

Charity Number: 1182035

Axminster and Lyme Cancer Support

Report and unaudited financial statements

For the year ended 30 June 2022

CONTENTS

For the year ended 30 June 2022

REFERENCE AND ADMINISTRATIVE INFORMATION

2

TRUSTEES ANNUAL REPORT

3

Structure, Government and Management

3

Objectives and Activities 3

Achievements and Performance 4

Financial Review 6

Plans for Future Periods 6

Statement of Trustees' Responsibilities 7

INDEPENDENT EXAMINER'S REPORT

8

Statement of Financial Activities 9

Statement of Financial Position

10

Notes to the Financial Statements 11

REFERENCE AND ADMINISTRATIVE INFORMATION

Registered Charity number

1182035

Principal address

Heathermoor, Yawl Hill Lane

Yawl

Devon

DT7 3RW

Trustees

Dr Nick Hodges, GP

Dr Yvonne Hodges, GP

Chris Stafford (2020)

Georgia Robson

Kevin Townsend

Mina Fountain

Senior Staff

Mary Kahn, Charity Managing Director (CMD)

Kevin Townsend, Finance Officer

Bankers

Lloyds Bank

The Square

Seaton

EX12 2QH

Independent examiner

L Morgan, CIMA

Foye House

Lyme Regis

DT7 3NF

TRUSTEES' ANNUAL REPORT

The trustees present their annual report with the financial statements of the charity for the year ended 30 June 2022.

Reference and administrative information set out on page 2 forms part of this report. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard (FRS 102).

Structure, Government and Management

The Charity is a Charitable Incorporated Organisation (CIO) registered on 15th February 2019. It is governed by a board of trustees, in accordance with its constitution, who regularly review the objectives and activities undertaken by the organisation.

The trustees confirm that they have complied with the Charity Commission's general guidance on public benefit and have strategically applied these principles in the Charity's objectives and activities.

The day-to-day management of the Charity is the responsibility of the Charity Managing Director, Mary Kahn. Due to rapid growth of the charity and a commensurate increase in financial workload, the voluntary role of Treasurer was converted to the paid post of Finance Officer. Kevin Townsend stepped down as Treasurer and Trustee to take up this post. In addition, the Grant Coordinator role increased to four hours per week to support bid writing applications. Administration and IT support has increased to 8 hours of paid work weekly.

The work of the Charity is underpinned by a group of exceptionally hard-working and dedicated volunteers who have a deep understanding of how cancer affects the lives of people and the support that our clients need. Their number has grown from 17 to 19 in the past financial year.

Objectives and activities

Axminster and Lyme Cancer Support aims to provide relief for anyone in the communities of Axminster, Devon, and Lyme Regis, Dorset, living with and beyond cancer, including relatives and carers, regardless of age, ill-health, disability, financial hardship or other disadvantage.

The Charity provides support, information and education around a variety of issues surrounding a cancer diagnosis, including specific cancers. The Charity offers drop-in sessions where volunteer workers can engage, signpost and refer clients to various support teams including counselling

and complementary therapies depending on individual need, plus Volunteer led 1-1 support. In addition, the Charity holds events and creative workshops to support clients or raise awareness regarding aspects of cancer and the promotion of health and well-being throughout the year.

Achievements and performance

Over the past year the Charity has supported 213 new clients in addition to 140 clients that joined prior to this financial year. These 353 people have been supported with a variety of activities as given below. The year continued to feel the impact of the Covid-19 pandemic so our work has continued in a safe and where necessary, socially distanced manner with many of our activities designed to relieve anxiety and loneliness for those who continue to isolate. Despite the huge growth in numbers we hope we have managed to provide all our clients with what they needed, when they needed it and for as long as they needed it.

Drop-in Sessions

This financial year, our drop-in sessions returned to a face-to-face setting with an average weekly attendance of 18 clients per session. These provide a forum for peer-to-peer support and sign posting to other organisations or relevant information. Of our 353 clients, 76 have attended drop-in sessions over the past year. We have held 48 sessions with 334 client visits and a total of 732 including volunteers, therapists and visitors. Many clients are supported by volunteers offering 1-2-1 telephone contact on a weekly or fortnightly basis.

