



LOVE, AMELIA

REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

LOVE, AMELIA

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Legal and administrative information

Board of Trustees:

J A Archbold
P L Capewell
C Bankhead
Z J Hull
R McGurrell

Registered Office:

3 Glaholm Road
Hendon
Sunderland
SR1 2NX

Accountants:

TIG Accountants
Metropolitan House
Longrigg Road
Swalwell
Gateshead
NE16 3AS

Bankers:

The Co-operative Bank
5-6 Fawcett Street
Sunderland
SR1 1SB

The trustees present their report and the financial statements of the charity for the year ended 31 March 2023.

Structure, governance and management

Love, Amelia is a registered charity with the Charity Commission for England and Wales since 15 February 2019 (charity number 1182062). Love, Amelia is a Charitable Incorporated Organisation (CIO).

Public benefit statement

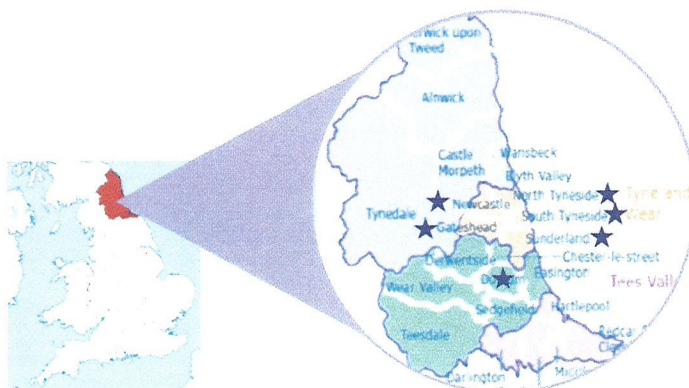
The Trustees have fulfilled their obligation to consider the guidance on public benefit provided by the Charity Commission for England and Wales. When establishing our goals and designing our initiatives, the Trustees have taken into account the public benefit, with a specific focus on the prevention and relief of poverty.

Objectives and activities

Charitable objects were amended on 03 June 2022 in relation to geographical area supported by the charity. The objects of the CIO are the prevention or relief of poverty in Tyne and Wear and County Durham by:-

1. the provision of items and services to individuals with children who are in need and / or charities, or other organisations working to prevent or relieve poverty; and
2. the provision of items following the birth of a child so as not to prevent a delay in hospital discharge.

Tyne & Wear and County Durham comprises of Sunderland, South Tyneside, North Tyneside, Gateshead, Newcastle, and County Durham. Previously, our charity had only focused on supporting families in Sunderland and South Tyneside, however, with the growing need for support in surrounding areas, Love, Amelia decided to extend our reach. Love, Amelia provides essential items such as nappies, clothes, and equipment to babies and children in need. By expanding our reach, Love, Amelia hopes to help even more families and children who are facing challenging circumstances. We aim to make a positive impact on the lives of children and families throughout the region by providing practical support and care. We continue to work closely with neighbouring services and baby bank network to collectively provide support throughout the region.



Love, Amelia strives to ensure every child has the opportunity to be safe, happy, and to thrive. Our mission is to relieve poverty and hardship in babies, children, and those who care for them by providing essential items, equipment, and support to partner organisations.

We strongly believe every child deserves to have the best start in life and equal access to resources and opportunities. The trustees and management have established four objectives to shape our services to benefit the families we serve:

1. To help give children the best start in life and the opportunity to thrive.
2. To help keep babies and children safe in the community.
3. To help improve the physical health, mental health, and wellbeing of children and those who care for them.
4. To help reduce waste by recycling good quality essential items and equipment.

Love, Amelia accomplishes our objectives through the following measures:

- Ensuring a secure sleeping environment for infants and children by providing essential items such as Moses baskets, cots, beds, along with new mattresses and age-appropriate bedding.
- Maintaining the nutrition and hygiene of babies and children by supplying essential consumable items.
- Offering high-quality clothing that is suitable for the child's age, size, and the prevailing season.
- Enhancing the development and happiness of babies and young children through the provision of age-appropriate toys and books.
- Supplying necessary equipment including pushchairs/prams, highchairs, and bouncers appropriate for the child's age.
- Equipping homes with safety equipment to minimise the risk of accidents and injuries.
- Providing information and/or training to healthcare professionals, social care providers, and voluntary organisations regarding Love, Amelia's mission and objectives.
- Maintaining an updated website and active social media platforms with accurate information about the organisation, including details about the referral process, stock requirements and impact.
- Accepting donations of gently used items, including toys, clothing, and equipment, to promote waste reduction.

