



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' annual report (including Directors' report) for the period

From: 1/4/2021 To: 31/3/2022

Charity name: The Pulse

Charity registration number: 1182149

Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To further or benefit the residents of Skelmersdale and surrounding area, without distinction of sex, sexual orientation, race or of political, religious or other opinions by associating together the said residents and the local authorities, voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare for recreation and leisure time occupation with the objective of improving the conditions of life for the residents.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Supporting vulnerable families in the local area with early support, help and intervention and working closely as a multi-agency approach to ensure that the setting remains a fully inclusive space. The Pulse has now re-opened after the COVID lockdown and has moved to a new unit within the Concourse. The Pulse continues to provide support for mental health and domestic violence and also acts as a signposting service. A number of groups operate from centre, including art, music and other activities.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on	Para 1.18	All trustees have a copy of the guidance, which is regularly reviewed, and undertake training with the setting to enable them to be aware of their responsibilities

public benefit		<p>and the legislations and guidance that cover the role.</p> <p>Furthermore, our new Trustee D Latham has agreed to take responsibility for compliance and governance.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	All volunteers contribute as much or as little time to the running of the setting as possible, and where they have a specific qualification in an area of professionalism that is reflective to the nature of the Charity.
Other		Our setting is at the heart of the community and is recognised within our local community for our high standards of care and delivery and in particular effectiveness.

Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Pulse has had a number of significant achievements during this period.</p> <p>The Manager supervised our move to a new unit upstairs in the Concourse to a new multi-room unit in an area which is much lighter and has better footfall.</p> <p>The Pulse continues to provide a safe, welcoming environment providing space for statutory services and community groups.</p> <p>Once the service is settled in the new unit plans are in place to significantly expand The Pulse and also to ensure it's long term continuity.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	The Pulse has never aimed to be a wealthy charity, with large reserves, instead preferring to use all non-reserved funds to fulfil our objectives. All Trustees and staff are purely volunteers.
Investment performance against objectives	Para 1.41	N/A
Other		N/A

Financial review

Review of the charity's financial position at the end of the period	Para 1.21	The Pulse is in a good financial position, and work is ongoing for a future roadmap to great sustainability whilst still maximising our impact in the community. A number of new
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		policies regarding financial management have been put into place, and a risk assessment has been undertaken to ensure continuity.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held in a TSB Bank Account. All financial decisions are subject to multiple checks and are decided at Board level.
Amount of reserves held	Para 1.22	£37,129.20
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Trustees work hard to mitigate any risk to The Charity, and finances and project progress are reviewed bi-weekly.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity's principal source of funds throughout the period detailed on this report has been through grants, both statutory and applied for.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	The main risk to The Charity is being overwhelmed by demand from the community. The Trustees and Manager aim to utilise what funds we have to maximise our contribution to the well-being of the local area.
Other		

Structure, governance and management

Description of charity's trusts:		
Type of governing document: for example, trust deed , memorandum and articles of association etc	Para 1.25	Memorandum and articles of association
How is the charity constituted?	Para 1.25	CIO

for example, limited company, unincorporated association, CIO		
Trustee selection methods including details of any constitutional provisions e.g., election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Voted on via the board of trustees with a view to diversity and a wide range of experience to enable effective Governance.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are made aware of the aims and objectives of the Charity and must confirm they have read the Charity Commission's guidance on Safeguarding, Trustees are briefed on their obligations, in addition to the Nolan principles. All Trustees review each policy and procedure used, and must be aware of the Charity's procedures in all areas.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity has built up a wider network of other settings within the community, working with other charities, local and national businesses (e.g., Asda) in addition to statutory bodies and services.
Relationship with any related parties	Para 1.51	We maintain an excellent working partnership with the local authority, CCG and many support networks that our clients and the wider community can access.
Other		

Reference and administrative details

Charity name	The Pulse
Other name the charity uses	
Registered charity number	1182149
Charity's principal address	Unit 137 The Concourse Skelmersdale WN86HD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Cameron Latham	Chair		
2	Joy Dyson	Manager		
3	Christine Barker	Treasurer		
4	Michelle Wade			
5	David Latham			
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Corporate trustees - names of the directors at the date the report was approved

Director name	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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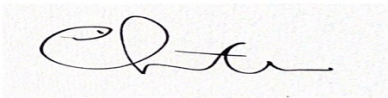
Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)

	
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Full name(s) Cameron Latham

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Position (for example Secretary, Chair, etc)

Chair

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Date

31/01/2022