

2022 - 2023 ANNUAL REPORT

REGISTERED CHARITY NUMBER:
1182014

**Supporting Young Carers
every step of the way**





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Supporting Young Carers every step of the way

SUPPORTING YOUNG CARERS EVERY STEP OF THE WAY

RESPITE ACTIVITIES

Taking a Breather: Respite Opportunities for Young Carers

At Basingstoke & District Young Carers, we understand the importance of stepping back and taking a well-deserved break. Our respite sessions are designed to offer young carers a temporary escape from their day-to-day responsibilities.

Respite support youth clubs are scheduled as follows:

Bi-weekly on Thursdays: For young carers in Years 9, 10, 11, and college attendees from 6:30 pm to 8:00 pm.

Bi-weekly on Thursdays: For young carers in Years 4, 5, and 6 from 4:30 pm to 6:00 pm and those in Years 7 and 8 from 6:30 pm to 8:00 pm.

Dates will be communicated through our Facebook page.

Location: Winklebury Youth Project (next to Hampshire FA), Winklebury Way, Basingstoke, RG23 8BF

To access our respite activities, a referral is required. A family member or a professional can do this.

FAMILY SUPPORT

Supporting the Whole Family: A Comprehensive Approach

Our philosophy centres on helping the young carer and the entire family unit. Understanding that practical support extends beyond the individual, we initiate our process with a comprehensive assessment through a home visit or a phone consultation. This allows us to gauge the level of support for the family.

Following this assessment, we collaborate closely with the family to develop a tailored action plan. This plan ensures that a wide range of support options are considered and implemented to provide a support system for everyone involved. Our goal is to ensure that the young carers and the adult family members, including those in the extended family, have the resources and support they need to thrive together as a unit.



100+
YOUNG CARERS

**ACTIVE YOUNG CARERS
IN BASINGSTOKE & DEAN.**

Basingstoke & district Young Carers are a registered charity
Incorporated Organisation (ICO 1182014).

OUR BACKGROUND

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WHO WE ARE

Basingstoke & District Young Carers, a registered Charity Incorporated Organisation (CIO), is dedicated to addressing the unique challenges faced by young carers (aged 8 to 18), in the Basingstoke & Deane district. With an estimated 700,000 young carers nationwide (though the actual number may be higher), these resilient young people, shoulder caregiving responsibilities that impact their lives in profound ways.



OUR PURPOSE

Founded in 2009 and officially established as a charity in 2019, Basingstoke & District Young Carers is dedicated to empowering young carers and their families. Our goal is to enhance their emotional and physical well-being while creating opportunities for educational success.

OUR COMMITMENT

We are committed to safeguarding the well-being of young carers and their families. Through the establishment, development, and maintenance of support, information, and advice services, we alleviate the unique challenges faced by young carers caring for family members with long-term illnesses, disabilities, or addictions.



WHAT WE DO

Exploration:

Discovering Together: Our Young Carers Exploration Journey

All new young carers are invited to our Young Carers Exploration Programme (Getting to Know Me). This 3-week programme introduces the young carers to the team and enables them to meet new friends in a smaller setting.

During this journey, we delve into what it means to be a young carer, examining their pivotal role within their families and the broader impact of their caring responsibilities.

To support their journey, we equip them with various tools and well-being kits designed to bolster their resilience and mental health.

This programme is more than just an introduction; it's a foundation for building self-esteem and confidence and equipping our young carers with skills that will serve them long into the future.

Sessions are held on a Monday evening on an invite-only basis, with the programme lasting for 3 consecutive Mondays.

Upon completing this Exploration Programme, participants gain access to various respite activities for further support and enjoyment.

Interested families or professionals can refer a young carer to our programme through our online referral system.

CHAIRMAN'S REPORT

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SUPPORTING YOUNG CARERS EVERY STEP OF THE WAY



Ian Pett
Chair of Trustees

This reporting year has seen several changes within the organisation due to Ed Ives-Warra resigning as CEO of the Charity. Thanks must go to him for all the effort and hard work he has contributed to the Charity since its inception. Ed continues to support the Charity by taking on a part-time role to coordinate the Fundraising activities within the Charity. As a result, Colette Bibby took on the role of Youth Team Leader, overseeing the other members of staff and the running of the clubs and trips.

During this period, thanks to a grant from BVA, the Charity has commenced work on updating all its social media sites and developing a marketing strategy to help sustain its long-term viability.

Finally, BDYC is in a reasonable position to deliver its services to all the Young Carers for the next financial year. However, it's important to note that the funding from HYCA and HCC is due to finish in mid-2024. This means that the Charity will need to concentrate more of its efforts on fundraising to make up for this shortfall. We are committed to ensuring that this does not impact the quality of our services.



THANK YOU TO THE WINKLEBURY YOUTH CLUB

Winklebury supported Basingstoke & District Young Carers by providing a free space for us to run our respite clubs and exploration throughout the year. THANK YOU!

April 2022 – March 2023

TREASURERS REPORT

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TRUSTEE'S ANNUAL REPORT FOR THE PERIOD FROM 1ST APRIL 2022 - 31ST MARCH 2023

Basingstoke & District Young Carers



During this period, BDYC had an income of £82,250 which is £17,421 more than 2022. This is due to the lessening impact of Covid and grants from BVA, CCG and Sun Life. We have also managed to raise £7k in donations, which is slightly less than last year.

