

CARERS' HUB

England & Wales · Charity number 1182120

Details

Other names	CARERS HUB LAMBETH
Status	Registered
Legal form	Charitable company
Company number	11403363
Registered	2019-02-19
Register	View on the Charity Commission register

Contact

Address	Carers' Hub 336 Brixton Road London SW9 7AA
Phone	02075018970
Email	connect@carershut.org.uk
Website	www.carershut.org.uk

Activities

Objects: THE CHARITY'S OBJECTS ('OBJECTS') ARE SPECIFICALLY RESTRICTED TO THE FOLLOWING: THE OBJECTS OF THE CHARITY ARE TO RELIEVE THE STRESSES EXPERIENCED BY CARERS, AND BENEFICIARIES IN ENGLAND AND WALES."BENEFICIARIES" MEANS ANY PERSON OR PERSONS WHO HAVE CARE NEEDS AS A RESULT OF DISABILITY, ILLNESS OR AGE. "CARERS" MEANS ANY PERSON INVOLVED IN THE PROVISION OF CARE WITHOUT RECEIVING REMUNERATION OTHER THAN STATUTORY BENEFITS, FOR A PERSON OR PEOPLE WHO HAVE CARE NEEDS AS A RESULT OF DISABILITY, ILLNESS OR AGE.

Activities: We are an independent local charity based in Brixton. Our work stems from the fact that carers' lives can be negatively impacted in all sorts of ways as a result of their caring role. Whether financial, educational or otherwise, we seek to limit the challenges that carers face in two key ways: by working with carers directly, and by influencing the local services and policies that affect them.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£486,068	£523,346	-	-
2024-03-31	£497,610	£463,223	-	-
2023-03-31	£448,513	£418,825	-	-
2022-03-31	£389,044	£359,067	-	-
2021-03-31	£344,276	£313,519	-	-

Trustees

Name	Role	Appointed
Laura Perkins	Chair	2020-08-27
Ijeoma Obi		2022-12-12
Joanna Clare Oka		2022-09-08
Josephine Caroline Marie Latreille		2025-11-20
Louis Xavier Levin		2024-09-19
Natalie Wall		2022-09-08
Nicola Caroline Goulder		2024-09-19
Pasquale Senior		2025-09-18
Pasquale Senior		2025-09-18
Sean Patrick Hanson		2025-11-20
Sue Dean		2025-09-18

Accounts



Carers
Hub
Lambeth

Annual Report & Financial Statements

For the Year Ending 31st March 2025





**Like the pieces
of a jigsaw coming
together, this report
reflects how every
service, partnership,
and moment of
support has helped
us build a clearer
picture of care
across Lambeth.**



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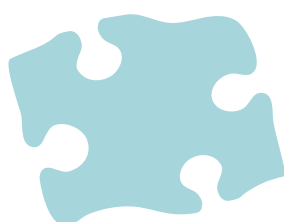
A Message From Our Chair

It is with immense pride and gratitude that, as Chair of Carers' Hub, I present this year's annual report for Carers' Hub. Our unwavering commitment to improving the lives of carers across Lambeth remains at the heart of everything we do, powered by the delivery of quality services and community engagement.



Carers make an immense and often undervalued contribution to society, both economically and socially. Their work forms the backbone of health and social care systems, preventing their collapse and saving governments vast sums of money. Carers fill critical gaps in care provision, particularly as formal social care services face increasing pressures and underfunding. They allow their loved ones to remain in their homes and communities, avoiding costly hospital admissions or residential care.

Despite these vital contributions, carers often face significant challenges and the need for support continues to outstrip capacity. This year carers in our borough have faced significant financial hardships and difficulties juggling work and care, they have also experienced the impact of caring on their own health and wellbeing, causing stress, anxiety, physical problems and isolation. These challenges are often compounded by a lack of adequate support. Recognising and supporting carers is crucial. This includes providing financial assistance, access to respite care, flexible working policies, and mental health support, acknowledging that their invaluable contribution is not just a personal choice but a societal necessity.



At Carers' Hub, as we look back on a year of significant progress, we are energised by the collective impact we have achieved and we remain committed to striving to ensure every carer in Lambeth feels seen, supported, and empowered.

The successes we celebrate as a team this year include:

- **Supporting nearly 2,000 carers** in our borough. 664 young carers and their families and 1,288 adult carers.
- **Winning the Lambeth Charity of the Year Award** at the Lambeth Carers Awards 2024
- **Being awarded the Excellence for Carers Quality Award** by Carers Trust
- **Securing a five year contract** for the provision of services for Adult Carers
- **Securing additional funding** to continuing with the delivery of in-hospital support for carers and specialist services for young carers adult carers affected by substance misuse
- **Increasing our reach** through online referrals, allowing carers to access support more easily.
- **Providing vital respite and social activities**, including the facilitation of a joint respite activity for 20 families through the Family Holiday Charity, and an increased range of social activities for adult carers, now attempting to do training, creative, and social activities twice a month.

“ At Carers’ Hub, as we look back on a year of significant progress, we are energised by the collective impact we have achieved...”

The successes we celebrate this year are a testament to the collaborative spirit and generous support of an incredible network. We extend our deepest appreciation to every carer, donor, funder and partner whose belief in our mission makes our work possible.

A heartfelt thank you goes out to our dedicated trustees and the entire Carers’ Hub team, whose passion and hard work are the driving force behind our impact. We are also profoundly grateful to the Lambeth carers themselves, whose resilience and trust inspire us daily. Our vital partnerships with commissioners, local voluntary sector organisations, and colleagues across the NHS, social care, and education sectors are indispensable, fostering an integrated approach to support. Furthermore, our proud partnership with Carers Trust continues to open invaluable doors for our organisation and for the carers we serve.

Laura Perkins
Chair Carers’ Hub



Mission Statement

To improve carers' lives in Lambeth through quality services and community engagement.

Our Vision

OUR CARERS

Our carers feel listened to, supported and valued. We want to ensure all carers are supported through the challenges caring can bring. Ensuring they can live a life of their own, alongside caring, and realise their hopes, dreams and potential. We will listen to carers' stories and their experiences to inform our work and influence the work of our partners.

OUR TEAM

Being the best that we can be. We want our team to feel proud and happy to be part of Carers' Hub and to be fully supported to thrive at work and be the best that we can. Knowing that together we are striving to make a genuine difference to the lives of local carers.

OUR PARTNERS

Working together to improve the lives of carers. Together we will aim to make a greater impact on the lives of carers in Lambeth. We will continue collaborating together to share our insights, energy and effort to ensure our carers are championed in our borough.

Annual Report & Financial Statements

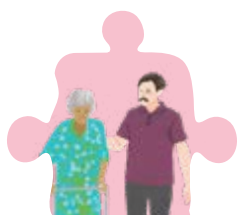
The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

About Carers' Hub

Our mission is to improve carers' lives in Lambeth through quality services and community engagement.

Carers' Hub Lambeth is an independent local charity based in Brixton. Our work stems from the fact carers often go about their roles despite the toll it might take on their own wellbeing, often having to make sacrifices that hamper their own ability to lead a normal life. Whether financial, educational or otherwise, we seek to limit the challenges that carers face. We achieve this through four core work streams:



**Raising awareness
of carers**



**Influencing
local policy**
through community
engagement activities



**Improving carer
wellbeing**



**Connecting carers
to each other**
and support and training
opportunities through
our services

**Since we set up as an independent charity in July 2018,
we have reached over 3,500 carers across all ages.**



Our Key Objectives



Improve Carers' Wellbeing

Caring for a loved one, family member, friend or neighbour, can have a significant impact on all aspects of a carer's own life. Through peer support groups and one-to-one appointments, our dedicated and passionate team work with carers aged 5 and up to help overcome challenges around managing at home, finances, caring with confidence, education and employment, physical health and emotional wellbeing.



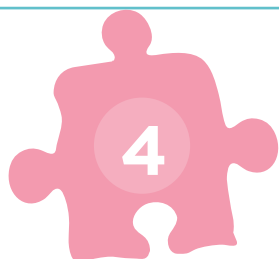
Increase Connections

There is a lot of support on offer in Lambeth, but these things can be difficult to find. We're here to fill those gaps. We provide information on training courses, local services and help carers build connections with each other and their community. We help professionals connect too through our Carers Collaborative Network.



Raise Awareness

We believe caring is everyone's business. That's why we raise awareness across Lambeth — through community outreach, GP practices, hospitals, schools, social work teams, and by actively shaping the Lambeth Carers' Strategy with our partners.

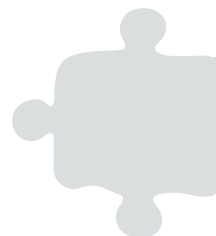


Influence

We believe that the development of local policy, practice and services that affect carers should take carers' experiences into account. For this reason, we host a range of workshops and forums for carers to make their voices heard throughout the year. Our Carers' Strategy Development Manager plays a key role in the development and delivery of the Lambeth Carers' Strategy.

Our Core Services & Key Achievements

Young Carers & Young Adult Carers



A young carer is a child or young person under 18 who looks after a family member or friend with a physical illness, mental health condition, learning disability, or drug or alcohol problem. A young adult carer is usually aged 15 to 21 and may face many of the same challenges, often while juggling education, work, and the ups and downs of growing up.

At Carers' Hub, we support young carers from as young as 5 years old, right through to young adult carers. Our dedicated team provides a safe space, practical help, and emotional support for carers and their families. We focus on four key areas:

- **Fun and adventure:** Exciting activities and trips throughout the year give young carers a chance to take a break and just be kids.
- **Listening and support:** We're always here with a listening ear, advice, and tailored help for both young carers and their families.
- **Friendship and connection:** Our monthly young carers' groups are a place to relax, laugh, and build supportive friendships.
- **Education support:** Through school-based projects, we help young carers stay engaged with learning and get the support they need in school.

Our Young Adult Carers Service offers personalised one-to-one support that focuses on what matters most to each young person, whether that is education, employment, mental health, or simply having space to be heard. Regular opportunities to connect include monthly meetups, a year-round programme of social, creative and wellbeing activities, and personal development opportunities with inspiring local organisations.

Making a big impact in 2024-2025:

- 664 young carers and young adult carers accessed our service
- Including 488 young carers and 167 young adult carers
- 242 new referrals received
- 219 group activities and meetups held
- 1,361 attendances at our events and sessions
- 1,987 signposts to helpful information provided
- 629 external referrals made to ensure families got the right support

These numbers are more than just statistics. They represent the real lives of young people gaining confidence, finding community, and building brighter futures with our support.

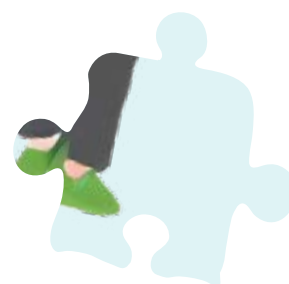
Adult Carers

An adult carer* is someone aged 18 and over who cares, unpaid, for a friend or family member who has an illness, disability, mental health problem or addiction.



- **We provide tailored 1-2-1 support**, whether that relates to finances, day-to-day tasks or something different.
- **We run peer support groups for carers** to share their experience of caring, make friends, and develop new skills. Different carers face different challenges, and that's why our groups are specialised. We run groups tailored to dementia, mental health, neurodiversity and learning disability carers and substance misuse carers.
- **We host a variety of information sessions**, learning opportunities, wellbeing and social activities throughout the year.
- **We deliver first aid training and provide free legal clinics** through our partnerships.
- **We provide in-hospital carers support**, when the person they care for is in hospital, and throughout the discharge process.
- **And if we can't help, we'll do our best to link carers** with someone that can through up-to-date information, signposting and referrals.

During 2024-2025, 1288 carers accessed our adult service. We ran a total of 64 peer support groups during the year, with 476 attendances. We hosted a range of social, wellbeing and information sessions, running 100 activities in total with 600 attendances. In addition, we ensured carers were connected to essential information and wider support, via 1947 signposts and 650 external referrals.



* includes carers for someone with dementia, a mental health problem, neurodiversity and learning disabilities, long-term conditions, someone with a drug or alcohol problem, and parent carers.



Carers Strategy

Carers' Hub sees the Lambeth Carers Strategy as a vital opportunity to raise awareness of carers and improve carer support in our borough. We're working with the Carers Collaborative Strategy Group (CCSG) to help implement the carers strategy.

Carers' Hub plays a key role in delivering the strategy's priorities including leading the development of the Lambeth Carers Card and hosting the Carers Collaborative Network. We co-deliver the Carers Collaborative Strategy Group, and have worked together with Integrated Commissioning to drive forward the refresh of the Carers Strategy in Lambeth.

Over 2024-2025:

618 carers aged 18 plus signed up to the Lambeth Carers Card, accessing emergency planning support, local discounts at participating local businesses and essential information.

- **We hosted 3 meetings of the Carers Collaborative Network** and refreshed the membership in July, ensuring we're reaching as many professionals and volunteers as possible.
- **We worked in partnership with Lambeth Council to launch the refreshed Lambeth Carers Strategy**, and look forward to continuing to play an instrumental role in its delivery.
- **We worked with Lambeth Council to deliver the Lambeth Carers Awards** in September 2024. These awards were established by Lambeth Council and its partners to recognise the significant contribution of carers, professionals, and organisations in the borough, and are part of the new Lambeth Carers Strategy 2024-29.
- **We worked in partnership with Age UK Lambeth to deliver in-hospital carer support**, aiming to increase the identification of carers within hospital settings; work in partnership with hospital professionals to facilitate the triangle of care; assist carers with discharge planning, and enable carers to access long-term support.

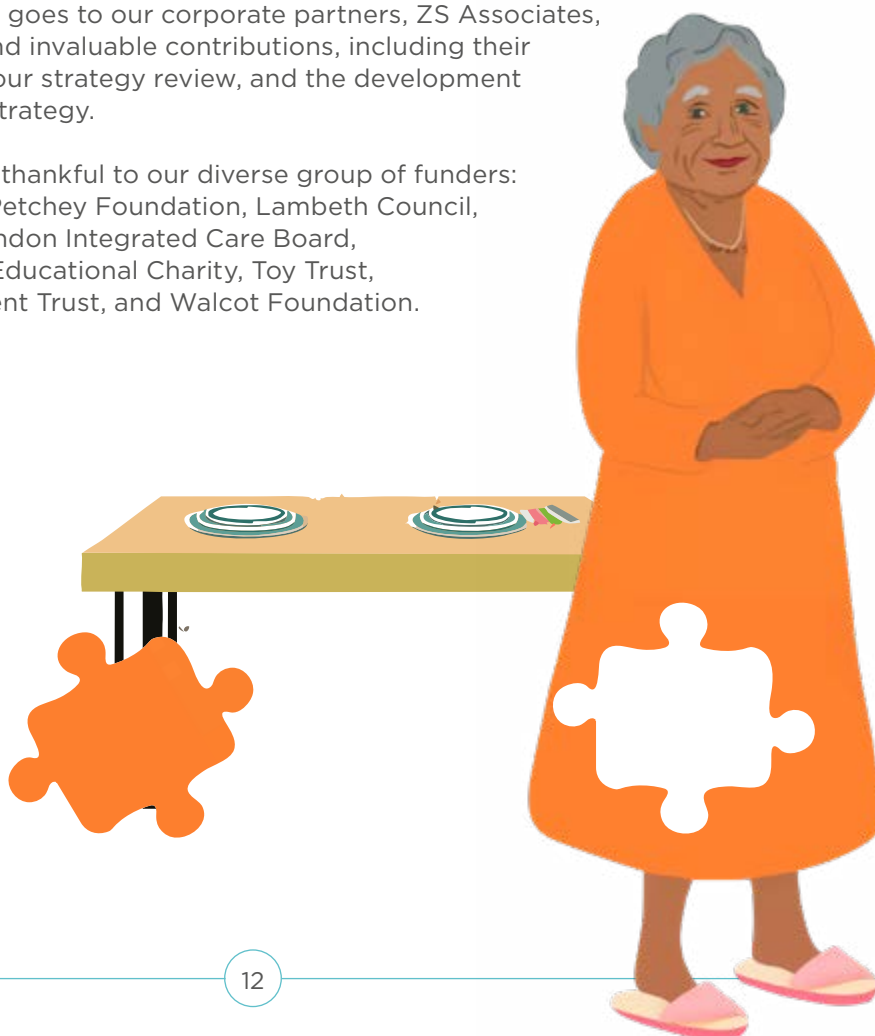
Acknowledgement to Funders and Partners

At Carers' Hub, we are dedicated to enhancing the lives of carers in Lambeth through high-quality services and active community engagement. Our success is profoundly dependent on our funders, and the generous support of our donors and partners, and we extend our sincere gratitude to each one.

We wish to acknowledge and thank all those who empower our vital work: our committed trustees, our dedicated team, the invaluable Lambeth carers we serve, our commissioners, our collaborative local voluntary sector partners, and our esteemed colleagues across the NHS, social care, and education sectors. We also express our appreciation to the Carers Trust team; as a proud Carers Trust network partner, we are grateful for the significant opportunities this collaboration has provided to both our organisation and the carers we support.

A special thank you goes to our corporate partners, ZS Associates, for their ongoing and invaluable contributions, including their crucial support on our strategy review, and the development of our fundraising strategy.

We are also deeply thankful to our diverse group of funders: Carers Trust, Jack Petchey Foundation, Lambeth Council, NHS South East London Integrated Care Board, Sir Walter St John Educational Charity, Toy Trust, Victoria Convalescent Trust, and Walcot Foundation.



Financial Review



Review of the Charity's Financial Position

The statement of financial activities for 2024-2025 is set out on page 15 and shows a reported deficit of £37,278 (2024: £34,387) of which a deficit of £2,088 is restricted income.

The position of the charity at the year end is set out on page 16.

PRINCIPAL FUNDING SOURCES

Our principal source of funding is Lambeth Council for those services being delivered through Connect Lambeth (previously Independent Living and Carers' Partnership). NHS South East London Integrated Care Board, Public Health and Integrated Children's Commissioning also fund a proportion of our work. Recognising the considerable financial pressure facing local authorities both now and in the future, the charity is continuing to consider ways of diversifying its funding base, particularly in relation to grants, donations and corporate partnerships.

Details of the sources of funds are set out in the accounts. The Board confirms that the financial statements comply with current statutory requirements, the requirements of the company's governing document and the requirements of the Statement of Recommended Practice (the Charities SORP 2019).

Trustees will normally serve a three-year term and are eligible for subsequent re-election for one additional three-year term.

RESERVES POLICY

Total Reserves as of 31 March 2025 are: £249,552 (2024: £286,830) of which £67,975 (2024: £70,063) represent restricted funds.

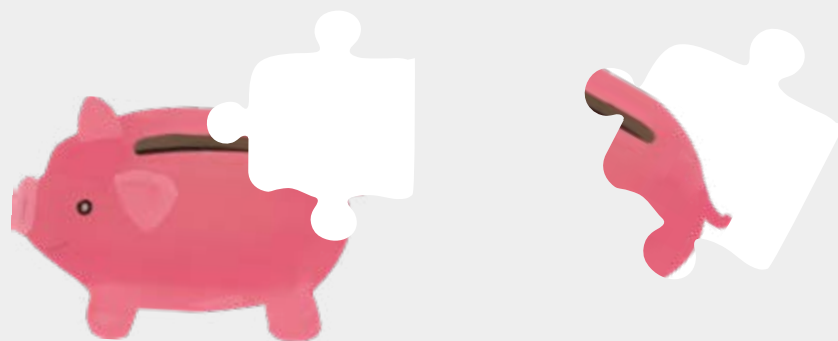
The Board of Trustees has examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets (free reserves) held by the charity should be at a level equivalent to three-six months of operating costs. The budgeted expenditure for 2025-2026 is £621,093, therefore there is a target of a minimum of £155,274 in free funds.

