

Empowering Futures

England & Wales · Charity number 1182139

Details

Other names BE EMPOWERED FARM FUTURES

Status Registered

Legal form CIO

Registered 2019-02-20

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY BY PROVIDING THERAPEUTIC GARDENING ACTIVITIES WITHIN A COMMUNITY GARDEN.FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS; CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY).

Activities: For the public benefit, to set out to fill gaps delivered by other organisations to perceived isolated, unemployable and/or disabled people by offering and/or providing assistance to find employment. To enable

and match low skilled people to meaningful activities and responsibilities which allow their individual growth in line with their individual capability to enable them to escape exclusion

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Elderly/old People, People With Disabilities

Geography

- Bristol City
- South Gloucestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£317,582	£292,504	-	-
2024-04-05	£240,860	£320,051	-	-
2023-04-05	£236,589	£172,446	-	-
2022-04-05	£79,906	£79,474	-	-
2021-04-05	£77,162	£61,924	-	-

Trustees

Name	Role	Appointed
M NEEDS	Chair	2019-02-20
Leanne Airey		2023-09-20
S HARPER		2019-02-20
SUSAN FARTHING		2021-02-02
Vivienne Nott		2023-09-20

Empowering Futures

England & Wales - Charity number 1182139

Accounts

Empowering Futures – Annual Trustees Report – 17/11/25

Empowering Futures is registered as a CIO (Charitable Incorporated Organisation)



Registered with the Charities Commission, Number 1182139
on 19/2/2019

The Trustees are;

Maria Needs, Sarah Harper, Susan Farthing, Leanne Airey, Vivienne Nott

The board of Trustees will be required to serve for a minimum of one year and those named above served throughout this period.

Aims and Objectives

“To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing therapeutic activities outdoors.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender reassignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitating into society).”

Empowering Futures has maintained its aims and objectives of supporting people who are socially excluded from Society. Individuals who need support and cannot access support or independently tackle the issues and barriers presented and have little in the way of a support network around them. Those most vulnerable, disadvantaged and/or disabled are our primary participants.

For the public benefit

For the public benefit, to set out to fill gaps delivered by other organisations to perceived isolated, unemployable and/or disabled people by offering and/or providing assistance to find employment. To enable and match low skilled people to meaningful activities and responsibilities which allow their individual growth in line with their individual capability to enable them to escape exclusion and thrive.

In constituting the charity and conducting the activities throughout the year, the Trustees have had regard to the Charity Commissions guidance on public benefit. Examples of our delivery for the public benefit can be found in the subsequent paragraphs, which give specific examples of activity and those supported. The charity is committed to supporting people who are otherwise excluded and isolated from Society for varying reasons. Some are deemed too expensive to support, some written off, others because of incorrect assumptions made. We believe everyone can achieve, given the right opportunity, encouragement, time and belief. Our success and our attendees success evidence the achievements and the aims of the charity.

Overview of the year

Empowering Futures continues to provide inclusive, wellbeing-focused education and community activities for people aged 7 to 80. Our mission is to reduce social isolation, improve mental health and wellbeing, and create meaningful pathways into education, training and employment for people with disabilities, learning difficulties, and other barriers to inclusion.

During this reporting year, Empowering Futures has strengthened partnerships, increased community engagement, enhanced our green space and facilities, and delivered a wide range of therapeutic, educational and social opportunities for our learners and community members.

The Board agreed we would continue to provide bespoke support to a maximum of ten learners (at any one time) to ensure quality over quantity, allowing us to engage with the most vulnerable and those with multiple and complex issues who had failed to find assistance or support elsewhere. As well as delivering various adhoc activities outside the main delivery times for more of the community at large.

Main delivery has centred around Monday, Wednesday and Friday 9.30 – 2.30pm. Young people completing their Duke of Edinburgh medals have attended on Saturdays.

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The main building is fully erected and is equipped with a wood burner and solar panels. Establishing low running costs, which has always sat firmly at the

helm, so funds are not needlessly wasted on soaring running costs as time goes on.

Improving our long term Impact

We've been able to commission extra specialists which allow our learners to heal and fill gaps in their understanding of life, their inner feelings and emotions, their confidence and self esteem, their development, communication and to establish a pathway forward to greater independence.

English Teacher	Able to deliver functional skills
Reiki Master Trainer	Able to train Reiki Level 1 and Level 2 and individual treatments to reduce anxiety and support sleep
Psychotherapist	Able to address the trauma, emotions and feelings in learners
Yoga Tutor	Delivering twice weekly sessions to support health and well being
Creative Performer	Delivering expressive language, drama, music

Volunteer and Community Connection

Volunteers play a vital role in helping us achieve our aims. Between April 2024 and April 2025, **476** hours were donated from corporate organisations and partnerships and **974** hours from local volunteers in the community:

- **TSB Bank:** 270 hours
- **Motability:** 26 hours (included 2 hours training on AI)
- **Aviva:** 138 hours
- **Neighbourly:** 12 hours
- **NHS:** 30 hours

Volunteer projects have focused on enhancing our green space to promote mental health and wellbeing. In addition, through corporate volunteering days, we have been able to engage with local employers, raise awareness of youth isolation, improve understanding of disability, and highlight why community investment in charities like Empowering Futures benefits both people and places.

Volunteers from Corporate organisations have been made aware and been exposed to lots of information relating to disability allowing more people to have an important awareness. Many have communicated stories, associated with their own families and friends situations and have been able to match the farm activities and see the relevance to their own stories.

Social Inclusion

We worked with individuals aged **7 to 80** throughout the reporting year. Activities have supported both children and adults to overcome isolation, develop new skills, and build social confidence. We have invited individuals to visit and benefit from the green scenery and have managed to continue creating a transforming, relaxing and peaceful setting, commented on by each and every visitor. The demand for services continues to outweigh our capacity.

The impact of mental health and well-being, connected to undiagnosed disability continues to grow and impact individuals and their families. We have spent a great deal of time this year exploring new pathways to be able to offer greater support to the whole family especially during times when the farm is fully available. We aim to expand training to families and encourage parents to be much more aware of sensory needs / anxiety / isolation & withdrawal, so they are able to recognise and support their children at home with more confidence and ability. At the same time, we have approached other like-minded organisations to join us and offer their services. With partnership working we will be able to offer a wider more flexible service covering extended delivery times during the day and early evening starting in 2026.

Community Activities and Educational Opportunities

Our work in the community has enabled people to explore new experiences and enjoy activities they may not have otherwise accessed. These have included:

- Axe throwing
- Mini golf
- Visits to a wildlife park
- Forest skills sessions
- Drama and wellbeing workshops
- Community Social evenings
- Evening entertainment in the community

Through these experiences, participants developed independence, communication, teamwork, and confidence to engage in the wider community.

We have delivered **educational and skills-based learning** opportunities including:

10 young people gained educational certificates, including **CPR training** – building vital life-saving skills and community resilience.

6 young people started Trinity College London **Arts Awards**, recognising creativity, reflection and achievement and Empowering Futures was registered as a recognised Arts Centre (No. 74230)

4 supported Duke of Edinburgh placements for those most isolated and in need of adapted placements away from groups.

2 young people achieved **Reiki Level 1 certification**, enhancing confidence, employability, and self-worth and began their Level 2. A significant achievement for 2 young people who left school with no qualifications.

6 School Work Experience placements were provided for young people with autism who lacked confidence to enter the workplace and experience.

2 Trainee Occupational Therapists from the **University of the West of England (UWE)** completed full time term placement on site, gaining valuable real-life experience in preparation for their future career.

10 young people developed improved confidence and self-esteem enabling them to move forward and thrive with improved independence.

3 individuals continued to be employed under Supported Work. Each had been long term unemployed prior to the opportunity, one 40 years plus unemployed, one as their first job, one following 4 years of complete isolation at home. Each requires significant support on a daily basis and thrives as a result. All have retained employment throughout the whole year.

Partnership Working

Partnership collaboration continues to be central to our success. This year we have worked with:

- **Potters Den** – Joint events including Halloween and Christmas parties allowed our learners to socialise with others, share learning and ideas, and develop peer relationships.

- **Reset** – Hosted two forest skills days for primary-aged children currently isolated from mainstream school and without access to outdoor provision.
- **The Hive** – Delivered sessions on healthy eating, sexual health, friendships, and life skills for people with learning disabilities. Together, we applied for a joint grant to further this outreach in the wider community and to provide safety training to a wider community.
- **Marmalade - Food Bags** – Supported young people to reconnect with food and share communal meals, fostering wellbeing and social connection at the farm and at home with families
- **University of Bristol** – Hosted student researchers studying environmental and inclusion initiatives on site. Restoring nutrients to the soil to improve quality and plants to increase carbon capture
- **Community Fundraising Events** – whole team approach to fundraising with learners at Community venues

Through this collaborative approach, Empowering Futures has built strong community networks and shared best practice in supporting people experiencing social isolation. Doors have opened for University graduates looking for placements to gain experience outside of the learning establishment and new projects involving improving the land and soil especially have been explored.

Unfortunately we have had to turn away many young learners wanting work experience placements as there is little free time available and we have remained focused on offering space to those struggling to secure placements.

Health and Wellbeing Provision

Empowering Futures continues to prioritise mental health and emotional wellbeing:

Activity	Individual Sessions or Activity	Learners engaged in sessions	Indirect recipients (family members)
Yoga classes are delivered twice weekly, helping participants reconnect with mind, body and soul, calm the nervous system, and support healing and relaxation	76	760	3040
Drama sessions supporting emotional expression, social skills, and communication	114	460	

Psychotherapy sessions: immediate access reducing waiting times for young people in need of mental health support.	80	80	320
Meals and social connection: 1140 cooked meals were provided promoting nutrition, routine, and the importance of shared mealtimes.	1140 meals	1140	
Reiki Sessions: sessions delivered to reduce anxiety and aid restful sleeping. Every learner receiving reiki has reported significant change in anxiety and a feel good factor, if not falling asleep whilst receiving treatments from a Master Reiki Tutor.	240	240	
Equine Therapeutic Intervention: commissioned for 3 learners providing over 94 sessions over the year helping young people understand their inner feelings and emotions.	94	94	372
Forestry School: 78 forestry sessions were delivered to many age groups and those from disadvantaged backgrounds	78	624	
Therapeutic Art Sessions creativity both indoors and outdoors allowing learners to express and record their inner thoughts and feelings	342	684	

The achievements have been significant and achieved with a small team of 8 enthusiastic professionals and 9 commissioned professionals. The farm Manager is full time, whilst the remainder of the team work part time at the farm.

