Discussions are ongoing.</p> <p>4) A grant submission was made to THET (December 23) jointly with Trauma Team and Springboard Leads to spread GRASPIT training across Kenya</p>
	<p>WORKSTREAM 3: QUALITY IMPROVEMENT (QI) & LEADERSHIP (q4a)</p> <p>Lead: Dr Kerri Jones</p> <p>Description: This workstream recognises that ‘sick systems’ prevent better patient outcomes. Our q4a (quality for all) faculty designed the SPRINGBOARD course to empower frontline healthcare workers to improve quality of care by learning and applying ‘The Science of Improvement’ and the ‘Art of Leadership’. The course normally runs for 10 days and imparts knowledge of improvement methodology, team working, leadership, patient-centred care and an understanding of how to create a positive culture for change. The skills are learned through doing real live quality improvement (QI) projects.</p>
	<p>Activities undertaken:</p> <ol style="list-style-type: none"> 1. Attendance and presentation at the 2nd Annual KUKHA Summit in Nairobi 2. Scoping visits were made in June 2023 to <ul style="list-style-type: none"> • St Joseph’s Hospital & Trauma Center, Nyabondo • Kisii University • Kisii Teaching & Referral Hospital



	<ol style="list-style-type: none"> 3. The final report on our SCCF funded grant was submitted in March 2023 and a follow-up visit to the project site in Laikipia North was made in person by Kerri Jones & Jonathan Murphy in June 2023. Really positive ongoing improvements were observed 4. Follow-up visit to Nanyuki Teaching & Referral Hospital (June 2023). It was notable that Quality Improvement has been formally embedded in a very impressive way into the normal business of the hospital and County Government Ministry of Health. Many of the personnel pursuing QI are graduates of the SPRINGBOARD programme. 5. Ongoing communication with the Society for Quality Healthcare Kenya (SQHK) and ACQUIRE (African Consortium for Quality Improvement Research). 6. A workshop on QI and leadership for Global Health for the MSc programme at the University of Plymouth was delivered. 7. Further development of online QI materials which are now available on the University of Plymouth website at https://open.plymouth.ac.uk/course/view.php?id=210
	<p>WORKSTREAM 4: MATERNITY</p> <p>Lead: Jacq Crow</p> <p>Description: The overarching objective of the 3 Maternity team is to reduce maternal mortality & morbidity through education of healthworkers, traditional birth attendants and mothers in safer childbirth practices. They have delivered training in</p> <ul style="list-style-type: none"> • Nyahururu (Laikipia County) • Communities around Lewa Conservancy (Laikipia/Meru/Isiolo counties) • Marsabit County • Pumwani (major maternity centre in Nairobi) • Kenyatta National Hospital (KNH) <p>The focus of the teaching is management of the most common emergencies in maternity/obstetric care ie haemorrhage, sepsis, pre-eclampsia/eclampsia, complications of labour (eg obstructed labour).</p>
	<p>Activities undertaken:</p> <p>January and February 2023 - a series of online presentations and Q+A sessions were held in SW England in order to try and build faculty.</p> <p>A needs assessment in Nyabondo highlighted a stark need for basic neonatal resuscitation training. No single professional in any of the seven clinics or hospitals visited could correctly demonstrate how to hold and position a bag and mask to undertake resuscitation. Many staff lamented the fact that they were never successful in neonatal resuscitation. Planning took place to design a course to potentially deliver in 2024.</p>



Reg No:1182182

Additional information	
Policy on grant making	FHA has not to date awarded any grants. Bursaries may be given in accordance with the charity's agreed policy 'Bursaries'.
Policy on social investment including program related investment	The charity has not utilised social investment finance.
Contribution made by volunteers	All of the activities of the charity, apart from book-keeping, accountancy, web support and some administrative tasks are done on a voluntary <i>pro bono</i> basis. Many project leads' visits to Kenya are self-funded. All Trauma Team volunteers and some other volunteers raise money themselves to be able to take part. Trustees contribute their time voluntarily.

Achievements and Performance	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and wider benefits to society as a whole.	<p>Achievements: The charity's achievements in brief were:</p> <p>Trauma Team: Successful projects at an established and a new location took place delivering care through 1600 consultations and 63 surgeries. Skills and learning were shared with many healthcare staff. A whole new service in Back Pain was established in Nanyuki and 1600 patients attended.</p> <p>GRASPIT: GRASPIT was successfully introduced to two new sites with many frontline healthworkers trained (120) and trainers established (28).</p> <p>q4a: successfully completed FCDO grant delivery and opened discussions with Kisii/Nyabondo re potential work. Developed on-line training materials now hosted on the University of Plymouth website. These will enable remote teaching of QI & Leadership skills.</p> <p>Maternity: scoping work in SW Kenya.</p> <p>Public benefit:</p> <p>All projects have complied with the requirement for public benefit.</p> <p>The TRAUMA clinical projects have sought to alleviate pain, disability and suffering through direct patient care. Treatment has been open to any member of the public in Kenya and is particularly directed at those who cannot otherwise access care because of geography or poverty.</p> <p>GRASPIT and q4a taught healthworkers the skills they need to enhance care of the public who they serve.</p> <p>The charity trustees believe that the projects deliver the requirement for public benefit and volunteers also gained personal and professional development that they will apply for further public benefit in their individual environments in both the UK and Kenya.</p>



Reg No:1182182

Additional information	
Achievements against objectives set	All major objectives from the agreed FHA Activity Plan for 2023 were met.
Performance of fundraising activities against objectives set	All necessary funds were raised from volunteer contributions, donations and grants.
Investment performance against objectives	The charity has no investments.
Other	<p>Trustees: Carrie Piper was appointed with expertise in finance. Dr Caroline Dimond was appointed with expertise in Public Health.</p> <p>Volunteers: FHA continued to be led and run by volunteers. Paid work was for bookkeeping, accounting, web support and insurance purposes only. The charity has no employees.</p>

Financial Review	
Review of the charity's financial position at the end of the period	At the end of the financial year on 31.12.2023, the charity had assets of £50,089, £37,830 of which was restricted. Funds are held to cover future activity, including planned trips to Kenya. The charity reserves £10,000 as contingency in any one year to cover any unanticipated events or incidents.
Statement explaining the policy for holding reserves stating why they are held	Trustees allocate a reserve figure when agreeing the activity plan for the forthcoming year. It is based on the nature of the projects planned for that year and is to cover any unexpected events.
Amount of reserves held	As at 31.12.2023, the charity held unrestricted funds of £12,259
Reasons for holding zero reserves	n/a
Details of fund materially in deficit	n/a
Explanation of any uncertainties about the charity continuing as a going concern	n/a

Additional information	
The charity's principal sources of funds (including any fundraising)	<ul style="list-style-type: none"> • volunteer contributions • donations • grants • fundraising events • significant project leads' personal contributions • major contribution from project leads, trustees and volunteers 'in kind'
Investment policy & objectives including any social investment policy adopted	The charity has no investments.
A description of the principal risks facing the charity	<p>The charity has developed a risk register.</p> <p>Principal risks identified</p> <ul style="list-style-type: none"> • safeguarding • travel associated risks • local societal conflict • sickness of volunteers • non-engagement of participants in LMIC • healthworker strikes in LMIC • availability of project leads • misuse of finances for projects (though minimal amounts are delegated so risk is very low) <p>None of these was realised in 2023.</p>
Research, Monitoring & Evaluation	All projects undertake evaluations of their projects.

Structure, Governance and Management	
Description of charity's trusts:	None
Type of governing document	CIO Constitution plus policies listed below
How is the charity constituted?	CIO
Trustee selection methods	There is an agreed Trustee Management Policy which includes the appointment process



Reg No:1182182

Additional information	
Policies and procedures adopted for the induction and training of trustees	<ol style="list-style-type: none"> 1. Bursaries 2. Code of Conduct & Human Rights 3. Complaints & Whistleblowing 4. Conflict of Interest 5. Financial management including Procurement and Gifts & Hospitality 6. Anti-fraud, bribery, corruption & money-laundering 7. Grant Management 8. Human Resources 9. Needlestick (Sharps) Injury 10. Risk Management (and RAID - risk register) 11. Safeguarding 12. Trustee management 13. Volunteer management 14. Monitoring, Evaluation & Learning 15. Malaria (Guidelines)
Organisational structure	See attached organogram
Relationship with any related parties	<p>Partnerships/Associations: FHA believes in working with and through local organisations and in building relationships with academics in both countries. These relationships continue to help us to maintain alignment with Kenyan needs, strategy & policy and therefore maximise our efforts. These include:</p> <p>Society for Quality Healthcare Kenya (SQHK) National Resuscitation Council for Kenya (NRCK) LVCT Health (Kenya) Kenya Orthopaedic Association (KOA)</p> <p>St Joseph’s Mission Hospital (Nyabondo, Kisumu County, Kenya) Laikipia Health Services</p> <p>University of Nairobi (Kenya) University of Plymouth (UK) through its Global Health Collaborative (co-chaired by FHA’s Chair of Trustees, Dr Kerri Jones)</p> <p>Tropical Health & Education Trust (THET)</p> <p>South West International Development Network (SWIDN)</p> <p>Kenya-UK Health Alliance: The charity has been a member of the Kenya -UK Health Alliance (KUKHA) since 2022. Dr Kerri Jones (Chair of Trustees) and Dr Will Jewell (Project Lead) are actively involved.</p>

Reference and Administrative details	
Charity name	Future Health Africa
Other name the charity uses	n/a but its predecessor charity was the unincorporated charity Exploring Global Health Opportunities (now closed)
Registered charity number	1182182
Charity’s principal address	15 Platway Lane Shaldon Teignmouth Devon TQ14 0AR



Reg No:1182182

Names of the trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kerri Jones	Chair		Board of Trustees
2	Nicholas Roberts	Vice-Chair		
3	Michael Wake			
4	Lydia Okutoyi			
5	Carrie Piper			
6	Caroline Dimond		01.03 23 – 31.12.23	

Corporate trustees – names of the directors at the date the report was approved

Director name	n/a
---------------	-----

Name of trustees holding title to property belonging to the charity

Trustee name	n/a
--------------	-----

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held	Nil
Arrangements for safe custody & segregation of such assets from the charity's own assets	Nil

Names and addresses of advisers

Type of adviser	Name	Address
Bookkeeping	Reuben Evans Maceva Bookkeeping	4 Orchard Court Station Road Norton Fitzwarren Taunton TA2 6BF
Independent Examiner	Barrett's Accountants (CheckBook)	22 Union St Newton Abbot Devon TQ12 2JS
In-country (Kenya)	Dr Samuel Ndanya Dr Tim Panga Dr Mary Nduta	c/o Nanyuki Hospital, Laikipia County, Kenya

Exemptions from disclosure

n/a





Reg No:1182182

Declarations

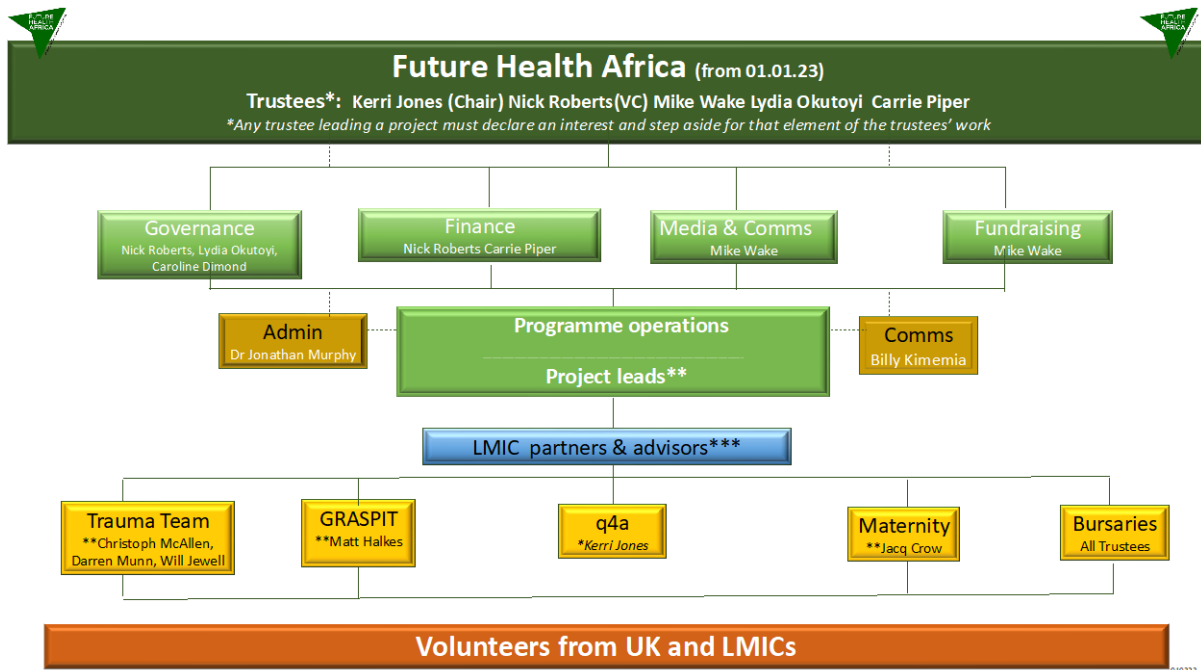
The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Kerri Jones	Carrie Piper
Position	Chair of Trustees	Finance Trustee
Date	21 st October 2024	

Organisational Structure (Organogram) & Advisers

From 01.01.2023



*** Kenyan Advisory Team to Future Health Africa

Name	Role in Kenya	Role for Future Health Africa
Dr Samuel Ndanya	Consultant Surgeon Nanyuki	Trauma Team Kenyan Lead, Future Health Africa advisor
Dr Timothy Panga Dr Lydia Okutoyi	Ag Chief Officer of Health, Laikipia County Government Kenyatta National Hospital	SPRINGBOARD/q4a Kenyan Lead President SQHK
Dr Mary Nduta	Medical Doctor, St Peter's Hospital, Kikuyu, Nairobi	Trauma Team Kenyan Lead, Future Health Africa advisor
Kiruja Jason	Senior Nurse, Kenyatta National Hospital	GRASPIT Education Lead
Christine Musee	Senior Nurse, Kenyatta National Hospital	GRASPIT M&E lead, SPRINGBOARD faculty
Dr Vincent Mutiso	Dept of Orthopaedics, University of Nairobi	Link to UoN