TRUSTEE INDUCTION AND TRAINING

An induction is provided for all new Trustees and ongoing training opportunities are made available. The Board held a review of its skills and experience this year to inform our recruitment strategy to increase the size of our Board and ensure it meets the needs of the organisation. All Trustees give their time voluntarily and receive no remuneration from the charity. Any expenses reclaimed from the Charity are out in the accounts. The trustees delegate day to day management to the Chief Executive.

RISK MANAGEMENT

The Trustees have reviewed the major strategic, business and operational risks which the charity faces. Actions to address key risk areas have been agreed and progress is reviewed regularly. In addition, strong financial controls are in place to mitigate the risk of financial losses due to theft or fraud and these controls are regularly reviewed.



RESPONSIBILITIES OF THE BOARD OF TRUSTEES

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure for the financial year.

In preparing those financial statements, the management committee should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Board is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

MEMBERS OF THE MANAGEMENT COMMITTEE

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out in page 23.

In accordance with company law, as the company's directors, we certify that:

- As the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant independent examination information and to establish that the charity's independent examiners are aware of that information.

INDEPENDENT EXAMINERS OF ACCOUNTS

Hilary Adams Ltd was appointed as the charitable company's Independent Examiners during the year and has expressed their willingness to continue in that capacity.

The report has been prepared in accordance with FRS 102.

Approved by the Management Committee on and signed on its behalf by:

Signed by:

 8F0DE1F627324CE
Laura Perkins – Director

02/10/2025



Statement of Financial Activities (including the Income & Expenditure Account)

INCOMING RESOURCES:		Unrestricted	Restricted	2025 Total	2024 Total
		£	£	£	£
Voluntary income:	Note 4				
Donations & grants		1,670	95,939	97,609	145,919
Lambeth funding contracts		264,948	117,226	382,174	349,038
Activities for generating funds:					
Investment income		-	-	3,120	2,653
Incoming resources from charitable activities:					
Other income		3,165	-	3,165	-
Total incoming resources		272,903	213,165	486,068	497,610
RESOURCES EXPENDED					
Costs of generating funds:					
Costs of generating voluntary income		-	-	-	-
Charitable activities		307,920	215,426	523,346	463,223
Total resources expended	Note 3	307,920	215,426	523,346	463,223
STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES					
Net incoming resources before other recognised gains (net income for the year)		(35,017)	(2,261)	(37,278)	34,387
Transfer depreciation reserve		-	-	-	-
Transfer reserves		(173)	173	-	-
Other recognised gains					
Gain on revaluation of investments		-	-	-	-
Net movement in funds		(35,190)	(2,088)	(37,278)	34,387
Total funds brought forward		216,767	70,063	286,830	252,443
Total funds carried forward		181,577	67,975	249,552	286,830

Statement of Financial Position 31 March 2025

FIXED ASSETS	Note 9	Unrestricted	Restricted	2025 Total	2024 Total
Tangible assets		£ 886	£ 271	£ 1,157	£ 1,902
CURRENT ASSETS	Note 10				
Debtors		7,242	-	7,242	22,127
Cash at bank and in hand		180,898	67,704	248,602	272,417
		188,140	67,704	255,844	294,544
CREDITORS	Note 11				
Amounts falling due within one year		(7,449)	-	(7,449)	(9,616)
NET CURRENT ASSETS					
		180,691	67,704	248,395	284,928
TOTAL ASSETS LESS CURRENT LIABILITIES					
		181,577	67,975	249,552	286,830
NET ASSETS					
		181,577	67,975	249,552	286,830
FUNDS	Note 12				
Unrestricted funds				181,577	216,767
Restricted funds				67,975	70,063
TOTAL FUNDS					
				249,552	286,830

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The financial statements were approved by the Board of Trustees on 18.09.25 and were signed by:

Signed by:


 (PRINT NAME)

Laura Perkins - Director

02/10/2025

Notes to the Financial Statements for the year ended 31 March 2025

1. STATUTORY INFORMATION

Carers' Hub is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the Financial Statements

These financial statements have been prepared in accordance with the provisions Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents grants and contract funding payments received.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc – 33% on cost, 20% on cost.

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

The following specific policies are applied to particular categories of income:

- Grants and contract funding payments are recognised when receivable;
- Investment income is included when receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.



Annual Report & Financial Statements 2025

3. TOTAL RESOURCES EXPENDED

	Basis of allocation	CT Young Carers Action Day	Holiday Activities and Food Programme (HAF)	Hospital Discharge	Jack Petchey	Recovery Grant
COSTS DIRECTLY ALLOCATED TO ACTIVITIES						
Staff costs	Direct	£ -	£ -	£ 36,749	£ -	£ 31,995
Activity costs	Direct	722	955	306	2,792	192
SUPPORT COSTS ALLOCATED TO ACTIVITIES						
Establishment costs	Floor area	-	342	750	-	1,590
General office expenses	Usage	20	-	4,653	-	4,262
Fees & finance charges	Usage	-	-	-	-	-
Depreciation	Usage	-	-	263	-	-
Total resources expended		742	1,297	42,721	2,792	38,039

	SWSJ	Toy Trust	Walcot Foundation	YAC Project	Young Carers Assessment	Young Carers Discretionary
COSTS DIRECTLY ALLOCATED TO ACTIVITIES						
Staff costs	£ 12,166	£ -	£ 26,160	£ 23,729	£ 38,302	£ -
Activity costs	977	1,233	685	3,391	-	4,420
SUPPORT COSTS ALLOCATED TO ACTIVITIES						
Establishment costs	2,764	-	687	942	1,045	-
General office expenses	1,483	-	732	1,257	1,186	-
Fees & finance charges	-	-	-	-	-	-
Depreciation	4	-	-	-	-	-
Total resources expended	17,394	1,233	28,264	29,319	40,533	4,420

	Young Carers Winter Packs	Youth & Play Fund	Youth Opportunities Fund (Cost of Living)	Core	2025 Total	2024 Total
COSTS DIRECTLY ALLOCATED TO ACTIVITIES						
Staff costs	£ -	£ -	£ -	£ 250,669	£ 419,770	£ 355,059
Activity costs	1,922	4,249	2,501	20516	44,861	60,138
SUPPORT COSTS ALLOCATED TO ACTIVITIES						
Establishment costs	-	-	-	20,370	28,490	17,232
General office expenses	-	-	-	15,268	28,861	28,720
Fees & finance charges	-	-	-	619	619	592
Depreciation	-	-	-	478	745	1,482
Total resources expended	1,922	4,249	2,501	307,920	523,346	463,223



4. INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE CHARITY'S OBJECTIVES

	Unrestricted	Restricted	2025 Total	2024 Total
ILCP	£ 264,948	£ 42,059	£ 307,007	£ 278,967
ICC Lambeth	-	37,226	37,226	36,238
London Borough of Lambeth	-	46,580	46,580	33,832
NHS SE London ICB	-	40,000	40,000	41,005
Jack Petchey Foundation	-	2,800	2,800	1,645
Sir Walter St John	-	17,500	17,500	10,000
Walcot Foundation	-	25,000	25,000	25,000
National Lottery	-	-	-	30,000
London Community Foundation	-	-	-	33,600
Toy Trust	-	1,250	1,250	-
Carers Trust	-	750	750	-
Other	1,670	-	1,670	4,670
	266,618	213,165	479,783	494,957

5. EMPLOYEES AND DIRECTORS

Wages and salaries	383,068	326,043
Social security costs	28,669	21,690
Pension	8,033	7,326
	£419,770	£355,059

The average monthly number of employees during the year was as follows:

Manager	1	1
Direct	25	23
	26	24

No employee received emoluments of more than £60,000 in the year.

6. NET INCOMING (OUTGOING) RESOURCES

The operating surplus/(deficit) is stated after charging:

Depreciation – owned asset	745	1,482
Directors' remuneration and other benefits etc	-	-





7. TRUSTEE REMUNERATION AND RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year (2024: Nil).
No expenses were reimbursed during the year (2024: Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2024: Nil).

8. TAXATION

As a charity, Carers’ Hub is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

9. TANGIBLE FIXED ASSETS (PLANT AND MACHINERY)

	2025	2024
Cost	£ 9,592	£ 9,592
Depreciation	8,435	7,690
	-	745
Net Book Value	1,157	1,902

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade Debtors	-	14,020
Other Debtors	7,242	8,107
	7,242	22,127

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Taxation and social security	-	7,330
Other creditors	7,449	2,286
	7,449	9,616

12. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	Transfers between funds	At 31.3.25
Unrestricted				
Core	£ 216 767	£ (35 017)	£ (173)	£ 181 577
	216 767	(35 017)	(173)	181 577
Restricted				
Adult Carers Cost of Living	£ 2	£ -	£ -	£ 2
CT Young Carers Action Day	325	8	-	333
Holiday Activities and Food Programme(HAF)	-	(217)	-	(217)
Hospital Discharge	6,713	(662)	-	6,051
Jack Petchey	2,096	8	-	2,104
National Lottery Cost of Living Fund	(173)	-	173	-
Recovery Grant	4,704	(813)	-	3,891
SWSJ	(452)	106	-	(346)
Toy Trust	-	17	-	17
Walcot Foundation	24,364	(3,264)	-	21,100
YAC Project	16,809	5,806	-	22,615
Young Carers Assessments	14,007	(533)	-	13,474
Young Carers Discretionary	-	455	-	455
Young Carers Winter Packs	-	(1,922)	-	(1,922)
Youth Opportunities Fund	1,668	(2,501)	-	(833)
Youth & Play Fund	-	1,251	-	1,251
	70 063	(2 261)	173	67 975
Total Funds	286 830	(37 278)	-	249 552

Net movement in funds, included in the above, are as follows

	Incoming resources	Resources expended	Movement in funds
Unrestricted			
Core	£ 272,903	£ (307,920)	£ (35,017)
	272,903	(307, 920)	(35,017)
Restricted			
Adult Carers Cost of Living	£ -	£ -	£ -
CT Young Carers Action Day	750	(742)	8
Holiday Activities and Food Programme(HAF)	1,080	(1,297)	(217)
Hospital Discharge	42,059	(42,721)	(662)
Jack Petchey	2,800	(2,792)	8
National Lottery Cost of Living Fund	-	-	-
Recovery Grant	37,226	(38,039)	(813)
SWSJ	17,500	(17,394)	106
Toy Trust	1,250	(1,233)	17
Walcot Foundation	25,000	(28,264)	(3,264)
YAC Project	35,125	(29,319)	5,806
Young Carers Assessments	40,000	(40,533)	(533)
Young Carers Discretionary	4,875	(4,420)	455
Young Carers Winter Packs	-	(1,922)	(1,922)
Youth Opportunities Fund	-	(2,501)	(2,501)
Youth & Play Fund	5,500	(4,249)	1,251
	213 165	(215 426)	(2 261)
	486 068	(523 346)	(37 278)



Chartered Accountants' Independent Examiner's Report to the Trustees of the Unaudited Financial Statements of Carers' Hub

We report on the accounts of the company for the year ended 31 March 2025, which are set out on pages 10 to 16.

Respective responsibilities of Trustees and Examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of Independent Examiner's Report

Our examination was carried out in accordance with the general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
Kent
CT6 5NP

Signed by:

Hilary Adams

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Date: 19.09.25

Chair: Laura Perkins
Vice Chair: Simon Hebditch
Treasurer: Weyinmi Guate
Trustees: Amit Desai, Safeguarding Lead, to February 2025
Ijeoma Obi
James Hynard
James Norris, Co-Lead to September 2024
Joanna Oka
Louis Levin, Safeguarding Lead, from November 2024
Natalie Wall
Nicky Goulder, from November 2024

Statement of Public Benefit

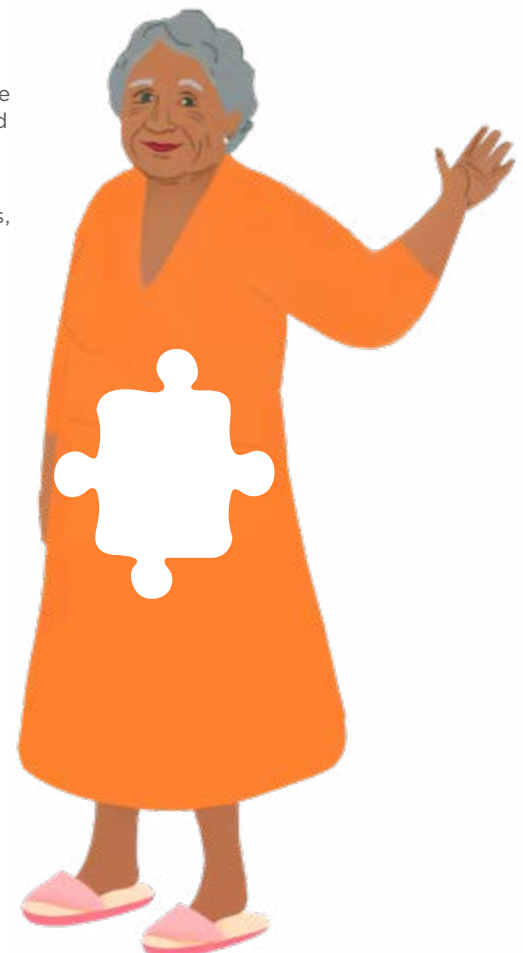
The Trustees have paid due regard to the guidance on public benefit produced by The Charity Commission and are confident that the work of the charity meets all the criteria for public benefit.

Purposes & Aims

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to: relieve the stresses experienced by carers¹, and beneficiaries² in England and Wales.

*carers*¹ means any person involved in the provision of care without receiving remuneration other than statutory benefits, for a person or people who have care needs as a result of disability, illness or age.

*beneficiaries*² means any person or persons who have care needs as a result of disability, illness or age.





Registered Charity Name: Carers' Hub
Charity Registration Number: 182120
Company Registration Number: 11403363

Registered Office & Operational Address: 336, 336 Brixton Road, London, SW9 7AA
Accountants: Hilary Adams Ltd, Chartered Accountants, 158 High Street, Herne Bay, Kent CT6 5NP

Accounts



**Carers
Hub
Lambeth**

Annual Report & Financial Statements

For the Year Ended 31st March 2024

Carers Hub
Registered charity number 1182120
Company number 11403363
www.carershub.org.uk





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A message from our Chair

Reflecting on the past year at Carers' Hub, I continue to be impressed by our team's ongoing passion, commitment and tenacity towards ensuring we effectively meet the needs of unpaid carers in our borough. Although we are still a relatively young charity, we have now reached 3,500 carers since we launched which is an incredible achievement and a contribution to our local community that we can be proud of.

We continue to be a place where carers can turn to, for advice, support, peer to peer connections and often fun activities. Organisational highlights for this year include the opportunity to branch into new service areas and reach more carers. We have conducted a successful pilot supporting carers of all-ages who are impacted by substance misuse. We have also embarked on a new partnership to support carers, when the person they care for is being discharged from hospital, called the Carers Hospital Discharge Partnership. These are specialist services offering vital opportunities to reach carers, who might otherwise miss out on essential support.

This year, carers in our borough continue to face many challenges. The enduring cost of living crisis continues to be extremely difficult, with many of the carers and families we work with struggling to make ends meet. Our team has worked incredibly hard to secure grants, additional funding and to build new partnerships to help carers through this time of great financial insecurity. As an organisation we have witnessed both an increased demand in terms of the number of carers who need our support and a demand for more 1:1 support due to the complexity of cases caused by a lack of support for carers from statutory services.

As a community organisation, like many others like us, we have a vital role to play in our borough but we are also impacted by increased demand alongside rising running costs and recruitment challenges caused by the high cost of living in London.

Despite the challenging times, we continue to be inspired every day by our work with carers. We have a fantastic network of partners, funders and local relationships that support us. We also have a committed, knowledgeable and hardworking Board of Trustees and team who continue to work tirelessly to ensure we navigate these trails, and continue to grow and develop our organisation. Thank you to all of you.

Laura Perkins

Chair

Carers' Hub



Reference & Administrative Information

Registered Charity Name	Carers' Hub
Charity Registration Number	1182120
Company Registration Number	11403363
Registered Office & Operational Address	We are 336, 336 Brixton Road SW9 7AA
Accountants	Hilary Adams Ltd Chartered Accountants 158 High Street Herne Bay Kent CT6 5NP
Bankers	Royal Bank of Scotland (RBS)
Trustees	Laura Perkins Chair Simon Hebditch Vice Chair Weyinmi Guate Treasurer, from September 2023 Amit Desai Safeguarding co-lead Ijeoma Obi (from November 2023) James Hynard James Norris Safeguarding co-lead Joanna Oka (from September 2023) Natalie Wall (from September 2023)



Purposes & Aims

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to:

- relieve the stresses experienced by carers, and beneficiaries in England and Wales.

"Beneficiaries" means any person or persons who have care needs as a result of disability, illness or age.

"Carers" means any person involved in the provision of care without receiving remuneration other than statutory benefits, for a person or people who have care needs as a result of disability, illness or age.

Statement of Public Benefit

The Trustees have paid due regard to the guidance on public benefit produced by The Charity Commission and are confident that the work of the charity meets all the criteria for public benefit.



Annual Report & Financial Statements

Report of the Trustees

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

About Carers' Hub

Our mission is to improve carers' lives in Lambeth through quality services and community engagement.

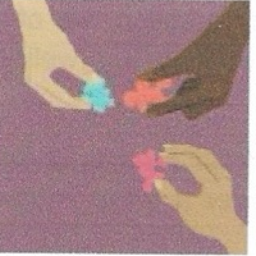
Carers' Hub Lambeth is an independent local charity based in Brixton. Our work stems from the fact carers often go about their roles despite the toll it might take on their own wellbeing, often having to make sacrifices that hamper their own ability to lead a normal life. Whether financial, educational or otherwise, we seek to limit the challenges that carers face. We achieve this through four core work streams:

1. raising awareness of carers,
2. influencing local policy through community engagement activities,
3. improving carer wellbeing, and
4. connecting carers to each other and support and training opportunities through our services.

Since we set up as an independent charity in July 2018, we have reached over **3,500** carers across all ages



Carers' Hub Lambeth has **four key objectives**:

	Improve Carers' Wellbeing Caring for a loved one, family member, friend or neighbour, can have a significant impact on all aspects of a carer's own life. Through peer support groups and one-to-one appointments, our dedicated and passionate team work with carers aged 5 and up to help overcome challenges around managing at home, finances, caring with confidence, education and employment, physical health and emotional wellbeing.
	Increase Connections There is a lot of support on offer in Lambeth, but these things can be difficult to find. We're here to fill those gaps. We provide information on training courses, local services and help carers build connections with each other and their community. We help professionals to connect too through our Carers Collaborative Network.
	Raise Awareness We believe caring is everybody's business. We work hard to raise awareness through outreach in the community, GP practices and local hospitals, presentations to schools and social work teams, through partnership working and our involvement with the Lambeth Carers' Strategy.
	Influence We believe that the development of local policy, practice and services that affect carers should take carers' experiences into account. For this reason, we host a range of workshops and forums for carers to make their voices heard throughout the year. Our Carers' Strategy Development Manager plays a key role in the development and delivery of the Lambeth Carers' Strategy.



Our Core Services & Key Achievements

Young Carers & Young Adult Carers



A young carer is a child or young person under the age of 18 who helps look after a family member or friend, who has an illness or condition. This might be a physical illness; mental illness; learning disability; or some form of drug or alcohol problem. A young adult carer is a young person aged 16-25.

Our young carers team works with children from the age of 5 upwards, offering support and information to young carers and their families. Adventure, friendship and support are super-important for young carers, so we split our work into 4 areas:

- We organise a mixture of exciting activities throughout the year.
- We provide a listening ear and relevant help to young carers and their families.
- We run monthly young carers groups – a space to relax and have fun.
- We run dedicated projects working with schools to support young carers with their education

"This activity has allowed me to socialise and make new friends outside of school. I got to try new things and have tonnes of fun!"

- Young carer

Our Young Adult Carers Service works with Young Adult Carers aged 15-21. Providing tailored 1-2-1 support, working together to address the issues most important to the individual young person. We run a monthly young adult carers meetup group, creating a regular space for Young Adult Carers to make friends, discuss important topics and hear from local organisations. In addition, we offer a programme of activities throughout the year including social, creative and wellbeing activities and learning opportunities.