Farm Manager: Andy Coles

Risk Assessor, Health & Safety (farm/tools/activities)Lead: Grant Rogers

Risk Assessor, Health & Safety (people) Lead: Kelly Rogers, Lucy Edgell

Safe Guarding Lead: Kelly Rogers

Fire Safety Officer: Andy Coles & Grant Rogers

First Aid Officers: Andy Coles, Kelly Rogers, Grant Rogers, Gemma Mugridge, Lucy Edgell

Horticulture Lead: Liz Maggs

Site and Infrastructure Development

This year, we have made significant improvements to our facilities:

- **Car park completed** – greatly improving accessibility for all service users, including those with mobility difficulties.
 - **Two Shepherd's huts built** in collaboration with the young people we support. Participants contributed to all aspects of design, build and decoration, gaining practical life skills and ownership of their environment. These huts now provide two private, therapeutic spaces for one-to-one support sessions, expanding our capacity for much needed individualised work
 - **Mud Paving** extended around the site due to an unexpected funding donation received from the Masonic Society, Glos.
 - **Our central willow dome** is growing and becoming a focal point for all visitors and growing well to house our Forestry classes
-

Environmental and Community Impact

Our ongoing investment in the Empowering Futures site has created a tranquil, inclusive green space where nature supports healing and learning. The work completed with volunteers and students from the University of Bristol has improved biodiversity and sustainability while promoting environmental awareness among participants who have been historically isolated from such experiences.

Outcomes and Impact

The outcomes of this year's learners include:

- Increased confidence, social interaction, and sense of belonging
 - Enhanced community awareness of disability and inclusion through partnership and corporate engagement.
 - Improved physical and mental wellbeing through structured yoga, psychotherapy, and creativity sessions.
 - Greater employability and life skills with recognised qualifications, work experience and volunteering.
 - Expanded capacity for 1-to-1 and therapeutic work due to infrastructure improvements
 - Two young people with global developmental delay achieving **Reiki Level 1** exemplifies our belief that *when needs are met, anything is possible. Both are now enrolled and learning Level 2.*
-

Financial and Governance Summary

During the reporting period, funding has been sustained through a combination of grants, donations, and community support. Volunteer engagement and partnership working have enabled cost-effective delivery and expansion of services. Our income has enabled us to build a cash reserve of £15,000 and our activities and therapeutic offerings are vast and varied enabling multiple needs to be met. Our plan is to increase this reserve over the next year as the need for infrastructure has been met.

All activities continue to align with our charitable objectives to:

1. Advance education and skills for young people and adults with additional needs.
2. Promote physical and mental wellbeing through therapeutic and creative approaches.
3. Relieve social isolation by providing inclusive community engagement opportunities.

Grants received 2024/25

Restricted Funding

West of England Pollinating Fund £441.00 (23/24) All outcomes were achieved and the last of the funding purchased new plants and trees which the deer decided to eat. The impact on diversity and attraction of new species has continued to grow and be recorded.

Co-op awarded us a £10,000 grant to promote safety in the community. Some of the funding was given to The Hive to deliver specific training and the residue to Nuno Academy Training. Both delivered numerous safety courses covering safety online, being safe in the community, staying safe at home to people with disabilities and extra learning needs

Unrestricted Funding

Masonic Society (Glos) awarded us £2000 of unrestricted funding which we used to extend our mud control pathway around the farm to enable safe movement and access for all.

Landrover Jaguar picked us as the charity they wanted to support during 2024 and presented us with a cheque for £3100.94, which was used to complete our shepherds huts.

Plans for 2025–2026

- Expand corporate volunteering opportunities to strengthen community ties and build awareness of disability
- Continue development of green space and accessible facilities.
- Deliver further accredited qualifications in employability, wellbeing and life skills.
- Increase outreach work with schools and partner organisations to reach those most isolated.
- Strengthen measurement of outcomes through feedback, evaluation, and impact reporting
- Upskill 3 staff to Level 5 in coaching and 2 to become Level 5 Thrive Practitioners in order to improve the service and increase our capacity

Conclusion

This has been a successful and transformative year for Empowering Futures. Through partnership, dedication, and inclusion, we have continued to demonstrate that with the right support, every person can learn, connect,

MNeeds

4/2/26



Empowering Futures		Charity No (if any)	1182139
Annual accounts for the period			
Period start date	06/04/2024	To	Period end date 05/04/2025

Section A Statement of financial activities

Guidance Notes

Recommended categories by activity

Incoming resources (Note 3)

Income and endowments from:

Donations and legacies

Charitable activities

Other trading activities

Investments

Separate material item of income

Other

Total

Resources expended (Note 6)

Expenditure on:

Raising funds

Charitable activities

Separate material item of expense

Other

Total

Net income/(expenditure) before investment gains/(losses)

Net gains/(losses) on investments

Net income/(expenditure)

Extraordinary items

Transfers between funds

Other recognised gains/(losses):

Gains and losses on revaluation of fixed assets for the charity's own use

Other gains/(losses)

Net movement in funds

Reconciliation of funds:

Total funds brought forward

Total funds carried forward

	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
S01	8,731	10,000	-	18,731	143,960
S02	296,952	-	-	296,952	90,976
S03	1,739	-	-	1,739	5,894
S04	160	-	-	160	30
S05	-	-	-	-	-
S06	-	-	-	-	-
S07	307,582	10,000	-	317,582	240,860
S08	1,097	-	-	1,097	1,364
S09	254,183	10,441	-	264,624	221,312
S10	15,690	-	-	15,690	8,377
S11	11,092	-	-	11,092	1,254
S12	282,063	10,441	-	292,504	232,308
S13	25,519	-	441	-	25,078
S14	-	-	-	-	-
S15	25,519	-	441	-	25,078
S16	-	-	-	-	-
S17	-	-	-	-	-
S18	-	-	-	-	-
S19	-	-	-	-	-
S20	25,519	-	441	-	25,078
S21	89,291	-	-	89,291	80,739
S22	114,811	-	441	-	114,370

Charity Name Empowering Futures		Charity No	1182139
Annual accounts for the period		Company No	
Period start date 06/04/2024		To period end date 05/04/2025	

Section B Balance sheet

	Guidance note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year	Total last year
					£	£
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	98,243	-	-	98,243	87,743
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	98,243	-	-	98,243	87,743
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	-	-	-	-	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	16,127	-	-	16,127	1,548
Total current assets	B10	16,127	-	-	16,127	1,548
Creditors: amounts falling due within one year (Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)	B12	16,127	-	-	16,127	1,548
Total assets less current liabilities	B13	114,370	-	-	114,370	89,291
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	114,370	-	-	114,370	89,291
Funds of the Charity						
Endowment funds (Note 27)	B17	-	-	-	-	-
Restricted income funds (Note 27)	B18	-	-	-	-	-
Unrestricted funds	B19	114,370	-	-	114,370	89,291
Revaluation reserve	B20	-	-	-	-	-
Fair value reserve	B21	-	-	-	-	-
Total funds	B22	114,370	-	-	114,370	89,291

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors

M. Woods

Print Name	Date of approval dd/mm/yyyy
MARIA NEEDS	4/2/26

Signature of director authenticating accounts being sent to Companies House

Signature	Date dd/mm/yyyy
	Print name

Section C **Notes to the accounts**

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with* the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with* the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	<i>not applicable</i>
Disclosure of any uncertainties that make the going concern assumption doubtful;	<i>not applicable</i>
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	<i>not applicable</i>

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes* No* * -Tick as appropriate

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	<i>not applicable</i>
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	<i>not applicable</i>
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	<i>not applicable</i>

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes* No* * -Tick as appropriate

Please disclose:

<i>(i) the nature of any changes;</i>	<i>not applicable</i>
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	<i>not applicable</i>
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	<i>not applicable</i>

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes* No* * -Tick as appropriate

Please disclose:

<i>(i) the nature of the prior period error;</i>	<i>not applicable</i>
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	<i>not applicable</i>
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	<i>not applicable</i>

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

not applicable

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period £	End of period £
Fund balances as previously stated		
<i>Adjustments:</i>		
Fund balance as restated		

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
<i>Adjustments:</i>	
Previous period net income/(expenditure) as restated	

Note 2 **Accounting policies**
2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability. 	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP). Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Government grants	The charity has received government grants in the reporting period	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Support costs	The charity has incurred expenditure on support costs.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes	No	N/a
				ü

Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes	No	N/a
			ü	

2.3 EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes	No	N/a
		ü		

Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes	No	N/a
			ü	

	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes	No	N/a
			ü	

Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes	No	N/a
		ü		

Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes	No	N/a
				ü

Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes	No	N/a
				ü

Deferred income	No material item of deferred income has been included in the accounts.	Yes	No	N/a
				ü

Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes	No	N/a
				ü

Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes	No	N/a
				ü

Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes	No	N/a
		ü		

2.4 ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least <input type="text"/>	Yes	No	N/a
		ü		

Intangible fixed assets	The depreciation rates and methods used are disclosed in note 9.2. The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	Yes	No	N/a
				ü

	They are valued at cost.	Yes	No	N/a
				ü

Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	Yes	No	N/a
				ü

	They are valued at cost.	Yes	No	N/a
				ü

Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes	No	N/a
				ü

	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes	No	N/a
				ü

Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes	No	N/a
				ü

	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes	No	N/a
				ü

	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes	No	N/a
				ü

Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		ü		

Current asset investments The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.

Yes	No	N/a
		ü

They are valued at fair value except where they qualify as basic financial instruments.

Yes	No	N/a
		ü

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE**

Note 3 Analysis of income

Analysis		Unrestricted	Restricted	Endowment	Total funds	Prior year
		funds	income funds	funds	£	£
Donations and legacies:	Donations and gifts	8,731	10,000	-	18,731	130,163
	Gift Aid	-	-	-	-	13,797
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
Total	8,731	10,000	-	18,731	143,960	
Charitable activities:		-	-	-	-	-
	Fundraising Activity	232,760	-	-	232,760	53,987
	Supported Employment	64,192	-	-	64,192	36,989
	Other	-	-	-	-	-
Total	296,952	-	-	296,952	90,976	
Other trading activities:		-	-	-	-	-
	Refund	1,455	-	-	1,455	1,352
	Trading Activity	284	-	-	284	4,542
	Other	-	-	-	-	-
Total	1,739	-	-	1,739	5,894	
Income from investments:	Interest income	160	-	-	160	30
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
Total	160	-	-	160	30	
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME	307,582	10,000	-	317,582	240,860	

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

An amount of £76,271 was received as restricted funds

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4 Analysis of receipts of government grants

	Description	This year £
Government grant 1	Department of Work and Pension (Supported Employment)	64,192
Government grant 2		-
Government grant 3		-
Other		-
	Total	64,192

	Description	Last year £
Government grant 1	Department of Work and Pension (Supported employment)	36,989
Government grant 2		-
Government grant 3		-
Other		-
	Total	36,989

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>	N/A	N/A

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>	N/A	N/A

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.		
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.		
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.		