Therapies

There are currently 33 therapists on the website available for referrals, all interviewed, with appropriate forms, references and insurances. We are especially grateful to those therapists who are able to continue to offer support via Skype or Zoom for the most vulnerable.

We continue our dedicated closed Facebook page for our therapists which facilitates best practice by allowing exchange of ideas and links our self-employed professionals to the organisation as a whole.

Group therapy events have resumed including Nordic Walking and Swimming sessions.

We have had contact with and offered support to 353 clients to date and have made the following referrals:

<i>Therapy</i>	<i>Client s</i>	Counselling	78
-----------------------	----------------------------	-------------	----

Axminster and Lyme Cancer Support

Acupuncture	34		S
Physio	11	Water Therapy	30
Bowen	15	Hypnotherapy	4
Massage	- 66	Equine	8
Reflexology/Head		Metamorphic Technique	8
Tripudio	12	Oxygen Therapy	3
Scar Tissue Massage	25	Pedicure/Manicure/facial	15
Hair/makeup	5	Reiki	2
		Nordic Walking	18
		Nutrition	5

Therapy

Client

Workshops and Events

We launched our Creative Hub (summer 2022) and delivered a variety of Art Workshops in addition to the successful Creative Writing workshops, seasonal floristry workshops and Fermented Food workshops. The feedback from these workshops has been enormously positive, both at distracting clients for a short time from their health issues but also for connecting clients in a safe and secure way. Our support to men has increased in demand seeing more attend the Pie and Pint monthly meetings and the quarterly Blokes Brunch.

Beach Hut Project

The beach hut has been made available throughout the whole year and is in high demand. It has been an introduction to us for many of our new clients who have enquired first about the beach hut but have subsequently engaged with other forms of support that we offer. There has been a total of 317 visits to the beach hut and it has been used by 80 different clients.

Fundraising

With some of our fundraising events such as quiz nights, auction of promises and summer fayres not taking place again this year we have continued to rely on grant funding. We are grateful to have received £25,340 of combined grants from Coop Community Fund, Pink Ribbon Foundation, Norman Family Charitable Trust, Communities Against Cancer, Postcode Local Trust, Lyme Regis Regatta and Carnival, Devon Reconnect Rebuild Recover fund, Dorset Nature Art and Wellbeing Fund, Lyme Regis Town Council, Albert Hunt Trust and Macmillan, this helped us to continue to provide a full service to our clients.

As businesses re-opened, donations through collection pots resumed. These, together with other donations received either personally or through online platforms, have supported our core business, especially counselling and therapies.

We were able to resume fundraising activities including a sponsored Sky Dive which was well supported and very successful raising in excess of £10,000.

Sales of our recipe book, cards and music CDs through our online shop have continued to do well but this revenue stream remains a small proportion of our income.

Financial Review

It has been a positive year financially for the Charity as usual streams of income from fundraising events and collection pots started to return. We have been fortunate to support specific projects through targeted grants. A summary of income and expenditure for the year to 30th June 2022 is as follows:

- Income - £67,566.39
- Expenditure - £49,224.21
- Surplus - £18,342

Full details are given in the statement of financial activities (page 9 onwards).

Reserves policy

The Charity aims to maintain enough reserves to operate for six months. This is to safeguard the Charity's service commitment to clients and to provide a cushion against risk and future uncertainties.

This target has been maintained this year through several large personal donations. Grant funding for specific projects and core activities such as counselling, therapies and purchase and delivery of distraction aids, has further reduced the need to draw on reserves. However, timely support of our client base is of paramount importance to us and we will use our reserves to pay for these services should it be necessary whilst actively seeking additional sources of income.

Plans for future periods

We have maintained our objective of providing relief for anyone living with and beyond cancer in the communities of Axminster and Lyme Regis. We have recovered well from the challenges posed by the pandemic, including financial constraints and a rapid rise in clients, allowing us to continually deliver a full range of services to those who need it. This gives us confidence that we can continue to support our clients, new and old, with our current range of services whilst also supplementing these with new activities.