"[Carers Hub Lambeth] has opened up opportunities within jobs and better ambitions for us after university. It's always nice to meet a wide range of people like us."

- Young Adult Carer



During 2023-2024, **434** young carers and young adult carers accessed our service. This included **290** young carers and **144** young adult carers. We received **109** new referrals into the service. We held **66** activities and meet-ups, including **51** activities specifically for Young Carers, **15** specifically for Young Adult Carers. There were **741** attendances at our events and activities. We also connected young carers, young adult carers and their families to helpful information and external support via **430** signposts and **150** external referrals.

Young Carers Assessments

Since April 2022, Lambeth Council has commissioned Carers' Hub to deliver the statutory young carers assessments for the borough, undertaken by a dedicated Referrals & Assessments Officer. We offer home visits and assessments with young carers and their families, exploring the needs of the young person and their family. We connect young carers and their families to long-term support offered by Carers Hub and wider provision, seeking to help young carers maintain their own wellbeing and achieve their aspirations. In 2023-24, **105** young carers were assessed, with at least 60% going on to access the wider offer from the young carers team. In addition, following assessment **96** external referrals and **488** signposts to essential information and support were made.

"You have no idea how much this will help (my child) and I thank you from the bottom of my heart!"

- Parent of a Young Carer

Young Carers Grants (Short-breaks)

In May 2022, Lambeth Council and the South East London ICS jointly funded Carers' Hub to pilot the provision of Short-Breaks grants to young carers aged between five and twenty-one. Following completion of this successful pilot, funding was continued in 2023-24 which enabled Carers' Hub to award **69** young carers grants in this period. The grants help young carers access activities and events offered by Carers' Hub and by wider organisations, which benefited the young carers' mental health and wellbeing. Young carers used their grants for a number of different activities, such as accessing after school classes (drama, music, gymnastics, swimming, ballet); going on trips (theme parks, the theatre and zoo), purchasing gym memberships or a personal item of their choice.

"The grant made a whole lot of difference. It meant the children were able to have more freedom and independence and time away from their caring role and take part in activities they wouldn't normally do. They were able to spend more quality time together as a family on their holiday. The children enjoyed and appreciated it so much!"

- Parent of two Young Carers



Young Carers & Education

There is always available help at Homework Club which allows me to do my homework to the best of my ability

- Young carer



Carers Hub runs two projects to reduce the negative impacts of caring on young carers' education.

Funded by Sir Walter St John's Educational Charity we offer a term-time **Young Carers Homework Club** for young carers aged 11 to 16, running online on Mondays and an in-person on Tuesdays. The clubs offer a place where our young carers can complete their homework in a supportive environment outside the classroom and away from their caring responsibilities.

Over 2023-24, **59** young carers attended the Homework Club, with **266 attendances** in total. We held **46** sessions of the Homework Club, a mix of online and face to face sessions to ensure our offer was accessible. The Club is facilitated by a Homework Club Coordinator, who helped to connect young carers to external support via **7** referrals and **21** signposts.

Funded via the Walcot Foundation, we offer 1 to 1 support and peer support sessions for Secondary School aged young carers. The project initially focussed on working closely with 6 target secondary schools to identify young carers and offer space for our worker to meet young carers in school on a 1 to 1 basis and in school peer support. We are now in year 1 of a follow-up project which has been opened up to young carers across the community offering a monthly peer support session based outside of the school setting, in school groups and access to 1 to 1 support from the project officer.

Over 2023-2024, **79 young carers** aged 12-16 were supported, and a total of **54 peer support groups** offered with **267 attendances**. The project officer also connected young carers to wider support via **21 referrals** and **43 signposts** to local organisations.

"The meet ups are social, lovely, relieving, they've really helped with my social skills, opening up and being myself."

- Young Carer



Adult Carers includes, carers for dementia, mental health neurodiversity & learning disabilities



An adult carer is someone aged 18 and over who cares, unpaid, for a friend or family member who has an illness, disability, mental health problem or addiction.

- 1) We provide tailored 1-2-1 support, whether that relates to finances, day-to-day tasks or something different.
- 2) We run peer support groups for carers to share their experience of caring, make friends, and develop new skills. Different carers face different challenges, and that's why our groups are specialised. We run groups tailored to dementia, mental health, neurodiversity & learning disability carers and substance misuse carers.
- 3) We host a variety of information sessions, learning opportunities, wellbeing and social activities throughout the year.
- 4) We deliver first aid training and provide free legal clinics through our partnerships.
- 5) And if we can't help, we'll do our best to link carers with someone that can through up-to-date information, signposting and referrals.

During 2023-4, **1,098** carers accessed our adult service. We ran a total of **55** peer support groups during the year, with **344** attendances. We hosted a range of social, wellbeing and information sessions, running **109** activities in total with **684** attendances. In addition, we ensured carers were connected to essential information and wider support, via **1,507** signposts and **520** external referrals.

"So much. So very much it has changed and empowered in a positive way."

- Adult Carer



Substance Misuse Carers pilot

Carers' Hub Lambeth secured funding from Lambeth Public Health to run a one year pilot, to offer a new all-age offering for Substance Misuse Carers. Our Family Support Worker provided targeted interventions and peer support to young and adult carers affected by substance misuse. Helping carers to understand the issues surrounding alcohol and drug dependency, access adequate support for themselves and the person that they care for, and connect to others going through similar experiences. Following our successful pilot, Carers' Hub has received further funding to continue our Substance Misuse Carers service offering.

During 2023-2024 we received **57** new referrals for the Substance Misuse pilot. Carers were supported by **19** brief interventions for young carers and **51** for adults, by **11** external signposts and referrals for young carers and **63** for adults. In addition, **7** young adult carers and **9** adult carers peer support groups took place, with **13** and **40** attendances respectively.

"It helps to discuss problems with others as the stigma of addiction means that we rarely talk it over to friends and family about it."

- Adult Carer

Supporting Carers through the Cost of Living Crisis

Over 2023-2024 we received funding from London Community Foundation, Lambeth Youth Opportunity Fund, and National Lottery Community Fund to support carers and families through the cost of living crisis. This funding allowed us to support our families experiencing financial hardship, through vouchers which were used for food, essentials, winter clothing and energy. We issued 172 vouchers to young carers and their families, and 126 to adult carers with the cost of living vouchers. Over this period, we also secured £24,358 in grants for our carers. Further to this, in October we established a relationship with the Fuel Bank Foundation who provide emergency support to households who pre-pay for their energy and are at risk of entering fuel crisis, awarding 82 vouchers to households totalling over £4,000 in emergency support.



Carers Hospital Discharge Partnership

This year, Carers' Hub Lambeth and Age UK Lambeth successfully secured funding from Lambeth Integrated Commissioning to co-deliver a pilot to support unpaid carers while the person they look after is in hospital or is discharged from hospital. In late 2023 Carers' Hub began scoping our new in-hospital carers support offer and forged partnerships with King's College Hospital NHS Trust and Guy's and St Thomas' NHS Foundation Trust. The in-hospital service offering will launch in 2024-25 following recruitment of two Hospital Carers' Leads.

Carers Strategy



Carers' Hub sees the Carers Strategy as a vital opportunity to raise awareness of carers and improve carer support in our borough. Through our Carers Strategy Development Manager post, we're working with the Carers Collaborative Strategy Group (CCSG) to help realise the carers strategy.

Carers' Hub plays a key role in delivering the strategy's priorities including leading the development of the **Lambeth Carers Card** and hosting the **Carers Collaborative Network**. We coordinate the **Carers Collaborative Strategy Group**, and have worked together with Integrated Commissioning to drive forward the refresh of the Carers Strategy in Lambeth.

Over 2023-24:

- **320** carers aged 18 plus signed up to the Lambeth Carers Card, accessing emergency planning support, local discounts at participating local businesses and essential information.
- We hosted **3** meetings of the Carers Collaborative Network welcoming speakers including Lambeth Public Health, Lambeth Talking Therapies, Solidarity in a Crisis and South London Listens.
- We worked in partnership with Lambeth Council to develop the new Lambeth Carers Strategy 2024-29, and look forward to playing an instrumental role in its delivery.



Acknowledgement to funders and partners

At Carers' Hub we have been working hard to improve carers' lives in Lambeth, through quality services and community engagement. We appreciate each and every one of our donors and partners and wouldn't be able to be where we are without their support.

We would like to acknowledge and thank everyone who enables us to do the work that we do: our trustees, our team, Lambeth carers, commissioners, local voluntary sector partners, and NHS, social care and education sector colleagues. In addition, we would like to thank the Carers Trust team. We are proud to be a Carers Trust network partner, and are grateful for the opportunities this has offered to our organisation and the carers we work with.

We also want to say thank you to our corporate partners, ZS Associates, for their continued support, the ZS team's support on our strategy review, development of our fundraising strategy and our Winter campaign has been invaluable.

Our funders: Lambeth Council, NHS South East London Integrated Care Board, Walcot Foundation, Sir Walter St John Educational Charity, The National Lottery Community Fund, The London Community Foundation and Carers Trust.



Financial Review

Review of the Charity's Financial Position

The statement of financial activities for 2023-2024 is set out on page 17 and shows a reported surplus for the year of £34,387 (2023: £29,688) of which a surplus of £31,757 (2023: deficit £4,505) is restricted income.

The position of the charity at the year end is set out on page 18.

Our surplus this year largely results from having staff vacancies.

Principal Funding Sources

Our principal source of funding is Lambeth Council for those services being delivered through Connect Lambeth (previously Independent Living and Carers' Partnership). NHS South East London Integrated Care Board, Public Health and Integrated Children's Commissioning also fund a proportion of our work. Recognising the considerable financial pressure facing local authorities both now and in the future, the charity is continuing to consider ways of diversifying its funding base, particularly in relation to grants, donations and corporate partnerships.

Details of the sources of funds are set out in the accounts. The Board confirms that the financial statements comply with current statutory requirements, the requirements of the company's governing document and the requirements of the Statement of Recommended Practice (the Charities SORP 2019).

Trustees will normally serve a three-year term and are eligible for subsequent re-election for one additional three-year term.

Reserves Policy

Total Reserves as of 31 March 2024 are: £286,830 (2023: £252,443) of which £70,063 (2023: £38,306) represent restricted funds.

The Board of Trustees has examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets (free reserves) held by the charity should be at a level equivalent to three to six months of operating costs. The budgeted expenditure for 2024-2025 is £502,143; therefore there is a target of a minimum of £125,536 in free funds.



Trustee Induction and Training

An induction is provided for all new Trustees and ongoing training opportunities are made available.

The Board held a review of its skills and experience this year to inform our recruitment strategy to increase the size of our Board and ensure it meets the needs of the organisation. All Trustees give their time voluntarily and receive no remuneration from the charity. Any expenses reclaimed from the Charity are out in the accounts. The trustees delegate day to day management to the Chief Executive.

Risk Management

The Trustees have reviewed the major strategic, business and operational risks which the charity faces. Actions to address key risk areas have been agreed and progress is reviewed regularly. In addition, strong financial controls are in place to mitigate the risk of financial losses due to theft or fraud and these controls are regularly reviewed.

Responsibilities of the Board of Trustees

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure for the financial year.

In preparing those financial statements, the management committee should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Board is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Members of the Management Committee

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out in page 3.

In accordance with company law, as the company's directors, we certify that:

- As the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant independent examination information and to establish that the charity's independent examiners are aware of that information.

Independent Examiners of Accounts

Hilary Adams Ltd was appointed as the charitable company's Independent Examiners during the year and has expressed their willingness to continue in that capacity.

The report has been prepared in accordance with FRS 102.

Approved by the Management Committee on and signed on its behalf by:

Signed by:

Laura Perkins

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Laura Perkins – Director



Statement of Financial Activities
(including Income and Expenditure Account)
for the Year Ended 31 March 2024

	Notes	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Incoming resources:					
Voluntary income:	4				
Donations & grants		3,920	141,999	145,919	146,588
Lambeth funding contracts		264,948	84,090	349,038	301,186
Activities for generating funds:					
Investment income		2,653	-	2,653	739
Incoming resources from charitable activities:					
Other income		-	-	-	-
Total incoming resources		271,521	226,089	497,610	448,513
Resources expended					
Costs of generating funds:					
Costs of generating voluntary income		-	-	-	-
Charitable activities		267,146	196,077	463,223	418,825
Total resources expended	3	267,146	196,077	463,223	418,825
STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES					
Net incoming resources before other recognised gains					
(net income for the year)		4,375	30,012	34,387	29,688
Transfer depreciation reserve		-	-	-	-
Transfer reserves		(1,745)	1,745	-	-
Other recognised gains					
Gain on revaluation of investments		-	-	-	-
Net movement in funds		2,630	31,757	34,387	29,688
Total funds brought forward		214,137	38,306	252,443	222,755
Total funds carried forward	12	216,767	70,063	286,830	252,443

Movements in funds are disclosed in Note 12 to the financial statements.



Statement of Financial Position Year Ended 31 March 2024

				31.3.24	31.3.23
	Notes	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
FIXED ASSETS					
Tangible assets	9	669	1,233	1,902	1,377
CURRENT ASSETS					
Debtors	10	8,007	14,120	22,127	26,394
Cash at bank and in hand		<u>216,807</u>	<u>55,610</u>	<u>272,417</u>	<u>235,003</u>
		224,814	69,730	294,544	261,397
CREDITORS					
Amounts falling due within one year	11	(8,716)	(900)	(9,616)	(10,331)
NET CURRENT ASSETS		<u>216,098</u>	<u>68,830</u>	<u>284,928</u>	<u>251,066</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>216,767</u>	<u>70,063</u>	<u>286,830</u>	<u>252,443</u>
NET ASSETS		<u>216,767</u>	<u>70,063</u>	<u>286,830</u>	<u>252,443</u>
FUNDS	12				
Unrestricted funds				216,767	214,137
Restricted funds				<u>70,063</u>	<u>38,306</u>
TOTAL FUNDS				<u>286,830</u>	<u>252,443</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The financial statements were approved by the Board of Trustees on..... and were signed by:

Signed by:

Laura Perkins

BF9DE1F627324CE..

Laura Perkins – Director



Notes to the Financial Statements for the Year Ended 31 March 2024

1. STATUTORY INFORMATION

Carers' Hub is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents grants and contract funding payments received.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost, 20% on cost

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Grants and contract funding payments are recognised when receivable;
- Investment income is included when receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.



Notes to the Financial Statements - continued for the Year Ended 31 March 2024

3. TOTAL RESOURCES EXPENDED

	Basis of allocation	Adult Carers Cost of Living	CT Young Carers Action Day	Hospital Discharge	Jack Petchey	Kings Civic Challenge	National Lottery Cost of Living Fund	Recovery Grant	SWSJ	Walcot Foundation	YAC Project	Young Carers Assessments	Young Carers Descretionary	Youth Opportunities Fund (Cost of Living)	Youth & Play Fund	Core	2024 Total	2023 Total
		£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£
Costs directly allocated to activities	Staff costs	3,722	-	4,371	-	-	14,289	24,477	5,703	19,022	27,003	26,669	-	-	-	229,803	355,059	338,962
	Activity costs	6,276	331	844	1,180	-	6,057	310	277	1,209	2,353	100	4,550	21,932	(300)	15,019	60,138	28,621
Support costs allocated to activities	Establishment costs	-	232	310	-	-	2,960	1,960	2,080	307	1,326	1,235	-	-	-	6,822	17,232	21,723
	Floor area	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	General office expenses	-	43	1,518	-	42	6,694	2,022	304	1,104	1,110	1,901	-	-	-	13,982	28,720	27,853
	Fees & finance charges	-	-	-	-	-	-	-	-	-	-	-	-	-	-	592	592	598
Depreciation	Usage	-	-	263	-	-	173	-	118	-	-	-	-	-	-	928	1,482	1,068
Total resources expended		9,998	606	7,306	1,180	42	30,173	28,769	8,482	21,642	31,792	29,905	4,550	21,932	(300)	267,146	463,223	418,825



Notes to the Financial Statements - continued for the Year Ended 31 March 2024

4. INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE CHARITY'S OBJECTS

	Unrestricted	Restricted	2024 Total	2023 Total
	£	£	£	£
ILCP	264,948	14,019	278,967	264,948
ICC Lambeth	-	36,238	36,238	36,238
London Borough of Lambeth	-	33,832	33,832	-
NHS SE London CCG	-	-	-	29,000
NHS SE London ICB	-	41,005	41,005	1,000
Jack Petchey Foundation	-	1,645	1,645	1,800
Compassion in Dying	-	-	-	12,062
Sir Walter St John	-	10,000	10,000	9,881
Walcot Foundation	-	25,000	25,000	25,000
Kings Civic	-	-	-	5,000
Young Carers	-	-	-	9,754
Public Health Commissioning	-	-	-	12,245
National Lottery	-	30,000	30,000	-
Age UK	-	-	-	34,495
London Community Foundation	-	33,600	33,600	-
Other	<u>3,920</u>	<u>750</u>	<u>4,670</u>	<u>6,351</u>
	<u>268,868</u>	<u>226,089</u>	<u>494,957</u>	<u>447,774</u>

5. EMPLOYEES AND DIRECTORS

	31.3.24 £	31.3.23 £
Wages and salaries	326,043	310,386
Social security costs	21,690	22,487
Pension	<u>7,326</u>	<u>6,089</u>
	<u>355,059</u>	<u>338,962</u>

The average monthly number of employees during the year was as follows:

	31.3.24	31.3.23
Manager	1	1
Direct	<u>23</u>	<u>20</u>
	<u>24</u>	<u>21</u>

No employee received emoluments of more than £60,000 in the year.



Notes to the Financial Statements - continued for the Year Ended 31 March 2024

6. NET INCOMING (OUTGOING) RESOURCES

The operating surplus/(deficit) is stated after charging:

	31.3.24 £	31.3.23 £
Depreciation – owned asset	<u>1,482</u>	<u>1,068</u>
Directors' remuneration and other benefits etc	<u>-</u>	<u>-</u>

7. TRUSTEE REMUNERATION AND RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year (2023: Nil).
No expenses were reimbursed during the year (2023: Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2023: Nil).

8. TAXATION

As a charity, Carers' Hub is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

9. TANGIBLE FIXED ASSETS

	Plant and machinery etc £
COST	
At 1 April 2023	7,585
Additions	<u>2,007</u>
At 31 March 2024	<u>9,592</u>
DEPRECIATION	
At 1 April 2023	6,208
Charge for year	<u>1,482</u>
At 31 March 2024	<u>7,690</u>
NET BOOK VALUE	
At 31 March 2024	<u>1,902</u>
At 31 March 2023	<u>1,377</u>



Notes to the Financial Statements - continued for the Year Ended 31 March 2024

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade debtors	14,020	18,119
Other debtors	8,107	8,275
	<u>22,127</u>	<u>26,394</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Taxation and social security	7,330	6,355
Other creditors	2,286	3,976
	<u>9,616</u>	<u>10,331</u>

12. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	Transfers between funds	At 31.3.24
Unrestricted				
Core	214,137	4,375	(1,745)	216,767
	<u>214,137</u>	<u>4,375</u>	<u>(1,745)</u>	<u>216,767</u>
Restricted				
Adult Carers Cost of Living	-	2	-	2
CT Young Carers Action Day	181	144	-	325
Digital Resource for Carers	(1,800)	-	1,800	-
Hospital Discharge	-	6,713	-	6,713
Jack Petchey	1,631	465	-	2,096
Kings Civic Challenge	42	(42)	-	-
National Lottery Cost of Living Fund	-	(173)	-	(173)
Recovery Grant	(359)	5,063	-	4,704
SWSJ	(1,970)	1,518	-	(452)
Walcot Foundation	21,006	3,358	-	24,364
YAC Project	10,686	9,213	(3,090)	16,809
Young Carers	(245)	-	245	-
Young Carers Assessments	7,674	6,333	-	14,007
Young Carers Discretionary	1,460	(4,550)	3,090	-
Youth Opportunities Fund	-	1,668	-	1,668
Youth & Play Fund	-	300	(300)	-
	<u>38,306</u>	<u>30,012</u>	<u>1,745</u>	<u>70,063</u>
TOTAL FUNDS	<u>252,443</u>	<u>34,387</u>	<u>-</u>	<u>286,830</u>



Notes to the Financial Statements - continued for the Year Ended 31 March 2024

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above, are as follows

	Incoming resources	Resources expended	Movement in funds
Unrestricted			
Core	271,521	(267,146)	4,375
	271,521	(267,146)	4,375
Restricted			
Adult Carers Cost of Living	10,000	(9,998)	2
CT Young Carers Action Day	750	(606)	144
Hospital Discharge	14,019	(7,306)	6,713
Jack Petchey	1,645	(1,180)	465
Kings Civic Challenge	-	(42)	(42)
National Lottery Cost of Living Fund	30,000	(30,173)	(173)
Recovery Grant	33,832	(28,769)	5,063
SWSJ	10,000	(8,482)	1,518
Walcot Foundation	25,000	(21,642)	3,358
YAC Project	41,005	(31,792)	9,213
Young Carers Assessments	36,238	(29,905)	6,333
Young Carers Discretionary	-	(4,550)	(4,550)
Youth Opportunities Fund	23,600	(21,932)	1,668
Youth & Play Fund	-	300	300
	226,089	(196,077)	30,012
	497,610	(463,223)	34,387

Adult Carers Cost of Living – Short-term grant from London Community foundation, to respond to the immediate impacts of the cost of living crisis on unpaid carers.