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FUTURE HEALTH AFRICA

Independent examiner's report to the trustees of Future Health Africa

I report to the charity trustees on my examination of the accounts of Future Health Africa (the Trust) for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian Barrett

Barretts
Chartered Accountants &
Chartered Tax Advisers
22 Union Street
Newton Abbot
Devon
TQ12 2JS

22 October 2024

FUTURE HEALTH AFRICA

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 December 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		<u>2,290</u>	<u>53,753</u>	<u>56,043</u>	<u>42,865</u>
EXPENDITURE ON					
Charitable activities					
Charitable expenditure		<u>4,056</u>	<u>57,024</u>	<u>61,080</u>	<u>53,983</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	7	<u>(1,766)</u>	<u>(3,271)</u>	<u>(5,037)</u>	(11,118)
		<u>(5,635)</u>	<u>5,635</u>	<u>-</u>	-
Net movement in funds		<u>(7,401)</u>	<u>2,364</u>	<u>(5,037)</u>	(11,118)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>19,660</u>	<u>35,466</u>	<u>55,126</u>	<u>66,244</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>12,259</u></u>	<u><u>37,830</u></u>	<u><u>50,089</u></u>	<u><u>55,126</u></u>

The notes form part of these financial statements

FUTURE HEALTH AFRICA

BALANCE SHEET

31 December 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Debtors	5	-	4,672	4,672	3,636
Cash at bank and in hand		13,159	54,251	67,410	57,475
		<u>13,159</u>	<u>58,923</u>	<u>72,082</u>	<u>61,111</u>
CREDITORS					
Amounts falling due within one year	6	(900)	(21,093)	(21,993)	(5,985)
		<u>12,259</u>	<u>37,830</u>	<u>50,089</u>	<u>55,126</u>
NET CURRENT ASSETS					
		<u>12,259</u>	<u>37,830</u>	<u>50,089</u>	<u>55,126</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>12,259</u>	<u>37,830</u>	<u>50,089</u>	<u>55,126</u>
NET ASSETS					
		<u>12,259</u>	<u>37,830</u>	<u>50,089</u>	<u>55,126</u>
FUNDS	7				
Unrestricted funds				12,259	19,660
Restricted funds				37,830	35,466
TOTAL FUNDS				<u>50,089</u>	<u>55,126</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 21 October 2024 and were signed on its behalf by:

K Jones - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	194	42,671	42,865
EXPENDITURE ON			
Charitable activities			
Charitable expenditure	1,313	52,670	53,983
NET INCOME/(EXPENDITURE)	(1,119)	(9,999)	(11,118)
Transfers between funds	2,575	(2,575)	-

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2023

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Net movement in funds	1,456	(12,574)	(11,118)
RECONCILIATION OF FUNDS			
Total funds brought forward	18,204	48,040	66,244
TOTAL FUNDS CARRIED FORWARD	<u>19,660</u>	<u>35,466</u>	<u>55,126</u>

4. INDEPENDENT EXAMINER'S FEE

The fee for the independent examination is £360.

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	4,672	600
Prepayments and accrued income	-	1,110
Prepayments	-	1,926
	<u>4,672</u>	<u>3,636</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	21,093	1,043
Other creditors	900	4,942
	<u>21,993</u>	<u>5,985</u>

7. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	Transfers between funds £	At 31.12.23 £
Unrestricted funds				
General fund	19,660	(1,766)	(5,635)	12,259
Restricted funds				
Maternity	448	197	1,000	1,645
Team Talk	-	128	(128)	-
Trauma Team	30,338	1,714	1,678	33,730
F C D O	-	(470)	470	-
Springboard	2,364	91	-	2,455
Graspit	2,316	(4,741)	2,425	-
St Joseph's	-	(190)	190	-
	<u>35,466</u>	<u>(3,271)</u>	<u>5,635</u>	<u>37,830</u>
TOTAL FUNDS	<u>55,126</u>	<u>(5,037)</u>	<u>-</u>	<u>50,089</u>

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2023

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,290	(4,056)	(1,766)
Restricted funds			
Maternity	197	-	197
Team Talk	128	-	128
Trauma Team	53,824	(52,110)	1,714
F C D O	(470)	-	(470)
Springboard	93	(2)	91
Graspit	235	(4,976)	(4,741)
St Joseph's	(254)	64	(190)
	<u>53,753</u>	<u>(57,024)</u>	<u>(3,271)</u>
TOTAL FUNDS	<u>56,043</u>	<u>(61,080)</u>	<u>(5,037)</u>

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	At 31.12.22 £
Unrestricted funds				
General fund	18,204	(1,119)	2,575	19,660
Restricted funds				
Maternity	448	-	-	448
Team Talk	15,039	(15,385)	346	-
Trauma Team	24,796	5,542	-	30,338
F C D O	(3,714)	3,714	-	-
Community	797	(451)	(346)	-
Springboard	2,364	-	-	2,364
Emergency Medicine	2,575	-	(2,575)	-
Graspit	5,735	(3,419)	-	2,316
	<u>48,040</u>	<u>(9,999)</u>	<u>(2,575)</u>	<u>35,466</u>
TOTAL FUNDS	<u>66,244</u>	<u>(11,118)</u>	<u>-</u>	<u>55,126</u>

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2023

7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	194	(1,313)	(1,119)
Restricted funds			
Team Talk	9,660	(25,045)	(15,385)
Trauma Team	7,729	(2,187)	5,542
F C D O	20,282	(16,568)	3,714
Community	-	(451)	(451)
Graspit	-	(3,419)	(3,419)
St Joseph's	5,000	(5,000)	-
	<u>42,671</u>	<u>(52,670)</u>	<u>(9,999)</u>
TOTAL FUNDS	<u><u>42,865</u></u>	<u><u>(53,983)</u></u>	<u><u>(11,118)</u></u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.

FUTURE HEALTH AFRICA

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 December 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	44,476	6,483
Gift aid	6,571	-
Grants	4,996	36,282
Other revenue	-	100
	<u>56,043</u>	<u>42,865</u>
Total incoming resources	56,043	42,865
EXPENDITURE		
Charitable activities		
Direct costs	838	13,832
Flights & transport	42,734	14,352
Accommodation & subsistence	4,678	5,125
Equipment and supplies	7,545	2,006
Sub-contracted Project Delivery	-	10,302
Project health insurance	1,765	2,372
IT software & consumables	382	548
Website	264	302
Administration fees	63	-
Subscriptions	210	320
Printing and stationery	61	-
General expenses	-	20
Charitable donations	-	2,270
Honorarium	1,160	-
	<u>59,700</u>	<u>51,449</u>
Support costs		
Finance		
Bank charges	56	84
Governance costs		
Accountancy and legal fees	1,324	2,450
	<u>61,080</u>	<u>53,983</u>
Total resources expended	61,080	53,983
Net expenditure	<u>(5,037)</u>	<u>(11,118)</u>

This page does not form part of the statutory financial statements

FUTURE HEALTH AFRICA

England & Wales - Charity number 1182182

Accounts



REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022
FOR
FUTURE HEALTH AFRICA

Barretts
Chartered Accountants &
Chartered Tax Advisers
22 Union Street
Newton Abbot
Devon
TQ12 2JS



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**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period	
From 1st January 2022	to 31st December 2022
Charity name: Future Health Africa (FHA)	
Charity registration number: 1182182	

Objectives and Activities	
<p>The purposes of the charity as set out in its governing document</p>	<p>The objects of the CIO are, for the public benefit, particularly, but not exclusively, in Africa and other low/middle income countries (LMICs):</p> <ol style="list-style-type: none"> (1) the relief of sickness and the preservation of health, particularly but not exclusively by promoting the sharing of healthcare knowledge and skills and assisting in the provision of medical treatment; (2) the advancement of education in healthcare, in particular by the delivery of quality improvement and leadership training in a healthcare context and other health- related education and training to those involved in health and care delivery at all levels and to the wider public, and by raising awareness of global health issues; (3) to develop the capacity & skills of members of socially and economically disadvantaged communities in LMICs in which the CIO is working, in such a way that they are better able to identify and help meet their needs and to participate more in society.
<p>The main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<p>In 2022, the charity had 8 workstreams (with a 9th in development) directed at achieving our objectives. Not all are active every year. Each is described below along with the activities conducted during the period of this report. All of the work was conducted in Kenya. Further detail can be seen at www.futurehealthafrica.org</p> <p style="text-align: center;">All of our work aligns with the Sustainable Development Goals and in particular goals 1,3,4,5,10,17</p>

	 
	<p>WORKSTREAM 1: TRAUMA TEAM</p> <p>Leads: Mr Christoph McAllen (Consultant Orthopaedic Surgeon, Plymouth, UK) Dr Samuel Ndanya (Consultant Orthopaedic Surgeon, Nanyuki, Kenya) Mr Darren Munn (Surgical Practitioner, Torbay Hospital, UK) Dr Will Jewell (Consultant in Anaesthetics, Truro, UK) Dr Mary Nduta (Medical Doctor, Nairobi, Kenya)</p> <p>Description: This is a clinical & training project in which a joint UK and Kenyan team of skilled professionals of different cadres undertake orthopaedic trauma activities in Kenyan health facilities.</p> <p>Trauma Team activities are categorised into Bronze, Silver and Gold. All services are delivered at the highest standard, with improving quality as a central aim.</p> <p>Bronze: immediate & direct patient care through</p> <ul style="list-style-type: none"> high quality consultations, advice and where appropriate, both operative and non-operative treatment to alleviate pain, suffering and disability <p>Silver: learning opportunities/ new skills</p> <ul style="list-style-type: none"> side-by-side working with exchange of knowledge & skills in relevant disciplines (surgery, anaesthesia, nursing, operating department practice, radiography, physiotherapy) developing a safer surgical environment exchanging knowledge on safe general and regional anaesthesia and pain management <p>Gold: sustaining improvement/ development</p> <ul style="list-style-type: none"> identifying areas to develop a stepwise pathway supporting local need and wishes to change developing non-operative treatment options for local patients providing ongoing support and communication outside of projects inclusion of Kenyan orthopaedic trainees in the team promotes better future practice presentations at national academic meetings to share challenges and best practice
	<p>Activities undertaken:</p> <p>Following an approach for potential partnership from St Joseph’s Mission Hospital & Trauma Centre in Nyabondo, Kisumu County, a number of on-line meetings were held followed by a visit in person in April 2022 by the Chair of Trustees (Kerri Jones). Following this positive visit, Darren Munn (Trauma Team Lead) applied for and gained a THET (Tropical Health & Education Trust) grant of £5,000 to establish a new health partnership. A one-week visit took place in November/December 2022 following which an MoU was signed and provisional plans were made for a project to be held there in November 2023. It is hoped that the brand new government-funded Trauma Centre built in St Joseph’s grounds will be open and functioning by then.</p>

	<p>A visit was also made to Kisii County & Referral Hospital to explore opportunities there raised during a visit/talk from Kerri Jones at a Kenya-UK Health Alliance (KUKHA) Summit meeting earlier in the year.</p> <p>Planning and fundraising took place for a Trauma Team visit to be held in Nanyuki Teaching and Referral Hospital in Jan/Feb 2023.</p> <p>The UK Lead orthopaedic surgeon, Mr Christoph McAllen was appointed as a Visiting Lecturer to the University of Nairobi.</p>
	<p>WORKSTREAM 2: GRASPIT</p> <p>Leads: Dr Matt Halkes (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK) Kirusa Gitonga Jason (Senior Nurse, Kenyatta National Hospital, Kenya) Christine Musee (Director of Nursing for Surgery, Kenyatta National Hospital) Dr Mike Swart (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK)</p> <p>Description: GRASPIT (Global Recognition & Assessment of the Sick Patient & Initial Treatment) is a one-day course which equips clinicians with a structured systematic approach to the management of the deteriorating acutely ill patient. GRASPIT has been shown to increase a clinician's confidence in the management of these challenging patients. The four key principles of GRASPIT are:</p> <ol style="list-style-type: none"> 1. Early recognition of deteriorating acutely ill patients 2. Systematic approach to the assessment of patients 3. Early initial treatment 4. Team working through effective communication <p>When introduced to a new health facility, an introductory 3-day course is run which includes a 'training of trainers' course. Following this, local trainers are able to continue to deliver the course to more healthworkers. Initial training is conducted by Kenyan trainers with support from the UK faculty. The UK lead (Dr Matt Halkes) holds oversight of standards of delivery, strategy and grant applications within his remit.</p>
	<p>Activities undertaken:</p> <p>The GRASPIT team started planning for restarting its work and lead, Dr Matt Halkes, made a one-week visit to Nairobi, St Joseph's Hospital and Kisii Hospital and University in November/December.</p> <p>Professor Raymond Oigara, the Dean of the Health Faculty at Kisii University is particularly keen on experiencing a GRASPIT course and planning started for this to take place in 2023.</p> <p>For part of the year, GRASPIT had the benefit of 2 'Improving Global Health (IGH)' fellows funded by Health Education England (HEE), one of whom (Dr Rosie Lyus) accompanied the team visit to Nairobi in Nov/Dec 2022. She scoped, along with Dr Mike Swart, the potential for re-establishing the course at Kenyatta National Hospital. Dr Damaris Adebambo is concentrating on the work with Kisii. The Fellows are both junior doctors who are paid by HEE a day a week for a 6-12 month period to support GRASPIT.</p> <p>In June 2022 Dr Kerri Jones met with Dr John Wanyungu, Deputy Director of Community Health for Kenya, and he is keen for a version of GRASPIT, suitable for Community Health Volunteers and Community Health Assistants, to be developed. Discussions are now underway to try and develop this along with a review of the current materials for delivery to trained healthworkers.</p>
	<p>WORKSTREAM 3: QUALITY IMPROVEMENT & LEADERSHIP (q4a)</p> <p>Lead: Dr Kerri Jones</p>