Section C

Notes to the accounts

(cont)

Note 6

Analysis of expenditure

Analysis	This year				Last year			
	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £
Expenditure on raising funds:								
Incurring seeking donations	-	-	-	-	-	-	-	-
Incurring seeking legacies	-	-	-	-	-	-	-	-
Incurring seeking grants	-	-	-	-	-	-	-	-
Operating membership schemes and social lotteries	-	-	-	-	-	-	-	-
Staging fundraising events	-	-	-	-	-	-	-	-
Fundraising agents	-	-	-	-	-	-	-	-
Operating charity shops	-	-	-	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-	-	-	-
Advertising, marketing, direct mail and publicity	-	-	-	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-	-	-	-
Database development costs	-	-	-	-	-	-	-	-
Other trading activities	1,097	-	-	1,097	1,364	-	-	1,364
Investment management costs:	-	-	-	-	-	-	-	-
Portfolio management costs	-	-	-	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-	-	-	-
Investment administration costs	-	-	-	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on raising funds	1,097	-	-	1,097	1,364	-	-	1,364
Expenditure on charitable activities:								
	-	-	-	-	-	-	-	-
Charitable Activity	9,319	10,441	-	19,761	6,421	125,995	-	132,416
Animals Vets	1,373	-	-	1,373	1,140	-	-	1,140
Therapeutic Activity	62,887	-	-	62,887	7,181	-	-	7,181
Vehicle Running cost	7,932	-	-	7,932	9,806	-	-	9,806
Insurance	3,201	-	-	3,201	-	-	-	-
Training	8,765	-	-	8,765	2,570	-	-	2,570
Staff Cost	153,606	-	-	153,606	63,613	-	-	63,613
Transport and taxi Fare	7,099	-	-	7,099	4,586	-	-	4,586
Total expenditure on charitable activities	254,183	10,441	-	264,624	95,317	125,995	-	221,312
Separate material item of expense								
	-	-	-	-	-	-	-	-
Equipment Expenses	2,243	-	-	2,243	3,257	-	-	3,257
Repair and Maintenance	7,678	-	-	7,678	2,348	-	-	2,348
Shepherds Hut Building Expenses	5,187	-	-	5,187	2,772	-	-	2,772
Tools	583	-	-	583	-	-	-	-
	-	-	-	-	-	-	-	-
Total	15,690	-	-	15,690	8,377	-	-	8,377
Other								
	-	-	-	-	-	-	-	-

Accountancy fee	637	-	-	637	-	-	-	-
Administrative expenses	6,853	-	-	6,853	1,094	-	-	1,094
Bank Charges	102	-	-	102	160	-	-	160
Depreciation Cost	3,500	-	-	3,500	-	-	-	-
Total other expenditure	11,092	-	-	11,092	1,254	-	-	1,254
TOTAL EXPENDITURE	282,063	10,441	-	292,504	106,313	125,995	-	232,308

Other information:

Analysis of expenditure on charitable activities

Activity or programme	This year				Last year			
	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Activities undertaken directly	Grant funding of activities	Support Costs	Total last year
	£	£	£	£	£	£	£	£
Activity 1	-	-	-	-	-	-	-	-
Activity 2	-	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-

Section C**Notes to the accounts****(cont)****Note 7 Extraordinary items***Please explain the nature of each extraordinary item occurring in the period.*

	Description	This year £	Last year £
Extraordinary item 1	N/A	-	-
Extraordinary item 2	N/A	-	-
Extraordinary item 3	N/A	-	-
Extraordinary item 4	N/A	-	-
Total extraordinary items		-	-

Section C **Notes to the accounts**

Note 8 **Funds received as agent**

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
Total		-

Section C**Notes to the accounts****Note 9 Support Costs**

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

This year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Other	-	-	-	-	-	
Total	-	-	-	-	-	

Last year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Other	-	-	-	-	-	
Total	-	-	-	-	-	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

N/A

Section C**Notes to the accounts****Note 10** Details of certain items of expenditure**10.1 Fees for examination of the accounts**

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	360	360
Assurance services other than audit or independent examination	-	-
Tax advisory fees	-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	-	-

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

Salaries and wages

Social security costs

Pension costs (defined contribution scheme)

Other employee benefits

Total staff costs

This year £	Last year £
144,159	59,179
-	-
5,069	1,177
4,378	3,256
153,606	63,613

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.

This year £	Last year £
-	-

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	11	8
Governance	-	-
Other	-	-
Total	11	8

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

This year	
Last year	

Please state the legal authority or reason for making the payment

This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)

This year	Last year
£	£
-	-

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

This year	Last year
£ -	£ -

The nature of the payment (cash, asset etc.)

--	--

The extent of redundancy funding at the balance sheet date

This year	Last year
£ -	£ -

Please state the accounting policy for any redundancy or termination payments

--	--

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	5,069	1,177

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	All expenses have been charged to the unrestricted fund. No pension contributions have been apportioned to the restricted fund.	All expenses have been charged to the unrestricted fund. No pension contributions have been apportioned to the restricted fund.
--	---	---

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different	

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details	
Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details	

Section C **Notes to the accounts** **(cont)**

Note 13 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

This year:

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
			£	£
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

<p><i>My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.</i></p>	Yes	<i>Please provide details of charity's URL.</i>
	No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Last year:

13.3 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs £	Total £
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.4 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.

Yes	<i>Please provide details of charity's URL.</i>
No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Section C **Notes to the accounts** **(cont)**

Note 14 **Tangible fixed assets**
Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	87,743	-	-	-	87,743
Additions	-	-	14,000	-	14,000
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	87,743	-	14,000	-	101,743

14.2 Depreciation and impairments

**Basis		SL	RB	RB	RB
** Rate			25%		

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	3,500	-	3,500
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	3,500	-	3,500

14.3 Net book value

Net book value at the beginning of the year	87,743	-	-	-	87,743
Net book value at the end of the year	87,743	-	10,500	-	98,243

14.4 Impairment

This year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

Last year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied and significant assumptions

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year
-	-

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.

(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.

(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.

This year	Last year
£	£
-	-
-	-

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Note 15 Intangible assets*Please complete this note if the charity has any intangible assets***15.1 Cost or valuation**

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					
At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Amortisation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

15.3 Net book value

Net book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy*Please disclose the accounting policy for intangible fixed assets including:**Reasons for choosing amortisation rates**Policies for the recognition of any capital development*

15.5 Impairment

This year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

Last year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

(v) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

(vi) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Note 16 Heritage assets

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

	This year	Last year
(i) Explain the nature and scale of heritage assets held.	N/A	N/A
(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.	N/A	N/A

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

**Basis						Straight Line ("SL") or Reducing Balance
** Rate						

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

16.4 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

This year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

Last year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

qualifications of independent valuer

the methods applied and significant assumptions

any significant limitations on the valuation

This year	Last year

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

Carrying amount at the beginning of the period

Additions

Disposals

Depreciation/impairment

Revaluation

Carrying amount at the end of period

At valuation Group A £	At cost Group B £	Total £
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.

(ii) Describe the significance and nature of heritage assets.

(iii) Disclose information that is helpful in assessing the value of heritage assets.

(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.

This year	Last year

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	-	-	-	-	-
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	-	-	-	-	-
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	-	-	-	-	-

Note 17 Investment assets

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

*Please specify additions resulting from acquisitions through business combinations, if any.

--

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

This year:

Analysis of investments

	Fair value at year end	Cost less impairment
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-
Grand total (Fair value at year end+Cost less impairment)		-

Last year:

Analysis of investments

	Fair value at year end	Cost less impairment
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-
Grand total (Fair value at year end+Cost less impairment)		-

17.3 If your charity holds investment properties, please complete the following note:

	This year	Last year
(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity		
(ii) Name or independent valuer, if applicable, and relevant qualifications		
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds		
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements		

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments

	This year	Last year
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-

17.5 Guarantees

	This year	Last year
Please provide details and amount of any guarantee made to or on behalf of a third party		
Name of the entity or entities benefitting from those guarantees		
Please explain how the guarantee furthers the charity's aims		

17.6 Concessionary loans

Amount of concessionary loans made (*Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information*).

Description	This year £	Last year £
	-	-
	-	-
	-	-
	-	-
Total	-	-

Amount of concessionary loans received (*Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information*).

Description	This year £	Last year £
	-	-
	-	-
	-	-
Total	-	-

Terms and conditions eg interest rate, security provided

Value of any concessionary loans which have been committed but not taken up at the reporting date

Amounts payable within 1 year

Amounts payable after more than 1 year

Amounts receivable within 1 year

Amounts receivable after more than 1 year

This year	Last year

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

This year	Last year

Note 18 Stocks

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other trading activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

This year	Last year
£	£
N/A	N/A

Section C**Notes to the accounts****(cont)****Note 19 Debtors and prepayments**

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Trade debtors
Prepayments and accrued income
Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors
Prepayments and accrued income
Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-

Section C**Notes to the accounts****(cont)****Note 20 Creditors and accruals***Please complete this note if the charity has any creditors or accruals.***20.1 Analysis of creditors**

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	-	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	-	-	-	-

20.2 Deferred income*Please complete this note if the charity has deferred income.**Please explain the reasons why income is deferred.*

This year	Last year

Movement in deferred income account

Balance at the start of the reporting period
 Amounts added in current period
 Amounts released to income from previous periods
 Balance at the end of the reporting period

This year £	Last year £
-	-
-	-
-	-
-	-

Note 21 Provisions for liabilities and charges

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.2 Please provide:

	This year	Last year
- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;		
- an indication of the uncertainties about the amount or timing of those outflows; and		
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.		

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

This year	Last year

21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.

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Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.

This year	Last year

22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conditions related to its pledge should be given here.