Why our work is needed

The need for families to acquire crucial items for their children is increasing within our region. To understand the significance of providing access to resources and enabling optimal development during the early years, it is essential to consider the following data:

- The North-east is experiencing devastating levels of economic precarity as the rates of childhood poverty continue to rise. For the first time, the North-east has overtaken London's rates for childhood deprivation and hardship.
- In 2022 an average of 40% of children living across Tyne & Wear and County Durham were living in poverty. This is the equivalent of over 10 children in every classroom.

- Almost half (47%) of in families with at least one child under five years old are experiencing poverty. Single parent families are most affected, with 55% of single parent families living in poverty as the high costs of childcare and lack of a secondary caregiver makes it more difficult to work.
- Love, Amelia is based in Hendon, Sunderland, an area characterised by high levels of deprivation. According to the 2019 Index of Multiple Deprivation, Sunderland ranks among the top 10% of authorities. Furthermore, Hendon stands out with nearly half (42%) of its children living in poverty, surpassing the national average and placing it within the top 1% of deprived areas in the UK.
- Children who experience poverty face heightened risks of enduring poverty, which in turn hinders their ability to fully realise their potential in adulthood. The struggle faced by children growing up in poverty limits their choices, opportunities, and overall participation in society, creating obstacles as they strive for a brighter future.
- Life expectancy at birth is significantly worse in the North-east than the rest of the UK; It is 11.5 years lower for men and 8.5 years lower for women due to inequalities in the area.
- **Of the 20 UK Parliamentary constituencies which saw the highest increases in child poverty from 2014/15 to 2019/20, all six of the areas we support are within them.**

LOCAL AUTHORITY	2014/15	2019/20	INCREASE
UK	29%	31%	+2ppts
North Tyneside	23.6%	34.0%	+10.5ppts
County Durham	25.3%	35.8%	+10.5ppts
Gateshead	24.7%	36.0%	+11.2ppts
Sunderland	27.4%	37.6%	+10.3ppts
South Tyneside	27.4%	37.8%	+10.4ppts
Newcastle upon Tyne	28.4%	41.2%	+12.8ppts

(Source: [End Child Poverty](#))

Achievements and performance:

The Board of Trustees are delighted to report another year of remarkable progress and expansion for Love, Amelia. We have sustained our commitment to aiding families facing challenging circumstances, ensuring that children have access to essential resources for their growth, well-being, safety, and happiness. Notably, this year marked a significant milestone in our history as we responded to our 5000th support request, and surpassed our annual targets as we manage the impact the cost of living crisis has on families.

To accommodate the growing demand, we have expanded our team by recruiting additional staff members in the vital roles of Business Support and Donation Coordinator. This strategic expansion enables us to effectively meet the increasing needs for families across Tyne & Wear and County Durham. Love, Amelia's presence and contributions are highly regarded, making it an vital service in our community.

In the past 12 months, Love, Amelia has maintained our commitment to addressing the needs of our beneficiaries and the professionals who assist them. We recognise the pressing nature of their requests and endeavour to process all referrals within one working day. While we have successfully accomplished this for the majority of requests, we have encountered challenges due to a decline in donations of larger, more costly items such as cots and prams. Donors, facing the financial strain of the current cost of living crisis, have opted to sell these items for cash instead of being in a position to donate as they may have been previously. As a result, we have embarked on exploring alternative solutions and strengthening our partnerships to ensure our ability to consistently support families in need of our assistance.

Referrals are submitted by professionals in the healthcare, social care, and voluntary sectors who directly engage with and provide assistance to our beneficiaries. At the start of the financial year, our initial estimate was to respond to 3,500 support requests; however, we have exceeded this target by assisting a total of 4,384 individuals throughout the year, increase of 50% compared to our previous financial year. The approximate value of items distributed to families amounts to £485,630, calculated based on the average cost of pre-loved items and equipment, as well as the expense of new items purchased or donated.

	April 2019 – March 2020	April 2020 – March 2021	April 2021 – March 2022	April 2022 – March 2023
Total People Supported	82	1125	2920	4384
Approximate value of goods distributed	£8,191	£96,465	£269,207	£485,630

The majority of items we distribute are generously donated pre-loved items from members of our community. In the current financial year, a total of 15,052 kilograms of items have been distributed to families through core referral requests. The distribution of pre-loved and donated items not only benefits families in need but also contributes to waste reduction and landfill diversion. By reusing and recycling these items, we actively promote environmental sustainability by minimising waste and reducing the burden on landfills.