	<p>Description: This workstream recognises that ‘sick systems’ prevent better patient outcomes. Our q4a (quality for all) faculty has designed the SPRINGBOARD course to empower frontline healthcare workers to improve quality of care by learning and applying ‘The Science of Improvement’ and the ‘Art of Leadership’. The course normally runs for 10 days and imparts knowledge of improvement methodology, team working, leadership, patient-centred care and an understanding of how to create a positive culture for change. The skills are learned through doing real live quality improvement (QI) projects.</p>
	<p>Activities undertaken:</p> <p>2022 was the 2nd year of our FCDO (formerly DFID) grant which was directed at testing if teaching QI and leadership skills to people running Community Health Units (CHUs). These people were Community Health Volunteers, Community Health Assistants, and subcounty/county community focal people. The aim was to help them to impact positively on maternal and newborn mortality and morbidity. In 2021 the project had run in Migori County but moved to Laikipia County in late 2021 and continued until 30th November 2022.</p> <p>Because of the travel restrictions imposed by COVID-19, activity and grant monies were delegated to a downstream partner to deliver on our behalf. Our chosen partner was LVCT Health, a Kenyan NGO with longstanding links to the Liverpool School of Tropical Medicine. They successfully delivered, in 2 CHUs,</p> <ul style="list-style-type: none"> • a 3-day training in QI at CHU level with the formation of QI teams • a 3-day training in leadership • a further 3-day training in QI • a mid-term Learning event (2 days) April 2022 • a final Learning Event (one day) November 2022 • coaching and mentoring of QI teams focussing on maternal outcomes <p>Workstream lead Kerri Jones retained overall management of the project along with reporting responsibilities. She was able to attend the mid-term Learning Event in April 2022. The training materials used were LVCT QI Community framework complemented by FHA’s Leadership course. This proved to be a successful blend.</p> <p>Grant management was delegated by the FCDO to Mannion Daniels with whom there were regular communications.</p> <p>Findings (brief summary) were</p> <ul style="list-style-type: none"> • CHVs were unclear about their role and had received insufficient training • Data collection was not happening • CHAs were not supervising CHVs • Sub-county staff were not adequately supervising CHAs • County staff were not focussing on Community Health • CHVs were lacking motivation due to lack of remuneration <p>The Learning Events created the opportunity to share the work and produce Action Plans and the county has indicated ongoing commitment to continue and spread the work.</p> <p>Impact:</p> <ul style="list-style-type: none"> • CHVs increased household visits • Pregnant women attended ante-natal clinics more frequently • More women sought a skilled birth attendant <p>All grant targets were met. Clearly QI and Leadership training impacts positively at Community level. A follow-up visit to Migori County, where we had worked in 2021, took place.</p> <p>The findings from this project will be used to inform further grant applications to identify and test further facilitative strategies to help CHVs in their work.</p>

	<p>q4a was fortunate to be allocated an HEE IGH Fellow (as for GRASPIT – see above) for one day per week. The focus of their work has been to develop accessible QI course materials where SPRINGBOARD cannot be delivered in person. UPBEAT is now available at https://open.plymouth.ac.uk/course/view.php?id=210 . A testing site in a LMIC is being sought.</p> <p>Communication continued with the Society for Quality Healthcare Kenya (SQHK).</p> <p>Kerri Jones visited St Joseph’s, Nyabondo and Kisii hospital/University where strong interest was expressed in QI and leadership training. Resources need to be found to enable this to happen.</p>
	<p>WORKSTREAM 4: COMMUNITY</p> <p>Leads: Dr Lucy Obolensky Dr Kerri Jones (for QI work)</p> <p>Description: This project aims to improve health outcomes in rural areas of Kenya. It includes working with conservation NGOs (such as Northern Rangelands Trust and Lewa Wildlife Conservancy) and the Ministry of Health.</p> <p>There is a new focus on teaching QI skills at community level.</p>
	<p>Activities undertaken:</p> <p>Community work continued through the QI & Leadership work described in the q4a section above. An FCDO grant of £48,841 allowed us to work (through LVCT Health) with two Community Health Units in Laikipia County (Naibor & Powys) to improve perinatal care of pregnant mothers.</p> <p>The Technical Assistance work with the Northern Rangelands Trust is no longer undertaken under the FHA banner.</p>
	<p>WORKSTREAM 5: TEAM TALK</p> <p>Lead: James Lyon-Taylor</p> <p>Description: Team Talk seeks to directly improve the lives of Kenyan girls, enabling them to be aspirational and play a fuller role in the family and the wider community. It encourages boys to develop a greater level of respect for the girls. It uses TAG rugby in rural primary schools alongside classroom sessions to address gender inequality. Boys and girls to play together, developing teamwork and mutual understanding.</p>
	<p>Activities undertaken:</p> <p>Projects were run in</p> <ul style="list-style-type: none"> • February 2022 <ul style="list-style-type: none"> ○ Borana hosted its 7th Team Talk project. Volunteers from Kenya and Future Health Africa spent 5 days working with Sangaa school and community delivering <ul style="list-style-type: none"> ▪ Education sessions ▪ Tag rugby tournament • July 2022 <ul style="list-style-type: none"> ○ Activities in Gundua - Kisima, Eleri - OI Pejeta, Leparua – Lewa, Enaikashoma & Ethi – Borana delivering <ul style="list-style-type: none"> ▪ Education sessions ▪ Tag rugby tournament <p>This activity was funded courtesy of the ATLAS FOUNDATION to whom we are very grateful.</p> <p>Team Talk activity will move to become part of this Foundation and ceased to be a FHA workstream on 31st December 2022.</p>
	<p>WORKSTREAM 6: MATERNITY</p>

	<p>Lead: Jacq Crow</p> <p>Description: The overarching objective of the 3 midwife members of the Maternity team is to reduce maternal mortality & morbidity through education of healthworkers, traditional birth attendants and mothers in safer childbirth practices. They have delivered training in</p> <ul style="list-style-type: none"> • Nyahururu (Laikipia County) • Communities around Lewa Conservancy (Laikipia/Meru/Isiolo counties) • Marsabit County • Pumwani (major maternity centre in Nairobi) • Kenyatta National Hospital (KNH) <p>The focus of the teaching is management of the most common emergencies in maternity/obstetric care ie haemorrhage, sepsis, pre-eclampsia/eclampsia, complications of labour (eg obstructed labour).</p>
	<p>Activities undertaken:</p> <p>A scoping exercise was undertaken in St Joseph's Hospital, Nyabondo. Ongoing work is taking place to understand if FHA can meet any of their needs.</p> <p>No other activity took place.</p>
	<p>WORKSTREAM 7: EMERGENCY MEDICINE</p> <p>Description: The purpose of the Emergency Medicine (EM) stream is to improve patient outcomes in Emergency Departments (EDs).</p>
	<p>Activities undertaken:</p> <p>Most of this work was taking place as part of the South West UK EM training programme. This workstream has now moved to a charity with a specific focus on Emergency Medicine.</p>
	<p>WORKSTREAM 8: BURSARIES</p> <p>Description:</p> <p>When our charity resources allow, we support courses and study visits for LMIC individuals. These may take place in either Kenya or the UK.</p>
	<p>Activities undertaken:</p> <p>None.</p>
	<p>WORKSTREAM 9 (emergent): STORYTELLING/THEATRE ARTS</p> <p>Description: A new project is under consideration/development to use storytelling and theatre arts to improve health & wellbeing in adolescents.</p>
	<p>Activities undertaken:</p> <p>No activity took place.</p> <p>It was decided by the workstream lead that this work would not progress and it ceased to become part of FHA's portfolio on 31st December 2022.</p>
Public Benefit	<p>We confirm that trustees have regard to the guidance issued by the Charity Commission on public benefit and have considered https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1. They conclude that FHA met public benefit requirements in 2022.</p>

Additional information	
Policy on grant making	FHA has not to date awarded any grants. Bursaries are decided upon using the charity's agreed policy 'Bursaries'.
Policy on social investment including program related investment	The charity has not utilised social investment finance.

<p>Contribution made by volunteers</p>	<p>All of the activities of the charity, apart from book-keeping, accountancy, web support and some administrative tasks are done on a voluntary <i>pro bono</i> basis. Many project leads' visits to Kenya are self-funded. All Trauma Team volunteers and some other volunteers raise money themselves to be able to take part. Trustees contribute their time voluntarily.</p>
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<h2 style="background-color: #d9ead3; padding: 5px;">Achievements and Performance</h2>	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and wider benefits to society as a whole.</p>	<p>The charity was able to take positive steps to re-establish its work following the restrictions of the COVID-19 pandemic.</p> <p>Achievements: The charity's achievements in brief were:</p> <p>Trauma Team: New partnerships were fostered - worked with St Joseph's Nyabondo to establish a project in late 2023. Planning for Nanyuki Jan/Feb 2023.</p> <p>GRASPIT: A successful scoping visit took place in November/December building relationships with Kenyatta National Hospital and Kisii Hospital / University. Training for healthworkers will result.</p> <p>q4a: successfully completed FCDO grant delivery and opened discussions with Kisii/Nyabondo re potential work. Developed on-line training materials now hosted on the University of Plymouth website. These will enable remote teaching of QI & Leadership skills.</p> <p>Community: FCDO grant has enabled improvements in peri-natal care in Migori and Laikipia counties.</p> <p>TeamTalk: 2 successful projects – moved outside FHA to be a project under its major funder, the Atlas Foundation.</p> <p>Maternity: scoping work in SW Kenya.</p> <p>Emergency Medicine: moved out of FHA.</p> <p>Bursary: No funds allocated.</p> <p>Public benefit:</p> <p>All projects have complied with the requirement for public benefit.</p> <p>The TRAUMA clinical projects have sought to alleviate pain, disability and suffering through direct patient care. Treatment has been open to any member of the public in Kenya and is particularly directed at those who cannot otherwise access care because of geography or poverty.</p> <p>GRASPIT and q4a taught healthworkers the skills they need to enhance care of the public who they serve.</p> <p>Community projects enhance medical services available to communities and individuals.</p>

	<p>TeamTalk is directed at improving the life-chances of young rural children and is available to all.</p> <p>Maternity and Emergency Medicine projects improve education in these specialties for the benefit of any patient receiving services from those trained.</p> <p>The charity trustees believe that the projects deliver the requirement for public benefit and volunteers also gained personal and professional development that they will apply for further public benefit in their individual environments in both the UK and Kenya.</p> <p>FHA Trustees are pleased to consolidate its workstreams and projects around well-being and healthcare. From end 2022, FHA workstreams will be</p> <ol style="list-style-type: none"> 1. Trauma Team 2. GRASPIT 3. QI & Leadership training (SPRINGBOARD) 4. Community <ol style="list-style-type: none"> a. QI b. Maternity 5. Bursaries will be supported when funds allow.
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Additional information	
Achievements against objectives set	All major objectives from the agreed FHA Activity Plan for 2022 were met.
Performance of fundraising activities against objectives set	All necessary funds were raised from volunteer contributions, donations and grants.
Investment performance against objectives	The charity has no investments.
Other	<p>Trustees: Judy Ravenscroft and Isabelle Risso-Gill resigned due to work pressures. Carrie Piper was appointed with expertise in finance. Dr Caroline Dimond was appointed (start 2023) with expertise in Public Health.</p> <p>Volunteers: FHA continued to be led and run by volunteers. Paid work was for bookkeeping, accounting, web support and insurance purposes only.</p>

Financial Review	
Review of the charity's financial position at the end of the period	At the end of the financial year on 31.12.2022, the charity had assets of £55,126 , £35,466 of which was restricted. Funds are held to cover future activity, including planned trips to Kenya. The charity reserves £10,000 as contingency in any one year to cover any unanticipated events or incidents.
Statement explaining the policy for holding reserves stating why they are held	Trustees allocate a reserve figure when agreeing the activity plan for the forthcoming year. It is based on the nature of the projects planned for that year and is to cover any unexpected events.

Amount of reserves held	As at 31.12.2022, the charity held free reserves of £19,660. Although this was in excess of the stated policy, plans are in place to upgrade processes in 2023, including employment of administrative/management assistance.
Reasons for holding zero reserves	n/a
Details of fund materially in deficit	n/a
Explanation of any uncertainties about the charity continuing as a going concern	n/a

Additional information	
The charity's principal sources of funds (including any fundraising)	<ul style="list-style-type: none"> • volunteer contributions • donations • grants • fundraising events • significant project leads' personal contributions • major contribution from project leads, trustees and volunteers 'in kind'
Investment policy & objectives including any social investment policy adopted	The charity has no investments.
A description of the principal risks facing the charity	<p>The charity has developed a risk register.</p> <p>Principal risks identified</p> <ul style="list-style-type: none"> • safeguarding • travel associated risks • local societal conflict • sickness of volunteers • non-engagement of participants in LMIC • healthworker strikes in LMIC • availability of project leads • misuse of finances for projects (though minimal amounts are delegated so risk is very low)
Research	<p>Abstract submitted to ISQuA Feb 2022</p> <p>QUALITY IMPROVEMENT AND LEADERSHIP SKILLS FOR THE IMPROVEMENT OF PATIENT CARE IN KENYA</p> <p>Xavier Frisch*, Timothy Panga, Kerri Jones, David Barkwill</p>

Structure, Governance and Management	
Description of charity's trusts:	None
Type of governing document	CIO Constitution plus policies listed below
How is the charity constituted?	CIO
Trustee selection methods	There is an agreed Trustee Management Policy which includes the appointment process

Additional information	
Policies and procedures adopted for the induction and training of trustees	<ol style="list-style-type: none"> 1. Bursaries 2. Code of Conduct & Human Rights 3. Complaints & Whistleblowing 4. Conflict of Interest 5. Financial management including Procurement and Gifts & Hospitality 6. Anti-fraud, bribery, corruption & money-laundering 7. Grant Management 8. Human Resources 9. Needlestick (Sharps) Injury 10. Risk Management (and RAID - risk register) 11. Safeguarding 12. Trustee management 13. Volunteer management 14. Monitoring, Evaluation & Learning
Organisational structure	See attached organogram
Relationship with any related parties	<p>Partnerships/Associations: FHA believes in working with and through local organisations and in building relationships with academics in both countries. These relationships continue to help us to maintain alignment with Kenyan needs, strategy & policy and therefore maximise our efforts.</p> <p>Society for Quality Healthcare Kenya (SQHK) National Resuscitation Council for Kenya (NRCK) LVCT Health (Kenya) Kenya Orthopaedic Association (KOA)</p> <p>St Joseph’s Mission Hospital (Nyabondo, Kisumu County, Kenya) Laikipia Health Services</p> <p>University of Nairobi (Kenya) University of Plymouth (UK) through its Global Health Collaborative</p> <p>Tropical Health & Education Trust (THET)</p> <p>South West International Development Network (SWIDN)</p> <p>Kenya-UK Health Alliance: The charity became a member of the Kenya -UK Health Alliance (KUKHA). Kerri Jones gave presentations at its inaugural summit meetings in Kenya (June 2022) and in the UK (July 2022). She is now a member of the KUKHA Steering Committee</p>