Expenditure has increased by £18k, which reflects the organisation returning to normal service post COVID.

BDYC had a surplus of £4,760, which is slightly less than last year and continues to be frugal to make sure the charity remains in a healthy position moving into FY'24.

As we move into FY'24 we will continue to obtain funding via grants and donations to enable us to continue to provide our valuable service to the Young Carers for the next few years. Increased effort will be required by the charity as the funding from HYCA and HCC will fall over the next two years.

One of the priorities for FY'23 was to increase our reserves, which we achieved. Our priorities for FY'24 is to increase our fundraising capability to fill the loss of revenue from HYCA and HCC.



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UNRESTRICTED FUNDS £20,397

ACCOUNTS

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UNRESTRICTED FUNDS £20,397

BASINGSTOKE & DISTRICT YOUNG CARERS STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 21 MARCH 2023

BASINGSTOKE & DISTRICT YOUNG CARERS

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
INCOME					
Donations and legacies	4	6,983		6,983	7,258
Charitable activities	5		75,237	75,237	57,565
Bank Interest		30		30	6
TOTAL INCOME		7,013	75,237	82,250	64,829
EXPENDITURE					
Charitable activities	6	0	77,510	77,510	59,390
Raising Funds	6			0	0
TOTAL EXPENDITURE		0	77,510	77,510	59,390
NET INCOME / (EXPENDITURE) FOR THE YEAR BEFORE TRANSFERS		7,013	-2,273	4,740	5,439
TRANSFERS					
			-1,342	-1,342	0
NET INCOME / (EXPENDITURE) FOR THE YEAR		7,013	-3615	3,398	5,439
TOTAL FUND BALANCES BROUGHT FORWARD		13,384	3615	16,999	11,560
TOTAL FUND BALANCES CARRIED FORWARD		20,397	0	20397	16,999

SERVICES DELIVERY CO-ORDINATOR

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Colette Bibby
Service Delivery Co-Ordinator

2022/2023 has been a fantastic year for our Young Carers charity as we now start the continued normality of meeting up in person and enjoying some quality respite time together after all the fallout of Covid.

This year, the demand for our Young Carer Support services has significantly increased, with over 80 new referrals received from a wide range of professionals, including schools, GPs' Children's Services, Family Support Services, Social Services, and family members.

We completed six cohorts of our Exploration Programme 'Getting to Know Me', which supports the younger Young Carers in understanding their role as a Young Carer at home and the support they are entitled to. We offered over 75 respite youth clubs and a good selection of respite events and day trips. These included an Easter party, fundraising at The Basingstoke Transport Festival, Queens Jubilee picnic in the Park, Young Carers Festival, and days out at the Wyne National Trust, including a den building day, scavenger hunt and a family picnic. We also enjoyed a spooky day out to Halloween Paultons Park, had a fun-filled Christmas party, a trip to the local pantomime Cinderella, and an activity day outing at Fairthorne Manor.

Our support services for our Young carers and their families could not continue without the generous support of our funders and the local community. I want to extend a heartfelt thank you to each and every one of you who has supported our Young Carers Charity in this financial year. Your contributions, whether in the form of donations, time, or professional knowledge, have made a significant impact on our work.





TRUSTEES 2022 - 2023

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Our current Board of Trustees stands as the following:

- Ian Pett (chair) - Start date: 16/09/2021
- Miranda Smith (Vice Chair) - Start Date: 13/02/2019
- Chris Garrett (Treasurer) - Start Date: 01/07/2020
- Roger Gardiner (Trustee) - Start Date: 01/07/2020

These are reported now to keep in line with the Charity commission website information.

BDYC Trustees and Staff thank everyone for their support towards this fantastic cause, in particular our Trustees who give up their time to support BDYC and put in the extra time required to support the service delivery.

OUR SUPPORTERS

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**THANK YOU TO EVERYONE WHO HAS SUPPORTED
US THIS YEAR, WITH SPECIAL THANKS TO:**

Basingstoke Hockey Club
The National Lottery Community Fund
Hampshire County Council
Basingstoke & Deane Borough Council
Basingstoke Voluntary Action
The Lions Club
Hampshire & IOW Community Foundation
Local Giving
Tesco's Chineham
Asda Brighton Hill
Loddon Rotary
Rotary Deane
Rotary Basingstoke
Facebook Birthdays (too many to list)
Four Lanes Trust
Health Watch Hampshire
BDYC Trustees
Morrison's Basingstoke
Southampton University Students

The Vyne National Trust
Winklebury Youth Club
Candle Hut
Munchkins Baby and Toddler Group
Sycamore Halls
Basingstoke MvF FC
Citizens Advice Tadley
Sovereign Housing Company
Citizens Advice Basingstoke
Eli Lilly
Beechdown Health Club
Perins School
Anvil Arts
The Loddon Lilies
Mercury Driving School
Bramley and Romans Floral Society
Sherfield on Loddon Village Green Events
Avon Tyrell
Fairthorne Manor





BASINGSTOKE & DISTRICT YOUNG CARERS 2023

For more information or to enquire about our services, please contact us.



01256 423824



office@bdyc.co.uk



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@basingstokeyc



Basingstoke & District Young Carers



Supporting Young Carers every step of the way