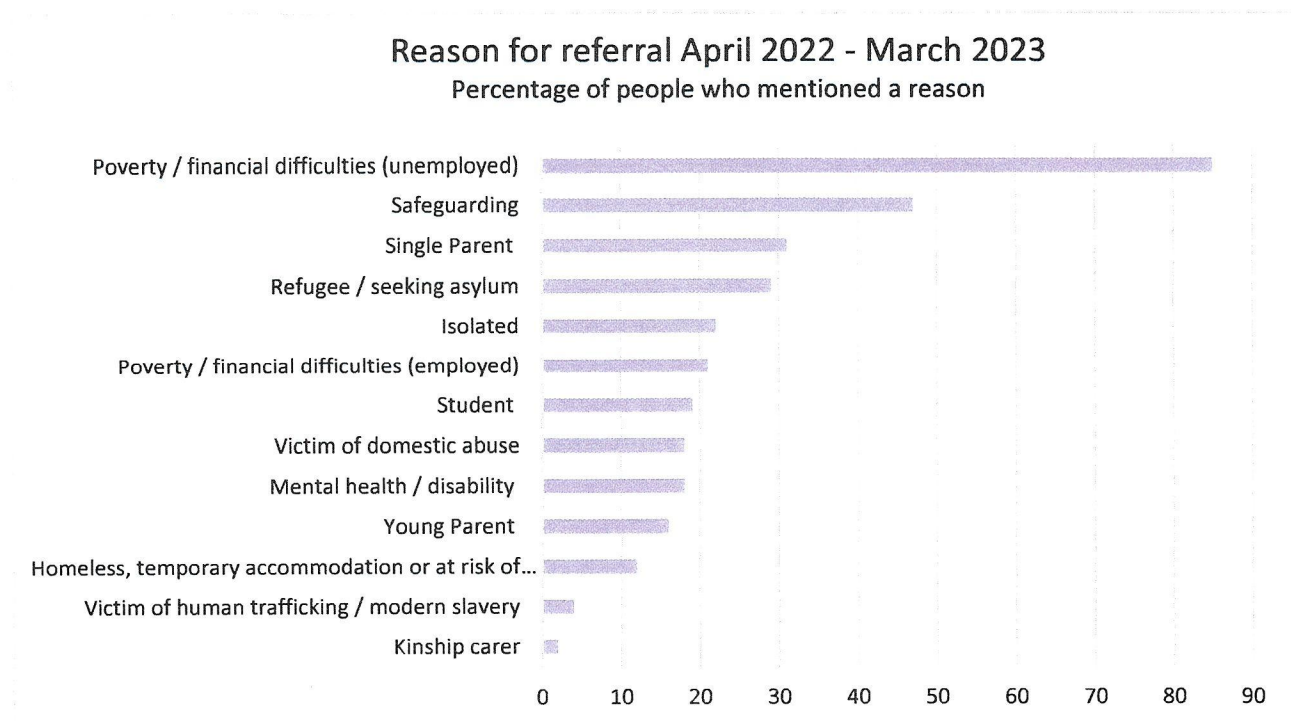
Pre-loved items	New Items	Total amount
10962kg	4090kg	15052kg

Families are referred to Love, Amelia for various reasons, and the reasons are often complex and multifaceted. One of the most common reasons is financial hardship; families who are struggling to make ends meet may struggle to afford the necessary items for their children. This can be due to a range of factors such as low income, unemployment, debt, unexpected expenses, or crisis. In some cases, families may be in temporary financial difficulty due to a change in circumstances such as illness or family breakdown. Families who have experienced a breakdown in their relationship may face financial difficulties as they adjust to their new circumstances. This can be particularly challenging for single-parent families.

Another factor that can contribute to a family's referral to Love, Amelia is social isolation. Families who are socially isolated may not have access to support from friends or family, making it harder to access essential baby items. They may also lack knowledge of other services and support available to them. Other factors include health issues, disabilities, and housing difficulties. Families who are dealing with these challenges may struggle to access essential items for their children and may need additional support to meet their needs.

We frequently support families who are displaced by conflict, and often work with refugees and asylum seekers who have experienced trauma and hardship. In 2022 we experienced an increased referral rate of 200% for these groups, meaning that more people are being connected with their services and receiving the support they need.

Our service has been crucial in providing a lifeline for families who have been impacted by the war in Ukraine and other conflicts around the world. Through our service and in collaboration with our partners, we have been able to provide hope and help to those who are facing immense challenges in their lives.



Throughout this reporting year, we have received invaluable assistance from 153 volunteers, generously contributing a total of 1478 hours of their time. We express our sincere gratitude to each volunteer who dedicated their time consistently throughout the year, as well as those who volunteered whenever they could or participated in corporate volunteer days.