--	--

Note 23 Contingent liabilities and contingent assets**23.1 Contingent liabilities**

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

This year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect
N/A	N/A

Last year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect
N/A	N/A

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

This year

Description of item	Estimate of financial effect
N/A	N/A

Last year

Description of item	Estimate of financial effect
N/A	N/A

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

	This year	Last year
Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement	N/A	N/A
Where it is not practical to make one or more of these disclosures, please state this fact		

Section C**Notes to the accounts****(cont)****Note 24 Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
16,127	1,548
-	-
16,127	1,548

Note 25 Fair value of assets and liabilities

	This year	Last year
<p>25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.</p>	N/A	N/A
<p>25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.</p>	N/A	N/A

Section C**Notes to the accounts****(cont)****Note 26** **Events after the end of the reporting period**

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the

	This year	Last year
Please provide details of the nature of the event	N/A	N/A
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made	N/A	N/A

Section C Notes to the accounts (cont)

Note 27 Charity funds

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

* Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Southern Co-op Safer Fund 2024	R	Promoting online safety, safety at home and in the community		10,000	10,000	-	-	-
Avon Wildlife	R	Wildlife	441	-	441	-	-	-
Department of Work and Pension	UR	Supported employment	-	64,193	64,193	-	-	-
Charitable activities	UR	Charitable activities	88,851	243,390	217,870	-	-	114,370
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			89,292	317,582	292,504	-	-	114,370

Section C

Notes to the accounts

(cont)

Note 27 Charity funds (cont)

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

* Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Learning Disability Development Fund	R	Supporting individuals with learning disabilities	-	10,080	10,080	-	-	-
Crowdfunder UK	R	Support activities	1,865	17,560	19,426	-	-	-
Community Matters	R	Volunteering and involvement	-	3,275	3,275	-	-	-
Quartet Community Foundation	R	Support the community projects	-	14,935	14,935	-	-	-
National lottery	R	Community project	-	9,750	9,750	-	-	-
WOE Comm Pollinator	R	Pollination	-	3,561	3,561	-	-	-
The Fore Trust	R	Grow and scale Up work	-	10,000	10,000	-	-	-
Glos Masons	R	Young, older people facing disadvantage	-	2,000	2,000	-	-	-
Stoke park Trust	R	People with disabilities	2,352	2,850	5,202	-	-	-
Avon Wild life	R	Wildlife protection	-	2,261	1,820	-	-	441
The Edward Gostling Foundation	R	People with disabilities	2,834	-	2,834	-	-	-
Garfield Weston Foundation	R	Welfare	8,300	-	8,300	-	-	-
The Nineveh Charitable Trust	R	Community led projects	3,788	-	3,788	-	-	-
The CLA Charitable Trust	R	Helping disabled people	1,800	-	1,800	-	-	-
The Clothworkers Foundation	R	Support activities	29,000	-	29,000	-	-	-
Happy days Children Charity Uk	R	Supporting children	225	-	225	-	-	-
Department of Work and Pension	UR	Supported employment	-	36,989	36,989	-	-	-
Charitable Activities	UR	Charitable activities	30,575	127,599	69,323	-	-	88,851
Other funds	N/a	N/a	-	-	-	-	-	-
		Total Funds	80,739	240,860	232,307	-	-	89,292

Note 27

Charity funds (cont)

27.3 Transfers between funds

This year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds	N/A	
Between endowment and restricted funds		
Between endowment and unrestricted funds		

Last year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds	N/A	
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

This year

Planned use	Purpose of the designation	Amount
	N/A	

Last year

Planned use	Purpose of the designation	Amount
	N/A	

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits**This year**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False) TRUE

Type of expenses reimbursed	This year	Last year
	£	£
Travel	-	-
Subsistence	-	-
Accommodation	-	-
Other (please specify):	-	-
	-	-
TOTAL	-	-

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

This year
There have been no related party transactions in the reporting period (True or False) TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Last year

There have been no related party transactions in the reporting period (True or False)

<i>TRUE</i>

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

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For any related party, please provide details of any guarantees given or received.

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Note 29**Additional Disclosures**

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.



Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees

Charity Name
Empowering Futures

On accounts for the year ended

5 April 2025
Charity no (if any) 1182139

Set out on pages

1 - 48
(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 5 April 2025DD / MM / YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached..

Signed:

Date:

4/2/2026

Name:

Susan Rickerby

Relevant professional qualification(s) or body (if any):

ACA

Address:	118 High Street
	Staple Hill
	Bristol BS16 5HH

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Empowering Futures

England & Wales - Charity number 1182139

Accounts



Empowering Futures is registered as a CIO (Charitable Incorporated Organisation). Registered with the Charities Commission Number 1182139 on 19 February 2019.

The first Trustees are;

Sarah Harper

Maria Needs

Susan Farthing

Vivienne Nott

Leanne Airey

The board of Trustees will be required to serve for a minimum of one year and those named above served throughout this period.

Aims and Objectives

“To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing therapeutic gardening activities within a community garden and outdoors.

For the purpose of this clause ‘socially excluded’ means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender reassignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitating into society).”

Empowering Futures has maintained its aims and objectives of supporting people who are socially excluded from Society. Individuals who need support and cannot access support or independently tackle the issues and barriers presented. Those most vulnerable, disadvantaged and/or disabled are our primary participants.

For the public benefit

In constituting the charity and conducting the activities throughout the year, the Trustees have had regard to the Charity Commissions guidance on public benefit. Examples of our delivery for the public benefit can be found in the

subsequent paragraphs, which give specific examples of activity and those supported. The charity is committed to supporting people who are otherwise excluded and isolated from Society for varying reasons. Some are deemed too expensive to support, some written off, others because of incorrect assumptions made. We believe everyone can achieve, given the right opportunity, encouragement, time and belief. Our success and attendees success evidence our achievements and aims, both with people and in society.

A new year filled with hope and triumph

After multiple setbacks and tremendous hard work and long hours, the building which was unsafe was dismantled, the contents were stored in all manner of locations temporarily until they could be rehoused.

A new build started to be erected. With this going on in the background we embarked on improving the land and its impact on biodiversity and climate change whilst engaging new clients and reaching out to those that needed most support.

We successfully gained funding from West of England Community Pollinating Fund and were able to match fund from the multiple corporate volunteers who had promised voluntary hours in the year. Many returning from previous years.

Time period	Organisation	How many volunteers	How many hours volunteered
July 2023	Aviva	14	98 hrs
Sept 23	Amazon	7	49 hrs
Oct 2023	Building Inspectorate	10	70 hrs
Sept/Jan 24	Community Volunteer	2	89 hrs
Sept/Dec 23	UWE trainees	2	600hrs
Aug 23/Jan 24	Community Young people	3	180 hrs

During the year we also welcomed corporate volunteers from TSB, Motability, Wain Housing, Landrover Jaguar, Hays Consultancy, who gave us 208 voluntary hours of support. An incredible year for external organisations to benefit from providing support to a green space project whilst feeling the mental health and well-being benefits of working outdoors in a relaxed green setting.

Feedback communicated was positive and numerous people commented on what a fabulous day they had. Even though, the work was very different to their 'office jobs', with so much more manual labour needed. However the resounding feeling at the end of the day was evident by every smile and offer to return again.

This project underpinned much of the new activity at the farm throughout the year with a new car park installed, living wall fencing, multiples of plants, shrubs and trees planted seasonally. A fairy garden was developed using masterful willow craft with our resident willow wizard, who erected a superb willow dome for Forestry sessions and willow sculptures of animals that are located all over the farm.

Whilst working on this project, Bristol University Students contacted us and offered their services in analysing the soil at the farm for their scientific degrees. The findings were amazing and we have a complete picture of the whole farm now and its differing soil nutrients. This will allow the charity to grow so much more which will mean more grown products will be used in cookery classes. More vulnerable people will eat fresh food. More young people will be encouraged to eat more healthily. At the same time, we will continue to share excesses with local food banks and kitchens as well as feed our own animals.

The whole process of sow, grow, eat, repeat is present over much of the farm now. As is the waste used for future compost which has yielded amazing crops of fresh fruit, vegetables and herbs.

The school children from Pathways gained from two full days being booked for the whole year with maths and English delivered by their tutors at the farm. Many who had been isolated at home, took their first steps back into the community following attendance at the farm. AQA qualifications were achieved by many participants giving them a sense of value and recognised success. The groups which ranged from Age 6 – 16 yrs, enjoyed animal interaction, cookery, willow craft, the Arts, horticulture, woodwork, sewing and exercise when they attended. Many parents shared very positive dialogue when collecting their children. For many, the farm acted like a spring-board back into the community. Most of the attendees had major anxiety issues and additionally health conditions to work through.

As a result of a few successful Crowdfunders, we were able to deliver Forestry School sessions and fund all of the specialist equipment required to safely inspire children to explore and expand their curiosity outdoors. Our 3 staff who are trained to a Level 3 delivered weekly sessions in the dark, in winter and heat in the summer. Children attending had multiple needs including attachment issues and suffered high anxiety. However, the outdoors allowed them to work through their inhibitions and enjoy the outdoors within a small group. The Crowdfunder covered the costs for many disadvantaged children.

The day to day activity saw the building be erected, the electrics added, the harvesting and water treatment plant connected, the fixtures relocated from their temporary homes and the luxury of indoor toilets and heating. Additionally, just as we thought the worst was over, the local planning department sought to add solar panels to the requirements for Building

Regulations for the building. A rewarding visit from an officer from The Fore saved the day and offered £10,000 to meet the costs of solar panels. Added to this, contacts with local masons groups raised another £2000 for much needed mud control paving around the farm. This enables wheelchair users to navigate the terrain and have the freedom to roam around the farm.

We were gifted an electronic scooter during the year which has been used on a daily basis by different people and really allowed many people with mobility issues to have so much more freedom. The confidence and reassurance the wheelchair has provided has been a terrific boost.

As the year went on, the developments continued. We salvaged the windows and wood from the old building and built a small shepherds hut planned to serve private meetings.

The shape of the organisation advanced considerably with new professionals joining the team allowing for Art therapy, Psychotherapy, Trauma based Counselling, Equine Horsemanship, yoga all to become regular activities that are available for the young people to plug gaps created in their past and allow them to rebuild and thrive. Giving them an opportunity to have a fulfilling future.

Our organisation was nominated by NHS for the Green Award in personalised Care and we won which we were totally unprepared for. Our plaque sits proudly on a shelf in our main building.

Locally, bus routes were cut and many of our participants are unable to travel by public transport, because of sensory overload so we purchased a 6 seater van to support this. This has allowed isolated people and older people to visit when we have tea parties and open days and provided a life line for many to leaving home. The van is used every day and collects and returns attendees safely.

A grant from South Glos Learning Difficulties Fund allowed another strand to be added to our charitable activities. We launched sessions aimed at those in isolation who had learning difficulties. The sessions were well attended and oversubscribed and 4 of the attendees continued to participate at the farm under the social care arm. All have improved confidence, better skills and new directions.

Other Grants received during the year include;
Community Matters – National Grid £3275 (who followed this by including our head of research who works from home) in a case story highlighting her significant achievements and knowledge.

Quartet – Resilience Fund £9935

This was so productive for us at a time when we were exhausted and needed to formulate a way forward without the day to day activities being at the

front of our time. It allowed us to take some part time staff to manage admin and the farm and freed us up for planning.