Reference and Administrative details	
Charity name	Future Health Africa
Other name the charity uses	n/a but its predecessor charity was the unincorporated Exploring Global Health Opportunities (now closed)
Registered charity number	1182182
Charity’s principal address	15 Platway Lane Shaldon Teignmouth Devon TQ14 0AR

Names of the trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kerri Jones	Chair		Board of Trustees
2	Nicholas Roberts	Vice-Chair		
3	Michael Wake			
4	Judy Ravenscroft		01.01.22 – 05.11.22	
5	Lydia Okutoyi			
6	Isabelle Risso-Gill		01.01.22 – 30.06.22	
7	Carrie Piper		05.04.22 – 31.12.22	
8	Caroline Dimond		Appointed 01.03 23	

Corporate trustees – names of the directors at the date the report was approved

Director name	n/a
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Name of trustees holding title to property belonging to the charity

Trustee name	n/a
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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held	Nil
Arrangements for safe custody & segregation of such assets from the charity's own assets	Nil

Names and addresses of advisers

Type of adviser	Name	Address
Bookkeeping	Anita Harper	Devon Square Charity Accounting Ltd 14 Torquay Road Newton Abbot Devon TQ12 1AJ
Independent Examiner	Barrett's Accountants	22 Union St Newton Abbot Devon TQ12 2JS
In-country (Kenya)	Dr Samuel Ndanya Dr Tim Panga Dr Mary Nduta	c/o Nanyuki Hospital, Laikipia County, Kenya





Exemptions from disclosure
n/a

Declarations

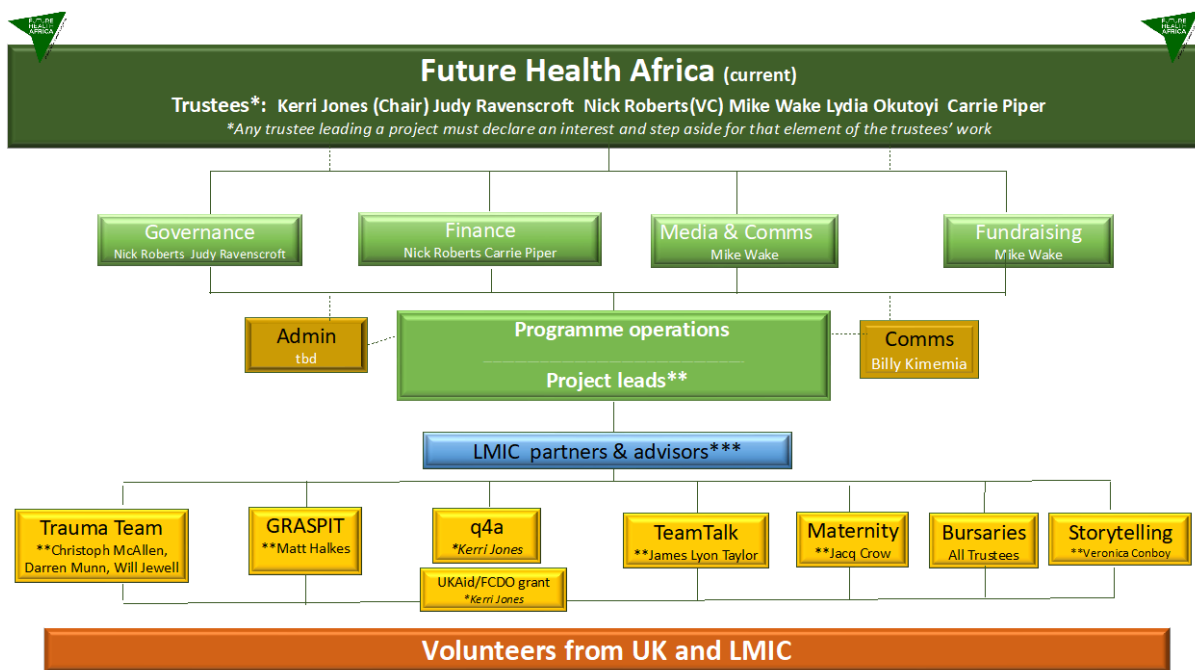
The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Kerri Jones	Dr Nick Roberts
Position	Chair of Trustees	Vice Chair of Trustees
Date	17 th April 2023	

Organisational Structure (Organogram) & Advisers

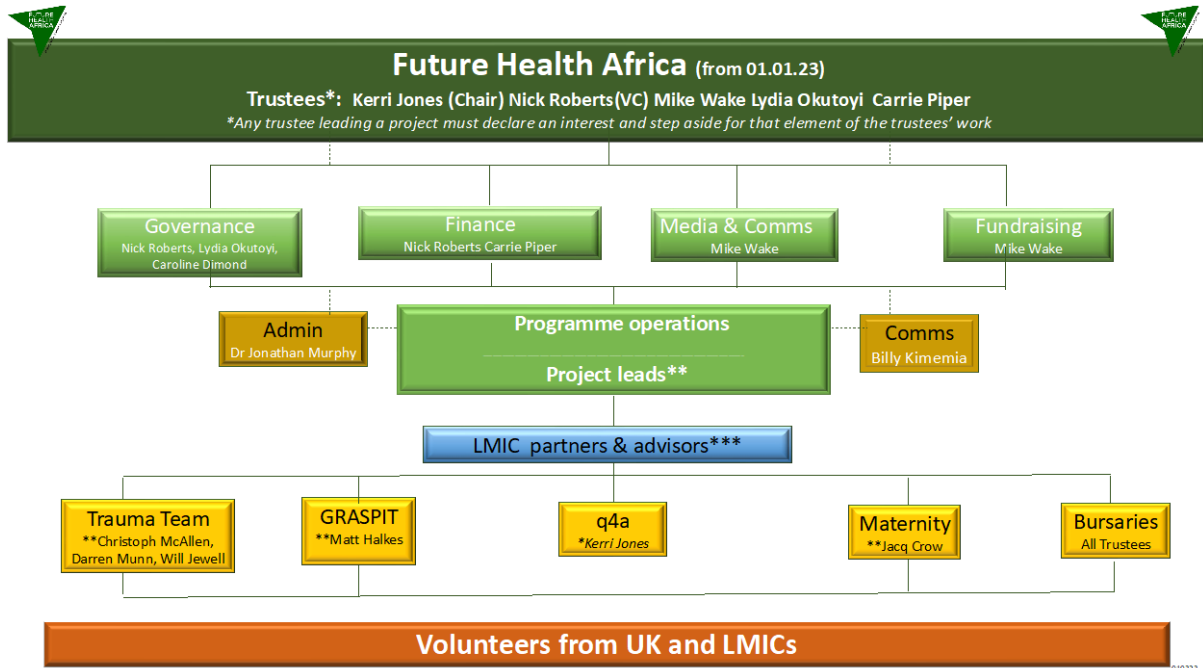
Up to 31.12.2022



*** Kenyan Advisory Team to Future Health Africa

Name	Role in Kenya	Role for Future Health Africa
Dr Samuel Ndanya	Consultant Surgeon Nanyuki, KMA Laikipia Chair	Trauma Team Kenyan Lead, Future Health Africa advisor Emergency Medicine advisor
Dr Tim Panga	CEO Nanyuki Hospital	SPRINGBOARD/q4a Kenyan Lead
Dr Mary Nduta	Medical Doctor, Kenyatta National Hospital	Trauma Team Kenyan Lead, Future Health Africa advisor
Kiruja Jason	Senior Nurse, Kenyatta National Hospital	GRASPIT Education Lead
Christine Musee	Senior Nurse, Kenyatta National Hospital	GRASPIT M&E lead, SPRINGBOARD faculty
Ronny Okoth		TeamTalk implementation & advisor
Josephine Ndirias	Founder, Mukogodo Girls' Empowerment Program	TeamTalk liaison / mentoring

From 01.01.2023



*** Kenyan Advisory Team to Future Health Africa

Name	Role in Kenya	Role for Future Health Africa
Dr Samuel Ndanya	Consultant Surgeon Nanyuki	Trauma Team Kenyan Lead, Future Health Africa advisor
Dr Timothy Panga Dr Lydia Okutoyi	Ag Chief Officer of Health, Laikipia County Government Kenyatta National Hospital	SPRINGBOARD/q4a Kenyan Lead President SQHK
Dr Mary Nduta	Medical Doctor, St Peter's Hospital, Kikuyu, Nairobi	Trauma Team Kenyan Lead, Future Health Africa advisor
Kiruja Jason	Senior Nurse, Kenyatta National Hospital	GRASPIT Education Lead
Christine Musee	Senior Nurse, Kenyatta National Hospital	GRASPIT M&E lead, SPRINGBOARD faculty
Dr Vincent Mutiso	Dept of Orthopaedics, University of Nairobi	Link to UoN

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FUTURE HEALTH AFRICA

Independent examiner's report to the trustees of Future Health Africa

I report to the charity trustees on my examination of the accounts of Future Health Africa (the Trust) for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

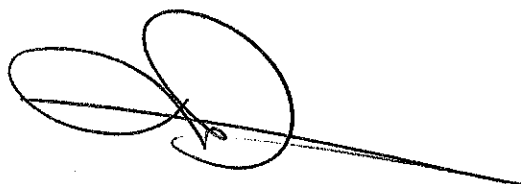
I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ian Barrett

Barretts
Chartered Accountants &
Chartered Tax Advisers
22 Union Street
Newton Abbot
Devon
TQ12 2JS

18 April 2023

FUTURE HEALTH AFRICA

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 December 2022

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		<u>194</u>	<u>42,671</u>	<u>42,865</u>	<u>25,103</u>
EXPENDITURE ON					
Charitable activities					
Charitable expenditure		<u>1,313</u>	<u>52,670</u>	<u>53,983</u>	<u>41,833</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	8	<u>(1,119)</u> <u>2,575</u>	<u>(9,999)</u> <u>(2,575)</u>	<u>(11,118)</u> <u>-</u>	<u>(16,730)</u> <u>-</u>
Net movement in funds		<u>1,456</u>	<u>(12,574)</u>	<u>(11,118)</u>	<u>(16,730)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>18,204</u>	<u>48,040</u>	<u>66,244</u>	<u>82,974</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>19,660</u></u>	<u><u>35,466</u></u>	<u><u>55,126</u></u>	<u><u>66,244</u></u>

The notes form part of these financial

FUTURE HEALTH AFRICA

BALANCE SHEET

31 December 2022

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
CURRENT ASSETS					
Debtors	5	3,636	-	3,636	3,170
Cash at bank and in hand		22,009	35,466	57,475	85,878
		<u>25,645</u>	<u>35,466</u>	<u>61,111</u>	<u>89,048</u>
CREDITORS					
Amounts falling due within one year	6	(5,985)	-	(5,985)	(22,804)
		<u>19,660</u>	<u>35,466</u>	<u>55,126</u>	<u>66,244</u>
NET CURRENT ASSETS					
		<u>19,660</u>	<u>35,466</u>	<u>55,126</u>	<u>66,244</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>19,660</u>	<u>35,466</u>	<u>55,126</u>	<u>66,244</u>
NET ASSETS					
		<u>19,660</u>	<u>35,466</u>	<u>55,126</u>	<u>66,244</u>
FUNDS					
	8			19,660	18,204
Unrestricted funds				35,466	48,040
Restricted funds				<u>55,126</u>	<u>66,244</u>
TOTAL FUNDS					
				<u>55,126</u>	<u>66,244</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 17 April 2023 and were signed on its behalf by:



K Jones - Trustee

NOTES TO THE FINANCIAL STATEMENTS

for the Year Ended 31 December 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	548	24,555	25,103
EXPENDITURE ON			
Charitable activities			
Charitable expenditure	1,098	40,735	41,833
NET INCOME/(EXPENDITURE)	(550)	(16,180)	(16,730)

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	18,755	64,219	82,974
TOTAL FUNDS CARRIED FORWARD	<u>18,205</u>	<u>48,039</u>	<u>66,244</u>

4. INDEPENDENT EXAMINER'S FEE

The fee for the independent examination is £360.

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	600	600
Prepayments and accrued income	1,110	-
Prepayments	1,926	2,570
	<u>3,636</u>	<u>3,170</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Bank loans and overdrafts (see note 7)	-	3,714
Trade creditors	1,043	23
Other creditors	4,942	19,067
	<u>5,985</u>	<u>22,804</u>

7. LOANS

An analysis of the maturity of loans is given below:

	2022 £	2021 £
Amounts falling due within one year on demand:		
Bank overdrafts	-	3,714
	<u>-</u>	<u>3,714</u>

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2022

8. MOVEMENT IN FUNDS

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	At 31.12.22 £
Unrestricted funds				
General fund	18,204	(1,119)	2,575	19,660
Restricted funds				
Maternity	448	-	-	448
Team Talk	15,039	(15,385)	346	-
Trauma Team	24,796	5,542	-	30,338
F C D O	(3,714)	3,714	-	-
Community	797	(451)	(346)	-
Springboard	2,364	-	-	2,364
Emergency Medicine	2,575	-	(2,575)	-
Graspit	5,735	(3,419)	-	2,316
	<u>48,040</u>	<u>(9,999)</u>	<u>(2,575)</u>	<u>35,466</u>
TOTAL FUNDS	<u>66,244</u>	<u>(11,118)</u>	<u>-</u>	<u>55,126</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	194	(1,313)	(1,119)
Restricted funds			
Team Talk	9,660	(25,045)	(15,385)
Trauma Team	7,729	(2,187)	5,542
F C D O	20,282	(16,568)	3,714
Community	-	(451)	(451)
Graspit	-	(3,419)	(3,419)
St Joseph's	5,000	(5,000)	-
	<u>42,671</u>	<u>(52,670)</u>	<u>(9,999)</u>
TOTAL FUNDS	<u>42,865</u>	<u>(53,983)</u>	<u>(11,118)</u>

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	18,755	(551)	18,204
Restricted funds			
Maternity	3,531	(3,083)	448
Team Talk	20,070	(5,031)	15,039
Trauma Team	20,822	3,974	24,796
F C D O	7,298	(11,012)	(3,714)
Community	2,324	(1,527)	797
Springboard	1,839	525	2,364
Emergency Medicine	2,575	-	2,575
Graspit	5,760	(25)	5,735
	<u>64,219</u>	<u>(16,179)</u>	<u>48,040</u>
TOTAL FUNDS	<u>82,974</u>	<u>(16,730)</u>	<u>66,244</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	548	(1,099)	(551)
Restricted funds			
Maternity	-	(3,083)	(3,083)
Team Talk	81	(5,112)	(5,031)
Trauma Team	5,696	(1,722)	3,974
F C D O	18,178	(29,190)	(11,012)
Community	-	(1,527)	(1,527)
Springboard	600	(75)	525
Graspit	-	(25)	(25)
	<u>24,555</u>	<u>(40,734)</u>	<u>(16,179)</u>
TOTAL FUNDS	<u>25,103</u>	<u>(41,833)</u>	<u>(16,730)</u>

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2022

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022.

