

COUNSELLING MATTERS BEXLEY

England & Wales · Charity number 1182012

Details

Status Registered

Legal form CIO

Registered 2019-02-13

Register [View on the Charity Commission register](#)

Contact

Address The Abbey Clinic
6a Albert Road
Belvedere
DA17 5LJ

Phone 08000472600

Email LIZ@COUNSELLINGMATTERSBEXLEY.ORG

Website www.counsellingmattersbexley.org

Activities

Objects: THE OBJECTS OF THE CIO ARE TO PRESERVE AND PROTECT THE GOOD MENTAL AND PHYSICAL HEALTH OF RESIDENTS IN THE LONDON BOROUGH OF BEXLEY AND SURROUNDING AREAS BY PROVIDING A FREE OR LOW COST COUNSELLING AND SUPPORT SERVICE NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008].

Activities: Counselling Matters Bexley provides counselling and other therapeutic activities to residents of the London Borough of Bexley and surrounding areas. All counselling is either free or low cost so that as many people as possible are able to access it. The counselling is usually carried out face to face but is also provided on the phone or online when the need arises.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** IN THE LONDON BOROUGH OF BEXLEY AND SURROUNDING AREAS
- Bexley

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£323,235	£295,732	-	-
2024-03-31	£248,518	£233,434	-	-
2023-03-31	£182,119	£179,664	-	-
2022-03-31	£137,306	£134,854	-	-
2021-03-31	£106,845	£94,442	-	-

Trustees

Name	Role	Appointed
Steven Frederick Fryer	Chair	2018-09-28
Felicia Fasokun		2023-01-11
Jennifer Ehi-Osifo		2026-02-19
Jennifer Mary Caney		2018-09-28
Nathan James Edwards		2025-04-07
Rahij Anwar		2020-05-25
Savio D'Costa		2026-02-19

COUNSELLING MATTERS BEXLEY

England & Wales - Charity number 1182012

Accounts



COUNSELLING MATTERS BEXLEY

Annual Report and Financial Statements for the Year Ended 31st March 2025



REGISTERED CHARITY NUMBER 1182012

REGISTERED OFFICE: THE ABBEY CLINIC, 6A ALBERT ROAD, BELVEDERE, KENT,
DA17 5LJ

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Reference and administrative information

Charity name: Counselling Matters Bexley
Charity registration number: 1182012
Registered Office: The Abbey Clinic, 6A Albert Road, Belvedere, Kent, DA17 5LJ
Email: mail@cmbtalk.org
Website: www.counsellingmattersbexley.org

Trustees

Steven Fryer Trustee (appointed Chair 11th January 2023)
Felicia Fasokun Trustee (appointed Treasurer 11th January 2023)
Deborah Cox Trustee
Jennifer Caney Trustee
Rahij Anwar Trustee
Kiera Robbins Trustee

Bankers: Metro Bank, 66-68b The Broadway Shopping Centre,
Bexleyheath, DA6 7JN

Independent Examiner: Sadler Davies, Trading as: Finsbury Robinson Ltd
Top Floor, West Hill House, Dartford, Kent DA1 2EU

Trustees' report Year to 31 March 2025

The trustees present their report and the financial statements of Counselling Matters Bexley for the year ending 31st March 2025. In preparing the annual report and financial statements, the trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and reporting by Charities" (FRS102).

Structure, Governance and Management

Structure

Counselling Matters Bexley is managed by the Chief Executive Officer, Liz Hann, who is accountable to the board of trustees. The CEO is assisted in her management duties by the Chief Operations Officer, Sarah Skinner, the Placement Officer, Wendy Schmidt, the Children and Young People's Service Manager, Dawn Joseph and the Referrals Manager, Amanda Brooker. The management team carries out a number of functions including line managing qualified and trainee counsellors, managing the Talk Line, Children and Young People's service, school counselling and Affordable services, managing referrals and allocating clients. Counselling sessions are provided by a large team of counsellors who all either work for Counselling Matters Bexley on a part time basis or are volunteering for the charity.

External supervisors provide supervision for counsellors, all counsellors are required to make a contribution to the cost of their supervision, with the charity making up the rest of the payment.

Governing Document

Counselling Matters Bexley became registered as a Charitable Incorporated Organisation on 13th February 2019 with the Charity Commission. In the event of the CIO being wound up, Trustees of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

Objectives and activities and public benefit

Counselling Matters Bexley aims to provide free or low-cost counselling and other therapeutic services to residents of the London Borough of Bexley and surrounding areas. In addition, the CIO provides counselling placements for volunteer counsellors.

Public Benefit

Trustees have full awareness of the guidance issued by the Charity Commission on public benefit. Trustees consider regularly how planned activities will contribute to the aims and objectives set in accordance with public benefit guidance.

Achievements and performance

Counselling Matters Bexley delivered a high-quality counselling service to over 750 clients throughout the year, this included clients from all age groups, from age five upwards. Counselling was provided both face to face and remotely, according to clients' preferences. Counselling sessions took place in various venues in Bexley borough, including school premises. In addition, the charity also ran three free online courses for female survivors of domestic abuse.

The charity built upon last year's growth, both in terms of number of sessions offered to clients and variety of services offered, most notably the expansion of Cognitive Behaviour Therapy and the introduction of support work. The number of counsellors working or volunteering with the charity increased slightly, with 39 qualified counsellors and 19 counselling students.

The charity continued to deliver a counselling service in 3 local primary schools, a large secondary school and an independent secondary school catering for children and young people with emotional difficulties. A new contract was secured with a SEND unit which is part of a secondary academy.

Counselling Matters Bexley continued working in partnership with Bexley Voluntary Service Council (BVSC) to deliver counselling to 10–17-year-olds as part of Bexley's social prescribing scheme. The Peabody Community Foundation provided ongoing funding to deliver free counselling to residents of Thamesmead.

Additional funding and contracts were secured throughout the year, as detailed below.

- In April 2024 a contract worth £61,000 per annum was secured to provide counselling and mindfulness sessions for 10–17-year-olds in the Clocktower Local Care Network (one of three LCNs within Bexley). This funding will last for 2 years.

- In May 2024 Counselling Matters Bexley was honoured to be chosen as the Mayor of Bexley's primary charity, around £5,000 has already been donated in 2024-2025, however most of the fundraising will be donated in 2025-2026 as the Mayor's year in office did not finish until the end of May 2025.

- At the end of July 2024 National Lottery Awards for All granted the charity £19,800 to help cover the cost of our telephone helpline service for a period of two years.

- In October 2024 the charity was awarded an additional sum of £5,000 by Bexley Voluntary Service Council to cover the increased cost of funding counselling sessions to Children and Young People referred via the Social Prescribing service.

- At the end of 2024 the charity was awarded £5,000 from the William Kendall Fund to provide a Domestic Abuse programme to Bexley residents for the 2025 calendar year.

- In March 2025 the charity gained funding from the London Borough of Bexley to provide a talking therapies service to unpaid carers who are resident in the borough. The funding is for a period of three years and is paid in instalments at the rate of £42,500 per annum.

The charity continued to promote its "Affordable Therapy" service, which meant that clients could access general counselling, CBT, couples counselling and child counselling at below average prices and with little or no waiting time.

Counselling Matters Bexley played an active role in the local community throughout the year, helping to raise awareness of the benefits of counselling and the services available. Events attended included "marketplace" events for children and young people's services, and two events for unpaid carers, one of which was organised by the charity on behalf of Peabody Community Foundation. The charity itself ran low-cost yoga classes, recognising the link between physical and mental health.

The charity remains committed to providing educational and training opportunities to local people who wish to develop a career in counselling. It continues to be one of the largest providers of counselling placements in the local area, it also provides in-house training for all its counsellors, which complements the learning provided by counselling colleges.

Risk assessment

The trustees monitor risk at each meeting. The primary risks identified for 2024-2025 were the need to recruit more staff to manage the increased workload that has resulted from our expansion, together with the need to identify additional premises where counselling sessions can be held.

Future plans

The charity aims to continue providing a high quality, professional counselling service to residents of Bexley borough and surrounding areas. There will be increased emphasis on raising funds through our "Affordable Therapy" service, as the income generated by this service can be used to subsidise the free and low-cost services that we provide to clients in difficult financial circumstances. We recognise that by generating income in this way, we are protecting ourselves against potential problems being caused by over reliance on grant and contract funding, which can sometimes be withdrawn at very short notice.

Trustees' responsibilities in relation to financial statements

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Financial review

For the financial year 2024–2025, total income was £323,236 an increase of £74,717 compared with the previous year. This figure also exceeded the budgeted income of £283,000 by approximately £40,000, driven primarily by higher-than-anticipated grant funding and counselling service income.

Total expenditure for the year was £295,733 slightly above the budgeted £277,000 resulting in an adverse variance of £18,733. The overspend was mainly due to a £16,000 rise in staff costs associated with the charity's continued growth. However, this was partially mitigated by £13,000 savings in counselling fees, achieved through effective planning and resource management. Compared to the prior year, expenditure increased by around £50k (from £233k), reflecting the organisation's expanding activities and capacity.

Overall, the charity generated a surplus of £27,503 significantly above the budgeted surplus of £6,000.

Signed on behalf of the charity's trustees:



Steven Fryer (Chair)

Date: 24/11/2025

**COUNSELLING MATTERS BEXLEY
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31ST MARCH 2025**

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	<u>Note</u>	<u>Unrestricted</u> <u>Funds</u> <u>General</u>	<u>Restricted</u> <u>Funds</u>	<u>TOTAL FUNDS</u>	
				<u>2025</u>	<u>2024</u>
INCOMING RESOURCES					
Voluntary Income & Grants	3a	£19,540.21	-	£19,540.21	£14,528.70
Charitable Activities	3b	£186,574.29	£116,179.75	£302,754.04	£233,644.41
Income from Investments	3c	£941.28	-	£941.28	£345.16
TOTAL INCOMING RESOURCES		<u>£207,055.78</u>	<u>£116,179.75</u>	<u>£323,235.53</u>	<u>£248,518.27</u>
RESOURCES EXPENDED					
Charitable Activities	4a	£181,284.63	£113,622.73	£294,907.36	£232,869.51
Other Expenditure	4b	£825.43	-	£825.43	£564.49
TOTAL RESOURCES EXPENDED		<u>£182,110.06</u>	<u>£113,622.73</u>	<u>£295,732.79</u>	<u>£233,434.00</u>
NET INCOMING / (OUTGOING) RESOURCES BEFORE TRANSFERS		£24,945.72	£2,557.02	£27,502.74	£15,084.27
ADDITIONS TO & RELEASES FROM FUNDS		(£2,309.48)	£2,309.48	-	-
NET MOVEMENT IN FUNDS		<u>£22,636.24</u>	<u>£4,866.50</u>	<u>£27,502.74</u>	<u>£15,084.27</u>
BALANCES BROUGHT FWD AT 1 APRIL 2024 (2023)		<u>£8,772.65</u>	<u>£28,261.27</u>	<u>£37,033.92</u>	<u>£21,949.65</u>
BALANCES CARRIED FWD AT 31 MARCH 2025 (2024)		<u>£31,408.89</u>	<u>£33,127.77</u>	<u>£64,536.66</u>	<u>£37,033.92</u>