In the coming year we are planning to raise awareness of cancer and cancer screening programmes through a number of targeted events including awareness days for skin cancer, breast and cervical cancer, bowel cancer and cancers that affect men.

We will continue to seek grant income to fund our activities but will also work to secure unrestricted income from shop sales, donations and events.

Statement of trustees' responsibilities

The Charity's trustees are responsible for preparing a Trustees' Annual Report and Financial Statements in accordance with the appropriate legislation. These have been prepared to give a true and fair view of the state of affairs of the Charity, the incoming resources and the application of those resources for the relevant period. In preparing the financial statements the trustees have given due regard to the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

This report was approved by the Board of Trustees on 17/03/23 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'N Hodges', with a stylized loop and a horizontal stroke extending to the right.

Dr N Hodges

Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF AXMINSTER AND LYME CANCER SUPPORT

I report to the Trustees on my examination of the accounts of the charity for the year ended 30 June 2022.

Responsibilities and basis of report

As the Trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

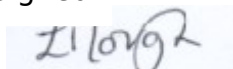
Independent Examiner's Statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Date

28/3/2023

L Morgan, CIMA
Chace Haven
Lyme Regis
DT7 3TX

Axminster and Lyme Cancer Support

Statement of Financial Activities

For the year ended 30th June 2022

Axminster and Lyme Cancer Support

Statement of Financial Activities

For the year ended 30th June 2022

	Unrestrict ed funds	Restricted income funds	2021/22 Total funds	2020/21 Total funds
	£	£	£	£
Income and endowments from:				
Donations and legacies	44,325		44,325	28,880
Charitable activities (Grants)		20,998	20,998	25,395
Other trading activities (Sales and Events)	2,778		2,778	
Total	46,568	20,998	67,566	57,018
Expenditure on:				
Raising funds	1,006		1,006	4,533
Charitable activities		29,881	29,881	18,455
Core costs	17,675		17,675	13,940
Other	662		662	640
Total	19,343	29,881	49,224	37,558
Net income/ (expenditure)	27,225	-8,883	18,342	19,460
Net movement in funds	27,225	-8,883	18,342	19,460
Total funds carried forward	27,225	-8,883	18,342	19,460

The notes form part of these financial statements.

Axminster and Lyme Cancer Support

Balance Sheet as at 30th June 2022

	Unrestricted income funds	Restricted income funds	Total 2022	Total 2021
	£	£	£	£
Current assets				
Debtors				
Cash at bank and in hand	59,765	-8,883	50,882	33,038
Total current assets	59,765	-8,883	50,882	33,038
Creditors: amounts falling due within one year				130
Net current assets/ (liabilities)	59,765	-8,383	50,882	3,038 ³
Total assets less current liabilities		-8,383	50,882	2,908 ³
Total net assets or liabilities	59,765	-8,383	50,882	2,908³
Funds of the Charity				
Restricted income funds				
Unrestricted funds				
Total funds	59,765	-8,383	50,882	2,908³

The financial statements were approved by the Board of Trustees on 17/03/23 and were signed on its behalf by:




Dr N Hodges
Trustee

The notes form part of these financial statements.

Notes to the Financial Statements

For the Year Ended 30 June 2022

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the Charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to headings, they have been allocated to activities on a basis consistent with the use of resources.

Cash at Bank and In Hand

Cash at bank and in hand includes cash and the Charity's current and deposit accounts which are immediately accessible.

Taxation

The Charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. Trustees' Remuneration and Benefits

There were no trustees' remuneration or other benefits for the year ended 30 June 2021 nor for the year ended 30 June 2022.

3. Staff Costs

The average weekly staff support during the year was 0.5 Full Time Equivalents, provided by three individuals.

No employees received emoluments in excess of £60,000.

4. Related Party Disclosures

There were no related party transactions for the year to 30 June 2022.