Carers Trust, Young Carers Action Day – Grant of £750 to deliver a one off event on Young Carers Action Day.

Hospital Discharge – Funded through the Better Care fund, pilot to support carers in hospital, when the person they care for is either admitted or discharged.

Jack Petchey – Each year we can nominate 6 young carers for an award of £300 which is then used for an activity of their choice.

National Lottery Cost of Living – Short-term grant from the National Lottery Cost of Living Fund to respond to the immediate impacts of the cost of living crisis on unpaid carers.

Recovery Grant – funding from Lambeth Public Health to support carers impacted by a loved one's substance misuse issues.

SWSJ & Walcot - both fund young carers educational projects.

Young Carers Assessments – we have been commissioned by the local authority to deliver the young carers needs assessments in the borough since April 2022.

Youth Opportunities Fund – Short-term grant from Lambeth, managed by London Community Foundation, to respond to the immediate impacts of the cost of living crisis on young carers and their families.

Youth & Play – Lambeth Youth & Play commissioning team, fund one off events for our young carers and young adult carers.



Chartered Accountants' Independent Examiner's Report to the Trustees of the Unaudited Financial Statements of Carers' Hub

We report on the accounts of the company for the year ended 31 March 2024, which are set out on pages 17 to 24.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
Kent
CT6 5NP

Hilary Adams

Date: 18 NOVEMBER 2024

Accounts



Carers
Hub
Lambeth

Annual Report & Financial Statements

For the Year Ended 31st March 2023

Carers Hub
Registered charity number 1182120
www.carershub.org.uk





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A message from our Chair

In the following pages of this report we will share what we do at Carers' Hub, our achievements over 2022-2023 and our financial position. I took on the role of Chair at Carers' Hub in September 2022 and I am hugely proud of the difference we have made to carers' lives in Lambeth in the past year.

The year 2022-2023 was a challenging year for carers. Just as carers and their families took a breath after the pressures of the COVID-19 pandemic gradually started to ease, as the summer drew to an end, they were faced with a growing cost of living crisis. Rising inflation has meant carers, who were already in precarious financial positions due to their caring role, have struggled to make ends meet, finding it difficult to heat their homes, buy food and essential items and pay their rent. Carers also disproportionately experience poor mental health, anxiety and isolation and the stress and worry of debt, bills and housing as a result of the crisis has only compounded this.

During the year we have, as a result, seen a rise in demand for our services, making our role in Lambeth as the main charity dedicated to supporting carers even more vital. Much like during the pandemic, Alice Dias our Chief Executive and our dedicated team stepped up and through their knowledge, commitment, expertise and compassion have ensured that carers voices are heard, that their wellbeing is supported, that we connect them to each other and that we influence local decision making on their behalf. The four pillars of our work that have formed the foundation of our Carers' Hub five year strategy which we launched in July 2022.

We ended 2022-2023 with a clear vision and strategy for the future and in a strong financial position, thanks to our funders and supporters which we value greatly. Collaboration and partnership are also vital to our work, and we appreciate the partnerships we have across the borough that help us to achieve our mission for carers. As a small but growing charity we also rely on our Trustees who give up their time and skills and on our team who make a difference to carers' lives every day - thank you so much for being part of our organisation.

Laura Perkins

Chair

Carers' Hub



Reference & Administrative Information

Registered Charity Name	Carers' Hub
Charity Registration Number	1182120
Company Registration Number	11403363
Registered Office & Operational Address	We are 336, 336 Brixton Road SW9 7AA
Accountants	Hilary Adams Ltd Chartered Accountants 158 High Street Herne Bay Kent CT6 5NP
Bankers	Royal Bank of Scotland (RBS)
Trustees	Laura Perkins Chair Simon Hebditch Vice Chair Weyinmi Guate Treasurer, from September 2023 Hilary Adams Treasurer, to February 2023 Amit Desai Duncan Cook (to September 2022) Ijeoma Obi (from November 2023) James Hynard James Norris Joanna Oka (from September 2023) Natalie Wall (from September 2023) Sangeeta Sooriah (to September 2022)



Purposes & Aims

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to:

- relieve the stresses experienced by carers, and beneficiaries in England and Wales.

“Beneficiaries” means any person or persons who have care needs as a result of disability, illness or age.

“Carers” means any person involved in the provision of care without receiving remuneration other than statutory benefits, for a person or people who have care needs as a result of disability, illness or age.

Statement of Public Benefit

The Trustees have paid due regard to the guidance on public benefit produced by The Charity Commission and are confident that the work of the charity meets all the criteria for public benefit.



Annual Report & Financial Statements

Report of the Trustees

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

About Carers' Hub

Our mission is to improve carers' lives in Lambeth through quality services and community engagement.

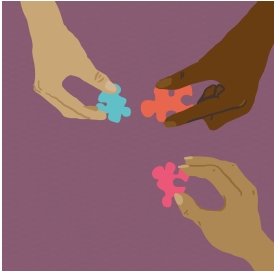
Carers' Hub Lambeth is an independent local charity based in Brixton. Our work stems from the fact carers often go about their roles despite the toll it might take on their own wellbeing, often having to make sacrifices that hamper their own ability to lead a normal life. Whether financial, educational or otherwise, we seek to limit the challenges that carers face. We achieve this through four core workstreams:

1. raising awareness of carers,
2. influencing local policy through community engagement activities,
3. improving carer wellbeing and
4. connecting carers to each other and support and training opportunities through our services.

Since we set up as an independent charity in July 2018, we have reached over **2,500** carers across all ages



Carers' Hub Lambeth has **four key objectives**:

	Improve Carers' Wellbeing Caring for a loved one, family member, friend or neighbour, can have a significant impact on all aspects of a carer's own life. Through peer support groups and one-to-one appointments, our dedicated and passionate team work with carers aged 5 and up to help overcome challenges around managing at home, finances, caring with confidence, education and employment, physical health and emotional wellbeing
	Increase Connections There is a lot of support on offer in Lambeth, but these things can be difficult to find. We're here to fill those gaps. We provide information on training courses, local services and help carers build connections with each other and their community. We help professionals to connect too through our Carers Collaborative Network.
	Raise Awareness We believe caring is everybody's business. We work hard to raise awareness through outreach in the community, GP practices and local hospitals, presentations to schools and social work teams, through partnership working and our involvement with the Lambeth Carers' Strategy.
	Influence We believe that the development of local policy, practice and services that affect carers should take carers' experiences into account. For this reason, we host a range of workshops and forums for carers to make their voices heard throughout the year. Our Carers' Strategy Development Manager plays a key role in the development and delivery of the Lambeth Carers' Strategy.



Our Core Services & Key Achievements

Young Carers & Young Adult Carers



A young carer is a child or young person under the age of 18 who helps look after a family member or friend, who has an illness or condition. This might be a physical illness; mental illness; learning disability; or some form of drug or alcohol problem. A young adult carer is a young person aged 18-25.

Our young carers team works with children from the age of 5 upwards, offering support and information to young carers and their families. Adventure, friendship and support are super-important for young carers, so we split our work into 4 areas:

- We organise a mixture of exciting activities throughout the year.
- We provide a listening ear and relevant help to young carers and their families.
- We run monthly young carers groups – a space to relax and have fun.
- We run dedicated projects working with schools to support young carers with their education

Helped my confidence, and exposure therapy to things I wouldn't usually try like drama and acting. (Young carer reflecting on our holiday programme)

Our Young Adult Carers Service works with Young Adult Carers aged 15-21. Providing tailored 1-2-1 support, working together to address the issues most important to the individual young person. We run a monthly young adult carers meetup group, creating a regular space for Young Adult Carers to make friends, discuss important topics and hear from local organisations. In addition, we offer a programme of activities throughout the year including social, creative and wellbeing activities and learning opportunities.

Carers Hub Lambeth is helpful because I can get support from other people who I have things in common with and it improved my confidence in asking other people for help. - Young Adult Carer, aged 16

During 2022-2023, **471** young carers and young adult carers accessed our service. This included **329** young carers aged 5 - 15 and **136** carers aged 16 - 25 and an additional **6** who did not disclose their age. We received **279** new referrals into the service. We held **151** activities, including **125** activities specifically for Young Carers,



19 specifically for Young Adult Carers and **7** open to young carers across a range of ages. There were **1046** attendances at our events and activities. We also connected young carers, young adult carers and their families to helpful information and external support via **480** signposts and **179** external referrals.

Young Carers Assessments

In April 2022, Lambeth Council commissioned Carers' Hub to deliver the statutory young carers assessments for the borough, undertaken by a dedicated Referrals & Assessments Officer. The Officer conducts home visits and assessments with young carers and their families, exploring the needs of the young person and their family. We connect young carers and their families to long-term support offered by Carers Hub and wider provision. Seeking to help young carers maintain their own wellbeing and achieve their aspirations In 2022-23, **143** young carers were assessed, **44** of whom have gone to access the wider offer from the young carers team. In addition, the officer made **40** external referrals and **130** signposts to essential information and support.

Thank you so very much! I am so grateful. You have helped me so much!

She's really having fun, she loves coming to the activities!

- Parents of Young Carers who have had a Young Carers Assessment and now access further support from the Young Carers Team.

Young Carers Grants (Short-breaks)

In May 2022, Lambeth Council and the South East London ICS jointly funded Carers' Hub to pilot the provision of Short-Breaks grants to young carers aged between five and twenty-one, for whom replacement care is not normally available.

The Short Breaks pilot supported young carers to access activities and events offered by Carers' Hub and by wider organisations, which benefited the young carers' mental health and wellbeing.

Over the course of the pilot **72 grants** were awarded. The young carers used their grants for a number of different activities, such as accessing after school classes (drum classes; swimming, ballet, creative courses); going on trips to theme parks, leisure and gym memberships or buying a personal item of their choice. Young carers valued the ability to choose to spend the grant in a way that they felt most beneficial, ensuring the support was tailored to their needs and aspirations.

This grant helped my children feel valued and confident in their caring roles.

- Parent of Young Carer



Young Carers & Education

Carers Hub runs two projects to reduce the negative impacts of caring on young carers' education.

Funded by Sir Walter St John's Educational Charity we offer a term-time **Young Carers Homework Club** for young carers aged 11 to 16, running an online on Mondays and an in-person on Tuesdays. The clubs offer a place where our young carers can complete their homework in a supportive environment outside the classroom and away from their caring responsibilities.

Over 2022-23, **61** young carers attended the Homework Club, with **280** attendances in total. We held 60 sessions of the Homework Club, a mix of online and face to face sessions to ensure our offer was accessible. The Club is facilitated by a Homework Club Coordinator, who helped to connect young carers to external support via **13** referrals and **43** signposts.



It is really beneficial to them- they enjoy the sessions and speaking to you because they can vent and they are loved and listened to, they need to know that they have an extension of school and a space to do that.

- Parent of young carer

Funded via the Walcot Foundation, we offer 1 to 1 support and peer support sessions for Secondary School aged young carers. The project initially focussed on working closely with 6 target secondary schools to identify young carers and offer space for our worker to meet young carers in school on a 1 to 1 basis and in school peer support. Since September 2022, the project has been opened up to young carers across the community offering a monthly peer support session based outside of the school setting and access to 1 to 1 support from the project officer. Over 2022-2023, **78 young carers** aged 12-16 were supported, and a total of **24 peer support groups** offered with **142 attendances**. The project officer also connected young carers to wider support via 56 signposts to local organisations.

(I)... enjoy group sessions and 1-2-1s. It's good to talk to people. Made me enjoy school more

- Young Carer



Adult Carers includes, carers for dementia, learning disabilities and mental health



An adult carer is someone aged 18 and over who cares, unpaid, for a friend or family member who has an illness, disability, mental health problem or addiction.

- 1) We provide tailored 1-2-1 support, whether that relates to finances, day-to-day tasks or something different.
- 2) We run peer support groups for carers to share their experience of caring, make friends, and develop new skills. Different carers face different challenges, and that's why our groups are specialised. We run groups tailored to dementia, mental health and learning disability carers.
- 3) We host a variety of information sessions, learning opportunities, wellbeing and social activities throughout the year.
- 4) We deliver first aid training and provide free legal clinics through our partnerships.
- 5) And if we can't help, we'll do our best to link carers with someone that can through up-to-date information, signposting and referrals.

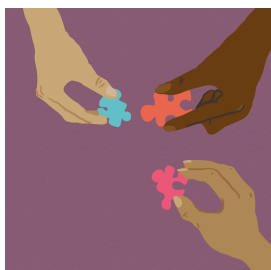
During 2022-3, **938** adult carers accessed our service. We ran a total of **51** peer support groups during the year, with **352** attendances. We hosted a range of social, wellbeing and information sessions, running **102** activities in total with **805** attendances. In addition, we ensured carers were connected to essential information and wider support, via **904** signposts and **356** external referrals.

Honestly what can I say, I was going through such a tough period and now I am through such a tough period thanks to you. I am flourishing and me and my son are thriving

- Adult Carer



Carers Strategy



Carers' Hub sees the Carers Strategy as a vital opportunity to raise awareness of carers and improve carer support in our borough. Through our Carers Strategy Development Manager post, we're working with the Carers Collaborative Strategy Group (CCSG) to help realise the carers strategy.

Carers' Hub plays a key role in delivering the strategy's priorities including leading the development of the **Lambeth Carers Card** and hosting the **Carers Collaborative Network**. We coordinate the **Carers Collaborative Strategy Group**, and are working together with fellow members to drive forward the Carers Strategy in Lambeth. The CCSG is currently undertaking a refresh of the Lambeth Carers Strategy, ensuring we learn from the insights of local carers, community members and professionals. Over 2022-23:

- Over **229** carers aged 18 plus signed up to the Lambeth Carers Card, accessing emergency planning support, local discounts at participating local businesses and essential information.
- We hosted **4** meetings of the Carers Collaborative Network welcoming speakers including the London LGBTQ + Carers project, Lambeth Talking Therapies, South London Listens, Carers4Carers and more.
- We facilitated **4** meetings of the Carers Collaborative Strategy Group to help inform the refresh of the Lambeth Carers Strategy.
- In the Autumn 2022, we supported Integrated Commissioning to undertake a consultation to feed into the refresh of the Lambeth Strategy, co-hosting in person and online focus groups and helping to develop and promote surveys to capture the insights and experiences of local unpaid carers.



Acknowledgement to funders and partners

At Carers' Hub we have been working hard to improve carers' lives in Lambeth, through quality services and community engagement. We appreciate each and every one of our donors and partners and wouldn't be able to be where we are without their support.

We would like to acknowledge and thank everyone who enables us to do the work that we do: our trustees, our team, Lambeth carers, commissioners, local voluntary sector partners, and NHS colleagues.

We also want to say thank you to our corporate partners, ZS Associates, for their continued support around the development of our strategic plans.

Our funders: Lambeth Council, South East London Integrated Cares Board, Lambeth Public Health, Walcot Foundation, Sir Walter St John Educational Charity and King's Civic Challenge.



Financial Review

Review of the Charity's Financial Position

The statement of financial activities for 2022-2023 is set out on page 16 and shows a reported surplus for the year of £29,688 (2022: £29,977) of which a deficit of £4,505 (2022: £6,729) is restricted income. The position of the charity at the year end is set out on page 17.

Our surplus this year largely results from having staff vacancies.

Principal Funding Sources

Our principal source of funding is Lambeth Council for those services being delivered through Connect Lambeth (previously Independent Living and Carers' Partnership). NHS South East London Integrated Care Board also funds a proportion of our work. Recognising the considerable financial pressure facing local authorities both now and in the future, the charity is considering ways of diversifying its funding base, particularly in relation to grants, donations and corporate partnerships.

Details of the sources of funds are set out in the accounts. The Board confirms that the financial statements comply with current statutory requirements, the requirements of the company's governing document and the requirements of the Statement of Recommended Practice (the Charities SORP 2019).

Honorary Officers are also elected at the AGM. Trustees will normally serve a three-year term and are eligible for subsequent re-election for one additional three-year term.

Reserves Policy

Total Reserves as of 31 March 2023 are: £252,443 (2022: £222,755) of which £38,306 (2022: £42,811) represent restricted funds.

The Board of Trustees has examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets (free reserves) held by the charity should be at a level equivalent to three months of operating costs. The budgeted expenditure for 2023-2024 is £451,894, therefore there is a target of a minimum of £112,966 in free funds.



Trustee Induction and Training

An induction is provided for all new Trustees and ongoing training opportunities are made available.

The Board held a review of its skills and experience this year to inform our recruitment strategy to increase the size of our Board and ensure it meets the needs of the organisation. All Trustees give their time voluntarily and receive no remuneration from the charity. Any expenses reclaimed from the Charity are out in the accounts. The trustees delegate day to day management to the Chief Executive.

Risk Management

The Trustees have reviewed the major strategic, business and operational risks which the charity faces. Actions to address key risk areas have been agreed and progress is reviewed regularly. In addition, strong financial controls are in place to mitigate the risk of financial losses due to theft or fraud and these controls are regularly reviewed.

Responsibilities of the Board of Trustees

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure for the financial year.

In preparing those financial statements, the management committee should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Board is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year



and up to the date of this report are set out in page 3.

In accordance with company law, as the company's directors, we certify that:

- As the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant independent examination information and to establish that the charity's independent examiners are aware of that information.

Independent Examiners of Accounts

Hilary Adams Ltd were appointed as the charitable company's Independent Examiners during the year and have expressed their willingness to continue in that capacity.

The report has been prepared in accordance with FRS 102.

Approved by the Management Committee on and signed on its behalf by:

Laura Perkins – Director



Statement of Financial Activities (including Income and Expenditure) for the Year Ended 31 March 2023

	Notes	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Incoming resources:					
Voluntary income:	3				
Donations & grants		6,351	140,237	146,588	124,096
Lambeth funding contracts		264,948	36,238	301,186	264,948
Activities for generating funds:					
Investment income		739	-	739	-
Incoming resources from charitable activities:					
Other income		-	-	-	-
Total incoming resources		272,038	176,475	448,513	389,044
Resources expended					
Costs of generating funds:					
Costs of generating voluntary income		-	-	-	-
Charitable activities		250,872	167,953	418,825	359,067
Total resources expended	2	250,872	167,953	418,825	359,067
STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES					
Net incoming resources before other recognised gains (net income for the year)		21,166	8,522	29,688	29,977
Transfer depreciation reserve		-	-	-	-
Transfer reserves		13,027	(13,027)	-	-
Other recognised gains					
Gain on revaluation of investments		-	-	-	-
Net movement in funds		34,193	(4,505)	29,688	29,977
Total funds brought forward		179,944	42,811	222,755	192,778
Total funds carried forward	11	214,137	38,306	252,443	222,755

Movements in funds are disclosed in Note 11 to the financial statements.