COUNSELLING MATTERS BEXLEY
STATEMENT OF ASSETS AND LIABILITIES
YEAR ENDED 31ST MARCH 2025

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	Note	Unrestricted <u>2025</u>	Restricted <u>2025</u>	Total <u>2025</u>	Total <u>2024</u>
Tangible Fixed Assets		-	-	-	-
Current Assets					
Monetary Assets					
Bank accounts		£73,471.27	£33,127.77	£106,599.04	£113,539.19
Prepayments & Accrued Income		£0.00	-	£0.00	£0.00
Debtors		£4,060.00	-	£4,060.00	£5,775.00
Total current assets		<u>£77,531.27</u>	<u>£33,127.77</u>	<u>£110,659.04</u>	<u>£119,314.19</u>
Liabilities: amounts falling due within 1 year	2	£45,322.38	-	£45,322.38	£82,280.27
Current Assets less Current Liabilities		<u>£32,208.89</u>	<u>£33,127.77</u>	<u>£65,336.66</u>	<u>£37,033.92</u>
Total Assets less Current Liabilities		<u>£32,208.89</u>	<u>£33,127.77</u>	<u>£65,336.66</u>	<u>£37,033.92</u>
FUNDS	8				
Unrestricted - General		£31,408.89	-	£31,408.89	£8,772.65
Restricted		-	£33,127.77	£33,127.77	£28,261.27
		<u>£31,408.89</u>	<u>£33,127.77</u>	<u>£64,536.66</u>	<u>£37,033.92</u>

Signed by:



Steven Fryer

Date: 24/11/2025

COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

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1 Accounting Policies

1a Accounting Convention

The financial statements have been prepared under the historical cost convention and in accordance with the Charities Statement of Recommended Practice (SORP FRS102) 2015 and the Charities Act 2011. An independent examination is required under the Charities Act 2011.

1b Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

	<u>2025</u>	<u>2024</u>
2 LIABILITIES FALLING DUE WITHIN 1 YEAR		
Accrued expenses	£800.00	£800.00
Deferred Income	£21,750.00	61,000.00
Creditors	£21,140.50	£19,678.08
HMRC Tax & National Insurance	£1,408.31	£675.70
Nest Pension	£223.57	£126.49
	<u>£45,322.38</u>	<u>£82,280.27</u>

3 INCOMING RESOURCES

	<u>Unrestricted</u> <u>General</u>	<u>Restricted</u> <u>Funds</u>	<u>TOTAL FUNDS</u>	
			<u>2025</u>	<u>2024</u>
3a Voluntary Income				
Client Contributions	£16,163.91	-	£16,163.91	£13,398.91
Donations and Legacies	£3,376.30	-	£3,376.30	£1,129.79
	<u>£19,540.21</u>	<u>£0.00</u>	<u>£19,540.21</u>	<u>£14,528.70</u>
3b Charitable Activities				
Grant: SAFE	-	-	-	£10,235.00
Grant: Peabody	-	-	-	£6,500.00
Grant: BVSC: CYP Social Prescribing	-	£12,400.00	£12,400.00	£24,320.00
Grant: Carers Counselling Project	-	£4,200.00	£4,200.00	-
Grant: ClockTower CYP	-	£61,000.00	£61,000.00	-
Grant: Domestic Abuse Programme	-	£1,250.00	£1,250.00	-
Grant: The National Lottery: Talkline	-	£9,800.00	£9,800.00	£7,470.00
Contract Income	£34,744.00	-	£34,744.00	£33,823.00
Contract: London Borough of Bexley: Maximus	-	£4,808.75	£4,808.75	£30,090.00
Contract: Peabody	-	£8,935.00	£8,935.00	-
Contract: SAFE	-	£13,786.00	£13,786.00	-
Fundraising: General	£2,159.72	-	£2,159.72	£2,398.52
Fundraising: Affordable Counselling	£142,989.56	-	£142,989.56	£113,597.89
Fundraising: Room Rental Income	£2,436.00	-	£2,436.00	£4,034.00
Fundraising: Training	£1,540.00	-	£1,540.00	£825.00
Other Income	£2,705.01	-	£2,705.01	£351.00
	<u>£186,574.29</u>	<u>£116,179.75</u>	<u>£302,754.04</u>	<u>£233,644.41</u>
3c Income from investment	£941.28	-	£941.28	£345.16
	<u>£941.28</u>	<u>-</u>	<u>£941.28</u>	<u>£345.16</u>
TOTAL INCOMING RESOURCES	<u>£207,055.78</u>	<u>£116,179.75</u>	<u>£323,235.53</u>	<u>£248,518.27</u>

COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

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4	RESOURCES EXPENDED	<u>Unrestricted</u>	<u>Restricted</u>	<u>TOTAL FUNDS</u>	
4a	Expenditure on charitable activities			<u>2025</u>	<u>2024</u>
	Fundraising: costs	£56.00	-	£56.00	£306.14
	Clinic Rent	£2,924.00	£11,741.00	£14,665.00	£10,527.50
	Counselling Fees	£141,049.27	£65,724.50	£206,773.77	£178,280.24
	Counselling Fees: Admin	£12,267.14	£6.75	£12,273.89	-
	Counselling Fees: Training for counsellors	-	£75.60	£75.60	£159.00
	Advertising & Marketing	-	-	-	£186.00
	Office Expenses: General	£4,280.80	-	£4,280.80	£2,988.99
	Office Expenses: Equipment	£501.47	£152.26	£653.73	£592.94
	Office Expenses: Printing, postage & stationary	£783.46	£545.79	£1,329.25	£1,244.32
	Office Expenses: Refreshments	£111.00	-	£111.00	-
	Office Expenses: Software	£790.92	-	£790.92	£782.71
	Office Expenses: Telephone	-	£143.40	£143.40	£131.40
	Office Expenses: Utilities	£2,496.00	-	£2,496.00	£3,057.16
	Office Expenses: Wages	£13,387.74	32,354	£45,741.57	£31,658.96
	Office Expenses: Website & Internet	£199.20	-	£199.20	£166.80
	Accountancy	£1,250.00	£350.00	£1,600.00	£765.00
	Insurance	£995.63	-	£995.63	£938.36
	Other Professional Services	£192.00	£2,529.60	£2,721.60	£513.00
	Volunteer Expenses	-	-	-	£86.10
	Other Expenses	-	-	-	£484.89
		<u>£181,284.63</u>	<u>£113,622.73</u>	<u>£294,907.36</u>	<u>£232,869.51</u>
	Bank charges	£825.43	-	£825.43	£564.49
		<u>£825.43</u>	<u>-</u>	<u>£825.43</u>	<u>£564.49</u>
	TOTAL RESOURCES EXPENDED	<u>£182,110.06</u>	<u>£113,622.73</u>	<u>£295,732.79</u>	<u>£233,434.00</u>

5 Trustee Remuneration

One or more of the trustees have been paid remuneration or received other benefits from employment with the charity:

	<u>2025</u>	<u>2024</u>
Deborah Cox - payment for expenses incurred to provide a service	£2,056.75	£1,803.00
	<u>£2,056.75</u>	<u>£1,803.00</u>

6 Staff Costs

	<u>2025</u>	<u>2024</u>
	£	£
Gross wages, salaries and benefits in kind	£44,974.99	£31,100.31
Employer's National Insurance	£0.00	£0.00
Employer's Pension	£766.58	£558.65
Total staff costs	<u>£45,741.57</u>	<u>£31,658.96</u>

7 Trustee Expenses

None of the trustees have claimed expenses or had their expenses met by the charity.

COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

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8	Funds	BFWD	Income	Expenditure	Net Movement	Transfers	CFWD
	<u>Restricted Funds</u>						
Grant:	BVSC: CYP Social Prescribing	£9,985.21	£12,400.00	£9,536.00	£12,849.21		£12,849.21
Grant:	Carers Counselling Project	-	£4,200.00	£90.60	£4,109.40		£4,109.40
Grant:	ClockTower CYP	-	£61,000.00	£56,041.60	£4,958.40		£4,958.40
Grant:	Domestic Abuse Programme	-	£1,250.00	£300.00	£950.00		£950.00
Grant:	Orbit Group	-	-	£120.00	-£120.00	£120.00	-
Grant:	The National Lottery: Talkline	-	£9,800.00	£10,545.00	-£745.00	£745.00	-
Contract:	London Borough of Bexley: Maximus	£18,276.06	£4,808.75	£18,714.05	£4,370.76		£4,370.76
Contract:	Peabody	-	£8,935.00	£3,045.00	£5,890.00		£5,890.00
Contract:	SAFE	-	£13,786.00	£15,230.48	-£1,444.48	£1,444.48	-
		£28,261.27	£116,179.75	£113,622.73	£30,818.29	£2,309.48	£33,127.77
	<u>General</u>						
	General Reserve	£8,772.65	£207,055.78	£182,110.06	£24,945.72	-£2,309.48	£31,408.89
	TOTAL FUNDS	£37,033.92	£323,235.53	£295,732.79	£55,764.01	£0.00	£64,536.66

COUNSELLING MATTERS BEXLEY

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 MARCH 2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE COUNSELLING MATTERS BEXLEY

This report on the financial statements of the **COUNSELLING MATTERS BEXLEY** for the year ended 31 March 2025, which are set on pages 2 to 10 is in respect of an examination carried out in accordance with s145 of the Charities Act 2011 (the Act).

Respective responsibilities of the trustees and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) or under Regulation 10(1)(d) of the Charities Accounts (Scotland) Regulations 2008 (the 2008 Accounts Regulations) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act)
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. The examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Act; and
- to prepare financial statements which accord with the accounting records and comply with the requirements of the Act:
- have not been met; or
- to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached; or
- which gives us reasonable cause to believe that in any material respect the accounting rules of the charity's constitution have not been met.



Gemma L Fogarty FCA
Sadler Davies
Trading as: Finsbury Robinson Ltd
Top Floor, West Hill House,
Dartford,
Kent DA1 2EU

Date: 20th October 2025

COUNSELLING MATTERS BEXLEY

England & Wales - Charity number 1182012

Accounts



COUNSELLING MATTERS BEXLEY

Annual Report and Financial Statements for the year ended 31st March 2024



REGISTERED CHARITY NUMBER 1182012

REGISTERED OFFICE: THE ABBEY CLINIC, 6A ALBERT ROAD, BELVEDERE, KENT,
DA17 5LJ

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Reference and administrative information

Charity name: Counselling Matters Bexley

Charity registration number: 1182012

Registered Office: The Abbey Clinic, 6A Albert Road, Belvedere, Kent, DA17 5LJ

Email: mail@cmbtalk.org

Website: www.counsellingmattersbexley.org

Trustees

Deborah Cox Trustee

Jennifer Caney Trustee

Rahij Anwar Trustee

Steven Fryer Trustee (appointed Chair 11th January 2023)

Kiera Robbins Trustee

Felicia Fasokun Trustee (appointed Treasurer 11th January 2023)

Bankers: Metro Bank, 66-68b The Broadway Shopping Centre, Bexleyheath, DA6 7JN

Independent Examiner: Sadler Davies, Trading as: Finsbury Robinson Ltd
Top Floor, West Hill House, Dartford, Kent DA1 2EU

Trustees' report Year to 31 March 2024

The trustees present their report and the financial statements of Counselling Matters Bexley for the year ending 31st March 2024. In preparing the annual report and financial statements, the trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and reporting by Charities" (FRS102).