Our corporate volunteer sessions have been joined by EE, Ocado, Barclays, ICOS, Healthwatch Sunderland, Sunderland Midwives, South Tyneside Midwives, and UMI. Furthermore, we were fortunate to have the ongoing support of students from the University of Sunderland and St Aidan's Catholic Academy throughout the year.

Projects and Campaigns

Over the course of the year we have continued to successfully deliver annual projects and campaigns. We know many families have little to no support networks to be able to support during seasonal holidays and would otherwise be excluded from celebrations. Our campaigns provide a sense of community, connection, and joy during what can be very challenging times. By providing special projects and events, we can help to ease the burden and bring a sense of celebration, happiness and sense of belonging to the families we support.

Summer Activity Packs

Not all families look forward to the summer holidays, as many children are at home with no access to stimulating activities to occupy them during the break. Holiday poverty is a real issue as parents worry about providing extra meals, snacks and the high cost of days out.

In 2022 we completed our third annual campaign to provide 102 activity bags to children experiencing 'holiday poverty' during the summer break from school. The summer activity packs contain a variety of fun and engaging activities such as craft supplies, games, puzzles, books, and more. These backpacks are designed to provide families with the tools they need to keep their children entertained and engaged during the summer break, especially on rainy days when outdoor activities may not be possible.

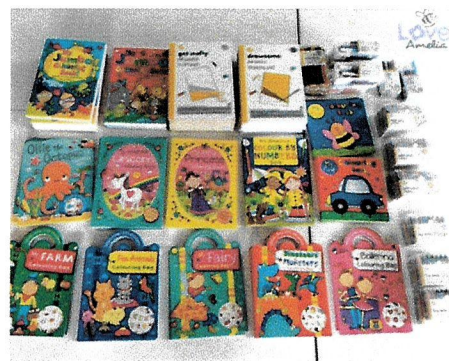
By providing these packs for free, we aim to alleviate the financial burden that many families face during the summer months. The packs are available to families who are struggling to make ends meet and may not have the resources to provide their children with activities during the school holidays. Each bag also contains information on free events taking place in their local area.

"Holiday poverty is a real issue for families and the biggest challenge can be keeping the children entertained. These packs are a fantastic resource for families to help them through the six week break"
- Teacher

"These packs are a great initiative to help families who struggle during the summer holidays. More families are becoming even more isolated as they cannot afford to take their kids out, particularly

with the high costs of soft play areas and theme parks for example. These will help keep the kids occupied and give the parents a break, even for 5 minutes!"

- Health Visitor



Mother's Day and Father's Day

Being a parent is one of the hardest jobs in the world as you have to be everything to your children, with very little time for yourself. Mother's Day and Father's Day are the only days set aside each year to celebrate and honour parents for the amazing job they do.

One again we ran our annual campaign to give a little boost to parents who would otherwise not be acknowledged on Mother's Day and Father's Day.

We provide wellbeing packs which typically include a variety of items such as toiletries, chocolates, and small gifts to parents we support with a handwritten card. These gift packs are designed to provide a little extra joy and appreciation for parents who may not have the means to celebrate these occasions in a traditional way. By offering these gift packs, we hope to bring a smile to the faces of parents and remind them that they are valued and loved.

The packs are made with donated goods from people in the community with many schools and workplaces arranging collections of goods. We were delighted to welcome local schools and volunteers who assist in preparing the gift packs. In this financial year, we distributed 366 gifts for Mother's Day and 79 gifts for Father's Day.

"We were really impressed with the quality of gifts received. The older children were able to hide them to give as a surprise. It made their day, its just what they needed right now"

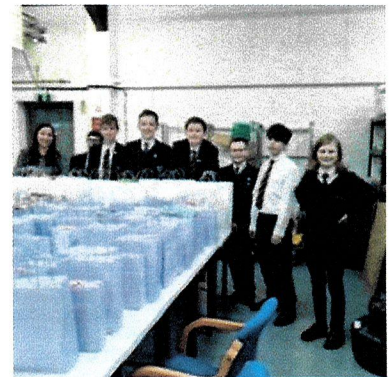
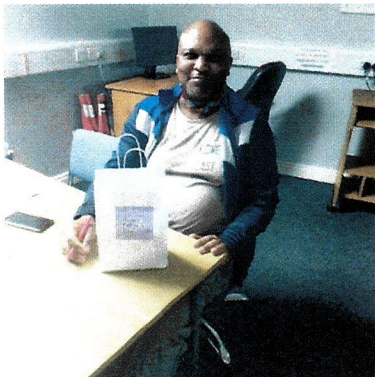
- Refugee Worker

"The children ran straight upstairs to hide the gift for their Mam, they are so excited to have something to give her."