Statement of Financial Position for the Year Ended 31 March 2023

				31.3.23	31.3.22
	Notes	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
FIXED ASSETS					
Tangible assets	8	1,255	122	1,377	2,246
CURRENT ASSETS					
Debtors	9	-	26,394	26,394	26,289
Cash at bank and in hand		<u>212,882</u>	<u>22,121</u>	<u>235,003</u>	<u>217,005</u>
		212,882	48,515	261,397	243,294
CREDITORS					
Amounts falling due within one year	10	-	(10,331)	(10,331)	(22,785)
NET CURRENT ASSETS		<u>212,882</u>	<u>38,184</u>	<u>251,066</u>	<u>220,509</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>214,137</u>	<u>38,306</u>	<u>252,443</u>	<u>222,755</u>
NET ASSETS		<u>214,137</u>	<u>38,306</u>	<u>252,443</u>	<u>222,755</u>
FUNDS	11				
Unrestricted funds				214,137	179,944
Restricted funds				<u>38,306</u>	<u>42,811</u>
TOTAL FUNDS				<u>252,443</u>	<u>222,755</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of



Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions of Financial Reporting Standard 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” and the Companies Act 2006.

The financial statements were approved by the Board of Trustees on 8th June 2023 and were signed by:

.....

Laura Perkins – Director



Notes for the Financial Statements For the Year Ended 31 March 2023

1. STATUTORY INFORMATION

Carers' Hub is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents grants and contract funding payments received.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost,
20% on cost

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in



furtherance of the general objectives of the charity.

- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Grants and contract funding payments are recognised when receivable;
- Investment income is included when receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.



NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

2. Total Resources Expended

	AC Prevention of Health	Advanced Care Project	CT Young Careers Action Day	Digital Resource for Careers	Jack Patchey	Kings Civic Challenge	Recovery Grant	SWSJ	Walcot Foundation	Winter Monies	YAC Project	YC Prevention of Better Mental Health	Young Careers	Young Careers Assessments	Young Careers Discretionary Payments	Youth & Play Fund	Core	2023 Total	2022 Total
Costs directly allocated to activities																			
Staff costs	14,702	6,569	-	-	-	1,588	-	6,610	16,037	22,340	25,615	3,566	240	25,327	3,839	-	212,529	338,962	303,366
Activity costs	946	-	269	-	1,898	2,123	-	474	1,122	773	1,372	2,474	5	173	3,705	1,000	12,287	28,621	14,888
Support costs allocated to activities																			
Establishment costs	-	-	300	-	-	644	-	1,025	2,874	1,800	1,107	-	-	1,092	-	-	12,881	21,723	18,038
General office expenses	3,036	-	-	1,800	2	603	359	1,544	2,451	3,532	795	79	-	1,972	-	-	11,680	27,853	20,527
Fees & finance charges	-	-	-	-	-	-	-	-	50	-	-	-	-	-	-	-	548	598	439
Depreciation	-	-	-	-	-	-	-	120	1	-	-	-	-	-	-	-	947	1,068	1,809
Total resources expended	18,684	6,569	569	1,800	1,900	4,958	359	9,773	22,535	28,445	28,889	6,119	245	28,564	7,544	1,000	250,872	418,825	359,067



3. INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE CHARITY'S OBJECTS

	Unrestricted	Restricted	2023 Total	2022 Total
	£	£	£	£
ILCP	264,948	-	264,948	264,948
ICC Lambeth	-	36,238	36,238	-
NHS SE London CCG	-	29,000	29,000	29,000
NHS SE London ICB	-	1,000	1,000	-
Jack Petchey Foundation	-	1,800	1,800	2,700
Compassion in Dying	-	12,062	12,062	8,041
Sir Walter St John	-	9,881	9,881	9,133
Walcot Foundation	-	25,000	25,000	23,498
Kings Civic	-	5,000	5,000	-
Young Carers	-	9,754	9,754	17,635
Public Health Commissioning	-	12,245	12,245	33,069
Age UK	-	34,495	34,495	-
Other	6,351	-	6,351	1,020
	<u>271,299</u>	<u>176,475</u>	<u>447,774</u>	<u>389,044</u>

4. EMPLOYEES AND DIRECTORS

	31.3.23 £	31.3.22 £
Wages and salaries	310,386	278,408
Social security costs	22,487	19,825
Pension	6,089	5,133
	<u>338,962</u>	<u>303,366</u>

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Manager	1	1
Direct	<u>20</u>	<u>16</u>
	<u>21</u>	<u>17</u>

No employee received emoluments of more than £60,000 in the year.

5. NET INCOMING (OUTGOING) RESOURCES

The operating surplus/(deficit) is stated after charging:

	31.3.23 £	31.3.22 £
Depreciation – owned asset	<u>1,068</u>	<u>1,809</u>
Directors' remuneration and other benefits etc	<u>-</u>	<u>-</u>



6. TRUSTEE REMUNERATION AND RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year (2022: Nil).
No expenses were reimbursed during the year (2022: Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2022: Nil).

7. TAXATION

As a charity, Carers' Hub is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

8. TANGIBLE FIXED ASSETS

	Plant and machinery etc £
COST	
At 1 April 2022	7,386
Additions	199
At 31 March 2023	7,585
DEPRECIATION	
At 1 April 2022	5,140
Charge for year	1,068
At 31 March 2023	6,208
NET BOOK VALUE	
At 31 March 2023	1,377
At 31 March 2022	2,246

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Trade debtors	18,119	14,500
Other debtors	8,275	11,789
	<u>26,394</u>	<u>26,289</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Taxation and social security	6,355	6,465
Other creditors	3,976	16,320
	<u>10,331</u>	<u>22,785</u>



11. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	Transfers between funds	At 31.3.23
Unrestricted				
Core	<u>179,944</u>	<u>21,166</u>	<u>13,027</u>	<u>214,137</u>
	179,944	21,166	13,027	214,137
Restricted				
AC Prevention & Promotion	12,066	(12,561)	495	-
Advanced Care Planning Project	(1,221)	5,492	(4,271)	-
CT Young Carers Action Day	-	181	-	181
Digital Resource for Carers	-	(1,800)	-	(1,800)
Jack Petchey	1,731	(100)	-	1,631
Kings Civic Challenge	-	42	-	42
Recovery Grant	-	(359)	-	(359)
SWSJ	(2,078)	108	-	(1,970)
Walcot Foundation	18,541	2,465	-	21,006
Winter Monies	(2,131)	6,050	(3,919)	-
YAC Project	10,575	111	-	10,686
YC Prevention & Promotion	5,328	4	(5,332)	-
Young Carers	-	(245)	-	(245)
Young Carers Assessments	-	7,674	-	7,674
Young Carers Discretionary	-	1,460	-	1,460
Youth & Play Fund	-	-	-	-
	<u>42,811</u>	<u>8,522</u>	<u>(13,027)</u>	<u>38,306</u>
TOTAL FUNDS	<u>222,755</u>	<u>29,688</u>	<u>-</u>	<u>252,443</u>

Net movement in funds, included in the above, are as follows

	Incoming resources	Resources expended	Movement in funds
Unrestricted			
Core	<u>272,038</u>	<u>(250,872)</u>	<u>21,166</u>
	272,038	(250,872)	21,166
Restricted			
AC Prevention & Promotion	6,123	(18,684)	(12,561)
Advanced Care Planning Project	12,061	(6,569)	5,492
CT Young Carers Action Day	750	(569)	181
Digital Resource for Carers	-	(1,800)	(1,800)
Jack Petchey	1,800	(1,900)	(100)
Kings Civic Challenge	5,000	(4,958)	42
Recovery Grant	-	(359)	(359)
SWSJ	9,881	(9,773)	108
Walcot Foundation	25,000	(22,535)	2,465
Winter Monies	34,495	(28,445)	6,050
YAC Project	29,000	(28,889)	111
YC Prevention & Promotion	6,123	(6,119)	4
Young Carers	-	(245)	(245)
Young Carers Assessments	36,238	(28,564)	7,674
Young Carers Discretionary	9,004	(7,544)	1,460
Youth & Play Fund	1,000	(1,000)	-
	<u>176,475</u>	<u>(167,953)</u>	<u>8,522</u>
	<u>448,513</u>	<u>(418,825)</u>	<u>29,688</u>



Chartered Accountants' Independent Examiner's Report to the Trustees of the Unaudited Financial Statements of Carers' Hub

We report on the accounts of the company for the year ended 31 March 2023, which are set out on pages 10 to 16.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of and with the methods and principles of the



Statement of Recommended Practice: Accounting and Reporting by Charities
have not been met; or

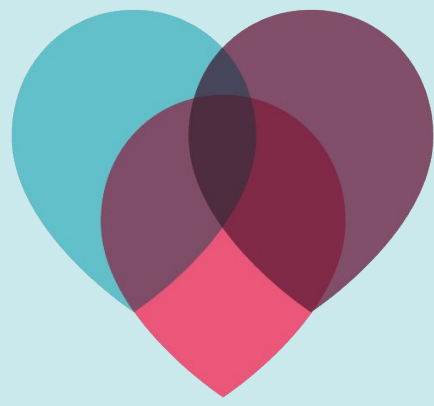
(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hilary Adams

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
Kent
CT6 5NP

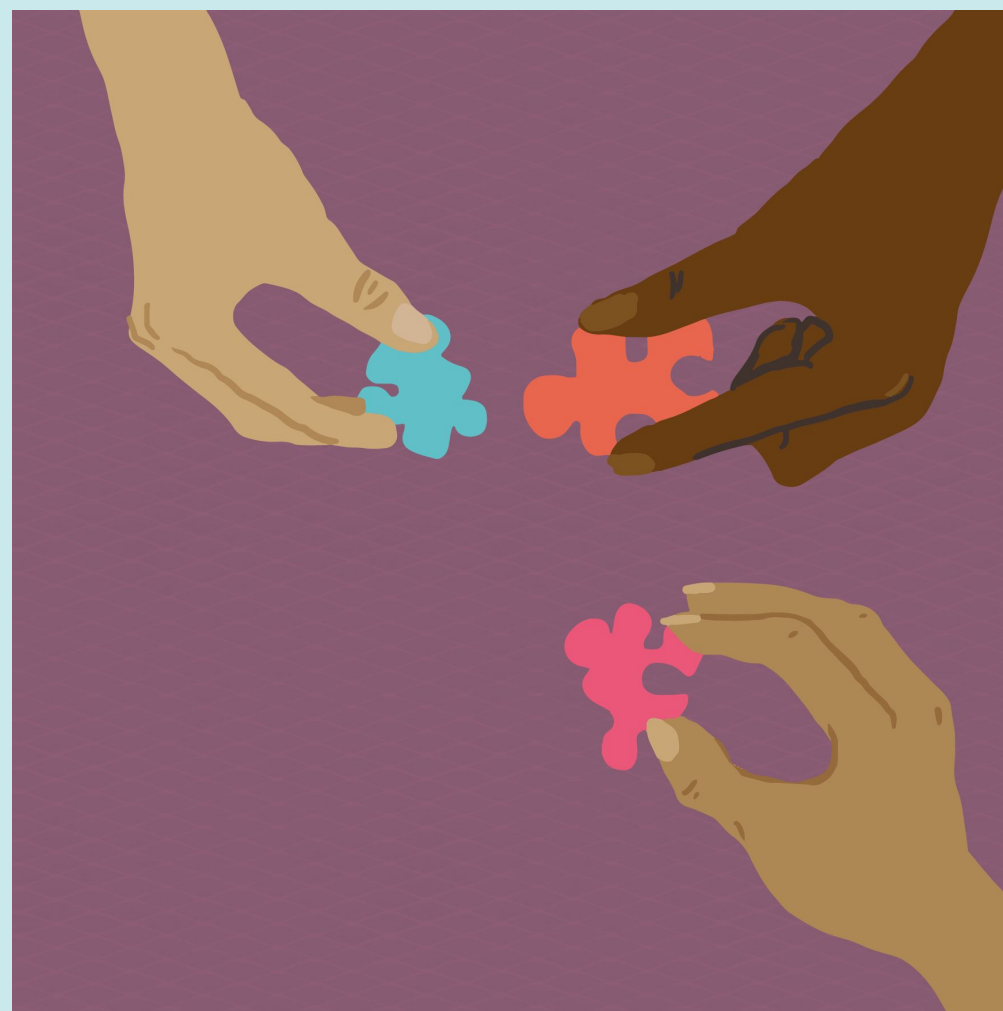
Date: 07/08/2023

Accounts



**Carers
Hub
Lambeth**

Report of the Trustees and Unaudited Financial Statements for the year Ended 31 March 2022



Charity Number: 1182120.

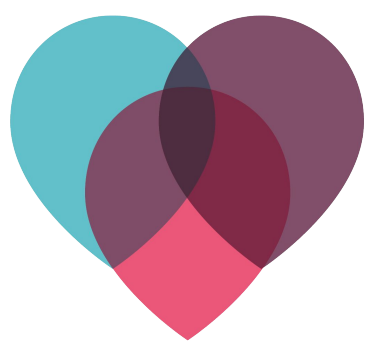
**A company limited by guarantee registered in England and
Wales No. 11403363**



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A message from our Chair

Over the following pages this report summarises what it is that we do at Carers' Hub Lambeth; our key achievements over 2021-2022; and our financial position. I am very proud that all make for positive reading thanks to the efforts of the team at Carers' Hub who work tirelessly to support carers in Lambeth. However, the data also emphasise the continued need for and importance of their work.

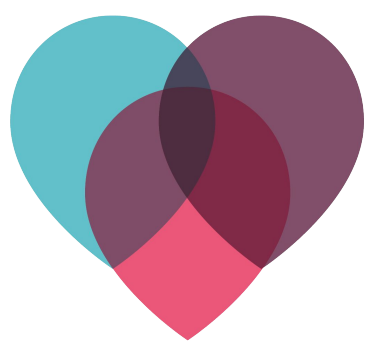
Covid-19 was a continued presence over the last year. Building on the lessons from the previous year we adapted our services to meet the high level of demand while protecting our community's health. The Carers' Hub team also ensured that our carers were fully briefed on the vaccination and booster programmes. While Covid-19 hasn't fully gone away, we hopefully find ourselves in a more stable and less challenging place this year thanks in part to the protection afforded by those vaccines.

We are also in a strong financial position thanks to the support of our funders, both old and new. This means that we are starting to look to the future, and in the coming months we are excited to be publishing Carers' Hub strategy for the next few years (distinct but closely aligned to the Lambeth Carers' Strategy). We know what we do already is important and effective, so the focus will be on evolution, not revolution: making sure we reach everyone who needs support, offer the services that they need, and build awareness of carers and insight into the challenges they face.

All that is left for me to do is thank my fellow trustees, the team at Carers' Hub, and in particular our Chief Executive Alice Dias for all of their sterling work.

James Hynard
Chair of the Board of Trustees





Reference and administrative information

Registered Charity Name

Carers’ Hub

Charity Registration Number

1182120

**Registered Office
and Operational Address**

336 Brixton Road, London
SW9 7AA

Company Registration Number

11403363

Trustees

- James Hynard (Chair)
- Amit Desai (Deputy Chair)
- Hilary Adams (Treasurer)
- Duncan Cook (Vice Treasurer)
- James Norris
- Laura Perkins
- Sangeeta Sooriah
- Simon Hebditch

Accountants

Hilary Adams Ltd, Chartered
Accountants, 158 High Street Herne
Bay, Kent CT6 5NP

Bankers

Royal Bank of Scotland

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).



Purposes and Aims

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to:

- relieve the stresses experienced by carers, and beneficiaries in England and Wales.

“Beneficiaries” means any person or persons who have care needs as a result of disability, illness or age.

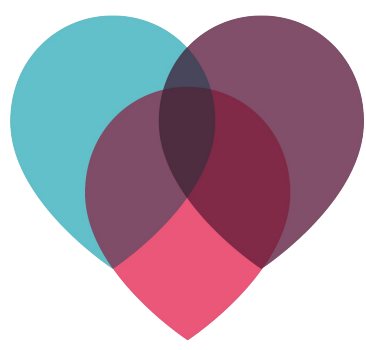
“Carers” means any person involved in the provision of care without receiving remuneration other than statutory benefits, for a person or people who have care needs as a result of disability, illness or age.

Statement on Public Benefit

The Trustees have paid due regard to the guidance on public benefit produced by The Charity Commission and are confident that the work of the charity meets all the criteria for public benefit.

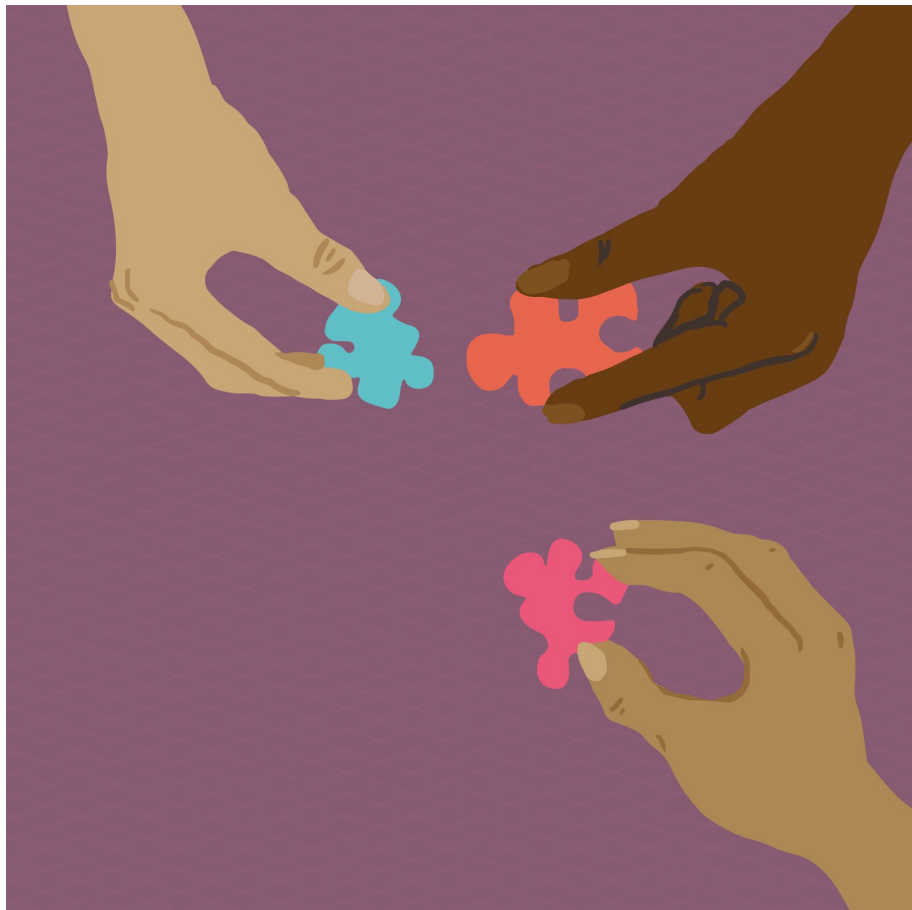


'I would feel cut off without Carers' Hub, it is a reliable, safe place to meet others who get it'. Young Adult Carer



About Carers' Hub

Our mission is to improve carers' lives in Lambeth through quality services and community engagement.



Carers' Hub Lambeth is an independent local charity based in Brixton. Our work stems from the fact carers often go about their roles despite the toll it might take on their own wellbeing, often having to make sacrifices that hamper their own ability to lead a normal life. Whether financial, educational or otherwise, we seek to limit the challenges that carers face. We achieve this through four core workstreams: raising awareness of carers, influencing local policy through community engagement activities, improving carer wellbeing and connecting carers to each other and to support and training opportunities through our services.