FUTURE HEALTH AFRICA

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 December 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	6,483	6,261
Gift aid	-	64
Grants	36,282	18,178
Other revenue	100	600
	<u>42,865</u>	<u>25,103</u>
Total incoming resources	42,865	25,103
EXPENDITURE		
Charitable activities		
Direct costs	13,832	9,030
Flights & transport	14,352	2,240
Accommodation & subsistence	5,125	1,346
Equipment and supplies	2,006	3,066
Sub-contracted Project Delivery	10,302	20,332
Project health insurance	2,372	1,882
IT software & consumables	548	328
Website	302	324
Subscriptions	320	13
General expenses	20	-
Charitable donations	2,270	1,528
	<u>51,449</u>	<u>40,089</u>
Support costs		
Finance		
Sundries	-	1
Bank charges	84	83
	<u>84</u>	<u>84</u>
Governance costs		
Accountancy and legal fees	2,450	1,660
	<u>2,450</u>	<u>1,660</u>
Total resources expended	<u>53,983</u>	<u>41,833</u>
Net expenditure	<u>(11,118)</u>	<u>(16,730)</u>

FUTURE HEALTH AFRICA

England & Wales - Charity number 1182182

Accounts



Trustees' Annual Report for the period
From 1st January 2021 to 31st December 2021
Charity name: Future Health Africa (FHA)
Charity registration number: 1182182

Objectives and Activities

The purposes of the charity as set out in its governing document

The objects of the CIO are, for the public benefit, particularly, but not exclusively, in Africa and other low/middle income countries (LMICs):

- (1) the relief of sickness and the preservation of health, particularly but not exclusively by promoting the sharing of healthcare knowledge and skills and assisting in the provision of medical treatment;
- (2) the advancement of education in healthcare, in particular by the delivery of quality improvement and leadership training in a healthcare context and other health-related education and training to those involved in health and care delivery at all levels and to the wider public, and by raising awareness of global health issues;
- (3) to develop the capacity & skills of members of socially and economically disadvantaged communities in LMICs in which the CIO is working, in such a way that they are better able to identify and help meet their needs and to participate more in society.

The main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.



After a thorough risk assessment, trustees decided that no visits in person should take place until the COVID pandemic was more under control. However, some workstreams were still able to undertake some significant activity, using our Kenyan leads.


The charity has 6 active workstreams (with a 7th in development) directed at achieving our objectives. Not all are active every year. Bursaries have not been appropriate during the COVID restrictions in 2021. Each workstream is described below along with the activities conducted during the year. The Emergency Medicine workstream, initially supported by FHA, has developed its own MoU and it was agreed that it was more appropriate that it was managed by the Bristol EM training Programme under Dr Andy Lockyer. It is therefore no longer an FHA workstream.


All of the work was conducted in Kenya. Further detail can be seen at www.futurehealthafrica.org

Our work aligns with the Sustainable Development Goals and in particular 1,3,4,5,10,17.



	<p>During 2021, FHA was accepted onto 2 development programmes with</p> <ol style="list-style-type: none"> 1. THET (Tropical Health & Education Trust) Health Partnership Capacity Development 2. SWIDN (South West International Development Network) <p>These programmes are designed to assist small charities develop their potential.</p>
	<p>WORKSTREAM 1: TRAUMA TEAM</p> <p>Description: This is a clinical & training project in which a joint UK and Kenyan team of skilled professionals of different cadres undertake orthopaedic trauma activities in Kenyan health facilities.</p> <p>Trauma Team activities are categorised into Bronze, Silver and Gold. All services are delivered at the highest standard, with improving quality as a central aim.</p> <p>Bronze: immediate & direct patient care through</p> <ul style="list-style-type: none"> • high quality consultations, advice and where appropriate, both operative and non-operative treatment to alleviate pain, suffering and disability <p>Silver: learning opportunities/ new skills</p> <ul style="list-style-type: none"> • side-by-side working with exchange of knowledge & skills in relevant disciplines (surgery, anaesthesia, nursing, operating department practice, radiography, physiotherapy) • developing a safer surgical environment • exchanging knowledge on safe general and regional anaesthesia and pain management <p>Gold: sustaining improvement/ development</p> <ul style="list-style-type: none"> • identifying areas to develop a stepwise pathway • supporting local need and wishes to change • developing non-operative treatment options for local patients • providing ongoing support and communication outside of projects • inclusion of Kenyan orthopaedic trainees in the team promotes better future practice • presentations at national academic meetings to share challenges and best practice
	<p>Activities undertaken:</p> <p>The COVID-19 pandemic unfortunately resulted in the postponement of two one-week planned projects for November 2021 to Nyahururu and Marsabit.</p> <p>However, the joint UK/Kenyan team communicated regularly, including about complex cases. Partnership working was strengthened and UK lead UK orthopaedic surgeon, Dr Christoph McAllen, was invited to become a Visiting Lecturer at the University of Nairobi, at the invitation of Head of the Department of Orthopaedics, Dr Vincent Mutiso.</p>
	<p>WORKSTREAM 2: GRASPIT</p> <p>Description: GRASPIT (Global Recognition & Assessment of the Sick Patient & Initial Treatment) is a one-day course which equips clinicians with a structured systematic approach to the management of the deteriorating acutely ill patient. GRASPIT has been shown to increase a clinician's confidence in the management of these challenging patients. The four key principles of GRASPIT are:</p> <ol style="list-style-type: none"> 1. Early recognition of deteriorating acutely ill patients 2. Systematic approach to the assessment of patients 3. Early initial treatment 4. Team working through effective communication <p>When introduced to a new health facility, an introductory 3-day course is run which includes a 'training of trainers' course. Following this, local trainers are able to continue to deliver the course to more healthworkers. Initial training is conducted by Kenyan trainers with oversight and support</p>

	<p>from the UK faculty. The UK lead (Dr Matt Halkes) holds oversight of standards of delivery, strategy and grant applications within his remit.</p>
	<p>Activities undertaken: The Kenyan GRASPIT team continued to undertake <i>ad hoc</i> training in Kenyatta National Hospital. A Zoom meeting was held with Mr John Wanyungu, Head of Community Services at the Kenya Ministry of Health who is keen to develop a community version of GRAPSIT for community health volunteers (CHVs). He sees great potential for the training and consideration is being given to its development and testing when COVID circumstances allow.</p> <p>A strategy has been developed and grant applications submitted. An FCDO grant was awarded to GRASPIT (under the Health Partnership Scheme) to undertake work in Ethiopia but these grants were withdrawn when the whole scheme was cancelled.</p>
	<p>WORKSTREAM 3: QUALITY IMPROVEMENT & LEADERSHIP</p> <p>Description: This workstream recognises that ‘sick systems’ prevent better patient outcomes. Our q4a (quality for all) faculty has designed the SPRINGBOARD course to empower frontline healthcare workers to improve quality of care by learning and applying ‘The Science of Improvement’ and the ‘Art of Leadership’. The course normally runs for 10 days and imparts knowledge of improvement methodology, team working, leadership, patient-centred care and an understanding of how to create a positive culture for change. The skills are learned through doing real live quality improvement (QI) projects.</p>
	<p>Activities undertaken: A 2 year UKAid/DFID grant of £48,781 was awarded to Future Health Africa under the Small Charities Challenge Fund (SCCF) in 2020 and started operations in December 2020. Its purpose is to build on FHA’s QI and Leadership programme (SPRINGBOARD) and test its validity and effectiveness in community settings. Migori and Laikipia counties were chosen to test this.</p> <p>Due to the COVID pandemic, the UK faculty were not able to travel to Kenya to deliver the training and therefore a partnership was agreed with the Kenyan NGO LVCT Health, who were known to deliver similar training. An MoU was signed and activities agreed. In 2021 these were</p> <p>Jan – June QI and leadership training, mentoring and coaching for 3 Community Health Units (CHUs) in Migori County. 3 QI projects were established focussing on pregnancy outcomes for mothers and babies in rural settings. Two Learning events were held at</p> <p>which learning was consolidated and shared with County and sub-county officials responsible for community services. Quality Improvement Teams (QITs) were established to encourage pregnant mothers to attend 4 antenatal clinic (ANC) visits and be tested for HIV, malaria, syphilis and anaemia. This built on previous work by LVCT Health under the SQALE 4byFour program.</p> <p>July A scoping visit was made to Laikipia to establish the program there, engaging with the</p> <p>County Government Ministry of Health, including the Public Health Director and Lead for Community Health who identified 2 CHUs (Powys & Naibor), Maasai communities where maternal and neonatal outcomes are known to be poor.</p> <p>Sep-Dec Phase 1 & 2 QI training was delivered to CHVs and CHAs in the CHUs and Leadership training was delivered to Sub-County and County officials responsible for Community Health in order to equip them to support the QI projects, again focussing on pregnancy outcomes. Early learning was that CHVs were unsure of their roles and responsibilities, did not have the relevant documentation to make ANC referrals and were not collecting data or being adequately supervised. Two QITs were established and 2 QI projects were started to understand and address these issues.</p> <p>Regular monitoring meeting were held on Zoom to ensure that grant objectives were being met. Financial reports were submitted to the grant manager Mannion Daniels at 3-monthly intervals.</p> <p>Impact: The training we have delivered has been very successful in enabling the local teams to identify the factors leading to poor pregnancy outcomes and QITs are co-designing interventions</p>

	<p>with the local community members to try and improve engagement with healthcare services through increasing household visits, increasing ANC referrals and encouraging women to engage with skilled birth attendants.</p> <p>The partnership with LVCT Health has led to many advantages and FHA hopes to continue to partner with them for similar work.</p> <p>Work commenced to look at placing some of the materials online in order to spread knowledge of the QI and leadership skills needed to achieve quality UHC (Universal Health Coverage).</p> <p>Materials were shared on request with the THET Myanmar Support Group which is helping healthworkers as they struggle to deliver services while oppressed by their military coup.</p>
	<p>WORKSTREAM 4: COMMUNITY</p> <p>Description: This project aims to improve health outcomes in rural areas of Kenya. It includes working with conservation NGOs (such as Northern Rangelands Trust and Lewa Wildlife Conservancy) and the Ministry of Health and providing technical assistance in rural health services and programmes. This involves looking at where to develop a new clinic, what services should be offered in specific areas given the geographical location, tribal culture and disease epidemiology.</p>
	<p>Activities undertaken:</p> <p><i>Ad hoc</i> advice was given remotely, relationships maintained and future planning undertaken. No visits in person were possible.</p>
	<p>WORKSTREAM 5: TEAM TALK</p> <p>Description: Team Talk seeks to directly improve the lives of girls, enabling them to be aspirational and play a fuller role in the family and the wider community. It encourages boys to develop a greater level of respect for the girls. It started at the request of community elders in the Westgate and Ntalabany regions in 2010 who said they would like to get their girls into school and that they wanted to prevent young marriages.</p> <p>Team Talk uses TAG rugby in primary schools alongside classroom sessions to address gender inequality in rural Kenyan schools. Boys and girls to play together, thereby developing teamwork and a mutual understanding of each other.</p> <p>In 2011 the first project ran in these regions and has since expanded into schools in Lakipia, Mweiga and the Mara and works alongside the Mukogodo Girls Empowerment Program run by Josephine Ndirias.</p>
	<p>Activities undertaken:</p> <p>Again COVID prevented our UK team from travelling and schools were closed for much of the year. However, some work with communities was able to continue, led by our Kenyan team lead Ronnie Okoth. The inability of the UK team to travel has had the advantage of enhancing the role of the Kenyan team.</p> <p>New schools, in Gundua & Maritati have been included. Following on from the tournament in December 2020, there have been monthly mentoring visits (when travel was allowed in Kenya).</p> <p>The Atlas grant has continued to fund the work. Plans continue to build a support structure for mentors and to train local coaches.</p>

	<p>WORKSTREAM 6: MATERNITY</p> <p>Description: The overarching objective of the 3 midwife members of the Maternity team is to reduce maternal mortality & morbidity through education of healthworkers, traditional birth attendants and mothers in safer childbirth practices. They have delivered training in</p> <ul style="list-style-type: none"> • Nyahururu (Laikipia County) • Communities around Lewa Conservancy (Laikipia/Meru/Isiolo counties) • Marsabit County • Pumwani (major maternity centre in Nairobi) • Kenyatta National Hospital (KNH) <p>The focus of the teaching is management of the most common emergencies in maternity/obstetric care ie haemorrhage, sepsis, pre-eclampsia/eclampsia, complications of labour (eg obstructed labour).</p>
	<p>Activities undertaken: No project visits were possible in 2021.</p> <p>A donation was made to the Leperua Community for the purchase of a vehicle to facilitate the movement of women in labour to a place with a skilled birth attendant.</p>
	<p>WORKSTREAM 7: BURSARIES</p> <p>Description: When our charity resources allow, we support courses and study visits for LMIC individuals. These may take place in either Kenya or the UK.</p>
	<p>Activities undertaken: None in 2021.</p>
	<p>WORKSTREAM 8 (emergent): STORYTELLING/THEATRE ARTS</p> <p>Description: A new project is currently under development to promote improved health and wellbeing in teenagers, building confidence and improving attendance and performance at school. It will use storytelling and theatre skills as a medium.</p>
	<p>Activities undertaken: A grant application made to the British Council was unsuccessful and further scoping and activities were not possible during the pandemic year.</p>
Public Benefit	<p>We confirm that trustees have regard to the guidance issued by the Charity Commission on public benefit and have considered https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1. They conclude that FHA met public benefit requirements in 2000</p>

Additional information	
Policy on grant making	FHA has not to date awarded any grants. Bursaries are decided upon using the charity's agreed policy 'Bursaries'.
Policy on social investment including program related investment	The charity has not utilised social investment finance.
Contribution made by volunteers	<p>All of the activities of the charity, apart from some book-keeping, accountancy and some administrative tasks are done on a voluntary <i>pro bono</i> basis.</p> <p>Many project leads' visits to Kenya are self-funded.</p> <p>All Trauma Team volunteers and some other volunteers raise money themselves to be able to take part.</p> <p>Trustees contribute their time voluntarily.</p>