- Social Worker

"The parents I work with are going through a very difficult time and these packs are a wonderful gesture, some of them were quite emotional when they received their gift, they are very appreciated."

– Community Support Worker



Christmas

This year we completed our third annual Christmas campaign, helping to make sure local children experience the magic of Christmas.

During the Christmas season, we run a gift campaign to provide presents for children who may not receive a gift on Christmas morning. This campaign aims to bring joy and happiness to children who might otherwise go without. Through donations of toys, books, and other gifts, Love, Amelia helps to make Christmas a special time for all children in the community.

Christmas time brings a great deal of pressure to care-givers and delivering even a simple family Christmas can be challenging. Many families are at risk of being plunged into significant debt, at risk of loan sharks or other high-risk borrowing, and even crime to fund gifts for their children at Christmas. Our aim is to reduce this risk and help provide gifts to children in need. We also provided a small gift to adults as well as a Christmas Eve goody-bag for the family to enjoy over the festive period. This year, 927 Christmas requests were fulfilled.

This campaign brings our community together as individuals, schools and workplaces sponsor a child to support and arrange gift collections. We were delighted to see returning volunteers who

helped us prepare gift bags for children and fulfil their Christmas wishes. For the second year, Santa visited our unit to greet children who were donating gifts for another child in need. Santa assured gifts would be taken to the North Pole and delivered on Christmas Eve!

Once again, we hosted a Christmas party for local families to attend. We were joined by the children living in local refuges and families we support throughout the year to give the children an opportunity to meet Santa and join in Christmas crafts and games.

"Inviting the children to attend the party made their day. Parents I work with can't afford to get involved in Christmas activities and this made their day. It was amazing to be a part of it and see their faces."

- Refugee Worker

"Without your help, many of these children would have nothing at all at Christmas. Parents have been trying to pretend Christmas is not happening or borrowing money they can't afford to repay to buy gifts. Words can't describe the feeling of relieve and happiness you have given."

- Health Visitor

"Last year a child come in after the Christmas break and told me Santa forgot about him. It broke my heart and I never want a child to feel that way. Everyone should experience the magic of Christmas and you have helped make that happen."

- Teacher



Feedback

Love, Amelia is dedicated to ongoing enhancement of our services, and we actively seek feedback from both beneficiaries and professionals to ensure we remain responsive to the needs of our community. Throughout the fiscal year, we have gathered valuable feedback from 486 beneficiaries and 239 professionals to inform our continuous improvement efforts.

Feedback from the families highlights the key benefits and impact Love, Amelia has had on their life:



Meeting basic needs of their children -

100% of families agree the items provided by Love, Amelia have helped meet their child's basic needs. This includes having a safe place to sleep, suitable clothes to be warm and dry, toiletries and nappies to be clean and healthy, appropriate equipment to feed.



Helping children to be safe and happy -

96% of families agree the items provided by Love, Amelia have helped to keep their children safe. This includes provision of safe sleeping equipment, home safety kits, stair gates. Families also report the items have promoted their child's development, wellbeing and overall happiness.



Clean and good quality items-

100% of families agree the items provided by Love, Amelia were clean and in good, quality condition. All agree the items they received were well presented. Great care is taken with each bundle we prepare as we want all families to feel they are receiving a gift, not a hand out.



Improving budgeting priorities and reducing risk taking behaviour -

98% of families agree the items provided have helped to ease the difficult choices about how to spend limited funds and deterred away from risk taking behaviours (borrowing money from family or high interest loans, loan sharks, crime). Parents are able to use their limited funds on other items such as food, heating and housing.



Improving parental wellbeing -

100% of families agree the items provided by Love, Amelia have helped to reduce their stress and worries about providing for their child. Improving parental wellbeing enables them to have clear headspace to plan ahead for the future and help become more resilient.



Recommended service -

100% of families state they would recommend Love, Amelia to another family in need of support for their children.

"The items you have been able to give me for my child has made a huge difference to me. I was looking at a payday loan or borrowing money I know I can't afford to pay back. I am beyond grateful for your help"

"Really I appreciate your support, it was very helpful for me, all of the items was clean and nice, with a nice packaging, thank you so much. Please keep helping people, you make kids smile"

"I can't tell how happy we are with the clothes provided. My daughter is so happy she loves them. They will keep her so warm on these cold days. The shoes were in such good condition."

"Thank you so much!!! Two massive box's one each for my daughter and son. Both neatly and clean. Helped me in the circumstances I'm in at the moment. More warm clothes and blankets. Just fab!! Couldn't thank you enough. I hope to be able to come volunteer and give back to families and help them like you helped me."