I just wanted to say a big thank you to everyone for their help and support since I reconnected with Carers Hub in August. After 18 months of self-isolation and a reduction in my regular support circle, the phone calls and emails, the invitations to classes, regular wellbeing sessions and one-off events has been really positive and confidence building at a time when I was feeling low and lost.



Carers' Hub Lambeth has four key objectives:

Improve Carers' Wellbeing

Caring for a loved one, family member, friend or neighbour, can have a significant impact on all aspects of a carers own life. Through peer support groups and one-to-one appointments, our dedicated and passionate team work with carers aged 5 and up to help overcome challenges around managing at home, finances, caring with confidence, education and employment, physical health and emotional wellbeing.

Increase Connections

There is a lot of support on offer in Lambeth, but these things can be difficult to find. We're here to fill those gaps. We provide information on training courses, local services and help carers build connections with each other and their community. We help professionals to connect too through our Carers Collaborative Network.

Raise Awareness

We believe caring is everybody's business. We work hard to raise awareness through outreach in the community, GP practices and local hospitals, presentations to schools and social work teams, through partnership working and our involvement with the Lambeth Carers' Strategy.

Influence

We believe that the development of local policy, practice and services that affect carers should take carers' experiences into account. For this reason, we host a range of workshops and forums for carers to make their voices heard throughout the year. Our Carers' Strategy Development Manager plays a key role in the development and delivery of the Lambeth Carers' Strategy.



Our core services

Young Carers

A young carer is **anyone aged 5 to 21 who helps look after a family member or friend**, who has an illness or condition. This might be a physical illness; mental illness; learning disability; or some form of drug or alcohol problem.

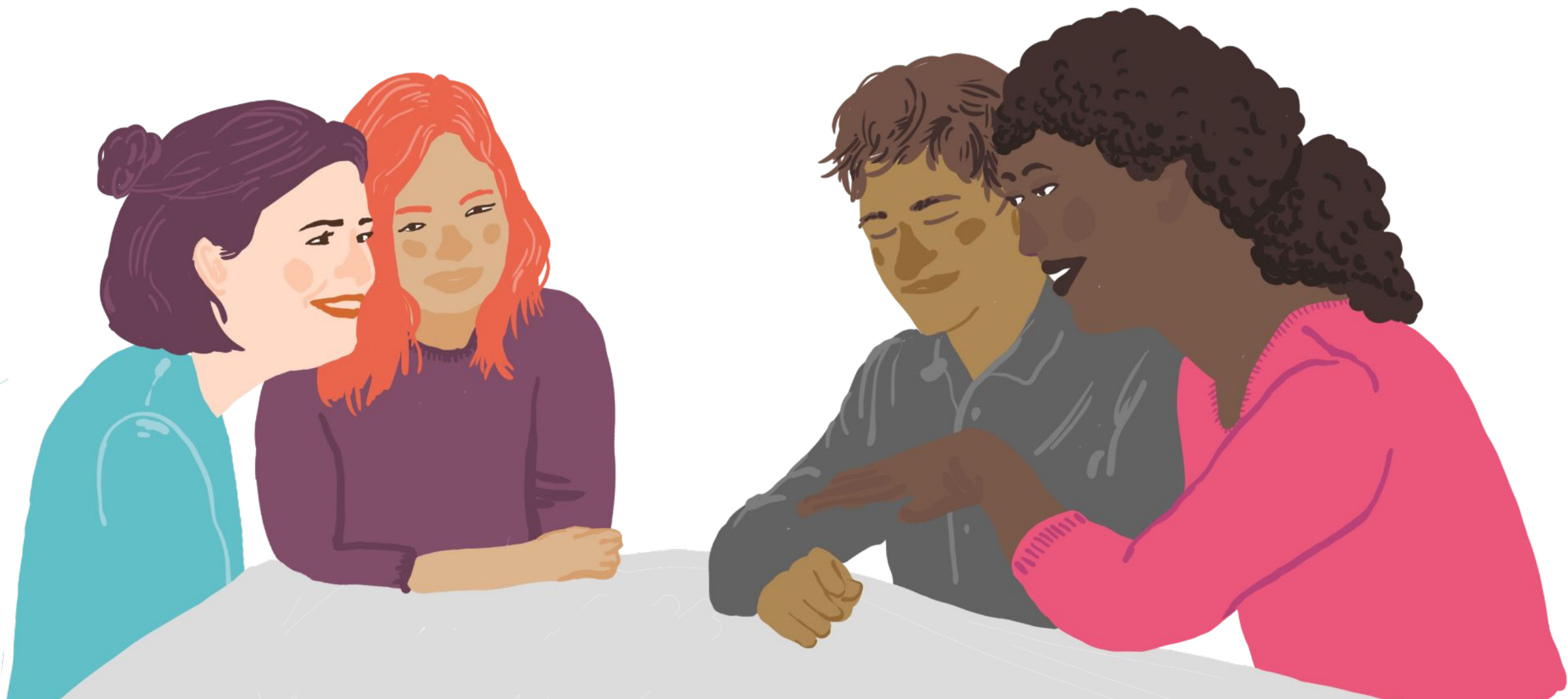
Our young carers team works with children from the age of 5 upwards, offering support and information to young carers and their families. Adventure, friendship and support are super-important for young carers, so we split our work into 4 areas:

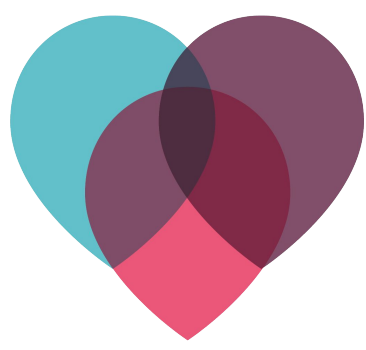
We organise a mixture of **exciting activities** throughout the year.

We provide a **listening ear** and relevant help to young carers and their families.

We run **dedicated projects** working with schools to support young carers with their education

We run **monthly young carers groups** – a space to relax and have fun.





Adult Carers

An adult carer is someone aged 18+ who cares, unpaid, for a friend or family member who has an illness or condition. This might be a physical illness; mental illness; learning disability; or some form of drug or alcohol problem.

We provide **tailored 1-2-1 support**, whether that relates to finances, day-to-day tasks or something different.

We host a variety of **information sessions** and **learning opportunities** throughout the year.

We run **peer support groups** for carers to share their experience of caring, make friends, and develop new skills. Different carers face different challenges, and that’s why our groups are specialised. We run groups tailored to dementia, mental health and learning disability carers.

We deliver advance care planning workshops, and provide free legal clinics through our partnerships.

And if we can’t help, we’ll do our best to link carers with someone that can through up-to-date information, signposting and referrals.



Offered by Carers’ Hub in partnership with MYsocial, the Lambeth Carers Card connects carers to relevant services, support emergency planning and access to online resources.



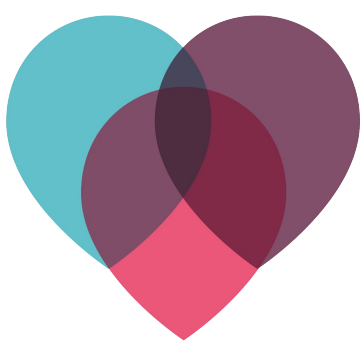
Carers Strategy

Carers' Hub Lambeth sees the Carers Strategy as a vital opportunity to raise awareness of carers and improve carer support in our borough. Through our Carers Strategy Development Manager post, we're working with the Carers Collaborative Strategy Group (CCSG) to help realise the carers strategy. The CCSG have been most recently focusing upon:

- **Building the Lambeth Carers Card offer**, to recognise carers and their vital contribution to our community
- **Raising awareness of carers in Lambeth** to increase understanding within local services and the wider community
- **Responding to the impact of Covid 19** to support carers navigate the challenges resulting from the pandemic
- **Working with local partners and services** to improve support and ensure carers become everyone's business

How we're involved

- Carers' Hub Lambeth are playing a key role in delivering the Action Plan including leading the development of the **Lambeth Carers Card**.
- We host and coordinate the **Carers Collaborative Network**
- The **Carers Strategy Development Manager** is based at Carers Hub Lambeth. Helping us to connect the work of the carers strategy more closely with carers and our partners working in the community.
- We coordinate the **Carers Collaborative Strategy Group**, and are working together with fellow members to drive forward the Carers Strategy in Lambeth.



Key Achievements

The pre-existing challenges facing many unpaid carers have been hugely exacerbated over recent years by the Covid-19 pandemic and the impact of the cost of living crisis, negatively affecting the mental health and wellbeing of many of the carers we work with here in Lambeth. In 2021-22 we continued to provide 1:1 and peer support to our carers with a big focus on improving their mental health and wellbeing.



IMPROVE
WELLBEING



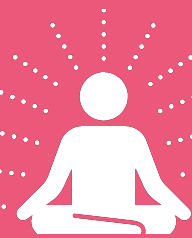
INCREASE
CONNECTIONS



1271
carers supported



19,178
contacts recorded with carers



2,545
attendances to events and social activities both face to face and online



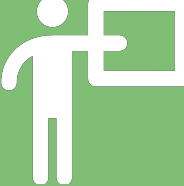
1,410
signposts were made to external organisations



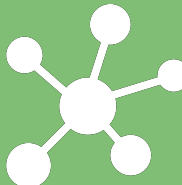
467
direct referrals were made to external organisations



198
Carers signed up for the Lambeth Carers Card



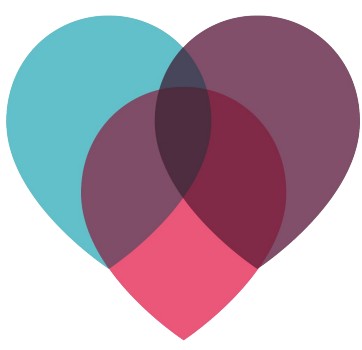
5 Emergency Planning sessions delivered to carers via the Lambeth Carers Card



Carers Collaborative Network, hosted by Carers' Hub, brings together local professionals and volunteers working with unpaid carers. It meets quarterly offering a space to share updates and discuss key themes affecting carers. In 2021/22 these included Suicide Prevention, employment support and uptake of Covid-19 vaccination.

“I enjoyed the course and speaking to others, sharing information, and having a space to be creative was very enjoyable.”

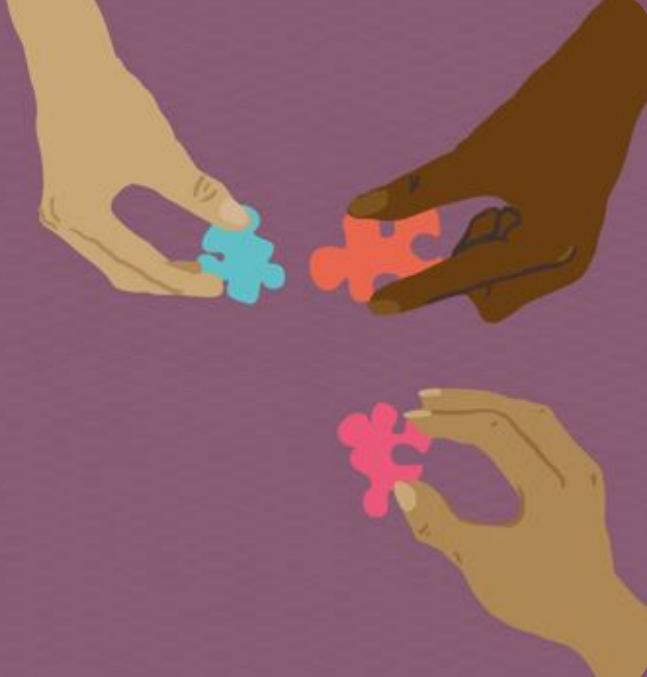
Carer



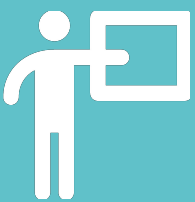
Report of the Trustees for the Year Ended 31 March 2022



RAISING AWARENESS



INFLUENCE



9 Carer Awareness Training sessions have been delivered to a mix of voluntary sector, health, social care and education professionals. We also ran two sessions for Social Prescribers at Age UK Lambeth and pan London DWP assessors.



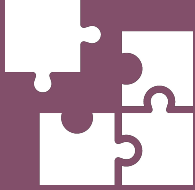
Helped to raise awareness of young carers through online school assemblies and staff workshops.



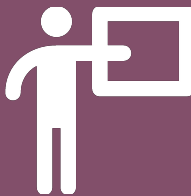
Helped raise awareness of young and adult carers at a number of outreach events across the borough. We spoke to partners and carers at the Black Communities Health & Wellbeing Day, HBD Community Breakfast, Digital Inclusion Network, wellbeing events organised by Age UK Lambeth, Thriving Streatham advice fairs and Beacon Project’s Mental Health Community Day.



Championed carers’ mental health and wellbeing through the pandemic and secured funding from Public Health to deliver wellbeing activities and further 1:1 support to our carers.



The Carers Strategy Development Manager coordinates the **Carers Collaborative Strategy Group** and are working together with fellow members to drive forward the Carers Strategy in Lambeth.



Worked in partnership with Children’s Services at Lambeth Council to **co-host Young Carers Awareness training** for local professionals, bringing together perspectives from social care practice and Carers’ Hub Lambeth.



Worked in partnership with commissioners to ensure carers in Lambeth were fully briefed about Covid-19 vaccines and boosters.



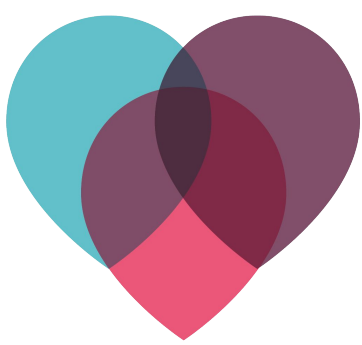
Worked in partnership with commissioners to secure funding to deliver the Young Carers’ Assessments in Lambeth, starting April 2022.



The Carers’ Hub team regularly gather feedback from carers so their voices raised and their insights, experiences and ideas shared with partners and commissioners to shape local policy and practice.

“Along with all the useful tools and having access to a network of other unpaid carers has helped me to feel less alone in this world (especially during a pandemic, social distance, isolation and separation). Joining has awoken me to a world of possibilities within my role as a carer for my son and re-connected me with a new digital world but with real people!”

Adult Carer



YOUNG CARERS



Our young carers team works with children from the age of 5 upwards, offering support and information to young carers and their families. Adventure, friendship and support are super-important for young carers, so we split our work into four areas:



We organise a mixture of exciting activities throughout the year



We run monthly young carers groups – a space to relax and have fun



We provide a listening ear and relevant help to young carers and their families



We run dedicated projects working with schools to support young carers with their education



363
total
attendances
across 43 days
of activities



57
attendances
across 6 young
carers' events,
including Carers'
Rights Day &
Young Carers
Action Day



466
young
carers
accessed
our service



171
young carers
supported via 44
drop-in sessions at
local school and 37
Homework club
sessions (online
and face to face)

YOUNG ADULT CARERS

A young adult carer is someone aged 16-21 who cares, unpaid, for a friend or family member who has an illness, disability, mental health problem or addiction. Some caring roles are big, others small. Either way, we're here to help. We know that friendship, support and trying new things can provide the boost that young adult carers need, so we split our work into three areas:



We provide tailored 1-2-1 support



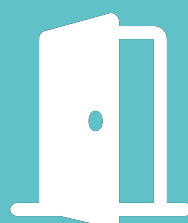
We organise a mixture of fun activities throughout the year



We run a monthly young adult carers group



KEY ACHIEVEMENTS



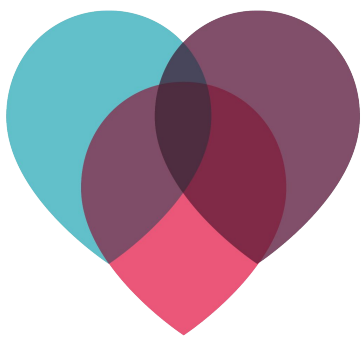
143
young adult
carers accessed
our service



142
young adult carer
attendances across
16 activities



58
Attendances
to 12 peer
support groups



ADULT CARERS INCLUDE CARERS FOR LEARNING DISABILITIES, MENTAL HEALTH AND DEMENTIA

An adult carer is someone aged 18+ who cares, unpaid, for a friend or family member who has an illness, disability, mental health problem or addiction.



We provide tailored 1-2-1 support, whether that relates to finances, day-to-day tasks or something different.



We run peer support groups for carers to share their experience of caring, make friends, and develop new skills. Different carers face different challenges, and that’s why our groups are specialised. We run groups tailored to dementia, mental health and learning disability carers.



We host a variety of information sessions and learning opportunities throughout the year.



We deliver advance care planning workshops and provide free legal clinics through our partnerships.

And if we can’t help, we’ll do our best to link carers with someone that can through up-to-date information, signposting and referrals.



785 carers accessed our service



39 peer support groups with 212 attendances



735 attendances to 112 days of activities



386 Attendances to wellbeing activities and workshops to support carers in their caring role - e.g.: mindfulness, Tai Chi, sleep hygiene, and a number of workshops delivered by Not a Care in the World.



24 Attendances to 11 Advance Care Planning Workshops, and 12 advance statements completed



34 carers attended 12 legal clinics



1125 signposts and 314 referrals for adult carers



Financial Review

Review of the charity's financial position

The statement of financial activities for 2021-2022 is set out on page 18 and shows a reported surplus for the year of £29,977 (2021: £30,757) of which £6,729 (2021: £1,328) is restricted income. The position of the charity at the year end is set out on page 16.

Our surplus this year largely results from some of our services being delivered online due to the Covid-19 restrictions and from having staff vacancies.

Principal Funding Sources

Our principal source of funding is Lambeth Council for those services being delivered through Connect Lambeth (previously Independent Living and Carers' Partnership). NHS South East London CCG also funds a proportion of our work. Recognising the considerable financial pressure facing local authorities both now and in the future, the charity is considering ways of diversifying its funding base, particularly in relation to grants, donations and corporate partnerships.

Details of the sources of funds are set out in the accounts. The Board confirms that the financial statements comply with current statutory requirements, the requirements of the company's governing document and the requirements of the Statement of Recommended Practice (the Charities SORP 2019).

Reserves Policy

Total Reserves as of 31 March 2022 are: £222,755 (2021: 192,778) of which £42,811 (2021: 36,082) represent restricted funds.

The Board of Trustees has examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets (free reserves) held by the charity should be at a level equivalent to three months of operating costs. The budgeted expenditure for 2022/23 is £437,706 therefore there is a target of a minimum of £109,427 in free funds.



Financial Review

Honorary Officers are also elected at the AGM. Trustees will normally serve a three-year term and are eligible for subsequent re-election for one additional three-year term.

Trustee induction and training

An induction is provided for all new Trustees and ongoing training opportunities are made available.

The Board held a review of its skills and experience this year to inform our recruitment strategy to increase the size of our Board and ensure it meets the needs of the organisation. All Trustees give their time voluntarily and receive no remuneration from the charity. Any expenses reclaimed from the Charity are set out in the accounts. The Trustees delegate day to day management to the Chief Executive.

Risk Management

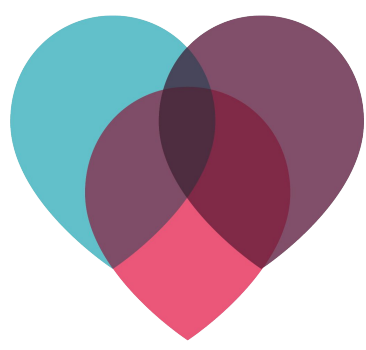
The Trustees have reviewed the major strategic, business and operational risks which the charity faces. Actions to address key risk areas have been agreed and progress is reviewed regularly. In addition, strong financial controls are in place to mitigate the risk of financial losses due to theft or fraud and these controls are regularly reviewed.