Structure, governance, and management

Structure

Counselling Matters Bexley is managed by the Chief Executive Officer, Liz Hann, who is accountable to the board of trustees. The CEO is assisted in her management duties by the Counselling Manager, Sarah Skinner, the Deputy Counselling Manager, Alison Crawford, the Children and Young People's Service Manager, Dawn Joseph and the Referrals Manager, Amanda Brooker. The management team carries out a number of functions including line managing qualified and trainee counsellors, managing the Talk Line, Children and Young People's service, school counselling and Affordable services, managing referrals and allocating clients. Counselling sessions are provided by a large team of counsellors who all either work for Counselling Matters Bexley on a part time basis or are volunteering for the charity.

External supervisors provide supervision for counsellors, all counsellors are required to contribute to the cost of their supervision, with the charity making up the rest of the payment.

Governing Document

Counselling Matters Bexley became registered as a Charitable Incorporated Organisation on 13th February 2019 with the Charity Commission. In the event of the CIO being wound up, Trustees of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

Objectives and activities and public benefit

Counselling Matters Bexley aims to provide free or low-cost counselling and other therapeutic services to residents of the London Borough of Bexley and surrounding areas. In addition, the CIO provides counselling placements for volunteer counsellors.

Public Benefit

Trustees have full awareness of the guidance issued by the Charity Commission on public benefit. Trustees consider regularly how planned activities will contribute to the aims and objectives set in accordance with public benefit guidance.

Achievements and performance

Counselling Matters Bexley delivered a high quality counselling service to over 600 clients throughout the year, this included clients from all age groups, from age five upwards. Counselling was provided both face to face and remotely, according to clients' preferences. Counselling sessions

took place in various venues in Bexley borough, including school premises. In addition, the charity also ran a free online course for female survivors of domestic abuse and a free face to face counselling group for unpaid carers.

The charity continued to grow, in terms of number of sessions offered to clients and variety of services offered. The number of counsellors working or volunteering with the charity remained at around the same level as the previous year, with 30 qualified counsellors and 18 counselling students.

The CIO secured further funding from the National Lottery to operate the "Talk Line" service, which provided callers with the opportunity to talk to a counsellor free of charge every weekday between 9am and 5pm.

The charity continued to deliver a counselling service in 3 local primary schools and an independent secondary school catering for children and young people with emotional difficulties. A new contract commenced in September 2023 with a large secondary academy in Dartford. Counselling Matters Bexley continued working in partnership with Bexley Voluntary Service Council (BVSC) to deliver counselling to 10-17 year olds as part of Bexley's social prescribing scheme.

Free counselling sessions were provided by the charity to residents of a local housing association as a result of a funding agreement with the Peabody Community Foundation. The contract with Maximus Restart, which enabled unemployed Bexley residents to receive a minimum of six sessions of free counselling continued very successfully, with several Bexley residents entering employment after they had completed their counselling.

The charity continued to promote its "Affordable Therapy" service, which meant that clients could access general counselling, CBT, couples counselling and child counselling at below average prices and with little or no waiting time. The Affordable service continues to generate a substantial income for the charity and enables the continued provision of low cost and free counselling for clients who genuinely cannot afford to pay for therapy.

Counselling Matters Bexley played an active role in the local community throughout the year, helping to raise awareness of the benefits of counselling and the services available. Events attended included "marketplace" events for children and young people's services, two events for unpaid carers and a consultation on the autism strategy for Bexley. The charity itself ran a fundraising Wellbeing Fair, a Workforce Wellbeing Day and free or low cost yoga classes, recognising the link between physical and mental health.

The CIO is committed to providing educational and training opportunities to local people who wish to develop a career in counselling. It continues to be one of the largest providers of counselling placements in the local area, it also provides in-house training for all its counsellors, which complements the learning provided by counselling colleges.

Risk assessment

The trustees monitor risk at each meeting. The primary risk identified for 2023-2024 is the need to generate additional income from contracts, grants and fundraising, so that the charity can meet increased costs and build up reserves to a satisfactory level. This risk is being targeted by the CEO together with the staff team, progress will be reported and reviewed at each board meeting. A further risk identified is the shortage of counsellors specialising in working with children and young people, efforts are being made to recruit counsellors who specialise in working with this age group.

Future plans

The charity aims to continue providing a high quality, professional counselling service to residents of Bexley borough and surrounding areas. In so doing it is aware of the need to adapt and change to meet the evolving needs of the local community.

The charity is committed to continuing to provide placements for trainee counsellors on an ongoing basis.

There is an awareness of the need to increase the income of the charity to build up financial reserves. This has resulted in increased focus on gaining new contracts and grants; the charity will also engage in more fundraising activity.

Trustees' responsibilities in relation to financial statements

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Financial review

Income for the year 2023-2024 was £248,518, which represented an increase of approximately £66,000 from the previous year and surpassing the budgeted figure of £209k by £39k. Most of this increase was accounted for by additional revenue from the Affordable counselling scheme and by new contracts, namely Maximus Restart and the secondary school mentioned previously.

However, expenditure also increased by around £53,000 compared to the prior year, resulting in total expenditure of £233,434 which was £47,000 adverse to budget. The charity therefore produced a surplus of £15,084. The increase in expenditure was due to increased costs in all areas, most significant being counsellors' fees, rent, utilities and salaries.

**COUNSELLING MATTERS BEXLEY
STATEMENT OF FINANCIAL ACTIVITIES
AS AT 31ST MARCH 2024**

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	<u>Note</u>	<u>Unrestricted Funds General</u>	<u>Restricted Funds</u>	<u>TOTAL FUNDS</u>	
				<u>2024</u>	<u>2023</u>
INCOMING RESOURCES					
Voluntary Income & Grants	3a	£14,528.70	-	£14,528.70	£13,501.41
Charitable Activities	3b	£154,639.41	£79,005.00	£233,644.41	£168,606.12
Income from Investments	3c	£345.16	-	£345.16	£11.76
TOTAL INCOMING RESOURCES		<u>£169,513.27</u>	<u>£79,005.00</u>	<u>£248,518.27</u>	<u>£182,119.29</u>
RESOURCES EXPENDED					
Charitable Activities	4a	£168,670.71	£64,198.80	£232,869.51	£179,441.34
Other Expenditure	4b	£564.49	-	£564.49	£223.00
TOTAL RESOURCES EXPENDED		<u>£169,235.20</u>	<u>£64,198.80</u>	<u>£233,434.00</u>	<u>£179,664.34</u>
NET INCOMING / (OUTGOING) RESOURCES BEFORE TRANSFERS		£278.07	£14,806.20	£15,084.27	£2,454.95
ADDITIONS TO & RELEASES FROM FUNDS		(£1,766.25)	£1,766.25	-	-
NET MOVEMENT IN FUNDS		<u>(£1,488.18)</u>	<u>£16,572.45</u>	<u>£15,084.27</u>	<u>£2,454.95</u>
BALANCES BROUGHT FWD AT 1 APRIL 2023 (2022)		<u>£10,260.83</u>	<u>£11,688.82</u>	<u>£21,949.65</u>	<u>£19,494.70</u>
BALANCES CARRIED FWD AT 31 MARCH 2024 (2023)		<u>£8,772.65</u>	<u>£28,261.27</u>	<u>£37,033.92</u>	<u>£21,949.65</u>

COUNSELLING MATTERS BEXLEY
STATEMENT OF ASSETS AND LIABILITIES
AS AT 31ST MARCH 2024

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	Note	Unrestricted 2024	Restricted 2024	Total 2024	Total 2023
Tangible Fixed Assets		-	-	-	-
Current Assets					
Monetary Assets					
Bank accounts		£85,277.92	£28,261.27	£113,539.19	£48,408.08
Prepayments & Accrued Income		£0.00	-	£0.00	£3,576.00
Debtors		£5,775.00	-	£5,775.00	£1,757.50
Total current assets		£91,052.92	£28,261.27	£119,314.19	£53,741.58
Liabilities: amounts falling due within 1 year	2	£82,280.27	-	£82,280.27	£31,791.93
Current Assets less Current Liabilities		£8,772.65	£28,261.27	£37,033.92	£21,949.65
Total Assets less Current Liabilities		£8,772.65	£28,261.27	£37,033.92	£21,949.65
FUNDS	6				
Unrestricted - General		£8,772.65	-	£8,772.65	£10,260.83
Restricted		-	£28,261.27	£28,261.27	£11,688.82
		£8,772.65	£28,261.27	£37,033.92	£21,949.65

Signed by:



Steven Fryer CHAIR

Date: 11/12/2024

COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
AS AT 31ST MARCH 2024

8

Accounting Policies

1a Accounting Convention

The financial statements have been prepared under the historical cost convention and in accordance with the Charities Statement of Recommended Practice (SORP FRS102) 2015 and the Charities Act 2011. An independent examination is required under the Charities Act 2011.

1b Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

	<u>2024</u>	<u>2023</u>
2 LIABILITIES FALLING DUE WITHIN 1 YEAR		
Accrued expenses	£800.00	£180.00
Deferred Income	£61,000.00	16,430.00
Creditors	£19,678.08	£15,181.93
HMRC Tax & National Insurance	£675.70	-
Nest Pension	£126.49	-
	<u>£82,280.27</u>	<u>£31,791.93</u>

INCOMING RESOURCES

	<u>Unrestricted</u> <u>General</u>	<u>Restricted</u> <u>Funds</u>	<u>TOTAL FUNDS</u>	
			<u>2024</u>	<u>2023</u>
3a Voluntary Income				
Client Contributions	£13,398.91	-	£13,398.91	£9,860.93
Donations and Legacies	£1,129.79	-	£1,129.79	£3,640.42
	<u>£14,528.70</u>	<u>£0.00</u>	<u>£14,528.70</u>	<u>£13,501.41</u>
3b Unratable Activities				
Grant: Mind In Bexley; Carers Group	-	-	-	£1,297.00
Grant: CCG/Mencap	-	-	-	£270.00
Grant: SAFE	-	£10,235.00	£10,235.00	-
Grant: Orbit Group	-	-	-	£10,125.00
Grant: Peabody	-	£6,500.00	£6,500.00	£9,800.00
Grant: The National Lottery: Talkline	-	£7,470.00	£7,470.00	£2,490.00
Grant: BVSC: CYP Social Prescribing	-	£24,320.00	£24,320.00	£6,400.00
Contract Income	£33,823.00	-	£33,823.00	£32,695.00
Contract: London Borough of Bexley: Maximus	-	£30,090.00	£30,090.00	£20,668.00
Fundraising: General	£2,008.52	£390.00	£2,398.52	£4,011.53
Fundraising: Affordable Counselling	£113,597.89	-	£113,597.89	£75,228.59
Fundraising: Room Rental Income	£4,034.00	-	£4,034.00	£4,430.00
Fundraising: Training	£825.00	-	£825.00	£1,071.00
Other income	£351.00	-	£351.00	£120.00
	<u>£154,639.41</u>	<u>£79,005.00</u>	<u>£233,644.41</u>	<u>£168,606.12</u>
3c Income from investment				
	£345.16	-	£345.16	£11.76
	<u>£345.16</u>	<u>-</u>	<u>£345.16</u>	<u>£11.76</u>
TOTAL INCOMING RESOURCES	<u>£169,513.27</u>	<u>£79,005.00</u>	<u>£248,518.27</u>	<u>£182,119.29</u>

COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
AS AT 31ST MARCH 2024

9

4	RESOURCES EXPENDED	<u>Unrestricted</u> General	<u>Restricted</u> Funds	<u>TOTAL FUNDS</u>	
				2024	2023
4a	Expenditure on charitable activities				
	Fundraising: costs	£306.14	-	£306.14	-
	Clinic Rent	£8,277.00	£2,250.50	£10,527.50	£8,006.00
	Counselling Fees	£120,897.24	£57,383.00	£178,280.24	£143,651.28
	Counselling Fees: Training for counsellors	£159.00	-	£159.00	£57.00
	Advertising & Marketing	£186.00	-	£186.00	£142.40
	Office Expenses: General	£2,988.99	-	£2,988.99	-
	Office Expenses: Equipment	£571.44	£21.50	£592.94	£109.77
	Office Expenses: Printing, postage & stationary	£1,244.32	-	£1,244.32	£2,220.45
	Office Expenses: Software	£782.71	-	£782.71	£448.65
	Office Expenses: Telephone	-	£131.40	£131.40	£345.36
	Office Expenses: Utilities	£3,057.16	-	£3,057.16	£1,590.20
	Office Expenses: Wages	£27,306.96	4,352.00	£31,658.96	£19,996.86
	Office Expenses: Website & Internet	£147.60	£19.20	£166.80	£156.00
	Accountancy	£765.00	-	£765.00	£752.00
	Insurance	£938.36	-	£938.36	£938.36
	Other Professional Services	£513.00	-	£513.00	£192.00
	Volunteer Expenses	£44.90	£41.20	£86.10	£816.92
	Travel & Accommodation	-	-	-	-
	Other Expenses	£484.89	-	£484.89	£18.09
		<u>£168,670.71</u>	<u>£64,198.80</u>	<u>£232,869.51</u>	<u>£179,441.34</u>
4b	Other expenditure				
	Depreciation	-	-	-	-
	Bank charges	£564.49	-	£564.49	£223.00
		<u>£564.49</u>	<u>-</u>	<u>£564.49</u>	<u>£223.00</u>
	TOTAL RESOURCES EXPENDED	<u><u>£169,235.20</u></u>	<u><u>£64,198.80</u></u>	<u><u>£233,434.00</u></u>	<u><u>£179,664.34</u></u>

5 **Trustee Remuneration**
One or more of the trustees have been paid remuneration or received other benefits from employment with the charity:

	2024	2023
Deborah Cox - payment for expenses incurred to provide a service	£1,803.00	£1,027.50
	<u><u>£1,803.00</u></u>	<u><u>£1,027.50</u></u>

6	Funds	BFWD	Income	Expenditure	Net Movement	Transfers	CFWD
	<u>Restricted Funds</u>						
Grant:	CCG/Mencap	-	-	£1,226.25	(£1,226.25)	£1,226.25	-
Grant:	SAFE	-	£10,235.00	£10,235.00	-	-	-
Grant:	Orbit Group	-	-	£540.00	(£540.00)	£540.00	-
Grant:	Peabody	-	£6,500.00	£6,500.00	-	-	-
Grant:	The National Lottery: Talkline	-	£7,860.00	£7,860.00	-	-	-
Grant:	BVSC: CYP Social Prescribing	£3,772.51	£24,320.00	£18,107.30	£9,985.21	-	£9,985.21
Contract:	London Borough of Bexley: Maximus	£7,916.31	£30,090.00	£19,730.25	£18,276.06	-	£18,276.06
		<u>£11,688.82</u>	<u>£79,005.00</u>	<u>£64,198.80</u>	<u>£26,495.02</u>	<u>£1,766.25</u>	<u>£28,261.27</u>
	<u>General</u>						
	General Reserve	£10,260.83	£169,513.27	£169,235.20	£278.07	(£1,766.25)	£8,772.65
	TOTAL FUNDS	<u><u>£21,949.65</u></u>	<u><u>£248,518.27</u></u>	<u><u>£233,434.00</u></u>	<u><u>£26,773.09</u></u>	<u><u>-</u></u>	<u><u>£37,033.92</u></u>

COUNSELLING MATTERS BEXLEY

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 MARCH 2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF COUNSELLING MATTERS BEXLEY

This report on the financial statements of **COUNSELLING MATTERS BEXLEY** for the year ended 31 March 2024, which are set on pages 6 to 9 is in respect of an examination carried out in accordance with s145 of the Charities Act 2011 (the Act).

Respective responsibilities of the trustees and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) or under Regulation 10(1)(d) of the Charities Accounts (Scotland) Regulations 2008 (the 2008 Accounts Regulations) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act)
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

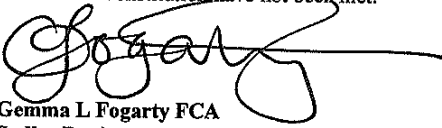
Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. The examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Act; and
 - to prepare financial statements which accord with the accounting records and comply with the requirements of the Act;
 - have not been met; or
 - to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached; or
 - which gives us reasonable cause to believe that in any material respect the accounting rules of the charity's constitution have not been met.

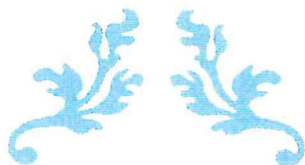

Gemma L Fogarty FCA
Sadler Davies
Trading as: Finsbury Robinson Ltd
Top Floor, West Hill House,
Dartford,
Kent DA1 2EU

Date 26th November 2024

COUNSELLING MATTERS BEXLEY

England & Wales - Charity number 1182012

Accounts



COUNSELLING MATTERS BEXLEY

Annual Report and Financial Statements for the year ended 31st March 2023



REGISTERED CHARITY NUMBER 1182012

REGISTERED OFFICE: THE ABBEY CLINIC, 6A ALBERT ROAD, BELVEDERE, KENT,
DA17 5LJ

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Reference and administrative information

Charity name: Counselling Matters Bexley

Charity registration number: 1182012

Registered Office: The Abbey Clinic, 6A Albert Road, Belvedere, Kent, DA17 5LJ

Email: mail@cmbtalk.org

Website: www.counsellingmattersbexley.org

Trustees

Carol Penny	Chair (Resigned 11th January 2023)
Steven Fryer	Trustee (appointed Chair 11th January 2023)
Felicia Fasokun	Treasurer (appointed 11th January 2023)
Deborah Cox	Trustee
Jennifer Caney	Trustee
Rahij Anwar	Trustee
Kiera Robbins	Trustee

Bankers: Metro Bank, 66-68b The Broadway Shopping Centre, Bexleyheath, DA6 7JN

Independent Examiner: Sadler Fogarty Services Ltd, T/AS Sadler Davies & Co, Chartered Accountants, 3 Enterprise House, 8 Essex Road, Dartford, Kent, DA1 2AU.

Trustees' Report Year to 31 March 2023

The trustees present their report and the financial statements of Counselling Matters Bexley for the year ending 31st March 2023. In preparing the annual report and financial statements, the trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and reporting by Charities" (FRS102).

Structure, governance, and management

Structure

Counselling Matters Bexley is managed by the Chief Executive Officer, Liz Hann, who is accountable to the Board of Trustees. The CEO is assisted in her management duties by the Counselling Manager, Sarah Skinner, the Deputy Counselling Manager, Alison Crawford, the Children and Young People's Service Manager, Dawn Joseph and the Referrals Manager, Amanda Brooker. The management team carries out a number of functions including line managing qualified and trainee counsellors, managing the Talk Line, Children and Young People's service, school counselling and Affordable services, managing referrals and allocating clients. Counselling sessions are provided by a large team of counsellors who all either work for Counselling Matters Bexley on a part time basis or are volunteering for the charity.

External supervisors provide supervision for counsellors, all counsellors are required to make a contribution to the cost of their supervision, with the charity making up the rest of the payment.

The trustees would like to extend their sincere thanks to Carol Penny, who resigned as Chair on 11th January after over 4 years in this role, during which time she skilfully guided the charity through the registration process and presided over a period of rapid growth.

Governing Document

Counselling Matters Bexley became registered as a Charitable Incorporated Organisation on 13th February 2019 with the Charity Commission. In the event of the CIO being wound up, Trustees of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

Objectives and activities and public benefit

Counselling Matters Bexley aims to provide free or low-cost counselling and other therapeutic services to residents of the London Borough of Bexley and surrounding areas. In addition, the CIO provides counselling placements for volunteer counsellors.

Public Benefit

Trustees have full awareness of the guidance issued by the Charity Commission on public benefit. Trustees consider regularly how planned activities will contribute to the aims and objectives set in accordance with public benefit guidance.

Achievements and performance

Counselling Matters Bexley delivered a high quality counselling service to approximately 450 clients throughout the year, this included clients from all age groups, from age five upwards. Counselling was provided both face to face and remotely, according to clients' preferences. Counselling sessions took place in various venues in Bexley borough, including school premises. In addition, the charity also ran a free online course for female survivors of domestic abuse and a free face to face counselling group for unpaid carers.

The charity continued to grow, both in terms of number of counsellors working or volunteering for the CIO, and number of sessions offered to clients. By March 2023 the charity had 32 qualified counsellors and 19 trainee counsellors providing sessions to clients. A mentoring service was established, whereby volunteer mentors could facilitate the growth of confidence with clients who needed more practical support than could be offered by counselling.

The CIO secured funding from the National Lottery to operate the "Talk Line" service, which provided callers with the opportunity to talk to a counsellor free of charge every weekday between 9am and 5pm.

The charity continued to deliver a counselling service in 4 local primary schools and also secured a new contract with an independent secondary school catering for children and young people with emotional difficulties. Counselling Matters Bexley worked in partnership with Bexley Voluntary Service Council (BVSC) to deliver counselling to 10-17 year olds as part of Bexley's social prescribing scheme.

Free counselling sessions were provided by the charity to residents of two local housing associations as a result of funding agreements, these were Orbit Group and the Peabody Trust. A new contract was negotiated with Maximus Restart, which enabled unemployed Bexley residents to receive a minimum of six sessions of free counselling from the charity. By the end of March 2023 over 90 people had been referred via this scheme, indicating that it is proving successful.

The charity continued to promote its "Affordable Therapy" service, which meant that clients could access general counselling, CBT, couples counselling and child counselling at below average prices and with little or no waiting time. The service was expanded to include more specialised types of therapy, including Neuro Linguistic Programming and Rewind therapy. The Affordable service continues to generate a substantial income for the charity and enables the continued provision of low cost and free counselling for clients who genuinely cannot afford to pay for therapy.

Counselling Matters Bexley played an active role in the local community throughout the year, helping to raise awareness of the benefits of counselling and the services available. Events attended included the Lakeside Festival in Thamesmead, International Women's Day

celebration, a carers event and an open afternoon for older adults. The charity itself ran a fundraising quiz night and a workshop for parents caring for children on the autistic spectrum.