Quartet – The Express Grant £5000

The express grant allowed us to continue with the building and meet the extra costs incurred

National Lottery - £9750

This grant enabled the completion of the building

Fore Trust - £10,000

This funding enabled us to install the solar panels on the building and associated costs

The Masons (Glos) £2000

The funding from the masons allowed us to lay the mud control pathway around more of the farm successfully benefitting so many people with mobility needs

Stoke Park £2850

This funding allowed us to continue employing our willow teacher as we restructured and established direction for a sustainable future

Avon Wildlife £2260

This grant was proposed for training in nature, unfortunately the courses we originally chose were cancelled. However, we have found other courses in nature and have attended those expanding our skills and knowledge. We have a small amount left to source new training next year.

We feel very privileged to be accepted and awarded so many grants. As the year draws to a close, we enter a new year filled with excitement, plans and a sustainable future. The achievements of the attendees have been astounding and outstanding.

Young people have visibly changed in front of our eyes and that of their parents. Hoods have come down, voices have been found, a sense of belonging established and a belief in themselves has developed. The steps forward and the achievements have been inspiring and transforming for the attendees. This gives us the reassurance, the delivery of services is pitched and meets the vulnerable and complex needs of people attending.

Maria Needs
Trustee



Receipts and payments accounts

CC16a

For the period
from

06/04/2023

05/04/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Sales	4,542		-	4,542	1,316
Supported Employment	36,989		-	36,989	27,815
Fundraising Activity	53,987		-	53,987	8,226
Donations	53,891		-	53,891	58,150
Restricted Funds		76,272	-	76,272	126,464
Gift Aid	13,797		-	13,797	14,618
Refunds	1,352		-	1,352	
Interest	30		-	30	
Sub total (Gross income for AR)	164,588	76,272	-	240,860	236,589
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	164,588	76,272	-	240,860	236,589
A3 Payments					
Fixtures	2,348		-	2,348	1,817
Trading Activity	1,364		-	1,364	404
Equipment	3,257		-	3,257	1,403
HMRC	3,256		-	3,256	586
BANK CHARGES	160		-	160	90
Building and shepherds hut	90,515	74,282		164,797	3,421
INSURANCE	1,231		-	1,231	305
PPE	-		-	-	394
Charitable Activities	19,328		-	19,328	5,768
Staff Costs	60,356	51,713		112,069	66,696
Admin	828		-	828	6,265
Running costs	8,841		-	8,841	8,708
RESTRICTED			-	-	76,832
TRAINING	2,570		-	2,570	1,758
Sub total	194,056	125,995	-	320,051	172,446
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	194,056	125,995	-	320,051	172,446
Net of receipts/(payments)	- 29,468	- 49,723	-	- 79,191	64,143
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	30,575	50,164	-	80,739	16,596
Cash funds this year end	1,107	441	-	1,548	80,739

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	SANTANDER	76		-
CCXX R1 accounts (SS)	NAT WEST current	950		-
				27/01/2025

Nat West reserve	81	441	-
Total cash funds	1,107	441	-

(agree balances with receipts and payments account(s))

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

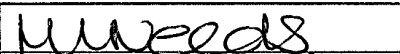
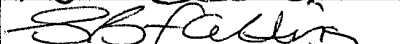
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	M Needs	11/11/2024
	S. FARTHING	



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Empowering Futures

**On accounts for the year
ended**

5 April 2024

**Charity no
(if any)**

1182139

Set out on pages

CC16a 1 and 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 5 April 2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

29/01/2025

Name:

Susan Rickerby

**Relevant professional
qualification(s) or body
(if any):**

ICAEW

Address:

118 High Street

Staple Hill

Bristol BS16 5HH

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, occupying the majority of the page's width and height. It is intended for the user to provide details as requested in the text to its left.

Empowering Futures

England & Wales - Charity number 1182139

Accounts

Empowering Futures – Annual Trustees Report – 4/1/24

Empowering Futures is registered as a CIO (Charitable Incorporated Organisation). Registered with the Charities Commission Number 1182139 on 19 February 2019.

The first Trustees are;

Sarah Harper

Maria Needs

Susan Farthing

The board of Trustees will be required to serve for a minimum of one year and those named above served throughout this period.

Aims and Objectives

"To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing therapeutic gardening activities within a community garden and outdoors.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender reassignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitating into society)."

Empowering Futures has maintained its aims and objectives of supporting people who are socially excluded from Society. Individuals who need support and cannot access support or independently tackle the issues and barriers presented. Those most vulnerable, disadvantaged and/or disabled are our primary participants.

For the public benefit

In constituting the charity and conducting the activities throughout the year, the Trustees have had regard to the Charity Commissions guidance on public benefit. Examples of our delivery for the public benefit can be found in the subsequent paragraphs, which give specific examples of activity and those supported. The charity is committed to supporting people who are otherwise

excluded and isolated from Society for varying reasons. Some are deemed too expensive to support, some written off, others because of incorrect assumptions made. We believe everyone can achieve, given the right opportunity, encouragement, time and belief. Our successes evidence our achievements and our aims, both with people and in society.

The Setbacks

This was a tough year for Empowering Futures. The building we have been fundraising for over many years was finally built, only for us to discover the builders did not follow or meet Building Regs and then took no responsibility to address the issue or reimburse us.

After many frantic phone calls to both the NFU and McClarron we discovered the legal route to pursuing a case would be economical or fully covered by our insurances. Despite carrying out due diligence checks, nothing could have prepared us for this outcome.

The whole team set about fundraising to enable a new building to be constructed and gathered extensive advice from a surveyor, an architect and a builder to avoid any future mishaps. These extra precautions were essential to ensure there could be no repeat of the original fiasco. The original building was mostly paid for by team members and the charity as the Trustees have a passion to expand and support more people. The new build was reliant on Empowering Futures accessing funds.

The original building was dismantled until 2023, when it was envisaged a new building would be possible!

Throughout the latter of 2022 and beginning of 2023, the team worked long hours to create new income streams, embarked on a journey of applying for several funding grants and worked tirelessly to 'right' the wrong. Unfortunately, we were met with continual barriers by the planning department which all proved costly and were in our opinion, unjustified. However, the Trustees and the staff, with volunteers from lots of Corporate organisations held on. The planning was finally approved, the Local Authority received unprecedented support for Empowering Futures from local people and its community. This supported us when we most needed help. It also showed the local need was recognised by the community of South Glos and Bristol.

The Impacts and Achievements

During the year, we struggled to deliver sessions, as the building was unsafe. However, we made full use of the stable and a gazebo to facilitate sessions for the vulnerable. Social Care sessions continued to be delivered and people continued to grow in confidence and ability. We dramatically

increased our public profile, which triggered multiple new contacts we were unable to meet, which seems to be growing by the month.

However, sessions continued to be delivered to the local primary school twice a week and the whole of Yr 6 continued to attend every Friday afternoon to learn new work skills. Many of whom offered additional weekend help.

We commenced a new contract with Pathways, supporting young people who are particularly vulnerable and out of the education system.

Three young people achieved their Duke of Edinburgh Awards.

We facilitated 4 traineeships and all 4 went into employment. Each young person had disabilities and showed tremendous resilience working on the farm to gain their qualification. Each of the trainees came from a background of isolation and have turned their lives around.

4 young people qualified as First Aiders with their first Level 3 First Aid qualification.

2 more staff achieved their qualification in Forestry School Leading Level 3.

We were chosen as one of the organisations to deliver Social Prescribing and delivered over 600 sessions in willow craft. This was a new skill for many of the attendees who formed from a diverse community. We delivered Willow Craft sessions to the NHS Brain Injury Unit in Frenchay whilst supporting their Eco Therapy garden as the group had difficulties with transport. The Wesport grant allowed us to buy a polytunnel which has been amazing for early plants.

Over 10 young people completed a week's work experience at the farm and all thoroughly enjoyed their time. One headmistress commented that she had never witnessed one of the students smile as they did on their return to school.

We received tremendous support from Wessex Water Company and together with Network Plus and Bristol Water Company, they set about helping us install a water treatment plant and harvesting system which will allow us to collect rainwater and use it for watering our plants and flushing our toilets. Ultimately it will mean our mains water bill will be minuscule. Donations and a successful Crowdfunder have allowed this work to be progressed.

Volunteers from Aviva, Virgin, Network Plus all visited us multiple times throughout the year and gave Empowering Futures 100's of hours in voluntary hours which we were extremely grateful for.

We increased our fundraising events in the Community, thereby creating more opportunities for our attendees to integrate with the community whilst improving their confidence, social skills and handling money. Between events multiple new creations were made to sell at the events.

Our successes with people moving into work has now exceeded 54. With 15 people moving into permanent jobs during the tax year. Each has significant health issues and disabilities and they have all triumphed. Most of these individuals did not feel they would ever work. One with a severe long term condition has commenced working from home and is delighted, as is her family.

Restricted Funds

22/4/22	Wesport	£7000
May 2022	Crowdfunder	£9884
30/5/22	Boshier Hinton	£2000
7/6/22	Express Grant	£5000
7/6/22	National Lottery	£10,000
23/6/2022	Edward Gosling	£10,000
3/8/22	Quartet - Megawatt	£4000
Sept 2022	Crowdfunder	£14,855
3/10/22	Clothmakers	£35,000
6/11/22	Garfield	£10,000
6/11/22	Nineveh	£5000
15/11/22	Quartet – Stoke Pk	£3000
15/11/22	CLA	£5000
21/12/22	Leonard Laity	£2000
12/22	Wesport (Happy Days)	£225
1/23	Pebbles	£3500
Total Restricted Funds		£126,464

During this year, we purchased 2 valais blacknose sheep to keep the grass in check. Valais blacknose need shearing twice yearly so we will get more produce to use from their old coats.

Much of the fencing around the boundary was installed. Multiple trees were planted to enhance the biodiversity. A book was produced by people with disabilities in partnership with volunteers from Organic Blooms to demonstrate the steps taken to mitigate climate change and we also began identifying new species on the farm.

Outdoor Cooking was established using the outdoor kitchen and new pizza oven courtesy of Boshier Hinton.

Forestry School began with children who have additional needs. The parents watched their children participating and were amazed to see the steps they took. One child with attachment issues engaged in a way she never had before, the parent was in tears. The impact for children with additional need in a green space is particularly significant and address the parity of access between those with and without disability.

Looking Ahead

All in all, a fantastic year despite the setbacks. The next year looks promising with lots of new contacts and networking opportunities, our new building will be erected and the old one dismantled. We hope to use this to make other products at the farm.

New sessions are constantly created to ensure we stay innovative and all of our activities remain meaningful and purposeful. Ultimately Empowering Futures is enabled to deliver more support to more people to improve their lives.

A consultant contacted us to prepare a social impact report which will collect our impact from July 22 to July 23, free of charge. This is of the utmost interest to us as we know we must have a huge impact but do not have the expertise or time to evaluate this. Our work with people and nature improvements will all be evaluated and evidenced, this will raise awareness of the impact the smaller voluntary organisations and charities have. The results won't be available until around Oct 2023 so the detail will be included in the next annual report.