Responsibilities of the Board of Trustees

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure for the financial year.

In preparing those financial statements, the management committee should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and



Financial Review

- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The Board is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out in page 4.

In accordance with company law, as the company's directors, we certify that:
- As the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant independent examination information and to establish that the charity's independent examiners are aware of that information.

Independent Examiners of Accounts

Hilary Adams Ltd were appointed as the charitable company's Independent Examiners during the year and have expressed their willingness to continue in that capacity.

The report has been prepared in accordance with FRS 102.

Approved by the Management Committee on _____ and signed on its behalf by:

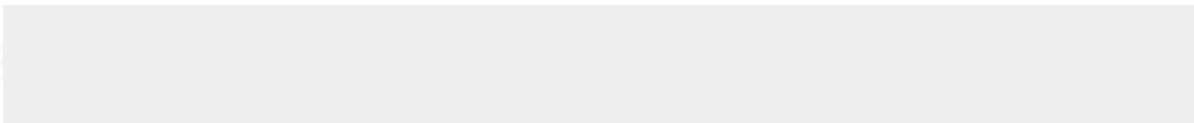
James Hynard – Director

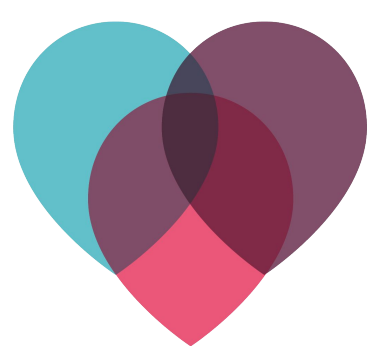


Statement of Financial Activities (including Income and Expenditure) for the Year Ended 31 March 2022

	Notes	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Incoming resources:					
Voluntary Income:	3				
Donations & grants		1,020	123,076	124,096	79,328
Lambeth funding contracts		264,948	-	264,948	264,948
Activities for generating funds:					
Investment income		-	-	-	-
Incoming resources from charitable activities:					
Other income		-	-	-	-
Total incoming resources		265,968	123,076	389,044	344,276
Resources expended					
Costs of generating funds:					
Costs of generating voluntary income		-	-	-	-
Charitable activities		243,655	115,412	359,067	313,519
Total resources expended	2	243,655	115,412	359,067	313,519
STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES					
Net incoming resources before other recognised gains					
(net income for the year)		22,313	7,664	29,977	30,757
Transfer depreciation reserve		-	-	-	-
Transfer reserves		935	(935)	-	-
Other recognised gains					
Gain on revaluation of investments		-	-	-	-
Net movement in funds		23,248	6,729	29,977	30,757
Total funds brought forward		156,696	36,082	192,778	162,021
Total funds carried forward	11	179,944	42,811	222,755	192,778

Movements in funds are disclosed in Note 11 to the financial statements.





Statement of Financial Position - 31 March 2022

CARERS' HUB

STATEMENT OF FINANCIAL POSITION					
31 March 2022					
			31.3.22	31.3.21	
	Notes	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
FIXED ASSETS					
Tangible assets	8	1,998	248	2,246	1,678
CURRENT ASSETS					
Debtors	9	-	26,289	26,289	4,058
Cash at bank and in hand		<u>177,946</u>	<u>39,059</u>	<u>217,005</u>	<u>198,668</u>
		177,946	65,348	243,294	202,726
CREDITORS					
Amounts falling due within one year	10	-	(22,785)	(22,785)	(11,626)
NET CURRENT ASSETS		<u>177,946</u>	<u>42,563</u>	<u>220,509</u>	<u>191,100</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>179,944</u>	<u>42,811</u>	<u>222,755</u>	<u>192,778</u>
NET ASSETS		<u>179,944</u>	<u>42,811</u>	<u>222,755</u>	<u>192,778</u>
FUNDS	11				
Unrestricted funds				179,944	156,696
Restricted funds				<u>42,811</u>	<u>36,082</u>
TOTAL FUNDS				<u>222,755</u>	<u>192,778</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

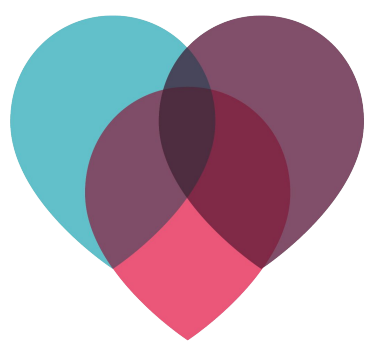
(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions of Financial Reporting Standard 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” and the Companies Act 2006.

The financial statements were approved by the Board of Trustees on and were signed by:

.....
Mr James Hynard – Director



Notes for the Financial Statements

For the Year Ended 31 March 2022

1. STATUTORY INFORMATION

Carers' Hub is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents grants and contract funding payments received.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc	-33% on cost,
	-20% on cost

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Grants and contract funding payments are recognised when receivable;
- Investment income is included when receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.



Notes for the Financial Statements - continued

For the Year Ended 31 March 2022

CARERS' HUB

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022

2. Total Resources Expended

	Basis of allocation	Advanced Care Planning Project		AC Prevention & Promotion of Better Mental Health		DWP Access to Work		Jack Petchey		Kings Civic Challenge		SWSJ		Walcot Foundation		Winter Monies		YAC Project		YC Prevention & Promotion of Better Mental Health		Core		2022 Total		2021 Total	
		£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	
Costs directly allocated to activities	Staff costs	11,641	13,710	-	-	-	-	-	-	1,168	8,557	18,502	2,131	26,424	10,089	211,144	303,366	276,266									
	Activity costs	-	4,134	-	1,778	-	1,609	569	236	-	1,436	845	-	-	-	4,281	14,888	6,558									
Support costs allocated to activities	Establishment costs	-	1,400	-	-	-	1,400	500	914	-	500	410	12,914	18,038	12,630												
	General office expenses	-	1,759	132	-	-	1,014	882	1,331	-	1,145	963	13,301	20,527	15,853												
	Fees & finance charges	-	-	-	-	-	-	-	-	-	-	-	439	439	753												
	Depreciation	-	-	-	-	-	-	184	49	-	-	-	1,576	1,809	1,459												
Total resources expended		11,641	21,003	132	1,778	5,191	10,692	21,032	2,131	29,505	12,307	243,655	359,067	313,519													



Notes for the Financial Statements - continued

For the Year Ended 31 March 2022

3. INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE CHARITY'S OBJECTS

	Unrestricted	Restricted	2022 Total	2021 Total
	£	£	£	£
ILCP	264,948	-	264,948	264,948
NHS SE London CCG	-	29,000	29,000	-
NHS CAMHS	-	-	-	14,500
Jack Petchey Foundation	-	2,700	2,700	1,750
Compassion in Dying	-	8,041	8,041	7,456
Sir Walter St John	-	9,133	9,133	8,881
Walcot Foundation	-	23,498	23,498	23,161
Kings Civic	-	-	-	5,000
Healthwatch	-	-	-	361
Young Carers	-	17,635	17,635	-
Public Health Commissioning	-	33,069	33,069	-
Other	1,020	-	1,020	18,219
	265,968	123,076	389,044	344,276

4. EMPLOYEES AND DIRECTORS

	31.3.22 £	31.3.21 £
Wages and salaries	278,408	252,388
Social security costs	19,825	18,885
Pension	5,133	4,633
Other staff costs	-	360
	303,366	276,266

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Manager	1	1
Direct	16	13
	17	14

No employee received emoluments of more than £60,000 in the year.

5. NET INCOMING (OUTGOING) RESOURCES

The operating surplus/(deficit) is stated after charging:

	31.3.22 £	31.3.21 £
Depreciation – owned asset	1,809	1,459
Directors' remuneration and other benefits etc	-	-



Notes for the Financial Statements - continued

For the Year Ended 31 March 2022

6. **TRUSTEE REMUNERATION AND RELATED PARTY TRANSACTIONS**

No members of the management committee received any remuneration during the year (2021: Nil).
No expenses were reimbursed during the year (2021: Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2021: Nil).

7. **TAXATION**

As a charity, Carers' Hub is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

8. **TANGIBLE FIXED ASSETS**

	Plant and machinery etc £
COST	
At 1 April 2021	5,009
Additions	<u>2,377</u>
At 31 March 2022	<u>7,386</u>
DEPRECIATION	
At 1 April 2021	3,331
Charge for year	<u>1,809</u>
At 31 March 2022	<u>5,140</u>
NET BOOK VALUE	
At 31 March 2022	<u>2,246</u>
At 31 March 2021	<u>1,678</u>

9. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22 £	31.3.21 £
Trade debtors	14,500	-
Other debtors	<u>11,789</u>	<u>4,058</u>
	<u>26,289</u>	<u>4,058</u>

10. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22 £	31.3.21 £
Taxation and social security	6,465	10,306
Other creditors	<u>16,320</u>	<u>1,320</u>
	<u>22,785</u>	<u>11,626</u>



Notes for the Financial Statements - continued

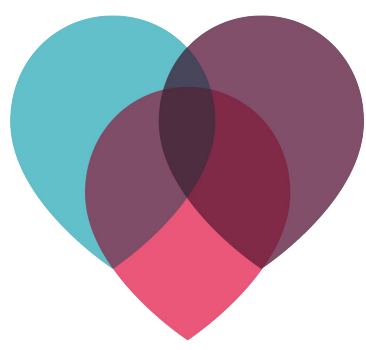
For the Year Ended 31 March 2022

11. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	Transfers between funds	At 31.3.22
Unrestricted				
Core	156,696	22,313	935	179,944
	156,696	22,313	935	179,944
Restricted				
Advanced Care Planning Project	2,379	(3,600)	-	(1,221)
AC Prevention & Promotion	-	12,066	-	12,066
Because we all care Campaign	321	-	(321)	-
DWP Access to Work	-	(132)	132	-
Jack Petchey	809	922	-	1,731
Kings Civic Challenge	5,000	(5,191)	191	-
SWSJ	(519)	(1,559)	-	(2,078)
Walcot Foundation	16,075	2,466	-	18,541
Winter Monies	-	(2,131)	-	(2,131)
YAC Project	11,080	(505)	-	10,575
YC Prevention & Promotion	-	5,328	-	5,328
Young Carers	836	-	(836)	-
GP Federation Project	101	-	(101)	-
	36,082	7,664	(935)	42,811
TOTAL FUNDS	192,778	29,977	-	222,755

Net movement in funds, included in the above, are as follows

	Incoming resources	Resources expended	Movement in funds
Unrestricted			
Core	265,968	(243,655)	22,313
	265,968	(243,655)	22,313
Restricted			
Advanced Care Planning Project	8,041	(11,641)	(3,600)
AC Prevention & Promotion	33,069	(21,003)	12,066
Because we all care Campaign	-	-	-
DWP Access to Work	-	(132)	(132)
Jack Petchey	2,700	(1,778)	922
Kings Civic Challenge	-	(5,191)	(5,191)
SWSJ	9,133	(10,692)	(1,559)
Walcot Foundation	23,498	(21,032)	2,466
Winter Monies	-	(2,131)	(2,131)
YAC Project	29,000	(29,505)	(505)
YC Prevention & Promotion	17,635	(12,307)	5,328
Young Carers	-	-	-
GP Federation Project	-	-	-
	123,076	(115,412)	7,664
	389,044	(359,067)	29,977



Chartered Accountants’ Independent Examiner’s Report to the Trustees of the Unaudited Financial Statements of Carers’ Hub

We report on the accounts of the company for the year ended 31 March 2022, which are set out on pages 18 to 24.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner’s report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a ‘true and fair view’ and the report is limited to those matters set out in the statement below.

Independent examiner’s statement

In connection with our examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that in any material respect the requirements:
- to keep accounting records; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
Kent
CT6 5NP

Date:



Acknowledgement to funders and partners

We would like to acknowledge and thank everyone who enables us to do the work that we do: carers, commissioners, local voluntary sector partners, and NHS colleagues.

We also want to say thank you to our corporate partners, ZS Associates, for their support around the development of our strategic plans.

Thank you to our staff team for always working hard to deliver the support that carers' needs and ensuring that their voices are heard.

And lastly, but not least, a massive thank you to our trustees who are an important group of volunteers who oversee the charity's overall governance and strategic direction. Thank you for all your work and support provided to the team.

Our funders: Lambeth Council, South East London Clinical Commissioning Group, Lambeth Public Health, Walcot Foundation, Sir Walter St John Educational Charity.



Accounts

REGISTERED COMPANY NUMBER: 11403363 (ENGLAND AND WALES)
REGISTERED CHARITY NUMBER: 1182120

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021
FOR
CARERS' HUB

**CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2021**

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Report of the Independent Examiners	16
Income and Expenditure Account	17

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2021**

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Reference and Administrative Information

Charity Name :	Carers' Hub
Charity registration number :	1182120
Company registration number :	11403363
Registered Office and operational address :	336 Brixton Road London SW9 7AA

Management Committee

J Hynard
A Desai
H Adams
J Norris
S Sooriah
D Cook
L Perkins – appointed 27 August 2020
S Hebditch – appointed 27 August 2020

Accountants & Independent Examiners

Hilary Adams Ltd Chartered Accountants
158 High Street
Herne Bay
Kent
CT6 5NP

Bankers

The Royal Bank of Scotland
Direct Business Banking
PO Box 5479
1 Spinningfields Square
Manchester
M61 0NH

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2021

Our aims and objectives

Purposes and Aims

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to:

- relieve the stresses experienced by carers, and beneficiaries in England and Wales.

"Beneficiaries" means any person or persons who have care needs as a result of disability, illness or age.

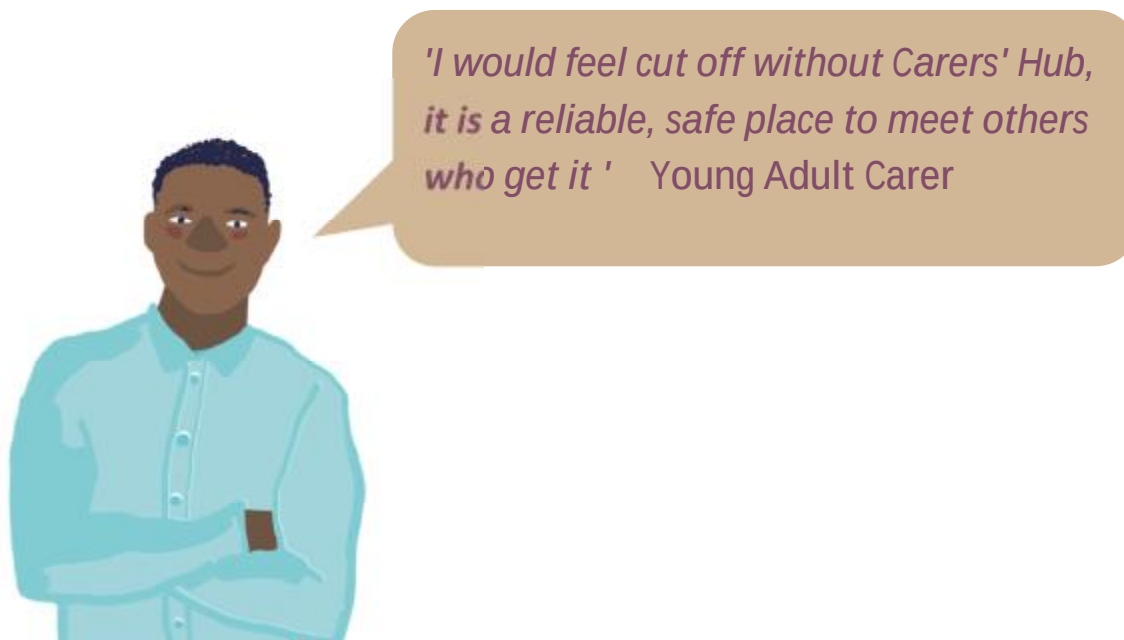
"Carers" means any person involved in the provision of care without receiving remuneration other than statutory benefits, for a person or people who have care needs as a result of disability, illness or age.

Statement on Public Benefit

The Trustees have paid due regard to the guidance on public benefit produced by The Charity Commission and are confident that the work of the charity meets all the criteria for public benefit.

Our mission is to improve carers' lives in Lambeth through quality services and community engagement.

Carers' Hub Lambeth is an independent local charity based in Brixton. Our work stems from the fact that carers' lives can be negatively impacted in all sorts of ways as a result of their caring role. Whether financial, educational or otherwise, we seek to limit the challenges that carers face in two key ways: by working with carers directly, and by influencing the local services and policies that affect them.



**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2021**

Carers' Hub Lambeth key objectives and main achievements



Improve Wellbeing

Caring for a loved one, family member, friend or neighbour, can have a significant impact on all aspects of a carers own life. Through peer support groups and one-to-one appointments, our dedicated and passionate team work with carers aged 5 and up to help overcome challenges around managing at home, finances, caring with confidence, education and employment, physical health and emotional wellbeing.

Key achievements: 1072 carers supported.

28,087 contacts recorded with carers.

186 attendances to yoga, complementary therapies, mindfulness, cooking, photography and poetry sessions, arts & crafts and tai chi.



Increase Connections

There is a lot of support on offer in Lambeth, but these things can be difficult to find. We're here to fill those gaps. We provide information on training courses, local services and help carers build connections with each other and their community. We help professionals to connect too through our Carers Collaborative Network.

Key achievements: 1,629 signposts were made to external organisations.

568 direct referrals were made to external organisations.

- We continued to deliver courses in partnership with Morley College and British Red Cross, these included complementary therapies and first aid.
- New Carers' Hub website launched for Carers Week 2020.
- During Carers' Week we also launched early access to the Lambeth version of the Carers UK Digital Platform, offering e-learning, information on all aspects of caring and the Jointly App as part of the Lambeth Carers Card scheme delivered by Carers' Hub and MYSocial.
- Carers Collaborative Network launched July 2019 bringing together local professionals and volunteers working with unpaid carers. The network is hosted by Carers' Hub, and brings together representatives from around 20 local organisations. The Carers Collaborative Network continues to meet quarterly and uses an online discussion group to share updates and opportunities between meetings.



Raising Awareness

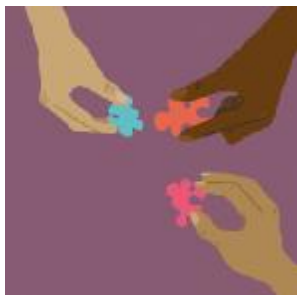
We believe caring is everybody's business. We work hard to raise awareness through outreach in the community, GP practices and local hospitals, presentations to schools and social work teams, through partnership working and our involvement with the Lambeth Carers' Strategy.

Key achievements:

- Adapted our Carer Awareness Training for local professionals to be delivered online due to Covid-19 restrictions. The face to face training had been piloted between January and March 2020 with social prescribers and social care representatives.
- Helped to raise awareness around adult and young carers within South London and Maudsley Trust (SLaM), presenting at Carer Champion's days and Family and Carers Committee meeting.
- Helped raise awareness around young carers through school assemblies and staff workshops.
- Continued to join the Young Carers' task group from Lambeth Social Care and support the development of a young carers' policy and training for professionals.
- 13 young carers aged 12 and above have joined our online event on Young Carers Action Day to tell us about the skills they developed through being carers and their future aspirations.

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2021

Carers' Hub Lambeth key objectives and main achievements (continued)



Influence

We believe that the development of local policy, practice and services that affect carers should take carers' experiences into account. For this reason, we host a range of workshops and forums for carers to make their voices heard throughout the year. Our Carers' Strategy Development Manager plays a key role in the development and delivery of the Lambeth Carers' Strategy.

Key achievements:

- The Carers Strategy Development Manager facilitates the work on Lambeth Carers Strategy and co-ordinates the bi-monthly Carers Collaborative Strategy Group bringing together carer representatives and stakeholders from statutory services and the voluntary sector.
- We were able to support Lambeth Council's and South East London Clinical Commissioning Group's work to help address the confusion around access to the Covid 19 vaccine for carers and share information to address vaccine hesitancy.
- Throughout the year we also hosted virtual meetings of the Carers Collaborative Network, helping to foster positive connections between local organisations and partners. This enabled us to bring partners together to share updates on how organisations were responding to COVID-19 and ideas on how to work together to address some challenges carers were facing.