Achievements and Performance

<p>Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and wider benefits to society as a whole.</p>	<p>The charity further consolidated its systems and processes during 2021 although activities were curtailed due to the global pandemic. COVID-19 considerations were adopted at all times.</p> <p>Two new trustees were appointed and one resigned: Ms Isabelle Risso-Gill who has expertise in International Development and has considerable experience working in the Aid sector. Dr Lydia Okutoyi, Head of the Dept of Quality at Kenyatta National Hospital in Nairobi. She has also established the Society for Quality healthcare Kenya. Mr John Bewick resigned as a trustee.</p> <p>The charity’s achievements in brief were:</p> <p>Trauma Team: Further development of partnerships in Kenya and involvement in the University of Nairobi Orthopaedic Department.</p> <p>GRASPIT: more healthworkers trained in vital skills and further roll-out explored with potential partners.</p> <p>q4a: active UKAid SCCF grant in progress training community health volunteers in QI and leadership skills enabling Qi projects to be established aimed at improving pregnancy outcomes.</p> <p>Community: technical assistance given to Kenyan NGOs and conservancies</p> <p>TeamTalk: life-chances of rural children, especially girls enhanced through 2 projects – support from the Atlas Foundation. More schools engaged and mentoring continued</p> <p>Maternity: rural healthworkers, traditional birth attendants and mothers are educated in dealing with life-threatening problems during childbirth. A vehicle was donated to support remote rural Maasia villages.</p> <p>Public benefit</p> <p>All projects have complied with the requirement for public benefit.</p> <p>The TRAUMA clinical projects have sought to alleviate pain, disability and suffering through direct patient care. Treatment has been open to any member of the public in Kenya and is particularly directed at those who cannot otherwise access care because of geography or poverty.</p> <p>GRASPIT and q4a taught healthworkers the skills they need to enhance care of the public who they serve.</p> <p>Community projects enhance medical services available to communities and individuals.</p> <p>TeamTalk is directed at improving the life-chances of young rural children and is available to all.</p> <p>Maternity projects improve education in these specialties for the benefit of any patient receiving services from those trained.</p> <p>The charity trustees believe that the projects deliver the requirement for public benefit and volunteers also gained personal and professional development that they will apply for further public benefit in their individual environments.</p>
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Additional information	
Achievements against objectives set	All major objectives from the agreed FHA Activity Plan for 2021 were met although in person visits were not possible. Instead these were met through delegation to our able Kenyan leads. A scoping visit for a new 8 th project was not possible and was postponed.
Performance of fundraising activities against objectives set	All necessary funds were raised from volunteer contributions, donations and grants. No fund-raising events were held in 2021.
Investment performance against objectives	The charity has no investments.
Other	n/a

Additional information	
The charity's principal sources of funds (including any fundraising)	<ul style="list-style-type: none"> • volunteer contributions • donations • grants • fundraising events (none in 2021) • significant project leads' personal contributions • major contribution from project leads, trustees and volunteers 'in kind'
Investment policy & objectives including any social investment policy adopted	The charity has no investments.
A description of the principal risks facing the charity	<p>The charity has developed a risk register.</p> <p>Principal risks identified</p> <ul style="list-style-type: none"> • safeguarding • travel associated risks • local societal conflict • sickness of volunteers • non-engagement of participants in LMIC • healthworker strikes in LMIC • availability of project leads • misuse of finances for projects (though minimal amounts are delegated so risk is very low)

Structure, Governance and Management	
Description of charity's trusts:	None
Type of governing document	CIO Constitution plus policies listed below
How is the charity constituted?	CIO
Trustee selection methods	There is an agreed Trustee Management Policy which includes the appointment process

Reference and Administrative details	
Charity name	Future Health Africa
Other name the charity uses	n/a but its predecessor charity was the unincorporated Exploring Global Health Opportunities (now closed)
Registered charity number	1182182
Charity's principal address	15 Platway Lane, Shaldon, Teignmouth, Devon TQ14 0AR

Additional information

Policies and procedures adopted for the induction and training of trustees	<p>Policies</p> <ol style="list-style-type: none"> 1. Code of Conduct & Human Rights 2. Complaints & Whistleblowing 3. Conflict of Interest 4. Financial management including Procurement and Gifts & Hospitality 5. Anti-fraud, bribery, corruption & money-laundering 6. Grant Management 7. Human Resources 8. Risk Management (and RAID - risk register) 9. Safeguarding 10. Trustee management 11. Volunteer management 12. Monitoring, Evaluation & Learning 13. Needlestick (Sharps) Injury 14. Bursaries 
Organisational structure	See attached organogram
Relationship with any related parties	<p>FHA has a tri-partite Memorandum of Understanding (MoU) with the Laikipia County Government and Torbay & South Devon NHS Trust. MoUs are in place for Trauma projects with Marsabit County Government. GRASPIT has a partnership registered with THET with the National Resuscitation Council for Kenya. Through KJ's appointment as Advisor to the Board of the new Society for Quality Healthcare for Kenya, a close informal relationship is starting to evolve. University of Nairobi has appointed Dr Christoph McAllen as a Visiting Lecturer The Kenya Orthopaedic Association is now liaising with the Trauma Team. Several FHA key members are also associated with the University of Plymouth (Faculty of Health Sciences). This relationship involves participation in the Global Health Collaborative, the Masters' degrees in Global Health and Healthcare Management Innovation & Leadership. FHA secured a formal partnership with the Kenyan NGO LVCT Health FHA retains close links with the Tropical Health & Education Trust (THET). q4a has been awarded a grant by UKAid/FCDO</p>

Financial Review

Review of the charity's financial position at the end of the period	<p>At the end of the financial year on 31.12.21, the charity had assets of £xxxxx, £yyyy of which was restricted. Funds are held to cover future activity, including planned trips to Kenya. The charity reserves £10,000 as contingency in any one year to cover any unanticipated events or incidents. An insurance policy is now in place.</p>
Statement explaining the policy for holding reserves stating why they are held	Trustees allocate a reserve figure when agreeing the activity plan for the forthcoming year. It is based on the nature of the projects planned for that year and is to cover any unexpected events.
Amount of reserves held	As at 31.12.21, the charity held free reserves of £zzzz. This was greater than expected because of the inability of volunteers to travel to Kenya. It will be held in reserve for when activities in person are able to resume.
Reasons for holding zero reserves	n/a
Details of fund materially in deficit	n/a
Explanation of any uncertainties about the charity continuing as a going concern	n/a

Names of the trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kerri Jones	Chair		Board of Trustees
2	John Bewick		01.01.21 - 26.09.21	
3	Michael Wake			
4	Nicholas Roberts	Vice-Chair		
5	Judy Ravenscroft			
6	Isabelle Risso-Gill		12.04.21-30.06.22	
7	Lydia Okutoyi		12.04.21 – date	
8	Carrie Piper		05.04.22 - date	

Corporate trustees – names of the directors at the date the report was approved

Director name	n/a
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Name of trustees holding title to property belonging to the charity

Trustee name	n/a
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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held	Nil
Arrangements for safe custody & segregation of such assets from the charity's own assets	Nil

Names and addresses of advisers

Type of adviser	Name	Address
Accounts	Anita Harper	Devon Square Charity Accounting Ltd 14 Torquay Road Newton Abbot Devon TQ12 1AJ
Independent Examiner	Ian Barrett	Barrett's Chartered Accountants 22 Union St Newton Abbot Devon TQ12 2JS
In-country (Kenya)	Dr Samuel Ndanya Dr Tim Panga Dr Mary Nduta	c/o Nanyuki Hospital, Laikipia County, Kenya


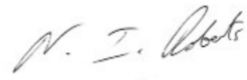


Exemptions from disclosure
n/a

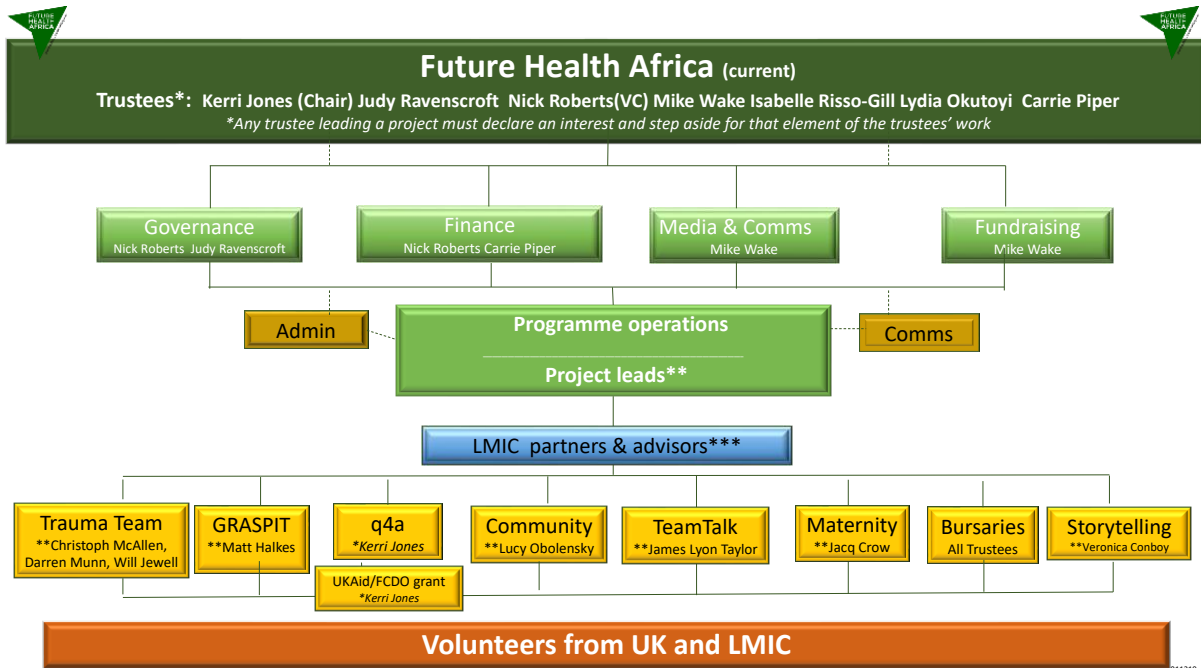
Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Kerri Jones	Dr Nicholas Ian Roberts
Position	Chair of Trustees	Vice Chair of Trustees
Date	4 th July 2022	

Organisational Structure (Organogram) & Advisers



*** Kenyan Advisory Team to Future Health Africa

Name	Role in Kenya	Role for Future Health Africa
Dr Samuel Ndanya	Consultant Surgeon Nanyuki	Trauma Team Kenyan Lead, Future Health Africa advisor
Dr Tim Panga Dr Lydia Okutoyi	CEO Nanyuki Hospital Kenyatta National Hospital	SPRINGBOARD/q4a Kenyan Lead
Dr Mary Nduta	Medical Doctor, Kenyatta National Hospital	Trauma Team Kenyan Lead, Future Health Africa advisor
Kiruja Jason	Senior Nurse, Kenyatta National Hospital	GRASPIT Education Lead
Christine Musee	Senior Nurse, Kenyatta National Hospital	GRASPIT M&E lead, SPRINGBOARD faculty
Ronny Okoth Josephine Ndirias	Founder, Mukogodo Girls' Empowerment Program	TeamTalk implementation & advisor TeamTalk liaison / mentoring



Webinars attended in support of charity organisation:

Charity Commission's International Charities Engagement Team (ICET)

25.01.21	Running your international charity during the COVID-19 outbreak
28.01.21	Working internationally – Due diligence checks and monitoring the end use of funds
12.02.21	Holding, moving and receiving funds safely when working internationally
24.02.21	Working internationally – Managing corruption and bribery risks
10.02.21	Working internationally – How to manage a connection to a non-charity
17.03.21	Charities and safeguarding in an international context

Mannion Daniels grant holder series:

- Building climate change resilient and adaptive projects: 8th April 2021
- Safeguarding in practice – grant holder examples: 6th May 2021
- Effective sustainability strategies and exit plans: 10th June 2021
- Mental health in international development programming: 9th July 2021

COVID webinars:

4SD briefings from Dr David Nabarro WHO envoy for COVID (weekly)

Royal Society of Medicine COVID-19 Series (weekly)



FUTURE HEALTH AFRICA

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 December 2021

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		548	24,555	25,103	40,489
EXPENDITURE ON					
Charitable activities					
Charitable expenditure		1,098	40,735	41,833	12,636
NET INCOME/(EXPENDITURE)		(550)	(16,180)	(16,730)	27,853
RECONCILIATION OF FUNDS					
Total funds brought forward		18,755	64,219	82,974	55,119
TOTAL FUNDS CARRIED FORWARD		<u>18,205</u>	<u>48,039</u>	<u>66,244</u>	<u>82,972</u>

The notes form part of these financial statements



FUTURE HEALTH AFRICA

BALANCE SHEET
31 December 2021

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
CURRENT ASSETS					
Debtors	5	3,170	-	3,170	-
Cash at bank and in hand		<u>34,124</u>	<u>48,040</u>	<u>82,164</u>	<u>83,434</u>
		37,294	48,040	85,334	83,434
CREDITORS					
Amounts falling due within one year	6	(19,090)	-	(19,090)	(462)
NET CURRENT ASSETS		<u>18,204</u>	<u>48,040</u>	<u>66,244</u>	<u>82,972</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>18,204</u>	<u>48,040</u>	<u>66,244</u>	<u>82,972</u>
NET ASSETS		<u>18,204</u>	<u>48,040</u>	<u>66,244</u>	<u>82,972</u>
FUNDS	8				
Unrestricted funds				18,204	18,753
Restricted funds				<u>48,040</u>	<u>64,219</u>
TOTAL FUNDS				<u>66,244</u>	<u>82,972</u>

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
Trustee

The notes form part of these financial statements



FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 December 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.



FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2021

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	486	40,003	40,489
EXPENDITURE ON			
Charitable activities			
Charitable expenditure	5,012	7,624	12,636
NET INCOME/(EXPENDITURE)	<u>(4,526)</u>	<u>32,379</u>	<u>27,853</u>
Transfers between funds	<u>(7,113)</u>	<u>7,113</u>	<u>-</u>
Net movement in funds	(11,639)	39,492	27,853
RECONCILIATION OF FUNDS			
Total funds brought forward	30,392	24,727	55,119
TOTAL FUNDS CARRIED FORWARD	<u>18,753</u>	<u>64,219</u>	<u>82,972</u>

4. INDEPENDENT EXAMINER'S FEE

The fee for the independent examination is £360.

