



Charity Name <b>Adenydd</b>	No (if any) <b>1182052</b>
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## Receipts and payments accounts

CC16a

For the period from	Period start date 01/04/2021	To	Period end date 31/03/2022
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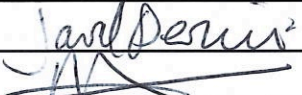
### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
<b>GENERAL</b>					
Gifts, donations, fundraising, etc.	153	-	-	153	1,464
<b>PROJECT ACTIVITIES</b>					
The Waterloo Foundation - grant - Foundations for Attachment Course/Building Regulation and Relationship project and Sunshine Circles project	-	-	-	-	3,746
SCVS VSEF grant	-	1,993	-	1,993	-
Postcode Community Trust - EcoSensory Project	-	19,990	-	19,990	-
The Big Give - Feeling Just Right in School	-	3,992	-	3,992	-
Community Foundation for Wales	-	1,993	-	1,993	-
Training courses in Sensory Regulation	15,255	-	-	15,255	13,945
<b>Sub total (Gross income for AR)</b>	<b>15,408</b>	<b>27,968</b>	<b>-</b>	<b>43,377</b>	<b>19,155</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>15,408</b>	<b>27,968</b>	<b>-</b>	<b>43,377</b>	<b>19,155</b>
<b>A3 Payments</b>					
<b>GENERAL</b>					
Equipment	265	-	-	265	166
Marketing	152	-	-	152	116
Admin	274	-	-	274	30
Subcontractors	400	-	-	400	12
Sundry	568	-	-	568	-
Accounts	100	-	-	100	-
<b>PROJECT ACTIVITIES</b>					
The Waterloo Foundation - grant - BRR Project (formerly Foundations for Attachment Course) and Sunshine Circles	-	6,480	-	6,480	5,925
National Lottery Community Fund - Awards for All Wales - grant - Just Right State programme	-	-	-	-	4,783
SCVS VSEF grant	-	134	-	134	-
Postcode Community Trust - EcoSensory Project	-	1,645	-	1,645	-
The Big Give - Feeling Just Right in School	-	-	-	-	-
Community Foundation for Wales	-	122	-	122	-
Training courses in Sensory Regulation	12,001	-	-	12,001	8,430
<b>Sub total</b>	<b>13,760</b>	<b>8,381</b>	<b>-</b>	<b>22,141</b>	<b>19,462</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Community Foundation for Wales - MacBook Pro laptop + accessories	-	1,866	-	1,866	-
SCVS VSEF grant - MacBook Pro laptop + accessories	-	1,874	-	1,874	-
<b>Sub total</b>	<b>-</b>	<b>3,740</b>	<b>-</b>	<b>3,740</b>	<b>-</b>
<b>Total payments</b>	<b>13,760</b>	<b>12,121</b>	<b>-</b>	<b>25,881</b>	<b>19,462</b>
<b>Net of receipts/(payments)</b>	<b>1,648</b>	<b>15,848</b>	<b>-</b>	<b>17,496</b>	<b>- 307</b>
<b>A5 Transfers between funds</b>	<b>- 95</b>	<b>95</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>10,172</b>	<b>6,400</b>	<b>-</b>	<b>16,572</b>	<b>16,879</b>
<b>Cash funds this year end</b>	<b>11,725</b>	<b>22,343</b>	<b>-</b>	<b>34,068</b>	<b>16,572</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank account	11,692	22,343	-
	Post Office drop & go card	33	-	-
		-	-	-
	<b>Total cash funds</b>	<b>11,725</b>	<b>22,343</b>	<b>-</b>
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>			Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
	2x MacBook Pro laptop + accessories	Restricted	3,740	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Jared Percival, Chair	26/04/2022
		Rachelle Bright, Treasurer	26/04/2022



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Adenydd

On accounts for the year  
ended

31/03/2022

Charity no  
(if any)

1182052

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2022.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 22/08/2022

Name:

Tracy Ingham

Relevant professional  
qualification(s) or body  
(if any):

N/A

Address:

37 Knoll Avenue  
Swansea  
SA3 0JE



**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

# Trustees' Annual Report for the period

Period start date				Period end date			
From	1	April	2021	To	31	March	2022

## Section A Reference and administration details

Charity name Adenydd

Other names charity is known by N/A

Registered charity number (if any) 1182052

Charity's principal address 20 Highpool Lane

Newton

Swansea

Postcode SA3 4TX

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jared Percival	Chair		
2	Rachelle Bright	Treasurer Vice Chair		
3	Jo Southan			
4	Pauline Lewis	Secretary		
5	Simon Groves		Until 14 March 2022	
6				
7				

### Names and addresses of advisers (Optional information)

Type of adviser Name Address

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### Name of chief executive or names of senior staff members (Optional information)

Angela (Gela) Griffiths, Chief Executive Officer

Sue Pilcher, Development Officer

## Section B

## Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods  
(eg. appointed by, elected by)

Trustees appointed by existing trustees in line with Constitution

## Section C

## Objectives and activities

### Summary of the objects of the charity set out in its governing document

For the public benefit to relieve persons in need, in particular but not exclusively children, who have had adverse childhood experiences (ACEs) and their carers and/or families by the provision of therapeutic interventions, in particular but not exclusively counselling, psychotherapy and occupational therapy and such other activities that are exclusively charitable as the Trustees shall see fit.

### Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Training has been provided to a range of professionals and practitioners including school staff, social workers and care workers as well as foster carers schools and training provided to practitioners to support them in meeting the needs of children who have had adverse childhood experiences (ACEs) and have experienced developmental trauma.

Peer support networks facilitated for practitioners (pro bono) to support them in maintaining and developing their skills and knowledge in developmental trauma-specific therapeutic modalities, ie Theraplay®, Dyadic Developmental Practice and Sensory Regulation.

Support provided to Foster Carers through Sensory Regulation training modified specifically for them.

Support provided to schools and children through delivering targeted interventions such as Theraplay® Sunshine Circles and 'Feeling "Just Right" in School' (a Sensory Attachment Intervention).

The work of the charity has been positively supported by the recruitment of a number of volunteers to support the 'back office' functions of the charity to enable the best use of skills and competencies of the CEO to further the charitable aims. The charity has successfully used fair and equitable recruitment processes to recruit a number of volunteers to provide support for functions including financial management, administrative support, and IT support. The charity has already seen the benefit of freeing up the time of the CEO enabling them to provide frontline activities.

I confirm that the trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake.



## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

The charity has continued with its positive performance. We have extended our reach and achieved the aims and objectives in our 2021-22 Development Plan. We continue to get positive feedback and evidence of the positive impact of the training and support we have provided.

Peer Support groups delivered online due to the coronavirus pandemic.

Sensory Regulation training for schools, services, and practitioners – more courses than ever were delivered online due to the coronavirus pandemic.

In addition to our 'open' courses for practitioners from a range of services and settings, several courses have been commissioned by the Social Services Departments of two Local Authorities, and other not for-profit or charitable organisations.

The 'Feeling "Just Right" in School' Pilot Project in a primary school is funded by donations received through The Big Give. The training and support sessions have been mainly completed online, with one face-to-face staff experiential session. The final support sessions will take place after Easter and then the project will be available for other schools or services to commission.

Funding received from The Waterloo Foundation to deliver Theraplay® Sunshine Circles in a primary school but delivered entirely online with very positive results. This project is now available for other schools or services to commission.

Two of our long-standing associates have begun the training for 'EcoSensory Therapy' so that we will be able to extend our offer.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Reserves are being built up through General Funds from projects that have generated income and/or have a Project Fee included in their costings.

The Trustees have set a reserves policy of £1000 to cover any expenses that might be outstanding at any time without specific income to cover them.

### Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);

We are grateful for the support of the following generous funders:

- The Waterloo Foundation
- All of our donors through The Big Give Christmas Challenge 2021 including our Charity Champion, The Four Acre Trust
- The Postcode Community Trust
- The Community Foundation for Wales
- Swansea Council for Voluntary Services

- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F



## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jared Percival	Rachelle Bright
Position (eg Secretary, Chair, etc)	Chair	Treasurer and Vice Chair
Date	26/4/22	