To achieve these key objectives, the charity's principle activities are:

Young Carers (Connect Lambeth funded)



Our young carers team works with children from the age of 5 upwards, offering support and information to young carers and their families. Adventure, friendship and support are super-important for young carers, so we split our work into four areas:

- 1) We organise a mixture of exciting activities throughout the year.
- 2) We run monthly young carers groups – a space to relax and have fun.
- 3) We provide a listening ear and relevant help to young carers and their families.
- 4) We run dedicated projects working with schools to support young carers with their education.

Key achievements:

- 364 young carers accessed our services.
- 579 attendances to 109 online activities, including visual arts, music, photography, cooking, meditation, yoga, dance, karate and more.
- 71 attendances across 10 young carers online meet-ups/forums.
- 60 peer support groups delivered across 6 target schools.
- 25 young carers supported via school drop-ins.
- 181 signposts and 114 external referrals for young carers.

Young Adult Carers (CCG CAMHS funded)

A young adult carer is someone aged 15-21 who cares, unpaid, for a friend or family member who has an illness, disability, mental health problem or addiction. Some caring roles are big, others small. Either way, we're here to help. We know that friendship, support and trying new things can provide the boost that young adult carers need, so we split our work into three areas:

- 1) We provide tailored 1-2-1 support.
- 2) We organise a mixture of fun activities throughout the year.
- 3) We run a monthly young adult carers group.



**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2021**

Carers' Hub Lambeth key objectives and main achievements (continued)

Key achievements:

- 93 young adult carers accessed our service.
- 54 young adult carer attendances across 10 activities.
- 75 attendances to 15 peer support groups.
- 52 attendances to 6 forums/information sessions.
- 95 signposts and 34 external referrals for young adult carers.

Adult Carers includes, carers for learning disabilities, mental health and dementia (Connect Lambeth funded)

An adult carer is someone aged 18+ who cares, unpaid, for a friend or family member who has an illness, disability, mental health problem or addiction.

- 1) We provide tailored 1-2-1 support, whether that relates to finances, day-to-day tasks or something different.
- 2) We run peer support groups for carers to share their experience of caring, make friends, and develop new skills. Different carers face different challenges, and that's why our groups are specialised. We run groups tailored to dementia, mental health and learning disability carers.
- 3) We host a variety of information sessions and learning opportunities throughout the year.
- 4) We deliver first aid training and provide free legal clinics through our partnerships.
- 5) And if we can't help, we'll do our best to link carers with someone that can through up-to-date information, signposting and referrals.



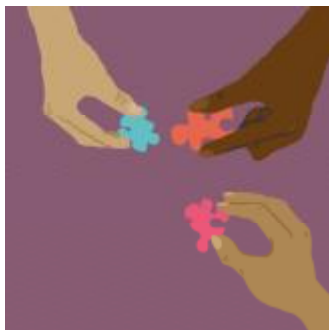
Key achievements:

- 503 carers accessed our service.
- 48 peer support groups with 273 attendances.
- 384 attendances to 50 coffee mornings.
- 186 attendances to yoga, complementary therapies, mindfulness courses and crafts and cooking sessions delivered with partnership with local organisations.
- 22 carers attended 8 legal clinics.
- 700 signposts and 170 external referrals for adult carers.

Carers Strategy (Lambeth CCG funded)

Carers' Hub Lambeth sees the Carers Strategy as a vital opportunity to raise awareness of carers and improve carer support in our borough. Through our Carers Strategy Development Manager post, we're working with the Carers Collaborative Strategy Group (CCSG) to help realise the carers strategy. The CCSG has developed the 2019-2020 Action Plan setting out four priority areas for carers in Lambeth:

- working together with a wide range of local partners and services, to improve support and ensure carers become everyone's business.
- launching a Carers Passport for Lambeth, to recognise carers and their vital contribution to our community.
- building the Carers Collaborative network, to bring together carer organisations and carer leads in Lambeth.
- maximizing opportunities to raise awareness of carers in Lambeth, to increase understanding within local services and the wider community.



**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2021**

Carers' Hub Lambeth key objectives and main achievements (continued)

How we're involved

- Carers Hub Lambeth are playing a key role in delivering the Action Plan including leading the development of the Lambeth Carers Card and the Carers Collaborative Network.
- The Carers Strategy Development Manager, is based at Carers Hub Lambeth. Helping us to connect the work of the carers strategy more closely with carers and our partners working in the community.
- We coordinate the Carers Collaborative Strategy Group, and are working together with fellow members to drive forward the Carers Strategy in Lambeth.

Advanced Care Planning Consortium

Lambeth's Advance Care Planning Consortium is an open network of organisations working to make advance care planning accessible for Lambeth's diverse communities and increase the numbers of people documenting their wishes, ensuring that what matters to each person is known about when health decisions need to be made. Carers' Hub will deliver awareness raising activities through its existing activities programme, which includes group walks, peer support groups and social activities, and offer one-to-one support to 75 people over the period of three years in the groups of carers identified.

Pre lockdown, we'd planned to do this face to face but shifted to telephone clinics and online training sessions to ensure this crucial support could still be delivered. We had 19 attendances at 1 to 1 Advanced Carers Planning sessions and online workshops.



Kings Civic Challenge



Carers' Hub Lambeth submitted an entry titled "Caring Stories" to the King's Civic Challenge 2019/20, a competition for organisations working with King's staff and students to deliver positive change across Lambeth, Southwark and Westminster. We were awarded the Health & Wellbeing Award to be delivering this project between September 2020 – July 2021, but due to the pandemic this had to be put on hold and will be delivered between June - October 2021. "Caring Stories" will share the life experience of informal carers and highlight their contribution to society by creating an exhibition of their works. Carers will access creative workshops to increase confidence, reduce loneliness and foster peer support. Work produced will be exhibited to showcase carer experiences and raise community awareness.

Financial Review

Review of the charity's financial position at the end of the period

The statement of financial activities for 2020-2021 is set out on page 9 and shows a reported surplus for the year of £30,757 of which £1,328 is restricted income. The position of the charity at the year-end is set out on page 10.

Our surplus this year largely results from our services being delivered online due to the Covid-19 restrictions and from having staff vacancies.

Principal Funding Sources

Our principal source of funding is Lambeth Council for those services being delivered through Connect Lambeth (previously Independent Living and Carers' Partnership). NHS South East London CCG also funds a proportion of our work. Recognising the considerable financial pressure facing local authorities both now and in the future, the charity is considering ways of diversifying its funding base, particularly in relation to grants, donations and corporate partnerships.

Details of the sources of funds are set out in the accounts. The Board confirms that the financial statements comply with current statutory requirements, the requirements of the company's governing document and the requirements of the Statement of Recommended Practice (the Charities SORP 2015).

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2021**

Reserves Policy

Total Reserves as of 31 March 2021 are: £192,778 of which £36,082 represents restricted funds.

The Board of Trustees has examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets (free reserves) held by the charity should be at a level equivalent to three months of operating costs. The budgeted expenditure for 2021/22 is £342,648 therefore there is a target of a minimum of £85,662 in free funds.

Plans for future periods

The charity's core provision will continue to be delivered through the Connect Lambeth contract until March 2025 and it will continue to work closely with its partners to demonstrate the value and impact of the services jointly provided to the Council to secure funding beyond that. With referrals increasing in both volume and complexity, a key fundraising priority will be to bolster our core services through additional grant funding and donations.

The NHS South East London CCG funded Carers Strategy Development Manager role has now been integrated into the Connect Lambeth contract and offers scope for the Charity to play a key role in the design and delivery of the local Carers Strategy. We will maximise on the opportunity this affords us to identify gaps and opportunities in local service provision to support the development of partnerships and funding applications. The NHS South East London CCG funded Young Adult Carers Post has secure income until October 2021.

The charity has begun work on a new 5 year strategic plan which will help to clarify our short and medium term priorities. Our fundraising strategy will be refreshed to ensure alignment.

Investment Policy

During 2021-2022, the trustees will be exploring the most appropriate way to invest surplus funds.

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees

Recruitment and Appointment of Trustees

The directors of the company are also charity trustees. Management of the charity is the responsibility of the Board of Trustees which meets at least 4 times a year. Trustees are recruited throughout the year using a range of methods and elected at the Annual General Meeting. Honorary Officers are also elected at the AGM. Trustees will normally serve a three-year term and are twice eligible for subsequent re-election.

Trustee induction and training

An induction is provided for all new Trustees and ongoing training opportunities are made available.

The Board held a review of its skills and experience this year to inform our recruitment strategy to increase the size of our Board and ensure it meets the needs of the organisation. All Trustees give their time voluntarily and receive no remuneration from the charity. Any expenses reclaimed from the Charity are set out in the accounts. The Trustees delegate day to day management to the Chief Executive.

Risk Management

The Trustees have reviewed the major strategic, business and operational risks which the charity faces. Actions to address key risk areas have been agreed and progress is reviewed regularly. In addition, strong financial controls are in place to mitigate the risk of financial losses due to theft or fraud and these controls are regularly reviewed.

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2021**

Responsibilities of the Management Committee

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the management committee should follow best practice and:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Acts 1985 & 2006, and with the Charities Act 2006. The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out in page 1.

In accordance with company law, as the company's directors, we certify that:

- As the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Independent Examiners of Accounts

Hilary Adams Ltd were appointed as the charitable company's Independent Examiners during the year and have expressed their willingness to continue in that capacity.

The report has been prepared in accordance with FRS 102.

Approved by the Management Committee on

and signed on its behalf by:

James Hynard - Director

STATEMENT OF FINANCIAL ACTIVITIES
(including Income and Expenditure Account)
for the Year Ended 31 March 2021

	Notes	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Incoming resources:					
Voluntary income:	3				
Donations & grants		18,219	61,109	79,328	155,764
Lambeth funding contracts		264,948	-	264,948	196,950
Activities for generating funds:					
Investment income		-	-	-	-
Incoming resources from charitable activities:					
Other income		-	-	-	-
Total incoming resources		<u>283,167</u>	<u>61,109</u>	<u>344,276</u>	<u>352,714</u>
Resources expended					
Costs of generating funds:					
Costs of generating voluntary income		-	-	-	-
Charitable activities		253,738	59,781	313,519	281,551
Total resources expended	2	<u>253,738</u>	<u>59,781</u>	<u>313,519</u>	<u>281,551</u>
STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES					
Net incoming resources before other recognised gains					
(net income for the year)		29,429	1,328	30,757	71,163
Transfer depreciation reserve		-	-	-	-
Transfer reserves		44,945	(44,945)	-	-
Other recognised gains					
Gain on revaluation of investments		-	-	-	-
Net movement in funds		<u>74,374</u>	<u>(43,617)</u>	<u>30,757</u>	<u>71,163</u>
Total funds brought forward		82,322	79,699	162,021	90,858
Total funds carried forward	11	<u>156,696</u>	<u>36,082</u>	<u>192,778</u>	<u>162,021</u>

Movements in funds are disclosed in Note 11 to the financial statements.

STATEMENT OF FINANCIAL POSITION
31 March 2021

			31.3.21	31.3.20
	Notes	Unrestricted funds £	Restricted funds £	Total funds £
FIXED ASSETS				
Tangible assets	8	-	1,678	1,678
CURRENT ASSETS				
Debtors	9	-	4,058	4,058
Cash at bank and in hand		<u>156,696</u>	<u>41,972</u>	<u>198,668</u>
		156,696	46,030	202,726
CREDITORS				
Amounts falling due within one year	10	-	(11,626)	(11,626)
NET CURRENT ASSETS		<u>156,696</u>	<u>34,404</u>	<u>191,100</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>156,696</u>	<u>36,082</u>	<u>192,778</u>
NET ASSETS		<u>156,696</u>	<u>36,082</u>	<u>192,778</u>
FUNDS	11			
Unrestricted funds			156,696	82,322
Restricted funds			<u>36,082</u>	<u>79,699</u>
TOTAL FUNDS			<u>192,778</u>	<u>162,021</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The financial statements were approved by the Board of Trustees on and were signed by:

.....
Mr James Hynard – Director

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2021**

1. STATUTORY INFORMATION

Carers' Hub is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents grants and contract funding payments received.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc	- 33% on cost, 20% on cost
-------------------------	-------------------------------

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Grants and contract funding payments are recognised when receivable;
- Investment income is included when receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021

2. Total Resources Expended

	Basis of allocation	Advanced Care Planning Project	Because we all care Campaign	Jack Petchey	SWSJ	Walcot Foundation	YAC Project	Core	2021 Total	2020 Total
		£	£	£	£	£	£	£	£	£
Costs directly allocated to activities										
Staff costs	Direct	10,116	-	191	8,200	16,627	22,545	218,587	276,266	232,223
Activity costs	Direct	-	-	-	132	-	510	5,916	6,558	11,309
Support costs allocated to activities										
Establishment costs	Floor area	-	-	-	-	-	-	12,630	12,630	13,808
General office expenses	Usage	-	40	-	380	451	474	14,508	15,853	21,966
Fees & finance charges	Usage	-	-	-	-	-	-	753	753	786
Depreciation	Usage	-	-	-	66	49	-	1,344	1,459	1,459
Total resources expended		10,116	40	191	8,778	17,127	23,529	253,738	313,519	281,551

NOTES TO THE FINANCIAL STATEMENTS – continued
for the Year Ended 31 March 2021

3. INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE CHARITY'S OBJECTS

	Unrestricted	Restricted	2021 Total	2020 Total
	£	£	£	£
ILCP	264,948	-	264,948	196,950
NHS Lambeth CCG	-	-	-	68,000
NHS CAMHS	-	14,500	14,500	29,000
Jack Petchey Foundation	-	1,750	1,750	-
Compassion in Dying	-	7,456	7,456	7,238
Sir Walter St John	-	8,881	8,881	6,000
Walcot Foundation	-	23,161	23,161	23,343
Kings Civic	-	5,000	5,000	-
Healthwatch	-	361	361	-
Young Carers	-	-	-	300
Other	<u>18,219</u>	<u>-</u>	<u>18,219</u>	<u>21,883</u>
	<u>283,167</u>	<u>61,109</u>	<u>344,276</u>	<u>352,714</u>

4. EMPLOYEES AND DIRECTORS

	31.3.21 £	31.3.20 £
Wages and salaries	252,388	211,697
Social security costs	18,885	15,973
Pension	4,633	4,539
Other staff costs	<u>360</u>	<u>14</u>
	<u>276,266</u>	<u>232,223</u>

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Manager	1	1
Direct	<u>13</u>	<u>11</u>
	<u>14</u>	<u>12</u>

No employee received emoluments of more than £60,000 in the year.

5. NET INCOMING (OUTGOING) RESOURCES

The operating surplus/(deficit) is stated after charging:

	31.3.21 £	31.3.20 £
Depreciation – owned asset	<u>1,459</u>	<u>1,459</u>
Directors' remuneration and other benefits etc	<u>-</u>	<u>-</u>

NOTES TO THE FINANCIAL STATEMENTS – continued
for the Year Ended 31 March 2021

6. TRUSTEE REMUNERATION AND RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year (2020 Nil).
 No expenses were reimbursed during the year (2020 Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2020 Nil).

7. TAXATION

As a charity, Carers' Hub is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

8. TANGIBLE FIXED ASSETS

	Plant and machinery etc £
COST	
At 1 April 2020	
and 31 March 2021	<u>5,009</u>
DEPRECIATION	
At 1 April 2020	1,872
Charge for year	<u>1,459</u>
At 31 March 2021	<u>3,331</u>
NET BOOK VALUE	
At 31 March 2021	<u>1,678</u>
At 31 March 2020	<u>3,137</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Other debtors	<u>4,058</u>	<u>2,577</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Taxation and social security	10,306	5,412
Other creditors	<u>1,320</u>	<u>3,164</u>
	<u>11,626</u>	<u>8,576</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021

11. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	Transfers between funds	At 31.3.21
Unrestricted				
Core	<u>82,322</u>	<u>29,429</u>	<u>44,945</u>	<u>156,696</u>
	82,322	29,429	44,945	156,696
Restricted				
Advanced Care Planning Project	5,039	(2,660)		2,379
Carers Passport Project	24,872	-	(24,872)	-
Carers Strategy Project	20,073	-	(20,073)	-
Because we all care Campaign	-	321	-	321
Jack Petchey	-	809	-	809
Kings Civic Challenge	-	5,000	-	5,000
SWSJ	(622)	103	-	(519)
Walcot Foundation	10,041	6,034	-	16,075
YAC Project	20,109	(9,029)	-	11,080
Young Carers	86	750	-	836
GP Federation Project	<u>101</u>	<u>-</u>	<u>-</u>	<u>101</u>
	79,699	1,328	(44,945)	36,082
TOTAL FUNDS	<u><u>162,021</u></u>	<u><u>30,757</u></u>	<u><u>-</u></u>	<u><u>192,778</u></u>

Net movement in funds, included in the above, are as follows

	Incoming resources	Resources expended	Movement in funds
Unrestricted			
Core	<u>283,167</u>	<u>(253,738)</u>	<u>29,429</u>
	283,167	(253,738)	29,429
Restricted			
Advanced Care Planning Project	7,456	(10,116)	(2,660)
Carers Passport Project	-	-	-
Carers Strategy Project	-	-	-
Because we all care Campaign	361	(40)	321
Jack Petchey	1,000	(191)	809
Kings Civic Challenge	5,000	-	5,000
SWSJ	8,881	(8,778)	103
Walcot Foundation	23,161	(17,127)	6,034
YAC Project	14,500	(23,529)	(9,029)
Young Carers	750	-	750
GP Federation Project	<u>-</u>	<u>-</u>	<u>-</u>
	61,109	(59,781)	1,328
	<u><u>344,276</u></u>	<u><u>(313,519)</u></u>	<u><u>30,757</u></u>

**CHARTERED ACCOUNTANTS' INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES
ON THE UNAUDITED FINANCIAL STATEMENTS OF
CARERS' HUB**

We report on the accounts of the company for the year ended 31 March 2021, which are set out on pages 9 to 15.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
Kent
CT6 5NP

Date:

CARERS' HUB
INCOME AND EXPENDITURE ACCOUNT
For The Year Ended 31 March 2021

	31 March 2021		31 March 2020	
	£	£	£	£
TURNOVER				
Grants		61,109		133,581
Donations		18,219		22,183
Contracts		<u>264,948</u>		<u>196,950</u>
		344,276		352,714
SALARIES				
Wages and salaries	252,388		211,697	
Employers NI	18,885		15,973	
Employers pensions	4,633		4,539	
Other staff costs	<u>360</u>		<u>14</u>	
		(276,266)		(232,223)
INCOME LESS SALARIES		68,010		120,491
Administrative Expenses				
Staff training	3,869		2,022	
Travel expenses	60		932	
Rent	11,943		13,160	
Recruitment	3,792		2,480	
DBS checks	416		264	
Software & maintenance	514		2,273	
Insurance	687		647	
Post and stationery	730		1,647	
Advertising	917		2,984	
Communications	1,429		1,755	
Accountancy fees	1,320		1,320	
Professional fees	1,726		1,344	
Payroll fees	1,080		1,186	
Bank charges	353		359	
Just Giving charges	401		427	
Depreciation of plant and machinery	40		40	
Depreciation of fixtures and fittings	258		258	
Depreciation of computer equipment	1,161		1,161	

...CONTINUED

CARERS' HUB
INCOME AND EXPENDITURE ACCOUNT (CONTINUED)
For The Year Ended 31 March 2021

Sundry expenses	566	2,577
Other activity costs	5,680	10,733
Fundraising costs	311	577
Trustee meeting costs	-	205
Trustee training	-	977
	(37,253)	(49,328)
 SURPLUS FOR THE YEAR	 <u>30,757</u>	 <u>71,163</u>