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	600	-
Prepayments	<u>2,570</u>	<u>-</u>
	<u>3,170</u>	<u>-</u>



FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2021

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	23	462
Other creditors	<u>19,067</u>	<u>-</u>
	<u><u>19,090</u></u>	<u><u>462</u></u>

7. MOVEMENT IN FUNDS

	At 1.1.21	Net movement in funds	At 31.12.21
	£	£	£
Unrestricted funds			
General fund	18,755	(551)	18,204
Restricted funds			
Maternity	3,531	(3,083)	448
Team Talk	20,070	(5,031)	15,039
Trauma Team	20,822	3,974	24,796
F C D O	7,298	(11,012)	(3,714)
Community	2,324	(1,527)	797
Springboard	1,839	525	2,364
Emergency Medicine	2,575	-	2,575
Graspit	<u>5,760</u>	<u>(25)</u>	<u>5,735</u>
	<u>64,219</u>	<u>(16,179)</u>	<u>48,040</u>
TOTAL FUNDS	<u><u>82,974</u></u>	<u><u>(16,730)</u></u>	<u><u>66,244</u></u>

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2021

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	548	(1,099)	(551)
Restricted funds			
Maternity	-	(3,083)	(3,083)
Team Talk	81	(5,112)	(5,031)
Trauma Team	5,696	(1,722)	3,974
F C D O	18,178	(29,190)	(11,012)
Community	-	(1,527)	(1,527)
Springboard	600	(75)	525
Graspit	-	(25)	(25)
	<u>24,555</u>	<u>(40,734)</u>	<u>(16,179)</u>
TOTAL FUNDS	<u>25,103</u>	<u>(41,833)</u>	<u>(16,730)</u>

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	Transfers between funds £	At 31.12.20 £
Unrestricted funds				
General fund	30,392	(4,526)	(7,113)	18,753
Restricted funds				
Maternity	3,227	189	115	3,531
Team Talk	6,000	14,070	-	20,070
Trauma Team	3,002	10,822	6,998	20,822
F C D O	-	7,298	-	7,298
Community	2,324	-	-	2,324
Springboard	1,839	-	-	1,839
Emergency Medicine	2,575	-	-	2,575
Graspit	5,760	-	-	5,760
	<u>24,727</u>	<u>32,379</u>	<u>7,113</u>	<u>64,219</u>
TOTAL FUNDS	<u>55,119</u>	<u>27,853</u>	<u>-</u>	<u>82,972</u>

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2021

7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	486	(5,012)	(4,526)
Restricted funds			
Maternity	209	(20)	189
Team Talk	17,487	(3,417)	14,070
Trauma Team	11,986	(1,164)	10,822
F C D O	<u>10,321</u>	<u>(3,023)</u>	<u>7,298</u>
	<u>40,003</u>	<u>(7,624)</u>	<u>32,379</u>
TOTAL FUNDS	<u><u>40,489</u></u>	<u><u>(12,636)</u></u>	<u><u>27,853</u></u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2021.



FUTURE HEALTH AFRICA

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 December 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	6,261	22,922
Gift aid	64	7,146
Grants	18,178	10,321
Other revenue	<u>600</u>	<u>100</u>
	25,103	40,489
Total incoming resources	25,103	40,489
EXPENDITURE		
Charitable activities		
Direct costs	9,030	2,318
Flights & transport	2,240	1,090
Accommodation & subsistence	1,346	1,138
Equipment and supplies	3,066	-
Sub-contracted Project Delivery	20,332	180
Project health insurance	1,882	3,420
IT software & consumables	328	435
Website	324	301
Subscriptions	13	-
Charitable donations	<u>1,528</u>	<u>15</u>
	40,089	8,897
Support costs		
Finance		
Sundries	1	-
Bank charges	<u>83</u>	<u>-</u>
	84	-
Governance costs		
Accountancy and legal fees	<u>1,660</u>	<u>3,739</u>
Total resources expended	<u>41,833</u>	<u>12,636</u>
Net (expenditure)/income	<u>(16,730)</u>	<u>27,853</u>

This page does not form part of the statutory financial statements

FUTURE HEALTH AFRICA

England & Wales - Charity number 1182182

Accounts



Registered Charity Number: 1182182

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

FOR

FUTURE HEALTH AFRICA

Barretts
Chartered Accountants &
Chartered Tax Advisers
22 Union Street
Newton Abbot
Devon
TQ12 2JS



FUTURE HEALTH AFRICA

Registered Charity Number: 1182182

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for the Year Ended 31 December 2020

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Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

REPORT OF THE TRUSTEES
for the Year Ended 31 December 2020

The trustees present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The purposes of the charity as set out in its governing document The objects of the CIO are, for the public benefit, particularly, but not exclusively, in Africa and other low/middle income countries (LMICs):

- (1) the relief of sickness and the preservation of health, particularly but not exclusively by promoting the sharing of healthcare knowledge and skills and assisting in the provision of medical treatment;
- (2) the advancement of education in healthcare, in particular by the delivery of quality improvement and leadership training in a healthcare context and other health- related education and training to those involved in health and care delivery at all levels and to the wider public, and by raising awareness of global health issues;
- (3) to develop the capacity & skills of members of socially and economically disadvantaged communities in LMICs in which the CIO is working, in such a way that they are better able to identify and help meet their needs and to participate more in society.



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

REPORT OF THE TRUSTEES

for the Year Ended 31 December 2020

OBJECTIVES AND ACTIVITIES

Significant activities

The main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. The charity has 8 workstreams (with a 9th in development) directed at achieving our objectives. Not all are active every year. Each is described below along with the activities conducted during the period of this report. All of the work was conducted in Kenya. Further detail can be seen at www.futurehealthafrica.org

All of our work aligns with the Sustainable Development Goals.

WORKSTREAM 1: TRAUMA TEAM

Description: This is a clinical & training project in which a joint UK and Kenyan team of skilled professionals of different cadres undertake orthopaedic trauma activities in Kenyan health facilities.

Trauma Team activities are categorised into Bronze, Silver and Gold. All services are delivered at the highest standard, with improving quality as a central aim.

Bronze: immediate & direct patient care through

- high quality consultations, advice and where appropriate, both operative and non-operative treatment to alleviate pain, suffering and disability

Silver: learning opportunities/ new skills

- side-by-side working with exchange of knowledge & skills in relevant disciplines (surgery, anaesthesia, nursing, operating department practice, radiography, physiotherapy)
- developing a safer surgical environment
- exchanging knowledge on safe general and regional anaesthesia and pain management

Gold: sustaining improvement/ development

- identifying areas to develop a stepwise pathway
- supporting local need and wishes to change
- developing non-operative treatment options for local patients
- providing ongoing support and communication outside of projects
- inclusion of Kenyan orthopaedic trainees in the team promotes better future practice
- presentations at national academic meetings to share challenges and best practice

Activities undertaken:

The COVID-19 pandemic unfortunately resulted in the postponement of two one-week planned projects for November 2020 to Nyahururu and Marsabit. However, regular Zoom meetings occurred throughout the year with orthopaedic colleagues in Kenya, planning for 2021 activity and exploring potential teaching links through Dr Vincent Mutiso, Head of Orthopaedics at the University of Nairobi. Preliminary work also took place to establish a physiotherapy teaching programme around rehabilitation. There is interest in establishing a link with the single orthopaedic surgeon in Sierra Leone who received some training from Trauma Team in November 2019. Ad hoc case advice continued to be given. Dr Samuel Ndanya. Orthopaedic surgeon (Nanyuki) and Dr Mary Nduta continue to advise from Kenya.



Registered Charity Number: 1182182

WORKSTREAM 2: GRASPIT

Description: GRASPIT (Global Recognition & Assessment of the Sick Patient & Initial Treatment) is a one-day course which equips clinicians with a structured systematic approach to the management of the deteriorating acutely ill patient. GRASPIT has been shown to increase a clinician's confidence in the management of these challenging patients. The four key principles of GRASPIT are:

1. Early recognition of deteriorating acutely ill patients
2. Systematic approach to the assessment of patients
3. Early initial treatment
4. Team working through effective communication

When introduced to a new health facility, an introductory 3-day course is run by Kenyan trainers which includes a 'training of trainers' course. Local trainers are then able to deliver the course to more healthworkers. The UK lead (Dr Matt Halkes) holds oversight of standards of delivery, strategy and grant applications within his remit.

Activities undertaken:

A lack of funding has constrained implementation of the well-developed strategy. However, GRASPIT courses continue to be run at Kenyatta National Hospital because they are highly valued.



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

REPORT OF THE TRUSTEES
for the Year Ended 31 December 2020

WORKSTREAM 3: QUALITY IMPROVEMENT & LEADERSHIP

Description: This workstream recognises that 'sick systems' prevent better patient outcomes. Our q4a (quality for all) faculty has designed the SPRINGBOARD course to empower frontline healthcare workers to improve quality of care by learning and applying 'The Science of Improvement' and the 'Art of Leadership'. The course normally runs for 10 days and imparts knowledge of improvement methodology, team working, leadership, patient-centred care and an understanding of how to create a positive culture for change. The skills are learned through doing real live quality improvement (QI) projects.

Activities undertaken:

This workstream won a grant of £48,781 from the DFID (now FCDO) Small Charities Challenge Fund (SCCF) grant stream. The objective was to test the SPRINGBOARD programme (QI & Leadership) in 2 new settings

- in another county (Marsabit) where the Governor had agreed to fund a course and we were to evaluate and support the QI projects
- in a community setting to assess the impact of QI approaches at this level of the health system

Start was delayed because DFID halted all grants for a while and then COVID intervened. When the grants were reactivated, we were asked to pivot the work of the grant to accommodate COVID-19. The pandemic was clearly going to prevent any visits to Kenya by the UK team in person so we partnered with a Kenyan NGO, LVCT Health, who we had identified were doing some excellent QI work with communities. A partnership agreement (MoU) was signed and the grant work commenced in December 2020.

The partnership gained agreement with Mannion Daniels (the grant manager for the SCCF) to direct the grant activities to community work only. The work is to engage with Community Health Volunteers (CHVs), Community Health Assistants (CHAs) and Sub-County Government leads to test QI approaches focussing on pregnancy outcomes in disadvantaged communities. This focus was chosen as it is a local/country/WHO health priority and because it was clear that these were likely to deteriorate during the pandemic. It was decided to deliver the training in

- Migori County where LVCT had already been working on a similar project
- Laikipia county (with the hope that the UK team might be able to visit Kenya in 2021)

LVCT had identified (through their previous work) that the QI work would be considerably strengthened by enhanced leadership skills but did not have a curriculum to deliver this. We were able to adapt our 5 day course into 3 days to enable them to test this. We provided a timetabled curriculum, workbook and teaching slides to accompany the course.

In December 2020, Phase 1 (of 2) QI training was delivered in Migori to CHVs and CHAs in 3 new community health units in Migori county, followed by the 3-day leadership course (which included sub-county staff). Both were very well received and work began on the projects to improve implementation and reporting related to the Kenyan official guidance on maternity care.

Regular reporting meetings were set up and will continue throughout the grant. Relevant proportions of the grant were devolved to LVCT Health on receipt of detailed reporting.

WORKSTREAM 4: COMMUNITY

Description: This project aims to improve health outcomes in rural areas of Kenya. It includes working with conservation NGOs (such as Northern Rangelands Trust and Lewa Wildlife Conservancy) and the Ministry of Health and providing technical assistance in rural health services and programmes. This involves looking at where to develop a new clinic, what services should be offered in specific areas given the geographical location, tribal culture and disease epidemiology.

Activities undertaken:

No visits were possible but ad hoc advice continued during 2020.



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

REPORT OF THE TRUSTEES

for the Year Ended 31 December 2020

WORKSTREAM 5: TEAM TALK

Description: Team Talk seeks to directly improve the lives of girls, enabling them to be aspirational and play a fuller role in the family and the wider community. It encourages boys to develop a greater level of respect for the girls. It started at the request of community elders in the Westgate and Ntalabany regions in 2010 who said they would like to get their girls into school and that they wanted to prevent young marriages.

Team Talk uses TAG rugby in primary schools alongside classroom sessions to address gender inequality in rural Kenyan schools. Boys and girls to play together, thereby developing teamwork and a mutual understanding of each other.

In 2011 the first project ran in these regions and has since expanded into schools in Laikipia, Mweiga and the Mara. TeamTalk works alongside the Mukogodo Girls Empowerment Program run by Josephine Ndirias.

Activities undertaken:

One UK-led TeamTalk project took place in February 2020 before the declaration of the COVID pandemic.

The programme (sport plus education/mentoring sessions) ran in Sangaa school in Borana in Laikipia county, culminating in a successful tag rugby tournament which is a way of celebrating the achievements of youth.

A follow-up visit to Leperua community then took place and another tournament was held.

Planning meetings were held to define the ongoing youth leadership programme, community support, Kenyan ethics for follow up and research.

Planned visits from the UK in the latter stages of 2020 were not possible due to the ongoing pandemic but this actually allowed the Kenyan team the chance to really take a lead. When Covid allowed in November, the Kenyan Team led by Ronnie Okoth started to visit the schools once/twice each month. This was hugely welcomed by the schools and we gathered some excellent feedback from the students.

Before Christmas 2020 we held a tournament at one of the school (Lokusero) to which we invited and transported children from all of the other schools with which we work.

Ronnie conducted a week of visits to the schools with plans for ongoing monthly visits.

A research project to evaluate the TeamTalk programme was defined and the ethics approval process in Kenya was initiated.

WORKSTREAM 6: MATERNITY

Description: The overarching objective of the 3 midwife members of the Maternity team is to reduce maternal mortality & morbidity through education of healthworkers, traditional birth attendants and mothers in safer childbirth practices.

They have delivered training in

- Nyahururu (Laikipia County)
- Communities around Lewa Conservancy (Laikipia/Meru/Isiolo counties)
- Marsabit County
- Pumwani (major maternity centre in Nairobi)
- Kenyatta National Hospital (KNH)

The focus of the teaching is management of the most common emergencies in maternity/obstetric care ie haemorrhage, sepsis, pre-eclampsia/eclampsia, complications of labour (eg obstructed labour).

Activities undertaken:

No projects were possible due to the pandemic.



Registered Charity Number: 1182182

WORKSTREAM 7: EMERGENCY MEDICINE

Description: The purpose of the Emergency Medicine (EM) stream is to improve patient outcomes in Emergency Departments (EDs).