"I have worried all through pregnancy how I will be able to provide enough for my child. When I checked pram prices my spirit was dampened but it was among the items I received from Love, Amelia and I couldn't hold back my tears. I got a pram I can't even afford it was way above what I ever planned on getting. I got hospital bag items and it was amazing. I fell in love with every piece of the clothing. they are so beautiful and I love every thing I got and I feel indebted. Love, Amelia literally took all my worries away. Thank you, "

"You have helped make my life and my children's life better. I recommend this charity in every regard. You saved us."

"No amount of words will describe how grateful I am that your charity exists. Not many people have treated me as kindly as Love, Amelia did. most treated me like a failure but they treated me like a person and I never felt judged. I will forever be grateful for that"

"A massive thank you to Love, Amelia I am overwhelmed with my parcel of clothes for my son they where packed beautifully and the quality of the clothes are brilliant and you have helped at a time I really needed it. Thank you from bottom of my heart, you are beautiful people with kind hearts"

"Being able to watch my son play with toys means the world to me. We barely have money for the basics so things like toys were out of the question. His face lights up in a way I have never seen before."

We work closely with many professionals working in the area and value their feedback to help us improve our service for the families we support.



Quick response to referrals and supportive staff -

100% of professionals agree the response time to the referral was quick and the staff from Love, Amelia were friendly and helpful



Meeting basic needs of the child-

100% of professionals agree the items provided by Love, Amelia were appropriate to the age of the child and helped to meet their basic needs.



Quality items and presented with dignity -

100% of professionals agree the items were in good, clean quality condition and well presented. Professionals commented that the packaging of bundles promoted dignity to the families receiving them.



Safe at home -

99% of professionals agree that where applicable, the items provided by Love, Amelia helped to increase safety to the child at home. Providing equipment such as safety gates and home safety packs has reduced risk of accidental injury at home.



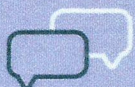
Improving child development and wellbeing -

99% of professionals agree the items provided by Love, Amelia have aided child development and improved the child's happiness and wellbeing.



Improving parental wellbeing -

100% of professionals agree the items provided by Love, Amelia have reduced parental anxiety and stress and reduced the risk of engaging in risk taking behaviour (such as borrowing money they can't pay back, loan sharks, crime).



Positive outcomes -

100% of professionals agree that Love, Amelia service has enabled them to engage in positive discussions with the family about the needs of the child.



Recommended service -

100% of professionals state they would recommend Love, Amelia to a colleague or family in need of support.

"I have accessed referral support from Love Amelia for Mothers Day, Summer Packs and Christmas presents. Items and packs are always well considered, good quality and makes a real difference to the families I work with. Christmas presents were beautiful with lovely personal touches. I can't thank you enough ."

"Our clients were totally grateful. The items came at the time families were going through a very difficult period."

"The items I received from Love Amelia brought great joy to the families when needed most. I even had tears as I dropped the big bag of gifts to them. At Christmas time when my families stressed about cost, Love Amelia took this stress away by providing gifts for all the children in the family, no one was left out. Not only at Christmas but all year round, you have filled a child's wardrobe of clothes, you have provided sensory toys of a child with disabilities, and you have brought smiles to many faces."

"You are very prompt at replying to calls and referrals. you are all very friendly and have time for those in need, your service is very generous to those that are struggling. I cannot suggest any improvements, please just keep up the great job."

"What an amazing team you are, so many families would have been so much worse off without the fantastic support from you all. I came to the warehouse to collect the Christmas donations and you could see just how much work had gone into the whole thing. The feedback from families was really positive. Thank you all so much for your continued hard work to support the most vulnerable of families in our communities."

"Love Amelia staff are absolutely amazing. they have always been very helpful and friendly when I have visited. Love Amelia is my go-to charity due to the response time and high quality items, they always go above and beyond for families and children. The Christmas referrals in particular were so beautiful and every item requested was there. The families were so happy with the gifts and this really relieved a lot of pressure for families facing the cost of living crisis. The children I have given hampers to are always so happy and grateful. On one occasion I was collecting a hamper and I asked if they had any spare books for another child. and they were so helpful and let me choose some books/art supplies. Thank you Love Amelia for everything you do. I am sure a lot of people would be lost without your amazing service!"

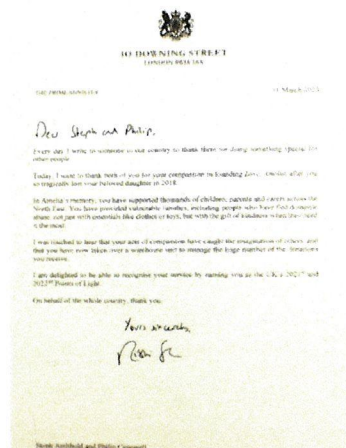
"Love Amelia, are amazing they have helped some many families across Sunderland who WWIN also support families who are fleeing Domestic abuse who otherwise may stay in harms way as they loose most of their possessions at the time they flee to safety. Without love Amelia's love and support children and women would find life that little bit harder. The impact this charity has is far reaching they are amazing hard working and the world would be a darker place without them, you are saving lives!"