N. Neads
10/1/24



Receipts and payments accounts

CC16a

For the period from	Period start date	Period end date
	6/4/2022	5/4/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Sales	1,316	-	-	1,316	1,676
Supported Employment	27,815	-	-	27,815	37,114
Fundraising Activity	8,226	-	-	8,226	1,982
Donations	58,150	-	-	58,150	25,856
Restricted Funds		126,464	-	126,464	-
Gift Aid	14,618	-	-	14,618	6,390
BRIGHTSIDE	-	-	-	-	500
CROWDFUNDER	-	-	-	-	6,373
Sub total (Gross income for AR)	110,125	126,464	-	236,589	79,891
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	110,125	126,464	-	236,589	79,891
A3 Payments					
Fixtures	1,817	-	-	1,817	-
Trading Activity	404	-	-	404	-
Equipment	1,403	-	-	1,403	2,892

HMRC	586			586	1,182
BANK CHARGES	90			90	90
PLANNING	3,421			3,421	
INSURANCE	305			305	
PPE	394	-	-	394	-
Charitable Activities	5,768	-	-	5,768	4,509
Staff Costs	66,696	-	-	66,696	61,316
Admin	6,265	-	-	6,265	285
Running costs	6,708	-	-	6,708	7,111
RESTRICTED		76,832		76,832	
TRAINING	1,758	-	-	1,758	2,073
Sub total	95,614	76,832	-	172,446	79,458
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	
Total payments	95,614	76,832	-	172,446	79,458
Net of receipts/(payments)	14,511	49,632	-	64,143	433
A5 Transfers between funds	- 532	532	-	-	-
A6 Cash funds last year end	16,596		-	16,596	16,162
Cash funds this year end	30,575	50,164		80,739	16,595

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	SANTANDER	85		-
	NAT WEST	30,490	50,164	-

		-	-
Total cash funds	30,575	50,164	-

(agree balances with receipts and payments account(s))

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<i>Details</i>			
B2 Other monetary assets			
Carried Forward from 21/22	-	6,873	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
<i>Details</i>			
B3 Investment assets			
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
<i>Details</i>			
B4 Assets retained for the charity's own use			
		-	-
		-	-
		-	-
		-	-
		-	-



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Empowering Futures

**On accounts for the year
ended**

5 April 2023

**Charity no
(if any)**

1182139

Set out on pages

CC16a 1 and 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 5 April 2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

26/01/2024

Name:

Susan Rickerby

**Relevant professional
qualification(s) or body
(if any):**

ICAEW

Address:

118 High Street

Staple Hill

Bristol BS16 5HH

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, occupying the majority of the page's width and height. It is intended for the user to provide details as requested in the text to its left.

Empowering Futures

England & Wales - Charity number 1182139

Accounts

Empowering Futures – Annual Trustees Report – 12/12/22

Empowering Futures is registered as a CIO (Charitable Incorporated Organisation). Registered with the Charities Commission Number 1182139 on 19 February 2019.

The first Trustees are;

- 1. Sarah Harper**
- 2. Maria Needs**
- 3. Susan Farthing**

Appointed 19/2/19

The board of Trustees will be required to serve for a minimum of one year and those named above served throughout this period.

Aims and Objectives

“To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing therapeutic gardening activities within a community garden and outdoors.

For the purpose of this clause ‘socially excluded’ means being excluded from society, or parts of society, as a result of one of more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender reassignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitating into society).”

Empowering Futures has maintained its aims and objectives of supporting people who are socially excluded from Society. Individuals who need support and cannot access support or independently tackle the issues and barriers presented. Those most vulnerable, disadvantaged and/or disabled are our primary participants.

For the public benefit

In constituting the charity and conducting the activities throughout the year, the Trustees have had regard to the Charity Commissions guidance on public benefit. Examples of our delivery for the public benefit can be found in the subsequent paragraphs, which give specific examples of activity and those supported. The charity is committed to supporting people who are otherwise excluded and isolated from Society for varying reasons. Some are deemed too expensive to support, some written off, others because of incorrect assumptions made. We believe everyone can achieve, given the right opportunity, encouragement, time and belief. Our successes evidence our achievements and our aims, both with people and in society.

Background to 20/21

Covid continued to have a profound impact on our activity in the first half of the year however we were able to continue small sessions with a reduced workforce and the limitations set by the Governments restrictions.

We used this time effectively as the land we were renting was increasingly becoming difficult to access and neighbours were having regular fires burning all manner of waste.

After much research the charity was offered the use of a 2 acre site in Moorend for a peppercorn rent. In October 2020, the whole farm was dismantled and moved to the new site. This was particularly difficult due to a lack of workforce and volunteers. At the same time, planning permission was applied for to finally secure a purpose built building from where charitable activities could be delivered, without restrictions. The planning permission was a long painful process and the Charity met needless, unfair opposition to its cause. This had a significant impact on resource availability as the Trustees worked tirelessly to overcome every barrier and obstruction.

Tackling Exclusion

Despite this, the farm began to be created. Our volunteers worked relentlessly to secure products to recycle to create a Care Farm whilst learning to care for animals and investing in Training for Forest School Leaders.

Referrals from the Community and interest in the project was widespread and many people visited the farm during the end of the tax year, March and April 2022. We received countless queries regarding children suffering ill health and mental health issues, hence our investment in new training. Trustees met to discuss the situation several times as among the queries were many people asking to volunteer. Unfortunately, the majority of them were people needing one to one support to carry out the smallest of tasks which we were not able to accommodate due to staffing.

We decided to offer work experience to several participants and invested our time to enable them to reach a standard where they could move forward and secure employment.

Additionally, we accepted work placements from Schools for what was often the only child in the class, to have not secured work experience due to autism or learning difficulty. This proved tremendously successful, and every participant grew in confidence and ability.

Feedback from their Schools was extremely positive and each remarked on the incredible difference it had made to the individuals attending.

Lastly, we accepted 3 Traineeships for 70 hours work experience each. All had varying health conditions and had been in isolation throughout Covid and prior. All 3 have successfully secured employment. We discovered by supporting people in an holistic way and focusing on their barriers to move them forward, whilst identifying their root issues, we were able to observe their growth in independence, confidence and new skills. Anxiety and stress began to be triggers they could all deal with, by themselves.

Our welfare benefit support and form filling continued to support people unable to tackle applications with Personal Independent Payment and Disability Living Allowance primarily. Again, all were successful applications. The outcomes for families with children with additional need and adults was profound. New opportunities were identified, and new activity participated in, both at the farm and away from it. Weighed against the average application taking around 30 hours, the Trustees decided this would continue however a cap would need setting due to the requests.

A new session was started for people receiving Social Care and was enjoyed by two groups every week. The activities available included animal care, craft making, gardening and towards the end of the year, we introduced making crafts with willow. The skills participants gained were far reaching and comments like;

- I can't believe I could do this, I cannot plait my hair
- I'm amazed what I've made
- I forgot about all my problems and got lost in the activity
- I feel great

were shared. People of all abilities were able to participate on a level playing field which was our aim.

Specific In-Year Achievements

1. Every gardening session was fully subscribed and attended by people living in isolation, once covid restrictions relaxed
2. Every Personal Independent Payment application was successful at first interview without the need for reconsiderations or appeals
3. Over 6500 voluntary hours delivered, either connected to the farm or its external connections by the Trustees and other volunteers. Volunteers from The Round Table and Aviva assisted us several times during the year.
4. A Land Management Report was commissioned to improve the land and take steps towards combating climate change. Creating new habitats for wildlife and additional pollinators. Over 2000 saplings have been planted.
5. 12 Vintage apple trees have been planted along with bushes for raspberries, blackcurrants, cherries, blueberries and gooseberry to create an orchard where participants will be encouraged to eat from and we hope to supply local families.
6. Schoolchildren from the local primary school have started attending twice a week with 30 Friday afternoons and 12 with additional needs on Wednesday afternoons. Most of whom feel it is the highlight of their week. They have developed team leading skills, outdoor risk assessing, organising and the ability to work together and communicate.
7. New activities combining gardening and willow craft have been delivered to a wide audience of mixed ability and talents
8. Gardening Sessions in Page Park ran for part of the 21/22 year
9. 11 people with complex needs supported into employment
10. The main building is being erected from May 2022
11. We continue to house the bee hives from Aviva

12. A willow den was created in the sensory area for people with autism to provide a quiet place

In summary

Despite setbacks with the land, building and planning permission, we finally won approval for our building in January 2022. The local council spokesman remarked on the unprecedented support that was shown in the deciding meeting, despite the standalone objection represented and raised by Mr T Jones, Parish Councillor, who was challenged and outvoted by all of the other councillors during the meeting!

Lots of new activity planned for the coming year including.

Specific willow class delivery to Bristol Brain Injury Unit

City and Guild qualifications for people who have none

Sensory area development

Outdoor Cooking

Forestry School for All

Inclusion of children out of School because of expulsion or health issues

New Projects for people who do not have equal access to green space

New Projects for people to find and expand their individual talent

Towards the end of the year we applied for several grants to help fund the creation of additional facilities on the farm from toilets to a kitchen in our hub, a mud control footpath for accessibility, ramp to the building, a large polytunnel and accessories.

A successful Crowdfunder raised funds which will remain restricted for the water treatment plant when it is installed.