The CIO is committed to providing educational and training opportunities to local people who wish to develop a career in counselling. It continues to be one of the largest providers of counselling placements in the local area, it also provides in-house training for all its counsellors, which complements the learning provided by counselling colleges.

Risk assessment

The trustees monitor risk at each meeting. The primary risk identified for 2022-2023 is the need to generate additional income from contracts, grants and fundraising, so that the charity can meet increased costs and build up reserves to a satisfactory level. This risk is being targeted by the CEO together with the staff team, progress will be reported and reviewed at each board meeting.

Future plans

The charity aims to continue providing a high quality, professional counselling service to residents of Bexley borough and surrounding areas. In so doing it is aware of the need to adapt and change to meet the evolving needs of the local community.

The charity is committed to continuing to provide placements for trainee counsellors and may consider expanding provision of training to counsellors in the future.

There is an awareness of the need to increase the income of the charity, in order to build up financial reserves, resulting in increased focus on gaining new contracts and grants; the charity will also engage in more fundraising activity.

Financial review

Income for the year 2022-2023 was £182,119, which represented an increase of approximately £44,000 from the previous year. The majority of this increase was accounted for by additional revenue from the Affordable Counselling scheme and by new contracts, namely Maximus Restart and SAFE School.

However, expenditure also increased by around £44,000, resulting in total expenditure of £179,664. The charity therefore produced a surplus of £2,455. The increase in expenditure was due to increased costs in all areas, most significant being counsellors' fees, rent and utilities payments.

Reserves Policy

It is the aim of the charity to have financial reserves which are equivalent to a minimum of six months worth of expenditure, so that in the event of the charity having to be wound up, or of any unforeseen or additional financial demands, all outstanding debts can be paid. This level of financial reserves has not yet been achieved; however, the reserves are increasing by a significant amount, month by month. It is expected that the target level of reserves will be achieved by the end of the next financial year (31st March 2024).

The Reserves Policy will be reviewed on an annual basis.

Trustees' responsibilities in relation to financial statements

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees:



Steven Fryer
Chair of Trustees

Date: 6.12.2023

COUNSELLING MATTERS BEXLEY

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 MARCH 2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE COUNSELLING MATTERS BEXLEY

This report on the financial statements of the **COUNSELLING MATTERS BEXLEY** for the year ended 31 March 2023, which are set on pages 8 to 11 is in respect of an examination carried out in accordance with s145 of the Charities Act 2011 (the Act).

Respective responsibilities of the trustees and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) or under Regulation 10(1)(d) of the Charities Accounts (Scotland) Regulations 2008 (the 2008 Accounts Regulations) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act)
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report


Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. The examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Act; and
- to prepare financial statements which accord with the accounting records and comply with the requirements of the Act:
- have not been met; or
- to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached; or
- which gives us reasonable cause to believe that in any material respect the accounting rules of the charity's constitution have not been met.



Graham E.J. Sadler FCA
SADLER DAVIES & CO
Chartered Accountants
3 Enterprise House
8 Essex Road
Dartford,
Kent, DA1 2AU

Date 28/11/23

**COUNSELLING MATTERS BEXLEY
STATEMENT OF FINANCIAL ACTIVITIES
AS AT 31ST MARCH 2023**

8

	<u>Note</u>	<u>Unrestricted Funds General</u>	<u>Restricted Funds</u>	<u>TOTAL FUNDS</u>	
				<u>2023</u>	<u>2022</u>
INCOMING RESOURCES					
Voluntary Income & Grants	3a	£13,501.41	-	£13,501.41	£97,905.28
Charitable Activities	3b	£117,243.12	£51,363.00	£168,606.12	£39,400.50
Income from Investments	3c	£11.76	-	£11.76	-
TOTAL INCOMING RESOURCES		<u>£130,756.29</u>	<u>£51,363.00</u>	<u>£182,119.29</u>	<u>£137,305.78</u>
RESOURCES EXPENDED					
Charitable Activities	4a	£136,746.85	£42,694.49	£179,441.34	£134,851.85
Other Expenditure	4b	£223.00	-	£223.00	£2.40
TOTAL RESOURCES EXPENDED		<u>£136,969.85</u>	<u>£42,694.49</u>	<u>£179,664.34</u>	<u>£134,854.25</u>
NET INCOMING / (OUTGOING) RESOURCES BEFORE TRANSFERS		(£6,213.56)	£8,668.51	£2,454.95	£2,451.53
ADDITIONS TO & RELEASES FROM FUNDS		£505.97	(£505.97)	-	-
NET MOVEMENT IN FUNDS		<u>(£5,707.59)</u>	<u>£8,162.54</u>	<u>£2,454.95</u>	<u>£2,451.53</u>
BALANCES BROUGHT FWD AT 1 APRIL 2022 (2021)		<u>£15,968.42</u>	<u>£3,526.28</u>	<u>£19,494.70</u>	<u>£17,043.17</u>
BALANCES CARRIED FWD AT 31 MARCH 2023 (2022)		<u>£10,260.83</u>	<u>£11,688.82</u>	<u>£21,949.65</u>	<u>£19,494.70</u>

COUNSELLING MATTERS BEXLEY
STATEMENT OF ASSETS AND LIABILITIES
AS AT 31ST MARCH 2023

9

	Note	Unrestricted 2023	Restricted 2023	Total 2023	Total 2022
Tangible Fixed Assets		-	-	-	-
Current Assets					
Monetary Assets					
Bank accounts		£36,719.26	£11,688.82	£48,408.08	£29,745.40
Prepayments & Accrued Income		£3,576.00	-	£3,576.00	£6,593.00
Debtors		£1,757.50	-	£1,757.50	£150.00
Total current assets		£42,052.76	£11,688.82	£53,741.58	£36,488.40
Liabilities: amounts falling due within 1 year	2	£31,791.93	-	£31,791.93	£16,993.70
Current Assets less Current Liabilities		£10,260.83	£11,688.82	£21,949.65	£19,494.70
Total Assets less Current Liabilities		£10,260.83	£11,688.82	£21,949.65	£19,494.70
FUNDS	6				
Unrestricted - General		£10,260.83	-	£10,260.83	£15,968.42
Restricted		-	£11,688.82	£11,688.82	£3,526.28
		£10,260.83	£11,688.82	£21,949.65	£19,494.70

Signed by:



Steven Fryer

Date:

6.12.2023

COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
AS AT 31ST MARCH 2023

10

1 Accounting Policies

1a Accounting Convention

The financial statements have been prepared under the historical cost convention and in accordance with the Charities Statement of Recommended Practice (SORP FRS102) 2015 and the Charities Act 2011. An independent examination is required under the Charities Act 2011.

1b Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

	<u>2023</u>	<u>2022</u>
2 LIABILITIES FALLING DUE WITHIN 1 YEAR		
Accrued expenses	£180.00	£800.00
Deferred Income	£16,430.00	-
Creditors	£15,181.93	£16,193.70
	<u>£31,791.93</u>	<u>£16,993.70</u>

3 INCOMING RESOURCES

3a Voluntary Income

	<u>Unrestricted</u> <u>General</u>	<u>Restricted</u> <u>Funds</u>	<u>TOTAL FUNDS</u>	
			<u>2023</u>	<u>2022</u>
Client Contributions	£9,860.99	-	£9,860.99	£5,612.50
Donations and Legacies	£3,640.42	-	£3,640.42	£3,522.78
	<u>£13,501.41</u>	<u>£0.00</u>	<u>£13,501.41</u>	<u>£9,135.28</u>

3b Charitable Activities

Grant: Mind In Bexley; Carers Group	£1,297.00	-	£1,297.00	£18,295.00
Grant: CCG/Mencap	£270.00	-	£270.00	£0.00
Grant: London Community Fund: Fresh Minds	-	-	-	£31,000.00
Grant: Orbit Group	-	£10,125.00	£10,125.00	£16,875.00
Grant: Peabody	-	£9,800.00	£9,800.00	£5,300.00
Grant: The National Lottery: Talkline	-	£2,490.00	£2,490.00	£14,500.00
Grant: BVSC: CYP Social Prescribing	-	£6,400.00	£6,400.00	-
Contract Income	£32,695.00	-	£32,695.00	£21,885.00
Contract: London Borough of Bexley: Maximus	-	£20,668.00	£20,668.00	-
Fundraising: General	£2,131.53	£1,880.00	£4,011.53	-
Fundraising: Affordable Counselling	£75,228.59	-	£75,228.59	£14,582.50
Fundraising: Room Rental Income	£4,430.00	-	£4,430.00	£4,830.00
Fundraising: Training	£1,071.00	-	£1,071.00	903.00
Other Income	£120.00	-	£120.00	-
	<u>£117,243.12</u>	<u>£51,363.00</u>	<u>£168,606.12</u>	<u>£128,170.50</u>

3c Income from investment

	£11.76	-	£11.76	-
	£11.76	-	£11.76	-
	<u>£11.76</u>	<u>-</u>	<u>£11.76</u>	<u>-</u>

TOTAL INCOMING RESOURCES

	<u>£130,756.29</u>	<u>£51,363.00</u>	<u>£182,119.29</u>	<u>£137,305.78</u>
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COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
AS AT 31ST MARCH 2023

11

4	RESOURCES EXPENDED	<u>Unrestricted</u> <u>General</u>	<u>Restricted</u> <u>Funds</u>	<u>TOTAL FUNDS</u>	
				<u>2023</u>	<u>2022</u>
4a	Expenditure on charitable activities				
	Fundraising: costs	-	-	-	£170.00
	Clinic Rent	£7,316.00	£690.00	£8,006.00	£7,661.00
	Counselling Fees	£117,053.33	£26,597.95	£143,651.28	£110,729.34
	Counselling Fees: Training for counsellors	£57.00	-	£57.00	-
	Advertising & Marketing	£142.40	-	£142.40	£52.28
	Office Expenses: Equipment	£32.40	£77.37	£109.77	£271.15
	Office Expenses: Printing, postage & stationary	£2,220.45	-	£2,220.45	£1,239.31
	Office Expenses: Software	£448.65	-	£448.65	£377.03
	Office Expenses: Telephone	£225.96	£119.40	£345.36	£549.11
	Office Expenses: Utilities	£1,590.20	-	£1,590.20	£782.45
	Office Expenses: Wages	£5,754.45	£14,242.41	£19,996.86	£9,496.04
	Office Expenses: Website & Internet	£156.00	-	£156.00	£134.40
	Accountancy	£223.00	£529.00	£752.00	£1,058.00
	Insurance	£700.00	£238.36	£938.36	£844.43
	Other Professional Services	£192.00	-	£192.00	£653.00
	Volunteer Expenses	£616.92	£200.00	£816.92	£728.59
	Travel & Accommodation	-	-	-	-
	Other Expenses	£18.09	-	£18.09	£105.72
		<u>£136,746.85</u>	<u>£42,694.49</u>	<u>£179,441.34</u>	<u>£134,851.85</u>
4b	Other expenditure				
	Depreciation	-	-	-	-
	Bank charges	£223.00	-	£223.00	£2.40
		<u>£223.00</u>	<u>-</u>	<u>£223.00</u>	<u>£2.40</u>
	TOTAL RESOURCES EXPENDED	<u>£136,969.85</u>	<u>£42,694.49</u>	<u>£179,664.34</u>	<u>£134,854.25</u>