Recognition and awards

We are delighted for Love, Amelia to be recognised in multiple awards this year for our contribution in supporting our community.

We attended the North East Charity Awards after being selected as a finalist in the 'Small Charity of the Year' category. The North East Charity Awards celebrate the achievements of charities and individuals who have made a positive impact in the region. Love, Amelia is honoured to be recognised for our efforts and is a testament to the hard work and dedication from the team. We hope that this recognition will help raise awareness of our work and inspire others to get involved and support those in need.

Love, Amelia was highly commended in the Partnership category in VCAS Open Arms Awards, for our collaborations with the local community, organisations, and businesses to support families in need. Additionally, the chair of our board, Craig Bankhead was recognised as 'Trustee of the Year' for his dedication and hard work in supporting Love, Amelia's mission. Furthermore, our fantastic volunteer Jill won the 'Volunteer of the Year' category, which acknowledges her commitment and contribution to Love, Amelia.



Steph, founder of Love, Amelia and her husband Phill were awarded with a 'Points of Light' award, which is a cross-party award recognising individuals who are making a change in their community. Each weekday, the Prime Minister recognises inspirational people with Points of Light award. This award reflects the amazing work of the entire Love, Amelia team and the dedication that goes on behind the scenes.

These awards reflect Love, Amelia's commitment to providing essential support to children in need and our successful collaborations with community partners to make a positive impact on the lives of children and families throughout Tyne & Wear and County Durham.

Trustees

The trustees who served during the year were as follows:

J A Archbold
P L Capewell
C Bankhead
Z J Hull
R McGurrell

Love, Amelia wishes to pass its sincerest thanks to all individuals, businesses and funding sources that have supported us during the year. We also wish to thank the volunteers who generously donate their time to support families in need across Sunderland.

Reserves policy and going concern

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to at three months of charitable expenditure. The trustees consider that this level will provide sufficiently for any contingency planning should the need arise.

The trustees consider the charity is currently in a financially stable position and have no concerns about the charity's continuing existence and success.

Risk management

An annual assessment is made to ensure that the charity's funds are secure and available to meet current and future operational needs. Other risks to the charity have been identified and reviewed on an on-going basis, and appropriate action taken. This has included ensuring appropriate insurance cover and ensuring general health and safety risk assessment has been undertaken at any premises used by our volunteers or staff.

Financial review

The financial statements show a surplus of £12,033. Restricted surplus was £11,164. This is carried forward into the next accounting period.

Restricted funding is the main type of income and expenditure. Monies are received for running costs of the office and salaries

Signed on behalf of the management committee, on 1st October 2023.

C Bankhead
Chair

Report of the Independent Examiner to the trustees of Love, Amelia

I report on the financial statements of Love, Amelia for the year ended 31 March 2023 which are set out on pages 18 to 24.

Respective responsibility of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

Examine the accounts under section 145 of the 2011 Act

To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act) and

To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with section 386 of the Companies Act 2006; and

to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities, have not been met; or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

**B Gill FCCA**

Metropolitan House
Longrigg Road
Swalwell
Gateshead
NE16 3AS

Date: 4/10/23 2023

LOVE, AMELIA
Statement of Financial Activities
Year ended 31 March 2023

18

	Notes	Unrestricted	Restricted	Total 2023	Total 2022
		£	£	£	£
Income					
Donations		10,886	11,567	22,453	11,850
Other income		393	-	393	-
Grants	2	11,000	137,890	148,890	63,247
Total income		22,279	149,457	171,736	75,097
Expenditure					
Charitable activities	3	21,410	138,293	159,703	85,590
Total expenditure		21,410	138,293	159,703	85,590
Net income		869	11,164	12,033	(10,493)
Transfers		-	-	-	-
Net movement in funds		869	11,164	12,033	(10,493)
Total funds brought forward		11,829	5,989	17,818	28,311
Total funds carried forward		12,698	17,153	29,851	17,818

LOVE, AMELIA
Balance Sheet as at 31 March 2023

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	Notes	Unrestricted £	Restricted £	2023 £	2022 £
Fixed assets					
Tangible assets	8	-	3,401	3,401	4,001
Current assets					
Cash at bank and in hand		13,538	12,479	26,017	12,669
Other debtors	9	-	4,150	4,150	4,150
		13,538	16,629	30,167	16,819
Creditors – amount due within one year	10	840	2,877	3,717	3,002
Net current assets		12,698	13,752	26,450	13,817
Net assets		12,698	17,153	29,851	17,818
Funds of the charity	11	12,698	17,153	29,851	17,818

The financial statements were approved by the trustees on 4/10/23 2023 and signed on the trustees behalf by:



P L Capewell
Trustee

1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

Basis of accounting

The charity has adopted the accruals basis of accounting as required by the regulations.