£500 grant received from Brightside supported purchases to allow Forestry School for children with additional needs who would otherwise be excluded from mainstream activity



Receipts and payments accounts

For the period from	4/6/2021	To	4/5/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Sales	1,676	-	-	1,676
Supported Employment	37,113	-	-	37,113
Fundraising Activity	1,982	-	-	1,982
Interest	-	-	-	-
Donations	25,856	-	-	25,856
Brightside Funding	500	-	-	500
Maf Funding	-	-	-	-
crowdfunder	-	6,373	-	6,373
CJRS Furlough	-	-	-	-
refunds	16	-	-	16
gift aid	6,390	-	-	6,390
Sub total (Gross income for AR)	73,533	6,373	-	79,906
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	73,533	6,373	-	79,906
A3 Payments				
Equipment	2,132	-	-	2,132
PPE	-	-	-	-
MAF Funding	-	-	-	-
Charitable Activities	3,786	-	-	3,786
Staff Costs	61,316	-	-	61,316
Site Costs	-	-	-	-
Admin Costs	1,023	-	-	1,023
Running Costs	7,111	-	-	7,111
Training	2,834	-	-	2,834
Planning Permission	-	-	-	-
Hmrc	1,182	-	-	1,182
Bank Charges	90	-	-	90
Sub total	79,474	-	-	79,474
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	79,474	-	-	79,474
Net of receipts/(payments)	- 5,941	6,374	-	433
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	16,162	-	-	16,162
Cash funds this year end	10,221	6,374	-	16,595

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		-	6,374
		10,221	
		-	-
	Total cash funds	10,221	6,374
	(agree balances with receipts and payments account(s))	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
		-	-
		-	-
		-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	

CC16a

**Last year
to the nearest £**

5,700
51,960
4,562
-
4,537
1,500
8,903

77,162

-
-

77,162

1,142
463
1,587
6,315
34,914
5,466
1,840
1,766
572
7,776
83
61,924

-

61,924

15,238
-
924
16,162



Endowment funds

to nearest £

-
-
-
-

OK

Endowment funds

to nearest £

-
-
-

Current value (optional)

-
-
-

Current value (optional)

-
-
-
-
-

When due (optional)

Date of approval



Receipts and payments accounts

CC16a

For the period from	01/01/2019	To	31/03/2020
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Sales	1,676	-	-	1,676	5,700
Supported Employment	37,114	-	-	37,114	51,960
Fundraising Activity	1,982	-	-	1,982	4,562
Interest	-	-	-	-	-
Donations	25,856	-	-	25,856	4,537
Brightside Funding	-	500	-	500	-
MAF Funding	-	-	-	-	1,500
crowdfunder	-	6,373	-	6,373	-
CJRS Furlough	-	-	-	-	8,903
refunds	-	-	-	-	-
gift aid	6,390	-	-	6,390	-
Sub total (Gross income for AR)	73,018	6,873	-	79,891	77,162
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	73,018	6,873	-	79,891	77,162
A3 Payments					
Equipment	2,892	-	-	2,892	1,142
PPE	-	-	-	-	463
MAF Funding	-	-	-	-	1,587
Charitable Activities	4,509	-	-	4,509	6,315
Staff Costs	61,316	-	-	61,316	34,914
Site Costs	-	-	-	-	5,466
Admin Costs	285	-	-	285	1,840
Running Costs	7,111	-	-	7,111	1,766
Training	2,073	-	-	2,073	572
Planning Permission	-	-	-	-	7,776
Hmrc	1,182	-	-	1,182	-
Bank Charges	90	-	-	90	83
Sub total	79,458	-	-	79,458	61,924
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	79,458	-	-	79,458	61,924
Net of receipts/(payments)	- 6,440	6,873	-	433	15,238
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	16,162	-	-	16,162	924
Cash funds this year end	9,722	6,873	-	16,595	16,162

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Santander	1,183	-	-
	NatWest	8,529	6,873	-
		-	-	-
	Total cash funds	9,722	6,873	-

(agree balances with receipts and payments account(s))

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Details			
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details			
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Details			
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>M. Needs</i>	MARIA NEEDS	25/1/23



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Empowering Futures

**On accounts for the year
ended**

5 April 2022

**Charity no
(if any)**

1182139

Set out on pages

CC16a 1 and 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 5 April 2021.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

26/01/2023

Name:

Susan Rickerby

**Relevant professional
qualification(s) or body
(if any):**

ICAEW

Address:

118 High Street

Staple Hill

Bristol BS16 5HH

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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Empowering Futures

England & Wales - Charity number 1182139

Accounts

Empowering Futures – Annual Trustees Report

BEFF is registered as a CIO (Charitable Incorporated Organisation). Registered with the Charities Commission Number 1182139 on 19 February 2019. The name was changed to Empowering Futures on 19/12/20.

The bank account name could not be changed due to Covid restrictions/no face to face appointments allowed and Santander bank was not prepared to allow the change to charity status, hence bank charges incurred.

The first Trustees are;

- 1. Sarah Harper**
- 2. Maria Needs**
- 3. Angela Taylor – resigned due to poor health**
- 4. Susan Farthing – appointed 19/1/21**

The board of Trustees will be required to serve for a minimum of one year and those named above served throughout this period.

Aims and Objectives

“To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing therapeutic gardening activities and animal care activities.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender reassignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitating into society).”

Empowering Futures has maintained its objectives in supporting people who are isolated and excluded from Society. Individuals who need support and cannot tackle issues or barriers presented to them alone. Those most vulnerable, disadvantaged and/or disabled are our primary participants.

For the public benefit

Examples of our delivery for the public benefit can be found in the following paragraphs which give specific examples of activity and those supported. Empowering Futures is committed to supporting people who are otherwise

excluded from Society for numerous reasons. Some are deemed too expensive to support, some written off, others because of assumptions made. Invariably beneficiaries have led complex lives, coupled with disability and health issues and nowhere to turn. We believe everyone can achieve, given the right opportunity, encouragement, time and belief. Our successes show we have achieved our aims, both with people and in society. We seek to tackle the root issues so as beneficiaries move forward, they are supported and given a voice and their barriers are overcome.

Mar 20 – April 2021

Covid Variations to service

Covid has dominated/prevented most of the planned services during the year.

Our new base at Westerleigh was established and erected in full by March 2020 only to encounter Covid. Our anticipated services were reduced before we could start them. The farm had chickens, goats and small animals and a wealth of products for use in horticulture activity both onsite and offsite.

The Trustees met and discussed how the charity could assist isolated people during Covid whilst maintaining the site and an income. As working from home grew in popularity, extra voluntary hours became available predominantly from saved travelling to work hours.

To combat Covid restrictions, we started a delivery service for our plants and compost. This allowed us to reach people most isolated and also shielding as a result of their health conditions. We kept in touch with multiple people engaged via social media and with telephone calls. Our media reach grew to over 8000, with many maintaining contact via facebook and receiving newsletters. The feedback from those isolated was overwhelming and full of appreciative comments and thanks for ideas shared and the encouragement they felt.

All deliveries were socially distanced, and we added value to each delivery and maintained contact with people who otherwise would have been totally isolated during the continual restrictions. The team were able to communicate growing tips, provide seeds, planters and encourage people to grow their own. Parents and children experimented and used the opportunity to grow their own products in their gardens. For many, it provided an activity they would otherwise have been prevented from. We received numerous emails of thanks and appreciation and felt we were able to offer our support to help people cope during the pandemic in an innovative unique way.

Specific in year Outcomes

Over 300 shielders, reached through delivery of products and Social media which was a huge, exhausting outcome during the year however, extremely rewarding in maintaining our ethos, that no one should be left behind.

During the year, we welcomed a placement who was able to travel to the site, was unable to secure a placement elsewhere and suffered anxiety whilst completing a City and Guilds in Animal Husbandry to learn and gain skills with the animals, she went on to successfully complete her Level 2 and moved on to the Level 3. Additionally, this helped the charity maintain the daily tasks connected with the animal upkeep as the expected services planned to cover this were put on hold due to Covid. The beneficiary has since moved into full time work.

Beneficiaries attended from Social Care and spent time with the animals, including walking the goats as part of their daily exercise with support workers. Groups were limited to 2 and not as anticipated. However, we were able to keep everyone safe and we adopted a covid safeguarding and well-being, risk assessed policy. This resulted in no cases of the virus amongst beneficiaries and none of the volunteers suffering from Covid.

The gardening club was delivered on a 1:1 basis only in each polytunnel for short periods when restrictions were relaxed and to allow beneficiaries' access to an activity after being cooped up all week. For social care beneficiaries' this became one of their only activities that was safe and accessible. Each client had one support worker only whom they travelled with.

Activities carried out with the Growing Staple Hill project included one volunteer from the staff and one from the community to ensure Covid restrictions were followed, travelling to and from the High Street was completed alone.

The planters, made in the previous year, were filled with the plants and flowers beneficiaries had grown and nurtured earlier in the year. Each of the planters were watered everyday in Staple Hill throughout the hot summer. Unfortunately, we could only include a few volunteers in the project as the pandemic restrictions didn't allow groups to safely work together. We transported hundreds of litres of water every day and the beds grew and provided colourful displays to walkers taking their daily strolls. We did receive feedback via social media on the difference the community could see in the neighbourhood especially as most other High Streets did not fill their planters during the pandemic as many distributors could not meet demands.

Staple Hill became a haven of colour as the weather warmed and more and more people left their homes. Seats on the High Street were gradually taken up more and more which prompted conversation about the planters and we

were lucky enough to see and hear this whilst watering every day. Feedback from a local councillor supported this.

We had employed four beneficiaries whilst at Westerleigh to care for the animals, each on part time contracts. Two were furloughed because of their health and two were able to continue.

The people employed had either never worked before or had not worked for a number of years. One lady with significant anxiety had progressed from not being able to leave the house to attending the farm and had began working for 4 hours a week. Her journey, counting every roundabout she passed, returning home to check the taps were turned off gradually became easier and her anxiety lowered. Her debt issues were addressed as was her week to week budget. She learnt to open her post and not hide away debts until they became unsurmountable. The lady had previously worked in a prominent professional position before taking early retirement on ill health as life issues became too much for her.

Another with learning difficulties had never been offered a job at the tender age of 56. She often talked about being sent to employers who didn't 'want her' because she had learning difficulties. She was unable to read or write and has learnt to write her name now and become a valued staff member. Her conversation has grown from 'yes' and 'no' to having the ability to hold true meaningful conversation, express herself and ask questions.

A permanent base

Finally, we were able to secure a new permanent base in Moorend. The land is being rented to the charity for a peppercorn rent in the first three years, allowing us to have a permanent base where we can grow without fear of yet another move.

We packed down our site and moved to what is now a farm, to establish the care farm. However, despite huge local support, we have faced continual and unanticipated barriers to operating. A huge amount of time has been spent on planning applications as the Local Authority insisted on a change of use being requested to include education. Additionally, erecting animal housing and upkeeping the land/animals has exhausted the voluntary hours we were able to provide. We had not envisaged facing a social injustice ourselves and have taken our case to ministerial level seeking justification. Although care farms are encouraged and included in the Governments 25 Environmental plan, the detail is not. We know we are not alone and have spoken to the national federation of Social Farms and Gardens and other 'starters' who are facing similar issues.

However, although general activities were not permitted by the LA, the Trustees were able to employ farmhand coaches to maintain the farm. New employees joined the team, who had been beneficiaries and were furthest

from the labour market. With support from Government grants we were able to support beneficiaries develop and sustain employment. This allowed our objects to be achieved as we not only supported socially isolated people, we were also able to offer regular contact/communication/motivation using a 'real' job and work setting. Beneficiaries employed included those least likely to gain employment and those who had never held any job during their life. However, as extra people were given the opportunity of employment, within a few weeks/months Covid impacted again and some were furloughed due to the need to shield. Each gradually resumed their part time hours as the restrictions allowed.

They included people who could not read or write, had mental health issues, had significant learning difficulties, were autistic and one person was terminally ill. All were employed for part time hours. Five of the people employed have now moved into permanent employment and pastures new, allowing for others to fill their places. One of the employees, in their 50's, who had never been employed before, is now moving towards supporting others which is a mammoth achievement in less than 18 months. The growth in beneficiaries' has once again exceeded our expectations and their own!