5 Trustee Remuneration

One or more of the trustees have been paid remuneration or received other benefits from employment with the charity:

	<u>2023</u>	<u>2022</u>
Deborah Cox - payment for expenses incurred to provide a service	£1,027.50	£650.00
	<u>£1,027.50</u>	<u>£650.00</u>

6 Funds

	<u>BFWD</u>	<u>Income</u>	<u>Expenditure</u>	<u>Net Movement</u>	<u>Transfers</u>	<u>CFWD</u>
Restricted Funds						
Grant: London Community Fund: Fresh Minds	£1,395.42	£0.00	£1,395.42	£0.00		-
Grant: Orbit Group	£2,130.86	£10,125.00	£9,641.08	£2,614.78	(£2,614.78)	-
Grant: Peabody	-	£9,800.00	£9,191.29	£608.71	(£608.71)	-
Grant: The National Lottery: Talkline	-	£4,370.00	£7,087.52	(£2,717.52)	£2,717.52	-
Grant: BVSC: CYP Social Prescribing	-	£6,400.00	£2,627.49	£3,772.51		£3,772.51
Contract: London Borough of Bexley: Maximus	-	£20,668.00	£12,751.69	£7,916.31		£7,916.31
	<u>£3,526.28</u>	<u>£51,363.00</u>	<u>£42,694.49</u>	<u>£12,194.79</u>	<u>(£505.97)</u>	<u>£11,688.82</u>
General						
General Reserve	£15,968.42	£130,756.29	£136,969.85	(£6,213.56)	£505.97	£10,260.83
TOTAL FUNDS	<u>£19,494.70</u>	<u>£182,119.29</u>	<u>£179,664.34</u>	<u>£5,981.23</u>	<u>-</u>	<u>£21,949.65</u>

COUNSELLING MATTERS BEXLEY

England & Wales - Charity number 1182012

Accounts

Counselling Matters Bexley

FINANCIAL STATEMENTS of the TRUSTEES

for the Year Ended 31 March 2022

Charity registration number 1182012

Independent Examiner:

SADLER FOGARTY SERVICES LTD
T/AS Sadler Davies & Co
Chartered Accountants
3 Enterprise House
8 Essex Road
KENT DA1 2AU

Registered Address:

The Abbey Clinic, 6a Albert Road,
Belvedere DA17 5LJ

Counselling Matters Bexley

Trustees Annual Report for the period from 1st April 2021 to 31st March 2022

Charity registration number: 1182012

Registered Office: The Abbey Clinic, 6A Albert Road, Belvedere, Kent, DA17 5LJ

Bankers: Metro Bank, 66-68b The Broadway Shopping Centre, Bexleyheath, DA6 7JN

Accountants: Sadler Fogarty Services Ltd, T/AS Sadler Davies & Co, Chartered Accountants, 3 Enterprise House, 8 Essex Road, Dartford, Kent, DA1 2AU.

Trustees

Carol Penny	Chair
Deborah Cox	Trustee
Linda Hill	Treasurer resigned on 25th May 2022
Jennifer Caney	Trustee
Rahij Anwar	Trustee
Steven Fryer	Trustee
Kiera Robbins	Appointed as Trustee on 24th November 2021

Governing Document

Counselling Matters Bexley became registered as a Charitable Incorporated Organisation on 13th February 2019 with the Charity Commission. In the event of the CIO being wound up, Trustees of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

Objectives and activities and public benefit

Counselling Matters Bexley aims to provide free or low cost counselling and other therapeutic services to residents of the Bexley borough and surrounding areas. In addition, the CIO provides counselling placements for volunteer counsellors.

Public Benefit

Trustees have full awareness of the guidance issued by the Charity Commission on public benefit. Trustees consider regularly how planned activities will contribute to the aims and objectives set in accordance with public benefit guidance.

Structure

Counselling Matters Bexley is managed by the Chief Executive Officer, Liz Hann, who is accountable to the board of trustees. The CEO is assisted in her management duties by the Counselling Manager, Sarah Skinner, the Specialist Services Manager, Selina Cogan, and the Referrals Manager, Amanda Brooker. The managers and senior counsellors carry out a number of functions including line managing qualified and trainee counsellors, managing the Talk Line, Children and Young People, school counselling and Affordable services, managing referrals and allocating clients. Counselling sessions are provided by a large team of counsellors who all either work for Counselling Matters Bexley on a part time basis or are volunteering for the charity.

External supervisors provide supervision for our counsellors, all counsellors are required to make a contribution to the cost of their supervision, with the charity making up the rest of the payment.

Achievements and performance

Counselling Matters Bexley continued to provide counselling to approximately 350 clients throughout the year, despite the ongoing difficulties caused by the pandemic. Counselling was provided both face to face and online, according to clients' preferences.

The charity continued to grow, both in terms of number of counsellors working or volunteering for us, and number of sessions offered to clients. By March 2022 we numbered 22 qualified counsellors and 20 trainee counsellors. We were providing over 120 hours of counselling each week and also provided group counselling to survivors of domestic abuse. We continued to operate our "Talk Line" service and our counselling service in 4 local primary schools. We also offered a programme of therapeutic activities for young adults aged 18-25 who had been affected by the pandemic and expanded our service for children and young people aged 10-17.

We launched our "Affordable Therapy" service, which meant that clients could access general counselling, CBT, couples counselling and child counselling at slightly below average prices and with no waiting time. This service has generated a considerable income for the charity and has enabled us to continue providing low cost and free counselling for clients who genuinely cannot afford to pay for therapy.

Financial review

Our income increased somewhat compared to the previous year, however our expenditure also increased by a larger amount due to a range of higher costs, including payments to counsellors, supervisors and management/administrative staff, plus the cost of rent, utilities, equipment, software, accountancy and insurance all rose too. Our income was £137,305.78 and our expenditure was £134,854.25, representing a small surplus of £2,451.53.

- There was a decrease in funding available to cope with the pandemic: whereas in the previous financial year we had received funding from the London Community Foundation, the National Lottery and Bexley Council to assist us in providing a response to the pandemic, some of this funding was not available in 2021-2022. This meant we had to rely more on fundraising and grants from other sources.

The most significant sources of funding were as follows:

- £31,000 for young adults funded by the Peabody Community Foundation (distributed by the London Community Foundation)
- £19,085 from the four primary schools in the Woodland Academy Trust
- £15,360 from Bexley Voluntary Service Council for children and young people's social prescribing service
- £14,500 from Orbit Group for counselling for Orbit tenants
- £10,000 from the National Lottery Awards For All for our Talk Line service
- £5,300 from Peabody Trust for counselling for Peabody tenants
- £4,500 from London Borough of Bexley on behalf of London Funders for groups affected by the pandemic.
- £2,800 distributed by Bexley Mencap for carers counselling.

We also received donations from Chislehurst and Sidcup Grammar School PTA, Green Rewards Points and Landsec.

This report was approved by the trustees and signed on their behalf by:



Ms Carol Penny
Chair

Date: 7/11/2022

COUNSELLING MATTERS BEXLEY
STATEMENT OF ASSETS AND LIABILITIES
AS AT 31ST MARCH 2022

4

	Note	Unrestricted 2022	Restricted 2022	Total 2022	Total 2021
Tangible Fixed Assets		-	-	-	-
Current Assets					
Monetary Assets					
Cash		-	-	-	-
Bank accounts		£26,219.12	£3,526.28	£29,745.40	£24,433.19
Prepayments & Accrued Income		£6,593.00	-	£6,593.00	£278.00
Debtors		£150.00	-	£150.00	£1,000.00
Total current assets		£32,962.12	£3,526.28	£36,488.40	£25,711.19
Liabilities: amounts falling due within 1 year	2	£16,993.70	-	£16,993.70	£8,668.02
Current Assets less Current Liabilities		£15,968.42	£3,526.28	£19,494.70	£17,043.17
Total Assets less Current Liabilities		£15,968.42	£3,526.28	£19,494.70	£17,043.17
FUNDS	6				
Unrestricted - General		£15,968.42	-	£15,968.42	£3,047.47
Restricted		-	£3,526.28	£3,526.28	£13,995.70
		£15,968.42	£3,526.28	£19,494.70	£17,043.17

Signed by:



Date: 7/1/2022

**COUNSELLING MATTERS BEXLEY
STATEMENT OF FINANCIAL ACTIVITIES
AS AT 31ST MARCH 2022**

5

	<u>Note</u>	<u>Unrestricted Funds General</u>	<u>Restricted Funds</u>	<u>TOTAL FUNDS</u>	
				<u>2022</u>	<u>2021</u>
INCOMING RESOURCES					
Voluntary Income & Grants	3a	£27,430.28	£70,475.00	£97,905.28	£89,731.34
Charitable Activities	3b	£39,400.50	-	£39,400.50	£17,114.39
Income from Investments	3c	-	-	-	-
TOTAL INCOMING RESOURCES		<u>£66,830.78</u>	<u>£70,475.00</u>	<u>£137,305.78</u>	<u>£106,845.73</u>
RESOURCES EXPENDED					
Charitable Activities	4a	£40,444.87	£94,406.98	£134,851.85	£94,442.72
Other Expenditure	4b	£2.40	-	£2.40	-
TOTAL RESOURCES EXPENDED		<u>£40,447.27</u>	<u>£94,406.98</u>	<u>£134,854.25</u>	<u>£94,442.72</u>
NET INCOMING / (OUTGOING) RESOURCES BEFORE TRANSFERS		£26,383.51	(23,931.98)	£2,451.53	£12,403.01
ADDITIONS TO & RELEASES FROM FUNDS		(£13,462.56)	£13,462.56	-	-
NET MOVEMENT IN FUNDS		<u>£12,920.95</u>	<u>(£10,469.42)</u>	<u>£2,451.53</u>	<u>£12,403.01</u>
BALANCES BROUGHT FWD AT 1 APRIL 2021 (2020)		<u>£3,047.47</u>	<u>£13,995.70</u>	<u>£17,043.17</u>	<u>£4,640.16</u>
BALANCES CARRIED FWD AT 31 MARCH 2022 (2021)		<u>£15,968.42</u>	<u>£3,526.28</u>	<u>£19,494.70</u>	<u>£17,043.17</u>

COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
AS AT 31ST MARCH 2022

6

1 Accounting Policies

1a Accounting Convention

The financial statements have been prepared under the historical cost convention and in accordance with the Charities Statement of Recommended Practice (SORP FRS102) 2015 and the Charities Act 2011. An independent examination is required under the Charities Act 2011.