Income

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Expenditure

Costs are recognised as and when there becomes a legal or constructive obligation committing the charity to pay out the resources.

Funds accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the funder, donor or through the terms of an appeal.

Depreciation

Depreciation is charged at 15% reducing balance per year.

LOVE, AMELIA
Notes to the accounts
Year ended 31 March 2023

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2 Grants

	2023	2022
	£	£
Unrestricted		
Government Grants	-	5,000
Nissan	1,000	-
Sir John Priestman Charitable Trust	10,000	-
Tesco Groundwork Bags of Help	-	1,000
Others	-	2,000
	11,000	8,000
Restricted		
Government Grants	10,000	-
National Lottery Awards for All	10,000	10,000
Sir James Knott Trust	15,000	-
Community Foundation	14,000	-
Community Opportunities	2,122	-
Hadrian	2,000	-
Karbon Homes	1,000	1,000
The National Lottery Community Fund	47,768	38,138
Magdalen Hospital Trust	-	1,809
Elsie Davis Trust	5,000	-
Garfield Weston	15,000	-
The Shears Foundation	10,000	-
Rathbone Investment Group	5,000	-
Others	1,000	4,300
	137,890	55,247
Total grants	148,890	63,247

3 Expenditure

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Charitable activities				
Direct costs	16,436	11,330	27,766	14,811
Capital equipment	-	9,474	9,474	-
Hire costs	-	-	-	322
Wages	-	84,631	84,631	42,105
Pension	-	2,122	2,122	3,140
Rent	-	15,562	15,562	13,120
Light and heat	-	962	962	613
Insurance	-	1,296	1,296	1,213
Subscriptions	-	1,062	1,062	305
Equipment and computer	-	3,023	3,023	706
Printing, postage and stationery	582	-	582	369
Telephone	708	-	708	72
Marketing and communications	1,000	1,745	2,745	569
Motor and travel	473	1,896	2,369	-
Volunteer expenses	101	-	101	136
Training	-	1,496	1,496	1,027
Repairs	-	3,094	3,094	3,301
Cleaning	547	-	547	513
Sundries	276	-	276	156
Professional fees	447	-	447	1,646
Accountancy	840	-	840	840
Depreciation	-	600	600	626
	21,410	138,293	159,703	85,590

4 Trustees expenses

Expenses paid to trustees during the year: £101 (2022: £136)

5 Fees for examination of the accounts

	2023	2022
	£	£
Fee for reporting on the accounts	840	840

LOVE, AMELIA**23****Notes to the accounts****Year ended 31 March 2023****6 Wages**

	2023	2022
	£	£
Gross wages	84,845	42,105
Social security cost	-	-
Pensions	2,142	3,140
Total staff costs	86,987	45,245

7 Staff numbers

Staff numbers during the year were as follows

	Part time	Full time	Total
Management and administration	4	1	5

8 Fixed assets

	Plant and machinery etc £
At valuation	
As at 1 April 2022	5,132
Additions	-
As at 31 March 2023	5,132
Depreciation	
As at 1 April 2022	1,131
Depreciation for year	600
As at 31 March 2023	1,731
Net book value	
As at 31 March 2023	3,401
As at 31 March 2022	4,001

LOVE, AMELIA**24****Notes to the accounts****Year ended 31 March 2023****9 Other debtors**

	2023	2022
	£	£
Rent deposit	<u>4,150</u>	<u>4,150</u>

10 Creditors – amount falling due within one year

	2023	2022
	£	£
Accruals	840	840
Other taxes and social security	<u>2,877</u>	<u>-</u>
	<u>3,717</u>	<u>840</u>

11 Net movement on funds

	As at 1 April 2022	Income	Expenditure	Transfer	As at 31 March 2023
	£	£	£	£	£
Unrestricted					
General	11,829	22,279	21,410	-	12,698
Restricted					
Other Funds	<u>5,989</u>	<u>149,457</u>	<u>138,293</u>	<u>-</u>	<u>17,153</u>
	<u>17,818</u>	<u>171,736</u>	<u>159,703</u>	<u>-</u>	<u>29,851</u>