To assist our sustainability, we collected over 500 Christmas trees during January 2021 and dismantled each one by hand, with the help of several volunteers, 15% was completed by the end of the financial year. The goats enjoyed tasty treats and the trunks were used for designated beds and signs. We were able to make our own mulch to aid the growth of saplings planted and compost for use in the horticulture activity.

In January 2021, we commissioned a land management plan and have sought to create a care farm where people can learn and benefit from the outdoor space. Our sensory area is complete with a wildflower meadow and pollards of willow. The benefits of being in green space and outdoors is widely publicised as was the lack of facility for those not able to access green space due to disability, during covid. Our sensory garden will provide a sensory area which will support a reduction in anxiety for beneficiaries attending in the future as well as aid their mental health and well-being allowing the charity to reach and support more people using the land as a tool. Volunteers working the land have noted the tranquil feel already when preparing the area despite the noise from the Motorway traffic. The land management plan will allow sharing of information regarding bio-diversity and climate change which will be educational and enable nature talks. The local school with 5% of pupils with Special Educational Needs have voiced interest in bringing children to site who would specifically benefit from the setting on a regular basis.

The goats have enjoyed stripping the grown willow, ready to use in craft activities. Fencing has been erected to separate the paddocks. Over 500 saplings provided by the Woodland Trust have been planted to boost the

biodiversity and help combat climate change. Social Media has been integral in attracting volunteers to perform specific tasks like the tree planting.

We have a protected badger sett which sits at the base of the site and a local willow crafter donated a willow badger that stands prominently there. We have also employed a willow teacher, who when covid restrictions reduce, and the weather allows, will teach us and beneficiaries willow craft. This will be especially helpful for the beneficiaries expected from Bristol NHS Trust Brain Injury Unit who have requested small group work and one to one for those recovering after various treatments relating to brain injury. Willow is recognised as being a successful therapeutic tool because of the repetitive complexities involved. The staff member is nurturing the willow whilst tackling her own health issues and preparing to create her own business which we are supporting her with. This furthers our aim of enabling and empowering people into independence.

Although we haven't been able to deliver planned services, we have welcomed visitors especially adults and children of disability, who cannot cope in mainstream settings and were pandemic shielders. The visits allowed them to maintain their protected isolation whilst being in a safe outdoor space visiting the animals and exploring the sensory area being developed.

We explored new territory and through innovative ideas were able to lay pathways so people who have mobility issues can navigate and access the farm in wheelchairs.

One visitor commented that she had never got so close to an animal or been able to take her wheelchair on grass for fear of tipping over and had always missed out on school trips because of her mobility. Another that she had only been able to leave her home twice in a year and that the trip would be foremost in her memory for a very long time.

Multiple visitors with disadvantaged children commented on the difference it made to their children. One visitor cried as her 4-year-old son with Downs, mixed with the goats and told us, he rarely got out of the car, when she took him to new places. She was shocked at his behaviour and overwhelmed with his eagerness. For many visitors, it was their first or only trip outside their home during the pandemic. The opportunity to be in green space, safely, at a farm with animals was a lifting experience for everyone that visited. 100% of visitors agreed the visit exceeded their expectations and that they felt at ease, relaxed, comfortable and welcome.

We were able to allow people and children with compromised immune systems to the site as they literally had nowhere else they could go safely, outside of their homes during the pandemic. All visits were prebooked to ensure covid restrictions were adhered to.

Additionally, we received many messages via our website asking about activities available for disabled children who were extremely isolated and most suffering intense anxiety and mental health issues. To meet the demand, Empowering Futures embarked on new training with the intention to be in a position to create a Forestry School for children who could not attend mainstream groups. This would allow disabled children to participate in an outdoor activity where they could cope, and grow in confidence whilst learning new skills.

During the year 1 volunteer passed their Forestry School Level 3 and is now a qualified team leader and able to run a Forestry School. Whilst the charity awaits planning permission to provide welfare facilities, we ran a pilot of Forestry School for a few small groups with sessions of 90 minutes. The sessions were highly successful with parents amazed at the difference in their children and in their willingness to take part and be involved. For our volunteers the reactions, achievements, ideas from the beneficiaries were moving and exceeded expectations. One lad, who had been having significant issues at school became much more able to attend School and showed improved behaviour. His mother said, she felt indebted to the charity and was amazed at his behaviour changes.

Horticulture was one of the biggest activities of 2021 as so much could be completed outdoors safely. Additionally, Corporate volunteers were offered from Aviva who were instrumental in making compost heaps and planting trees. We have managed to make all of our own compost and mulch this year. This not only saves significant amounts of money, it also provides us extra confidence in our sustainability. Recycling and upcycling of pallet wood has continued and outdoor furniture and fences have been constructed.

We have managed to maintain the site, with great difficulty, welcome visitors, and communicate with those isolated throughout the year despite the pandemic which is a fantastic achievement made possible by the Trustees, volunteers and disabled people employed to work on the farm for a few hours a week. Our fundraising has been limited and our funds are low however we have sustained the animals and their needs successfully. We have managed to overcome the increased workload and support our beneficiaries where Covid rules allowed.

Through social media, we have been able to reach many people who could not have visited the farm. Our plans to run small peer support groups will go ahead once we have a structure and welfare facilities. Through the multiple communications we have received, we know groups representing the elderly, carers, people responsible for children with additional needs and lone parents are desperate for support, advice, information and guidance. Our intention is to bring these people together to support each other, both

onsite and offsite. We will seek to empower people so beneficiaries receiving support can be maximised and take forward their experiences.

We have continued to deliver welfare benefit support and have successfully gained Personal Independent Payments and Disability Living Allowance for 11 people. These are people who would have 'missed out' on the welfare benefits because of their ability/capability and the complexity of the form filling application. During the pandemic, the applications for welfare benefits concerning disability fell dramatically. Non availability of the Advice Centres and support workers etc would have significantly attributed to this. Where we could not facilitate a full service, we were able to pass on verbal advice over the telephone. The extra benefits were crucial for some of the people who were unable to leave their homes and were struggling to make ends meet. We were able to fill the gap and provide conversation, an escape, support towards obtaining benefits, encouragement, and a voice at the end of the phone.

The year has been testing for the Trustees and volunteers. The barriers presented by the LA have added an extra unexpected pressure. The constant worry presented by Covid, to a very small charity, was almost insurmountable at times. However, as key workers, we were able to continue to work to support people and our staff whilst caring for the animals.

In summary, we have reached more beneficiaries than expected, albeit in a different way and different form from the planned service the care farm will offer. This has shown our adaptability and flexibility, and eagerness to remain person led, once more. We have extensive waiting lists from people wanting to visit the farm, participate in the craft activities that will be available, attend the forestry school. Multiple organisations have requested placements and Corporate organisations have offered services which we plan to use in the future.

Organisations that specialise in various disabilities and health issues have requested places for small gardening groups. We have connected with the local school who are keen to learn and share with us. Many of the walkers in the area regularly stop to discuss progress and we are able to keep them abreast of where we are.

We have been asked to assist with a couple of new gardening/outdoor groups in South Glos and plans will grow once Covid worries become less prominent.

Our voluntary hours have been very high this past year exceeding 3000 as have the professional hours given to us by specialists.

This has allowed the team to develop more skills which will be of particular benefit in the future. Once we are able to have a structure, we will be able to

accommodate more volunteers and more beneficiaries. Our plans to sow, grow and eat will be able to deliver indoor/outdoor cookery classes with specific outcomes. If the pandemic allows, we plan to have some community open days during the summer and later in the year, we have been promised a community orchard from another charity, One Planet Matters.

The Trustees have accepted no payments for their professional services or expenses. Every employee has significant barriers to employment and all are succeeding maintaining our positive successes and outcomes.

We await decisions from the planning department on permission to operate activity as since November 2020, this has not been allowed.

We have included our aims and objectives for planning permission to show the variety of activity we will deliver, once we have permission.

signed on behalf of the board by Maria Needs

A handwritten signature in black ink, appearing to read 'M Needs', followed by a period.

4 February 2022



Empowering Futures	1182139
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CC16a

Receipts and payments accounts

For the period from	06/04/2020	To	05/04/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Sales	5,700	-	-	5,700	1,329
Supported Employment	51,960	-	-	51,960	
Fundraising Activity	4,562	-	-	4,562	3,617
Interest	0	-	-	0	1
Donations	4,537	-	-	4,537	7,880
Adhoc Recycling		-	-	-	6
MAF Funding Grant		1,500	-	1,500	
CJRS Furlough	8,903	-	-	8,903	
		-	-	-	
Sub total (Gross income for AR)	75,662	1,500	-	77,162	12,833
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	75,662	1,500	-	77,162	12,833
A3 Payments					
Equipment	1,142	-	-	1,142	1,282
PPE	463	-	-	463	519
Growing Staple Hill	87	1,500	-	1,587	-
Charitable Activities	6,315	-	-	6,315	2,328
Staff Costs	34,914	-	-	34,914	2,324
Site Costs	5,466	-	-	5,466	2,954
Admin Costs	1,840	-	-	1,840	-
Running Costs	1,766	-	-	1,766	2,502
Training	572	-	-	572	
Planning Permission	7,776	-	-	7,776	
Bank Charges	83	-	-	83	-
Sub total	60,424	1,500	-	61,924	11,910
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	60,424	1,500	-	61,924	11,910
Net of receipts/(payments)	15,238	-	-	15,238	924
A5 Transfers between funds			-	-	-
A6 Cash funds last year end	924	-	-	924	
Cash funds this year end	16,162	-	-	16,162	924

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	16,162	-	-
			-	-
		-	-	-
	Total cash funds	16,162	-	-

(agree balances with receipts and payments account(s))

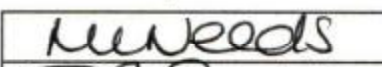
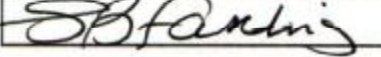
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	MARIA NEEDS	4/2/22
	SUSAN FARTHING	4/2/22



Section A

Independent Examiner's Report

**Report to the trustees/
members of** Empowering Futures

**On accounts for the year
ended** 5 April 2021 **Charity no
(if any)** 1182139

Set out on pages CC16a 1 and 2
(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 5 April 2021.

**Responsibilities and
basis of report** As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement** I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:  **Date:** 4/2/2022

Name: Susan Rickerby

**Relevant professional
qualification(s) or body
(if any):** ICAEW

Address: 118 High Street
Staple Hill
Bristol BS16 5HH

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, occupying the majority of the page. It is intended for the user to provide brief details of any items that the examiner wishes to disclose.