1b Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

	<u>2022</u>	<u>2021</u>
2 LIABILITIES FALLING DUE WITHIN 1 YEAR		
Accrued expenses	£800.00	£900.00
Tax & National Insurance	-	£444.52
Creditors	£16,193.70	£7,323.50
	£16,993.70	£8,668.02

3 INCOMING RESOURCES

	<u>Unrestricted</u> <u>General</u>	<u>Restricted</u> <u>Funds</u>	<u>TOTAL FUNDS</u>	
			<u>2022</u>	<u>2021</u>
3a Voluntary Income				
Client Contributions	£5,612.50	-	£5,612.50	£12,182.00
Donations and Legacies	£3,522.78	-	£3,522.78	£5,799.34
Grant: General	£18,295.00	-	£18,295.00	£10,000.00
Grant: London Community Fund - Fresh Minds	-	£31,000.00	£31,000.00	£16,090.00
Grant: CCG/Mencap	-	£2,800.00	£2,800.00	£2,800.00
Grant: Orbit Group	-	£16,875.00	£16,875.00	£12,000.00
Grant: Peabody	-	£5,300.00	£5,300.00	£10,860.00
Grant: The National Lottery: BVSC Covid-19 Giving Scheme	-	-	-	£10,000.00
Grant: The National Lottery: Talkline	-	£14,500.00	£14,500.00	£10,000.00
	£27,430.28	£70,475.00	£97,905.28	£89,731.34
3b Charitable Activities				
Contract Income	£19,085.00	-	£19,085.00	£13,300.00
Fundraising: General	£0.00	-	£0.00	£1,398.89
Fundraising: Affordable Counselling	£14,582.50	-	£14,582.50	£145.00
Fundraising: Room Rental Income	£4,830.00	-	£4,830.00	£2,270.50
Fundraising: Training	£903.00	-	£903.00	-
Other Income	-	-	-	-
	£39,400.50	-	£39,400.50	£17,114.39
3c Income from investment	-	-	-	-
	-	-	-	-
TOTAL INCOMING RESOURCES	£66,830.78	£70,475.00	£137,305.78	£106,845.73

COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
AS AT 31ST MARCH 2022

7

4	RESOURCES EXPENDED	<u>Unrestricted</u> <u>General</u>	<u>Restricted</u> <u>Funds</u>	<u>TOTAL FUNDS</u>	
				<u>2022</u>	<u>2021</u>
4a	Expenditure on charitable activities				
	Fundraising: costs	£170.00	-	£170.00	-
	Clinic Rent	£135.00	£7,526.00	£7,661.00	£5,940.00
	Counselling Fees	£33,324.10	£77,405.24	£110,729.34	£75,625.80
	Training for Counsellors	-	-	-	£718.38
	Advertising & Marketing	£52.28	-	£52.28	£457.88
	Office Expenses: Equipment	£207.36	£63.79	£271.15	£1,567.56
	Office Expenses: Printing, postage & stationary	£1,124.96	£114.35	£1,239.31	£339.33
	Office Expenses: Software	£232.50	£144.53	£377.03	£158.37
	Office Expenses: Telephone	£87.11	£462.00	£549.11	£782.89
	Office Expenses: Utilities	£420.17	£362.28	£782.45	£300.50
	Office Expenses: Wages	£1,952.24	£7,543.80	£9,496.04	£5,770.64
	Office Expenses: Website & Internet	£134.40	-	£134.40	£122.90
	Accountancy	£1,058.00	-	£1,058.00	£750.75
	Insurance	£844.43	-	£844.43	£556.43
	Other Professional Services	£523.00	£130.00	£653.00	£451.00
	Volunteer Expenses	£80.00	£648.59	£728.59	-
	Travel & Accommodation	-	-	-	£195.92
	Other Expenses	£99.32	£6.40	£105.72	£704.37
		<u>£40,444.87</u>	<u>£94,406.98</u>	<u>£134,851.85</u>	<u>£94,442.72</u>
4b	Other expenditure				
	Depreciation	-	-	-	-
	Bank charges	£2.40	-	£2.40	-
		<u>£2.40</u>	<u>-</u>	<u>£2.40</u>	<u>-</u>
	TOTAL RESOURCES EXPENDED	<u>£40,447.27</u>	<u>£94,406.98</u>	<u>£134,854.25</u>	<u>£94,442.72</u>

5 Trustee Remuneration

One or more of the trustees have been paid remuneration or received other benefits from employment with the charity:

	<u>2022</u>	<u>2021</u>
Deborah Cox - payment for expenses incurred to provide a service	£650.00	£530.99
	<u>£650.00</u>	<u>£530.99</u>

6 Funds

	<u>BFWD</u>	<u>Income</u>	<u>Expenditure</u>	<u>Net Movement</u>	<u>Transfers</u>	<u>CFWD</u>
Restricted Funds						
Grant: London Community Fund - Fresh Minds	-	£31,000.00	£39,136.75	(£8,136.75)	£9,532.17	£1,395.42
Grant: CCG/Mencap	£2,567.12	£2,800.00	£5,350.58	£16.54	(£16.54)	£0.00
Grant: Orbit Group	(£329.36)	£16,875.00	£16,806.39	(£260.75)	£2,391.61	£2,130.86
Grant: Peabody	£2,165.82	£5,300.00	£8,674.06	(£1,208.24)	£1,208.24	£0.00
Grant: The National Lottery: BVSC Covid-19 Giving Scheme	£9,592.12	£0.00	£9,592.12	£0.00		£0.00
Grant: The National Lottery: Talkline	-	£14,500.00	£14,847.08	(£347.08)	£347.08	£0.00
	<u>£13,995.70</u>	<u>£70,475.00</u>	<u>£94,406.98</u>	<u>(£9,936.28)</u>	<u>£13,462.56</u>	<u>£3,526.28</u>
General						
General Reserve	£3,047.47	£66,830.78	£40,447.27	£26,383.51	(£13,462.56)	£15,968.42
TOTAL FUNDS	<u>£17,043.17</u>	<u>£137,305.78</u>	<u>£134,854.25</u>	<u>£16,447.23</u>	<u>-</u>	<u>£19,494.70</u>

COUNSELLING MATTERS BEXLEY

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 MARCH 2022

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE COUNSELLING MATTERS BEXLEY

This report on the financial statements of the **COUNSELLING MATTERS BEXLEY** for the year ended 31 March 2022, which are set on pages 4 to 7 is in respect of an examination carried out in accordance with s145 of the Charities Act 2011 (the Act).

Respective responsibilities of the trustees and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) or under Regulation 10(1)(d) of the Charities Accounts (Scotland) Regulations 2006 (the 2006 Accounts Regulations) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act)
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. The examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Act; and
- to prepare financial statements which accord with the accounting records and comply with the requirements of the Act;
- have not been met; or
- to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached; or
- which gives us reasonable cause to believe that in any material respect the accounting rules of the charity's constitution have not been met.



Graham E.J. Sadler FCA
SADLER DAVIES & CO
Chartered Accountants
3 Enterprise House
8 Essex Road
Dartford,
Kent, DA1 2AU

Date: 7th November 2022

COUNSELLING MATTERS BEXLEY

England & Wales - Charity number 1182012

Accounts

Counselling Matters Bexley

FINANCIAL STATEMENTS of the TRUSTEES

for the Year Ended 31 March 2021

Charity registration number 1182012

Independent Examiner:

SADLER FOGARTY SERVICES LTD
T/AS Sadler Davies & Co
Chartered Accountants
3 Enterprise House
8 Essex Road
KENT DA1 2AU

Registered Address:

The Abbey Clinic, 6a Albert Road,
Belvedere DA17 5LJ

Counselling Matters Bexley

Trustees Annual Report for the period from 1st April 2020 to 31st March 2021

Charity name: Counselling Matters Bexley

Charity registration number: 1182012

Registered Office: The Abbey Clinic, 6A Albert Road, Belvedere, Kent, DA17 5LJ

Bankers: Metro Bank, 66-68b The Broadway Shopping Centre, Bexleyheath, DA6 7JN

Accountants: Sadler Fogarty Services Ltd, T/AS Sadler Davies & Co, Chartered Accountants, 3 Enterprise House, 8 Essex Road, Dartford, Kent, DA1 2AU.

Trustees

Carol Penny	Chair
Deborah Cox	Treasurer until 20/05/20
Linda Hill	Appointed and became Treasurer 20/05/20
Jennifer Caney	Trustee
Rahij Anwar	Appointed 25/05/20
Rev Neil Bunker	Resigned 02/12/20
Steven Fryer	Trustee

Governing Document

Counselling Matters Bexley became registered as a Charitable Incorporated Organisation on 13th February 2019 with the Charity Commission. In the event of the CIO being wound up, Trustees of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

Objectives and activities and public benefit

Counselling Matters Bexley aims to provide free or low cost counselling and other therapeutic services to residents of the Bexley borough and surrounding areas. In addition, the CIO provides counselling placements for volunteer counsellors.

Public Benefit

Trustees have full awareness of the guidance issued by the Charity Commission on public benefit. Trustees consider regularly how planned activities will contribute to the aims and objectives set in accordance with public benefit guidance.

Structure

Counselling Matters Bexley is managed by the Chief Executive Officer, Liz Hann, who is accountable to the board of trustees. The CEO is assisted in her management duties by the Counselling Manager, Sarah Skinner, the Specialist Services Manager, Selina Cogan, together with a team of senior counsellors. The managers and senior counsellors carry out a number of functions including line managing qualified and trainee counsellors, managing the Talk Line, Children and Young People, school counselling and Affordable services, managing referrals and allocating clients. Counselling sessions are provided by a large team of counsellors who all either work for Counselling Matters Bexley on a part time basis or are volunteering for the charity.

External supervisors provide supervision for our counsellors, all counsellors are required to make a contribution to the cost of their supervision, with the charity making up the rest of the payment.

Achievements and performance

Counselling Matters Bexley adapted quickly and efficiently to the onset of the pandemic, switching fairly seamlessly to a comprehensive online and phone service during the first lockdown, then gradually reintroducing some face to face services in a Covid-safe environment thereafter.

In June 2020 we were able to launch our free "Talk Line" service as a way of providing support for people who were experiencing mental distress or isolation as a result of the pandemic. We have been able to continue providing this service until the present time, thanks to funding from the National Lottery and the London Community Foundation, it has evolved over time and is now also an accessible point of contact for all referrals and enquiries to the charity.

In September 2020 we began our school counselling project in partnership with the Woodland Academy Trust. This has involved providing counselling and workshops to children in 4 Primary schools, three of which are in Bexley borough and one in Kent.

The charity continued to grow in size and by April 2021 we numbered 20 qualified counsellors and 15 trainee counsellors. We were providing around 100 hours of counselling each week, and had established the charity as a major provider of counselling in the borough.

Financial review

Both the income and expenditure increased significantly during the financial year; our income was £106,845.73 (2020 £37,366.44) and our expenditure was £94,442.72 (2020 £32,726.28). This represents a surplus of £12,403. Total funds held as at the 31st March 2021 was £17,043.17, of which £13,995.70 was restricted funds.

In April 2020 a donation of £2,000 was received from Re-Instate, a local charity with which we have a strong connection.

We received funding from Orbit Group of £3,000 in April 2020, £4,500 in November 2020 and £4,500 in January 2021. This represented around 75% of Orbit grant funding which had been agreed for the calendar year of 2020.

In April 2020 we received £10,000 from the London Borough of Bexley as part of its response to Covid-19. This was because we rent a building in the borough (the Abbey Clinic) on which we do not pay rates as it is classified as a small business.

We received two payments from the Peabody Trust for counselling to Peabody residents, one of £4,160 in April 2020 and one of £2,700 in March 2021.

The National Lottery awarded us £10,000 in June 2020 to cover the cost of running our Talk Line.

We received funding of £10,000 on 29th September from the London Community Foundation for funding our response to the pandemic (i.e. continuing our online and face to face counselling). We began receiving payments from the four individual schools in the Woodland Academy Trust in September 2020, we then received four more payments from each school in January-February 2021 for the spring term.