Activities undertaken:

The training programme in Emergency Medicine (EM) in SW England has started to award Global Health Fellowships and placements were wanted. One of these has been arranged through the charity at Nanyuki Hospital. The first was planned to take place in January 2020. The lead for the SW Training Programme and for the Fellowship programme is Dr Andy Lockyer, Consultant in EM in Bristol. The training programme will determine the work and provide the funding and FHA will provide guidance and governance for the Fellows, having had an 11-year relationship with Nanyuki Hospital which has included work in the Emergency Department. An MoU is in place describing the partnership arrangements.

Activities undertaken:

Emergency Medicine registrars from the Bristol training programme started regular placements in the Emergency department of Nanyuki Teaching and Referral hospital. They undertook teaching and improvement projects. The initial placement doctors returned early due to the pandemic but placements resumed later in the year.



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

REPORT OF THE TRUSTEES
for the Year Ended 31 December 2020

WORKSTREAM 8: BURSARIES

Description:

When our charity resources allow, we support courses and study visits for LMIC individuals. These may take place in either Kenya or the UK.

Activities undertaken:

None.

WORKSTREAM 9 (emergent): STORYTELLING/THEATRE ARTS

Description: A new project is currently under development to promote improved health and wellbeing in teenagers, building confidence and improving attendance and performance at school. It will use storytelling and theatre skills as a medium.

Activities undertaken:

A scoping visit was provisionally planned for November but UK facilitators were unable to travel due to COVID-19. A grant application has been made to the British Council - outcome anticipated early in 2021.

WORKING WITH OTHERS

FHA works with, supports or contributes to a number of organisations and individuals within them including;

Laikipia County Government
Nanyuki & Nyahururu hospitals
Kenyatta National Hospital
University of Nairobi
Society for Quality Healthcare in Kenya
University of Plymouth
NHS Trusts in Devon & Cornwall

PUBLIC BENEFIT

We confirm that trustees have regard to the guidance issued by the Charity Commission on public benefit and have considered <https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1> They conclude that FHA met public benefit requirements in 2020.

SOCIAL INVESTMENTS

The charity has not utilised social investment finance.

GRANTMAKING

FHA has not to date awarded any grants. Bursaries are decided upon using the charity's agreed policy 'Bursaries'.



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

REPORT OF THE TRUSTEES

for the Year Ended 31 December 2020

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The charity further consolidated its systems and processes during 2020 although activities were curtailed due to the global pandemic.

One trustee resigned in August for personal reasons (Simon Gittoes-Davies) and replacement was deferred as activity was low.

Very sadly, trustee Bob Grose died suddenly at the end of the year. He will be greatly missed.

The charity's achievements in brief were:

Trauma Team: Reduction of pain and disability for patients referred to them through 2 projects. New partnerships were fostered.

GRASPIT: Healthworkers trained in vital skills and further roll-out explored with potential partners.

q4a: DFID grant won and QI and leadership training was delivered in Migori in collaboration with new partner LVCT Health.

Community: technical assistance given to Kenyan NGOs and conservancies

TeamTalk: life-chances of rural children, especially girls enhanced through one UK led project with subsequent follow-through by the Kenyan team. Support from the Atlas Foundation continues.

Maternity: rural healthworkers, traditional birth attendants and mothers are educated in dealing with life-threatening problems during childbirth.

Emergency Medicine: Global Health Fellowship placement established.

Public benefit

All projects comply with the requirement for public benefit.

The TRAUMA clinical projects have sought to alleviate pain, disability and suffering through direct patient care. Treatment has been open to any member of the public in Kenya and is particularly directed at those who cannot otherwise access care because of geography or poverty.

GRASPIT and q4a teach healthworkers the skills they need to enhance care of the public who they serve.

Community projects enhance medical services available to communities and individuals.

TeamTalk is directed at improving the life-chances of young rural children and is available to all.

Maternity and Emergency Medicine projects improve education in these specialities for the benefit of any patient receiving services from those trained.

Quality improvement and leadership skills training is pursued with the prime aim of enabling health workers to improve healthcare for their communities.

The charity trustees believe that the projects deliver the requirement for public benefit and volunteers also gained personal and professional development that they will apply for further public benefit in their individual environments.

Fundraising activities

All necessary funds were raised from volunteer contributions, donations and grants.

FINANCIAL REVIEW

Financial position

At the end of the financial year on 31.12.20, the charity had assets of £82,972, £64,219 of which was restricted. Funds are held to cover future activity, including planned trips to Kenya.

The charity reserves £10,000 as contingency in any one year to cover any unanticipated events or incidents.



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

REPORT OF THE TRUSTEES
for the Year Ended 31 December 2020

FINANCIAL REVIEW

Principal funding sources

- volunteer contributions
- donations
- grants
- fundraising events
- significant project leads' personal contributions
- major contribution from project leads, trustees and volunteers 'in kind'

Reserves policy

Trustees allocate a reserves figure when agreeing the activity plan for the forthcoming year. It is based on the nature of the projects planned for that year and is to cover any unexpected events.

As at 31st December 2020 the charity held free reserves of £18,753. Although this was in excess of the stated policy, it will enable the charity to support projects that are unlikely to raise sufficient income during the following year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, CIO Foundation constitution registered on 22nd February 2019.

Recruitment and appointment of new trustees

There is an agreed Trustee Management Policy which includes the appointment process

Induction and training of new trustees

Policies

1. Bursaries
2. Code of Conduct & Human Rights
3. Complaints & Whistleblowing
4. Conflict of Interest
5. Financial management including Procurement and Gifts & Hospitality
6. Anti-fraud, bribery, corruption & money-laundering
7. Grant Management
8. Human Resources (in production)
9. Needlestick (Sharps) Injury
10. Risk Management (and RAID - risk register)
11. Safeguarding
12. Trustee management
13. Volunteer management
14. Monitoring, Evaluation & Learning

In development

15. HR
16. Recruitment



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

REPORT OF THE TRUSTEES

for the Year Ended 31 December 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

FHA has a tri-partite Memorandum of Understanding (MoU) with the Laikipia County Government and Torbay & South Devon NHS Trust.

MoUs are in place for Trauma projects with Marsabit County Government.

GRASPIT has a partnership registered with THET with the National Resuscitation Council for Kenya.

A partnership arrangement with the Kenyan NGO LVCT Health was signed on 20th November 2020 with the purpose of co-delivering the DFID SCCF grant awarded to FHA's q4a faculty

Through KJ's advisory role to the Board of the new Society for Quality Healthcare for Kenya, a close informal relationship is starting to evolve.

University of Nairobi - Dr Vincent Mutiso, Head of Orthopaedics is now working closely with the Trauma Team.

The Kenya Orthopaedic Association is also liaising with the Trauma Team.

Several FHA key members are also associated with the University of Plymouth (Faculty of Health Sciences). This relationship involves participation in the Global Health Collaborative, the Masters' degrees in Global Health and Healthcare Management Innovation & Leadership. Key FHA members were involved in organising and presenting at the University's first international conference on Global Health partnerships.

FHA retains close links with the Tropical Health & Education Trust (THET).

Risk management

The charity has developed a risk register.

Principal risks identified

- safeguarding
- travel associated risks
- local societal conflict
- sickness of volunteers
- non-engagement of participants in LMIC
- healthworker strikes in LMIC
- availability of project leads
- misuse of finances for projects (though minimal amounts are delegated so risk is very low)

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1182182

Principal address

St Michaels Ridge
15 Platway Lane
Shaldon
Devon
TQ14 0AR

Trustees

Dr K Jones Chair

J D Bewick Joint Vice-Chair (resigned 26.9.21)

Dr N Roberts Joint Vice-Chair

Ms J P Ravenscroft

M Wake

Ms I Risso-Gill (appointed 11.4.21)

Dr L K Okutoyi (appointed 11.4.21)

S Gittoes-Davies (resigned 14.7.20)

R Grose (died 17.12.20)



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

REPORT OF THE TRUSTEES
for the Year Ended 31 December 2020

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Ian Barrett
FCA FCIE
Barretts
Chartered Accountants &
Chartered Tax Advisers
22 Union Street
Newton Abbot
Devon
TQ12 2JS

Approved by order of the board of trustees on19th October 2021..... and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Jones'.

(Dr Kerri Jones, Chair of Trustees)

.....



Registered Charity Number: 1182182

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FUTURE HEALTH AFRICA**

Independent examiner's report to the trustees of Future Health Africa

I report to the charity trustees on my examination of the accounts of Future Health Africa (the Trust) for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian Barrett FCA FCIE
Barretts Chartered Accountants & Chartered Tax Advisers
22 Union Street
Newton Abbot
Devon
TQ12 2JS

Date:14th October 2021.....



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 December 2020

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		486	40,003	40,489	97,967
EXPENDITURE ON					
Charitable activities					
Charitable expenditure		4,795	7,379	12,174	42,848
NET INCOME/(EXPENDITURE)					
		(4,309)	32,624	28,315	55,119
Transfers between funds	5	(7,113)	7,113	-	-
Net movement in funds		(11,422)	39,737	28,315	55,119
RECONCILIATION OF FUNDS					
Total funds brought forward		30,392	24,727	55,119	-
TOTAL FUNDS CARRIED FORWARD		18,970	64,464	83,434	55,119

The notes form part of these financial statements



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

BALANCE SHEET
31 December 2020

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
CURRENT ASSETS					
Cash at bank		18,970	64,464	83,434	55,119
CREDITORS					
Amounts falling due within one year	5	(217)	(245)	(462)	-
NET CURRENT ASSETS		<u>18,753</u>	<u>64,219</u>	<u>82,972</u>	<u>55,119</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>18,753</u>	<u>64,219</u>	<u>82,972</u>	<u>55,119</u>
NET ASSETS		<u>18,753</u>	<u>64,219</u>	<u>82,972</u>	<u>55,119</u>
FUNDS	6				
Unrestricted funds				18,753	30,392
Restricted funds				<u>64,219</u>	<u>24,727</u>
TOTAL FUNDS				<u>82,972</u>	<u>55,119</u>

The financial statements were approved by the Board of Trustees and authorised for issue on19th October 2021..... and were signed on its behalf by:

.....
Dr Kerri Jones (Chair of Trustees)



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 December 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the year ended 31 December 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2020 nor for the year ended 31 December 2019.



Registered Charity Number: 1182182

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	63,018	34,949	97,967
EXPENDITURE ON Charitable activities Charitable expenditure	6,720	36,128	42,848
NET INCOME/(EXPENDITURE)	56,298	(1,179)	55,119



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2020

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Transfers between funds	(25,906)	25,906	-
Net movement in funds	30,392	24,727	55,119
TOTAL FUNDS CARRIED FORWARD	30,392	24,727	55,119

4. INDEPENDENT EXAMINER'S FEE

The fee for the independent examination is £360.

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Trade creditors	462	-

6. MOVEMENT IN FUNDS

	At 1.1.20 £	Net movement in funds £	Transfers between funds £	At 31.12.20 £
Unrestricted funds				
General fund	30,392	(4,526)	(7,113)	18,753
Restricted funds				
Maternity	3,227	189	115	3,531
Team Talk	6,000	14,070	-	20,070
Trauma Team	3,002	10,822	6,998	20,822
F C D O	-	7,298	-	7,298
Community	2,324	-	-	2,324
Springboard	1,839	-	-	1,839
Emergency Medicine	2,575	-	-	2,575
Graspit	5,760	-	-	5,760
	<u>24,727</u>	<u>32,379</u>	<u>7,113</u>	<u>64,219</u>
TOTAL FUNDS	55,119	27,835	-	82,972



Registered Charity Number: 1182182

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	486	(5,012)	(4,526)
Restricted funds			
Maternity	209	(20)	189
Team Talk	17,487	(3,417)	14,070
Trauma Team	11,986	(1,164)	10,822
F C D O	<u>10,321</u>	<u>(3,023)</u>	<u>7,298</u>
	<u>40,003</u>	<u>(7,624)</u>	<u>32,379</u>
TOTAL FUNDS	<u>40,489</u>	<u>(12,636)</u>	<u>27,853</u>



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2020

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	Net movement in funds £	Transfers between funds £	At 31.12.19 £
Unrestricted funds			
General fund	56,298	(25,906)	30,392
Restricted funds			
Maternity	267	2,960	3,227
Team Talk	(36)	6,036	6,000
Trauma Team	(2,009)	5,011	3,002
Community	(676)	3,000	2,324
Springboard	(161)	2,000	1,839
Emergency Medicine	676	1,899	2,575
Graspit	<u>760</u>	<u>5,000</u>	<u>5,760</u>
	<u>(1,179)</u>	<u>25,906</u>	<u>24,727</u>
TOTAL FUNDS	<u>55,119</u>	<u>-</u>	<u>55,119</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	63,018	(6,720)	56,298
Restricted funds			
Maternity	267	-	267
Team Talk	6,750	(6,786)	(36)
Trauma Team	26,284	(28,293)	(2,009)
Community	-	(676)	(676)
Springboard	-	(161)	(161)
Emergency Medicine	676	-	676
Graspit	<u>972</u>	<u>(212)</u>	<u>760</u>
	<u>34,949</u>	<u>(36,128)</u>	<u>(1,179)</u>
TOTAL FUNDS	<u>97,967</u>	<u>(42,848)</u>	<u>55,119</u>



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 December 2020

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2020.



Registered Charity Number: 1182182

FUTURE HEALTH AFRICA

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 December 2020

	2020 £	2019 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	22,922	41,136
Gift aid	7,146	-
Grants	10,321	-
Other revenue	100	200
Income from Exploring Global Health Opportunities	-	56,631
	<u>40,489</u>	<u>97,967</u>
Total incoming resources	40,489	97,967
EXPENDITURE		
Charitable activities		
Direct costs	2,318	2,909
Flights & transport	1,090	19,689
Accommodation & subsistence	1,138	12,943
Equipment and supplies	-	265
Subcontracted project delivery	180	-
Project health insurance	3,420	-
IT software & consumables	435	367
Website	301	2,400
Administration fees	-	1,680
Meeting room hire	-	130
Subscriptions	-	43
Printing and stationery	-	289
General expenses	-	34
Bank fees	15	-
	<u>8,897</u>	<u>40,749</u>
Support costs		
Finance		
Bank charges	-	25
Governance costs		
Accountancy and legal fees	<u>3,739</u>	<u>2,074</u>
Total resources expended	<u>12,636</u>	<u>42,848</u>
Net income	<u>27,853</u>	<u>55,119</u>

This page does not form part of the statutory financial statements