We received £2,500 from Bexley Council's Green Rewards scheme in February 2021.

Bexley Mencap CCG Carers Fund made a payment of £2,800 for us to counsel carers in March 2021. The Albert Hunt Trust made a payment of £2,000 in March 2021 to assist in our work with Orbit Group.

Finally, in March 2021 we received £10,000 from BVSC/National Lottery Covid-19 funding to work with clients particularly affected by the pandemic.

Other income was derived primarily from clients' contributions, but also from rental payments, donations and fundraising.

Our expenditure was in line with the various grant restrictions that were in place, this did mean that our unrestricted reserves were a little lower than we would have liked.

This report was approved by the trustees and signed on their behalf by:

Ms Carol Penny 
Chair

Date: 18.1.22

COUNSELLING MATTERS BEXLEY
STATEMENT OF ASSETS AND LIABILITIES
AS AT 31ST MARCH 2021

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	Note	Unrestricted 2021	Restricted 2021	Total 2021	Total 2020
Tangible Fixed Assets		-	-	-	-
Current Assets					
Monetary Assets					
Cash		-	-	-	-
Bank accounts		£11,437.49	£12,995.70	£24,433.19	£3,932.16
Prepayments & Accrued Income		£278.00	-	£278.00	-
Debtors		-	£1,000.00	£1,000.00	£3,175.00
Total current assets		£11,715.49	£13,995.70	£25,711.19	£7,107.16
Liabilities: amounts falling due within 1 year	2	£8,668.02	-	£8,668.02	£2,467.00
Current Assets less Current Liabilities		£3,047.47	£13,995.70	£17,043.17	£4,640.16
Total Assets less Current Liabilities		£3,047.47	£13,995.70	£17,043.17	£4,640.16
FUNDS	6				
Unrestricted - General		£3,047.47	-	£3,047.47	£2,031.33
Restricted		-	£13,995.70	£13,995.70	£2,608.83
		£3,047.47	£13,995.70	£17,043.17	£4,640.16

Signed by:



Date:

18.1.22

**COUNSELLING MATTERS BEXLEY
STATEMENT OF FINANCIAL ACTIVITIES
AS AT 31ST MARCH 2021**

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	<u>Note</u>	<u>Unrestricted Funds General</u>	<u>Restricted Funds</u>	<u>TOTAL FUNDS</u>	
				<u>2021</u>	<u>2020</u>
INCOMING RESOURCES					
Voluntary Income & Grants	3a	£27,981.34	£61,750.00	£89,731.34	£36,061.44
Charitable Activities	3b	£17,114.39	-	£17,114.39	£1,305.00
Income from Investments	3c	-	-	-	-
TOTAL INCOMING RESOURCES		<u>£45,095.73</u>	<u>£61,750.00</u>	<u>£106,845.73</u>	<u>£37,366.44</u>
RESOURCES EXPENDED					
Charitable Activities	4a	£36,569.19	£57,873.53	£94,442.72	£32,726.28
Other Expenditure	4b	-	-	-	-
TOTAL RESOURCES EXPENDED		<u>£36,569.19</u>	<u>£57,873.53</u>	<u>£94,442.72</u>	<u>£32,726.28</u>
NET INCOMING / (OUTGOING) RESOURCES BEFORE TRANSFERS		£8,526.54	£3,876.47	£12,403.01	£4,640.16
ADDITIONS TO & RELEASES FROM FUNDS		(£7,510.40)	£7,510.40	-	-
NET MOVEMENT IN FUNDS		<u>£1,016.14</u>	<u>£11,386.87</u>	<u>£12,403.01</u>	<u>£4,640.16</u>
BALANCES BROUGHT FWD AT 1 APRIL 2020 (2019)		<u>£2,031.33</u>	<u>£2,608.83</u>	<u>£4,640.16</u>	<u>-</u>
BALANCES CARRIED FWD AT 31 MARCH 2021 (2020)		<u>£3,047.47</u>	<u>£13,995.70</u>	<u>£17,043.17</u>	<u>£4,640.16</u>

**COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
AS AT 31ST MARCH 2021**

6

1 Accounting Policies

1a Accounting Convention

The financial statements have been prepared under the historical cost convention and in accordance with the Charities Statement of Recommended Practice (SORP FRS102) 2015 and the Charities Act 2011. An independent examination is required under the Charities Act 2011.

1b Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

		<u>2021</u>	<u>2020</u>
2	LIABILITIES FALLING DUE WITHIN 1 YEAR		
	Accrued expenses	£900.00	£810.00
	Tax & National Insurance	£444.52	-
	Creditors	£7,323.50	£1,657.00
		<u>£8,668.02</u>	<u>£2,467.00</u>

3 INCOMING RESOURCES

		<u>Unrestricted</u>	<u>Restricted</u>	<u>TOTAL FUNDS</u>	
		<u>General</u>	<u>Funds</u>	<u>2021</u>	<u>2020</u>
3a	Voluntary Income				
	Client Contributions	£12,182.00	-	£12,182.00	£13,870.44
	Donations and Legacies	£5,799.34	-	£5,799.34	£821.00
	Grant: General	£10,000.00	-	£10,000.00	-
	Grant: London Community Fund	-	£16,090.00	£16,090.00	-
	Grant: CCG/Mencap	-	£2,800.00	£2,800.00	-
	Grant: Orbit Group	-	£12,000.00	£12,000.00	£6,400.00
	Grant: Peabody	-	£10,860.00	£10,860.00	£5,000.00
	Grant: The National Lottery: BVSC Covid-19 Giving Scheme	-	£10,000.00	£10,000.00	-
	Grant: The National Lottery: Talkline	-	£10,000.00	£10,000.00	-
	Grant: Awards For All: Women's Aid	-	-	-	£9,970.00
		<u>£27,981.34</u>	<u>£61,750.00</u>	<u>£89,731.34</u>	<u>£36,061.44</u>
3b	Charitable Activities				
	Contract Income	£13,300.00	-	£13,300.00	-
	Fundraising: General	£1,398.89	-	£1,398.89	£793.00
	Fundraising: Affordable Counselling	£145.00	-	£145.00	-
	Fundraising: Room Rental Income	£2,270.50	-	£2,270.50	£305.00
	Other Income	-	-	-	£207.00
		<u>£17,114.39</u>	<u>-</u>	<u>£17,114.39</u>	<u>£1,305.00</u>
3c	Income from investment	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
	TOTAL INCOMING RESOURCES	<u><u>£45,095.73</u></u>	<u><u>£61,750.00</u></u>	<u><u>£106,845.73</u></u>	<u><u>£37,366.44</u></u>

COUNSELLING MATTERS BEXLEY
NOTES TO THE FINANCIAL STATEMENTS
AS AT 31ST MARCH 2021

7

4	RESOURCES EXPENDED			TOTAL FUNDS	
		Unrestricted General	Restricted Funds	2021	2020
4a	Expenditure on charitable activities				
	Clinic Rent	£2,902.50	£3,037.50	£5,940.00	£2,400.00
	Counselling Fees	£27,056.29	£48,569.51	£75,625.80	£27,341.61
	Training for Counsellors	-	£718.38	£718.38	-
	Advertising & Marketing	£258.76	£199.12	£457.88	£225.54
	Office Expenses: Equipment	£953.16	£614.40	£1,567.56	£0.00
	Office Expenses: Printing, postage & stationary	£297.61	£41.72	£339.33	£657.52
	Office Expenses: Software	-	£158.37	£158.37	-
	Office Expenses: Telephone	£63.17	£719.72	£782.89	£158.14
	Office Expenses: Utilities	£110.11	£190.39	£300.50	£50.00
	Office Expenses: Wages	£3,221.22	£2,549.42	£5,770.64	-
	Office Expenses: Website & Internet	£122.90	-	£122.90	£184.80
	Accountancy	£750.75	-	£750.75	£910.00
	Insurance	-	£556.43	£556.43	£672.67
	Other Professional Services	£451.00	-	£451.00	-
	Travel & Accommodation	£118.00	£77.92	£195.92	-
	Other Expenses	£263.72	£440.65	£704.37	£126.00
		<u>£36,569.19</u>	<u>£57,873.53</u>	<u>£94,442.72</u>	<u>£32,726.28</u>
4b	Other expenditure				
	Depreciation	-	-	-	-
	Bank charges	-	-	-	-
		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
	TOTAL RESOURCES EXPENDED	<u>£36,569.19</u>	<u>£57,873.53</u>	<u>£94,442.72</u>	<u>£32,726.28</u>

5 **Trustee Remuneration**

One or more of the trustees have been paid remuneration or received other benefits from employment with the charity:

	2021	2020
Deborah Cox - payment for expenses incurred to provide a service	£530.99	£188.05
	<u>£530.99</u>	<u>£188.05</u>

6 **Funds**

	<u>Restricted Funds</u>					
	BFWD	Income	Expenditure	Net Movement	Transfers	CFWD
Grant: London Community Fund	-	£16,090.00	£16,090.00	-	-	-
Grant: CCG/Mencap	-	£2,800.00	£232.88	£2,567.12	-	£2,567.12
Grant: Orbit Group	-	£12,000.00	£12,329.36	(£329.36)	-	(£329.36)
Grant: Peabody	(£714.50)	£10,860.00	£7,979.68	£2,165.82	-	£2,165.82
Grant: The National Lottery: BVSC Covid-19 Giving Scheme	-	£10,000.00	£407.88	£9,592.12	-	£9,592.12
Grant: The National Lottery: Talkline	-	£10,000.00	£13,729.63	(£3,729.63)	£3,729.63	-
Grant: Awards For All: Women's Aid	£3,323.33	-	£7,104.10	(£3,780.77)	£3,780.77	-
	<u>£2,608.83</u>	<u>£61,750.00</u>	<u>£57,873.53</u>	<u>£6,485.30</u>	<u>£7,510.40</u>	<u>£13,995.70</u>
General						
General Reserve	£2,031.33	£45,095.73	£36,569.19	£8,526.54	(£7,510.40)	£3,047.47
TOTAL FUNDS	<u>£4,640.16</u>	<u>£106,845.73</u>	<u>£94,442.72</u>	<u>£15,011.84</u>	<u>-</u>	<u>£17,043.17</u>

COUNSELLING MATTERS BEXLEY

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 MARCH 2021

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE COUNSELLING MATTERS BEXLEY

This report on the financial statements of the **COUNSELLING MATTERS BEXLEY** for the year ended 31 March 2021, which are set on pages 4 to 7 is in respect of an examination carried out in accordance with s145 of the Charities Act 2011 (the Act).

Respective responsibilities of the trustees and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) or under Regulation 10(1)(d) of the Charities Accounts (Scotland) Regulations 2006 (the 2006 Accounts Regulations) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act)
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. The examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Act; and
- to prepare financial statements which accord with the accounting records and comply with the requirements of the Act:
- have not been met; or
- to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached; or
- which gives us reasonable cause to believe that in any material respect the accounting rules of the charity's constitution have not been met.



Graham E.J. Sadler FCA
SADLER DAVIES & CO
Chartered Accountants
3 Enterprise House
8 Essex Road
Dartford,
Kent, DA1 2AU

Date: 10th January 2022